

Colorado School Safety Resource Center

RESOURCES FOR CHILD SEXUAL ABUSE AND ASSAULT PREVENTION



June 2018

This Guide will be updated annually. For the latest information between updates, please check the online version at <https://www.colorado.gov/cssrc>

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I. INTRODUCTION

A. Purpose of this Guide

Dear School Safety Partners:

As you know, school personnel are uniquely situated to prevent, mitigate, and report child sexual abuse. Nationally, up to **1 in 4 girls and 1 in 6 boys** is a victim of child sexual abuse¹. Of the children victimized in 2011, **schools officials** were significantly more likely than police to know about interpersonal violence occurring against students.² As the Adverse Childhood Experiences Study (ACES) noted, childhood trauma can have negative lasting long-term effects on life expectancy, economic outlook, and life satisfaction³.

In 2017, the Colorado Child Abuse and Neglect Hotline System received 211,554 calls from concerned Coloradans. Those calls led to 104,547 reports or what is more accurately known as “referrals” of child abuse or neglect raising allegations of suspected child abuse and/or neglect. Of the 57,873 allegations of suspected child abuse or neglect, 4,175, or 7% or all allegations, concerned sexual abuse, 1,069 of these allegations were substantiated. Ibid.

The Colorado School Safety Center supports child sexual abuse education and prevention efforts throughout Colorado. The Child Sexual Abuse Prevention Specialist at the Center is dedicated to providing resources and training to schools, parents, and students at no cost. As a part of its Safe School Plan, each school district is encouraged to adopt a child sexual abuse and assault prevention plan, including comprehensive, age-appropriate curricula for K through 12th Grade. Education on body safety is a critical piece of reducing victimization in our communities.

As a school professional, it can feel overwhelming to integrate abuse prevention into an already packed school day. The good news is that **child molestations can be prevented**⁴. More good news is that juveniles who offend, which is the case in a sizable number of child abuse cases, recidivate at very low levels when proper interventions are put in place.⁵ In addition, **child sexual abuse prevention is highly correlated with common-practice initiatives** such as a positive school culture and positive parent engagement⁶. Child sexual abuse prevention education can easily be integrated into the Colorado Department of Education Comprehensive Health Standards (outlined below in Section VII(B) or other classroom content as the school/district sees fit. Child sexual abuse prevention must assist educators in identifying signs of abuse and predatory behavior and promote disclosure with appropriate response and reporting; and assist students in setting boundaries, learning about safe/unsafe touch, grooming behaviors of predators, safe modes of disclosure, and other related topics.

¹ Finkelhor, D., Hotaling, G., Lewis, I. A., & Smith, C. (1990). Sexual abuse in a national survey of adult men and women: Prevalence, characteristics and risk factors. *Child Abuse & Neglect* 14, 19-28. doi:10.1016/0145-2134(90)90077-7. The Adverse Childhood Experiences Study; Felitti, V; Anda, R. (1998). [https://www.ajpmonline.org/article/S0749-3797\(98\)00017-8/pdf](https://www.ajpmonline.org/article/S0749-3797(98)00017-8/pdf)

² Finkelhor, D., Ormrod, R., Turner, H., Hamby, S. “Child and Victimization Known to Police, School, and Medical Authorities.” *OJJDP Juvenile Justice Bulletin*. Apr. 2012: 1-7. Retrieved from: <http://www.ojjdp.gov/pubs/235394.pdf>

³ Felitti, V.J., & Anda, R.F. (1997). The Adverse Childhood Experiences (ACES) Study. Centers for Disease Control and Prevention.

⁴ Osdan, R. & Reid, E. (2015). The Importance of Knowing Child Sexual Abuse Symptoms in the Elementary Teacher’s Work. *International Journal of Humanities and Social Science*, 5, 7: 20-32.

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⁶ Greenberg, M., Weissenberg, R., O’Brien, M. et. al. Enhancing School Based Prevention and Youth Development Through Coordinated Social, Emotional, and Academic Learning. *American Psychologist*, 58(6): 466-474.

B. Overview of Child Sexual Abuse

(This section is instructional only, and should not be considered a comprehensive guide.)

Child sexual abuse refers to any sexual contact with a child or enticement of a child to have sexual contact with an adult or juvenile in a position of power. It can occur physically, but includes any behavior perpetrated on a child for the offender's sexual gratification. It therefore includes voyeurism, pornography, enticement, or any type of exploitation. Child sexual abuse is particularly insidious because it occurs covertly. In order to successfully commit their crimes, offenders must not be detected, and children must not report. Accordingly, we must sometimes look to the behaviors of the offenders and to the manifestation of abuse in children to determine whether abuse or risk of abuse is occurring.

1. Signs and Symptoms

Symptoms of sexual abuse can manifest themselves physically, behaviorally, and academically, but there is no physical evidence of abuse in 90% of cases. If a child exhibits physical injuries to the genitalia, wetting and soiling accidents unrelated to toilet training, pregnancy, a sexually transmitted disease, or frequent and unexplained pain related to elimination, there is cause to refer the child to child protection for further investigation. Behavioral signs include sexual knowledge beyond a child's developmental stage, excessive or public masturbation, sudden mood swings including rage, fear, anger or withdrawal, self-harming behaviors, unexplained avoidance behaviors, and regression. Sudden academic decline can also be a sign of emotional distress. Because these symptoms could be the result of other factors, they must be assessed in context, and further investigation may be warranted.

2. Mandated Reporting

Section 19-3-304, C.R.S., governs mandatory reporting in Colorado. All public and private school officials and employees are among those required by law to report suspicions of abuse. See that section and your school district policies with any questions you have regarding your obligations under the law. The Department of Human Services has further guidance on the issue at this link: <http://www.coloradocwts.com/are-you-a-mandated-reporter>.

Working in a school setting, you have close and consistent contact with children and are able to see trends and warning signs earlier than other concerned community members. As a mandated reporter, your job is to report any suspicions of abuse. Child protection services has the role of investigating alleged abuse.

Colorado has a centralized hotline for all mandated reports: **1-844-CO-4-KIDS**. Remember: a report is not an accusation of child sexual abuse but rather the sharing of information that may appear to be signs and symptoms of child sexual abuse.

If you have a suspicion to report, you must be the one to make the call. While this can be intimidating, it sometimes helps to debrief with a school administrator, nurse, or counselor about the process. However, please note that talking to a supervisor DOES NOT absolve you from your independent responsibility to make a call to 1-800-CO-4-KIDS. Some common obstacles to reporting include:

- Fear of making an inaccurate report or being wrong
- Fear of negative reactions
- Concern that child protective services or law enforcement will not provide sufficient intervention
- Fondness for the parents and a belief that they would not hurt their own child
- Fear of misinterpreting cultural disciplinary styles
- Concern about becoming entangled in legal proceedings.

While these feelings can be typical, most revolve around the stress of reporters deciding if the evidence warrants a call. The good news is that you, as a mandated reporter, simply need to report anything you notice and do not have to determine if something is abuse or not. You are legally protected from liability when you report in good faith. You are legally culpable if you do not report when you suspect abuse.

The Colorado Department of Human Services released a standardized mandated reporter online training in 2015. In the course, participants learn about the history and rationale of mandated reporting, signs and symptoms of abuse, the process of making a mandated report, and the availability of resources statewide. The course is customizable to the experience level or interest of participants in the information. Completion certificates are printable at the site. The course is available at: <https://www.coloradocwts.com/mandated-reporter-training>. Another course has been added to train on Recognizing and Identifying Human Trafficking. It is available here: <https://www.coloradocwts.com/find-a-class-2/learn-more-state-county-staff-2/explore-courses-register>

The School Safety Resource Center produced an online training for school staff on reporting in 2017. That course emphasizes the indicators of sexual abuse. It offers an overview of the prevalence of abuse and the barriers in reporting it, the types and indicators of abuse, characteristics of abusers, and proper response and reporting procedures. Printable certificates are available upon completion. The course is available here: <https://www.train.org/colorado/course/1071847/>

3. Office of the Child Protection Ombudsman (OCPO)

<http://www.protectcoloradochildren.org/info@coloradocpo.org>
720.625.8640

The State of Colorado has a Child Protection Ombudsman to assist in improving the quality of the child protection systematic process. Its mission is to provide a review of information when necessary, improve service delivery of child protection services, strengthen the process through which professionals and community engage within the system, and educate professionals, community partners and citizens on their role in the protection of children.

The OCPO **can** do the following:

- Facilitate a process of independent, impartial review of family and community concerns
- Request independent, accurate information
- Conduct case reviews to help identify and resolve child protection and overall systemic issues
- Provide recommendations to the State and County child protection departments, as well as to the Colorado Legislature, to improve the child protection system or overall service delivery
- Offer the complainant options for resolving their concerns
- Serve as a resource and systems navigator
- Provide ongoing public education

The OCPO **cannot**:

- Directly respond to emergencies regarding child safety
- Cannot investigate allegations of child abuse and/or neglect
- Review complaints concerning domestic relations issues (Child and Family Investigator, court rulings, custody orders, etc.)
- Investigate or overturn the acts or decisions of the Court or their staff
- Investigate complaints or concerns regarding the conduct of Judges, Magistrates or attorneys
- Investigate complaints regarding a Guardian ad Litem <http://www.coloradochildrep.org/ocr-cases/additional-case-types/>
- Provide legal advice
- Intervene in any criminal or civil proceeding or any criminal investigation

The Ombudsman's Office is an independent/neutral organization to oversee concerns and complaints related to child protection systems in Colorado. It operates to repair and improve collaborations and serve as a resource to public and private agencies. Concerns and accolades regarding child protection services should be referred to that office.

II. CHILD SEXUAL ABUSE PREVENTION PROGRAMS

Experts recognize that there are SHARED RISK FACTORS with all types of violence, including child sexual abuse. Listed below are programs designed to prevent child sexual abuse, sometimes as a part of programs which implement social-emotional learning, safeguard behavioral health, address antisocial/aggressive behaviors, substance abuse, family conflict, and even poor school/community attachment. Programs containing these elements, especially those which have demonstrated proven outcomes through evidence-based means, may effectively prevent sexual abuse.

Programs reviewed by and listed with national clearinghouses, including the Substance Abuse and Mental Health Services Administration (SAMHSA) National Registry of Evidence-based Programs and Practices (NREPP), the US Department of Justice Office of Juvenile Delinquency and Prevention (OJJDP), the National Institute of Justice Crime Solutions (NIJ/CS), Blueprints for Healthy Youth Development (BHYD), the Promising Practices Network of Programs that Work (PPN), the California Evidence-Based Clearinghouse for Child Welfare (CEBC), and the Center for Disease Control (CDC) have been noted.

- ✚ *The Colorado School Safety Resource Center (CSSRC) does not endorse any programs and takes no responsibility for any services mentioned below. The CSSRC offers these as information for further investigation by a district and/or school. The list is not exhaustive, and the CSSRC welcomes the addition of programs to this list as they become available, especially if they have evidence of effectiveness and adherence to best practice. Selection of programs should be based on many factors, including capacity to implement services and train deliverers with fidelity to the program model, appropriateness for the population served, and community needs. It is critical to evaluate available school and community resources and motivations.*
- ✚ *Exclusion from a registry, or a lower rating in a research category if a program is included, does not conclusively mean that the program is inferior or will not work for your community. In the selection of a program, the school/district must consider implementation success in like communities, steps to avoid mistaken implementation in consideration of the school population, access to implementation sites in event of questions/concerns, adaptations of the program, staffing requirements (number, qualifications), quality assurance mechanisms (preparation, adherence to model fidelity, assessments), training needs, and costs.*

A. Evidence-Based Programs

What makes an effective child sexual abuse prevention/personal safety program? According to studies, the most effective programs:

- Include children as physically active participants⁷
- Combine the techniques of modeling, group discussion, and role-playing/rehearsal⁸
- Engage participants for longer periods of time than less effective programs⁹
- Contain multiple sessions¹⁰

⁷ Davis, M.K. & Gidycz, C.A. (2000). Child sexual abuse prevention programs: A meta-analysis. *Journal of Clinical Child & Adolescent Psychology*, 29, 257-265.

⁸ *Ibid*; Topping, K.J., & Barron, I.G. (2009). School-based child sexual abuse prevention programs: A review of effectiveness. *Review of Educational Research*, 79, 431-463.

⁹ *Id.*, Davis & Gidycz (2000).

¹⁰ *Id.*, Davis & Gidycz (2000); Topping & Barron (2009).

- Incorporate parents/caregivers¹¹

This section lists interventions that have undergone rigorous, independent and peer-reviewed evaluation and have demonstrated proven positive outcomes. They appear in alphabetical order. Please consult each registry for specific definitions of program ratings.

- *NREPP **The National Registry of Evidence-Based Programs and Practices (NREPP)**, Substance Abuse and Mental Health Services Administration (SAMHSA) rating system was revised as of 2015. In a statement released by SAMHSA on January 11, 2018, [Elinore F. McCance-Katz, MD](#), PhD, Assistant Secretary for Mental Health and Substance Use, raised additional issues regarding the National Registry of Evidence-Based Programs and Practices. This statement explained some of SAMHSA's concerns about NREPP designations and the fact that SAMHSA will be taking a new approach to implementation of evidence-based practices (EBPs). The CSSRC will continue to use the previous NREPP designations until new guidelines are released.
- *OJJDP **Office of Juvenile Justice and Delinquency Prevention** (US Department of Justice) <http://www.ojjdp.gov/mpg/Program> Programs identified with this listing have been deemed effective by independent research. "Exemplary/Effective" Programs have demonstrated strong evidence that they achieve their desired outcomes when implemented with fidelity. Results have been replicated in at least one independent study. "Promising" Programs have shown some evidence they achieve their desired outcomes. More research is recommended.
- *NIJ/CS **National Institute of Justice Crime Solutions.** <http://www.crimesolutions.gov>. NIJ/CS rates the effectiveness of programs and practices in achieving criminal justice-related outcomes in order to inform practitioners and policy makers. Outcome ratings are identical to OJJDP.
- *BHYD **Blueprints for Healthy Youth Development** <http://www.blueprintsprograms.com/> is hosted by the Center for the Study and Prevention of Violence (CU Boulder). Programs included have been designated as "Model Plus," "Model," or "Promising" by a panel of independent experts as having met scientific standards of effectiveness for changing targeted behaviors and developmental outcomes. "Promising" programs are clear about desired outcomes, targeted risks/protective factors and populations, contain trials with valid and reliable findings including one random control trial and two quasi-experimental evaluations, show significant change in intended outcomes with no harmful effects, and are ready to disseminate. "Model" programs meet the above requirements, plus a minimum of two high-quality randomized control trials or one plus a high-quality quasi-experimental evaluation, as well as sustained positive intervention impact for a minimum of 12 months after the end of the intervention. "Model Plus" programs contain the above, plus a high quality study which is completed and funded completely independently from the program developer.
- *CEBC **California Evidence-Based Clearinghouse for Child Welfare** <http://www.cebc4cw.org/> Programs included from the CEBC are rated on a 1 to 5 Scale (1 being well-supported by research evidence, 2-supported, 3-promising, 4-fails to demonstrate effect, and 5-concerning program).
- *CDC **The Center for Disease Control Injury Center** <https://www.cdc.gov/violenceprevention/sexualviolence/prevention.html> conducts systematic reviews using a rigorous evaluation methodology for preventing sexual violence perpetration, and rates programs as effective or promising.

¹¹ Kenny, M. C., Capri, V., Thakkar-Kolar, R. R., Ryan, E. E., & Runyon, M. K. (2008). Child sexual abuse: From prevention to self-protection. *Child Sexual Abuse Review*, 17, 36-54. *Id.* Topping & Barron (2009).

*PPN **Promising Practices Network** <https://www.rand.org/pubs/tools/TL145.html> in partnership with the RAND Corporation, the Colorado Trust, and the Annie E. Casey Foundation, among others, began in 1997 and concluded in 2014, so new programs will not be reviewed here. The project is archived at this site with compiled research on programs for families and children.

“Proven” programs are publicly available, and have been studied with adequately-size groups in randomized trials to show a positive impact of statistical significance in at least one outcome area. “Promising” programs are also publicly available and have been studied in randomized trials, but the control group may lack comparability or control, and the proven outcomes have less significant change.

1. ACT (Adults and Children Together) Raising Safe Kids Program: Parenting Skills Training For Safe, Stable, Nurturing Childhood

(202) 336-5817

<mailto:jsilva@apa.org>

www.actraisingsafekids.org

Listing:	CEBC (Promising), NIJ/CS (Promising), OJJDP (Promising)
Description:	The ACT program, developed by the American Psychological Association Violence Prevention Office, is a well evaluated early prevention intervention focusing on <i>parents and caregivers of young children</i> . The program engages a variety of organizations and agencies and trains professionals (ACT Facilitators) to deliver the program research-based 9-session curriculum to groups of parents and caregivers. The purpose is to teach positive parenting skills and practices that help create safe, healthy, environments that protect children from adverse experiences and their lifelong consequences. The program is listed as effective for parent skills training by the <i>US HHS Department/Head Start Office</i> in the “Compendium of Parenting Interventions”; listed by <i>World Health Organization</i> as one of only three parenting programs in the “Handbook for Parenting Programmes”; and by the CDC Division of Violence Prevention. ACT is implemented in communities in the US, Puerto Rico and in several countries around the world. The research-based curriculum and materials are culturally oriented. There are training centers in several states in the US and around the world.
Target:	Caregivers of children, birth to eight years. It is a universal program helping minority parents, incarcerated parents, abused mothers and any parent who needs help raising safe and healthy children. Materials are translated into Spanish, Japanese, Chinese, Portuguese, Greek, Bosnian and Romanian.
Content:	Eight two-hour sessions, hard copies and CD-ROM, Power Point and brochures
Cost:	The program kit that professionals receive at the training costs \$150; Parent Handbook is \$25, and other parenting materials are available free by request.

2. Body Safety Training© (BST) Series

Sandy K. Wurtele, PhD.

719.255.4150

<mailto:swurtele@uccs.edu>

<http://www.sandywurtele.com>

Listing:	CEBC (Promising)
Description:	This is a ten-lesson course designed to teach students about general safety issues (fires, guns, poison, pedestrian and home alone concerns), as well as body safety (identifying private parts, safe vs. unsafe touching, and reporting). Lessons typically take 15-20 minutes.

Target:	Students grades PreK-3, parents
Content:	Workbook activities (English and Spanish editions)
Cost:	\$20.00 for parent workbook (\$7 for e-book), \$40.00 for curriculum for teachers

3. Botvin LifeSkills® Training (LST)

(914) 421-2525

<mailto:lstinfo@nhpamail.com>

<https://www.lifeskillstraining.com/>

Listing:	BHYD (Model Plus), NIJ/CS (Effective), NREPP (Legacy), OJJDP (Effective, multiple studies), PPN (Proven)
Description:	Life Skills Training is proven to reduce violence and risky behaviors such as tobacco, alcohol, and drug use. Designed as a universal prevention program, students learn personal self-management skills, social skills, and resistance skills. LST contains 30 sessions to be taught over three years (15, 10, and 5 sessions). Additional violence prevention lessons are available each year (3, 2, and 2 sessions).
Target:	Differentiated by elementary, middle, and high school students, with materials for post-secondary transition
Content:	All lessons include teacher/student guides and use demonstration, reinforcement and online resources. Stress-reduction CDs and other supplemental aids are also available.
Cost:	Varies per grade level, but approximately \$100 for teacher's manual, \$5 per student workbooks and \$20 per student CD/ROMs

4. Bringing in the Bystander

(603) 862-5023

<mailto:prevention.innovations@unh.edu>

<http://cola.unh.edu/prevention-innovations-research-center/bringing-bystander%C2%AE-person-prevention-program>

Listing:	CDC (Promising), NIJ/CS (Promising)
Description:	This highly interactive, researched and evaluated program curriculum uses a community of responsibility approach. It teaches bystanders how to safely intervene in instances where an incident may be occurring or where there may be risk. The program is customizable to reflect the locations, colloquialisms and culture of your campus. It is designed to be presented both as a 90-minute program and in a more comprehensive two-session program totaling 4.5 hours.
Target:	College students, faculty, staff and community members
Content:	The curriculum can be purchased and delivered via email to train-the-trainer at your campus, or facilitators can attend regional trainings to learn to implement the curriculum.
Cost:	\$1,700.00 with an end user agreement good for five years. Each purchase includes five hard copies of a fully developed and easy to use Facilitator's Guide, supporting documents, and electronic copies of the two interactive PowerPoints. Alternatively, you may join or host a regional training. This one day train-the-trainer program is for those who want to learn the curriculum in-depth such that they can train future facilitators within their campus community. Cost: \$1,700.00 for curriculum plus a participant fee of \$400.00 per person.

5. Coaching Boys into Men™ (CBIM)

<http://www.coachescorner.org/>

Listing:	CDC (Promising)
Description:	The program was developed by Futures Without Violence, https://www.futureswithoutviolence.org/engaging-men/coaching-boys-into-men/

a nonprofit dedicated to ending violence against women and children globally. CBIM provides high school athletic coaches with the resources they need to promote respectful behavior among their players and help prevent relationship abuse, harassment, and sexual assault. The curriculum consists of a series of lessons for weekly discussion, each of which takes 10-15 minutes. Offered through:

1. **Safe Shelter of St. Vrain Valley:** located in Northern Colorado, but serves the St. Vrain Valley, region, state and nation. Safe Shelter provides safety, support and resources to individuals impacted by relationship abuse. Through its comprehensive residential emergency shelter program and nonresidential services, crisis line and community education, the organization promotes empowerment and advocacy for the right of every individual to live an independent life free of intimidation, exploitation and abuse. **Safe Shelter** delivers the following additional prevention programs for teens:
 - **Athletes as Leaders**, is being piloted as a companion program to CBIM for female-identifying athletes in high school sports teams. As that program was just released in the summer of 2017, testing on its efficacy is underway. It is similar to CBIM, in that it aims to promote healthy relationships and end sexual violence, and empower female youth to take an active role in shaping positive school norms. It is a free, downloadable 10-session curriculum, created at the Harborview Center for Sexual Assault and Traumatic Stress at the University of Washington. It is available here: https://docs.wixstatic.com/ugd/3edff1_305a62787d154b2890d6d6857a40617e.pdf
 - **Teens Ending Relationship Abuse (TERA)** is a research-informed, peer-leadership development and prevention program that trains a core group of high school students about healthy relationships and the skills to deliver the TERA program to teens in a classroom or group setting. For more information about TERA: <http://safesheltertera.org/>

Jackie List, Executive Director

82 21st Avenue

Longmont, CO 80501

Office: 303-772-0432

24-Hour Crisis Line: 303-772-4422

Fax: 303-772-1576

jackie@safeshelterofstvrain.org

2. **Jana's Campaign™** <http://www.janascampaign.org/coaching-boys-into-men/> also provides resources to deliver CBIM in Kansas, Nebraska, Oklahoma, Texas and Colorado. Jana's Campaign provides education about and prevention against gender and relationship violence.

Kim Cebula, Executive Director

P.O. Box 647

Hays, KS 67601

785.656.0324

Target:	Coaches of and high school male athletes
Content:	Playbook to provide an overview of the program and tips, CBIM Card Series (Prep, Training, Half/Overtime, and Teachable Moment Cards)
Cost:	\$42 for a hard copy of the Coaches' Kit, or downloadable free online

6. Enhanced Assess Acknowledge Act (EAAA) Sexual Assault Resistance Education

info@sarecentre.org

sarecentre.org

Listing: BHYD (Promising)

Description:	This sexual assault resistance program is designed to help first-year university women resist acquaintance sexual assault. EAAA is the first and only evidence-based curriculum proven to reduce a woman's personal risk of sexual assault. In a randomized control trial, women who completed the EAAA training were 46% less likely to experience a completed sexual assault and 63% less likely to experience an attempted sexual assault in the year following. Sexual assault, self-efficacy, knowledge, and attitudinal benefits are maintained for at least two years. The program was developed in Canada and has been implemented in several other countries including the U.S. Florida Atlantic University was proud to be the first university in the United States to implement this program. EAAA has been tested with younger girls and a full adaptation is in development.
Target:	1 st year university women (inclusive of transwomen and all sexual identities)
Content:	The program consists of four 3-hour units that involve information-providing games, mini-lectures, facilitated discussion, and application and practice activities. Participants can attend group sessions for all the units in one weekend (two units each day) or for one unit per week for 4 weeks.
Cost:	\$3,500 CDN (including tax) to attend the train-the-trainer workshop which includes a three-year licensure and in-person and webinar training, as well as the Campus Trainer and facilitator manuals. Note that Campus Trainers can then train their own facilitators in all aspects of the program delivery except self-defense. Wen-Do Women's Self-defense is the EAAA's official collaborator for EAAA Facilitator training. Approved alternative empowerment self-defense instructors can be used outside of Canada. Contact Blueprints for estimate of program implementation costs. (http://www.blueprintsprograms.com/factsheet/eaaa-enhanced-assess-acknowledge-act-sexual-assault-resistance-education)

7. Families and Schools Together (FAST)

Delores Cooper, Community Relations Manager

888.629.2481

<mailto:answers@familiesandschools.org>

<https://www.familiesandschools.org/>

Listing:	CEBC (Promising), NIJ/CS (Effective), NREPP (Legacy) , OJJDP (Effective with multiple studies)
Description:	<p>The 8-week FAST Program brings multiple families together once a week in dynamic after-school gatherings. In each 2.5-hour session, a trained FAST Team guides families through a scientifically structured agenda of evidence-based activities that enhance parenting skills and reduce family stress while encouraging family bonding. As a result, the family unit of the FAST Child is systematically strengthened with experiences based on family therapy principles that help parents be firmly in charge of and lovingly connected to their children. Each FAST Session includes group activities as well as one-on-one parent-child interaction and parent group time. FAST has one of the highest retention rates among early intervention parenting programs – especially among low-income, stressed and isolated parents: 80% of families who attend one session will successfully complete the entire 8-week program.</p> <p>The program is a multifamily group intervention program designed to build protective factors for children, to empower parents to be the primary prevention agents for their own children, and to build supportive parent-to-parent groups. The overall goal of the FAST program is to intervene early to help at-risk youth succeed in the community, at home, and in school and thus avoid problems such as adolescent delinquency, violence, addiction, and dropping out of school. The</p>

FAST program achieves its goals by respecting and supporting parents and by using the existing strengths of families, schools, and communities in creative partnerships.

Target: Students PreK-5th grade and their parents. Materials are available in Dutch, German, Portuguese, Russian, and Spanish. The program has been implemented in school and community settings

Content: The FAST team members receive handbooks and training guides

Cost: Varies, so contact the provider for funding opportunities

8. Fourth R: Skills for Youth Relationships

519-858-5154

<mailto:thefourthr@uwo.ca>

www.youthrelationships.org

Listing: NIJ/CS (Promising), NREPP (Legacy), CASEL (Complimentary) OJJDP (Model)

Description: The Fourth R consists of a comprehensive, school-based program designed to include students, teachers, parents and the community, which aims to prevent the following adolescent violence and related risk behaviors: peer and dating violence, substance misuse, and unhealthy sexual behavior. The Fourth R program addresses these adolescent risk behaviors by focusing on relationship goals and challenges that influence their decision-making. Each grade level curriculum includes four units: (1) Personal Safety & Injury Prevention, (2) Substance Use, Addictions & Related Behaviors, (3) Human Development & Sexual Health, and (4) Healthy Eating. Mental health and well-being has been integrated throughout all units. All grade levels include access to the Skills for Effective Relationships video resource. The video clips are age/grade appropriate for students and help youth learn and practice healthy relationship skills such as assertive communication and conflict resolution skills. Through its universal approach, rather than solely targeting youth who show problems, the program builds resiliency in the entire population.

Target: Middle and high school health classrooms, high school English classrooms. Available in English and Spanish, public and Catholic school versions

Content: The curriculum binders and video resources provide teacher-friendly lesson plans, including bystander training, group learning instruction, role plays for skill practice and innovative teaching methods with a variety of activities to differentiate instruction, assessment and evaluation.

Cost: \$150 per grade for curriculum

9. Green Dot

571.319.0354

<mailto:info@livethegreendot.com>

<http://livethegreendot.com/>

Listing: CDC (Promising), NIJ/CS (Promising) OJJDP

Description: Green Dot is a bystander-based prevention program designed to increase positive bystander behavior, change social norms, and reduce sexual and other forms of interpersonal violence perpetration and victimization. Green Dot was designed for college populations but has been adapted for high school, community, and military populations. A study found that Green Dot was associated with reductions in unwanted sexual victimization and sexual harassment, stalking, and dating violence victimization and perpetration on a

	college campus implementing the program compared to two comparison campuses without the intervention.
Target:	High school and college students, communities, military populations
Content:	The program consists of a 5-hour training in bystander behavior for peer opinion leaders and campus/school-wide “persuasive speeches” to educate and engage the population.
Cost:	Varies depending on campus size and need.

10. The Incredible Years® (Classroom Dinosaur Curriculum)

303.839.1808

<mailto:info@iik.org>

<mailto:incredibleyears@incredibleyears.com>

<http://incredibleyears.com/programs/child/classroom-curriculum/>

Listing:	BHYD (Promising), CEBC (Well-Supported), NIJ/CS (Effective), NREPP (Legacy), OJJDP (Effective with multiple studies), PPN (Proven)
Description:	The Incredible Years® Classroom Dinosaur Curriculum is one component within a series of programs for children, parents, and teachers proven to reduce challenging behaviors and increase social-emotional learning and self-control skills. The Dinosaur Curriculum is school-based, Common Core aligned, and builds relationship and communication skills. The long-term goals of the internationally-implemented program are the reduction of delinquency, substance abuse and violence. A complementary parent-engagement component is not required, but is available.
Target:	The Incredible Years® Classroom Dinosaur Curriculum is targeted to ages 3-8.
Content:	Manuals, videos, instructional aids
Cost:	Approximately \$2,500 for one-time curriculum set purchase (Invest in Kids , a Colorado-based nonprofit organization, works with local communities to subsidize program related costs.)

11. Nurse-Family Partnership

866.864.5226

<mailto:info@nursefamilypartnership.org>

<http://www.nursefamilypartnership.org/>

Listing:	BHYD (Model), CEBC (Well Supported), NIJ/CS (Effective), NREPP (Legacy), OJJDP (Effective, multiple studies), PPN (Proven)
Description:	First-time pregnant women are paired with nurse home visitors to learn healthy practices before and after pregnancy, positive parenting skills, and avoidance of behaviors risky to themselves and their children. The Program boasts 37 years of demonstrable results which directly reduce the likelihood of child abuse: healthy pregnancy outcomes, improved child health and development, and economic self-sufficiency. To find a Colorado agency near you, please look here: http://www.nursefamilypartnership.org/locations/Colorado/find-a-local-agency
Target:	Prenatal mothers until the child reach about 24 months.
Content:	Regularly-scheduled home visits by trained nurses on a gradually decreasing scale as the child ages.
Cost:	Free. Find your closest agency provider here: http://www.nursefamilypartnership.org/locations/Colorado/find-a-local-agency

12. Nurturing Parenting™

800.688.5822

FDR@nurturingparenting.com

<http://www.nurturingparenting.com/>

Listing:	CEBC (Promising for children 5-8), NREPP (Legacy)
Description:	Nurturing Parenting has a suite of Primary Prevention (Education) programs, Secondary Prevention (Identification), and Tertiary Prevention (Treatment). Content includes nurturing skills for parents and teen parents as well as modules for the military, single mothers, teens, and elementary students.
Target:	Parents (including prenatal) materials for Latino, Black, Asian, Pacific Islander, Middle Eastern, Hmong and Somali families, children with special needs, infants to teens
Content:	CD/DVDs, manuals, games, instructional aids
Cost:	For school-based programs, approximately \$150 per grade inclusive of teacher's manual and instructional aids. There are many add-ons available on multiple topics.

13. Positive Action® Program

800.345.2974

<mailto:info@positiveaction.net>

<https://www.positiveaction.net>

Listing:	BHYD (model), NIJ/CS (Effective), NREPP (Legacy), OJJDP (Effective, multiple studies), CASEL (SElect Model), and What Works Clearinghouse
Description:	Positive Action is a Pre-K-12 school-based program which integrates pro-social curriculum for 15 minutes two to four times per week. It also has components for climate development, counseling, and family and community engagement. Beginning with the Thoughts-Actions-Feelings about Self Circle, the curriculum then moves into teaching positive actions (skills/healthy practices) for physical, intellectual, social, and emotional areas. In addition to a reduction in sexual risk behaviors and violent behaviors, students report an increase in emotional regulation and academic performance. It is aligned with Common Core.
Target:	Differentiated by grade level for students PreK-12, Spanish option available
Content:	Posters, games, music, puppets, and manipulatives, plays, radio scripts, stories, journaling
Cost:	Delivery of training differs depending on whether face-to-face, on site (\$3,000 per day plus travel expenses) or online (\$300 per hour), but grade kits run \$400-550 each.

14. RealConsent

<mailto:info@behavioralsciencetech.com>

<https://www.ibridgenetwork.org/#!/profiles/4005658529748/innovations/399/>

Listing:	CDC (Effective)
Description:	RealConsent is an online training program for sexual assault prevention. The program's framework is based on social cognitive theory, social norms theory and the bystander decision model. The program was rigorously tested with a randomized controlled trial and is listed on the CDC's website. The six modules communicate key themes using a high degree of interactivity and engagement. Definitions, scenarios, survivor stories portrayed by actors, expert testimony, advice from peers, and interactive quizzes and games are utilized throughout. There are also scenarios that ask the student to decide whether informed consent is possible, after providing guidelines for what constitutes consent. A serial drama (titled "Crew") provides educational entertainment and highlights a group of male

	friends that model both positive and negative outcomes for key behaviors and instruct on relevant topics including: knowledge of informed consent, communication skills regarding sex, the role of alcohol and male socialization in sexual violence, empathy for rape victims, and bystander education
Target:	College-age men
Content:	Six thirty-minute modules
Cost:	This program is still in its beta testing phase and will be available soon. Use the contact information for more information or to be included in beta testing.

15. Ripple Effects Whole Spectrum Intervention System

800.259.6618

<mailto:info@rippleeffects.com>

<http://rippleeffects.com/>

Listing:	NREPP (Legacy)
Description:	Developed by Alice Ray, the creator of Second Step at the Committee for Children, Ripple Effects is a trauma informed digital tool that personalizes instruction to the particular learning style and risk and protective factors of each learner. Ripple Effects is intended to provide Tier 1, 2, and 3 PBIS/MTSS level supports for students. It includes a library of 191 lessons for elementary students and 420 for secondary students. Modules include information on personal safety training, character education, management of feelings, decision-making, bully prevention, substance abuse prevention, and connection to community. The teen program also includes lessons on sexual harassment, vandalism, truancy, and dating violence.
Target:	Modules for elementary and teen students, and staff
Content:	Customizable and differentiated lesson track for every student. The program can be used for systematic training, targeted prevention, and/or individualized intervention and guidance.
Cost:	Software license pricing varies, starting at one time cost of \$3,300—available licensing for 5, 10, or 30 computers, or school-wide.

16. Safe Child Program

Sherryl Kraizer, PhD

303-809-9001

kraizer@safecild.org

<http://safecild.org/educators-2/safe-child-program-prevention-of-child-abuse/>

Listing:	CEBC (Promising), PPN (Promising)
Description:	Designed to teach prevention of sexual, emotional, and physical abuse by people known to the student, prevention of abuse and abduction by strangers, and self-care in a non-threatening manner. It is a ten-lesson program, video-based, followed by role-play. Each year from preschool through grade 3 provides ten age-appropriate, video-based lessons, followed by role-play.
Target:	Students grades PreK-3 (modules in English, Spanish, French, Creole)
Content:	DVDs, family materials
Cost:	\$95 for preschool/parent/teacher program and \$395 for prek-3 student/parent/teacher program

17. SafeCare® Colorado

800.799.5876

SafeCare.CO4KIDS.org

<http://safecare.publichealth.gsu.edu/>

Listing:	CEBC (Supported), NREPP (Promising for redirection of victimization and
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maltreatment)

Description:	Overseen by the Kempe Center® (see p. 26 below) and delivered by trained parent support providers, SafeCare® Colorado is a home-based rather than school-based model, but is included here due to its significantly promising outcomes and listing on the NREPP. Targeted to families at high risk of entering the child protection system, referrals to this voluntary program are typically made by child welfare departments, public health agencies and community partners. School officials are encouraged to make referrals, and self-referrals are also accepted. SafeCare® Colorado is a parent support program for those who need extra support to keep their families safe and healthy. Parent support providers help build existing skills in the areas of parent-child interactions, home safety and child health. SafeCare® Colorado is delivered in the home or another convenient location by trained parent support providers.
Target:	Parents and caregivers with children 0-5 years of age
Content:	60-90 minute home visits for 18 to 20 weeks (about 4-6 months)
Cost:	Free and voluntary. SafeCare is available in 41 counties and two tribal nations in Colorado as of this printing. Interested parties should visit the Colorado Office of Early Childhood in the Department of Human Services at SafeCare.CO4Kids.org

18. Safe Dates (Second Edition)

(800) 328-9000 ext. 4324

<mailto:customersupport@hazeldenbettyford.org>

<https://www.hazelden.org/web/go/safedates>

Jana's Campaign™ delivers Safe Dates in Colorado <http://www.janascampaign.org/programs/>

Listing:	BHYD (Promising), CDC (Effective), NIJ/CS (effective), NREPP (Promising for victimization and maltreatment disruption and behavioral disorders), OJJDP (Effective), PPN
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Description:	Safe Dates helps adolescents and teens understand the difference between manipulative, controlling and abusive relationships and caring, supportive ones. It is instructive on positive communication, anger management and conflict resolution. Adolescents in the program reported less psychological and sexual abuse in follow-up reports than control groups.
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Target:	Middle and high school students and their families
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Content:	Ten-session dating abuse curriculum (manual with CD/ROM) with family materials, including optional drama and art activities.
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Cost:	\$245
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19. Second Step®: Skills for Social and Academic Success

800.634.4449

<mailto:support@secondstep.org>

<http://www.secondstep.org>

This curriculum is available under the name "Safety Smarts" through the **Voices Carry Child Advocacy Center** in Larimer County. <http://www.voicescarrycac.org/programs-services/school-based-programming/>

Listing:	CDC (Promising), NIJ/CS (Effective), NREPP (Promising), OJJDP (Effective, multiple studies), PPN (Promising), CASEL (SElect)
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Description:	The Second Step®: Skills for Social and Academic Success is a suite of prevention products. Created by the Committee for Children and originally named Second Step: A Violence Prevention Curriculum (2002, updated in 2011), the program has been shown to increase socio-emotional competence and reduce impulsive and aggressive behaviors.
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A Bullying Prevention component was added later, and the Child Protection Unit (CPU) was developed in 2014. (<http://www.cfchildren.org/second-step>) Although this unit is not yet evidence-based as a stand-alone program, it follows best

	practices. It was guided by the principles of <i>Talking About Touching: A Personal Safety Curriculum</i> . Differentiated by grade level, topics include general safety rules (guns, fire, water), safe adults, body safety, and reporting. Pre-K activities take 5-7 minutes, K-3 take 20-35 minutes, and grades 4-5 take 35-40 minutes.
Target:	For CPU--Pre-K through grade 5, school administration and staff, caregivers. English/Spanish (Other Second Step programs are targeted to students up to 14)
Content:	Unlimited online staff training, student notebooks, poster, digital content for each lesson is available via DVD or via streaming for each grade, family materials, implementation tools and support resources for staff. Puppets for grades K-1 (purchased separately or substitute your own), songs for elementary students.
Cost:	Each grade level individually \$209. Grades Pre-K through 5 bundle = \$1,319, K-5 Bundle = \$1,129. Check your local Children's Advocacy Center (CAC) for free trainings for schools. CACs are listed below in section VI.

20. Shifting Boundaries: Lessons on Relationships for Students in Middle School

Bruce Taylor, PhD

NORC at the University of Chicago

<mailto:taylor-bruce@norc.org>

301.634.9512

http://www.preventconnect.org/2013/05/shifting_boundaries/

Listing:	CDC (Effective), NIJ/CS (Promising), OJJDP (Promising)
Description:	Shifting Boundaries is a multi-level primary prevention program for middle school students that addresses sexual harassment and teen dating violence (TDV) as precursors or risk factors for TDV. It is unique in that it embraces a whole-school approach by using four school-wide interventions as well as classroom lessons. The classroom curriculum is comprised of four to seven lessons. It addresses boundary-setting, measuring personal space, avoidance of inappropriate behaviors including sexual harassment, appropriate response, consequences, and mapping safe and unsafe spaces at school. The four school-wide interventions include using temporary school-based restraining orders called "respecting boundaries agreements"; mapping safe and unsafe areas of the school; the adjustment of school security and supervisory personnel based on the location of the "hotspots"; raising awareness among school faculty around the "hotspots"; and the use of posters to increase awareness and encourage reporting of incidents to school officials.
Target:	Differentiated lessons for 6 th , 7 th and 8 th grade students , as well as school-wide interventions
Content:	Curriculum guides outline role-play and bystander intervention activities, suggestions for self-reflection, and instruction on corrective action.
Cost:	Free

21. Stewards of Children (Darkness to Light)

866.FOR.LIGHT

<mailto:stewards@d2l.org>

<http://www.d2l.org>

Listing:	CEBC (Promising), OJJDP (Promising)
Description:	<i>Stewards of Children</i> is a 2 hour training that teaches adults to prevent, recognize, and respond responsibly to child sexual abuse. The training is available through the Blue Sky Bridge Children's Advocacy Center (<i>see pp. 23 and 45 below</i>) https://blueskybridge.org/our-work/education/ , the Voices Carry Child Advocacy Center in Larimer County, http://www.voicescarrycac.org/programs-services/school-based-programming/ , the Western Slope Center for Children, http://www.wscchildren.org , and Illuminate Colorado through its coalition partner

	Sexual Abuse Forever Ending (S.A.F.E.) mailto:ewhite@illuminatecolorado.org . Check with your local Children’s Advocacy Center and the School Safety Resource Center for other local offerings near you.
Target:	Teachers, parents, youth-serving organizations, social workers, medical professionals.
Content:	This curriculum is offered in either a two-hour in-person or online lecture format. It covers five essential steps for effective sexual abuse prevention.
Cost:	\$10 per person (ask Illuminate Colorado for potential grant information). Facilitator training also available through the website.

22. Triple P Positive Parenting Program and Teen Triple P

Triple P America

803 451 2278

<mailto:contact.us@triplep.net>

<http://www.triplep.net/glo-en/home/>

Listing:	BHYD (Promising), CEBC (Promising research evidence for parent training, supported by research evidence for prevention), NIJ/CS (Effective), NREPP (Legacy), (OJJDP (Effective), PPN (Promising)
Description:	The Triple P – Positive Parenting Program® is a parenting and family support system designed to prevent – as well as treat – behavioral and emotional problems in children and teenagers. It aims to prevent problems in the family, school and community before they arise and to create family environments that encourage children to realize their potential. Triple P draws on social learning, cognitive behavioral and developmental theory as well as research into risk factors associated with the development of social and behavioral problems in children. It aims to equip parents with the skills and confidence they need to be self-sufficient and to be able to manage family issues without ongoing support. Parents learn age-appropriate skills and methods on healthy boundaries, active skills training, discipline techniques, adolescent development, communication, and child abuse. Provides a tiered five-level system of treatment. It is a proven system with a suite of programs adaptable to community needs. It is delivered in the home or at a community gathering. Reductions in child abuse are measurable (between 16-22% fewer hospitalizations, out of home placements and confirmed cases).
Target:	Parents and caregivers of children 0-12 years of age, English and Spanish. Teen Triple P is for children 12 to 16 years and their parents.
Content:	Lecture/discussion, observation
Cost:	Varies by program

23. Who Do You Tell™? (Calgary Communities Against Sexual Assault)

Calgary Communities Against Sexual Abuse

403.237.6905 extension 228

<mailto:wdyt@calgarycasa.com>

<http://www.whodoyoutell.com/>

Listing:	CEBC (Promising), PPN (Promising)
Description:	Who Do You Tell?™ (WDYT?™) is a comprehensive body safety program with sexual abuse and domestic violence components. Delivered in two 45-minute sessions, the curriculum encourages assertiveness through knowledge of body parts, identification of trusted adults, children’s right to say no, and reassurance that child sexual abuse could never be the child’s fault. The program offers facts about child sexual abuse and empowers communities to speak openly about the issue. Included is a one-hour teacher training which provides an overview of the curriculum, identification of abuse, and tips on response to disclosure. A parent

	informational meeting is also part of the program. It is school-based, but can be adapted for community settings.
Target:	Students, grades K-6, Catholic module, some South Asian, Jewish, Muslim illustrations
Content:	One-hour training video for teachers, DVD/videos, games and activities
Cost:	Varies depending on licensing options selected by purchaser

24. The Women's Program

405.338.8046

<mailto:john.foubert@gmail.com>

<http://www.oneinfourusa.org/thewomensprogram.php>

Listing:	OJJDP (Promising)
Description:	This is a sexual assault risk-reduction program that is designed to teach college women bystanders about sexual assault, characteristics of male perpetrators, and how to intervene. Confidence in the ability and willingness to intervene increased significantly for the experimental group.
Target:	Female college students
Content:	Book, DVDs and curriculum
Cost:	Guides are \$70 for a package of 10, DVDs range from \$50 to \$150

B. "Best Practice" Programs

The following programs have undergone internal evaluations or studies but are not listed by one of the national evidence-based/evidence-informed registries above. These programs contain specific objectives of current "best practice" research.¹² Scientific research reveals that the elements of best practice may include whether the program:

- Is grounded in theoretical framework
- Contains multiple lessons with specific content over a period of years with multiple reviews with homework
- Has appropriate training for instructors
- Encourages community involvement
- Addresses polyvictimization
- Helps children identify safe adults
- Helps adults build confidence in building safety
- Addresses children with special needs
- Contains an Internet safety component
- Contains a body safety component
- Can be tailored to community needs
- Multidisciplinary (meets the core educational needs in environment)
- Teaches children that sexual abuse is not their fault
- Addresses grooming behaviors
- Is interactive
- Addresses proper disclosure

¹² National Center for Missing and Exploited Children's Guide for Choosing a Community-Based Safety Program (1999); Prevent Child Abuse America's State and Federal Legislative Efforts to Prevent Child Sexual Abuse: A Status Report (2015); Center for Disease Control's Sexual Violence: Prevention Strategies (2015), among other various studies.

No program MUST include all of these features to be effective, as programs are targeted for different audiences. “Best practice” differs for programs targeted for children, parents, communities, and professionals, so the selection process must consider the purpose for each intervention in determining whether it follows best practices and fits the community needs. It is important to remember that many prevention programs have no evidence proving their effectiveness, and many are implemented without fidelity to models or quality control. Such programs can waste resources, or more importantly, cause actual harm. Some of the programs below are undergoing current review, which can be a prolonged and expensive process. This manual will be updated as that research becomes available. The programs are listed alphabetically.

1. The Blue Bench (Formerly RAAP)

Susie Roman, MA, Director of Prevention and Education

P.O. Box 18951

Denver, CO 80218

303-329-9922

<mailto:info@thebluebench.org>

<https://thebluebench.org/prevent/our-programs/https://thebluebench.org/prevent/our-programs/>

Counties	Denver Metro
Served:	
Description:	<p>The Blue Bench offers a number of scientifically-supported prevention programs and education workshops which are aligned with Colorado’s Comprehensive Health Standards for grades 6-12:</p> <ul style="list-style-type: none"> ● Keeping Kids Safe (for elementary students’ parents, teachers, and other adults serving children and adolescents) is a two-hour workshop designed to empower participants with knowledge and strategies to proactively take steps to keep youth safe, have developmentally-appropriate discussions with youth about sexual violence, recognize red flags, and intervene when concerned about a child. ● Let’s Talk About it: Sexual Assault Prevention for Youth is designed for middle school students and delivered in a flexible five-hour format focusing on healthy relationships, boundaries, gender roles, consent, dynamics of sexual harassment and violence, and skill-building to become an active bystander. ● Bringing in the Bystander® is an evidence-based program developed by the University of New Hampshire (see p.10). The Blue Bench has adapted it for high school students, where it is deliverable in a flexible format, from 90 minutes to multiple sessions adding up to 5 hours total. It is designed to increase high school students’ knowledge about the dynamics of sexual violence, empathy for survivors, and skills to engage in safe bystander intervention. ● Knowledge is Power is a one to two-hour community workshop designed to educate participants about dynamics of sexual assault. Participants will gain knowledge in order to challenge common misconceptions and support survivors. ● Safety and Empowerment Skills are three to six-hour classes for individuals who are age 13+ years old and female-identified, trans-identified, gender non-conforming, non-binary and gender expansive. Participants learn verbal assertiveness skills and physical techniques designed to be effective against a perpetrator regardless of the perpetrator’s size and strength. ● iEmpathize: The Empower Youth Program (See, Programs to Prevent Human Trafficking--in Section III in this Resource Guide, below)
Target:	Differentiated modules for middle and high school students and parents
Content:	Lecture and discussion, role play
Cost:	Free

2. Blue Sky Bridge

Robin Friesen-Holwell, MS, LMFT, Program Manager and Therapist

303.444.1388

<mailto:rfriesen-holwell@blueskybridge.org>

<https://blueskybridge.org/our-work/education/>

Available in the Boulder Valley and St. Vrain Valley School Districts.

Description: Blue Sky Bridge is a Colorado Children’s Advocacy Center (CAC) (See pp. 33-35 of this guide.) The children’s portion of Blue Sky Bridge’s program consists of four 30-minute class presentations. The curriculum includes safe/unsafe touching rules, identification of trusted adults, reporting, and the NO, GO, TELL plan of action. Blue Sky Bridge also offers Darkness to Light’s *Stewards of Children* training. Parents receive separate training on identifying abuse, promoting safe environments, and responding to disclosure. Teachers receive similar instruction, plus information on mandatory reporting laws. There is always a CAC professional on hand at the presentations to respond appropriately to potential disclosure. Blue Sky Bridge also has professionals trained to facilitate Stewards of Children (see p. 14 above), a safe environment program for adults.

Target: 3rd graders, their parents and teachers

Content: Presentation by trained facilitators utilizing puppets, storybooks and role-plays

Cost: Free

3. Child Lures® Prevention’s

a. Think First and Stay Safe™ Adult Training and Youth Curriculum (for students Prek-6) and

b. Teen Lures™ TV Newscast School Program (for students grades 7-12)

Jennifer Mitchell, National Child Safety Expert

800.552.2197

<mailto:info@childluresprevention.com>

<https://www.childluresprevention.com>

Description: Per Child Lures® Prevention: these programs are school-based curricula, standards and research-based, and turnkey school resources. They meet mandates for bullying/harassment/sexual violence prevention education. Think First & Stay Safe has been scientifically evaluated and approved as evidence-based curriculum by the State Departments of Education in Pennsylvania, Alabama, Indiana, Iowa, Illinois, Georgia, Vermont, New York and Colorado, with others pending. It aligns with the Colorado Department of Education’s Comprehensive Health Standards, grade specific. 2018 Edition. Updated Annually.

- a. Think First & Stay Safe™ Adult Training and Youth Curriculum** teaches youngsters about healthy relationships and pro-social behaviors while nurturing kindness and mutual respect. Short Training Modules & grade-specific scripted Lesson Plans provide a user-friendly and engaging approach to teaching students personal safety education. Students learn to set, respect and assertively defend personal and digital boundaries. Interactive discussions and activities promote each child’s right to body ownership and safety. Students identify Trusted Adults, learn that all secrets can be told, and are reassured that abuse is never a child’s fault. Students (Grades 3-6) are also taught how to recognize and avoid behaviors used to groom and abuse youngsters. Students learn that bullying/cyberbullying, harassment, physical and sexual abuse are against the law, and are encouraged to ask trusted adults for help with all safety issues. Proven prevention strategies help lower risk of child sexual abuse, bullying, harassment, child luring and Internet/electronic crimes. Builds on skill
-

set each year. 5-7 Lessons taught per grade, per year. To preview curriculum components online, email info@childluresprevention.com.

- b. The Teen Lures TV Newscast** is an innovative peer teaching/learning curriculum that promotes healthy relationships and personal safety. Teens collaborate on Student Anchor-led Newscasts, (5 min.) followed by Educator-led discussions and activities. Each of the 10 student-led Newscast promotes media literacy and provides opportunities for teens to peer teach and learn about healthy relationships, consent and other important issues facing young people today. Behavioral goals are to encourage open student-student and student-adult dialogue, change unhealthy cultural norms and reduce harassment, dating violence, sexual assault, bullying/cyberbullying, sexting, identity theft, online luring, suicide and human trafficking. Suggested Teaching Schedule: 5 Lessons/Newscasts per year. To preview curriculum components online, email info@teenluresprevention.com.
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Target: Think First & Stay Safe™ Adult Training and Youth Curriculum for use in Grades PreK- 6; Teen Lures™ TV Newscast School Program, for use in Grades 7-12. (Take-home materials and Posters available in English and Spanish.)

Content: Grades PreK-6: Unlimited Staff Training, differentiated interactive lesson plans for each grade level, with corresponding PowerPoint Presentations, Student Activities and Take-home Handouts (PreK-2), Role Playing Scenarios, Positive Thinking Skills, Videos and Video Links for each grade, Classroom Posters, Parent Welcome Letter & Tips, Pre/Post Student Evaluations. Includes web-based Training Modules for Parents and Guardians. (Optional: Student Personal Safety Workbook and Parent Guide, 20 pp.)
Grades 7-12: Ten (10) Student Anchor Scripts/Video News Clips/Scripted Class Discussions (two manuals; Grades 7-8 and 9-12, differentiated activities for each grade), interactive class activities, practice scenarios and role-playing, Take-home worksheets/handouts with helplines and School Posters (Optional: Let's Talk Teens parent handbook.)

Cost: The comprehensive toolkit is \$489/school for either PreK-6 or 7-12, unlimited use within each school. (Bulk Rates available for 6+ kits. Site licensing for online access available for District-wide implementation.) Think First Parent Guides, \$1.00/each; Student Personal Safety Workbooks, for Grades 3-6, \$1.25/each; Let's Talk Teens parent handbook,\$1.25/each. Each is 20 pages, color illustrated, English or Spanish.

4. Childhelp® Speak Up Be Safe

480.922.8212

<mailto:info@childhelp.org>

<https://www.childhelp.org/subs/childhelp-speak-up-be-safe/>

Description: *Childhelp Speak Up Be Safe Prevention Education Curriculum* is a comprehensive program that helps children and teens learn the skills to prevent or interrupt cycles of neglect, bullying, cyberbullying and child abuse – physical, emotional, and sexual. We also teach internet safety. The program uses an ecological approach to prevention education by providing materials to engage parents and caregivers, teachers, school administrators and community stakeholders. In addition to increasing children’s abilities to recognize unsafe situations or abusive behaviors and building resistance skills, lessons focus on helping children build a responsive safety network with peers and adults that the child identifies as safe. Childhelp Speak Up Be Safe Prevention Education Curriculum is research-based and evidence-informed and is aligned with Common Core standards. The content and delivery of all lessons is based on best practices from research in child development, learning styles, social psychology, and child abuse and neglect

prevention. Lessons at each grade level focus on the risks children at that age might encounter. Trained and certified facilitators deliver age-appropriate lessons twice a year for Pre-Kindergarten through 12th grade students.

Target: Modules for students grades PreK-12, and youth sports

Content: Personalized online profiles and resources for each facilitator of the lessons, virtual campus, take home items after each lesson, reinforcement activities after the unit is completed, assessments, videos, kinesthetic learning.

Cost: \$2 per student on an annual basis.

5. Circles of Safety® from Stop it Now!

Jenny Coleman, Director

413.587.3501

<mailto:jcoleman@stopitnow.org>

<http://www.stopitnow.org/circles-of-safety>

Listing: CEBC (not rated)

Description: Stop it Now! is a multi-tiered public health resource designed to help adults create effective programs to prevent child sexual abuse. Including a helpline, advocacy, prevention and other trainings, Stop it Now! provides the tools to help adults take action tailored to their communities. Circles of Safety® provides a customized training experience ranging from short online training modules to a three-day training for leadership planning and implementation of safety policies and procedures, which can include “Train the Trainer” modules. The consultation is highly customizable for each organization. The leadership team checks in quarterly to adjust and modify safety planning.

Target: Caretakers of students in youth-serving organizations and higher education students and staff.

Content: Training and consultation on strategies, policies and practices to make organizational change for the prevention of sexual abuse of children.

Cost: Varies depending on type and scope of training. Includes follow-up consultation for a full year.

6. Date Safe Project (DSP)

info@DATESAFEProject.org

<https://www.datesafeproject.org/k12/miky-instructors-guide-curriculum/>

Description: The Date Safe Project is a full complement of sexual assault prevention materials including programs and workshops, curriculum, and online support. The program teaches concepts basic to healthy relationships, including consent, respect, responding to risk, supporting survivors, etc. Options include assemblies and seminars (contact DSP) a Train-the-Trainer for educators, staff and student leaders (contact DSP), and curriculum packages.

Target: Middle and high school students, educators

Content: The curriculum *Can I Kiss You?* contains approaches for engaging teens and preteens, handling hecklers and using appropriate and helpful humor in workshops, customizing content to the specific school, integrating age of consent laws into the discussion, answering tough and awkward questions, using technology to make the content more relatable and fun to learn, inclusiveness of all genders and sexual orientations, converting stats on sexual violence into experiential exercises, and a word-for-word script of the entire presentation.

Cost: \$148 for Interactive Package (Instructor’s guide, emailed pdf, and a paperback copy of the book *Can I Kiss You?*)

\$497 for Full Curriculum (same as above, plus 30 paperback copies of the book *Can I Kiss You?* This item was available for half price as of June, 2018.

\$697 Ultimate Teacher’s Pack (same as Full Curriculum, plus “Voices of Courage”

ebook, "HELP! My Kids are Dating!" DVD, 17 posters and 12 Shirts. This item was available for half price as of June, 2018.

7. Family Life and Sexual Health (FLASH)

<https://www.etr.org/flash/>

Available in Colorado through:

1. Kindling Communication
Ruthie Kolb, Sexual Education Consultant
574.309.1632
<mailto:ruthie@kindlingcommunication.com>
2. Durango Sexual Assault Services Organization
Maura Doherty-Demko, Executive Director
<mailto:maura@durangosaso.org>

Description:	FLASH is a comprehensive sexual health education curriculum developed by Public Health Seattle- King County. It is designed to prevent teen pregnancy, STDs, and sexual violence. Lessons include navigating puberty, abstaining from sex, reporting of sexual abuse and assault, and communication with family and friends about sexual health and dating. Training of facilitators recommended but not required.
Target:	Elementary, middle, and high school student modules, up to age 21, including adaptations for disabled students
Content:	Presentation (PowerPoint) and worksheet, small group discussion. Extension opportunities by content area are available depending upon the lesson. Guidance for organizing speakers and panels is included.
Cost:	Depends on online subscription or print versions

8. Front Range Center for Assault Prevention

Victoria Strong, MA, MNM- Executive Director
720.210.4801

<mailto:victoria@frontrangep.org>

<http://www.frontrangep.org/>

Counties Served:	Colorado Front Range primarily, but contact Front Range CAP to inquire about your school.
Description:	<p>Front Range CAP is the Denver/Boulder chapter of the International Center for Assault Prevention (ICAP) http://www.internationalcap.org/. The curriculum is focused on reducing the vulnerability of children and adolescents to all types of abuse and neglect through prevention education and advocacy. The curriculum covers bullying, stranger awareness, and sexual abuse prevention.</p> <p><i>Child Assault Prevention (CAP) Project:</i></p> <ul style="list-style-type: none">● Preschool CAP is taught in 40-minute sessions over two days. It reviews safety rules, stranger awareness, body safety, and helps students identify bullying behavior.● Elementary CAP is delivered in one-hour sessions over two days (30 minutes for kindergarten). Strategies for handling dangerous situations (bullying, abduction, assault) are presented, children are taught how to identify safe adults, and facilitators answer concerns/questions about unsafe situations.● Teen CAP is designed for middle and high school students. The curriculum, delivered in three one-hour modules, addresses dating violence, sexual harassment, gender stereotypes, and proper intervention through empathy, assertiveness, impulse control and anger management.● Teacher/Staff Workshop is comprised of two 2 ½ hour in-service presentations at the staff's convenience before the children are trained. It covers identification and prevalence of abuse, mandatory reporting requirements, strategies for reinforcing the messaging at home, and suggestions for follow-up lessons.

Parent Workshops are required before prevention skills are taught to the children. Parents are exposed to the messages in the curricula, learn how to reinforce the prevention techniques at home, and are empowered to ask questions.

Target: Modules for preschool, elementary, middle/high school students, school staff, and parent audiences.

Content: CAP-Guided group discussion, songs, role-play
Teen CAP- Role play, anonymous question box, drama/monologues
Teacher/Staff Workshop-resource guide, parent handouts

Cost: Varies

9. Keeping Your Children Safe in the Real and Virtual World, You are Not Alone, and Recognizing and Reporting Child Abuse (Dallas Children’s Advocacy Center)

Dianna Smoot, Community Education Director, Dallas Children’s Advocacy Center (DCAC)

<mailto:trainingcenter@dcac.org>

<https://trainingcenter.net/product/parent-child-curriculum-package>

Description: Training videos for parents (*Keeping Your Child Safe in the Real and Virtual World*—22 minutes), and for children (*You are Not Alone*—10 minutes) are designed to teach the basics of personal safety in the real and online world. Students learn about criteria for a safe home, identifying inappropriate touch, how to report, and the dangers of sharing personal information or inappropriate pictures online.

Recognizing and Reporting Child Abuse (36 minutes) is designed for professionals working with children on a regular basis and includes information on the realities of child abuse, how to recognize physical and behavioral signs of the various forms of child maltreatment (sexual abuse, physical abuse, emotional abuse, neglect and domestic violence), grooming behaviors, and how to make a report of suspected abuse as required for mandated reporters. This professional development curriculum offers compliance tracking for supervisors. In addition, agencies have the opportunity to co-brand the training videos and supplemental materials to be state and/or organization specific. This would provide the ability to incorporate specific statute and reporting numbers in the training.

Target: *Keeping Your Child Safe in the Real and Virtual World* and *You Are Not Alone* are for students ages 8 to 14 and their parents, home-based. *Recognizing and Reporting Child Abuse* is for professionals in child-serving agencies.

Content: Each of the programs also includes supplemental materials, available in hard copy for a fee or a free download via the online subscription included as part of the initial curriculum purchase. These include a facilitator’s guide, case studies, and course-specific handouts.

Cost: \$179.00 (\$349 for the set of three)

10. Kempe Center for the Prevention of Child Abuse and Neglect

<mailto:Kempe.Center@ucdenver.edu>

<http://www.ucdenver.edu/academics/colleges/medicalschool/departments/pediatrics/subs/can/Pages/ChildAbuseNeglect.aspx>

The Gary Pavilion at Children’s Hospital Colorado

Anschutz Medical Campus

13123 E. 16th Avenue, B390

Aurora, CO 80045

303.864.5300

Description: The Kempe Center provides clinical care, advocacy, research, and education, partnering with policy makers, human service agencies, child advocacy groups and nonprofits to prevent child abuse and neglect and to treat victims of abuse and

neglect. The Center is affiliated with The Children’s Hospital and a program at the Department of Pediatrics, School of Medicine, University of Colorado at the Anschutz Medical Campus, where it has its home. The Kempe Center improves the care and well-being of all children by strengthening families, communities, and the systems that serve them. The Center serves families across the Rocky Mountain West, in multiple states, and consults across the globe. See Kempe’s website <https://Kempecenter.org> for a full listing of services and resources.

Among a multitude of programs dedicated to improved outcomes for infants and children, the following prevention programs are currently available:

- **Kempe CARES** (Consultative And Reflective Educational Support) An early childhood prevention program adapted from the curriculum of ZERO TO THREE, <https://www.zerotothree.org/a> D.C.-based nonprofit engaged in ensuring the safety of infants and toddlers. The program is mostly available at child care centers and preschools, and reduces abuse risk factors by promoting social-emotional development and strengthening parent-child relationships.
- **SafeCare® Colorado** (profiled above p. 17.)
- **Perpetration Prevention Program (PPP):** Reduces the risk of children being abused or becoming abusive as children, as adolescents, and ultimately, as the next generation of adults by promoting primary, secondary, and tertiary perpetration prevention strategies. Understanding and responding to the sexual behavior of children is a primary pillar of these strategies. Kempe charges \$450 to train facilitators. **The Child Sexual Abuse Prevention Specialist at the Colorado School Safety Resource Center (CSSRC) is a trained facilitator and the CSSRC offers the PPP workshop free of charge.**
- **The Kempe Center collaborates with the Colorado Department of Human Services to create online and in-person training** for caseworkers and other professionals (including online training for mandated reporters offered free of charge at <https://www.coloradocwts.com/mandated-reporter-training>)

Target:	Kempe CARES: Children to three years and their parents Safe Care® Colorado: Families with children 0-5 Primary Prevention Program: Adults (parents, school and community professionals in child-serving institutions, parents)
Content:	Prevention skills training
Cost:	Free

11. Kidpower® Colorado

Jan Isaacs Henry, Executive Director
(719) 963-7376

<mailto:jan@kidpowercs.org>

<http://kidpowercs.org/>

Counties	El Paso and surrounding areas, Denver Metro
Served:	
Description:	This international organization (<i>Kidpower®</i> , <i>Teenpower®</i> , <i>Fullpower International®</i>), is not on the national registries, but has undergone rigorous independent reviews and aligns as evidence-informed and exemplifying best practices. Kidpower started in 1989—locally in 1994. The program aligns with Colorado Department of Education’s Comprehensive Health Standards at each grade level. Kidpower’s mission is to teach people of all abilities how to use their power to stay safe, act wisely, and believe in themselves, including online. Workshops cover verbal boundary-setting and focus on building confidence, self-esteem, and situational awareness (including grooming behaviors). School programs vary in length and are held during the school day or in the evening to accommodate parent participation. Weekend classes are open to the

	community. Customized classes are available. Teenpower promotes the same themes, as well as healthy dating relationships and harassment.
Target:	Differentiated modules for elementary, middle, and high school students, as well as their families. Components are adaptable for children with disabilities.
Content:	Parent and teacher workshops, role play, review games, illustrated books, family information packet
Cost:	Varies from \$45 to \$250 per child. Scholarships are available for low income families. The program is clear that they do not want families to miss the message due to lack of funding.

12. MBF Prevention Education Programs by Monique Burr Foundation for Children, including: MBF Child Safety Matters™ and MBF Teen Safety Matters™

904.642.0210

<mailto:info@mbfpreventioneducation.org>

www.mbfpreventioneducation.org/

Listing:	CEBC (Currently under review)
Description:	<ul style="list-style-type: none"> • MBF Prevention Education Programs, including MBF Child Safety Matters™ and MBF Teen Safety Matters™, are comprehensive, primary prevention education programs based on polyvictimization research. They are available to schools and other organizations, such as child advocacy centers. The programs teach students 5 universal Safety Rules they can use to help them and their Safe Adults prevent, recognize, and respond appropriately to all types of victimization, including abuse (sexual, physical, emotional, and neglect), bullying, cyberbullying, sexual assault, sexual exploitation/sex trafficking, online/digital abuse and other digital dangers (topics covered are dependent upon grade level). • The programs help schools meet legislative prevention requirements and many education and health-instruction standards. Both programs provide reinforcement materials and activities for students, parents, and schools. • Per the foundation, program evaluation research includes: 2015 Florida State University program evaluation; 2016-2018: Randomized - controlled study led by David Finkelhor, Ph.D., Director, Crimes Against Children Research Center, University of New Hampshire. Results should be available late summer or fall of 2018.
Target:	Children in grades K-5 with two 35-55 minute lessons (or optional 4 shorter lessons); children in grades 6-8 with three 45-minute lessons (or optional 6 shorter lessons). (Goal to expand through grade 12 by 2019.)
Content:	<p>MBF Prevention Education Program lessons are provided to students sequentially in individual classrooms (vs. groups or assemblies) using turnkey scripts and PowerPoints. Materials for implementing programs in schools via grade level kits or school bundles include: Curriculum Book with Facilitator Manual, Facilitator Flash Drive, Parent Opt-Out and Welcome Forms, and Parent Information and Activity Sheets. Reinforcement materials for students and parents/guardians include: Safe Adult Bookmarks, Student Safety Rules/Coloring Bookmarks, Pens, Tattoos, Classroom Posters, Safety Rules Banner, and Facilitator Tote Bag. Educators have access to an online facilitator training, online professional development courses, and other resources. Parents receive materials prior to student participation via an Opt-Out/Welcome Form, and after each lesson, via a Parent Information and Activity Sheet that discusses what their child learned, how to continue the conversation and student learning, and provides an activity for the parent to do with their child to reinforce the topics and Safety Rules. Parents also have access to a website and free mobile app with additional information and</p>

resources.

Scripts are adaptable for special-needs students and all videos are closed-captioned for the hearing-impaired. Parent materials are available in English, Spanish, Portuguese, and Haitian-Creole.

Cost: MBF Child Safety Matters grade level kits are available for \$389 per grade or \$2100 for a school bundle which includes grade level kits for all grades K-5. MBF Teen Safety Matters grade level kits are available for \$589 per grade or \$1700 for a school bundle which includes grade level kits for all grades 6-8. All purchases give the facilitator 3-year online access to password-protected Facilitator Portal and ongoing customer support and technical assistance. Site licenses with online access are also available for districts or states where multiple sites will use programs, allowing reproduction of materials which will result in substantial cost-savings.

13. NetSmartz

<http://www.netsmartz.org>
outreach@necmec.org

Description: NetSmartz Workshop is an interactive, online educational program of the National Center for Missing & Exploited Children® (NCMEC) that provides age-appropriate resources to help teach children how to be safer on- and offline. The program is designed for children ages 5-17, parents and guardians, educators, and law enforcement. With resources such as videos, games, activity cards, and presentations, NetSmartz entertains while it educates. Its goals are to educate children on how to recognize potential Internet risks, engage children and adults in a two-way conversation about on- and offline risks, and to empower children to help prevent themselves from being exploited and to report victimization to a trusted adult.

Target: Children 5-17, educators, parents, law enforcement

Content: All online downloadable presentations, videos, and games

Cost: Free

14. Nurturing Healthy Sexual Development

<https://www.illuminatecolorado.org/nhsd>

Description: Nurturing Healthy Sexual Development (NHSD) is a research based curricula intended to increase understanding of the healthy sexual development in children. Intended to be delivered to adults in groups of up to 25 people, there are two versions of the curricula - Community Training and Training for Professionals. The Community Training is intended for parents, foster parents, and other community members. The Training for Professionals is tailored for early childhood educators, teachers, counselors, childcare providers, home visitors, and other professionals. This training is designed to help participants better understand the expected development of children, the range of sexual behaviors in children, and the relationship between healthy sexuality and child sexual abuse prevention. Participants will discuss how to respond to children's behaviors and questions with non-shaming, health-based messages about sexuality and their bodies to help develop protective factors that decrease the likelihood of abuse and promote healthy development.

Participants will learn to:

- Identify developmentally expected sexual behaviors of children;
 - Respond to children's questions, interactions, and opportunities for education;
 - Identify and report suspected child sexual abuse.
-

Target:	The Community Training is intended for parents, foster parents, and other community members. The Training for Professionals is tailored for early childhood educators, teachers, counselors, childcare providers, home visitors, and other professionals
Content:	Lecture, Discussion, Activity
Cost:	Contact Emily White at ewhite@illuminatecolorado.org . Multiple trainers are available throughout the state, including the School Safety Resource Center margaret.choa@state.co.us (no cost).

15. Parenting Safe Children

Feather Berkower, MSW

303.931.5782

<mailto:feather@parentingsafechildren.com>

<https://www.parentingsafechildren.com/>

Description:	Parenting Safe Children provides a four-hour workshop to educate parents and caregivers about keeping children safe from sexual abuse. Topics include: identifying grooming behaviors in teens and adults who sexually abuse, age-appropriate sexual behavior vs. concerning behavior in children, body-safety rules for children and teens, and building a prevention team of caregivers. Additionally, a three and one-half hour professional in-service provides youth professionals with specific tools to keep their organization (agency, school, hospital, health group, church or youth group) off limits to child sexual abuse. Child sexual abuse prevention policies and screening processes for new hires are discussed in detail. There is a component on disclosure and reporting requirements.
Target:	Parents of children from 0 through adolescence, youth professionals
Content:	The online presentation is designed for parents/caregivers rather than professionals serving youth, and is available only to those residing outside the Denver metro area.
Cost:	\$53.75 per person for live presentation (includes materials); \$44.99 for the online version (includes videos, activities and downloadable materials). Phone consultations are \$125 per hour.

16. Peace Maker Campaign (Advocates for Victims of Assault)

Brooke Turner

970.668.3906

<mailto:brooke@summitadvocates.org>

<http://www.summitadvocates.org/peace-maker/>

Counties Served:	Summit
Description:	Presented by the Summit County Advocates, the Peace Maker Campaign teaches elementary students age-appropriate information about healthy relationships and conflict resolution, bully prevention, empathy building, and body safety.
Target:	Students grades 1-5
Content:	Interactive discussion, role play, English and Spanish
Cost:	Free

17. Play it Safe!®

Diane Mayfield, M.Ed.

817.927.4006

<mailto:dmayfield@womenscenter.org>

https://playitsafe.org/show.php?name=aboutus_playitsafe

Description:	This evidence-informed body-safety curriculum is multi-tiered for educators, schools, youth organizations and faith-based institutions, differentiated by age. Play it Safe!® was created by the professionals at The Women’s Center of Tarrant County, which offers a continuum of services to inspire, teach, and empower women and families to overcome violence, crisis and poverty. This program teaches children how to identify all manner of abusive behavior, take action against it, and report. There is a lesson for each grade, containing an age-appropriate DVD and script. The pre-K session is approximately 30 minutes. Each elementary grade session lasts 45 minutes to an hour. Available add-ons for older grades contain information on internet safety, harassment, and bullying. There are three middle school sessions, which have components on sexting and cyberbullying, and two high school sessions which focus on emotional, physical and sexual dating violence.
Target:	Students PreK-12, parents, educators
Content:	DVDs, scripts and coloring books are available in hard copy or online. Dolls and coloring books are included in the cost for pre-K through 2 nd grade.
Cost:	Pre-K-2nd grade Hard Copy & Online for a year is \$299, which includes Joe and Suzy doll and 25 coloring books. Additional dolls can be purchased at \$50 a pair and coloring books are \$50 for 25, English or Spanish. 3rd grade-High School Hard Copy & Online for a year are \$199 each. A license renewal of \$25 per program per year is necessary to maintain online streaming after the first year of purchase. Online Only costs are: Pre-K-2nd grade is \$199 which includes a downloadable script and coloring books. One pair of Joe and Suzy dolls per program purchased will be mailed. 3rd grade-High School programs are \$149 with downloadable script. Online streaming must be renewed each year for \$25 per program.

18. radKIDS® Personal Empowerment Safety Program

Berthoud Fire Protection District

Andrew Kuiken

970.566.0222

<mailto:radKIDS@radKIDS.org>

<http://www.radkids.org/about-radkids/>

Counties	Boulder, Larimer, Weld
Served:	
Description:	radKIDS is an activity-based empowerment and safety-skill building curriculum. It includes lectures, safety drills, physical skills to resist or stop violence or harm, and dynamic simulation. Students learn about school safety, vehicle safety, grooming techniques, and personal safety, including strategies for conflict resolution and reporting abuse, preventing abuse and bullying. The 10-hour program emphasizes essential decision-making skills and physical resistance options to escape violence. In the children’s program, there is a strong emphasis on family partnership.
Target:	Children PreK-6, parents and educators, college students
Content:	Interactive presentations and safety demonstrations
Cost:	Free

19. Safe@Last, and Be. (Sexual Assault Center of Tennessee)

615-259-9055 Ext. 314

<http://www.besafeatlast.com/>

Listing:	Both programs meet American School Counseling Association Standards
Description:	Sexual assault and prevention program presented in online and in-class formats. Educators learn how to recognize and respond to child sexual abuse. Students learn about personal boundaries, body safety and assertiveness, how to identify and disclose to a trusted adult, and how to navigate peer pressure. Safety with respect to guns, gangs, bullying and internet safety are also discussed. Lessons are taught in four 30-45 minute sessions. Teens focus on healthy relationships, bystander intervention, technology, and learning how to access help in case of violence or abuse.
Target:	Safe @Last = Students grades K-6; Be. = Students grades 7-12 Campus Safe@Last = College students and professionals (in development)
Content:	Online interactive workbook, role-plays and games, Catholic module available
Cost:	\$125 for each curriculum

19. SafeTouch (Lutheran Family Services)

Chelsey Lehmkuhl, Prevention Services Supervisor

<mailto:chelsey.lehmkuhl@lfsrm.org>

970.356.6751

<http://www.lfsrm.org/prevention-services/safetouch>

Counties Served:	Weld and surrounding areas
Description:	SafeTouch is a school-based program was created to teach children to recognize abusive situations among family members, peers, acquaintances and strangers and, if confronted with such situations, to seek help for themselves, their siblings or friends. Safe Touch uses a sensitive, evidence-informed, developmentally appropriate curriculum that includes group activities, age-appropriate discussions, role play, puppets, and videos. The broad objectives of the SafeTouch program is to ensure children/youth recognize abusive and inappropriate situations, to reduce children/youth's vulnerability to abuse and unwanted touch, help children/ youth learn to say "No," run away, and tell an adult, and teach children/youth how to identify trusted adults who will understand their situation. This is a program that nurtures a child's physical, emotional, and intellectual health and well-being. The kindergarten session is 45 minutes. Other grades are 60 minutes. Sessions are conducted annually.
Target:	Students grades K-5, adaptable for faith-based communities and children with disabilities
Content:	Discussion, puppets, pictures, videos, role-play
Cost:	Free

20. Safe Touches: Personal Safety Training for Children (New York Society for the Prevention of Cruelty to Children)

Ann Costello, MPH

<mailto:acostello@nyspcc.org>

<http://www.nyspcc.org/our-work/safe-touches-personal-safety-training-children/>

Description:	<i>Safe Touches</i> is a comprehensive child sexual abuse prevention program designed for children K through 3 rd grade. Trained facilitators help kids learn and practice key safety concepts using puppets to talk about sensitive safety concepts. After the workshop, the children are given an age-appropriate activity book on body
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safety to complete at home with their caregivers. Key safety concepts include private body parts, safe and not safe touches (and that they happen to both boys and girls and may be made by people we know or don't know), how to report not safe touches, that abuse is never the child's fault, and that children should tell until they are believed. The Safe Touches curriculum was developed by The New York Society for the Prevention of Cruelty to Children (NYSPCC), a nonprofit organization dedicated to improving the lives of maltreated and at-risk children through research, education, advocacy, and direct services. In 2012, with support from the National Institute of Health (NIH), The NYSPCC conducted a full scale research study to assess program efficacy among second and third graders. The study found significant increases in knowledge of workshop-related concepts.

Target: Students K-3 (Safe Touches).
The NYSPCC also provides Child Sexual Abuse Prevention Education (not Safe Touches) for students in grades 4 through 12, as well as for parents/ caregivers, and teachers and other staff members. The Curriculum is currently only available in English.

Content: Safe Touches includes a workshop and homework activities with caregivers. Age appropriate adaptations are made for students in grades 4-5, 6-8, and 9-12 in the Child Sexual Abuse Prevention Education programs.

Cost: Varies depending on scope and location of implementation. To maintain fidelity to the evidence-informed Safe Touches model, the program requires facilitator training, including travel expenses. This program has not been implemented in Colorado. Please contact the New York Society for the Prevention of Cruelty to Children to learn more.

21. Safer, Smarter Kids; Safer, Smarter Teens; Safer, Smarter Schools (Lauren's Kids)

Ivette Diaz, Executive Director
786-288-5045

Contact:

[SaferSmarterKids.org](https://safer-smarter-kids.org) PreK through 5th grade, including children with disabilities

[SaferSmarterTeens.org](https://safer-smarter-teens.org) Middle, high school

[SaferSmarterSchools.org](https://safer-smarter-schools.org) Professional development

<https://safer-smarter-families.org/> For families—free extension activities and prevention information

Description: These school-based curricula are designed for PreK through grade 12 and include adaptations for special education. Professional development for educators is also available. Studies funded by the developer, conducted independently, have indicated significant increase in body safety knowledge after completion of the program. The spiral curriculum builds with the development of the child, and contains elements that address body-safety, bullying, empowerment, and Internet safety. With age-appropriate considerations, the programs address safe/unsafe situations, the grooming process, and balances of power in relationships. Each grade contains five to eight 30 minute lessons that can be incorporated into reading, health, or social science lessons.

Safer, Smarter Kids teaches students how to identify safe and unsafe situations and individuals, and how to seek help if they feel unsafe or uncomfortable. At the core of this program, students are taught how to use their voice and get help, and that it's ALWAYS ok to tell.

Safer, Smarter Teens empowers middle and high school students to tap into their personal power and become advocates for change in their communities, while learning how to use their voices to better protect themselves and others.

Target: Families, students PreK-12, students with disabilities. Available in Spanish and Creole.

Professional development module available for teachers, principals and guidance

	counselors.
Content:	Teacher's Guides, Parent Letters, video lessons, visual aids, in-class activities, optional homework activities, posters, stickers, activities, bookmarks and online tools for parents and educators; aligned to education standards; free grade-level training videos for educators
Cost:	About \$300 per grade--varies depending on services and add-ons purchased.

22. SungateKids SafeKids (SK²)

Erin Katz, J.D., Director, Prevention Programming
303.368.1065

<mailto:erin.katz@sungatekids.org>

[https://www.sungatekids.org/programs-services-for-child-abuse-victims/sungatekids-safekids/.](https://www.sungatekids.org/programs-services-for-child-abuse-victims/sungatekids-safekids/)

Counties Served:	Douglas, Jefferson, Arapahoe, Elbert, and Lincoln Counties, and the greater Denver Metro area via SungateKids Child Advocacy Center. Please contact SungateKids to inquire about availability in your district.
Description:	SungateKids SafeKids (SK2) is a multi-faceted, interactive child abuse prevention program developed by SungateKids, a nationally recognized and accredited child advocacy center serving the greater Denver metro area. SK2 is aligned with the Colorado Department of Education's Comprehensive Health and Physical Education Academic Standards for 3rd, 4th and 5th grades. The program is too new to have undergone rigorous independent study, but is modeled on the evidence-based Kids on the Block Program, which has been utilized nationally to improve social behaviors relative to children with disabilities and social concerns. SK ² has anecdotally resulted in positive outcomes. Delivered in a 45-minute puppet program, each puppet represents one of three children who have had various experiences with child abuse. The content empowers children with body safety education, awareness of predatory behavior, and self-confidence. There is opportunity for response after the segment, and educators are trained to provide support and continue the discussion in the classroom intermittently following the presentation. Parents are engaged in the process. SungateKids also offers separate prevention education programming for parents of preschool-aged children focused on helping parents begin a conversation about child abuse safety with young children.
Target:	Students grades 3-5, parents, and teachers
Content:	Interactive puppet show, discussion and debrief , materials for follow-up
Cost:	Free

III. PROGRAMS TO PREVENT HUMAN TRAFFICKING

The U.S. Department of Education has developed a guide to help school officials understand how human trafficking impacts schools, recognize the indicators of possible child trafficking, and develop policies, protocols, and partnerships to address and prevent the exploitation of children. That guide is available at <https://safesupportivelearning.ed.gov/human-trafficking-americas-schools>. A simple fact sheet for schools can be downloaded here: <http://www2.ed.gov/about/offices/list/oese/osh/tipfactsheet91913.pdf>.

As a part of its Blue Campaign[®] to end human trafficking (see Campaigns in section VIII below), the Department of Homeland Security prepared this pamphlet of facts and resources for educators: <https://www.dhs.gov/sites/default/files/publications/bc-inf-ed101-ht-101-for-school-administrators-staff.pdf>.

The National Center for Homeless Education (U.S.D.E.) contains assistance for how schools should respond to instances of trafficking at <http://center.serve.org/nche/downloads/briefs/trafficking.pdf>. Homeless youth are at especially high risk.

The National Center for Missing and Exploited Children also offers resources at <http://www.missingkids.com/theissues/cse/cstt>

Within the State, the Colorado Human Trafficking Council was created within the Department of Public Safety to build a coalition of community-based and statewide anti-trafficking efforts. Their work is outlined here: <https://sites.google.com/a/state.co.us/cdps-prod/home/human-trafficking-council>. Further information regarding the Council is found on p. 39 of this guide. Additionally, the following prevention programs are designed to prevent human trafficking and exploitation.

1. Bodies are Not Commodities (A21—Abolishing Injustice in the 21st Century)

427 E. 17th Street #F223
Costa Mesa, CA 92627 USA
949.202.4681`

<http://www.a21.org/content/education/gn9vq0>

Description: Online awareness and prevention resource (Common Core aligned). The program includes five multi-media and interactive sessions, supplementary curriculum for Social Studies, English and Health. Its goal is to prevent human trafficking, protect students, and offer pathways of engagement.

Target: High school students

Content: Facilitator guide, student guide and video downloads

Cost: \$75

2. iEmpathize Empower Youth Program

Candace Joice, Education Manager
303.625.4074

<http://empower.iempathize.org/>

Description: iEmpathize is a Colorado-based organization with an exploitation-prevention curriculum designed to equip students with strategies to stay safe from issues of exploitation, from bullying to sex trafficking. The program utilizes original, age-appropriate media featuring young adults that focuses on positive, non-sensationalized content. Central to the curriculum is character education and empathy development.

The curriculum is delivered in five lessons; content is available via either print or online deliverables. Tied to common core in language arts and social studies, as well as tied to national standards in health education and counseling. Now available through **The Blue Bench** (See p. 21 above).

Target: Grades 7-12

Content: Videos paired with a facilitator guide containing activities, discussion questions, and assessments

Cost: \$2.00/student for a one-year license and consultation for organizations serving over 50. For organizations serving less than 50 students in a year, the license is a flat-rate of \$90.

3. My Life My Choice

989 Commonwealth Ave.
Boston, MA 02215
617.779.2179

<http://www.fightingexploitation.org/prevention-education-and-solutions>

Description: Preventing Sexual Exploitation Among Adolescent Girls: The *My Life My Choice* Curriculum is a survivor informed, gender specific, ten session prevention curriculum. This curriculum is currently in the final stages of evaluation for evidence-based status by the National Institute of Justice. The *My Life My Choice* Prevention Curriculum seeks to empower youth to protect themselves from the commercial sex trade. The curriculum works to change girls' attitudes and perceptions of the commercial sex industry, increase knowledge, as well as build

self-esteem and personal empowerment . The curriculum provides an in-depth look at participants' vulnerabilities and helps girls shift behaviors if they are already on the path towards exploitation. While the curriculum can be used as primary prevention, it was designed for secondary and tertiary levels of prevention in order to reach the most vulnerable girls - those who are disproportionately at risk for victimization and youth who are involved with the child welfare system. Additionally, as part of the larger prevention solution, *My Life My Choice* provides a suite of advanced training opportunities ranging from facilitating the prevention curriculum to residential leadership and clinical training

Target: The curriculum is gender specific - for girls only - who are between the ages of 12 and 18. The group is beneficial for all adolescent girls but especially impactful to girls who are at disproportionately high risk to be victims of commercial sexual exploitation (for example, girls who have a history of childhood sexual abuse or girls who are involved in the child welfare system), as well as girls who have been victims of exploitation

Content: The curriculum is 10 sessions long and each session is written to be 75 minutes. The curriculum recognizes different learning styles and therefore includes a variety of activities including: icebreakers, discussions, role plays, hands-on activities, as well as more introspective opportunities including journaling. Sessions address issues including: myths and facts about commercial sexual exploitation, how to identify a pimp, recruitment tactics, substance abuse, self-esteem, sexual health, healthy relationships, and local and national resources to support youth at risk of exploitation.

Cost: In order to receive the curriculum, you must be trained by a Licensed *My Life My Choice* Trainer. As part of the training you will receive a copy of the curriculum as well as a membership to the *My Life My Choice* Online Community, a web-based platform for providers using the curriculum across the country. Each agency should send two facilitators to the training (as the model requires that all groups are co-facilitated by Certified Facilitators). The cost of the two day training is approximately \$700. There is an application process to attend the training. Please contact *My Life My Choice* for more information.

4. Not a #Number (Love 146)

<mailto:info@love146.org>

<https://love146.org/notanumber/>

Description: Not a Number is an interactive, five-module prevention curriculum designed to teach youth how to protect themselves from human trafficking and exploitation through information, critical thinking, and skill development. It uses a holistic approach focusing on respect, empathy, individual strengths, and the relationship between personal and societal pressures that create or increase vulnerabilities. The content includes information and skill building activities on how to understand and prevent various forms of human trafficking and exploitation, personal vulnerability and the effects of traumatic events, healthy and unhealthy relationships, online safety, safety planning, and identification of healthy support systems and resources.

Target: Youth ages 12-18 in schools, child welfare and juvenile justice agencies, residential facilities, and other community settings.

Content: The curriculum uses scenarios, videos, spoken word, discussion, and handouts for individual and small group work. Resources for professionals working with youth and caregivers are included and can be downloaded from the website.

Cost: A three-day Facilitator Certification Training is required for all professionals who would like to implement the program in their settings. Please contact Love146 at notanumber@love146.org for more details

5. Not for Sale

2225 3rd Street
San Francisco, CA 94107
650.560.9990

<mailto:https://www.notforsalecampaign.org/contact-us/>

<https://www.notforsalecampaign.org/>

Description:	The high school curriculum is derived from the book <i>Not for Sale</i> by David Batstone. It includes the major theses of war, poverty, religion, immigrant and refugee status, global economies, forced labor, justice systems, and the abolition of slavery.
Target:	High school and college students
Content:	10-lesson downloadable curriculum including script with read-alouds, study questions, writing prompts and activities.
Cost:	Free

6. The Prevention Project® --Richmond Justice Initiative (RJI)

<mailto:info@prevention-project.org>

<http://www.prevention-project.org/home/prevention-project-program/>

Description:	The six-lesson curriculum (45-50 minutes per session) is Common-Core aligned for Social Studies, Health and English. It was reviewed by National Educators to Stop Trafficking, and contains all features deemed useful for these types of education programs. It seeks to prevent trafficking and equip students to be part of the solution to eradicate it. Students learn about grooming behaviors and risk factors to their self-esteem. The program is national, and based on input from survivors and experts in law enforcement, education and advocacy.
Target:	Middle and high school students. Can be presented in schools, after-school programs, youth groups.
Content:	Teacher's guide, videos, interactive activities, homework and other resources, updated annually. The Project trains the trainers via phone in one 90-minute session.
Cost:	Priced per number of students served, subsidized by donors of the RJI. 0-1,000 students = \$300; 1,001-2,000 = \$375; 2,000+ = \$450; school districts or BOCES should contact The Prevention Project® directly for pricing. info@prevention-project.org

7. UNICEF

<https://www.unicef.org/>

Description:	UNICEF offers four different curricula targeted to the groups named. Each of them contains lessons to raise awareness, identify and prevent human trafficking. Lessons vary from one to four sessions and include assessments, extensions and study questions, depending on the age of the audience.
Target:	Families, middle and high school students, educators
Content:	Downloadable curricula here. Includes activities, links to videos.
Cost:	Free

IV. STATEWIDE GOVERNMENT PROGRAMS

A. Colorado Department of Education

<https://www.cde.state.co.us/>

201 E. Colfax Ave.

Denver, CO 80203

303.866.6600

Mission: To ensure that all students are prepared for success in society, work, and life by providing excellent leadership, service, and support to schools, districts, and communities across the state.

Description:

- The Colorado Department of Education (CDE) provides leadership, resources, support and accountability to the state's 178 school districts, 1,836 schools, close to 56,000 teachers and over 2,800 administrators to help them build capacity to meet the needs of the state's approximately 889,000 public school students. Here is a link to CDE's Comprehensive Health Academic Standards: <https://www.cde.state.co.us/cohealth/statestandards>
- CDE also provides services and support to boards of cooperative educational services (BOCES), early learning centers, state correctional schools, facility schools, the state's libraries, adult/family literacy centers, and General Education Development (GED) testing centers reaching learners of all ages. CDE operates the Colorado Talking Book Library which provides support for people who have vision, print, and reading disabilities. CDE also provides structural and administrative support to the Colorado School for the Deaf and the Blind and the Charter School Institute.
- As the administrative arm of the [State Board of Education](#), CDE is responsible for implementing state and federal education laws, disbursing state and federal funds, holding schools and districts accountable for performance, licensing all educators, and providing public transparency of performance and financial data.
- CDE provides guidance with respect to compliance with Title IX of the Education Amendments of 1972. The purpose of Title IX is to eliminate discrimination on the basis of sex in any education program or activity receiving Federal financial assistance. Resources for districts are available here: http://www.cde.state.co.us/cde_english/titleix
- CDE serves students, parents, and the general public by protecting the public trust through ensuring adherence to laws, strong stewardship of public funds, and accountability for student performance. CDE has published a guide for school personnel with respect to preventing and reporting child abuse and neglect: https://www.cde.state.co.us/sites/default/files/documents/healthandwellness/download/child_abuse_manual_2002.pdf
- Additionally, there is a guide for school nurses: https://www.cde.state.co.us/sites/default/files/documents/healthandwellness/download/nurchild_abuse.pdf

B. Colorado Department of Human Services

1. Office of Children, Youth and Families, Division of Child Welfare

mailto:cdhs_communications@state.co.us

<mailto:katie.facchinello@state.co.us>

<https://www.colorado.gov/pacific/cdhs/children-families>

1575 Sherman Street, 2nd floor

Denver, CO 80203

303.866.5700 (for administrative inquiries only—child abuse reports go to **1-844-CO-FOR-KIDS**)

Mission: To strengthen the ability of the family to protect and care for their own children,

minimize harm to children and youth, and ensure timely permanency planning. Services stabilize the family situation and strengthen the family's capacity to care for their children. When safety is not possible within the family, services focus on the child's need for a stable, permanent home as quickly as possible.

Description: Colorado has a state-supervised and county-administered human services system. Under this system, county departments are the main provider of direct services to Colorado's families, children, and adults. CDHS supports the Child Welfare Training System—it offers free trainings to the community when open spots are not taken by child services staff. In collaboration with the Kempe Center, creates and supports free online training for school professionals: [Link to online Mandated Reporter Training](#).

2. Office of Early Childhood

800.799.5876

cdhs_oec_communications@state.co.us

<http://www.coloradoofficeofearlychildhood.com/>

1575 Sherman Street

Denver, CO 80203

Mission: To provide collaborative leadership to align resources for children, families, and early childhood professionals to best prepare Coloradans for future success, through access to coordinated and quality early childhood programs and family supports.

Description: There are two divisions within the OEC: The Division of Early Care and Learning, which assists in the provision of access to safe and high quality early learning environments; and the Division of Community and Family Support, which addresses individualized family and child development needs. The OEC has piloted and continues to provide multiple programs for the support of families with young children and their communities throughout the state. Check their website for details on programming in your area. The office brings together an assembly of experts in the fields of child development and child abuse prevention, including the Child Care Licensing Committee, the Child Care Licensing and Appeals and Waivers Panel, the Colorado Children's Trust Fund Board, the Colorado Interagency Coordinating Council, the Early Childhood Leadership Commission, and the Prevention Steering Committee.

C. Colorado Department of Public Health and Environment

<https://www.colorado.gov/pacific/cdphe/svp>

Tomei Kuehl, MPA, Sexual Violence Prevention Unit Supervisor

tomei.kuehl@state.co.us

Violence and Injury Prevention—Mental Health Promotion Branch

4300 Cherry Creek S Dr.

Glendale, CO 80246

Mission: To impact prioritized risk and protective factors of sexual violence by funding community agencies and evaluating their intended impact.

Description: Through the sexual violence prevention program, community organizations partner with CDPHE to work to prevent sexual violence. Communities are engaged to change unhealthy norms, policies and practices that sanction sexual violence, and implement policies and practices to address the root causes of sexual violence. Current grantees include:
Bright Future Foundation in Eagle County, Colorado Anti-Violence Program in Denver, Full Circle of Lake County in Lake County, S.A.R.A. Inc. in Fort Morgan, Safehouse Progressive Alliance for Nonviolence in Boulder, Sources of Strength in

D. Colorado Department of Public Safety

1. Colorado School Safety Resource Center

<https://www.colorado.gov/pacific/cssrc>

700 Kipling St., Suite 1000

Denver, CO 80215

Margaret M. Ochoa, J.D.

margaret.ochoa@state.co.us

303.239.4439

Mission: To assist educators, emergency responders, community organizations, school mental health professionals, parents, and students to create safe, positive, and successful school environments for Colorado students in all pre-K-12 and higher education schools.

Description: The CSSRC provides training, consultation, and resources for school staff, parents, and students pre-K through higher education on best practices in child sexual abuse and assault prevention. Trainings include but are not limited to:

- Primary, secondary and tertiary prevention of child sexual abuse (Kempe Center Curriculum)
- Identification of child abuse and predatory behavior
- Mandated reporting. *See* online course on website.
- Adult/professional sexual misconduct including sexual harassment and assault,
- Understanding and responding to the sexual behavior of children and adolescents (Kempe Center Curriculum and Nurturing Healthy Sexual Development)
- Informed supervision (Kempe Center Curriculum)
- Human trafficking
- Teen dating violence prevention
- Sexting prevention education for youth and adult communities, including school-based law enforcement. *See* 2018 online prevention course and supplemental resources on website.
- Impact of adverse childhood experiences and the importance of resilience

Margaret Ochoa, J.D., the Child Sexual Abuse Prevention Specialist, is trained to facilitate the Kempe Center Curricula; Nurturing Healthy Sexual Development; Called to Protect, the safe environment program used by the Archdiocese of Denver; and can create trainings based upon district/school needs and capacities in addition to those listed here.

2. Human Trafficking Council

<https://sites.google.com/a/state.co.us/cdps-prod/home/human-trafficking-council>

700 Kipling Ave, Lakewood, CO, 80226

Maria Trujillo, Human Trafficking Program Manager, Division of Criminal Justice

maria.trujillo@state.co.us

Mission: To bring together leadership across various levels of government and the community a collaborative coalition to help combat human trafficking. The Council is expected to improve comprehensive services for victims and survivors of human trafficking, to assist in the successful prosecution of human traffickers, and to enhance human trafficking prevention efforts in Colorado.

Description: The Colorado Human Trafficking Council has established a set of guiding principles in addition to the paradigm established by the United Nations and the National Trafficking Victims Protection Act: prevention, protection, prosecution and partnership.

3. Sex Offender Management Board, Administered by the Office of Domestic Violence and Sex Offender Management in the Division of Criminal Justice

<https://www.colorado.gov/pacific/dcj/sex-offender-management-unit>

700 Kipling Ave, Lakewood, CO, 80226

Raechel Alderete, Coordinator, Juvenile Standards

raechel.alderete@state.co.us

Mission: To develop standards and guidelines for the evaluation, assessment, treatment, and supervision of juveniles who commit sexual offenses to improve community safety and protect citizens.

Description: Provides information, training and resources for schools on appropriate responses to juveniles who have committed sexually abusive acts including: educational rights of victim and the juvenile offender and reintegration of each into the educational community. Juvenile Standards found here:

<https://www.colorado.gov/pacific/dcj/somb-standards-bulletins>

V. STATEWIDE RESOURCES AND COALITIONS

A. Colorado Coalition Against Domestic Violence

Amy Miller, Executive Director

888.778.7091

<http://ccadv.org/>

<mailto:amiller@ccadv.org>

1330 Fox Street, Suite 3

P.O. Box 40328

Denver, CO 80204

Mission: By 2020, to be the trusted and valued leader in expanding the capacity of Colorado's domestic violence programs, allied professionals, policymakers, and the public, to dramatically reduce domestic violence in Colorado.

Description: The Colorado Coalition Against Domestic Violence (CCADV) works with a diverse network of rural and urban Colorado domestic violence victim service programs to encourage appropriate and comprehensive responses to family violence, domestic violence, and dating violence against adults or youth within Colorado. CCADV provides a strong statewide voice to improve the safety and options for victims of domestic abuse by engaging in strong systems advocacy, public policy development, public awareness and education, and capacity building for Colorado domestic violence programs and allied programs and individuals.

B. Colorado Coalition Against Sexual Assault

Brie Franklin, Executive Director

(303) 839-9999

<http://www.ccasa.org/>

<mailto:brie@ccasa.org>

1330 Fox Street, Suite 2

P.O. Box 40350

Denver, CO 80204

Mission: A membership organization promoting safety, justice, and healing for survivors while working toward the elimination of sexual violence.

Description: CCASA is a membership of government and nonprofit agencies, law enforcement, health practitioners, mental health providers, educators, advocates, and private citizens working for its common mission. CCASA provides training, technical assistance, and resources as well as engages in systems and policy advocacy.

C. Colorado Organization for Victim Assistance (COVA)

303.861.1160

coloradocrimevictims.org

<mailto:info@coloradocrimevictims.org>

Nancy Lewis, Executive Director

1325 S. Colorado Blvd., Suite 508-B

Denver, CO 80222

Mission: COVA is committed to fairness and healing for crime victims, their families and communities through leadership, education, and advocacy. By operating in an inclusive and compassionate manner, COVA creates solutions and positive change.

Description: COVA offers a variety of programs to promote public understanding of victimization, to create awareness of human trafficking, to provide training for provide quality services to victims, and to publish lists of service providers for victims statewide. Additionally, COVA has developed a Crisis Response Team to assist communities in need.

D. Colorado School District Self Insurance Pool (CSDSIP)

303.722.2600

<https://www.csdsip.org/>

Steve S. Fast, Executive Director

6857 S. Spruce Street

Centennial, CO 80112

Mission: COVA is CSDSIP is committed to provide its members a broad spectrum of insurance, to act with integrity and treat its members equitably and with respect, to provide reliable, effective and useful risk management consulting services and training to its members.

Description: CSDSIP is a member-owned insurance pool dedicated to the superior provision of insurance coverages and risk management resources for its members. Members consist of education service providers, including schools, school districts and BOCES. CSDSIP is included in this guide due to its robust menu of in-person and online trainings on a range of school safety topics from adult sexual misconduct to playground safety. Contact CSDSIP with questions about membership or access to training.

E. Illuminate Colorado

Anne Auld, Director of Programs

<mailto:aauld@illuminatecolorado.org>

(303) 413-3460

<http://www.illuminatecolorado.org/>

1520 W. 13th Avenue Suite 118, Denver, CO 80204

Mission: Illuminalluminate Colorado prevents child maltreatment and builds strong families through education, advocacy, and family support.

Description: Illuminate Colorado provides strategic guidance, operational support, and a collective voice for child and family-focused organizations working in partnership to promote child well-being and prevent child maltreatment. The network includes Prevent Child Abuse Colorado, the Colorado Alliance for Drug Endangered Children, the Colorado Chapter of the National Organization of Fetal Alcohol Spectrum Disorders (NOFAS), and Sexual Abuse Forever Ending (S.A.F.E.). Illuminate is the primary provider for Nurturing Healthy Sexual Development and Stewards of Children, two best-practice prevention curricula referenced above.

VI. Children's Advocacy Centers

Children's Advocacy Centers are multidisciplinary, child-focused agencies in which representatives from law enforcement, child protection, prosecution, mental health, medical and victim advocacy, and child advocacy work together to make decisions about investigation, treatment, management, and prosecution of child abuse cases. The Centers below are accredited members of the National Children's Alliance®. Many of the Centers in Colorado have suggestions for educational curricula for parents, schools, and children in their geographic regions. Some have even created their own programs.

Colorado Children's Alliance (CCA)

303 S. Broadway, Suite 200-329, Denver, CO 80209

303.727.0409

coloradocac.org

The CCA is a Membership Organization and accredited chapter of the National Children's Alliance®. It provides support, technical assistance and leadership on a statewide level to the 14 Child Advocacy Centers it serves. The CCA can help you find a child advocacy center in your region.

ACCREDITED MEMBERS:

- **Ralston House** (1st Judicial District and 17th Judicial District) (free awareness/prevention workshops for parents, children, teens, caretakers with children in youth sports, and communities)
10795 W. 58th Avenue, Arvada, CO 80002
1875 Wadsworth Blvd, Lakewood, CO 80214
720.898.6745 phone
303.432.7992 fax
ralstonhouse.net

- **Denver Children's Advocacy Center** (2nd Judicial District) (*Denver Safe from the Start* independent and free materials available online)
2149 Federal Blvd., Denver, CO 80211
303.825.3850 phone
303.825.6087 fax
gizane.indart@denvercac.org
denvercac.org

- **Safe Passage** (4th Judicial District) (Teen support group for female-identifying survivors of abuse)
423 S. Cascade Avenue, Colorado Springs, CO 80903
713.636.2460 phone
888.273.8796 fax
rhonda@dolphinhousecolorado.com
<http://www.safepassagecac.org/>

- **Dolphin House** (7th Judicial District) (Independent web-based training and workshops for adults and children)
735 South 1st Street, Montrose, CO 81401
970.240.8655 phone
970.240.8656 fax
dolphinhousecolorado.com

- **Voices Carry CAC** (8th Judicial District) (*Stewards of Children* for adults, *Safety Smarts* for children)
5529 S. Timberline Rd., Ft. Collins, CO 80528
970.407.9739
970.407.9743
voicescarrycac.org

- **River Bridge Regional Center** (9th Judicial District) (independent free prevention workshops for parents)
520 21st Street, Glenwood, Springs, CO 81601
970.945.5195
970.947.9187
riverbridgerc.org

- **Pueblo Child Advocacy Center** (10th Judicial District) (*Stewards of Children* and church-based workshops for adults; training for school staff; *Good Touch, Bad Touch* classes for K-5)
301 W. 13th Street, Pueblo, CO 81003
719.583.6332
719.583.4545
dena@pueblocac.org
pueblocac.org

- **EXPECTED OPENING DATE JANUARY 2019 Kindred Kids Children's Advocacy Center** (11th Judicial District)
P.O. Box 308, Canon City, CO 81212
Temporary number 719.275.2429
lori@familycrisonline.org

- **The Children's Advocacy Center of the San Luis Valley** (12th Judicial District) (Multiple trainings for children to adults and professionals, including *My Body Belongs to Me, Safe Dates, Bystander Intervention, What is Consent?, College Prep: What to Expect as a College Freshman, From Playground to Prom Training, Signs of and Responding to Intimate Partner Abuse, Domestic Violence and Sexual Assault: Skills for Nurses*)
202 Carson Avenue/P.O. Box 473, Alamosa, CO 81101
719.589.2465
719.589.1465
slvtucasa.net

- **SARA House** (13th Judicial District) (*Stewards of Children* for adults, *Safe Dates* for teens, *RAD [Rape Aggression Defense]* for middle school girls and women, *Stop Bullying Now!* for grades 3-6)
418 Ensign Street, Ft. Morgan, CO 80701
970.867.2121
sarainc.org

- **SungateKids** (17th and 18th Judicial Districts) (*SK²*)
P.O. Box 3554, Englewood, CO 80155
303.368.1065
303.368.1089
sungatekids.org

- **A Kid's Place DBA Life Stories Child & Family Advocacy** (19th Judicial District) (*Stewards of Children*)
1610 29th Avenue Place, Suite 201, Greeley, CO 80634
****1640 25th Avenue, Greeley, CO 80634**
970.353.5970 phone
970.353.9577 fax
gwen@lifestoriesweld.org
lifestoriesweld.org
****New address with expected moving date in the fall of 2018.**

- **Blue Sky Bridge** (20th Judicial District) (*Stewards of Children* for adults, independent program for children, see pp. 21-22 above)
2617 Iris Hollow Place
P.O. Box 19122, Boulder, CO 80308
303.444.1388
303.444.2045 fax
gearles@blueskybridge.org
<http://blueskybridge.org/>

- **Western Slope Center for Children** (21st Judicial District) (*Stewards of Children* and *Nurturing Healthy Sexual Development* for adults)
P.O. Box 3978, Grand Junction, CO 81502
970.245.3788
970.245.7550
melissa@wscchildren.org
wscchildren.org

- **Four Corners Child Advocacy Center** (22nd Judicial District)
140 N. Linden Street, Cortez, CO 81321
970.565.8155
970.565.8279
rose@nestcac.org
nestcac.org

VII. GUIDELINES & PROTOCOLS

A. Reference Guide for School Personnel Concerning Juveniles Who Have Committed Sexually Abusive and Offending Behavior

A Reference Guide for School Personnel Concerning Juveniles Who Have Committed Sexually Abusive and Offending Behavior provides guidelines and informational resources for schools on best practices with providing a public education for juveniles who have committed sexually abusive and offending behavior and the support provided to survivors of peer sexual assault and abuse. Available at:

<https://cdpsdocs.state.co.us/somb/RRP/REPORTS/REFERENCEGUIDEFORSCHOOLPERSONNELFINAL.pdf>

B. Comprehensive Health Standards by Grade (Colorado Department of Education)

<https://www.cde.state.co.us/cohealth/statestandards>

High School Comprehensive Health Standards: Concepts and Skills Students Master:

Standard 3: Emotional and Social Wellness

- 3.1 Analyze the interrelationship of physical, mental, emotional, and social health
- 3.3 Advocate to improve or maintain positive mental and emotional health for self and others

Standard 4: Prevention and Risk Management

- 4.5 Analyze factors that influence community and societal beliefs that underlie violence, and describe relationships, attitudes, behavior, and vulnerability to violence
- 4.7 Identify the emotional and physical consequences of violence, and find strategies to deal with, prevent, and report them
- 4.8 Access valid information and resources that provide information about sexual assault and violence

- 4.9 Demonstrate verbal and nonverbal communication skills and strategies to prevent violence
- 4.10 Advocate for changes in the home, school, or community that would increase safety

Eighth Grade Comprehensive Health Standards: Concepts and Skills Students Master:

Standard 3: Emotional and Social Wellness

- 3.1 Access valid school and community resources to help with mental and emotional health concerns
- 3.2 Internal and external factors influence mental and emotional health

Standard 4: Prevention and Risk Management

- 4.4 Analyze the factors that influence violent and nonviolent behavior
- 4.5 Demonstrate ways to advocate for positive, respectful school and community environment that supports pro-social behavior

Seventh Grade Comprehensive Health Standards: Concepts and Skills Students Master:

Standard 2: Physical and Personal Wellness

- 2.3 Compare and contrast healthy and unhealthy relationships

Standard 3: Emotional and Social Wellness

- 3.1 Demonstrate effective communication skills to express feelings appropriately
- 3.2 Develop self-management skills to prevent and manage stress

Standard 4: Prevention and Risk Management

- 4.2 Demonstrate safety procedures for a variety of situations

Sixth Grade Comprehensive Health Standards: Concepts and Skills Students Master:

Standard 2: Physical and Personal Wellness

- 2.2 Access valid and reliable information regarding qualities of healthy family and peer relationships
- 2.3 Comprehend the relationships between feelings and actions

Standard 3: Emotional and Social Wellness

- 3.1 Understand how to be mentally and emotionally healthy

Standard 4: Prevention and Risk Management

- 4.3 Demonstrate self-management skills to reduce violence and actively participate in violence prevention
- 4.4 Demonstrate ways to advocate for safety and prevent unintentional injuries

Fifth Grade Comprehensive Health Standards: Concepts and Skills Students Master:

Standard 2: Physical and Personal Wellness

- 2.4 Demonstrate interpersonal communication skills needed to discuss personal health problems to establish and maintain personal health and wellness

Standard 3: Emotional and Social Wellness

- 3.1 Analyze internal and external factors that influence mental and emotional health

Standard 4: Prevention and Risk Management

- 4.2 Demonstrate the pro-social behaviors that reduce the likelihood of physical fighting, violence, and bullying
- 4.3 Demonstrate basic first aid and safety procedures

Fourth Grade Comprehensive Health Standards: Concepts and Skills Students Master:

Standard 2: Physical and Personal Wellness

- 2.3 Explain that the dimensions of wellness are interrelated and impact personal health

Standard 3: Emotional and Social Wellness

- 3.1 Identify the positive behaviors that support relationships
- 3.2 Comprehend concepts related to stress and stress management

Standard 4: Prevention and Risk Management

- 4.3 Demonstrate skills necessary to prevent a conflict from escalating to violence

Third Grade Comprehensive Health Standards: Concepts and Skills Students Master:

Standard 3: Emotional and Social Wellness

- 3.1 Utilize knowledge and skills to treat self and others with care and respect
- 3.2 Demonstrate interpersonal communication skills to support positive interactions with families, peers, and others

Standard 4: Prevention and Risk Management

- 4.2 Describe prosocial behaviors that enhance healthy interactions with others
- 4.3 Identify ways to prevent injuries at home, in school, and in the community

Second Grade Comprehensive Health Standards: Concepts and Skills Students Master:

Standard 4: Prevention and Risk Management

- 4.4 Demonstrate interpersonal communication skills to prevent injury or to ask for help in an emergency or unsafe situation

First Grade Comprehensive Health Standards: Concepts and Skills Students Master:

Standard 3: Emotional and Social Wellness

- 3.2 Identify parents, guardians, and other trusted adults as resources for information about health

Standard 4: Prevention and Risk Management

- 4.1 Demonstrate strategies to avoid hazards in the home and community

Kindergarten Comprehensive Health Standards: Concepts and Skills Students Master:

Standard 3: Emotional and Social Wellness

- 3.1 Exhibit understanding that one's actions impact others

Standard 4: Prevention and Risk Management

- 4.1 Identify the importance of respecting personal space and boundaries of self and others
- 4.3 Demonstrate effective communication skills in unsafe situations

Preschool Comprehensive Health Standards: Concepts and Skills Students Master:

Standard 4: Prevention and Risk Management

- 4.1 Identify ways to be safe while at play

C. The Colorado Statewide Child Abuse Hotline

Borrowed from <http://co4kids.org/tools-and-education/toolkit/co4kids-what-happens-after-you-call>

About the Colorado Child Abuse and Neglect Hotline System:

The Colorado Child Abuse and Neglect Hotline, **1-844-CO-4-Kids** or **1-844-264-5437** became operational on Jan. 1, 2015. The hotline is designed to provide one easy-to-remember toll-free phone number for individuals to use statewide to report suspected child abuse and neglect. It serves as a direct, immediate and efficient route to the counties which are responsible for accepting and responding to child abuse and neglect inquiries and reports. All hotline calls will be routed to the county where the child resides.

The system enables the Colorado Department of Human Services to capture critical information that it has not previously been able to track on a statewide basis, such as number of calls, duration, speed of answer and wait time on the line, call transfers, and abandonment rate. This data is critical to ensuring that calls across the state are handled quickly and appropriately.

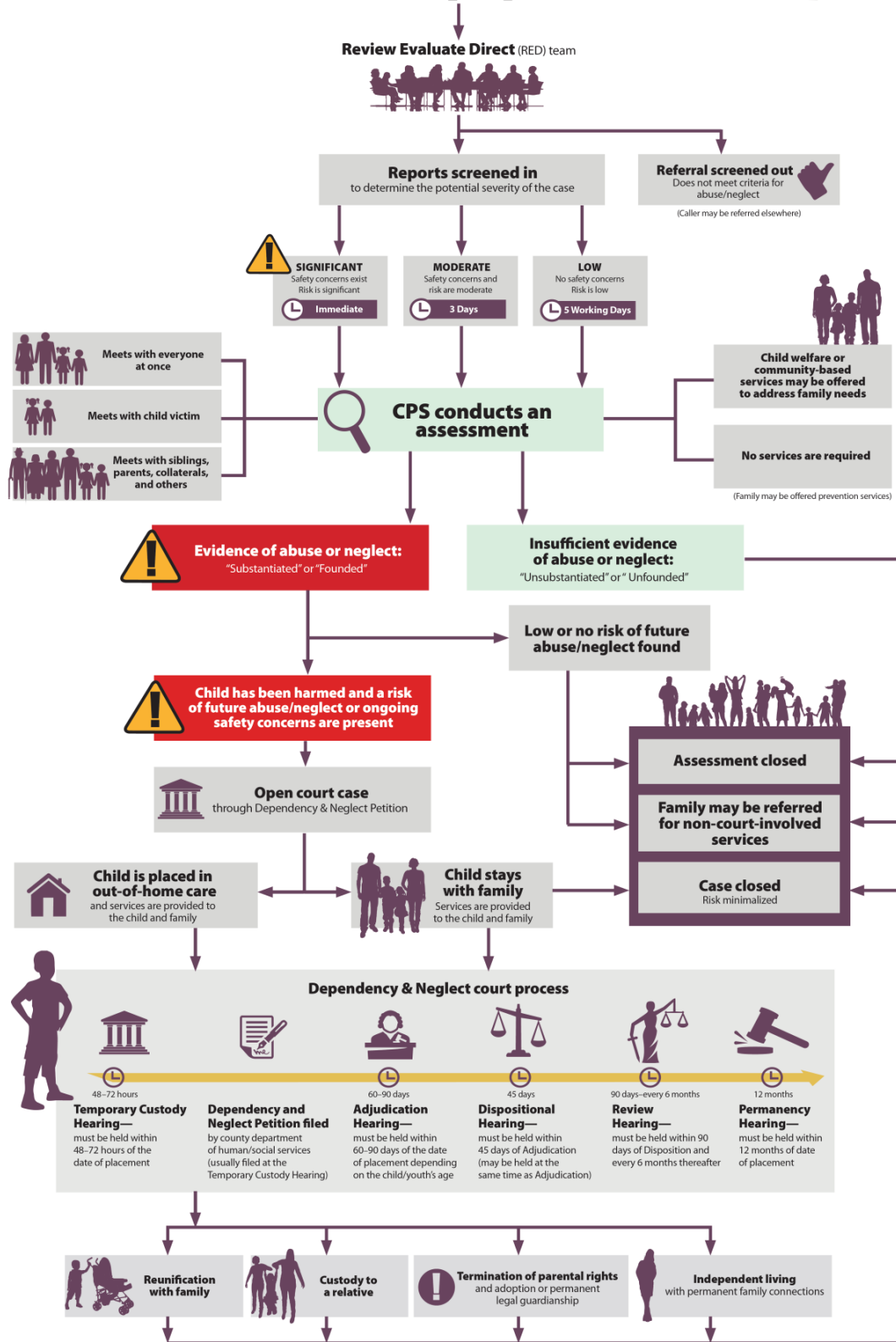
Counties will maintain their current practices of receiving reports of abuse and neglect, but to ensure proper routing, each county must have a dedicated line for child abuse and neglect reporting. Calls made directly to a county's dedicated line will also be routed through the hotline system for data collection purposes. This process is automated and seamless and does not require putting a caller on hold or cause any delay in answering calls.

How the Hotline System Works

- The main purpose of the hotline is to quickly route callers to the appropriate county. Callers will be asked to speak the name of the county where the child resides and then will be connected to that county.
- Callers who are not sure of the county, speak a language other than English or Spanish, or are deaf or hard of hearing will be directed to a Hotline County Connection Center representative who will assist them in identifying the appropriate county.
- The Hotline County Connection Center is located in Prowers County and will be staffed 24/7, 365 days/year by trained call-takers, certified annually through the Colorado Child Welfare Training System.
- All callers will speak with a call-taker who is trained and certified to use a screening guide designed to drive a structured process for interviewing callers who are reporting concerns of child abuse and neglect.



1-844-CO-4-KIDS



VIII. CAMPAIGNS

A. Blue Campaign

The Blue Campaign is the unified voice for the U.S. Department of Homeland Security's (DHS) efforts to combat human trafficking. Working in collaboration with law enforcement, government, non-governmental and private organizations, the Blue Campaign strives to protect the basic right of freedom and to bring those who exploit human lives to justice. <https://www.dhs.gov/blue-campaign/about-blue-campaign>

B. Blue Ribbon Project

Established in 1983 by a Virginia grandmother who lost her grandson to child abuse, the blue ribbon was used to bring attention to the tragedy of child abuse. Near that time, President Ronald Reagan established April as National Child Abuse Prevention Month, and the blue ribbon gained ground as a symbol in the effort to end abuse. <http://blueribbonproject.org/?gclid=CNDPONDSh80CFQUMaQodwpUOzQ>

C. CO-4-KIDS

CO 4 KIDS is the public awareness campaign of the Office of Children, Youth and Families within the Colorado Department of Human Services. The campaign exists to generate awareness of the services provided by the division, to help mandated reporters understand their obligations and how to meet them, and to create interest for the Colorado children in need of stable foster and adoptive homes. The 2017 campaign theme is "We all play a role in preventing child abuse and neglect." The statewide hotline for reporting child abuse is **844-CO-4-KIDS**. co4kids.org

D. Enough Abuse Campaign

The Enough Abuse Campaign is predicated on the belief that communities can prevent individuals from sexually abusing children in the first place and that communities can prevent children from developing sexually abusive behaviors in the future. Based on this belief, the Campaign implemented a plan of action. Through a comprehensive approach that focuses on individuals, relationships, communities, and the larger society and culture, the Enough Abuse Campaign has established authentic community collaborations engaged in ongoing planning, implementation and evaluation of a range of child sexual abuse prevention strategies. <http://www.enoughabuse.org/the-campaign.html>

E. Pinwheels for Prevention

In 2008, Prevent Child Abuse America introduced the pinwheel as the national symbol for child abuse prevention through Pinwheels for Prevention®. By its nature, the pinwheel connotes whimsy and childlike notions. In essence, it has come to serve as the physical embodiment, or reminder, of the great childhoods we want for all children. Prevent Child Abuse Colorado (represented under the umbrella of strategic partners that comprise **Illuminate Colorado**, pp. 41-42 above) is the local chapter that organizes the abuse prevention campaign for child-serving agencies throughout Colorado during Child Abuse Prevention Month each April. <http://preventchildabuse.org/resource/pinwheels-for-prevention/>

F. Stop Abuse Campaign

The Stop Abuse Campaign prevents Adverse Childhood Experiences through public policy and public education. The campaign seeks to educate adults and protect children, hold offenders responsible, prevent domestic violence, and empower families. <http://stopabusecampaign.com/>