

# Colorado School Safety Resource Center

## RESOURCES FOR CHILD SEXUAL ABUSE AND ASSAULT PREVENTION

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June 2017

*This Guide will be updated annually. For the latest information between updates, please check the online version at <https://www.colorado.gov/cssrc>*

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# I. INTRODUCTION

## A. Purpose of this Guide

Dear School Safety Partners:

As you know, school personnel are uniquely situated to prevent, mitigate, and report child sexual abuse. Nationally, up to **1 in 5 girls and 1 in 20 boys** is a victim of child sexual abuse<sup>1</sup>. Of the children victimized in 2011, 13% had one prior victimization known to police while **46% had one prior incident known to schools, police or medical authorities.**<sup>2</sup> As the Adverse Childhood Experiences Study (ACES) noted, childhood trauma can have negative lasting long-term effects on life expectancy, economic outlook, and life satisfaction<sup>3</sup>.

Colorado received 90,700 reports of child abuse and neglect in 2015<sup>4</sup>. Of those reports, 11,574 cases were substantiated, including **1,000** alleging child sexual abuse [*Ibid.*].

Thanks to Senate Bill 15-020, commonly referred to as “Erin’s Law”, the Colorado School Safety Center is able to support child sexual abuse education and prevention efforts throughout Colorado. Key initiatives of SB 15-020 include appointing a full time staff member dedicated to providing resources and training to schools, parents, and students at no cost. Each school district is encouraged to adopt a child sexual abuse and assault prevention plan, including comprehensive, age-appropriate curricula for K through 12th Grade. Education on body safety is a critical piece of reducing victimization in our communities.

As a school professional, it can feel overwhelming to integrate abuse prevention into an already packed school day. The good news is that **child molestations can be prevented**<sup>5</sup>. In addition, **child sexual abuse prevention is highly correlated with common-practice initiatives** such as a positive school culture and positive parent engagement<sup>6</sup>. Child sexual abuse prevention education can easily be integrated into the Colorado Department of Education Comprehensive Health Standards (outlined below in Section VI(B)) or other classroom content as the school/district sees fit. Child sexual abuse prevention must assist educators in identifying signs of abuse and predatory behavior and promote disclosure with appropriate response and reporting; and assist students in setting boundaries, learning about safe/unsafe touch, grooming behaviors of predators, safe modes of disclosure, and other related topics.

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<sup>1</sup> Finkelhor, D., et al., Victimization of children and youth: A comprehensive, national survey. *Child Maltreatment: Journal of the American Professional Society on the Abuse of Children*, 2005. 10(1): p. 5-25.

<sup>2</sup> Finkelhor, D., Ormrod, R., Turner, H., Hamby, S. “Child and Victimization Known to Police, School, and Medical Authorities.” *OJJDP Juvenile Justice Bulletin*. Apr. 2012: 1-7. Retrieved from: <http://www.ojjdp.gov/pubs/235394.pdf>

<sup>3</sup> Felitti, V.J., & Anda, R.F. (1997). The Adverse Childhood Experiences (ACES) Study. Centers for Disease Control and Prevention.

<sup>4</sup> Colorado Department of Human Services, Division of Child Welfare. “Child Abuse and Neglect Reporting and Victims of Child Abuse and Neglect”, Katie Facchinello, March 25, 2016.

<https://sites.google.com/a/state.co.us/cdhs-dcw/data-accountability/statistics/childabuseandneglectreporting>

<sup>5</sup> Osdan, R. & Reid, E. (2015). The Importance of Knowing Child Sexual Abuse Symptoms in the Elementary Teacher’s Work. *International Journal of Humanities and Social Science*, 5, 7: 20-32.

<sup>6</sup> Greenberg, M., Weissenberg, R., O’Brien, M. et. al. Enhancing School Based Prevention and Youth Development Through Coordinated Social, Emotional, and Academic Learning. *American Psychologist*, 58(6): 466-474.

## B. Overview of Child Sexual Abuse

(This section is instructional only, and should not be considered a comprehensive guide.)

Child sexual abuse refers to any sexual contact with a child or enticement of a child to have sexual contact with an adult or juvenile in a position of power. It can occur physically, but includes any behavior perpetrated on a child for the offender's sexual gratification. It therefore includes voyeurism, pornography, enticement, or any type of exploitation. Child sexual abuse is particularly insidious because it occurs covertly. In order to successfully commit their crimes, offenders must not be detected, and children must not report. Accordingly, we must sometimes look to the behaviors of the offenders and to the manifestation of abuse in children to determine whether abuse or risk of abuse is occurring.

### 1. Signs and Symptoms

Symptoms of sexual abuse can manifest themselves physically, behaviorally, and academically, but there is no physical evidence of abuse in 90% of cases. If a child exhibits physical injuries to the genitalia, wetting and soiling accidents unrelated to toilet training, frequent and unexplained pain related to elimination, pregnancy, or a sexually transmitted disease, there is cause to refer the child to child protection for further investigation. Behavioral signs include sexual knowledge beyond a child's developmental stage, excessive or public masturbation, sudden mood swings including rage, fear, anger or withdrawal, self-harming behaviors, unexplained avoidance behaviors, and regression. Sudden academic decline can also be a sign of emotional distress. Because these symptoms could be the result of other factors, they must be assessed in context, and further investigation may be warranted.

### 2. Mandated Reporting

Section 19-3-304, C.R.S., governs mandatory reporting in Colorado. All public and private school officials and employees are among those required by law to report suspicion of abuse. See that section and your school district policies with any questions you have regarding your obligations under the law. <http://www.coloradocwts.com/are-you-a-mandated-reporter>. Working in a school setting, you have close and consistent contact with children and are able to see trends and warning signs earlier than other concerned community members. As a mandated reporter, your job is to **report** any suspicions of abuse. Child protection services has the role of **investigating** alleged abuse.

Colorado has a centralized hotline for all mandated reports: **1-844-CO-4-KIDS**. Remember: a report is not an accusation of child sexual abuse but rather the sharing of information that may appear to be signs and symptoms of child sexual abuse.

If you have a suspicion to report, you must be the one to make the call. While this can be intimidating, it sometimes helps to debrief with a school administrator, nurse, or counselor about the process. However, please note that talking to a supervisor DOES NOT absolve you from your independent responsibility to make a call to 1-800-CO-4-KIDS. Some common obstacles to reporting include:

- Fear of making an inaccurate report or being wrong
- Fear of negative reactions
- Concern that child protective services or law enforcement will not provide sufficient intervention
- Fondness for the parents and a belief that they would not hurt their own child
- Fear of misinterpreting cultural disciplinary styles
- Concern about becoming entangled in legal proceedings.

While these feelings can be typical, most revolve around the stress of reporters deciding if the evidence warrants a call. The good news is that you, as a mandated reporter, simply need to report anything you notice and do not have to determine if something is abuse or not. You are legally protected from liability when you report in good faith. You are legally culpable if you do not report when you suspect abuse.



The Colorado Department of Human Services released a standardized mandated reporter online training in 2015. Participants learn about the history and rationale of mandated reporting, signs and symptoms of abuse, the process of making a mandated report, and the availability of resources statewide. The course is customizable to the experience level or interest of participants in the information. Completion certificates are printable at the site. The course is available at: <http://www.coloradocwts.com/mandatedreporter/educators/>. Another course has been added to train on Recognizing and Identifying Human Trafficking. It is available here: <https://www.coloradocwts.com/find-a-class-2/learn-more-state-county-staff-2/explore-courses-register>. Watch the website for the CSSRC's online course, coming soon.

### 3. Office of the Child Protection Ombudsman (OCPO)

<http://www.protectcoloradochildren.org/>  
[info@coloradocpo.org](mailto:info@coloradocpo.org)  
720.625.8640

The State of Colorado has a Child Protection Ombudsman to assist in improving the quality of the child protection systemic process. Its mission is to provide a review of information when necessary, improve service delivery of child protection services, strengthen the process through which professionals and community engage within the system, and educate professionals, community partners and citizens on their role in the protection of children.

The OCPO **can** do the following:

- Facilitate a process of independent, impartial review of family and community concerns
- Request independent, accurate information
- Conduct case reviews to help identify and resolve child protection and overall systemic issues
- Provide recommendations to the State and County child protection departments, as well as to the Colorado Legislature, to improve the child protection system or overall service delivery
- Offer the complainant options for resolving their concerns
- Serve as a resource and systems navigator
- Provide ongoing public education

The OCPO **cannot**:

- Directly respond to emergencies regarding child safety
- Cannot investigate allegations of child abuse and/or neglect
- Review complaints concerning domestic relations issues (Child and Family Investigator, court rulings, custody orders, etc.)
- Investigate or overturn the acts or decisions of the Court or their staff
- Investigate complaints or concerns regarding the conduct of Judges, Magistrates or attorneys
- Investigate complaints regarding a Guardian ad Litem <http://www.coloradochildrep.org/ocr-cases/additional-case-types/>
- Provide legal advice
- Intervene in any criminal or civil proceeding or any criminal investigation

The Ombudsman's Office is an independent/neutral organization to oversee concerns and complaints related to child protection systems in Colorado. It operates to repair and improve collaborations and serve as a resource to public and private agencies. Concerns and accolades regarding child protection services should be referred to that office.

## II. CHILD SEXUAL ABUSE PREVENTION PROGRAMS

Experts recognize that there are SHARED RISK FACTORS with all types of violence, including child sexual abuse. Listed below are programs designed to prevent child sexual abuse, sometimes as a part of programs which implement social-emotional learning, safeguard behavioral health, address antisocial/aggressive behaviors, substance abuse, family conflict, and even poor school/community attachment. Programs containing these elements, especially those which are evidence-based showing proven outcomes, may effectively prevent sexual abuse.

Programs reviewed by and listed with national clearinghouses, including the Substance Abuse and Mental Health Services Administration (SAMHSA) National Registry of Evidence-based Programs and Practices (NREPP), the US Department of Justice Office of Juvenile Delinquency and Prevention (OJJDP), the National Institute of Justice Crime Solutions (NIJ/CS), Blueprints for Healthy Youth Development (BHYD), the Promising Practices Network of Programs that Work (PPN), the California Evidence-Based Clearinghouse for Child Welfare (CEBC), and the Center for Disease Control (CDC) have been noted.

- \* *The Colorado School Safety Resource Center (CSSRC) does not endorse any programs and takes no responsibility for any services mentioned below. The CSSRC offers these as information for further investigation by a district and/or school. The list is not exhaustive, and the CSSRC welcomes the addition of programs to this list as they become available, especially if they have evidence of effectiveness and adherence to best practice. Selection of programs should be based on many factors, including capacity to implement services and train deliverers with fidelity to the program model, appropriateness for the population served, and community needs. It is critical to evaluate available school and community resources and motivations.*
- \* *Exclusion from a registry, or a lower rating in a research category if a program is included, does not conclusively mean that the program is inferior or will not work for your community. In the selection of a program, the school/district must consider implementation success in like communities, steps to avoid mistaken implementation in consideration of the school population, access to implementation sites in event of questions/concerns, adaptations of the program, staffing requirements (number, qualifications), quality assurance mechanisms (preparation, adherence to model fidelity, assessments), training needs, and costs.*



## A. Evidence-Based Programs

What makes an effective child sexual abuse prevention/personal safety program? According to studies, the most effective programs:

- Include children as physically active participants<sup>7</sup>
- Combine the techniques of modeling, group discussion, and role-playing/rehearsal<sup>8</sup>
- Engage participants for longer periods of time than less effective programs<sup>9</sup>
- Contain multiple sessions<sup>10</sup>
- Incorporate parents/caregivers<sup>11</sup>

This section lists interventions that have undergone rigorous, independent and peer-reviewed evaluation and have demonstrated proven positive outcomes. They appear in alphabetical order. Please consult each registry for specific definitions of program ratings.

\*NREPP National Registry of Evidence-based Programs and Practices, Substance Abuse and Mental Health Services Administration (SAMSHA) <http://nrepp.samhsa.gov>. NREPP is an evidence-based repository and review system designed to provide the public with independently assessed and reliable information on mental health and substance abuse interventions. Every program listed with NREPP has met minimum requirements for review. Outcome ratings are based on rigor, effect size, program fidelity, and conceptual framework. NREPP has gone through several major changes since its inception in 1997. Programs were originally designated as Model, Effective, or Promising but these designations were discontinued in 2004 and a new 4-point rating system was introduced. A 4 represented the highest quality of evidence, and a 0 represented very poor quality of evidence. The ratings were based on six criteria: 1) reliability of measures, 2) validity of measures, 3) intervention fidelity, 4) missing data and attrition. 5) potential confounding variables, and 6) appropriateness of analysis. Readiness for Dissemination was also rated on a four-point scale, with 4 representing the highest rating.

Beginning in 2014, NREPP went through a major redesign and relaunch. All reviewed programs on NREPP now refer to those that have been reviewed under the new guidelines published in the July 7, 2015 *Federal Register*. The 356 programs reviewed under the previous criteria are now referred to as “legacy” programs and will be re-reviewed under the new guidelines over the next 2 years (2017-2018). Further research into the effects produced based on outcome ratings is recommended, as they can be ambiguous. For example, a program may be effective at reduction of substance abuse, but not at decreasing anxiety.

\*OJJDP Office of Juvenile Justice and Delinquency Prevention (US Department of Justice) <http://www.ojjdp.gov/mpg/Program> Programs identified with this listing have been deemed effective by independent research. “Exemplary/Effective” Programs have demonstrated strong evidence that they achieve their desired outcomes when implemented with fidelity. Results have been replicated in at least one independent study. “Promising” Pro-

<sup>7</sup> Davis, M.K. & Gidycz, C.A. (2000). Child sexual abuse prevention programs: A meta-analysis. *Journal of Clinical Child & Adolescent Psychology*, 29, 257-265.

<sup>8</sup> *Ibid*; Topping, K.J., & Barron, I.G. (2009). School-based child sexual abuse prevention programs: A review of effectiveness. *Review of Educational Research*, 79, 431-463.

<sup>9</sup> *Id.*, Davis & Gidycz (2000).

<sup>10</sup> *Id.*, Davis & Gidycz (2000); Topping & Barron (2009).

<sup>11</sup> Kenny, M. C., Capri, V., Thakkar-Kolar, R. R., Ryan, E. E., & Runyon, M. K. (2008). Child sexual abuse: From prevention to self-protection. *Child Sexual Abuse Review*, 17, 36-54. *Id.* Topping & Barron (2009).



grams have shown some evidence they achieve their desired outcomes. More research is recommended.

- \*NIJ/CS National Institute of Justice Crime Solutions. <http://www.crimesolutions.gov>. NIJ/CS rates the effectiveness of programs and practices in achieving criminal justice-related outcomes in order to inform practitioners and policy makers. Outcome ratings are identical to OJJDP.
- \*BHYD Blueprints for Healthy Youth Development <http://www.blueprintsprograms.com/> is hosted by the Center for the Study and Prevention of Violence (CU Boulder). Programs included have been designated as “Model Plus,” “Model,” or “Promising” by a panel of independent experts as having met scientific standards of effectiveness for changing targeted behaviors and developmental outcomes. “Promising” programs are clear about desired outcomes, targeted risks/protective factors and populations, contain trials with valid and reliable findings including one random control trial and two quasi-experimental evaluations, show significant change in intended outcomes with no harmful effects, and are ready to disseminate. “Model” programs meet the above requirements, plus a minimum of two high-quality randomized control trials or one plus a high-quality quasi-experimental evaluation, as well as sustained positive intervention impact for a minimum of 12 months after the end of the intervention. “Model Plus” programs contain the above, plus a high quality study which is completed and funded completely independently from the program developer.
- \*CEBC California Evidence-Based Clearinghouse for Child Welfare <http://www.cebc4cw.org/> Programs included from the CEBC are rated on a 1 to 5 Scale (1 being well-supported by research evidence, 2-supported, 3-promising, 4-fails to demonstrate effect, and 5-concerning program).
- \*CDC The Center for Disease Control Injury Center <https://www.cdc.gov/violenceprevention/sexualviolence/prevention.html> conducts systematic reviews using a rigorous evaluation methodology for preventing sexual violence perpetration, and rates programs as effective or promising.
- \*PPN Promising Practices Network <http://www.promisingpractices.net>, in partnership with the RAND Corporation, the Colorado Trust, and the Annie E. Casey Foundation, among others, began in 1997 and concluded in 2014, so new programs will not be reviewed here. The project is archived at this site with compiled research on programs for families and children.  
“Proven” programs are publicly available, and have been studied with adequately-size groups in randomized trials to show a positive impact of statistical significance in at least one outcome area. “Promising” programs are also publicly available and have been studied in randomized trials, but the control group may lack comparability or control, and the proven outcomes have less significant change.

## 1. ACT (Adults and Children Together) Raising Safe Kids Program: Parenting Skills Training For Safe, Stable, Nurturing Childhood

(202) 336-5817

<mailto:jsilva@apa.org>

[www.actraisingsafekids.org](http://www.actraisingsafekids.org)

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**Listing:** CEBC (Promising), NIJ/CS (Promising), OJJDP (Promising)

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**Description:** The ACT program, developed by the American Psychological Association Violence Prevention Office, is a well evaluated early prevention intervention focusing on *parents and caregivers of young children*. The program engages a variety of organizations and agencies and trains professionals (ACT Facilitators) to deliver the program research-based 9-session curriculum to groups of parents and caregivers. The purpose is to teach positive parenting skills and practices that help create safe, healthy, environments that protect children from adverse experiences and their lifelong consequences. The program is listed as effective for parent skills training by the *US HHS Department/Head Start Office* in the "Compendium of Parenting Interventions"; listed by *World Health Organization* as one of only three parenting programs in the "Handbook for Parenting Programmes"; and by the CDC Division of Violence Prevention. ACT is implemented in communities in the US, Puerto Rico and in several countries around the world. The research-based curriculum and materials are culturally oriented. There are training centers in several states in the US and around the world.

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**Target:** Caregivers of children, birth to eight years. It is a universal program helping minority parents, incarcerated parents, abused mothers and any parent who needs help raising safe and healthy children. Materials are translated into Spanish, Japanese, Chinese, Portuguese, Greek, Bosnian and Romanian.

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**Content:** Eight two-hour sessions, hard copies and CD-ROM, Power Point and brochures

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**Cost:** The program kit that professionals receive at the training costs \$150; Parent Handbook is \$25, and other parenting materials are available free by request.

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## 2. Body Safety Training© (BST) Series

Sandy K. Wurtele, PhD.

719.255.4150

<mailto:swurtele@uccs.edu>

<http://www.sandywurtele.com>

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**Listing:** CEBC (Promising)

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**Description:** This is a ten-lesson course designed to teach students about general safety issues (fires, guns, poison, pedestrian and home alone concerns), as well as body safety (identifying private parts, safe vs. unsafe touching, and reporting). Lessons typically take 15-20 minutes.

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**Target:** Students grades PreK-3, parents

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**Content:** Workbook activities (English and Spanish editions)

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**Cost:** \$20.00 for parent workbook (\$7 for e-book), \$40.00 for curriculum for teachers

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### 3. Bringing in the Bystander

(603) 862-5023

<mailto:prevention.innovations@unh.edu>

<http://cola.unh.edu/prevention-innovations-research-center/bringing-bystander%C2%AE-person-prevention-program>

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**Listing:** CDC (Promising), NIJ/CS (Promising)

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**Description:** This program helps participants identify behaviors on a continuum of violence, develop empathy for those who have experienced violence, practice safe and appropriate intervention skills, and commit to intervene before, during and after an incident of sexual abuse, relationship violence and stalking occurs. The curriculum could be presented in one 90 minute module or two 45-minute sessions.

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**Target:** College students, faculty, staff and community members

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**Content:** The curriculum can be purchased and delivered via email to train-the-trainer at your campus, or facilitators can attend regional trainings to learn to implement the curriculum.

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**Cost:** \$1,700.00 with an end user agreement good for five years. Each purchase includes five hard copies of a fully developed and easy to use Facilitator's Guide, supporting documents, and electronic copies of the two interactive PowerPoints. Alternatively, you may join or host a regional training. This one day train-the-trainer program is for those who want to learn the curriculum in-depth such that they can train future facilitators within their campus community. Cost: \$1,700.00 for curriculum plus a participant fee of \$400.00 per person.

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### 4. Coaching Boys into Men™ (CBIM)

<http://www.coachescorner.org/>

Jana's Campaign™ <http://www.janascampaign.org/coaching-boys-into-men/> provides resources to deliver the program in Kansas, Nebraska, Oklahoma, Texas and Colorado.

Kelley Parker, Executive Director

P.O. Box 1053

Manitou Springs, CO 80829

719.660.8537

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**Listing:** CDC (Promising)

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**Description:** The program was developed by Futures Without Violence, <https://www.futureswithoutviolence.org/engaging-men/coaching-boys-into-men/>, a nonprofit dedicated to ending violence against women and children globally. CBIM provides high school athletic coaches with the resources they need to promote respectful behavior among their players and help prevent relationship abuse, harassment, and sexual assault. The curriculum consists of a series of lessons for weekly discussion, each of which takes 10-15 minutes. Jana's Campaign is available to provide training on the CBIM curriculum to middle and high school athletic coaches.

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**Target:** Coaches of and high school male athletes

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**Content:** Playbook to provide an overview of the program and tips, CBIM Card Series (Prep, Training, Half/Overtime, and Teachable Moment Cards)

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**Cost:** \$42 for a hard copy of the Coaches' Kit, or downloadable free online

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## 5. Enhanced Assess Acknowledge Act (EAAA) Sexual Assault Resistance Education

[info@sarecentre.org](mailto:info@sarecentre.org)

[sarecentre.org](http://sarecentre.org)

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**Listing:** BHYD (Promising)

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**Description:** This sexual assault resistance program is designed to help first-year university women resist acquaintance sexual assault. EAAA is the first and only evidence-based curriculum proven to reduce a woman's personal risk of sexual assault. In a randomized control trial, women who completed the EAAA training were 46% less likely to experience a completed sexual assault and 63% less likely to experience an attempted sexual assault. Florida Atlantic University is proud to be the first university in the United States to implement this program. It was developed in Canada and has been implemented there and in New Zealand.

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**Target:** 1<sup>st</sup> Year University Women

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**Content:** The program consists of four 3-hour units that involve information-providing games, mini-lectures, facilitated discussion, and application and practice activities. Participants can attend group sessions for all the units in one weekend (two units each day) or for one unit per week for 4 weeks.

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**Cost:** \$3,000 to attend the train-the-trainer workshop which includes a three-year licensure and in-person and webinar training, as well as the Campus Trainer and facilitator manuals. Note that this training is separate from the self-defense education course that is required. Wen-Do is an acceptable Canadian course. Approved alternative empowerment self-defense courses can also be used.

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## 6. Families and Schools Together (FAST)

Delores Cooper, Community Relations Manager

888.629.2481

<mailto:answers@familiesandschools.org>

<https://www.familiesandschools.org/>

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**Listing:** CEBC (Promising), NIJ/CS (Effective), NREPP (Legacy) , OJJDP (Effective with multiple studies)

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**Description:** The 8-week FAST Program brings multiple families together once a week in dynamic after-school gatherings. In each 2.5-hour session, a trained FAST Team guides families through a scientifically structured agenda of evidence-based activities that enhance parenting skills and reduce family stress while encouraging family bonding. As a result, the family unit of the FAST Child is systematically strengthened with experiences based on family therapy principles that help parents be firmly in charge of and lovingly connected to their children.

Each FAST Session includes group activities as well as one-on-one parent-child interaction and parent group time. FAST has one of the highest retention rates among early intervention parenting programs – especially among low-income, stressed and isolated parents: 80% of families who attend one session will successfully complete the entire 8-week program.

The program is a multifamily group intervention program designed to build protective factors for children, to empower parents to be the primary prevention agents for their own children, and to build supportive parent-to-parent groups.

The overall goal of the FAST program is to intervene early to help at-risk youth succeed in the community, at home, and in school and thus avoid problems such as adolescent delinquency, violence, addiction, and dropping out of school. The FAST program achieves its goals by respecting and supporting parents and by using the

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existing strengths of families, schools, and communities in creative partnerships.

**Target:** Students PreK-5<sup>th</sup> grade and their parents. Materials are available in Dutch, German, Portuguese, Russian, and Spanish. The program has been implemented in school and community settings

**Content:** The FAST team members receive handbooks and training guides

**Cost:** Varies, so contact the provider for funding opportunities

## 7. Fourth R: Skills for Youth Relationships

519-858-5154

<mailto:thefourthr@uwo.ca>

[www.youthrelationships.org](http://www.youthrelationships.org)

**Listing:** NIJ/CS (Promising), NREPP (Legacy)

**Description:** The Fourth R consists of a comprehensive, school-based program designed to include students, teachers, parents, and the community in reducing violence and risk behaviors. It teaches students to develop healthy relationship skills, personal safety and injury prevention. The high school curriculum includes lessons on appropriate boundaries, prevention of violence, unhealthy sexual behavior, and substance use. Through its universal approach, rather than solely targeting those youth who show problems, the program builds resiliency in the entire population.

**Target:** Middle and high school health classrooms, high school English classrooms, Catholic module

**Content:** The DVD resources and curriculum binders include monologs, bystander training, group learning instruction, role-plays

**Cost:** \$125 per grade for curriculum

## 8. Green Dot

571.319.0354

<mailto:info@livethegreendot.com>

[livethegreendot.com](http://livethegreendot.com)

**Listing:** CDC (Promising), NIJ/CS (Promising) OJJDP

**Description:** Green Dot is a bystander-based prevention program designed to increase positive bystander behavior, change social norms, and reduce sexual and other forms of interpersonal violence perpetration and victimization. Green Dot was designed for college populations but has been adapted for high school, community, and military populations. A study found that Green Dot was associated with reductions in unwanted sexual victimization and sexual harassment, stalking, and dating violence victimization and perpetration on a college campus implementing the program compared to two comparison campuses without the intervention.

**Target:** College and high school students, communities

**Content:** The program consists of a 5-hour training in bystander behavior for peer opinion leaders and campus/school-wide “persuasive speeches” to educate and engage the population.

**Cost:** Varies depending on campus size and need.



## 9. The Incredible Years® (Classroom Dinosaur Curriculum)

303.839.1808

<mailto:info@iik.org>

<mailto:incredibleyears@incredibleyears.com>

<http://incredibleyears.com/programs/child/classroom-curriculum/>

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**Listing:** BHYD (Promising), CEBC (Well-Supported), NIJ/CS (Effective), NREPP (Legacy), OJJDP (Effective with multiple studies), PPN (Proven)

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**Description:** The Incredible Years® Classroom Dinosaur Curriculum is one component within a series of programs for children, parents, and teachers proven to reduce challenging behaviors and increase social-emotional learning and self-control skills. The Dinosaur Curriculum is school-based, Common Core aligned, and builds relationship and communication skills. The long-term goals of the internationally-implemented program are the reduction of delinquency, substance abuse and violence. A complementary parent-engagement component is not required, but is available.

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**Target:** The Incredible Years® Classroom Dinosaur Curriculum is targeted to ages 3-8.

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**Content:** Manuals, videos, instructional aids

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**Cost:** Approximately \$2,500 for one-time curriculum set purchase (**Invest in Kids**, a Colorado-based nonprofit organization, works with local communities to subsidize program related costs.)

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## 10. LifeSkills® Training (LST)

(914) 421-2525

<mailto:lstinfo@nhpamail.com>

<https://www.lifeskillstraining.com/>

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**Listing:** BHYD (Model Plus), NIJ/CS (Effective), NREPP (Legacy), OJJDP (Effective, multiple studies), PPN (Proven)

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**Description:** Life Skills Training is proven to reduce violence and risky behaviors such as tobacco, alcohol, and drug use. Designed as a universal prevention program, students learn personal self-management skills, social skills, and resistance skills. LST contains 30 sessions to be taught over three years (15, 10, and 5 sessions). Additional violence prevention lessons are available each year (3, 2, and 2 sessions).

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**Target:** Differentiated by elementary, middle, and high school students, with materials for post-secondary transition

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**Content:** All lessons include teacher/student guides and use demonstration, reinforcement and online resources. Stress-reduction CDs and other supplemental aids are also available.

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**Cost:** Varies per grade level, but approximately \$100 for teacher's manual, \$5 per student workbooks and \$20 per student CD/ROMs

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## 11. Nurse-Family Partnership

866.864.5226

<mailto:info@nursefamilypartnership.org>

<http://www.nursefamilypartnership.org/>

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**Listing:** BHYD (Model), CEBC (Well Supported), NIJ/CS (Effective), NREPP (Legacy), OJJDP (Effective, multiple studies), PPN (Proven)

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**Description:** First-time pregnant women are paired with nurse home visitors to learn healthy

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practices before and after pregnancy, positive parenting skills, and avoidance of behaviors risky to themselves and their children. The Program boasts 37 years of demonstrable results which directly reduce the likelihood of child abuse: healthy pregnancy outcomes, improved child health and development, and economic self-sufficiency. To find a Colorado agency near you, please look here:

<http://www.nursefamilypartnership.org/locations/Colorado/find-a-local-agency>

**Target:** Prenatal mothers until the child reach about 24 months.

**Content:** Regularly-scheduled home visits by trained nurses on a gradually decreasing scale as the child ages.

**Cost:** Free. Find your closest agency provider here:

<http://www.nursefamilypartnership.org/locations/Colorado/find-a-local-agency>

## 12. Nurturing Parenting™

800.688.5822

<mailto:info@nurturingparenting.org>

<http://www.nurturingparenting.com/>

**Listing:** CEBC (Promising for children 5-8), NREPP (Legacy)

**Description:** Nurturing Parenting has a suite of Primary Prevention (Education) programs, Secondary Prevention (Identification), and Tertiary Prevention (Treatment). Content includes nurturing skills for parents and teen parents as well as modules for the military, single mothers, teens, and elementary students.

**Target:** Parents (including prenatal) materials for Latino, Black, Asian, Pacific Islander, Middle Eastern, Hmong and Somali families, children with special needs, infants to teens

**Content:** CD/DVDs, manuals, games, instructional aids

**Cost:** For school-based programs, approximately \$150 per grade inclusive of teacher's manual and instructional aids. There are many add-ons available on multiple topics.

## 13. Positive Action® and Positive Action Pre-K Program

Carol Gerber Allred

800.345.2974

<mailto:info@positiveaction.net>

<https://www.positiveaction.net>

**Listing:** BHYD (model), NIJ/CS (Effective), NREPP (Legacy), OJJDP (Effective, multiple studies)

**Description:** Positive Action is a school-based program which integrates pro-social curriculum for 15 minutes two to four times per week. Beginning with the Thoughts-Actions-Feelings about Self Cycle, the curriculum then moves into teaching healthy practices for physical, intellectual, social, and emotional areas. In addition to a reduction in sexual risk behaviors and violent behaviors, students report an increase in emotional regulation and academic performance. It is aligned with Common Core.

**Target:** Differentiated by grade level for students K-12, Spanish option available

**Content:** Posters, games, music, puppets, and manipulatives

**Cost:** Delivery of training differs depending on whether face-to-face, on site or online, but grade kits run about \$550 each





## 14. RealConsent

<mailto:lsalazar1@gsu.edu>

<https://cultureofrespect.org/program/realconsent/>

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**Listing:** CDC (Effective)

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**Description:** RealConsent is an online training program for sexual assault prevention that is aimed at educating college-aged men. The program is modeled after Alan Berkowitz’s Men’s Workshop. It was converted to an online format and evaluated through a CDC-funded initiative. The modules communicate key themes using: definitions, scenarios, survivor stories portrayed by actors, expert testimony, advice from peers, and interactive quizzes and games. There are also scenarios that ask the student to decide whether informed consent is possible, after providing guidelines for what constitutes consent. Throughout the program, scripted scenes with a group of male friends help address key topics including: knowledge of informed consent, communication skills regarding sex, the role of alcohol and male socialization in sexual violence, empathy for rape victims, and bystander education.

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**Target:** College-age men

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**Content:** Six thirty-minute modules

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**Cost:** This program is still in its beta testing phase and will be available soon. Use the contact information to be included in beta testing.

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## 15. Ripple Effects Whole Spectrum Intervention System

800.259.6618

<mailto:info@rippleeffects.com>

<http://rippleeffects.com/>

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**Listing:** NREPP (Legacy)

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**Description:** Developed by Alice Ray, the creator of Second Step at the Committee for Children, Ripple Effects is a trauma informed digital tool that personalizes instruction to the particular learning style and risk and protective factors of each learner. Ripple Effects is intended to provide Tier 1, 2, and 3 PBIS/MTSS level supports for students. It includes a library of 191 lessons for elementary students and 420 for secondary students. Modules include information on personal safety training, character education, management of feelings, decision-making, bully prevention, substance abuse prevention, and connection to community. The teen program also includes lessons on sexual harassment, vandalism, truancy, and dating violence.

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**Target:** Modules for elementary and teen students, and staff

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**Content:** Customizable and differentiated lesson track for every student. The program can be used for systematic training, targeted prevention, and/or individualized intervention and guidance.

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**Cost:** Software license pricing varies, starting at one time cost of \$3,300—available licensing for 5, 10, or 30 computers, or school-wide.

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## 16. Safe Child Program

Sherryl Kraizer, PhD

303-809-9001

[skraizer@safekid.org](mailto:skraizer@safekid.org)

<http://safekid.org/educators-2/safe-child-program-prevention-of-child-abuse/>

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**Listing:** CEBC (Promising), PPN (Promising)

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**Description:** Designed to teach prevention of sexual, emotional, and physical abuse by people known to the student, prevention of abuse and abduction by strangers, and self-care

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in a non-threatening manner. It is a ten-lesson program, video-based, followed by role-play. Each year from preschool through grade 3 provides ten age-appropriate, video-based lessons, followed by role-play.

**Target:** Students grades PreK-3 (modules in English, Spanish, French, Creole)

**Content:** DVDs, family materials

**Cost:** \$95 for preschool/parent/teacher program and \$395 for prek-3 student/parent/teacher program

## 17. SafeCare®

800.799.5876

<mailto:katherine.casillas@childrenscolorado.org>

<http://safecare.publichealth.gsu.edu/>

**Listing:** CEBC (Supported), NREPP (Promising for redirection of victimization and maltreatment)

**Description:** Overseen by the Kempe Center® (see Section V below) and delivered by trained parent support coaches, SafeCare is a home visitation rather than a school-based model, but is included here due to its significantly promising outcomes and listing on the NREPP. Targeted to families at high risk of entering the child protection system, referrals to this voluntary program are typically made by child welfare departments, public health agencies and community partners. School officials are encouraged to make referrals, and self-referrals are also accepted. The program focuses on parenting skills, home safety, parental supervision, and healthy decision making. It comprises modules that address parent–child/infant interaction, safety, and health.

**Target:** Families with children 0-5 years of age

**Content:** 60-90 minute home visits for 18 to 20 weeks

**Cost:** Free. SafeCare is available in 33 counties and two American Indian Tribes in Colorado as of this printing. Interested parties should visit the Colorado Office of Early Childhood in the Department of Human Services at <http://www.coloradoofficeofearlychildhood.com/#!safecare-colorado/c1yw0>.

## 18. Safe Dates (Second Edition)

(800) 328-9000 ext. 4324

<mailto:customersupport@hazeldenbettyford.org>

<https://www.hazelden.org/web/go/safedates>

Jana's Campaign™ delivers Safe Dates in Colorado <http://www.janascampaign.org/programs/>

**Listing:** BHYD (Promising), CDC (Effective), NIJ/CS (effective), NREPP (Promising for victimization and maltreatment disruption and behavioral disorders), OJJDP (Effective), PPN

**Description:** Safe Dates helps adolescents and teens understand the difference between manipulative, controlling and abusive relationships and caring, supportive ones. It is instructive on positive communication, anger management and conflict resolution. Adolescents in the program reported less psychological and sexual abuse in follow-up reports than control groups.

**Target:** Middle and high school students and their families

**Content:** Ten-session dating abuse curriculum (manual with CD-ROM) with family materials, including optional drama and art activities.



**Cost:** \$245

## 19. Second Step®: Skills for Social and Academic Success

800.634.4449

<mailto:clientsupport@cfchildren.org>

<http://www.cfchildren.org/second-step>

This curriculum is available under the name “Safety Smarts” through the Voices Carry Child Advocacy Center in Larimer County. <http://www.voicescarrycac.org/programs-services/school-based-programming/>

**Listing:** CDC (Promising), NIJ/CS (Effective), NREPP (Promising), OJJDP (Effective, multiple studies), PPN (Promising)

**Description:** The Second Step®: Skills for Social and Academic Success is a suite of prevention products. Created by the Committee for Children and originally named Second Step: A Violence Prevention Curriculum (2002, updated in 2011), the program has been shown to increase socio-emotional competence and reduce impulsive and aggressive behaviors.

A Bullying Prevention component was added later, and the Child Protection Unit (CPU) was developed in 2014. Although this unit is not yet evidence-based as a stand-alone program, it follows best practices. It was guided by the principles of *Talking About Touching: A Personal Safety Curriculum*. Differentiated by grade level, topics include general safety rules (guns, fire, water), safe adults, body safety, and reporting. Pre-K activities take 5-7 minutes, K-3 take 20-35 minutes, and grades 4-5 take 35-40 minutes.

**Target:** For CPU--Pre-K through grade 5, school administration and staff, caregivers. English/Spanish (Other Second Step programs are targeted to students up to 14)

**Content:** Unlimited online staff training, student notebooks, poster, DVD for each grade, family materials, implementation tools and support resources for staff. Puppets for grades K-1 (purchased separately or substitute your own), songs for elementary students.

**Cost:** Each grade level individually \$179. Grades Pre-K through 5 bundle = \$999. Check your local Children’s Advocacy Center (CAC) for free trainings for schools. CACs are listed below in section V.

## 20. Shifting Boundaries: Lessons on Relationships for Students in Middle School

Bruce Taylor, PhD

NORC at the University of Chicago

<mailto:taylor-bruce@norc.org>

301.634.9512

[http://www.preventconnect.org/2013/05/shifting\\_boundaries/](http://www.preventconnect.org/2013/05/shifting_boundaries/)

**Listing:** CDC (Effective), NIJ/CS (Promising), OJJDP (Promising)

**Description:** Shifting Boundaries is a multi-level primary prevention program for middle school students that addresses sexual harassment and teen dating violence (TDV) as precursors or risk factors for TDV. It is unique in that it embraces a whole-school approach by using four school-wide interventions as well as classroom lessons. The classroom curriculum is comprised of four to seven lessons. It addresses boundary-setting, measuring personal space, avoidance of inappropriate behaviors including sexual harassment, appropriate response, consequences, and mapping safe and unsafe spaces at school.

The four school-wide interventions include using temporary school-based restraining orders called “respecting boundaries agreements”; mapping safe and unsafe areas of



the school; the adjustment of school security and supervisory personnel based on the location of the “hotspots”; raising awareness among school faculty around the “hotspots”; and the use of posters to increase awareness and encourage reporting of incidents to school officials.

**Target:** Differentiated lessons for 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grade students , as well as school-wide interventions

**Content:** Curriculum guides outline role-play and bystander intervention activities, suggestions for self-reflection, and instruction on corrective action.

**Cost:** Free

## 21. Stewards of Children (Darkness to Light)

866.FOR.LIGHT

<mailto:stewards@d2l.org>

<http://www.d2l.org>

**Listing:** CEBC (Promising), OJJDP (Promising)

**Description:** Stewards of Children is a safe environment program designed to create awareness in adults in communities regarding predatory behaviors. This curriculum is available through the Voices Carry Child Advocacy Center in Larimer County, <http://www.voicescarrycac.org/programs-services/school-based-programming/>, and the Western Slope Center for Children, <http://www.wscchildren.org>. Illuminate Colorado through its coalition partner Sexual Abuse Forever Ending (S.A.F.E.) see below, is an authorized facilitator of the Stewards of Children training on the Front Range. <mailto:ewhite@illuminatecolorado.org>

**Target:** Parents of children of all ages, adults in youth-serving organizations, adult communities

**Content:** This curriculum is offered in either a two-hour in-person or online lecture format. It covers five essential steps for effective sexual abuse prevention.

**Cost:** \$10 per person. Facilitator training also available through the website

## 22. Triple P Positive Parenting Program and Teen Triple P

Triple P America

803 451 2278

<mailto:contact.us@triplep.net>

<http://www.triplep.net/glo-en/home/>

**Listing:** BHYD (Promising), CEBC (Promising research evidence for parent training, supported by research evidence for prevention), NIJ/CS (Effective), NREPP (Legacy), (OJJDP (Effective), PPN (Promising)

**Description:** The Triple P – Positive Parenting Program® is a parenting and family support system designed to prevent – as well as treat – behavioral and emotional problems in children and teenagers. It aims to prevent problems in the family, school and community before they arise and to create family environments that encourage children to realize their potential. Triple P draws on social learning, cognitive behavioral and developmental theory as well as research into risk factors associated with the development of social and behavioral problems in children. It aims to equip parents with the skills and confidence they need to be self-sufficient and to be able to manage family issues without ongoing support. Parents learn age-appropriate skills and methods on healthy boundaries, active skills training, discipline techniques, adolescent develop-

ment, communication, and child abuse. Provides a tiered five-level system of treatment. It is a proven system with a suite of programs adaptable to community needs. It is delivered in the home or at a community gathering. Reductions in child abuse are measurable (between 16-22% fewer hospitalizations, out of home placements and confirmed cases).

**Target:** Parents and caregivers of children 0-12 years of age, English and Spanish. Teen Triple P is for children 12 to 16 years and their parents.

**Content:** Lecture/discussion, observation

**Cost:** Varies by program

## 23. Who Do You Tell™? (Calgary Communities Against Sexual Assault)

Calgary Communities Against Sexual Abuse

403.237.6905 extension 228

<mailto:wdyt@calgarycasa.com>

<http://www.whodoyoutell.com/>

**Listing:** CEBC (Promising), PPN (Promising)

**Description:** Who Do You Tell?™ (WDYT?™) is a comprehensive body safety program with sexual abuse and domestic violence components. Delivered in two 45-minute sessions, the curriculum encourages assertiveness through knowledge of body parts, identification of trusted adults, children's right to say no, and reassurance that child sexual abuse could never be the child's fault. The program offers facts about child sexual abuse and empowers communities to speak openly about the issue. Included is a one-hour teacher training which provides an overview of the curriculum, identification of abuse, and tips on response to disclosure. A parent informational meeting is also part of the program. It is school-based, but can be adapted for community settings.

**Target:** Students, grades K-6, Catholic module, some South Asian, Jewish, Muslim illustrations

**Content:** One-hour training video for teachers, DVD/videos, games and activities

**Cost:** Varies depending on licensing options selected by purchaser

## 24. The Women's Program

405.338.8046

<mailto:john.foubert@gmail.com>

<http://www.oneinfourusa.org/thewomensprogram.php>

**Listing:** OJJDP (Promising)

**Description:** This is a sexual assault risk-reduction program that is designed to teach college women bystanders about sexual assault, characteristics of male perpetrators, and how to intervene. Confidence in the ability and willingness to intervene increased significantly for the experimental group.

**Target:** Female college students

**Content:** Book, DVDs and curriculum

**Cost:** Guides are \$70 for a package of 10, DVDs range from \$50 to \$150

## B. "Best Practice" Programs

The following programs have undergone internal evaluations or studies but are not listed by one of the national evidence-based/evidence-informed registries above. These programs contain specific objectives of



current “best practice” research.<sup>12</sup> Scientific research reveals that the elements of best practice may include whether the program:

- Is grounded in theoretical framework
- Contains multiple lessons with specific content over a period of years with multiple reviews with homework
- Has appropriate training for instructors
- Encourages community involvement
- Addresses polyvictimization
- Helps children identify safe adults
- Helps adults build confidence in building safety
- Addresses children with special needs
- Contains an Internet safety component
- Contains a body safety component
- Can be tailored to community needs
- Multidisciplinary (meets the core educational needs in environment)
- Teaches children that sexual abuse is not their fault
- Addresses grooming behaviors
- Is interactive
- Addresses proper disclosure

No program MUST include all of these features to be effective, as programs are targeted for different audiences. “Best practice” differs for programs targeted for children, parents, communities, and professionals, so the selection process must consider the purpose for each intervention in determining whether it follows best practices and fits the community needs. It is important to remember that many prevention programs have no evidence proving their effectiveness, and many are implemented without fidelity to models or quality control. Such programs can waste resources, or more importantly, cause actual harm. Some of the programs below are undergoing current review, which can be a prolonged and expensive process. This manual will be updated as that research becomes available. The programs are listed alphabetically.

## 1. The Blue Bench (Formerly RAAP)

Susie Roman, MA, Director of Prevention and Education  
P.O. Box 18951  
Denver, CO 80218  
303-329-9922

<mailto:info@thebluebench.org>  
<http://thebluebench.org/education-programs/>

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**Counties** Denver Metro  
**Served:**

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**Description:** The Blue Bench offers a number of prevention programs which are aligned with Colorado’s Comprehensive Health Standards for grades 6-12:

- *Keeping Kids Safe* is a one to two-hour education program for caregivers of children to empower them to identify and talk to their children about abuse, predatory behaviors, and intervene and respond with proper resources.

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<sup>12</sup> National Center for Missing and Exploited Children’s Guide for Choosing a Community-Based Safety Program (1999); Prevent Child Abuse America’s State and Federal Legislative Efforts to Prevent Child Sexual Abuse: A Status Report (2015); Center for Disease Control’s Sexual Violence: Prevention Strategies (2015), among other various studies.

- *Let's Talk About it: Sexual Assault Prevention for Youth* is designed for middle school students and covers power dynamics, gender roles, consent, reporting to trusted adults, how to be an active bystander, and healthy relationship building, in a flexible five-hour format.
  - ***Bringing in the Bystander***<sup>®</sup> is an evidence-based program developed by the University of New Hampshire (see p.30). The Blue Bench has adapted it for high school students, where it is deliverable in a flexible format, from 90 minutes to multiple sessions adding up to 5 hours total. It is designed to make high school students active bystanders by teaching them about inappropriate sexual dynamics, empathy, and safe intervention techniques.
  - *Knowledge is Power* is a one to two-hour community education lecture to educate about the myths of sexual assault and how to properly support victims.
  - *Safety and Empowerment Skills* are three to six-hour classes for female-identified teens over 13, and adults. They learn verbal and physical assertiveness through a series of exercises and self-protection tactics.
- iEmpathize Empower Youth Program (to prevent human trafficking--see p. 27 below)

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**Target:** Differentiated modules for middle and high school students and parents

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**Content:** Lecture and discussion, role play

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**Cost:** Free

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## 2. Blue Sky Bridge

Robin Friesen-Holwell, MS, MFTC, Prevention Education Manager  
303.444.1388

<mailto:rfriesen-holwell@blueskybridge.org>

<https://blueskybridge.org/our-work/education/>

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Available in the Boulder Valley and St. Vrain Valley School Districts.

**Description:** Blue Sky Bridge is a Colorado Children's Advocacy Center (CAC) (See pp. 33-35 of this guide.) The children's portion of Blue Sky Bridge's program consists of four 30-minute class presentations. The curriculum includes safe/unsafe touching rules, identification of trusted adults, reporting, and the NO, GO, TELL plan of action. Parents receive separate training on identifying abuse, promoting safe environments, and responding to disclosure. Teachers receive similar instruction, plus information on mandatory reporting laws. There is always a CAC professional on hand at the presentations to respond appropriately to potential disclosure.

Blue Sky Bridge also has professionals trained to facilitate Stewards of Children (see p. 14 above), a safe environment program for adults.

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**Target:** 3<sup>rd</sup> graders, their parents and teachers

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**Content:** Presentation by trained facilitators utilizing puppets, storybooks and role-plays

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**Cost:** Free

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## 3. Child Lures<sup>®</sup> Prevention's

**a. Think First and Stay Safe<sup>™</sup> (for students Prek-6) and**

**b. Teen Lures<sup>™</sup> TV Newscast (for students grades 7-12)**

Jennifer Mitchell, National Child Safety Expert  
800.552.2197

<mailto:info@childluresprevention.com>





**Description:** These programs are school-based curricula, standards and research-based, and turn-key school resources. They meet mandates for bullying/harassment/sexual violence prevention education. *Think First* has been scientifically evaluated and approved by the State Departments of Education in Pennsylvania, Alabama, Indiana, Iowa, Illinois, Georgia, Vermont, New York and Colorado, with others pending. It aligns with the Colorado Department of Education's Comprehensive Health Standards, grade specific. 2017-2018 Editions.

**a. Think First & Stay Safe™ curriculum** teaches youngsters about healthy relationships and pro-social behaviors. Students learn to set, respect and assertively defend personal/digital boundaries of self and others. Interactive lessons promote each child's right to body ownership and safety. Students learn that bullying/cyberbullying, harassment, physical and sexual abuse are against the law. Students identify trusted adults and learn to avoid secrets. Students (Grades 3-6) are taught how to recognize behaviors used to groom and abuse youngsters. Proven prevention strategies help lower risk of child sexual abuse, bullying, harassment, child luring and Internet/electronic crimes.

**b. The Teen Lures TV Newscast curriculum** consists of (10) Student Anchor Scripts, with corresponding Video News Clips and Teacher-facilitated Class Discussions and activities. Each student-led Newscast teaches media literacy while simultaneously allowing teens to peer teach about healthy relationships and consent. Behavioral goals are to open student/adult dialogues, change cultural norms and reduce harassment, dating violence, sexual assault, bullying/cyberbullying, sexting, identity theft, online luring, suicide and human trafficking.

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**Target:** Think First & Stay Safe™ curriculum is for students PreK-Grade 6. Teen Lures™ TV newscast curriculum is for students grades 7-12. English and Spanish.

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**Content:** Grades PreK-6: Unlimited Staff & Parent/Guardian Training, grade-specific scripted lessons and PowerPoint Presentations for interactive learning, Student Activities and Take-home Handouts (PreK-2), Role Playing Scenarios, Positive Thinking Skills, Videos and Video Links for each grade, Classroom Posters, Parent Tools, Pre/Post Student Evaluation. (Optional: Student Personal Safety Workbook and Parent Guide)  
Grades 7-12: Ten Student Anchor Scripts/Video News Clips/Scripted Class Discussions, interactive class activities, practice scenarios and role-playing, worksheets/handouts with helplines and school posters (Optional: Let's Talk Teens parent handbook.)

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**Cost:** The comprehensive toolkit is \$489 for either PreK-6 or 7-12, unlimited use within each school. (Bulk Rates available for 6+ kits). Think First Parent Guides are \$1.00/each; Student personal safety workbooks, for Grades 3-6, are \$1.25/each; Let's Talk Teens parent handbook are \$1.25/each. Each is 20 pages, color illustrated, English or Spanish.

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#### 4. Childhelp® Speak Up Be Safe

480.922.8212

<mailto:info@childhelp.org>

<http://www.childhelp.org>

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**Description:** *Speak Up Be Safe* is a comprehensive program that provides youth with the skills to prevent and interrupt physical, emotional, and sexual abuse as well as neglect and bullying. The curriculum utilizes web-based tools and focuses on increasing student self-esteem and basic safety skills. It is aligned with Common Core standards and has differentiated lessons for each grade level. There are two 30-45 minutes sessions per grade level.

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**Target:** Modules for students grades K-12, and youth sports

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**Content:** Personalized online profiles for students and teachers, take home items after each lesson, reinforcement activities after the unit is completed, videos, kinesthetic learning

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**Cost:** \$5/student for the first year \$3/student in subsequent years

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#### 5. Circles of Safety® from Stop it Now!

Jenny Coleman, Director

413.587.3501

<mailto:jcoleman@stopitnow.org>

<http://www.stopitnow.org/circles-of-safety>

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**Listing:** CEBC (not rated)

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**Description:** Stop it Now! is a multi-tiered public health resource designed to help adults create effective programs to prevent child sexual abuse. Including a helpline, advocacy, prevention and other trainings, Stop it Now! provides the tools to help adults take action tailored to their communities. Circles of Safety® provides a customized training experience ranging from short online training modules to a three-day training for leadership planning and implementation of safety policies and procedures, which can include “Train the Trainer” modules. The consultation is highly customizable for each organization. The leadership team checks in quarterly to adjust and modify safety planning.

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**Target:** Caretakers of students in youth-serving organizations and higher education students and staff.

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**Content:** Training and consultation on strategies, policies and practices to make organizational change for the prevention of sexual abuse of children.

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**Cost:** Varies depending on type and scope of training. Includes follow-up consultation for a full year.

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#### 6. Family Life and Sexual Health (FLASH)

<http://www.kingcounty.gov/healthservices/health/personal/famplan/educators/FLASH.aspx>

Available in Colorado through:

Colorado Youth Matter (See p. 33)

Ruthie Kolb,

720.432.8992

<mailto:rkolb@coloradoyouthmatter.org>

Durango Sexual Assault Services Organization

Maura Doherty-Demko, Executive Director

<mailto:maura@durangosaso.org>



**Description:** FLASH is a comprehensive sexual health education curriculum developed by Public Health Seattle- King County. It is designed to prevent teen pregnancy, STDs, and sexual violence. Lessons include navigating puberty, abstaining from sex, reporting of sexual abuse and assault, and communication with family and friends about sexual health and dating. Training of facilitators recommended but not required.

**Target:** Elementary, middle, and high school student modules, up to age 21, including adaptations for disabled students

**Content:** Presentation (PowerPoint) and worksheet, small group discussion. Extension opportunities by content area are available depending upon the lesson. Guidance for organizing speakers and panels is included.

**Cost:** Free

## 7. Front Range Center for Assault Prevention

Victoria Strong, MA, MNM- Executive Director  
720.210.4801

<mailto:victoria@frontrangep.org>

<http://www.frontrangep.org/>

**Counties Served:** Colorado Front Range primarily, but contact Front Range CAP to inquire about your school.

**Description:** Front Range CAP is the Denver/Boulder chapter of the International Center for Assault Prevention (ICAP) <http://www.internationalcap.org/>. The curriculum is focused on reducing the vulnerability of children and adolescents to all types of abuse and neglect through prevention education and advocacy. The curriculum covers bullying, stranger awareness, and sexual abuse prevention.

**Child Assault Prevention (CAP) Project:**

**Preschool CAP** is taught in 40-minute sessions over two days. It reviews safety rules, stranger awareness, body safety, and helps students identify bullying behavior.

**Elementary CAP** is delivered in one-hour sessions over two days (30 minutes for kindergarten). Strategies for handling dangerous situations (bullying, abduction, assault) are presented, children are taught how to identify safe adults, and facilitators answer concerns/questions about unsafe situations.

**Teen CAP** is designed for middle and high school students. The curriculum, delivered in three one-hour modules, addresses dating violence, sexual harassment, gender stereotypes, and proper intervention through empathy, assertiveness, impulse control and anger management.

**Teacher/Staff Workshop** is comprised of two 2 ½ hour in-service presentations at the staff's convenience before the children are trained. It covers identification and prevalence of abuse, mandatory reporting requirements, strategies for reinforcing the messaging at home, and suggestions for follow-up lessons.

**Parent Workshops** are required before prevention skills are taught to the children. Parents are exposed to the messages in the curricula, learn how to reinforce the prevention techniques at home, and are empowered to ask questions.

**Target:** Modules for preschool, elementary, middle/high school students, school staff, and parent audiences.

**Content:** CAP-Guided group discussion, songs, role-play  
Teen CAP- Role play, anonymous question box, drama/monologues  
Teacher/Staff Workshop-resource guide, parent handouts

**Cost:** Varies



## 8. Keeping Your Children Safe in the Real and Virtual World, You are Not Alone, and Recognizing and Reporting Child Abuse (Dallas Children’s Advocacy Center)

Dianna Smoot, Community Education Director, Dallas Children’s Advocacy Center (DCAC)

<mailto:trainingcenter@dcac.org>

<https://trainingcenter.net/product/parent-child-curriculum-package>

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**Description:** Training videos for parents (*Keeping Your Child Safe in the Real and Virtual World*—22minutes), and for children (*You are Not Alone*—10 minutes) are designed to teach the basics of personal safety in the real and online world. Students learn about criteria for a safe home, identifying inappropriate touch, how to report, and the dangers of sharing personal information or inappropriate pictures online.

*Recognizing and Reporting Child Abuse* is designed for professionals working with children on a regular basis and includes information on the realities of child abuse, how to recognize physical and behavioral signs of the various forms of child maltreatment (sexual abuse, physical abuse, emotional abuse, neglect and domestic violence), grooming behaviors, and how to make a report of suspected abuse as required for mandated reporters. This professional development curriculum offers compliance tracking for supervisors. In addition, agencies have the opportunity to co-brand the training videos and supplemental materials to be state and/or organization specific. This would provide the ability to incorporate specific statute and reporting numbers in the training.

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**Target:** *Keeping Your Child Safe in the Real and Virtual World* and *You Are Not Alone* are for students ages 8 to 14 and their parents, home-based. *Recognizing and Reporting Child Abuse* is for professionals in child-serving agencies.

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**Content:** Each of the programs also includes supplemental materials, available in hard copy for a fee or a free download via the online subscription included as part of the initial curriculum purchase. These include a facilitator’s guide, case studies, and course-specific handouts.

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**Cost:** \$179.00 (\$349 for the set of three)

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## 9. Kempe Center for the Prevention of Child Abuse and Neglect

<mailto:Kempe.Center@ucdenver.edu>

<http://www.ucdenver.edu/academics/colleges/medicalschoo/departments/pediatrics/subs/can/Pages/ChildAbuseNeglect.aspx>

The Gary Pavilion at Children’s Hospital Colorado

Anschutz Medical Campus

13123 E. 16<sup>th</sup> Avenue, B390

Aurora, CO 80045

303.864.5300

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**Description:** The Kempe Center provides clinical care, advocacy, research, and education, partnering with policy makers, human service agencies, child advocacy groups and nonprofits to prevent child abuse and neglect and to treat victims of abuse and neglect. The Center is affiliated with The Children’s Hospital and a program at the Department of Pediatrics, School of Medicine, University of Colorado at the Anschutz Medical Campus, where it has its home. The Kempe Center improves the care and well-being of all children by strengthening families, communities, and the systems that serve them. The Center serves families across the Rocky Mountain West, in multiple states, and consults across the globe. See Kempe’s website for a full listing of services and resources. Among a multitude of programs dedicated to improved outcomes for infants and children, the following prevention programs are currently

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available:

**Kempe CARES** (Consultative And Reflective Educational Support) An early childhood prevention program adapted from the curriculum of ZERO TO THREE, <https://www.zerotothree.org/> a D.C.-based nonprofit engaged in ensuring the safety of infants and toddlers. The program is mostly available at child care centers and preschools, and reduces abuse risk factors by promoting social-emotional development and strengthening parent-child relationships.

**SafeCare**® (profiled above)

**Perpetration Prevention Program (PPP):** Reduces the risk of children being abused or becoming abusive as children, as adolescents, and ultimately, as the next generation of adults by promoting primary, secondary, and tertiary perpetration prevention strategies. Understanding and responding to the sexual behavior of children is a primary pillar of these strategies. **The Colorado School Safety Resource Center (CSSRC) offers the PPP training free of charge.** (Kempe charges \$450 to attend a “train the trainer” class.)

**Online and In-Person Training** for caseworkers and other professionals (including online training for mandated reporters offered free of charge at <https://www.coloradocwts.com/mandated-reporter-training>)

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<b>Target:</b>	<b>Kempe CARES:</b> Children to three years and their parents <b>Safe Care</b> ®: Families with children 0-5 <b>Primary Prevention Program:</b> Adults (parents, school and community professionals in child-serving institutions, parents)
<b>Content:</b>	Prevention skills training
<b>Cost:</b>	Free

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## 10. Kidpower® Colorado

Jan Isaacs Henry, Executive Director  
(719) 963-7376  
<mailto:jan@kidpowercs.org>  
<http://kidpowercs.org/>

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<b>Counties Served:</b>	El Paso and surrounding areas, Denver Metro
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**Description:** This international organization (*Kidpower*®, *Teenpower*®, *Fullpower International*®), is not on the national registries, but has undergone rigorous independent reviews and aligns as evidence-informed and exemplifying best practices. Kidpower started in 1989—locally in 1994. The program aligns with Colorado Department of Education’s Comprehensive Health Standards at each grade level. Kidpower’s mission is to teach people of all abilities how to use their power to stay safe, act wisely, and believe in themselves, including online. Workshops cover verbal boundary-setting and focus on building confidence, self-esteem, and situational awareness (including grooming behaviors). School programs vary in length and are held during the school day or in the evening to accommodate parent participation. Weekend classes are open to the community. Customized classes are available. Teenpower promotes the same themes, as well as healthy dating relationships and harassment.

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<b>Target:</b>	Differentiated modules for elementary, middle, and high school students, as well as their families. Components are adaptable for children with disabilities.
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<b>Content:</b>	Parent and teacher workshops, role play, review games, illustrated books, family information packet
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<b>Cost:</b>	Varies from \$45 to \$250 per child. Scholarships are available for low income families.
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The program is clear that they do not want families to miss the message due to lack of funding.

## 11. MBF Child Safety Matters™

904.642.0210

<mailto:info@mbfchildsafetymatters.org>

<https://mbfchildsafetymatters.org/>

**Listing:** CEBC (Not rated)

**Description:** This primary prevention was developed with schools and is designed to educate and empower students and adults with strategies to prevent, recognize, and respond to unsafe situations, including bullying, cyberbullying, and all types of child abuse with consistent safety messaging. The curriculum has two sessions per year in elementary, three in middle school, and six in the after school program presented by grade level. While it has not been listed on the national registries, an independent study by Florida State University found it effective, and it has been endorsed by such experts as Dr. David Finkelhor, Director, Crimes Against Children Research Center, [erinslaw.org](http://erinslaw.org), and the National Educators to Stop Trafficking (NEST).

**Target:** Differentiated modules for elementary, middle, and after school programs, ranging from 35 to 55 minute sessions. Videos are close-captioned

**Content:** Mobile app, flashdrive (with facilitator manual, notebook, scripts, Power Points, opt-out forms, data sheets for auditing, pre and post assessments, scripts for school announcements and social media posts, etc.), bookmarks, tattoos, magnets, backpack tags, online courses for professional development

**Cost:** \$389 per grade or \$2,100 for a K-5 bundle

## 12. NetSmartz

<http://www.netsmartz.org/Parents>

**Description:** NetSmartz Workshop is an interactive, online educational program of the National Center for Missing & Exploited Children® (NCMEC) that provides age-appropriate resources to help teach children how to be safer on- and offline. The program is designed for children ages 5-17, parents and guardians, educators, and law enforcement. With resources such as videos, games, activity cards, and presentations, NetSmartz entertains while it educates. Its goals are to educate children on how to recognize potential Internet risks, engage children and adults in a two-way conversation about on- and offline risks, and to empower children to help prevent themselves from being exploited and to report victimization to a trusted adult.

**Target:** Children 5-17, educators, parents, law enforcement

**Content:** All online downloadable presentations, videos, and games

**Cost:** Free

## 13. Nurturing Healthy Sexual Development

<mailto:info@illuminatecolorado.org>

[illuminatecolorado.org](http://illuminatecolorado.org)

**Description:** This curriculum was developed by Prevent Child Abuse Vermont. Participants will gain information and skills to develop and maintain open communication with children, identify and respond to normal as well as concerning sexual behaviors in children, answer children's questions, and give children positive messages. Nurturing healthy sexual development plays an important role in protecting children from sexual abuse



and/or developing sexually abusive behaviors. Universal goals for the program were drawn from the prevention curriculum created by Gail Ryan for the Kempe Center.

**Target:** Early childhood educators, child care providers, parents, teachers, health care providers

**Content:** Lecture and Discussion

**Cost:** Free

## 14. Parenting Safe Children

Feather Berkower, MSW

303.931.5782

<mailto:feather@parentingsafechildren.com>

<https://www.parentingsafechildren.com/>

**Description:** Parenting Safe Children provides a four-hour workshop to educate parents and caregivers about keeping children safe from sexual abuse. Topics include: identifying grooming behaviors in teens and adults who sexually abuse, age-appropriate sexual behavior vs. concerning behavior in children, body-safety rules for children and teens, and building a prevention team of caregivers. Additionally, a three and one-half hour professional in-service provides youth professionals with specific tools to keep their organization (agency, school, hospital, health group, church or youth group) off limits to child sexual abuse. Child sexual abuse prevention policies and screening processes for new hires are discussed in detail. There is a component on disclosure and reporting requirements.

**Target:** Parents of children from 0 through adolescence, youth professionals

**Content:** The online presentation is designed for parents/caregivers rather than professionals serving youth, and is available only to those residing outside the Denver metro area.

**Cost:** \$53.75 per person for live presentation (includes materials); \$44.99 for the online version (includes videos, activities and downloadable materials). Phone consultations are \$125 per hour.

## 15. Peace Maker Campaign (Advocates for Victims of Assault)

Brooke Turner

970.668.3906

<mailto:brooke@summitadvocates.org>

<http://www.summitadvocates.org/peace-maker/>

**Counties Served:** Summit

**Description:** Presented by the Summit County Advocates, the Peace Maker Campaign teaches elementary students age-appropriate information about healthy relationships and conflict resolution, bully prevention, empathy building, and body safety.

**Target:** Students grades 1-5

**Content:** Interactive discussion, role play, English and Spanish

**Cost:** Free





## 16. Play it Safe!®

Diane Mayfield, M.Ed.

888.984.2294

<mailto:info@playitsafe.org>

[https://playitsafe.org/show.php?name=aboutus\\_playitsafe](https://playitsafe.org/show.php?name=aboutus_playitsafe)

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**Description:** This evidence-informed body-safety curriculum is multi-tiered for educators, schools, youth organizations and faith-based institutions, differentiated by age. Play it Safe!® was created by the professionals at The Women’s Center of Tarrant County, which offers a continuum of services to inspire, teach, and empower women and families to overcome violence, crisis and poverty. This program teaches children how to identify all manner of abusive behavior, take action against it, and report. There is a lesson for each grade, containing an age-appropriate DVD and script. The pre-K session is approximately 30 minutes. Each elementary grade session lasts 45 minutes to an hour. Available add-ons for older grades contain information on internet safety, harassment, and bullying. There are three middle school sessions, which have components on sexting and cyberbullying, and two high school sessions which focus on emotional, physical and sexual dating violence.

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**Target:** Students PreK-12, parents, educators

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**Content:** DVDs, scripts and coloring books are available in hard copy or online. Dolls and coloring books are included in the cost for pre-K through 2<sup>nd</sup> grade.

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**Cost:** Pre-K-2nd grade Hard Copy & Online for a year is \$299, which includes Joe and Suzy doll and 25 coloring books. Additional dolls can be purchased at \$50 a pair and coloring books are \$50 for 25, English or Spanish.

3rd grade-High School Hard Copy & Online for a year are \$199 each.

A license renewal of \$25 per program per year is necessary to maintain online streaming after the first year of purchase.

Online Only costs are:

Pre-K-2nd grade is \$199 which includes a downloadable script and coloring books. One pair of Joe and Suzy dolls per program purchased will be mailed.

3rd grade-High School programs are \$149 with downloadable script. Online streaming must be renewed each year for \$25 per program.

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## 17. radKIDS® Personal Empowerment Safety Program

Berthoud Fire Protection District

Andrew Kuiken

970.566.0222

<mailto:radKIDS@radKIDS.org>

<http://www.radkids.org/about-radkids/>

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**Counties** Boulder, Larimer, Weld

**Served:**

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**Description:** radKIDS is an activity-based empowerment and safety-skill building curriculum. It includes lectures, safety drills, physical skills to resist or stop violence or harm, and dynamic simulation. Students learn about school safety, vehicle safety, grooming techniques, and personal safety, including strategies for conflict resolution and reporting abuse, preventing abuse and bullying. The 10-hour program emphasizes essential decision-making skills and physical resistance options to escape violence. In the children’s program, there is a strong emphasis on family partnership.

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**Target:** Children PreK-6, parents and educators, college students

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**Content:** Interactive presentations and safety demonstrations

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**Cost:** Free

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## 18. Safe@Last, and Be. (Sexual Assault Center of Tennessee)

615-259-9055 Ext. 314

<https://www.besafeatlast.com>

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**Listing:** Both programs meet American School Counseling Association Standards

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**Description:** Sexual assault and prevention program presented in online and in-class formats. Educators learn how to recognize and respond to child sexual abuse. Students learn about personal boundaries, body safety and assertiveness, how to identify and disclose to a trusted adult, and how to navigate peer pressure. Safety with respect to guns, gangs, bullying and internet safety are also discussed. Lessons are taught in four 30-45 minute sessions.

Teens focus on healthy relationships, bystander intervention, technology, and learning how to access help in case of violence or abuse.

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**Target:** Safe @Last = Students grades K-6;  
Be. = Students grades 7-12  
Campus Safe@Last = College students and professionals (in development)

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**Content:** Online interactive workbook, role-plays and games, Catholic module available

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**Cost:** \$125 for each curriculum

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## 19. SafeTouch (Lutheran Family Services)

Chelsey Lehmkuhl, Prevention Services Supervisor

<mailto:chelsey.lehmkuhl@lfsrm.org>

970.356.6751

<http://www.lfsrm.org/prevention-services/safetouch>

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**Counties Served:** Weld and surrounding areas

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**Description:** SafeTouch is a school-based program was created to teach children to recognize abusive situations among family members, peers, acquaintances and strangers and, if confronted with such situations, to seek help for themselves, their siblings or friends. Safe Touch uses a sensitive, evidence-informed, developmentally appropriate curriculum that includes group activities, age-appropriate discussions, role play, puppets, and videos. The broad objectives of the SafeTouch program is to ensure children/youth recognize abusive and inappropriate situations, to reduce children/youth's vulnerability to abuse and unwanted touch, help children/ youth learn to say "No," run away, and tell an adult, and teach children/youth how to identify trusted adults who will understand their situation. This is a program that nurtures a child's physical, emotional, and intellectual health and well-being. The kindergarten session is 45 minutes. Other grades are 60 minutes. Sessions are conducted annually.

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**Target:** Students grades K-5, adaptable for faith-based communities and children with disabilities

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**Content:** Discussion, puppets, pictures, videos, role-play

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**Cost:** Free

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## 20. Safe Touches: Personal Safety Training for Children (New York Society for the Prevention of Cruelty to Children)

Ann Costello, MPH

<mailto:acostello@nyspcc.org>

<http://www.nyspcc.org/our-work/safe-touches-personal-safety-training-children/>

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**Description:** *Safe Touches* is a comprehensive child sexual abuse prevention program designed for children K through 3<sup>rd</sup> grade. Trained facilitators help kids learn and practice key safety concepts using puppets to talk about sensitive safety concepts. After the workshop, the children are given an age-appropriate activity book on body safety to complete at home with their caregivers. Key safety concepts include private body parts, safe and not safe touches (and that they happen to both boys and girls and may be made by people we know or don't know), how to report not safe touches, that abuse is never the child's fault, and that children should tell until they are believed. The Safe Touches curriculum was developed by The New York Society for the Prevention of Cruelty to Children (NYSPPC), a nonprofit organization dedicated to improving the lives of maltreated and at-risk children through research, education, advocacy, and direct services.

In 2012, with support from the National Institute of Health (NIH), The NYSPCC conducted a full scale research study to assess program efficacy among second and third graders. The study found significant increases in knowledge of workshop-related concepts.

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**Target:** Students K-3 (Safe Touches).  
The NYSPCC also provides Child Sexual Abuse Prevention Education (not Safe Touches) for students in grades 4 through 12, as well as for parents/ caregivers, and teachers and other staff members. The Curriculum is currently only available in English.

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**Content:** Safe Touches includes a workshop and homework activities with caregivers. Age appropriate adaptations are made for students in grades 4-5, 6-8, and 9-12 in the Child Sexual Abuse Prevention Education programs.

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**Cost:** Varies depending on scope and location of implementation. To maintain fidelity to the evidence-informed Safe Touches model, the program requires facilitator training, including travel expenses. This program has not been implemented in Colorado. Please contact the New York Society for the Prevention of Cruelty to Children to learn more.

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## 21. Safer, Smarter Kids; Safer, Smarter Teens; Safer, Smarter Schools (Lauren's Kids)

Ivette Diaz, Executive Director

786-288-5045

<mailto:ivette@laurenskids.org>

[SaferSmarterKids.org](http://SaferSmarterKids.org) PreK through 5<sup>th</sup> grade, including children with disabilities

[SaferSmarterTeens.org](http://SaferSmarterTeens.org) Middle, high school

[SaferSmarterSchools.org](http://SaferSmarterSchools.org) Professional development

<mailto:SaferSmarterFamilies.org> For families—free extension activities and prevention information

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**Description:** These school-based curricula are designed for PreK through grade 12 and include adaptations for special education. Professional development for educators is also available. Studies funded by the developer, conducted independently, have indicated significant increase in body safety knowledge after completion of the program. The spiral curriculum builds with the development of the child, and contains elements that address body-safety, bullying, empowerment, and Internet safety. With age-appropriate considerations, the programs address safe/unsafe situations, the grooming

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	process, and balances of power in relationships. Each grade contains five to eight 30 minute lessons that can be incorporated into reading, health, or social science lessons.
<b>Target:</b>	Families, students PreK-12, students with disabilities. Available in Spanish and Creole. Professional development module available for teachers, principals and guidance counselors.
<b>Content:</b>	Teacher's Guides, Parent Letters, video lessons, visual aids, in-class activities, optional homework activities, posters, stickers, activities, bookmarks and online tools for parents and educators; aligned to education standards; free grade-level training videos for educators
<b>Cost:</b>	About \$300 per grade--varies depending on services and add-ons purchased.

## 22. SungateKids SafeKids (SK<sup>2</sup>)

Erin Katz, J.D., Director, Prevention Programming  
303.368.1065

<mailto:erin.katz@sungatekids.org>

<https://www.sungatekids.org/programs-services-for-child-abuse-victims/sungatekids-safekids/>.

**Counties Served:** Douglas, Jefferson, Arapahoe, Elbert, and Lincoln Counties, and the greater Denver Metro area via SungateKids Child Advocacy Center. Please contact SungateKids to inquire about availability in your district.

**Description:** SungateKids SafeKids (SK<sup>2</sup>) is a multi-faceted, interactive child abuse prevention program developed by SungateKids, a nationally recognized and accredited child advocacy center serving the greater Denver metro area. SK<sup>2</sup> is aligned with the Colorado Department of Education's Comprehensive Health and Physical Education Academic Standards for 3rd, 4th and 5th grades. The program is too new to have undergone rigorous independent study, but is modeled on the evidence-based Kids on the Block Program, which has been utilized nationally to improve social behaviors relative to children with disabilities and social concerns. SK<sup>2</sup> has anecdotally resulted in positive outcomes. Delivered in a 45-minute puppet program, each puppet represents one of three children who have had various experiences with child abuse. The content empowers children with body safety education, awareness of predatory behavior, and self-confidence. There is opportunity for response after the segment, and educators are trained to provide support and continue the discussion in the classroom intermittently following the presentation. Parents are engaged in the process. SungateKids also offers separate prevention education programming for parents of preschool-aged children focused on helping parents begin a conversation about child abuse safety with young children.

**Target:** Students grades 3-5, parents, and teachers

**Content:** Interactive puppet show, discussion and debrief, materials for follow-up

**Cost:** Free

## III. PROGRAMS TO PREVENT HUMAN TRAFFICKING

The U.S. Department of Education has developed a guide to help school officials understand how human trafficking impacts schools, recognize the indicators of possible child trafficking, and develop policies, protocols, and partnerships to address and prevent the exploitation of children. That guide is available at <https://safesupportivelearning.ed.gov/human-trafficking-americas-schools>. A simple fact sheet for schools can be downloaded here: <http://www2.ed.gov/about/offices/list/oese/osh/tipfactsheet91913.pdf>.



As a part of its Blue Campaign® to end human trafficking (see Campaigns in section VIII below), the Department of Homeland Security prepared this pamphlet of facts and resources for educators:

<https://www.dhs.gov/sites/default/files/publications/bc-inf-ed101-ht-101-for-school-administrators-staff.pdf>.

The National Center for Homeless Education (U.S.D.E.) contains assistance for how schools should respond to instances of trafficking at <http://center.serve.org/nche/downloads/briefs/trafficking.pdf>. Homeless youth are at especially high risk.

The National Center for Missing and Exploited Children also offers resources at

<http://www.missingkids.com/Publications/Exploitation>.

Within the State, the Colorado Human Trafficking Council was created within the Department of Public Safety to build a coalition of community-based and statewide anti-trafficking efforts. Their work is outlined here:

<https://sites.google.com/a/state.co.us/cdps-prod/home/human-trafficking-council>. Further information regarding the Council is found on p. 25 of this guide. Additionally, the following prevention programs are designed to prevent human trafficking and exploitation.

## 1. Bodies are Not Commodities

### (A21—Abolishing Injustice in the 21<sup>st</sup> Century)

427 E. 17th Street #F223

Costa Mesa, CA 92627 USA

949.202.4681

<http://www.a21.org/content/bodies-are-not-commodities/gidpiv?permcode=gidpiv>

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**Description:** Online awareness and prevention resource (Common Core aligned). The program includes five multi-media and interactive sessions, supplementary curriculum for Social Studies, English and Health. Its goal is to prevent human trafficking, protect students, and offer pathways of engagement.

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**Target:** High school students

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**Content:** Facilitator guide, student guide and video downloads

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**Cost:** \$75

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## 2. iEmpathize Empower Youth Program

Candace Joice, Education Manager

303.625.4074

<http://empower.iempathize.org/>

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**Description:** iEmpathize is a Colorado-based organization with an exploitation-prevention curriculum designed to equip students with strategies to stay safe from issues of exploitation, from bullying to sex trafficking. The program utilizes original, age-appropriate media featuring young adults that focuses on positive, non-sensationalized content. Central to the curriculum is character education and empathy development.

The curriculum is delivered in five lessons; content is available via either print or online deliverables. Tied to common core in language arts and social studies, as well as tied to national standards in health education and counseling. Now available through **The Blue Bench** (See p. 16 above).

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**Target:** Grades 7-12

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**Content:** Videos paired with a facilitator guide containing activities, discussion questions, and assessments

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**Cost:** \$2.00/student for a one-year license and consultation for organizations serving over 50. For organizations serving less than 50 students in a year, the license is a flat-rate of \$90.

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### 3. Not a #Number (Love 146)

<mailto:info@love146.org>

<https://love146.org/notanumber/>

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**Description:** Not a Number is an interactive, five-module prevention curriculum designed to teach youth how to protect themselves from human trafficking and exploitation through information, critical thinking, and skill development. It uses a holistic approach focusing on respect, empathy, individual strengths, and the relationship between personal and societal pressures that create or increase vulnerabilities. The content includes information and skill building activities on how to understand and prevent various forms of human trafficking and exploitation, personal vulnerability and the effects of traumatic events, healthy and unhealthy relationships, online safety, safety planning, and identification of healthy support systems and resources.

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**Target:** Youth ages 12-18 in schools, child welfare and juvenile justice agencies, residential facilities, and other community settings.

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**Content:** The curriculum uses scenarios, videos, spoken word, discussion, and handouts for individual and small group work. Resources for professionals working with youth and caregivers are included and can be downloaded from the website.

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**Cost:** A three-day Facilitator Certification Training is required for all professionals who would like to implement the program in their settings. Please contact Love146 at [notanumber@love146.org](mailto:notanumber@love146.org) for more details

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### 4. Not for Sale

2225 3<sup>rd</sup> Street

San Francisco, CA 94107

650.560.9990

<mailto:https://www.notforsalecampaign.org/contact-us/>

<https://www.notforsalecampaign.org/>

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**Description:** The high school curriculum is derived from the book *Not for Sale* by David Batstone. It includes the major theses of war, poverty, religion, immigrant and refugee status, global economies, forced labor, justice systems, and the abolition of slavery.

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**Target:** High school and college students

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**Content:** 10-lesson downloadable curriculum including script with read-alouds, study questions, writing prompts and activities.

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**Cost:** Free

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### 5. The Prevention Project® --Richmond Justice Initiative (RJI)

<mailto:info@prevention-project.org>

<http://www.prevention-project.org/home/prevention-project-program/>

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**Description:** The six-lesson curriculum (45-50 minutes per session) is Common-Core aligned for Social Studies, Health and English. It was reviewed by National Educators to Stop Trafficking, and contains all features deemed useful for these types of education programs. It seeks to prevent trafficking and equip students to be part of the solution to eradicate it. Students learn about grooming behaviors and risk factors to their self-esteem. The program is national, and based on input from survivors and experts in law enforcement, education and advocacy.

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**Target:** Middle and high school students. Can be presented in schools, after-school programs, youth groups.

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**Content:** Teacher's guide, videos, interactive activities, homework and other resources, updated annually. The Project trains the trainers via phone in one 90-minute session.

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**Cost:** Priced per number of students served, subsidized by donors of the RJI. 0-1,000 students = \$300; 1,001-2,000 = \$375; 2,000+ = \$450; school districts or BOCES should contact The Prevention Project® directly for pricing. [info@prevention-project.org](mailto:info@prevention-project.org)

## 6. UNICEF

<https://www.unicef.org/>

**Description:** UNICEF offers four different curricula targeted to the groups named. Each of them contains lessons to raise awareness, identify and prevent human trafficking. Lessons vary from one to four sessions and include assessments, extensions and study questions, depending on the age of the audience.

**Target:** Families, middle and high school students, educators

**Content:** [Downloadable curricula here.](#) Includes activities, links to videos.

**Cost:** Free

## IV. STATEWIDE GOVERNMENT PROGRAMS

### A. Colorado Department of Education

<https://www.cde.state.co.us/cohealth/statestandards>

201 E. Colfax Ave.  
Denver, CO 80203  
303.866.6600

**Mission:** To ensure that all students are prepared for success in society, work, and life by providing excellent leadership, service, and support to schools, districts, and communities across the state.

**Description:**

- The Colorado Department of Education (CDE) provides leadership, resources, support and accountability to the state's 178 school districts, 1,836 schools, close to 56,000 teachers and over 2,800 administrators to help them build capacity to meet the needs of the state's approximately 889,000 public school students.
- CDE also provides services and support to boards of cooperative educational services (BOCES), early learning centers, state correctional schools, facility schools, the state's libraries, adult/family literacy centers, and General Education Development (GED) testing centers reaching learners of all ages. CDE operates the Colorado Talking Book Library which provides supports for people who have vision, print, and reading disabilities. CDE also provides structural and administrative support to the Colorado School for the Deaf and the Blind and the Charter School Institute.
- As the administrative arm of the State Board of Education, CDE is responsible for implementing state and federal education laws, disbursing state and federal funds, holding schools and districts accountable for performance, licensing all educators, and providing public transparency of performance and financial data.
- CDE provides guidance with respect to compliance with Title IX of the Education Amendments of 1972. The purpose of Title IX is to eliminate discrimination on the basis of sex in any education program or activity receiving Federal financial assistance. Resources for districts are available here: [http://www.cde.state.co.us/cde\\_english/titleix](http://www.cde.state.co.us/cde_english/titleix)
- CDE serves students, parents, and the general public by protecting the public trust through ensuring adherence to laws, strong stewardship of public funds, and accountability for student performance.  
CDE has published a guide for school personnel with respect to preventing and



reporting child abuse and neglect:

[https://www.cde.state.co.us/sites/default/files/documents/healthandwellness/download/child\\_abuse\\_manual\\_2002.pdf](https://www.cde.state.co.us/sites/default/files/documents/healthandwellness/download/child_abuse_manual_2002.pdf)

- Additionally, there is a guide for school nurses:

[https://www.cde.state.co.us/sites/default/files/documents/healthandwellness/download/nurchild\\_abuse.pdf](https://www.cde.state.co.us/sites/default/files/documents/healthandwellness/download/nurchild_abuse.pdf)

## B. Colorado Department of Human Services

### 1. Office of Children, Youth and Families, Division of Child Welfare

[mailto:cdhs\\_communications@state.co.us](mailto:cdhs_communications@state.co.us)

<mailto:sarah.krcal@state.co.us>

<https://www.colorado.gov/pacific/cdhs/children-families>

1575 Sherman Street, 2<sup>nd</sup> floor

Denver, CO 80203

303.866.5700 (for administrative inquiries only—child abuse reports go to **1-844-CO-FOR-KIDS**)

**Mission:** To strengthen the ability of the family to protect and care for their own children, minimize harm to children and youth, and ensure timely permanency planning. Services stabilize the family situation and strengthen the family's capacity to care for their children. When safety is not possible within the family, services focus on the child's need for a stable, permanent home as quickly as possible.

**Description:** Colorado has a state-supervised and county-administered human services system. Under this system, county departments are the main provider of direct services to Colorado's families, children, and adults. CDHS supports the Child Welfare Training System—it offers free trainings to the community when open spots are not taken by child services staff. In collaboration with the Kempe Center, creates and supports free online training for school professionals: [Link to online Mandated Reporter Training](#).

### 2. Office of Early Childhood

800.799.5876

<mailto:http://www.coloradoofficeofearlychildhood.com/contact-us>

<http://www.coloradoofficeofearlychildhood.com/>

1575 Sherman Street

Denver, CO 80203

**Mission:** To provide collaborative leadership to align resources for children, families, and early childhood professionals to best prepare Coloradoans for future success, through access to coordinated and quality early childhood programs and family supports.

**Description:** There are two divisions within the OEC: The Division of Early Care and Learning, which assists in the provision of access to safe and high quality early learning environments; and the Division of Community and Family Support, which addresses individualized family and child development needs. The OEC has piloted and continues to provide multiple programs for the support of families with young children and their communities throughout the state. Check their website for details on programming in your area. The office brings together an assembly of experts in the fields of child development and child abuse prevention, including the Child Care Licensing Committee, the Child Care Licensing and Appeals and Waivers Panel, the Colorado Children's Trust Fund Board, the Colorado Interagency Coordinating Council, the Early Childhood Leadership Commission, and the Prevention Steering Committee.



## C. Colorado Department of Public Health and Environment

<https://www.colorado.gov/pacific/cdphe/svp>

Tomei Kuehl, MPA, Interpersonal Violence Prevention Unit Supervisor

[tomei.kuehl@state.co.us](mailto:tomei.kuehl@state.co.us)

Violence and Injury Prevention—Mental Health Promotion Branch

4300 Cherry Creek S Dr.

Glendale, CO 80246

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**Mission:** To impact prioritized risk and protective factors of sexual violence by funding community agencies and evaluating their intended impact.

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**Description:** Through the sexual violence prevention program, community organizations partner with CDPHE to work to prevent sexual violence. Communities are engaged to change unhealthy norms, policies and practices that sanction sexual violence, and implement policies and practices to address the root cause of sexual violence.

Current grantees include:

Bright Future Foundation in Eagle County, Colorado Anti-Violence Program in Denver, Full Circle of Lake County in Lake County, S.A.R.A. Inc. in Fort Morgan, Safehouse Progressive Alliance for Nonviolence in Boulder, Sources of Strength in Lakewood, Summit County Government Youth and Family Services in Summit County, The Conflict Center in Denver, and Tu Casa in Alamosa.

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## D. Colorado Department of Public Safety

### 1. Colorado School Safety Resource Center

<https://www.colorado.gov/pacific/cssrc>

700 Kipling St., Suite 1000

Denver, CO 80215

Margaret M. Ochoa, J.D.

[margaret.ochoa@state.co.us](mailto:margaret.ochoa@state.co.us)

303.239.4439

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**Mission:** To assist educators, emergency responders, community organizations, school mental health professionals, parents, and students to create safe, positive, and successful school environments for Colorado students in all pre-K-12 and higher education schools.

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**Description:** The CSSRC provides training, consultation, and resources for school staff, parents, and students pre-K through higher education on best practices in child sexual abuse and assault prevention. Trainings include but are not limited to:

- Primary, secondary and tertiary prevention of child sexual abuse (Kempe Center Curriculum)
- Identification of child abuse and predatory practices
- Mandated reporting
- Adult/professional sexual misconduct including sexual harassment and assault,
- Understanding and responding to the sexual behavior of children and adolescents (Kempe Center Curriculum)
- Informed supervision (Kempe Center Curriculum)
- Human trafficking
- Teen dating violence prevention
- Sexting education
- Impact of adverse childhood experiences and the importance of resilience

Margaret Ochoa, J.D., the Child Sexual Abuse Prevention Specialist, is trained to facilitate the Kempe Center Curricula identified above; Called to Protect, the safe environ-

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ment program used by the Archdiocese of Denver; and can create trainings based upon district/school needs and capacities in addition to those listed here.

## 2. Human Trafficking Council

<https://sites.google.com/a/state.co.us/cdps-prod/home/human-trafficking-council>

700 Kipling Ave, Lakewood, CO, 80226

Maria Trujillo, Human Trafficking Program Manager, Division of Criminal Justice

[maria.trujillo@state.co.us](mailto:maria.trujillo@state.co.us)

**Mission:** To bring together leadership across various levels of government and the community a collaborative coalition to help combat human trafficking. The Council is expected to improve comprehensive services for victims and survivors of human trafficking, to assist in the successful prosecution of human traffickers, and to enhance human trafficking prevention efforts in Colorado.

**Description:** The Colorado Human Trafficking Council has established a set of guiding principles in addition to the paradigm established by the United Nations and the National Trafficking Victims Protection Act: prevention, protection, prosecution and partnership.

## 3. Sex Offender Management Board, Administered by the Office of Domestic Violence and Sex Offender Management in the Division of Criminal Justice

<https://www.colorado.gov/pacific/dcj/sex-offender-management-unit>

700 Kipling Ave, Lakewood, CO, 80226

Raechel Alderete, Coordinator, Juvenile Standards

[raechel.alderete@state.co.us](mailto:raechel.alderete@state.co.us)

**Mission:** To develop standards and guidelines for the evaluation, assessment, treatment, and supervision of juveniles who commit sexual offenses to improve community safety and protect citizens.

**Description:** Provides information, training and resources for schools on appropriate responses to juveniles who have committed sexually abusive acts including: educational rights of victim and the juvenile offender and reintegration of each into the educational community. Juvenile Standards found here:

<https://www.colorado.gov/pacific/dcj/somb-standards-bulletins>

## V. STATEWIDE RESOURCES AND COALITIONS

### A. Colorado Coalition Against Domestic Violence

Amy Miller, Executive Director

888.778.7091

<http://ccadv.org/>

<mailto:amiller@ccadv.org>

1330 Fox Street, Suite 3

P.O. Box 40328

Denver, CO 80204

**Mission:** By 2020, to be the trusted and valued leader in expanding the capacity of Colorado's domestic violence programs, allied professionals, policymakers, and the public, to dramatically reduce domestic violence in Colorado.

**Description:** The Colorado Coalition Against Domestic Violence (CCADV) works with a diverse



network of rural and urban Colorado domestic violence victim service programs to encourage appropriate and comprehensive responses to family violence, domestic violence, and dating violence against adults or youth within Colorado. CCADV provides a strong statewide voice to improve the safety and options for victims of domestic abuse by engaging in strong systems advocacy, public policy development, public awareness and education, and capacity building for Colorado domestic violence programs and allied programs and individuals.

## B. Colorado Coalition Against Sexual Assault

Brie Franklin, Executive Director

(303) 839-9999

<http://www.ccasa.org/>

<mailto:brie@ccasa.org>

1330 Fox Street, Suite 2

P.O. Box 40350

Denver, CO 80204

**Mission:** A membership organization promoting safety, justice, and healing for survivors while working toward the elimination of sexual violence.

**Description:** CCASA is a membership of government and nonprofit agencies, law enforcement, health practitioners, mental health providers, educators, advocates, and private citizens working for its common mission. CCASA provides training, technical assistance, and resources as well as engages in systems and policy advocacy.

## C. Colorado Organization for Victim Assistance (COVA)

303.861.1160

[coloradocrimevictims.org](http://coloradocrimevictims.org)

<mailto:info@coloradocrimevictims.org>

Nancy Lewis, Executive Director

1325 S. Colorado Blvd., Suite 508-B

Denver, CO 80222

**Mission:** COVA is committed to fairness and healing for crime victims, their families and communities through leadership, education, and advocacy. By operating in an inclusive and compassionate manner, COVA creates solutions and positive change.

**Description:** COVA offers a variety of programs to promote public understanding of victimization, to create awareness of human trafficking, to provide training for provide quality services to victims, and to publish lists of service providers for victims statewide. Additionally, COVA has developed a Crisis Response Team to assist communities in need.

## D. Colorado Youth Matter

Andrea Miller, Executive Director

303-225-8870

<mailto:amiller@coloradoyouthmatter.org>

Holly Ponton, Director of Community Programs

1650 Franklin Street, Lower Level

Denver, CO 80218

**Mission:** Colorado Youth Matter (CYM) actively engages Colorado communities to promote the healthy sexual development of all young people.

**Description:** CYM offers training, educational programs, professional development and research to



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promote healthy sexuality, from comprehensive sex education to pregnancy prevention. The agency works statewide to educate the educator—teachers and parents—in order to provide the most medically accurate, age appropriate, and positive information to youth. Programs are targeted to school-aged children and young adults, from “Playground to Prom”. Diverse populations are served. CYM is a direct provider of the F.L.A.S.H. Program profiled above on p. 18.

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## E. Illuminate Colorado

Anne Auld, Director of Programs

<mailto:aauld@illuminatecolorado.org>

(303) 413-3460

<http://www.illuminatecolorado.org/>

1520 W. 13<sup>th</sup> Avenue Suite 118, Denver, CO 80204

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**Mission:** Illuminate Colorado is a united coalition of four established organizations partnering to build brighter childhoods through education, advocacy, and family support. Governed by a single Board of Directors, agency programs are fully integrated to leverage resources and increase overall capacity to implement powerful programs to keep kids safe.

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**Description:** Illuminate Colorado provides strategic guidance, operational support, and a collective voice for child and family-focused organizations working in partnership to promote child well-being and prevent child maltreatment. The network includes Prevent Child Abuse Colorado, the Colorado Alliance for Drug Endangered Children, the Colorado Chapter of the National Organization of Fetal Alcohol Spectrum Disorders (NOFAS), and Sexual Abuse Forever Ending (S.A.F.E.). Illuminate is the primary provider for Nurturing Healthy Sexual Development and Stewards of Children, two best-practice prevention curricula referenced above.

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## VI. Children’s Advocacy Centers

Children’s Advocacy Centers are multi-disciplinary, child-focused agencies in which representatives from law enforcement, child protection, prosecution, mental health, medical and victim advocacy, and child advocacy work together to make decisions about investigation, treatment, management, and prosecution of child abuse cases. The Centers below are accredited members of the National Children’s Alliance®. Many of the Centers in Colorado have suggestions for educational curricula for parents, schools, and children in their geographic regions. Some have even created their own programs.

### Colorado Children’s Alliance (CCA)

303 S. Broadway, Suite 200-329, Denver, CO 80209

303.727.0409

[coloradocac.org](http://coloradocac.org)

The CCA is a Membership Organization and accredited chapter of the National Children’s Alliance®. It provides support, technical assistance and leadership on a statewide level to the 14 Child Advocacy Centers it serves. The CCA can help you find a child advocacy center in your region.

### ACCREDITED MEMBERS:

- **Ralston House** (1<sup>st</sup> Judicial District and 17<sup>th</sup> Judicial District) (free awareness/prevention workshops for parents, children, teens, caretakers with children in youth sports, and communities)  
10795 W. 58<sup>th</sup> Avenue, Arvada, CO 80002; 1875 Wadsworth Blvd, Lakewood, CO 80214



720.898.6745  
303.432.7992  
[ralstonhouse.net](http://ralstonhouse.net)

- **Denver Children's Advocacy Center** (2<sup>nd</sup> Judicial District) (*Denver Safe from the Start* independent and free materials available on-line)

2149 Federal Blvd., Denver, CO 80211  
303.825.3850  
303.825.6087  
[denvercac.org](http://denvercac.org)

- **Safe Passage** (4<sup>th</sup> Judicial District)

423 S. Cascade Avenue, Colorado Springs, CO 80903  
713.636.2460 phone  
888.273.8796 fax  
<http://www.safepassagecac.org/>

- **Dolphin House** (7<sup>th</sup> Judicial District) (independent web-based training and workshops for adults and children)

735 South 1<sup>st</sup> Street, Montrose, CO 81401  
970.240.8655 phone  
970.240.8656 fax  
[dolphinhousecolorado.com](http://dolphinhousecolorado.com)

- **Voices Carry CAC** (8<sup>th</sup> Judicial District) (*Stewards of Children* for adults, *Safety Smarts* for children)

5529 S. Timberline Rd., Ft. Collins, CO 80528  
970.407.9739  
970.407.9743  
[voicescarrycac.org](http://voicescarrycac.org)

- **River Bridge Regional Center** (9<sup>th</sup> Judicial District) (independent free prevention workshops for parents)

520 21<sup>st</sup> Street, Glenwood, Springs, CO 81601  
970.945.5195  
970.947.9187  
[riverbridgerc.org](http://riverbridgerc.org)

- **Pueblo Child Advocacy Center** (10<sup>th</sup> Judicial District) (*Stewards of Children* and church-based workshops for adults; training for school staff; *Good Touch, Bad Touch* classes for K-5)

301 W. 13<sup>th</sup> Street, Pueblo, CO 81003  
719.583.6332  
719.583.4545  
[pueblolocac.org](http://pueblolocac.org)

- **Tu Casa** (12<sup>th</sup> Judicial District) (Multiple trainings for children to adults and professionals, including *My Body Belongs to Me*, *Safe Dates*, *Bystander Intervention*, *What is Consent?*, *College Prep: What to Expect as a College Freshman*, *From Playground to Prom Training*, *Signs of and Responding to Intimate Partner Abuse*, *Domestic Violence and Sexual Assault: Skills for Nurses*)

202 Carson Avenue/P.O. Box 473, Alamosa, CO 81101  
719.589.2465



719.589.1465

[slvtucasa.net](http://slvtucasa.net)

- **SARA House** (13<sup>th</sup> Judicial District) (*Stewards of Children* for adults, *Safe Dates* for teens, *RAD [Rape Aggression Defense]* for middle school girls and women, *Stop Bullying Now!* for grades 3-6)

418 Ensign Street, Ft. Morgan, CO 80701

970.867.2121

[sarainc.org](http://sarainc.org)

- **SungateKids** (17<sup>th</sup> and 18<sup>th</sup> Judicial Districts) (*SK*<sup>2</sup>)

P.O. Box 3554, Englewood, CO 80155

303.368.1065

303.368.1089

[sungatekids.org](http://sungatekids.org)

- **A Kid's Place** (19<sup>th</sup> Judicial District) (*Stewards of Children*)

1610 29<sup>th</sup> Avenue Place, Suite 201, Greeley, CO 80634

970.353.5970 phone

970.353.9577 fax

<http://akidsplace.org/>

- **Blue Sky Bridge** (20<sup>th</sup> Judicial District) (*Stewards of Children* for adults, independent program for children, *see pp. 13-14* above)

P.O. Box 19122, Boulder, CO 80308

303.444.1388

303.444.2045 fax

<http://blueskybridge.org/>

- **Western Slope Center for Children** (21<sup>st</sup> Judicial District) (*Stewards of Children* for adults)

P.O. Box 3978, Grand Junction, CO 81502

970.245.3788

970.245.7550

[wscchildren.org](http://wscchildren.org)

- **Four Corners Child Advocacy Center** (22<sup>nd</sup> Judicial District)

140 N. Linden Street, Cortez, CO 81321

970.565.8155

970.565.8279

[nestcac.org](http://nestcac.org)

## VII. GUIDELINES & PROTOCOLS

### A. Reference Guide for School Personnel Concerning Juveniles Who Have Committed Sexually Abusive and Offending Behavior

A Reference Guide for School Personnel Concerning Juveniles Who Have Committed Sexually Abusive and Offending Behavior provides guidelines and informational resources for schools on best practices with providing a public education for juveniles who have committed sexually abusive and offending behavior and the





support provided to survivors of peer sexual assault and abuse. Available at:  
<https://www.colorado.gov/pacific/dcj/somb-resources>

## **B. Comprehensive Health Standards by Grade (Colorado Department of Education)**

<https://www.cde.state.co.us/cohealth/statestandards>

### **High School Comprehensive Health Standards: Concepts and Skills Students Master:**

#### **Standard 3: Emotional and Social Wellness**

- 3.1 Analyze the interrelationship of physical, mental, emotional, and social health
- 3.3 Advocate to improve or maintain positive mental and emotional health for self and others

#### **Standard 4: Prevention and Risk Management**

- 4.5 Analyze factors that influence community and societal beliefs that underlie violence, and describe relationships, attitudes, behavior, and vulnerability to violence
- 4.7 Identify the emotional and physical consequences of violence, and find strategies to deal with, prevent, and report them
- 4.8 Access valid information and resources that provide information about sexual assault and violence
- 4.9 Demonstrate verbal and nonverbal communication skills and strategies to prevent violence
- 4.10 Advocate for changes in the home, school, or community that would increase safety

### **Eighth Grade Comprehensive Health Standards: Concepts and Skills Students Master:**

#### **Standard 3: Emotional and Social Wellness**

- 3.1 Access valid school and community resources to help with mental and emotional health concerns
- 3.2 Internal and external factors influence mental and emotional health

#### **Standard 4: Prevention and Risk Management**

- 4.4 Analyze the factors that influence violent and non-violent behavior
- 4.5 Demonstrate ways to advocate for positive, respectful school and community environment that supports pro-social behavior

### **Seventh Grade Comprehensive Health Standards: Concepts and Skills Students Master:**

#### **Standard 2: Physical and Personal Wellness**

- 2.3 Compare and contrast healthy and unhealthy relationships

#### **Standard 3: Emotional and Social Wellness**

- 3.1 Demonstrate effective communication skills to express feelings appropriately
- 3.2 Develop self-management skills to prevent and manage stress

#### **Standard 4: Prevention and Risk Management**

- 4.2 Demonstrate safety procedures for a variety of situations

### **Sixth Grade Comprehensive Health Standards: Concepts and Skills Students Master:**

#### **Standard 2: Physical and Personal Wellness**

- 2.2 Access valid and reliable information regarding qualities of healthy family and peer relationships
- 2.3 Comprehend the relationships between feelings and actions

#### **Standard 3: Emotional and Social Wellness**

- 3.1 Understand how to be mentally and emotionally healthy

#### **Standard 4: Prevention and Risk Management**

- 4.3 Demonstrate self-management skills to reduce violence and actively participate in violence prevention

- 4.4 Demonstrate ways to advocate for safety and prevent unintentional injuries

### **Fifth Grade Comprehensive Health Standards: Concepts and Skills Students Master:**

#### **Standard 2: Physical and Personal Wellness**

- 2.4 Demonstrate interpersonal communication skills needed to discuss personal health problems to establish and maintain personal health and wellness

#### **Standard 3: Emotional and Social Wellness**

- 3.1 Analyze internal and external factors that influence mental and emotional health

#### **Standard 4: Prevention and Risk Management**

- 4.2 Demonstrate the pro-social behaviors that reduce the likelihood of physical fighting, violence, and bullying
- 4.3 Demonstrate basic first aid and safety procedures

### **Fourth Grade Comprehensive Health Standards: Concepts and Skills Students Master:**

#### **Standard 2: Physical and Personal Wellness**

- 2.3 Explain that the dimensions of wellness are interrelated and impact personal health

#### **Standard 3: Emotional and Social Wellness**

- 3.1 Identify the positive behaviors that support relationships
- 3.2 Comprehend concepts related to stress and stress management

#### **Standard 4: Prevention and Risk Management**

- 4.3 Demonstrate skills necessary to prevent a conflict from escalating to violence

### **Third Grade Comprehensive Health Standards: Concepts and Skills Students Master:**

#### **Standard 3: Emotional and Social Wellness**

- 3.1 Utilize knowledge and skills to treat self and others with care and respect
- 3.2 Demonstrate interpersonal communication skills to support positive interactions with families, peers, and others

#### **Standard 4: Prevention and Risk Management**

- 4.2 Describe pro-social behaviors that enhance healthy interactions with others
- 4.3 Identify ways to prevent injuries at home, in school, and in the community

### **Second Grade Comprehensive Health Standards: Concepts and Skills Students Master:**

#### **Standard 4: Prevention and Risk Management**

- 4.4 Demonstrate interpersonal communication skills to prevent injury or to ask for help in an emergency or unsafe situation

### **First Grade Comprehensive Health Standards: Concepts and Skills Students Master:**

#### **Standard 3: Emotional and Social Wellness**

- 3.2 Identify parents, guardians, and other trusted adults as resources for information about health

#### **Standard 4: Prevention and Risk Management**

- 4.1 Demonstrate strategies to avoid hazards in the home and community

### **Kindergarten Comprehensive Health Standards: Concepts and Skills Students Master:**

#### **Standard 3: Emotional and Social Wellness**

- 3.1 Exhibit understanding that one's actions impact others

#### **Standard 4: Prevention and Risk Management**

- 4.1 Identify the importance of respecting personal space and boundaries of self and others
- 4.3 Demonstrate effective communication skills in unsafe situations

### **Preschool Comprehensive Health Standards: Concepts and Skills Students Master:**



## Standard 4: Prevention and Risk Management

- 4.1 Identify ways to be safe while at play

### C. The Colorado Statewide Child Abuse Hotline

Borrowed from <https://sites.google.com/a/state.co.us/cdhs-dcw/home/programs/colorado-child-abuse-and-neglect-reporting-system>

#### About the Colorado Child Abuse and Neglect Hotline System:



The Colorado Child Abuse and Neglect Hotline, **1-844-CO-4-Kids** or **1-844-264-5437** became operational on Jan. 1, 2015. The hotline is designed to provide one, easy-to-remember toll-free phone number for individuals to use statewide to report suspected child abuse and neglect. It serves as a direct, immediate and efficient route to the counties which are responsible for accepting and responding to child abuse and neglect inquiries and reports. All hotline calls will be routed to the county where a child resides.

The system enables the Colorado Department of Human Services to capture critical information that it has not previously been able to track on a statewide basis, such as number of calls, duration, speed of answer and wait time on the line, call transfers, and abandonment rate. This data is critical to ensuring that calls across the state are handled quickly and appropriately.

Counties will maintain their current practices of receiving reports of abuse and neglect, but to ensure proper routing, each county must have a dedicated line for child abuse and neglect reporting. Calls made directly to a county's dedicated line will also be routed through the hotline system for data collection purposes. This process is automated and seamless and does not require putting a caller on hold or cause any delay in answering calls.

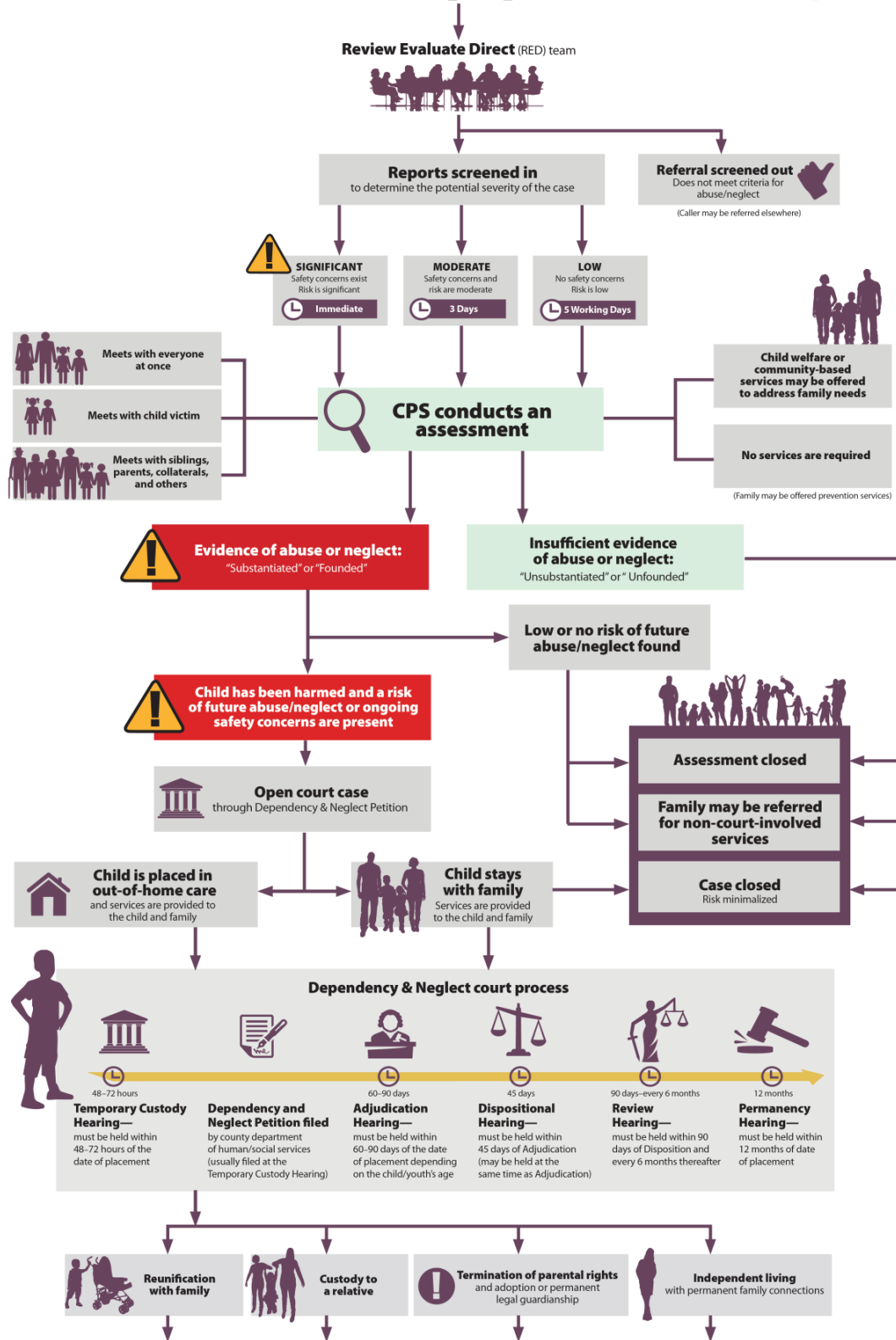
#### How the Hotline System Works

- The main purpose of the hotline is to quickly route callers to the appropriate county. Callers will be asked to speak the name of the county where the child resides and then will be connected to that county.
- Callers who are not sure of the county, speak a language other than English or Spanish, or are deaf or hard of hearing will be directed to a Hotline County Connection Center representative who will assist them in identifying the appropriate county.
- The Hotline County Connection Center is located in Prowers County and will be staffed 24/7, 365 days/year by trained call-takers, certified annually through the Colorado Child Welfare Training System.
- All callers will speak with a call-taker who is trained and certified to use a screening guide designed to drive a structured process for interviewing callers who are reporting concerns of child abuse and neglect.

# Overview of the Child Protection System in Colorado:



# 1-844-CO-4-KIDS



## VIII. CAMPAIGNS

### A. Blue Campaign

The Blue Campaign is the unified voice for the U.S. Department of Homeland Security's (DHS) efforts to combat human trafficking. Working in collaboration with law enforcement, government, non-governmental and private organizations, the Blue Campaign strives to protect the basic right of freedom and to bring those who exploit human lives to justice. <https://www.dhs.gov/blue-campaign/about-blue-campaign>

### B. Blue Ribbon Project

Established in 1983 by a Virginia grandmother who lost her grandson to child abuse, the blue ribbon was used to bring attention to the tragedy of child abuse. Near that time, President Ronald Reagan established April as National Child Abuse Prevention Month, and the blue ribbon gained ground as a symbol in the effort to end abuse. <http://blueribbonproject.org/?gclid=CNDP0NDSh80CFQUMaQodwpUOzQ>

### C. CO-4-KIDS

CO 4 KIDS is the public awareness campaign of the Office of Children, Youth and Families within the Colorado Department of Human Services. The campaign exists to generate awareness of the services provided by the division, to help mandated reporters understand their obligations and how to meet them, and to create interest for the Colorado children in need of stable foster and adoptive homes. The 2017 campaign theme is "We all play a role in preventing child abuse and neglect." The statewide hotline for reporting child abuse is **844-CO-4-KIDS**. [co4kids.org](http://co4kids.org)

### D. Enough Abuse Campaign

The Enough Abuse Campaign is predicated on the belief that communities can prevent individuals from sexually abusing children in the first place and that communities can prevent children from developing sexually abusive behaviors in the future. Based on this belief, the Campaign implemented a plan of action. Through a comprehensive approach that focuses on individuals, relationships, communities, and the larger society and culture, the Enough Abuse Campaign has established authentic community collaborations engaged in ongoing planning, implementation and evaluation of a range of child sexual abuse prevention strategies. <http://www.enoughabuse.org/the-campaign.html>

### E. Pinwheels for Prevention

In 2008, Prevent Child Abuse America introduced the pinwheel as the national symbol for child abuse prevention through Pinwheels for Prevention®. By its nature, the pinwheel connotes whimsy and childlike notions. In essence, it has come to serve as the physical embodiment, or reminder, of the great childhoods we want for all children. Prevent Child Abuse Colorado is the local chapter that organizes the abuse prevention campaign for child-serving agencies throughout Colorado during Child Abuse Prevention Month each April. <http://preventchildabuse.org/resource/pinwheels-for-prevention/>

### F. Stop Abuse Campaign

The Stop Abuse Campaign prevents Adverse Childhood Experiences through public policy and public education. The campaign seeks to educate adults and protect children, hold offenders responsible, prevent domestic violence, and empower families. <http://stopabusecampaign.com/>