

**CAMPUS RECREATION  
FY13 ANNUAL REPORT  
Executive Summary**

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Executive Director  
July 2013**

Campus Recreation is an auxiliary operation within the Division of Student Affairs that provides healthy lifestyle oriented programs, events, and services to Colorado State University students and employees via seven program areas: Student Recreation Center, Fitness, Aquatics, Intramural Sports, Sport Clubs, Outdoor Program/Climbing Center, and Challenge Ropes Course. Six support areas comprised of the Service Center, Business Office, Information Technology, Communications/Marketing, Custodial Services, and Maintenance supplement the program area functions and provide seamless customer service to CSU students, employees, families, and affiliates.

FY13 was the third year of operations in the expanded and renovated Student Recreation Center. As planned, this is the final year of intentional analysis of operations, programs, and services that will produce a three-year comparison of budgets to establish a baseline for fiscal management. The second outcome is to apply knowledge from the three-year analysis to develop a strategic plan for the department based on accumulated knowledge of operations and programming in the expanded and renovated Student Recreation Center.

During FY13 Campus Recreation professional and student staff contributed to the university community and once again garnered local and national attention for Campus Recreation and Colorado State University. Highlights of Campus Recreation accomplishments that impacted a broad spectrum of the CSU community and align with Division of Student Affairs Strategic Plan goals include:

- The CSU Student Recreation Center received recognition and awards from various sources for the design of the LEED Gold certified facility:
  - **2012 Outstanding Sports Facilities Award -National Intramural-Recreational Sports Association (NIRSA):** The Colorado State University Student Recreation Center is considered a standard by which other collegiate recreational facilities should be measured and from which others can benefit. Facilities were evaluated based on the construction project's correlation to the campus master plan and mission; the relationship between facility design and staffing; innovative use of construction materials or methods; sustainable features; and technological benefits for the members, staff, or budget.
  - **2012 Innovative Architecture & Design Award** from Recreation Management, a national publication on the web and print magazine for recreation professionals. Published in the May 2012 web and print editions, this award recognizes

outstanding facility design that inspires those planning new construction, renovations or additions to existing recreation and sport facilities.

- **2012 Architectural Portfolio Projects Award and “Renovation/Modernization Citation”** from American School & University publication, the premier showcase celebrating the best in education facility design, profiles citations in the November issue of American School & University. The Architectural Portfolio jury selected the Citation winners and Outstanding Designs that feature sustainability and energy efficiency, reflect the culture/community and respect the environment.
  - **2012** featured facility in Athletic Business Magazine **Architectural Showcase** edition
  - **2013 Best College Reviews: A Guide to the Best Colleges in America.** Colorado State University Student Recreation Center was listed among the best in the nation. Best College Reviews ranks accredited colleges based on student outcomes, including job placement and advancement, as well as experiences that help lead to student success
- The final phase of renovation to the mid-section of the facility, occupied by the aquatic center, was completed. These renovations provide environmental and aesthetic enhancements to the exterior facade that completes the architectural design for a 100% renovation of the original building and contributes to the LEED Gold certification with solar heating and natural lighting elements for this space. Internal new construction of an on-deck office provided space for aquatic student staff to complete administrative lifeguard and managerial duties. Upon occupancy of the aquatic office, the pool classroom that had been utilized as a base for the aquatic staff was converted into a small conference room for exclusive use by Campus Recreation staff for program area meetings and trainings. Due to high use of meeting spaces in the Rec Center, this space has provided a welcomed option that fills a critical need.
  - Campus Recreation collaborated with the Office of the Provost for Undergraduate Affairs to host three college commencement ceremonies in the Student Recreation Center: Biomedical Sciences, Warner College of Natural Resources, and the College of Liberal Arts.
  - The Student Recreation Center and adjacent Intramural Fields continue to be focal points for Ram Welcome, a University-wide event that welcomes new and returning CSU students each August. A variety of facility spaces in the Student Recreation Center are utilized for events or staging areas during Ram Welcome. Student Recreation Center staff plays a key role in the facilitation of these events by practicing excellent customer service, providing tours of the Student Recreation Center, and maintaining a clean and safe facility for attendees to enjoy:
    - The 4-court gymnasium is transformed into a reception venue to host the President’s Parent and Family Reception, featuring welcome addresses by

President Tony Frank, Vice President of Student Affairs Blanche Hughes, and Dean of Students Jody Donovan to over 1,000 student family members.

- In partnership with the Office of Orientation and Transition Programs, games and food are offered in the gymnasium prior to the President's Reception.
  - For the first time the University convocation was simulcast from Moby Arena to the Student Recreation Center, where parents and family members were able to view the proceedings that previously was limited to an audio broadcast.
  - The Administrative Conference Room served as the Green Room for bands playing at the President's Concert on the Intramural Fields adjacent to the Student Recreation Center.
  - The Lobby Conference Room served as a break space for Ram Welcome volunteers to relax and eat meals between events throughout the day.
- A new software database, Fusion, was successfully configured during fall semester and implemented for the spring semester. The project exceeded 160 hours and required intensive training with professional and student staff to launch on schedule. Fusion dramatically simplified the front end process for the Service Center student staff, streamlined information processes for staff and members, and increased accuracy of revenue, sales, and participation reports.
  - During fall semester, a partnership with the Lory Student Center was forged that will have an immense impact for providing established services to CSU students. Both Campus Recreation and Lory Student Center staff's ability to deliver programs and services will undergo dramatic changes due to facility closures and relocation of Lory Student Center offices to the Student Recreation Center MAC gym. For Campus Recreation staff the loss of the MAC gym began in January 2013. The closure of the MAC gym for infrastructure work reduced Intramural Sports programming, eliminated some Sport Club winter practices, and displaced drop-in recreation that frustrated students.
  - As a result of the contract between CSU and INTO, an international student recruitment organization, new drop-in sports were added to the activity rotation beginning fall semester to serve the increased international student base. Badminton, table tennis, and indoor soccer are examples of activities either initiated or expanded.
  - The Campus Recreation Risk Management Committee audited the department's waiver policy and documents. Working in conjunction with the Office of General Counsel and Environmental Health and Safety unit, a simplified waiver was developed and implemented during the year.
  - A transgender audit of the Student Recreation Center facility and Campus Recreation programs was conducted by Ceil Lambert, a Colorado State University graduate student. The results of the audit recommended changes that will be reviewed and where feasible, implemented beginning in FY14.

- Two Campus Recreation Sport Club teams achieved the highest level attainable in their sport, garnering national recognition for CSU during FY13:
  - Men's Lacrosse won the Men's College Lacrosse Association National Championship with a season record of 21-0
  - Women's Lacrosse won the Women's College Lacrosse Associates National Championship with a record of 22-0. They are the first team in league history with an undefeated season record.

Two focal challenge areas prevailed into FY13 that consumed relevant staff time, caused responsibilities to shift, and generally impacted the overall work environment:

- Mechanical systems continued to plague operations and staff with HVAC and pool mechanical issues persisting throughout the year. The pool mechanical issues were ultimately identified and resolved, but necessitated unbudgeted expenditures. HVAC issues were complex and required interventions with the architect firm, engineer design firm, local contractors, and CSU Facilities Management contracted vendors. The process was complicated in all phases of resolution from diagnostics to retooling and testing. Expenditure responsibilities remained partially unresolved. Completion of some HVAC issues was accomplished; however, final HVAC resolution will continue into FY14 due to seasonal temperature fluctuations that necessitate system adjustments.
- Personnel issues initiated changes to staff responsibilities and influenced the work environment.
  - At the close of FY12, resignations of two upper level administrative professional positions, Director, Operations and Associate Director, Facilities, occurred within a month of one another. To alleviate managerial and supervisory issues created by these vacancies, the Assistant Director, Facilities was promoted to Associate Director, Facilities. Subsequently, staff reporting lines were realigned and vacant position responsibilities assumed by the Executive Director, Director of Administration, and Associate Director, Operations for FY13. An Assistant Director was enlisted to work with the Executive Director on several administrative projects and the remainder of Campus Recreation staff jointly facilitated temporary changes so students would experience seamless delivery of programs and services. It was a challenging year that produced collaboration among staff that built community and trust among staff.
  - Three new administrative professional positions were developed, funded, approved, and filled by summer 2013: Fitness Coordinator, Aquatics Coordinator, and Communications Manager. The new staff was enthusiastically welcomed into the department.

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## Accomplishments supporting Division of Student Affairs Strategic Plan / Goals

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### ***Division of Student Affairs Strategic Goal: Assure excellence in academic programs***

**Access and success:** Improve the access, retention and graduation rates for all students, especially those from groups underserved by higher education.

#### Outdoor Programs / Climbing Wall

- The Outdoor Program continued its partnership with Second Year Programs to provide outdoor trips for students. The 14er Service Trip with the Colorado 14ers Initiative, took place on Grey's and Torrey's Peaks in September. Students were tasked with updating and maintaining trail systems to ensure the continued conservation of the delicate alpine environment.

#### Sport Clubs

- The cumulative average Sport Club GPA is 2.985 which is above the campus average GPA of 2.80. This is the 11<sup>th</sup> consecutive semester that the Sport Club GPA is greater than the campus average GPA. Part of the reason is that Sport Clubs with lower club GPA's are given tools for effective study by Sport Clubs staff.
- 66% of sport clubs have cumulative GPA's above the All-University average, including Synchronized Swimming with a 3.385 cumulative GPA.
- Sport Clubs had 6% more seniors participating during FY13 than in FY12. This is an increase in the number of students retained in the program.
- 31 academic meetings were held between Sport Club students that had cumulative GPA's below 2.0 and the Assistant Director of Sport Clubs to offer campus resources to help these students.

**Learning outcomes:** Evaluate and assess student learning as a critical measure of teaching quality.

- The Campus Recreation Student Leadership Series is geared toward fostering leadership growth and development habits in Campus Recreation Student Staff. Each two hour session covers a different topic that student leaders face on a daily basis during their work shifts. The series also equips students with tools that can be used not only at the Rec Center but also during their careers post-graduation. In addition to the session requirements, participants engage in a service learning project in conjunction with the Campus Recreation Service Committee.

#### Intramural Sports

- The Intramural Sports program creates and engenders a co-curricular educational environment where learning components take on two primary forms. Student

employees – sports officials, office workers, and on-site managers – learn and build upon invaluable life skills, including, but not limited to confidence, responsibility, empowerment, teamwork, critical thinking, service recovery, and autonomy. Participants are taught and held accountable to the concepts of responsible participation, peer leadership, and social civility, and are also exposed, experientially, to the creation and maintenance of a healthy lifestyle through habitual physical activity.

**Division of Student Affairs Strategic Goal: Create distinctive undergraduate experiences**

**Active and experiential learning:** Incorporate opportunities for active and experiential learning in all programs.

- Student leadership positions in Campus Recreation allow the students employed at the Manager and Supervisor levels to learn and build upon supervisory and leadership skills. In addition, these positions provide entry level students an opportunity to strive towards higher level employment.
- On August 13, 2012, all manager-level student employees participated in a new manager training session that was conducted by various members of the professional staff including the Facilities Coordinator and the Assistant Director for Facilities/Aquatics. Twelve Recreation Supervisors and six Building Managers attended the training. Training topics included, but were not limited to: managing change, trust and credibility, conflict management, social sustainability, and leading/managing.
- Campus Recreation partnered with the Department of Athletics to participate in the first annual Student Athlete Summer Intern experience. This unique and innovative program allowed student athletes on campus during the summer to work as an intern in different departments throughout the university. Campus Recreation sponsored two interns, one in Facility Operations and one at the Service Center.

**Outdoor Programs / Climbing Wall**

- The Outdoor Program, in partnership with Lindsay Sell from the Alumni Association Student Advancement Program, coordinated the Hike-to-the-A event as part of Ram Welcome. Over 780 students participated in the hike this year, which was the largest attendance in the 9 years that it has been offered, and over 200 more than last year. The Alumni Association increased discussions about tradition this year, which helped to connect the participants back to the history of the area and the university.

**Intramural Sports**

- The Intramural Sports program provides staff and participant education and correction on acceptable vs. unacceptable language and behavior that is gender, ethnically, and culturally sensitive during staff trainings and participant conduct meetings.

## Challenge Course

- The Challenge Course continues to serve Colorado State University through collaborative efforts with residential learning communities, general classroom activities, staff and faculty teambuilding, and specialized leadership programs in several academic departments.
- During Fall 2012 the Challenge Course sponsored eight First Year Mentoring Program events at a reduced rate to support Orientation and Transition Programs effort to connect first-year students with their mentors and Colorado State University at large.

## Fitness

- Over 70 Fitness staff members were provided the opportunity to develop and implement a fitness event. The three night “Fitness Explosion” was detailed down to the last minute and was an overwhelming success.
- Student staff is utilized in teaching the Personal Training and Group Fitness Instructor courses that run for 10 weeks each semester.
- Personal Trainers were provided the opportunity to create fitness camps and subsequently developed and offered six camps for the spring semester. Three of these camps had enough participants register for the class to continue.

## Sport Clubs

- The Men’s and Women’s Ultimate Frisbee Clubs assisted with coordination of the Summer Ultimate Frisbee League which helps the students build connections to community members, develop skills in leadership, organization, event management, and budget management.
- The Women’s Lacrosse club sponsored a youth lacrosse camp, providing day camp opportunities to 22 aspiring female lacrosse players. Men’s Lacrosse hosted a four day summer camp that had 115 participants.
- Seventeen practicum students working toward their bachelor degree in Health and Exercise Science were supervised by the certified Athletic Trainer from the Campus Recreation professional staff.
- One student intern (the first one for the program) completed 600 hours of athletic training experience thus opening the door for another academic opportunity for students in the HES major.
- The athletic training program created a new student assistant position that will allow more direct supervision of the Sport Club athletes in the upcoming year.
- The Men’s Ice Hockey club partnered with Larimer County and the Colorado Eagles to host a game at the Budweiser Event Center that helped to fund youth hockey in Northern Colorado. Over 3,500 people attended the event.
- The Ultimate Frisbee clubs hosted a Friday overnight tournament in the Indoor Practice Facility to provide a fundraiser for the clubs and an alternative late night activity in which over 100 students participated.

- The Sport Club staff held their first ever staff retreat to build staff camaraderie and learn valuable skills from one another.
- Six members of the Alpine Ski Club participated in CSU Serves Fall Clean Up. The club did yard work for an elderly family in Fort Collins.
- Six members of the Alpine Ski Club volunteers at The ARC to help stock winter clothing at the thrift shop.
- 70 Men's Lacrosse and Swimming Club members collected canned food for Can's Around the Oval raising over 300 pound of food for the Larimer County Food Bank.
- 20 Swimming Club members participated in CSUnity to help a Fort Collins family with yard work.
- Injury care practicum students worked hockey games at Pepsi Center to gain valuable experience and positive memories of classwork at CSU.
- Representatives of the Crew Club volunteered at the Ronald McDonald House to cook a meal for families of children undergoing treatment at Children's Hospital. The event benefited 70 people.
- Five members of the Figure Skating Club volunteered for the Fort Collins Figure Skating Club's Fort Collins Classic to help teach over 200 local youth figure skaters how to skate better.
- 20 Polo Club members volunteered to teach 15 youth equestrian riders the game of polo.
- 30 Men's Lacrosse and Women's Lacrosse club members partnered with Fort Collins Youth Lacrosse and Havoc to teach 100 Fort Collins youth how to play lacrosse.
- CSU Women's Lacrosse players were camp counselors for the Havoc Fort Collins youth girl's lacrosse camp and were provided with an experiential opportunity.
- 15 members of the Synchronized Swimming club volunteered with the Northern Colorado Orcas Synchronized Swimming Club to work at the Orca's annual tournament. The volunteering of the CSU club benefited over 100 people.
- The CSU Men's Lacrosse Club hosted the Lacrosse Summer Camp for youth 7-18 years of age. Camp counselors were provided with the opportunity to work with youth in an experiential setting around the sport of lacrosse.
- 10 members of the Men's Ice Hockey Club volunteered over 400 hours towards teaching area youth in the Northern Colorado Youth Hockey organization how to play ice hockey.
- 15 members of the Women's Ice Hockey Club volunteered to teach 50 area youth girl's hockey players hockey related skills.
- 10 Men's Lacrosse Club members partnered with Respite Care Fort Collins to paint Easter eggs with area youth.
- The Cycling Club volunteered with City of Fort Collins Natural Areas on trail work days by assisting to reconstruct mountain bike trails.



## **Division of Student Affairs Strategic Goal: Expose students to diverse cultures**

**Campus diversity:** Foster a campus culture that attracts and supports a diverse student body and promotes a diverse culture in which to grow, study and learn; foster learning across differences and a focus on equity for all students.

### Intramural Sports

- All Intramural Sports event rules and policies were revised to use gender-inclusive terminology – “men” and “women” instead of “male” and “female” – to create a more inclusive and welcoming environment where participants are supported by stated program policy and philosophy in participating as the gender they publicly identify as.

### Facility Scheduling

- Campus Recreation collaborated with the GLBT Resource center to offer a “safe” Zumba class, targeted to members of the GLBT community, but open to all CSU students.

### Challenge Course

- The summer conference season of 2012 included a number of large urban-oriented middle and high school programs. In particular the newly reconstituted Manual High School in a traditionally African-American neighborhood of northwest Denver sent every junior class student through the Challenge Course for a leadership oriented experience.
- The Challenge Course provided an all-day ropes course experience for 96 ninth graders from KIPP Denver Colligate Preparatory school on Thursday 2 August 2012. KIPP is a national network of public charter schools that state their student body is “95% African American or Latino”.
- For the third year in a row, the Challenge Course was part of the Enrollment/Access program reaching out to Skinner Middle School students attending a three-day CSU experience in June.
- This fall the University of Wyoming scheduled a full-day Challenge Course for their Multi-Cultural Student Leadership Institute (22 participants) as part of their on-going efforts to broaden diversity and appreciation of difference on their campus. This event focused on first-year and transfer students at the U of Wyoming.
- In October the Challenge Course staff assisted the CSU Gay, Lesbian, Bisexual & Transgendered Resource Center in a pre-retreat team building experience in the Lory Student Center. Over 36 students and staff participated in 90 minutes of group sharing, goal exchange, and related experiences to enhance their retreat at Pingree Park.

### Service Center and IT

- The Department of Campus Recreation’s Service Center Coordinator, Heather Foster, and IT Manager, Eric Holt, continually work toward putting systems in place to provide Rec Center access to the new CSU INTO population. This involves frequent meetings with various offices on campus to better bridge services for the INTO population.

**Division of Student Affairs Strategic Goal: Integrate academic and co-curricular experiences**

**Learning communities:** Develop residentially based learning communities that capitalize on our strength as a destination campus.

**Student engagement:** Increase student participation in a broad array of leadership, civic involvement, intercollegiate and intramural athletics, and cultural opportunities.

**Intramural Sports**

- Intramural Sports saw significant increases in both freshmen participation, most probably due to a more organized, focused effort in engaging and marketing to incoming freshmen during Ram Welcome's Intramural Sports Night in August 2012, and an increase in freshmen participation carry over from the Fall term, likely due to focused marketing and engagement toward freshmen. Total numbers of participation increases were due to changes in event formatting whereby more teams and participants advance to playoffs in league sports.
- The Intramural Sports program expanded programming from 37 recreational, sport-related activities in FY12 to 47 in FY13. A total of 5,672 unique individuals participated 37,783 times in the program – net increases of 249 and 140 from FY12, respectively.

**Fitness**

- Fitness and Intramural Sports collaborated for a bench press competition held in the Student Recreation Center.
- Fitness collaborated with Outdoor Programs for a "Zen Climb" where the participants did a hike and ended with a yoga class on the mountain.

**Sport Clubs**

- Sport Clubs partnered with:
  - Colorado Avalanche to host Men's and Women's Hockey games at the Pepsi Center in October with over 5,000 people attending the games.
  - Colorado Rapids to host Men's and Women's Soccer games at Dick's Sporting Goods Park in September with 600 spectators in attendance.
  - These games raised awareness for both of the clubs to potential freshmen and alumni.

**Service Center**

- Avalanche gear (avalanche beacons, avalanche probes, and avalanche shovels) is now available for checkout through the new Outdoor Gear Rental Program. These items were very popular during the winter months and the amount of products offered during the 2014-2015 winter will be increased.

**Student well-being:** Nurture student health, safety and well-being.

Sport Clubs

- Sport Clubs implemented a policy that requires all participants to have medical insurance beginning with the Fall 2013 semester. This change increases awareness of medical risks of participating in Sport Club programs.
- The Injury Care focus was changed from that of the student injury care worker to a practicum experience reducing program cost which allowed for the hire of the Athletic Training position without reducing safety for sport club athletes while providing a valuable educational experience.
- 40 Crew, Women's Ice Hockey, and Polo Club members volunteered for RamRide and provided safe non-judgmental rides home on Saturday nights.
- Sport Club, Greek Life, the Department of Philosophy, and Athletics partnered to hold a hazing awareness workshop that educated participants on hazing related issues. Over 50 students participated with 20 of those from sport clubs.
- Sport Club students participating in sports identified as high contact are given baseline concussion testing. All athletes that have suffered a concussion in the previous semester are given follow-up exams.

Aquatics and Safety

- The Aquatics and Safety program certified 296 students in CPR and/or First Aid in FY13, up by 59 or 25% over FY12.

Student Recreation Center

- The security of the Student Recreation Center was improved with the installation of 22 new security cameras focusing on high theft areas such as day-use lockers.

**Assessment systems:** Provide the Board, campus and public with transparent measures of accountability.

Facility Scheduling

- An assessment tool utilizing the Campus Labs Baseline (aka Student Voice) module was developed for Campus Recreation facilities users. The link for this survey is sent to all parties who complete a facility reservation with Campus Recreation. The survey prompts for feedback in the areas of space used, experience with the Facility Scheduling Coordinator, experience with the space used, timeliness of information, and ease of payment, if applicable.

Challenge Course

- Campus Labs Baseline (aka Student Voice) assisted with the development of a new survey tool for the Challenge Course which was implemented beginning with February 2013 courses. Seventeen requests for post-course evaluations were sent out and by semester's end, ten had been completed. The overall results indicate that all the

parameters measured between 4.7-5.0 on a scale of 5.0. While some comments worthy of consideration (“need more shade”, “port-a-potties are unsatisfactory”, “schools need discount”) have been gathered, the evaluation shows that program design and quality are excellent.

- A post-training assessment of the 2013 Challenge Course Training program was completed via an on-line survey. The survey was offered to 22 employees/trainees and 16 completed the survey. Of the respondents 87.5% answered “agree” or “strongly agree” to the statement: “I received (or provided) enough training for the new staff members to begin shadowing courses right away.”

#### Sport Clubs

- A participant survey was conducted for the Summer Ultimate League. 96% of respondents were highly satisfied or satisfied with the league format and structure. 88% of Summer Ultimate participants prefer the league polyester shirts compared to cotton shirts.

#### Aquatics and Safety

- Throughout the entire year, emergency audits are conducted on the aquatic staff to ensure that the staff are prepared physically and mentally to respond to emergency situations of varying severity. Audit categories include CPR, AED, first aid, and aquatic water rescues. Other non-emergency audits are also conducted in the areas of policies, procedures, and customer service.
  - During FY13, 50 aquatic/lifeguard audits, 20 CPR and/or First Aid audits, and seven customer service audits were performed on lifeguard staff.
  - All audits were passed.

#### Facilities Operations

- Student employee audits are performed regularly to ensure that the employees’ knowledge and skill levels of Campus Recreation policies and procedures meet expectations.
  - During fall semester, audits were performed on the Facilities Operations student staff. Those audits included 10 emergency audits (CPR/AED) and eight policy and procedure audits. Only one employee had to be re-audited and that student passed on the second attempt.
  - During spring semester, 18 audits were performed on the Facilities Operations student staff. Those audits included 10 emergency audits (CPR/AED) and eight policy and procedure audits. Only one employee had to be re-audited and that student passed on the second attempt.
- Facility Operations was able utilize a new system for Building Manager evaluations, modeled after the format of the 360 evaluations used by professional staff. The system included Building Manager to Building Manager evaluations, evaluations from Rec Assistants (entry level position), evaluations from the Facilities Coordinator, and formal and informal feedback from the Recreation Supervisors. All seven Building Managers were evaluated using this new system.

- Each Building Manager was evaluated on criteria such as: customer service, professionalism /work habits, communication, job knowledge, willingness to learn, safety and risk management, and leadership skills.
- Each Building Manager also met with the Facilities Coordinator to discuss their evaluation as well as talk about their strengths and weaknesses and create a plan to improve their weaknesses.
- This new process proved to be very effective and was a great benefit to each Building Manager.

**Division of Student Affairs Strategic Goal: Provide quality venues and related services that support learning**

Facility Scheduling

- Nine different Student Affairs in Higher Education classes were held in the Student Recreation Center at no cost to the SAHE program.
- In late December 2012 the Challenge Course, in collaboration with the Climbing Wall staff and Facilities Scheduler, developed an “indoor version” of the challenge experience for use during the winter months. A pilot course was run on 29 December 2012 with excellent feedback from the clients. Subsequent indoor events have shown this to be a viable and revenue generating program change that satisfies Challenge Course client desire for year round courses.

Student Recreation Center

- Campus Recreation continues to offer an array of offerings that support a diverse student body and promote a diverse culture. The Student Recreation Center currently has seven Gender Inclusive restrooms, offers badminton, soccer, and table tennis (which traditionally attract international students), and Muslim women swim time at-the South College facility.
- Trial cardio equipment was placed throughout the fitness center during the early part of the spring semester. Patrons were encouraged to provide feedback on the machines the department is considering purchasing in FY14.

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## Division of Student Affairs Areas of Emphasis

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### Enrichment of DSA Human Resources

#### Massage Therapy

- Over 450 therapeutic massages were performed at the Student Recreation Center during FY13.

#### Sport Clubs

- The Sport Club program, for the first time, added a 3/4 time 9 month Athletic Trainer position dedicated to Sport Clubs.
- The Sport Club coaches' education program was implemented. Coaches attended workshops on general sport club policies and Student Case Management at CSU.

#### Service Center

- This is the second semester in which Affiliate Memberships are offered to ROTC, Osher Institute students, CSU degree granted alumni, Official University Retirees, and CSU Global students.
- Campus Recreation experienced a 4% increase in visits to the Student Recreation Center from FY12 to FY13 which correlates to the increase in the student population at Colorado State University as well as the expansion of Affiliate Memberships.

### Partnerships, relationships, and development

- Campus Recreation continues a long-standing partnership, working with The Office of Conference Services, in order to serve the recreational needs of all camps/conferences participants. In addition, Campus Recreation facilitates the use of the Student Rec Center by groups from across campus for various meetings, retreats and conferences (including the President's Office and the Division of Student Affairs).

#### Outdoor Programs / Climbing Wall

- The opportunities for Outdoor Programs to partner and collaborate with the Office of Transition Programs (OTP) have resulted in several positive outcomes for both units. Student participation is extremely high in any program marketed through the OTP.
  - Outdoor Programs provide a Snowshoeing Trip to Cameron Pass in which 15 students participated in the one day trip.
- Campus Recreation continued to collaborate with the Intercollegiate Athletics to allow access to the Indoor Practice Facility (IPF) for Intramural events and Sport Club practices.

- The OP worked with INTO CSU on a one-day ski trip to Snowy Range, Wyoming with 13 students participating.
- The OP partnered with the Academic Advancement Center to provide an Intro to Rock Climbing Trip for 10 AAC Students.

#### Intramural Sports

- In collaboration with the Orientation and Transition Programs, the Intramural Sports hosted Ram Welcome Intramural Sports Night in August 2012, which entailed organized, drop-in softball, soccer, flag football, dodgeball, and kickball games that was participated in by over 150 incoming freshmen both inside and outside of the Student Recreation Center.
- Intramural Sports collaborated with the Campus Recreation Fitness and Personal Training Program to offer a bench press competition as part of National Recreational Sports & Fitness Day in February 2013.

#### Facility Scheduling

- Facility Scheduling & Event Management worked closely with Intramural Sports and Athletics to arrange for some intramural championships to be hosted in Athletics' facilities, such as Moby Arena.
- General policy and procedures document, promotional print items, and posters were created to be available to summer conference participants at 10 separate residence hall information tables. Additionally, an insert was created to be added to the OCS annual tri-fold provided to all conference participants. These materials should help to provide beneficial information about use of the Student Recreation Center during the summer.
- Campus Recreation has entered into a new collaborative effort with the Office of the Provost to graduation ceremonies for Biomedical Sciences, Warner College of Natural Resources, and the College of Liberal Arts in the Student Recreation Center Ellis Gym.
- Campus Recreation continues to provide space, at no charge, for CSU Health Network Mindfully Managing Stress programs.
- Campus Recreation cooperated with the Athletic Department's women's volleyball and men's basketball teams to deliver their summer camps and programs to youth. Facility Scheduling & Event Management coordinated schedules, staff, and logistics so that the teams were able to utilize the Campus Recreation facilities.

#### Challenge Course

- The Campus Recreation Summer Boys Lacrosse Camp connected with the Challenge Course to provide an evening of high element activities for the lacrosse campers during their summer visit. Additionally the Athletic Department Girls Volleyball Summer Camp utilized Challenge Course facilitators to provide rotating teambuilding exercises on the first day of their summer camp.
- The Challenge Course partnered with the CSU/UADY Leadership Exchange (Universidad Autonoma de Yucatan [UADY]) and SLiCE for a challenge course event that featured

bilingual activities and cultural exchanges between American and Mexican university students.

- With the assistance of the CSU Facilities department, 17 narrow-leaf, native cottonwood trees were transplanted onto the Challenge Course groups along the south fence. These trees are hardy, fast growing and will soon provide much needed shade and comfort to the participants and staff at the course.
- After several summers of Challenge Course program interruption due to seepage from Arthur's Ditch, a comprehensive repair was undertaken by the City of Fort Collins at the request of Campus Recreation. As of 28 May the ditch is running at full capacity and no seepage onto the Challenge Course grounds has been found.

#### Fitness

- Fitness collaborated with GLBT to provide a Zumba event to provide an open and welcoming introduction to the Rec Center.
- Yoga instructor Michael Lloyd-Billington provided a yoga class to Training & Organizational Development and Employee Assistance Program which was well-received; there were 2 two-hour workshops in Fall 2012. There were not any workshops in spring because the assistance program didn't have the funding.

#### Sport Clubs

- The Sport Clubs program collaborated with the Men's and Women's Ultimate teams to sponsor the CSU Summer Ultimate League. This league includes both students and non-students which enhances University/community relations. The 2012 League had 178 participants, 72 (40%) are CSU students.
- Sport Club fundraising letters were updated through a partnership with the Development Office and Communications Offices.
- The Alumni Association partnered with Sport Clubs to promote Sport Club programming and increase alumni involvement in Sport Club related affinity groups.
- The Men's Lacrosse club partnered with the Department of Athletics and Facilities Department to host a game at Hughes Stadium that had over 4,500 people pay to attend.

#### Service Center

- The Service Center partners with the CSU Police Department to provide swipe access records to the police to assist them in catching suspects that are stealing from participants in the Student Recreation Center.
- The Service Center collaborated with Stand Down, a veterans group, to donate winter jackets, clothing, and blankets from the Campus Recreation lost and found during the winter months.
- The Service Center assisted the Student Health Advisory Council with advertising their open positions at the Student Recreation Center and collecting applications during November.



- The Service Center planned a spring in-service meeting that brought in the CSU Police Department to better prepare the staff for on-campus shootings.

#### Aquatics and Safety

- The aquatics program collaborated with Professor Wes Kenney to allow the Advanced Instrumental Conducting and Techniques (MU 556) class to use the Student Recreation Center pool
  - July 12 for a class session
  - September 6 for a project
- The aquatics program collaborated with the MECH 486 course taught by Mitchell Stansloski to assist students with measuring the Human Powered Vehicle's load capacity for the team sent it off to a national tournament.
- The aquatics and fitness programs offered three sessions of aqua aerobics during the spring semester.

#### **Student transitions**

##### Outdoor Programs / Climbing Wall

- The Outdoor Program Coordinator, Eric DeLuca, was invited to participate in one of the Mountain Experiences held at Pingree Park. This program is organized by Orientation and Transition Programs (OTP), and is a two-day mountain experience for incoming freshman and transfer students. Students drive up on Friday afternoon and participate in the challenge course at Pingree. On Saturday, the group goes on a short hike up to the Cirque Meadows and come back to a bonfire. Camping is in cabins in the evenings and the group returns to campus Sunday afternoon.

##### Sport Clubs

- 33% of Sport Club students are classified as non-resident students which is 13% greater than the university average. This statistic is highlighted by Women's Ultimate which has 66% of the 47 members coming to CSU from out of state.

#### **Stewardship**

##### Facility Scheduling

- Complete implementation of invoicing using EMS (Event Management System) has occurred, and went live on January 1, 2013. This new process allows for greater efficiency with facility reservations and billing throughout the department.

##### Outdoor Programs / Climbing Wall

- Marked increased use at the Climbing Wall appears to have maxed out the capacity of the area on several nights of the week.

- The use of Fusion software is much more intuitive to use and is increasing the speed at which Climbing Wall staff can interact with the students.
- In collaboration with Campus Recreation IT, the on-line information and reservation request forms are able to provide significant support in managing the frequent requests for service at the Challenge Course.

#### Sport Clubs

- The Sport Clubs program finalized the yearlong program review that resulted in several programmatic changes including: increased coaches' education, modified program statement, modified process for adding / removing clubs, and an increased effort on fundraising.
  - A Sport Club coaches' education program was implemented. Coaches attended workshops on general sport club policies and Student Case Management at CSU.
- Sport Clubs raised \$772,032 in FY13. This income comes from fundraisers, donations, and club dues.
- The Men's Rugby and Men's Lacrosse clubs each endowed funds (\$25,000) to provide the clubs with annual funds in perpetuity.
- Sport Clubs partnered with the Department of Athletics to raise money for student organizations by coordinating football parking. Over \$25,000 went into the coffers of the student organizations that participated with over 80% of that amount (\$20,000) going directly to sport clubs.

#### Service Center

- The Service Center Coordinator and IT Manager focused on recreation software research during the summer semester. The Department of Campus Recreation selected the software company Fusion to be set-up during the fall semester and implemented in the spring semester.
- The Service Center took over the Outdoor Gear Rental Program from Outdoor Programs and adjusted the check-out and check-in process as well as the cost associated with renting gear. Participants are now able to purchase a one-month gear rental unlimited pass for \$10 or a one-semester gear rental unlimited pass for \$40.

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## Campus Recreation Highlights

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### Presentations and Publications

- *Rob Patchett*, Intramural Sports Assistant Director, was cited as a resource for a “Gender Identity and Inclusiveness in Campus Recreation” article in the Fall 2012 Risk Management online publication.
- *Aaron Harris*, Sport Clubs Assistant Director, chaired the committee to host the 2012 Colorado Sport Club Directors Workshop.
- *Heather Foster*, Service Center Coordinator and *Erin Patchett*, Facilities Assistant Director, co-presented at the NIRSA Colorado/Wyoming State Workshop on Student led Emergency, Customer Service, and Policy Audits.
- *Heather Foster*, Service Center Coordinator and *Micah Walters*, Intramural Coordinator, co-presented at the NIRSA Colorado/Wyoming State Workshop on Student Development opportunities within NIRSA.
- *Heather Foster*, Service Center Coordinator served as a panel member for the Health and Exercise Science Majors class to represent the field of recreation and sport management October 22, 2012 and again May 3, 2013.
- *Erin Patchett*, Assistant Director of Facilities/Aquatics, served on a State NIRSA committee to help plan the 2012 Colorado/Wyoming Sport Club Workshop that was held in Golden, CO on June 19-20.
- *Erin Patchett*, Assistant Director of Facilities /Aquatics, and *Rob Patchett*, Intramural Sports Assistant Director, applied and were chosen to be trained to serve on the University’s Victim Assistance Team. The Victim Assistance Team (VAT) assists Colorado State University students and any family or friends who have been sexually assaulted on or off campus; and staff, faculty, or visitors who have been sexually assaulted on campus. Trained Victim Advocates are on call 24 hours a day, 365 days a year to provide emotional support and information to anyone who has been sexually assaulted in a voluntary on-call basis each semester.

### Honors and Recognitions

- Intramural sports manager and official *Adam Hickle* was selected as one of the top 30 flag football officials in the country to officiate at the 2012-13 National Intramural-Recreational Sports Association Flag Football Championship Tournament at the University of Central Florida.
- *Rob Patchett*, Intramural Sports Assistant Director, was recognized as one of the top intramural sports officials’ educators in the country by his selection to serve on the Officials’ Development Committee during the 2013 National Intramural-Recreational

Sports Association National Basketball Championship Tournament at North Carolina State University.

- *Aaron Harris*, Sport Clubs Assistant Director
  - chairs the CSU Residency Appeals Committee
  - was named to the Fort Collins Ultimate Board of Directors
- *Disc Golf*
  - maintained a number one ranking in the National College Disc Golf Championship for the entire season.
  - The club finished the National Championship as the runner up
  - *Tyler Liebman* was named a first team all American at the National Disc Golf Championship.
- The *Men's Ice Hockey Club* competed in the American College Hockey Association ranked 14<sup>th</sup> in the country.
- The *Women's Hockey Club* finished the season ranked 13<sup>th</sup> in the country by the American College Hockey Association.
- The *Inline Hockey Club* finished first in the Rocky Mountain Collegiate Roller Hockey Association.
- *Men's Lacrosse*
  - won the Men's College Lacrosse Association National Championship with a season record of 21-0
  - *Hayden Porter, Tyler Zabor, and Patrick Sullivan* were named championship game co-MVP's
  - *Austin Fisher* won the Men's College Lacrosse Association Godekeraw Award for the player in the country that best represents academic and lacrosse achievement
  - *Austin Fisher and Hayden Porter* were named First Team All Americans. Teammates *Dan Warfield, Tim Taggart, Josh Gregg, and Taylor Zabor* were named second team All Americans
  - *Eric Uhl, Hayden Porter, and Taylor Zabor* were named to the All-Tournament team for the National Tournament.
- *Women's Lacrosse*
  - won the Women's College Lacrosse Associates National Championship with a record of 22-0. No team in league history has ever finished the season undefeated.
  - *Hayley Bernstein* won the Amtahcha Award for National Player of the Year, First Team All American, First Team All-Tournament, and Most Outstanding Tournament Midfield Player Awards
  - senior *Maddie Garcia* won the Attacker of the Year Award, First Team All American, and Most Outstanding Attacker of the Tournament Awards
  - senior *Sarah Langlie* was named a First team All American for the regular season and to the All-Tournament team for the National Championship tournament
  - *Ali Slyne and Abby Wattenbarger* were named First Team All Americans. Teammates *Karly Slyne and Sarah Moyer* were named Second Team All Americans
- The *Baseball Club* qualified for the National Club Baseball Association Mid-America Regional Tournament where the team took fourth place.

- *Men's and Women's Soccer* qualified for the National Intramural Recreational Sports Association National Championship tournament held in Memphis, TN.
- *Junior Paige Applegate* attended a tryout for the USA Ultimate under 23 national team. Unfortunately Paige didn't make the USA National Team.
- The *Cycling Club* finished seventh at the USA Cycling Mountain Bike national championship.
- Coordinator of Athletic Training, *Jason Garcia* was accepted into the STEPP program at CSU to complete his Master's in Secondary Education.
- The *Men's Polo Club* finished second at the US Polo Association National Championship.
- The *Women's Polo Club* finished third at the US Polo Association National Championship.
- *Men's Rugby*
  - qualified for the USA Rugby 15's National Tournament, made the national quarterfinals, and hosted the first ever playoff game on campus
  - qualified for the USA Rugby 7's National Tournament for the first time in school history
- At the Association of College Unions International Shooting National Championships the *Shotgun Sports Club* finished 10<sup>th</sup> in Men's American Skeet, 10<sup>th</sup> in American Trap, 10<sup>th</sup> in International Skeet, 10<sup>th</sup> in Five Stand, and 8<sup>th</sup> in Sporting Clays.
- The *Synchronized Swimming Club* qualified for the USA Synchro College National Tournament and finished 4<sup>th</sup> in the country as the top club team in the country.
- *Triathlon*
  - finished 9<sup>th</sup> in the Combines status of the USA Triathlon National Championship
  - finished 7<sup>th</sup> in the team portion of the USA Triathlon National Championship
  - *Steve Mantell* finished fifth in the USA Triathlon Men's Olympic race
- The *Women's Volleyball Club* competed in Division I at the National Club Volleyball National Tournament.
- The *Men's Volleyball Club* advanced to the National Quarter Final in Men's Division I at the National Club Volleyball National Tournament.
- *Nathan Streithorst* from the Wrestling Club qualified for the National College Wrestling Association National Tournament.
- Six Cycling Club members (*Christi Leong, Justine Boddy, Greg Krieger, Jon Keyzer, Drew Faturos, Phillip Somers*) were awarded a total of \$2,810 in scholarships by the Cycling Scholarship account.
- Service Center Coordinator *Heather Foster* attended and completed Equal Opportunity Representative training.
- The interactive National School of Recreational Sports Management provides a broad range of material designed to enhance a new professional's management and problem-solving skills. Experienced recreational sports faculty members develop the course curriculum, design the program schedule, and lead sessions that provide participants with opportunities to practice, discuss, and refine the professional skills necessary for success.

- *Erin Patchett*, Assistant Director of Facilities/Aquatics, participated in and graduated from the National School of Recreational Sports Management (Level 1) held in San Antonio, TX , June 4-8, 2012.
- Service Center Coordinator *Heather Foster* received the NIRSA Will Holsberry Foundation Scholarship which covers the registration costs for the National School of Recreational Sports Management. She participated in and graduated from the school held June 2-6, 2013 in Portland, Oregon.
- *Erin Patchett*, Assistant Director of Facilities/Aquatics received the Anthony J. Chivetta Scholarship from the National Intramural-Recreational Sports Association (NIRSA) Foundation to attend the 2013 National Recreational Facilities Institute and Aquatics Institute co-located in Denver, CO in October 2013.