

Colorado School Safety Resource Center

RESOURCES FOR CHILD SEXUAL ABUSE AND ASSAULT PREVENTION



June 2016

This Guide will be updated annually. For the latest information between updates, please check the online version at <https://www.colorado.gov/cssrc>

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I. INTRODUCTION

A. Purpose of this Guide

Dear School Safety Partners:

As you know, school personnel are uniquely situated to prevent, mitigate, and report child sexual abuse. Nationally, **1 in 5 girls and 1 in 20 boys** is a victim of child sexual abuse¹. Of the children victimized in 2011, 13% had one prior victimization known to police while **46% had one prior incident known to schools, police or medical authorities.**² As the Adverse Childhood Experiences Study (ACES) noted, childhood trauma can have negative lasting long-term effects on life expectancy, economic outlook, and life satisfaction³.

Colorado received 90,700 reports of child abuse and neglect in 2015⁴. Of those reports, 11,574 cases were substantiated, including **1,000** alleging child sexual abuse [*ibid.*].

Thanks to Senate Bill 15-020, commonly referred to as “Erin’s Law”, the Colorado School Safety Center is able to support child sexual abuse education and prevention efforts throughout Colorado. Key initiatives of SB 15-020 include appointing a full time staff member dedicated to providing resources and training to schools, parents, and students at no cost. Each school district is encouraged to adopt a child sexual abuse and assault prevention plan, including comprehensive, age-appropriate curricula for K through Twelfth Grade. Education on body safety is a critical piece of reducing victimization in our communities.

As a school professional, it can feel overwhelming to integrate abuse prevention into an already packed school day. The good news is that **95% of child molestations can be prevented**⁵. In addition, **child sexual abuse prevention is highly correlated with common-practice initiatives** such as a positive school culture and positive parent engagement⁶. Child sexual abuse prevention education can easily be integrated into the Colorado Department of Education Comprehensive Health Standards (outlined below in Section VI(B)) or other classroom content as the school/district sees fit. Child sexual abuse prevention must assist educators in identifying signs of abuse and predatory behavior and promote disclosure with appropriate response and reporting; and assist students in setting boundaries, learning about safe/unsafe touch, grooming behaviors of predators, safe modes of disclosure, and other related topics.

¹ 1. Finkelhor, D., et al., Victimization of children and youth: A comprehensive, national survey. *Child Maltreatment: Journal of the American Professional Society on the Abuse of Children*, 2005. 10(1): p. 5-25.

² Finkelhor, D., Ormrod, R., Turner, H., Hamby, S. “Child and Victimization Known to Police, School, and Medical Authorities.” *OJJDP Juvenile Justice Bulletin*. Apr. 2012: 1-7. Retrieved from: <http://www.ojjdp.gov/pubs/235394.pdf>

³ Felitti, V.J., & Anda, R.F. (1997). The Adverse Childhood Experiences (ACES) Study. Centers for Disease Control and Prevention.

⁴ Colorado Department of Human Services, Division of Child Welfare. “Child Abuse and Neglect Reporting and Victims of Child Abuse and Neglect”, Katie Facchinello, March 25, 2016.

<https://sites.google.com/a/state.co.us/cdhs-dcw/data-accountability/statistics/childabuseandneglectreporting>

⁵ Osdan, R. & Reid, E. (2015). The Importance of Knowing Child Sexual Abuse Symptoms in the Elementary Teacher’s Work. *International Journal of Humanities and Social Science*, 5, 7: 20-32.

⁶ Greenberg, M., Weissenberg, R., O’Brien, M. et. al. Enhancing School Based Prevention and Youth Development Through Coordinated Social, Emotional, and Academic Learning. *American Psychologist*, 58(6): 466-474.

B. Overview of Child Sexual Abuse

(This section is instructional only, and should not be considered a comprehensive guide.)

Child sexual abuse refers to any sexual contact with a child or enticement of a child to have sexual contact with an adult. It can occur physically, but includes any behavior perpetrated on a child for the offender's sexual gratification. It therefore includes voyeurism, pornography, enticement, or any type of exploitation. Child sexual abuse is particularly insidious because it occurs covertly. In order to successfully commit their crimes, offenders must not be detected, and children must not report. Accordingly, we must sometimes look to the behaviors of the offenders and to the manifestation of abuse in children to determine whether abuse or risk of abuse is occurring.

1. Signs and Symptoms

Symptoms of sexual abuse can manifest themselves physically, behaviorally, and academically, but there is no physical evidence of abuse in 90% of cases. If a child exhibits physical injuries to the genitalia, wetting and soiling accidents unrelated to toilet training, frequent and unexplained pain related to elimination, pregnancy, or a sexually transmitted disease, there is cause to refer the child to child protection for further investigation. Behavioral signs include sexual knowledge beyond a child's developmental stage, excessive or public masturbation, sudden mood swings including rage, fear, anger or withdrawal, self-harming behaviors, unexplained avoidance behaviors, and regression. Sudden academic decline can also be a sign of emotional distress. Because these symptoms could be the result of other factors, further investigation may be warranted.

2. Mandated Reporting

Section 19-3-304, C.R.S., governs mandatory reporting in Colorado. All public and private school officials and employees are among those required by law to report suspicion of abuse. See that section and your school district policies with any questions you have regarding your obligations under the law. <http://www.coloradocwts.com/are-you-a-mandated-reporter>. Working in a school setting, you have close and consistent contact with children and are able to see trends and warning signs earlier than other concerned community members. As a mandated reporter, your job is to **report** any suspicions of abuse. Child protection services has the role of **investigating** alleged abuse.

Colorado has a centralized hotline for all mandated reports: **1-844-CO-4-KIDS**. Remember: a report is not an accusation of child sexual abuse but rather the sharing of information that may appear to be signs and symptoms of child sexual abuse.

If you have a suspicion to report, you must be the one to make the call. While this can be intimidating, it sometimes helps to debrief with a school administrator, nurse, or counselor about the process. However, please note that talking to a supervisor DOES NOT absolve you from making a call to 1-800-CO-4-KIDS. Some common obstacles to reporting include:

- Fear of making an inaccurate report or being wrong
- Fear of negative reactions
- Concern that child protective services or law enforcement does not provide sufficient intervention
- Fondness for the parents and a belief that they would not hurt their own child
- Fear of misinterpreting cultural disciplinary styles
- Concern about becoming entangled in legal proceedings.

While these feelings can be typical, most revolve around the stress of reporters deciding if the evidence warrants a call. The good news is that you, as a mandated reporter, simply need to report anything you notice and do not have to determine if something is abuse or not. You are legally



protected from liability when you report in good faith. You are legally culpable if you do not report when you suspect abuse.

The Colorado Department of Human Services released a standardized mandated reporter online training in 2015. Participants learn about the history and rationale of mandated reporting, signs and symptoms of abuse, the process of making a mandated report, and the availability of resources statewide. The course is customizable to the experience level or interest of participants in the information. Completion certificates are printable at the site. The course is available at:

<http://www.coloradocwts.com/mandatedreporter/educators/>.

3. Office of the Child Protection Ombudsman (OCPO)

<http://www.protectcoloradochildren.org/>

720.625.8640

The State of Colorado has a Child Protection Ombudsman to assist in improving the quality of the child protection systemic process. Its mission is to provide a review of information when necessary, improve service delivery of child protection services, strengthen the process through which professionals and community engage within the system, and educate professionals, community partners and citizens on their role in the protection of children.

The OCPO **can** do the following:

- Facilitate a process of independent, impartial review of family and community concerns
- Request independent, accurate information
- Conduct case reviews to help identify and resolve child protection and overall systemic issues
- Provide recommendations to the State and County child protection departments, as well as to the Colorado Legislature, to improve the child protection system or overall service delivery
- Offer the complainant options for resolving their concerns
- Serve as a resource and systems navigator
- Provide ongoing public education

The OCPO **cannot**:

- Directly respond to emergencies regarding child safety
- Cannot investigate allegations of child abuse and/or neglect
- Review complaints concerning domestic relations issues (Child and Family Investigator, court rulings, custody orders, etc.)
- Investigate or overturn the acts or decisions of the Court or their staff
- Investigate complaints or concerns regarding the conduct of Judges, Magistrates or attorneys (judicial complaint process)
- Investigate complaints regarding a Guardian ad Litem <http://www.coloradochildrep.org/ocr-cases/additional-case-types/>
- Provide legal advice
- Intervene in any criminal or civil proceeding or any criminal investigation

The Ombudsman's Office is an independent/neutral organization to oversee concerns and complaints related to child protection systems in Colorado. It operates to repair and improve collaborations and serve as a resource to public and private agencies. Concerns and accolades regarding child protection services should be referred to that office.



II. CHILD SEXUAL ABUSE PREVENTION PROGRAMS

Experts recognize that there are SHARED RISK FACTORS with all types of violence, including child sexual abuse. Listed below are programs designed to prevent child sexual abuse, sometimes as a part of programs which implement social-emotional learning, safeguard behavioral health, address antisocial/aggressive behaviors, substance abuse, family conflict, and even poor school/community attachment. Programs containing these elements, especially those which are evidence-based showing proven outcomes, may effectively prevent sexual abuse.

Programs reviewed by and listed with national clearinghouses, including the Substance Abuse and Mental Health Services Administration (SAMHSA) National Registry of Evidence-based Programs and Practices (NREPP), the US Department of Justice Office of Juvenile Delinquency and Prevention (OJJDP), the National Institute of Justice Crime Solutions (NIJ/CS), Blueprints for Healthy Youth Development (BHYD), the Promising Practices Network of Programs that Work (PPN) and the California Evidence-Based Clearinghouse for Child Welfare (CEBC) have been noted.

- * *The Colorado School Safety Resource Center (CSSRC) does not endorse any programs and takes no responsibility for any services mentioned below. The CSSRC offers these as information for further investigation by a district and/or school. The list is not exhaustive, and the CSSRC welcomes the addition of programs to this list as they become available, especially if they have evidence of effectiveness and adherence to best practice. Selection of programs should be based on many factors, including capacity to implement services and train deliverers with fidelity to the program model, appropriateness for the population served, and community needs. It is critical to evaluate available school and community resources and motivations.*
- * *Exclusion from a registry, or a lower rating in a research category if a program is included, does not conclusively mean that the program is inferior or will not work for your community. In the selection of a program, the school/district must consider implementation success in like communities, steps to avoid mistaken implementation in consideration of the school population, access to implementation sites in event of questions/concerns, adaptations of the program, staffing requirements (number, qualifications), quality assurance mechanisms (preparation, adherence to model fidelity, assessments), training needs, and costs.*

A. Evidence-Based Programs

What makes an effective child sexual abuse prevention/personal safety program? According to studies, the most effective programs:

- Include children as physically active participants⁷
- Combine the techniques of modeling, group discussion, and role-playing/rehearsal⁸
- Engage participants for longer periods of time than less effective programs⁹
- Contain multiple sessions¹⁰
- Incorporate parents/caregivers¹¹

⁷ Davis, M.K. & Gidycz, C.A. (2000). Child sexual abuse prevention programs: A meta-analysis. *Journal of Clinical Child & Adolescent Psychology*, 29, 257-265.

⁸ *Ibid*; Topping, K.J., & Barron, I.G. (2009). School-based child sexual abuse prevention programs: A review of effectiveness. *Review of Educational Research*, 79, 431-463.

⁹ *Id.*, Davis & Gidycz (2000).

¹⁰ *Id.*, Davis & Gidycz (2000); Topping & Barron (2009).

¹¹ Kenny, M. C., Capri, V., Thakkar-Kolar, R. R., Ryan, E. E., & Runyon, M. K. (2008). Child sexual abuse: From prevention to self-protection. *Child Sexual Abuse Review*, 17, 36-54. *Id.* Topping & Barron (2009).

This section lists interventions that have undergone rigorous, independent and peer-reviewed evaluation and have demonstrated proven positive outcomes. They appear in alphabetical order. Please consult each registry for specific definitions of program ratings.

- *NREPP National Registry of Evidence-based Programs and Practices, Substance Abuse and Mental Health Services Administration (SAMSHA) http://nrepp.samhsa.gov/01_landing.aspx NREPP is an evidence-based repository and review system designed to provide the public with independently assessed and reliable information on mental health and substance abuse interventions. Every program listed with NREPP has met minimum requirements for review. Outcome ratings are based on rigor, effect size, program fidelity, and conceptual framework. “Effective” Programs produced strong evidence of a favorable effect. (Further research into the effects produced based on these outcome ratings is recommended, as they can be ambiguous. For example, a program may be effective at reduction of substance abuse, but not at decreasing anxiety.) “Promising” Programs produced sufficient evidence of a favorable effect.
- *OJJDP Office of Juvenile Justice and Delinquency Prevention (US Department of Justice) <http://www.ojjdp.gov/mpg/Program> Programs identified with this listing have been deemed effective by independent research. “Exemplary/Effective” Programs have demonstrated strong evidence that they achieve their desired outcomes when implemented with fidelity. Results have been replicated in at least one independent study. “Promising” Programs have shown some evidence they achieve their desired outcomes. More research is recommended.
- *NIJ/CS National Institute of Justice Crime Solutions. <http://www.crimesolutions.gov/about.aspx#3> NIJ/CS rates the effectiveness of programs and practices in achieving criminal justice-related outcomes in order to inform practitioners and policy makers. Outcome ratings are identical to OJJDP.
- *BHYD Blueprints for Healthy Youth Development <http://www.blueprintsprograms.com/> is hosted by the Center for the Study and Prevention of Violence (CU Boulder). Programs included have been designated as “Model Plus,” “Model,” or “Promising” by a panel of independent experts as having met scientific standards of effectiveness for changing targeted behaviors and developmental outcomes. “Promising” programs are clear about desired outcomes, targeted risks/protective factors and populations, contain trials with valid and reliable findings including one random control trial and two quasi-experimental evaluations, show significant change in intended outcomes with no harmful effects, and are ready to disseminate. “Model” programs meet the above requirements, plus a minimum of two high-quality randomized control trials or one plus a high-quality quasi-experimental evaluation, as well as sustained positive intervention impact for a minimum of 12 months after the end of the intervention. “Model Plus” programs contain the above, plus a high quality study which is completed and funded completely independently from the program developer.
- *CEBC California Evidence-Based Clearinghouse for Child Welfare <http://www.cebc4cw.org/> Programs included from the CEBC are rated on a 1 to 5 Scale (1 being well-supported by research evidence, 2-supported, 3-promising, 4-fails to demonstrate effect, and 5-concerning program).
- *PPN Promising Practices Network <http://www.promisingpractices.net/default.asp>, in partnership with the RAND Corporation, the Colorado Trust, and the Annie E. Casey Foundation, among others, began in 1997 and concluded in 2014, so new programs will not be reviewed here. The project is archived at this site with compiled research on programs for families and children. “Proven” programs are publicly available, and have been studied with adequately-sized groups in randomized trials to show a positive impact of statistical significance in at least one outcome area. “Promising” programs are also publicly available and have been studied in randomized trials, but the control group may lack comparability or control, and the proven outcomes have less significant change.

1. ACT (Adults and Children Together)/Raising Safe Kids Program

(800) 374-2721 or (202) 336-5500

<http://www.apa.org/pi/prevent-violence/programs/act.aspx>

Listing: NIJ/CS (Promising)

Description: Delivered by trained facilitators, this early intervention is designed to reduce violence by developing effective parenting skills. There is no specific sexual abuse prevention component, but this program is included here because it is instructive in reducing other abusive victimization, and because it has some unique targeted families. It was developed by the American Psychological Association's Prevention of Violence Office. Although there is not a training center in Colorado, many materials are available through the website.

Target: Caregivers of children, birth to eight years of age, English and Spanish, Children with incarcerated parents

Content: Eight two-hour sessions, hard copies and CD-ROM, Power Point and brochures

Cost: Many materials are free online. Parent handbooks \$20, training for facilitators is available on the East Coast and Midwest.

2. Body Safety Training© (BST) Series

Sandy K. Wurtele, PhD.

719.255.4150

<http://www.sandywurtele.com>

Listing: CEBC (Promising)

Description: This is a ten-lesson course designed to teach students about general safety issues (fires, guns, poison, pedestrian and home alone concerns), as well as body safety (identifying private parts, safe vs. unsafe touching, and reporting). Lessons typically take 15-20 minutes.

Target: Students grades PreK-3, parents

Content: Workbook activities (English and Spanish editions)

Cost: \$20.00 for parent workbook (\$7 for e-book), \$40.00 for curriculum for teachers

3. Families and Schools Together (FAST)

Delores Cooper, Community Relations Manager

888.629.2481

<https://www.familiesandschools.org/>

Listing: NREPP , OJJDP (Effective with multiple studies), NIJ/CS (Effective), CEBC (Promising)

Description: The 8-week FAST Program brings multiple families together once a week in dynamic after-school gatherings. In each 2.5-hour session, a trained FAST Team guides families through a scientifically structured agenda of evidence-based activities that enhance parenting skills and reduce family stress while encouraging family bonding. As a result, the family unit of the FAST Child is systematically strengthened with experiences based on family therapy principles that help parents be firmly in charge of and lovingly connected to their children.

Each FAST Session includes group activities as well as one-on-one parent-child interaction and parent group time. FAST has one of the highest retention rates among early intervention parenting programs – especially among low-income, stressed and isolated parents: 80% of families who attend one session will successfully complete the entire 8-week program.

The program is a multifamily group intervention program designed to build protective factors for children, to empower parents to be the primary prevention agents for their own children, and to build supportive parent-to-parent groups.

The overall goal of the FAST program is to intervene early to help at-risk youth succeed in the community, at home, and in school and thus avoid problems such as adolescent delinquency,

violence, addiction, and dropping out of school. The FAST program achieves its goals by respecting and supporting parents and by using the existing strengths of families, schools, and communities in creative partnerships.

Target: Students PreK-5th grade and their parents. Materials are available in Dutch, German, Portuguese, Russian, and Spanish. The program has been implemented in school and community settings

Content: The FAST team members receive handbooks and training guides

Cost: Varies, so contact the provider for funding opportunities

4. Fourth R: Skills for Youth Relationships

519-858-5154

<mailto:thefourthr@uwo.ca>

www.youthrelationships.org

Listing: NREPP, NIJ/CS (Promising)

Description: The Fourth R consists of a comprehensive, school-based program designed to include students, teachers, parents, and the community in reducing violence and risk behaviors. It teaches students to develop healthy relationship skills, personal safety and injury prevention. The high school curriculum includes lessons on appropriate boundaries, prevention of violence, unhealthy sexual behavior, and substance use. Through its universal approach, rather than solely targeting those youth who show problems, the program builds resiliency in the entire population.

Target: Middle and high school health classrooms, high school English classrooms, Catholic module

Content: The DVD resources and curriculum binders include monologs, bystander training, group learning instruction, role-plays

Cost: \$125 per grade for curriculum

5. The Incredible Years® (Classroom Dinosaur Curriculum)

206.285.7565

<http://incredibleyears.com/programs/child/classroom-curriculum/>

Listing: OJJDP (Effective with multiple studies), NIJ/CS, CEBC (Well-Supported), PPN (Proven), BHYD (Promising)

Description: The Incredible Years® Curriculum is a series of programs for children, parents, and teachers proven to reduce challenging behaviors and increase social-emotional learning and self-control skills. The Dinosaur Curriculum is school-based, Common Core aligned, and builds relationship and communication skills. The long-term goals of the internationally-implemented program are the reduction of delinquency, substance abuse and violence.

Target: The Incredible Years® Curriculum is a series of programs for children 0-12 and their parents, as well as teachers. The Classroom Dinosaur Curriculum is targeted to ages 3-8.

Content: Manuals, videos, instructional aids

Cost: \$1,425, plus Group Leader Training, \$29.95/each for parent books

6. LifeSkills® Training (LST)

(914) 421-2525

<https://www.lifeskillstraining.com/>

Listing: NREPP, OJJDP (Effective, multiple studies), NIJ/CS, BHYD (Model Plus), PPN (Proven)

Description: Life Skills Training is proven to reduce violence and risky behaviors such as tobacco, alcohol, and drug use. Designed as a universal prevention program, students learn personal self-management skills, social skills, and resistance skills. LST contains 30 sessions to be taught over three years (15, 10, and 5 sessions). Additional violence prevention lessons are available each year



(3, 2, and 2 sessions).

Target: Differentiated by elementary, middle, and high school students, with materials for post-secondary transition

Content: All lessons include teacher/student guides and use demonstration, reinforcement and online resources. Stress-reduction CDs and other supplemental aids are also available.

Cost: Varies per grade level, but approximately \$100 for teacher's manual, \$5 per student workbooks and \$20 per student CD/ROMs

7. Nurse-Family Partnership

866.864.5226

<http://www.nursefamilypartnership.org/>

Listing: NREPP, OJJDP (Effective, multiple studies), NIJ/CS, CEBC (Well Supported), PPN (Proven)

Description: First-time pregnant women are paired with nurse home visitors to learn healthy practices before and after pregnancy, positive parenting skills, and avoidance of behaviors risky to themselves and their children. The Program boasts 37 years of demonstrable results which directly reduce the likelihood of child abuse: healthy pregnancy outcomes, improved child health and development, and economic self-sufficiency. To find a Colorado agency near you, please look here: <http://www.nursefamilypartnership.org/locations/Colorado/find-a-local-agency>

Target: Prenatal mothers until the child reach about 30 months.

Content: Regularly-scheduled home visits by trained nurses on a gradually decreasing scale as the child ages.

Cost: Free. Find your closest agency provider here:

<http://www.nursefamilypartnership.org/locations/Colorado/find-a-local-agency>

8. Nurturing Parenting™

800.688.5822

<http://www.nurturingparenting.com/>

Listing: NREPP

Description: Nurturing Parenting has a suite of Primary Prevention (Education) programs, Secondary Prevention (Identification), and Tertiary Prevention (Treatment). Content includes nurturing skills for parents and teen parents as well as modules for the military, single mothers, teens, and elementary students.

Target: Parents (including prenatal) materials for Latino, Black, Asian, Pacific Islander, Middle Eastern, Hmong and Somali families, children with special needs, infants to teens

Content: CD/DVDs, manuals, games, instructional aids

Cost: For school-based programs, approximately \$150 per grade inclusive of teacher's manual and instructional aids. There are many add-ons available on multiple topics.

9. Positive Action®

Carol Gerber Allred

800.345.2974

<https://www.positiveaction.net>

Listing: NREPP, OJJDP (Effective), NIJ/CS, BHYD (model)

Description: Positive Action is a school-based program which integrates pro-social curriculum for 15 minutes two to four times per week. Beginning with the Thoughts-Actions-Feelings about Self Cycle, the curriculum then moves into teaching healthy practices for physical, intellectual, social, and emotional areas. In addition to a reduction in sexual risk behaviors and violent behaviors, students



report an increase in emotional regulation and academic performance. It is aligned with Common Core.

Target: Differentiated by grade level for students K-12, Spanish option available

Content: Posters, games, music, puppets, and manipulatives

Cost: Delivery of training differs depending on whether face-to-face, on site or online, but grade kits run about \$550 each

10. Ripple Effects

415.227.1669

<http://rippleeffects.com/compare2secondstep>

Listing: NREPP

Description: Developed by Alice Ray, the author of Second Step at the Committee for Children, Ripple Effects is a digital tool designed to differentiate to the particular risk and protective factors of each learner. Ripple Effects is intended to provide Tier 1, 2, and 3 Response to Intervention level supports for students. It includes a library of 175 lessons for elementary students and 415 for secondary students. Modules include information on personal safety training, character education, management of feelings, decision-making, and connection to community. The teen program also includes lessons on sexual harassment, vandalism, truancy, and dating violence.

Target: Modules for elementary and teen students, and staff

Content: Customizable and differentiated lesson track for every student. The program can be used for systematic training, targeted prevention, and/or individualized intervention and guidance.

Cost: Software license pricing varies—available licensing for 5, 10, or 30 computers, or school-wide.

11. Safe Child Program

Sherryl Kraizer, PhD

303-809-9001

kraizer@safekid.org

<http://safekid.org/educators-2/safe-child-program-prevention-of-child-abuse/>

Listing: PPN (Promising)

Description: Designed to teach prevention of sexual, emotional, and physical abuse by people known to the student, prevention of abuse and abduction by strangers, and self-care in a non-threatening manner. It is a ten-lesson program, video-based, followed by role-play. Each year from preschool through grade 3 provides ten age-appropriate, video-based lessons, followed by role-play.

Target: Students grades PreK-3 (modules in English, Spanish, French, Creole)

Content: DVDs, family materials

Cost: \$95 for preschool/parent/teacher program and \$395 for prek-3 student/parent/teacher program

12. SafeCare®

800.799.5876

<http://safecare.publichealth.gsu.edu/>

Listing: NREPP

Description: Overseen by the Kempe Center® (see Section V below) and delivered by trained parent support coaches, SafeCare is a home visitation rather than a school-based model, but is included here due to its significantly promising outcomes and listing on the NREPP. Targeted to families at high risk of entering the child protection system, referrals to this voluntary program are typically made by child welfare departments, public health agencies and community partners. School officials are encouraged to make referrals, and self-referrals are also accepted. The program focuses on parenting skills, home safety, parental supervision, and healthy decision making. It comprises modules that address parent–child/infant interaction, safety, and health.

Target: Families with children 0-5 years of age

Content: 60-90 minute home visits for 18 to 20 weeks

Cost: Free. SafeCare is available in 33 counties and two American Indian Tribes in Colorado as of this printing. Interested parties should visit the Colorado Office of Early Childhood in the Department of Human Services at <http://www.coloradoofficeofearlychildhood.com/#!safecare-colorado/c1yw0>.

13. Safe Dates (Second Edition)

(800) 328-9000 ext. 4324

<https://www.hazelden.org/web/go/safedates>

Jana's Campaign™ delivers Safe Dates in Colorado <http://www.janascampaign.org/programs/>

Listing: NREPP (Promising), OJJDP (Effective), NIJ/CS, BHYD (Promising), PPN

Description: Safe Dates helps adolescents and teens understand the difference between manipulative, controlling and abusive relationships and caring, supportive ones. It is instructive on positive communication, anger management and conflict resolution. Adolescents in the program reported less psychological and sexual abuse in follow-up reports than control groups.

Target: Middle and high school students and their families

Content: Ten-session dating abuse curriculum (manual with CD/ROM) with family materials, including optional drama and art activities.

Cost: \$245

14. Second Step®: Skills for Social and Academic Success

800.634.4449

<http://www.cfchildren.org/second-step>

This curriculum is available under the name “Safety Smarts” through the Voices Carry Child Advocacy Center in Larimer County. <http://www.voicescarrycac.org/programs-services/school-based-programming/>

Listing: NREPP, OJJDP (Effective, multiple studies), PPN (Promising)

Description: The Second Step®: Skills for Social and Academic Success is a suite of prevention products. Created by the Committee for Children and originally named Second Step: A Violence Prevention Curriculum (2002, updated in 2011), the program has been shown to increase socio-emotional competence and reduce impulsive and aggressive behaviors.

A Bullying Prevention component was added later, and the Child Protection Unit (CPU) was developed in 2014. Although this unit is not yet evidence-based as a stand-alone program, it follows best practices. It was guided by the principles of *Talking About Touching: A Personal Safety Curriculum*. Differentiated by grade level, topics include general safety rules (guns, fire, water), safe adults,

body safety, and reporting. Pre-K activities take 5-7 minutes, K-3 take 20-35 minutes, and grades 4-5 take 35-40 minutes.

Target: For CPU--Pre-K through grade 5, school administration and staff, caregivers. English/Spanish (Other Second Step programs are targeted to students up to 14)

Content: Unlimited online staff training, student notebooks, poster, DVD for each grade, family materials, implementation tools and support resources for staff. Puppets for grades K-1 (purchased separately or substitute your own), songs for elementary students.

Cost: Each grade level individually \$179. Grades Pre-K through 5 bundle = \$999. Check your local Children's Advocacy Center (CAC) for free trainings for schools. CACs are listed below in section V.

15. Shifting Boundaries: Lessons on Relationships for Students in Middle School

Bruce Taylor, PhD

NORC at the University of Chicago

<mailto:taylor-bruce@norc.org>

301.634.9512

http://www.preventconnect.org/2013/05/shifting_boundaries/

Listing: OJJDP (Promising), NIJ/CS (Promising)

Description: Shifting Boundaries is a multi-level primary prevention program for middle school students that addresses sexual harassment and teen dating violence (TDV) as precursors or risk factors for TDV. It is unique in that it embraces a whole-school approach by using four school-wide interventions as well as classroom lessons. The classroom curriculum is comprised of four to seven lessons. It addresses boundary-setting, measuring personal space, avoidance of inappropriate behaviors including sexual harassment, appropriate response, consequences, and mapping safe and unsafe spaces at school.

The four school-wide interventions include using temporary school-based restraining orders called "respecting boundaries agreements"; mapping safe and unsafe areas of the school; the adjustment of school security and supervisory personnel based on the location of the "hotspots"; raising awareness among school faculty around the "hotspots"; and the use of posters to increase awareness and encourage reporting of incidents to school officials.

Target: Differentiated lessons for 6th, 7th and 8th grade students, as well as school-wide interventions

Content: Curriculum guides outline role-play and bystander intervention activities, suggestions for self-reflection, and instruction on corrective action.

Cost: Free

16. Stewards of Children (Darkness to Light)

866.FOR.LIGHT

http://www.d2l.org/site/c.4dICIJOkgcISE/b.6035035/k.8258/Prevent_Child_Sexual_Abuse.htm

Listing: OJJDP (Promising), NIJ/CS, CEBC (Promising)

This curriculum is available through the Voices Carry Child Advocacy Center in Larimer County, <http://www.voicescarrycac.org/programs-services/school-based-programming/>, and the Western Slope Center for Children, <http://www.wscchildren.org/page.cfm?pageid=34588>. Sexual Abuse Forever Ending (S.A.F.E.) see p. 29 below, is an authorized facilitator of the Stewards of Children training.

Description: This curriculum is offered in either a two-hour in-person or online lecture format. It covers five essential steps for effective sexual abuse prevention.

Target: Parents of children of all ages, adults in youth-serving organizations, adult communities

Cost: \$10 per person. Facilitator training also available through the website

17. Triple P Positive Parenting Program and Teen Triple P

Triple P America

803 451 2278

<mailto:contact.us@triplep.net>

<http://www.triplep.net/glo-en/home/>

Listing: NREPP (Model), OJJDP (Effective), NIJ/CS, BHYP (Promising), PPN (Promising), CEBC (Well Supported)

Description: The Triple P – Positive Parenting Program® is a parenting and family support system designed to prevent – as well as treat – behavioral and emotional problems in children and teenagers. It aims to prevent problems in the family, school and community before they arise and to create family environments that encourage children to realize their potential. Triple P draws on social learning, cognitive behavioral and developmental theory as well as research into risk factors associated with the development of social and behavioral problems in children. It aims to equip parents with the skills and confidence they need to be self-sufficient and to be able to manage family issues without ongoing support. Parents learn age-appropriate skills and methods on healthy boundaries, active skills training, discipline techniques, adolescent development, communication, and child abuse. Provides a tiered five-level system of treatment. It is a proven system with a suite of programs adaptable to community needs. It is delivered in the home or at a community gathering. Reductions in child abuse are measurable (between 16-22% fewer hospitalizations, out of home placements and confirmed cases).

Target: Parents and caregivers of children 0-12 years of age, English and Spanish. Teen Triple P is for children 12 to 16 years and their parents.

Content: Lecture/discussion, observation

Cost: Varies by program

18. Who Do You Tell™? (Calgary Communities Against Sexual Assault)

Calgary Communities Against Sexual Abuse

403.237.6905 extension 228

<mailto:wdyt@calgarycasa.com>

<http://www.whodoyoutell.com/>

Listing: PPN (Promising)

Description: Who Do You Tell?™ (WDYT?™) is a comprehensive body safety program with sexual abuse and domestic violence components. Delivered in two 45-minute sessions, the curriculum encourages assertiveness through knowledge of body parts, identification of trusted adults, children's right to say no, and reassurance that child sexual abuse could never be the child's fault. The program offers facts about child sexual abuse and empowers communities to speak openly about the issue. Included is a one-hour teacher training which provides an overview of the curriculum, identification of abuse, and tips on response to disclosure. A parent informational meeting is also part of the program. It is school-based, but can be adapted for community settings.

Target: Students, grades K-6, Catholic module, some South Asian, Jewish, Muslim illustrations

Content: One-hour training video for teachers, DVD/videos, games and activities

Cost: Varies depending on licensing options selected by purchaser

B. “Best Practice” Programs

The following programs have undergone internal evaluations or studies but are not listed by one of the national evidence-based/evidence-informed registries above. These programs contain specific objectives of current “best practice” research.¹² Scientific research reveals that the elements of best practice may include whether the program:

- Is grounded in theoretical framework
- Contains multiple lessons with specific content over a period of years with multiple reviews with homework
- Has appropriate training for instructors
- Encourages community involvement
- Addresses polyvictimization
- Helps children identify safe adults
- Helps adults build confidence in building safety
- Addresses children with special needs
- Contains an Internet safety component
- Contains a body safety component
- Can be tailored to community needs
- Multidisciplinary (meets the core educational needs in environment)
- Teaches children that sexual abuse is not their fault
- Addresses grooming behaviors
- Is interactive
- Addresses proper disclosure

No program MUST include all of these features to be effective, as programs are targeted for different audiences. “Best practice” differs for programs targeted for children, parents, communities, and professionals, so the selection process must consider the purpose for each intervention in determining whether it follows best practices and fits the community needs. It is important to remember that few prevention programs have evidence proving their effectiveness, and many are implemented without fidelity to models or quality control. Such programs can waste resources, or more importantly, cause actual harm. Many of these programs below are undergoing current review, which can be a prolonged and expensive process. This manual will be updated as that research becomes available. The programs are listed alphabetically.

1. The Blue Bench (Formerly RAAP)

Susie Roman, MA, Director of Prevention and Education

P.O. Box 18951

Denver, CO 80218

303-329-9922

<http://thebluebench.org/education-programs/>

Counties served: Denver Metro

Description: The Blue Bench offers a number of prevention programs which are aligned with Colorado’s Comprehensive Health Standards for grades 6-12:

- *Keeping Kids Safe* is a one to two-hour education program for caregivers of children to em-
-

¹² National Center for Missing and Exploited Children’s Guide for Choosing a Community-Based Safety Program (1999); Prevent Child Abuse America’s State and Federal Legislative Efforts to Prevent Child Sexual Abuse: A Status Report (2015); Center for Disease Control’s Sexual Violence: Prevention Strategies (2015), among other various studies.

power them to identify and talk to their children about abuse, predatory behaviors, and intervene and respond with proper resources.

- *Let's Talk About it: Sexual Assault Prevention for Youth* is designed for middle school students and covers power dynamics, gender roles, consent, reporting to trusted adults, how to be an active bystander, and healthy relationship building, in a flexible five-hour format.
- *Bringing in the Bystander*[®] is a program developed by and currently in evaluation with the University of New Hampshire. The Blue Bench has adapted it for high school students, where it is deliverable in a flexible format, from 90 minutes to multiple sessions adding up to 5 hours total. It is designed to make high school students active bystanders by teaching them about inappropriate sexual dynamics, empathy, and safe intervention techniques.
- *Knowledge is Power* is a one to two-hour community education lecture to educate about the myths of sexual assault, how to properly support victims, and how to access services provided by The Blue Bench.
- *Safety and Empowerment Skills* are three to six-hour classes for female-identified teens over 13, and adults. They learn verbal and physical assertiveness through a series of exercises and self-protection tactics.

Target: Differentiated modules for middle and high school students and parents

Content: Lecture and discussion, role play

Cost: Free

2. Blue Sky Bridge

Robin Friesen-Holwell, MS, MFTC, Prevention Education Manager

303.444.1388

<mailto:rfriesen-holwell@blueskybridge.org>

<http://blueskybridge.org/sbpep/>

Available in the Boulder Valley and St. Vrain Valley School Districts.

Description: Blue Sky Bridge is a Colorado Children's Advocacy Center (CAC) (See pp. 29-32 of this guide.) The children's portion of Blue Sky Bridge's program consists of four 30-minute class presentations. The curriculum includes safe/unsafe touching rules, identification of trusted adults, reporting, and the NO, GO, TELL plan of action. Parents receive separate training on identifying abuse, promoting safe environments, and responding to disclosure. Teachers receive similar instruction, plus information on mandatory reporting laws. There is always a CAC professional on hand at the presentations to respond appropriately to potential disclosure.

Blue Sky Bridge also has professionals trained to facilitate Stewards of Children (see p. 11 above), a safe environment program for adults.

Target: 3rd graders, their parents and teachers

Content: Presentation by trained facilitators including puppets, storybooks and role-plays

Cost: Free

3. Child Lures[®] Prevention's

a. Think First and Stay Safe[™] (for students Prek-6) and

b. Teen Lures[™] TV Newscast (for students grades 7-12)

Jennifer Mitchell

800.552.2197

<http://www.childluresprevention.com>

Description: Child Lures[®] Prevention seeks to curtail victimization by encouraging healthy social relationships, respect of self and others, emboldening self-confidence and reducing relational aggression and peer-to-peer violence. The Think First & Stay Safe[™] curriculum covers identification

of trusted adults and personal boundaries, as well as proven prevention strategies to lower risk of exploitation, abduction, bullying, Internet/electronic crimes and school violence. Teen Lures' ten student-led newscasts/corresponding class discussions address healthy relationships, consent, sexting, Internet/electronic crime, dating violence, cyber bullying, harassment, sexual assault, and human trafficking. Optional parent resources are also available for students in PreK-6 and 7-12.

Target: Think First & Stay Safe™ curriculum is for students PreK-Grade 6. Teen Lures™ TV newscast curriculum is for students grades 7-12.

Content: Both curricula include Presenter Training Modules, scripted lesson plans/class discussions, interactive class activities, practice scenarios and role-playing, worksheets/handouts, follow-up activities, school posters and parent components (including orientation letter, Power-Point presentations, handouts and optional Think First Parent Guide/Let's Talk Teens parent handbook, with helplines.)

Cost: The comprehensive toolkit is \$489 for either PreK-6 or 7-12. (Bulk Rates available for 6+ kits). Think First Parent Guides are \$1.00/each; Student personal safety workbooks, for Grades 3-6, are \$1.25/each; Let's Talk Teens parent handbook are \$1.25/each.

4. Childhelp® Speak Up Be Safe

Jennifer Mitchell, President
802.985.8458

<http://www.childluresprevention.com>

Description: *Speak Up Be Safe* is a comprehensive program that provides youth with the skills to prevent and interrupt physical, emotional, and sexual abuse as well as neglect and bullying. The curriculum utilizes web-based tools and focuses on increasing student self-esteem and basic safety skills. It is aligned with Common Core standards and has differentiated lessons for each grade level. There are two 30-45 minutes sessions per grade level.

Target: Modules for students grades K-12, and youth sports

Content: Personalized online profiles for students and teachers, take home items after each lesson, reinforcement activities after the unit is completed, videos, kinesthetic learning

Cost: \$5/student for the first year \$3/student in subsequent years

5. Circles of Safety® from Stop it Now!

Jenny Coleman, Director
413.587.3501

<mailto:jcoleman@stopitnow.org>

<http://www.stopitnow.org/circles-of-safety>

Listing: CEBC (not rated)

Description: Stop it Now! is a multi-tiered public health resource designed to help adults create effective programs to prevent child sexual abuse. Including a helpline, advocacy, prevention and other trainings, Stop it Now! provides the tools to help adults take action tailored to their communities. Circles of Safety® provides a customized training experience ranging from short online training modules to a three-day training for leadership planning and implementation of safety policies and procedures, which can include "Train the Trainer" modules. The consultation is highly customizable for each organization. The leadership team checks in quarterly to adjust and modify safety planning.

Target: Caretakers of children in youth-serving organizations.

Content: Training and consultation on strategies, policies and practices to make organizational change for the prevention of sexual abuse of children.

Cost: Varies depending on type and scope of training. Includes follow-up consultation for a full

year.

6. Coaching Boys into Men™ (CBIM)

<http://www.coachescorner.org/>

Jana's Campaign™ <http://www.janascampaign.org/coaching-boys-into-men/> provides resources to deliver the program in Kansas, Nebraska, Oklahoma, Texas and Colorado.

Kelley Parker, Executive Director

P.O. Box 1053

Manitou Springs, CO 80829

719.660.8537

Description: The program was developed by Futures Without Violence, <https://www.futureswithoutviolence.org/engaging-men/coaching-boys-into-men/>, a nonprofit dedicated to ending violence against women and children globally. CBIM provides high school athletic coaches with the resources they need to promote respectful behavior among their players and help prevent relationship abuse, harassment, and sexual assault. The curriculum consists of a series of lessons for weekly discussion, each of which takes 10-15 minutes. Jana's Campaign is available to provide training on the CBIM curriculum to middle and high school athletic coaches.

Target: Coaches of and high school male athletes

Content: Playbook to provide an overview of the program and tips, CBIM Card Series (Prep, Training, Half/Overtime, and Teachable Moment Cards)

Cost: \$42 for a hard copy of the Coaches' Kit, or downloadable free online

7. "Ditto's Keep Safe Adventure" Education Program—Ditto in a Box

<http://www.bravehearts.org.au/pages/education.php>

Description: This Australian child sexual abuse prevention program was developed for live performance in child care centers and schools, but became so popular that it is now available in a boxed format for global dissemination. The curriculum includes five modules, differentiated for children up to four, and five through eight. In selecting a program, be mindful that this one has a strong Australian feel and adheres to Australian laws and culture that may have no application in the U.S. The messaging has universal appeal.

Target: Children 3-8, caregivers, educators

Content: Teacher's Guide, CDs for two age groups, activity cards, scenario cards, storybooks, posters, games and quizzes.

Cost: \$149 (about \$108 US dollars at this printing), parent/caregiver packs are \$34.95 (\$25 US).

8. Family Life and Sexual Health (FLASH)

<http://www.kingcounty.gov/healthservices/health/personal/famplan/educators/FLASH.aspx>

Available in Colorado through:

- Colorado Youth Matter
Ruth Kolb,
303.225.8870, ext. 5
<mailto:rkolb@coloradoyouthmatter.org>
- Durango Sexual Assault Services Organization
Maura Doherty-Demko, Executive Director
<mailto:maura@durangosaso.org>

Description: FLASH is a comprehensive sexual health education curriculum developed by Public Health Seattle- King County. It is designed to prevent teen pregnancy, STDs, and sexual violence. Lessons include navigating puberty, abstaining from sex, reporting of sexual abuse and assault, and communication with family and friends about sexual health and dating. Training of facilitators recommended but not required.

Target: Elementary, middle, and high school student modules, up to age 21, including adaptations for disabled students

Content: Presentation (PowerPoint) and worksheet, small group discussion. Extension opportunities by content area are available depending upon the lesson. Guidance for organizing speakers and panels is included.

Cost: Free

9. Front Range Child Abuse Prevention (CAP)

Victoria Strong, MA, MNM- Executive Director

720.210.4801

<http://www.frontrangep.org/>

Counties served: Colorado Front Range primarily, but contact Front Range CAP to inquire about your school.

Description: Front Range CAP is the Denver/Boulder chapter of the International Center for Assault Prevention (ICAP) <http://www.internationalcap.org/>. The curriculum is focused on reducing the vulnerability of children and adolescents to all types of abuse and neglect through prevention education and advocacy. The curriculum covers bullying, stranger awareness, and sexual abuse prevention.

Child Assault Prevention (CAP) Project:

- Preschool CAP is taught in 40-minute sessions over two days. It reviews safety rules, stranger awareness, body safety, and helps students identify bullying behavior.
 - Elementary CAP is delivered in one-hour sessions over two days (30 minutes for kindergarten). Strategies for handling dangerous situations (bullying, abduction, assault) are presented, children are taught how to identify safe adults, and facilitators answer concerns/questions about unsafe situations.
 - Teen CAP is designed for middle and high school students. The curriculum, delivered in three one-hour modules, addresses dating violence, sexual harassment, gender stereotypes, and proper intervention through empathy, assertiveness, impulse control and anger management.
 - Teacher/Staff Workshop is comprised of two 2 ½ hour in-service presentations at the staff's convenience before the children are trained. It covers identification and prevalence of abuse, mandatory reporting requirements, strategies for reinforcing the messaging at home, and suggestions for follow-up lessons.
 - Parent Workshops are required before prevention skills are taught to the children. Parents are exposed to the messages in the curricula, learn how to reinforce the prevention techniques at home, and are empowered to ask questions.
-

Target: Modules for preschool, elementary, middle/high school students, school staff, and parent audiences.

Content: CAP-Guided group discussion, songs, role-play
Teen CAP- Role play, anonymous question box, drama/monologues
Teacher/Staff Workshop-resource guide, parent handouts

Cost: Varies

10. Keeping Your Children Safe in the Real and Virtual World, You are Not Alone, and Recognizing and Reporting Child Abuse (Dallas Children's Advocacy Center),

Dianna Smoot, Community Education Director, Dallas Children's Advocacy Center (DCAC)

<mailto:trainingcenter@dcac.org>

<https://trainingcenter.net/product/parent-child-curriculum-package>



Description: Training videos for parents (*Keeping Your Child Safe in the Real and Virtual World*—22minutes), and for children (*You are Not Alone*—10 minutes) are designed to teach the basics of personal safety in the real and online world. Students learn about criteria for a safe home, identifying inappropriate touch, how to report, and the dangers of sharing personal information or inappropriate pictures online.

Recognizing and Reporting Child Abuse is designed for professionals working with children on a regular basis and includes information on the realities of child abuse, how to recognize physical and behavioral signs of the various forms of child maltreatment (sexual abuse, physical abuse, emotional abuse, neglect and domestic violence), grooming behaviors, and how to make a report of suspected abuse as required for mandated reporters. This professional development curriculum offers compliance tracking for supervisors. In addition, agencies have the opportunity to co-brand the training videos and supplemental materials to be state and/or organization specific. This would provide the ability to incorporate specific statute and reporting numbers in the training.

Target: *Keeping Your Child Safe in the Real and Virtual World* and *You Are Not Alone* are for students ages 8 to 14 and their parents, home-based. *Recognizing and Reporting Child Abuse* is for professionals in child-serving agencies.

Content: Each of the programs also includes supplemental materials, available in hard copy for a fee or a free download via the online subscription included as part of the initial curriculum purchase. These include a facilitator’s guide, case studies, and course-specific handouts.

Cost: \$179.00 (\$349 for the set of three)

11. Kempe Cares

<http://www.kempe.org/>

The Gary Pavilion at Children’s Hospital Colorado

Anschutz Medical Campus

13123 E. 16th Avenue, B390

Aurora, CO 80045

Regional sites

303.864.5300

Description: An early childhood prevention program adapted from the curriculum of ZERO TO THREE, <https://www.zerotothree.org/> a D.C.-based nonprofit engaged in ensuring the safety of infants and toddlers. The program is mostly available at child care centers and preschools, and reduces abuse risk factors by promoting social-emotional development and strengthening parent-child relationships.

Target: Children to three years and their parents

Content: Skills training

Cost: Free

12. Kidpower® Colorado

Jan Isaacs-Henry, Executive Director

(719) 963-7376

<mailto:jan@kidpowercs.org>

<http://kidpowercs.org/>

Counties served: El Paso and surrounding areas, Denver Metro

Description: This international organization (*Kidpower*®, *Teenpower*®, *Fullpower International*®), is not on the national registries, but has undergone rigorous independent reviews and aligns as evidence-informed and exemplifying best practices. Kidpower started in 1989—locally in 1994. The program aligns with Colorado Department of Education’s Comprehensive Health Standards at each grade level. Kidpower’s mission is to teach people of all abilities how to use their power to stay safe, act wisely, and believe in themselves, including online. Workshops cover verbal bounda-

ry-setting and focus on building confidence, self-esteem, and situational awareness (including grooming behaviors). School programs vary in length and are held during the school day or in the evening to accommodate parent participation. Weekend classes are open to the community. Customized classes are available. Teenpower promotes the same themes, as well as healthy dating relationships and harassment.

Target: Differentiated modules for elementary, middle, and high school students, as well as their families. Components are adaptable for children with disabilities.

Content: Parent and teacher workshops, role play, review games, illustrated books, family information packet

Cost: Varies from \$45 to \$250 per child. Scholarships are available for low income families. The program is clear that they do not want families to miss the message due to lack of funding. Contact colorado@kidpower.org

13. Parenting Safe Children

Feather Berkower, MSW
303.931.5782

<mailto:feather@parentingsafechildren.com>
<https://www.parentingsafechildren.com/>

Description: This four-hour workshop educates parents and caregivers about keeping children safe from sexual abuse. Topics include: identifying grooming behaviors in teens and adults who sexually abuse, age-appropriate sexual behavior vs. concerning behavior in children, body-safety rules for children and teens, and building a prevention team of caregivers. The three-hour workshop professional in-service provides youth professionals with specific tools to keep their organization (agency, school, hospital, health group, church or youth group) off limits to child sexual abuse. Child sexual abuse prevention policies and screening processes for new hires are discussed in detail. There is a component on disclosure and reporting requirements.

Target: Parents of children from 0 through adolescence, child-care professionals

Content: Live lecture or online presentation (online presentation for persons outside the Denver Metro area only), private consultation

Cost: \$53.75 per person for live presentation (includes materials); \$44.99 for the online version (includes videos, activities and downloadable materials). Phone consultations are \$120 per hour.

14. Peace Maker Campaign (Advocates for Victims of Assault)

Brooke Turner
970.668.3906

<http://www.summitadvocates.org/peace-maker/>

Counties served: Summit

Description: Presented by the Summit County Advocates, the Peace Maker Campaign teaches elementary students age-appropriate information about healthy relationships and conflict resolution, bully prevention, empathy building, and body safety.

Target: Students grades 1-5

Content: Interactive discussion, role play, English and Spanish

Cost: Free

15. Play it Safe!®

Diane Mayfield, M.Ed.
817-927-4006

https://playitsafe.org/show.php?name=aboutus_playitsafe



Description: This evidence-informed body-safety curriculum is multi-tiered for educators, schools, youth organizations and faith-based institutions, differentiated by age. Play it Safe!® was created by the professionals at The Women’s Center of Tarrant County, which offers a continuum of services to inspire, teach, and empower women and families to overcome violence, crisis and poverty. This program teaches children how to identify all manner of abusive behavior, take action against it, and report. There is a lesson for each grade, containing an age-appropriate DVD and script. The PreK session is approximately 30 minutes. Each elementary grade session lasts 45 minutes to an hour. Available add-ons for older grades contain information on internet safety, harassment, and bullying. There are three middle school sessions, which have components on sexting and cyberbullying, and two high school sessions which focus on emotional, physical and sexual dating violence.

Target: Students PreK-12, parents, educators

Content: DVDs, scripts and coloring books are available in hard copy or online. Dolls and coloring books are included in the cost for PreK through 2nd grade.

Cost: Initial investment of \$149 to \$299 for elementary years; \$149 for high school; \$49 for additional dolls and coloring books (which are included in the PreK-2nd grade lessons). See the website for details.

16. radKIDS® Personal Empowerment Safety Program

Berthoud Fire Protection District

Andrew Kuiken

970.566.0222

<http://www.radkids.org/about-radkids/>

Counties served: Boulder, Larimer, Weld

Description: radKIDS is an activity-based empowerment and safety-skill building curriculum. It includes lectures, safety drills, physical skills to resist or stop violence or harm, and dynamic simulation. Students learn about school safety, vehicle safety, grooming techniques, and personal safety, including strategies for conflict resolution and reporting abuse, preventing abuse and bullying. The 10-hour program emphasizes essential decision-making skills and physical resistance options to escape violence. In the children’s program, there is a strong emphasis on family partnership.

Target: Children PreK-6, parents and educators, college students

Content: Interactive presentations and safety demonstrations

Cost: Free

17. Safe@Last, and Be. (Sexual Assault Center of Tennessee)

615-259-9055 Ext. 314

<https://www.besafeatlast.com>

Listing: Both programs meet American School Counseling Association Standards

Description: Sexual assault and prevention program presented in online and in-class formats. Educators learn how to recognize and respond to child sexual abuse. Students learn about personal boundaries, body safety and assertiveness, how to identify and disclose to a trusted adult, and how to navigate peer pressure. Safety with respect to guns, gangs, bullying and internet safety are also discussed. Lessons are taught in four 30-45 minute sessions.

Teens focus on healthy relationships, bystander intervention, technology, and learning how to access help in case of violence or abuse. Campus Safe@Last will be rolled out soon.

Target: Safe @Last = Students grades K-6;

Be. = Students grades 7-12

Content: Online interactive workbook, role-plays and games, Catholic module available

Cost: \$125 for each curriculum

18. SafeTouch (Lutheran Family Services)

Chelsey Lehmkuhl, Prevention Services Supervisor

970.356.6751

<http://www.lfsrm.org/prevention-services/safetouch>

Counties served: Weld and surrounding areas

Description: SafeTouch is a school-based program was created to teach children to recognize abusive situations among family members, peers, acquaintances and strangers and, if confronted with such situations, to seek help for themselves, their siblings or friends. Safe Touch uses a sensitive, evidence-informed, developmentally appropriate curriculum that includes group activities, age-appropriate discussions, role play, puppets, and videos. The broad objectives of the SafeTouch program is to ensure children/youth recognize abusive and inappropriate situations, to reduce children/youth's vulnerability to abuse and unwanted touch, help children/ youth learn to say "No," run away, and tell an adult, and teach children/youth how to identify trusted adults who will understand their situation. This is a program that nurtures a child's physical, emotional, and intellectual health and well-being. The kindergarten session is 45 minutes. Other grades are 60 minutes. Sessions are conducted annually.

Target: Students grades K-5, adaptable for faith-based communities and children with disabilities

Content: Discussion, puppets, pictures, videos, role-play

Cost: Free

19. Safe Touches: Personal Safety Training for Children (New York Society for the Prevention of Cruelty to Children)

Ann Costello, MPH

<mailto:acostello@nyspcc.org>

<http://www.nyspcc.org/our-work/safe-touches-personal-safety-training-children/>

Description: *Safe Touches* is a comprehensive child sexual abuse prevention program designed for children K through 3rd grade. Trained facilitators help kids learn and practice key safety concepts using puppets to talk about sensitive safety concepts. After the workshop, the children are given an age-appropriate activity book on body safety to complete at home with their caregivers. Key safety concepts include private body parts, safe and not safe touches (and that they happen to both boys and girls and may be made by people we know or don't know), how to report not safe touches, that abuse is never the child's fault, and that children should tell until they are believed.

The Safe Touches curriculum was developed by The New York Society for the Prevention of Cruelty to Children (NYSPPCC), a nonprofit organization dedicated to improving the lives of maltreated and at-risk children through research, education, advocacy, and direct services.

In 2012, with support from the National Institute of Health (NIH), The NYSPCC conducted a full scale research study to assess program efficacy among second and third graders. The study found significant increases in knowledge of workshop-related concepts.

Target: Students K-3 (Safe Touches).

The NYSPCC also provides Child Sexual Abuse Prevention Education (not Safe Touches) for students in grades 4 through 12, as well as for parents/ caregivers, and teachers and other staff members. The Curriculum is currently only available in English.

Content: Safe Touches includes a workshop and homework activities with caregivers.

Age appropriate adaptations are made for students in grades 4-5, 6-8, and 9-12 in the Child Sexual Abuse Prevention Education programs.

Cost: Varies depending on scope and location of implementation. To maintain fidelity to the evidence-informed Safe Touches model, the program requires facilitator training, including travel expenses. This program has not been implemented in Colorado. Please contact the New York Society for the Prevention of Cruelty to Children to learn more.

20. Safer, Smarter Kids; Safer, Smarter Teens; Safer, Smarter Schools (Lauren's Kids)

Ivette Diaz, Executive Director, <mailto:ivette@laurenkids.org>
786-288-5045

SaferSmarterKids.org PreK through 5th grade, including children with disabilities

SaferSmarterTeens.org Middle, high school

SaferSmarterSchools.org Professional development

Description: These school-based curricula are designed for PreK through grade 12, including special education. Professional development for educators is also available. Studies funded by the developer, conducted independently, have indicated significant increase in body safety knowledge after completion of the program. The spiral curriculum builds with the development of the child, and contains elements that address body-safety, bullying, empowerment, and Internet safety. With age-appropriate considerations, the programs address safe/unsafe situations, the grooming process, and balances of power in relationships. Each grade contains five to eight trainings that can be incorporated into reading, health, or social science lessons.

Target: Students PreK-12, students with disabilities. Available in Spanish and Creole.

Professional development module available for teachers, principals and guidance counselors.

Content: Teacher's Guides, Parent Letters, videos, visual aids, homework, posters, stickers, activities, bookmarks and online tools; aligned to education standards

Cost: About \$300 per grade--varies depending on services and add-ons purchased.

21. SungateKids SafeKids (SK²)

Erin Katz, J.D.
303.368.1065

<https://www.sungatekids.org/programs-services-for-child-abuse-victims/sungatekids-safekids/>. See also <http://www.kotb.com/kob2.htg/topics.htm>

Counties served: Douglas, Jefferson, Arapahoe, Elbert, and Lincoln Counties, and the greater Denver Metro area via SungateKids Child Advocacy Center. Please contact SungateKids to inquire about availability in your district.

Description: SK² is aligned with the Colorado Department of Education's Comprehensive Health and Physical Education Academic Standards for 3rd, 4th and 5th grades. The program is too new to have undergone rigorous independent study, but is modeled on the evidence-based *Kids on the Block Program*, which has been utilized nationally to improve social behaviors relative to children with disabilities and social concerns. SK² has anecdotally resulted in positive outcomes.

Delivered in a 45-minute puppet program, each puppet represents one of 3 children who have had various experiences with child abuse. The content empowers children with body safety education, awareness of predatory behavior, and self-confidence. There is opportunity for response after the segment, and educators are trained to provide support and continue the discussion in the classroom intermittently following the presentation. Parents are engaged in the process.

Target: Students grades 3-5, parents, and teachers

Content: Interactive puppet show, discussion and debrief, materials for follow-up

Cost: Free

III. PROGRAMS TO PREVENT HUMAN TRAFFICKING

The U.S. Department of Education has developed a guide to help school officials understand how human trafficking impacts schools, recognize the indicators of possible child trafficking, and develop policies, protocols, and partnerships to address and prevent the exploitation of children. That guide is available at <https://safesupportivelearning.ed.gov/human-trafficking-americas-schools>. A simple fact sheet for schools can be downloaded here:

<http://www2.ed.gov/about/offices/list/oese/osh/tipfactsheet91913.pdf>.

As a part of its Blue Campaign® to end human trafficking (see Campaigns in section VIII below), the Department of Homeland Security prepared this pamphlet of facts and resources for educators:

<https://www.dhs.gov/sites/default/files/publications/bc-inf-ed101-ht-101-for-school-administrators-staff.pdf>.

The National Center for Homeless Education (U.S.D.E.) contains assistance for how schools should respond to instances of trafficking at <http://center.serve.org/nche/downloads/briefs/trafficking.pdf>. Homeless youth are at especially high risk.

The National Center for Missing and Exploited Children also offers resources at

<http://www.missingkids.com/Publications/Exploitation>.

Within the State, the Colorado Human Trafficking Council was created within the Department of Public Safety to build a coalition of community-based and statewide anti-trafficking efforts. Their work is outlined here: <https://sites.google.com/a/state.co.us/cdps-prod/home/human-trafficking-council>. Further information regarding the Council is found on p. 25 of this guide. Additionally, the following prevention programs are designed to prevent human trafficking and exploitation.

1. Bodies are Not Commodities

(A21—Abolishing Injustice in the 21st Century)

427 E. 17th Street #F223
Costa Mesa, CA 92627 USA
949.202.4681

<http://www.a21.org/content/bodies-are-not-commodities/gjdpjv?permcode=gjdpjv>

Description: Online awareness and prevention resource (Common Core aligned). The program includes five multi-media and interactive sessions, supplementary curriculum for Social Studies, English and Health. Its goal is to prevent human trafficking, protect students, and offer pathways of engagement.

Target: High school students

Content: Facilitator guide, student guide and video downloads

Cost: \$75

2. iEmpathize Empower Youth Program

Candace Joice, Education Manager

303.625.4074

<http://empower.iempathize.org/>

Description: iEmpathize is a Colorado-based organization with an exploitation-prevention curriculum designed to equip students with strategies to stay safe from issues of exploitation, from bullying to sex trafficking. The program utilizes original, age-appropriate media featuring young adults that focuses on positive, non-sensationalized content. Central to the curriculum is character education and empathy development. The curriculum is delivered in five lessons; content is available via either print or online deliverables. Tied to common core in language arts and social studies, as well as tied to national standards in health education and counseling.

Target: Grades 7-12

Content: Videos paired with a facilitator guide containing activities, discussion questions, and assessments

Cost: \$2.00/student for a one-year license and consultation for organizations serving over 50. For organizations serving less than 50 students in a year, the license is a flat-rate of \$90.

3. Not a #Number (Love 146)

<https://love146.org/notanumber/>

Description: Not a #Number is an interactive, five-module prevention curriculum designed to teach youth how to protect themselves from human trafficking and exploitation. It uses a holistic approach focusing on respect, empathy, individual strengths, and the relationship between personal and societal pressures that create or increase vulnerabilities. The content includes information and skill building activities on how to understand and prevent various forms of human trafficking and exploitation, violence in media and negative societal pressures and stereotypes, personal vulnerability and the effects of traumatic events, healthy and unhealthy relationships, online safety, safety planning, and identification of healthy support systems and resources.

Target: Youth ages 12-18 in schools, juvenile justice agencies, residential facilities and other community settings.

Content: The curriculum uses scenarios, videos, spoken word, discussion, and handouts for individual and small group work. Resources for professionals working with youth and parents are included and can be downloaded from the website.

Cost: A three-day Facilitator Certification training is required for all professionals who would like to implement the program in their settings. Please contact Love146 at notanumber@love146.org for more details.

4. Not for Sale

2225 3rd Street

San Francisco, CA 94107

650.560.9990

<http://jp.notforsalecampaign.org/resources/>

Description: The high school curriculum is derived from the book *Not for Sale* by David Batstone. It includes the major theses of war, poverty, religion, immigrant and refugee status, global economies, forced labor, justice systems, and the abolition of slavery.

Target: High school and college students

Content: 10-lesson downloadable curriculum including script with read-alouds, study questions,

writing prompts and activities.

Cost: Free

5. The Prevention Project® --Richmond Justice Initiative (RJI)

<http://www.prevention-project.org/home/prevention-project-program/>

Description: The six-lesson curriculum (45-50 minutes per session) is Common-Core aligned for Social Studies, Health and English. It was reviewed by National Educators to Stop Trafficking, and contains all features deemed useful for these types of education programs. It seeks to prevent trafficking and equip students to be part of the solution to eradicate it. Students learn about grooming behaviors and risk factors to their self-esteem. The program is national, and based on input from survivors and experts in law enforcement, education and advocacy.

Target: Middle and high school students. Can be presented in schools, after-school programs, youth groups.

Content: Teacher's guide, videos, interactive activities, homework and other resources, updated annually. The Project trains the trainers via phone in one 90-minute session.

Cost: Priced per number of students served, subsidized by donors of the RJI. 0-1,000 students = \$300; 1,001-2,000 = \$375; 2,000+ = \$450; school districts or BOCES should contact The Prevention Project® directly for pricing. info@prevention-project.org

6. UNICEF

<http://teachunicef.org/teaching-materials/topic/child-trafficking>

Description: UNICEF offers four different curricula targeted to the groups named. Each of them contains lessons to raise awareness, identify and prevent human trafficking. Lessons vary from one to four sessions and include assessments, extensions and study questions, depending on the age of the audience.

Target: Families, middle and high school students, educators

Content: Downloadable curricula with activities, links to videos.

Cost: Free

IV. STATEWIDE GOVERNMENT PROGRAMS

A. Colorado Department of Education

<https://www.cde.state.co.us/cohealth/statestandards>

201 E. Colfax Ave.
Denver, CO 80203
303.866.6600

Mission: To ensure that all students are prepared for success in society, work, and life by providing excellent leadership, service, and support to schools, districts, and communities across the state.

Description:

- The Colorado Department of Education (CDE) provides leadership, resources, support and accountability to the state's 178 school districts, 1,836 schools, close to 56,000 teachers and over 2,800 administrators to help them build capacity to meet the needs of the state's approximately 889,000 public school students.
- CDE also provides services and support to boards of cooperative educational services (BOCES), early learning centers, state correctional schools, facility schools, the state's libraries, adult/family literacy centers, and General Education Development (GED) testing centers reaching learners of all ages. CDE op-

erates the Colorado Talking Book Library which provides supports for people who have vision, print, and reading disabilities. CDE also provides structural and administrative support to the Colorado School for the Deaf and the Blind and the Charter School Institute.

- As the administrative arm of the [State Board of Education](#), CDE is responsible for implementing state and federal education laws, disbursing state and federal funds, holding schools and districts accountable for performance, licensing all educators, and providing public transparency of performance and financial data.
- CDE serves students, parents, and the general public by protecting the public trust through ensuring adherence to laws, strong stewardship of public funds, and accountability for student performance.

CDE has published a guide for school personnel with respect to preventing and reporting child abuse and neglect:

https://www.cde.state.co.us/sites/default/files/documents/healthandwellness/download/child_abuse_manual_2002.pdf

Additionally, there is a guide for school nurses:

https://www.cde.state.co.us/sites/default/files/documents/healthandwellness/download/nurchild_abuse.pdf

B. Colorado Department of Human Services; Office of Children, Youth and Families, Division of Child Welfare

<https://sites.google.com/a/state.co.us/cdhs-dcw/>

1575 Sherman Street, 2nd floor

Denver, CO 80203

303.866.5700 (for administrative inquiries only—child abuse reports go to **1-844-CO-FOR-KIDS**)

Mission: To strengthen the ability of the family to protect and care for their own children, minimize harm to children and youth, and ensure timely permanency planning. Services stabilize the family situation and strengthen the family's capacity to care for their children. When safety is not possible within the family, services focus on the child's need for a stable, permanent home as quickly as possible.

Description: Colorado has a state-supervised and county-administered human services system. Under this system, county departments are the main provider of direct services to Colorado's families, children, and adults.

- CDHS supports the Child Welfare Training System—it offers free trainings to the community when open spots are not taken by child services staff.
- Creates and supports free online [mandated reporter training](#) for school professionals <http://www.coloradocwts.com/mandated-reporter-training>

C. Colorado Department of Public Health and Environment

<https://www.colorado.gov/pacific/cdphe/svp>

Tomei Kuehl, MPA

Interpersonal Violence Prevention Unit Supervisor

Violence and Injury Prevention—Mental Health Promotion Branch

tomei.kuehl@state.co.us

4300 Cherry Creek S Dr.

Glendale, CO 80246

Mission: To impact prioritized risk and protective factors of sexual violence by funding commu-



nity agencies and evaluating their intended impact.

Description: Through the sexual violence prevention program, community organizations partner with CDPHE to work to prevent sexual violence. Communities are engaged to change unhealthy norms, policies and practices that sanction sexual violence, and implement policies and practices to address the root cause of sexual violence.

Current grantees include:

Bright Future Foundation in Eagle County, Colorado Anti-Violence Program in Denver, Full Circle of Lake County in Lake County, S.A.R.A. Inc. in Fort Morgan, Safehouse Progressive Alliance for Nonviolence in Boulder, Sources of Strength in Lakewood, Summit County Government Youth and Family Services in Summit County, The Conflict Center in Denver, and Tu Casa in Alamosa.

D. Colorado Department of Public Safety

1. Colorado School Safety Resource Center

<https://www.colorado.gov/pacific/cssrc>

700 Kipling St., Suite 1000

Denver, CO 80215

Margaret M. Ochoa, J.D., margaret.ochoa@state.co.us

303.239.4439

Mission: To assist educators, emergency responders, community organizations, school mental health professionals, parents, and students to create safe, positive, and successful school environments for Colorado students in all pre-K-12 and higher education schools.

Description: The CSSRC provides training, consultation, and resources for school staff, parents, and students PreK through higher education on best practices in child sexual abuse prevention.

2. Human Trafficking Council

<https://sites.google.com/a/state.co.us/cdps-prod/home/human-trafficking-council>

700 Kipling Ave, Lakewood, CO, 80226

Maria Trujillo maria.trujillo@state.co.us

Mission: To bring together leadership across various levels of government and the community a collaborative coalition to help combat human trafficking. The Council is expected to improve comprehensive services for victims and survivors of human trafficking, to assist in the successful prosecution of human traffickers, and to enhance human trafficking prevention efforts in Colorado.

Description: The Colorado Human Trafficking Council has established a set of guiding principles in addition to the paradigm established by the United Nations and the National Trafficking Victims Protection Act: prevention, protection, prosecution and partnership.

3. Sex Offender Management Board, Administered by the Office of Domestic Violence and Sex Offender Management in the Division of Criminal Justice

<https://sites.google.com/a/state.co.us/dcjsomb/home/juvenile-information>

700 Kipling Ave, Lakewood, CO, 80226

Raechel Alderete raechel.alderete@state.co.us (Coordinator, Juvenile Standards)

Mission: To develop standards and guidelines for evaluation, treatment, assessment, and supervision of sex offenders to improve community safety and protect citizens.

Description: Provides information and resources for schools on appropriate responses to juveniles who have committed sexually offensive acts including: educational rights of victim and offender and reintegration of each into the educational community. See, p. 31 below. Juvenile



Standards found here:

<https://cdpsdocs.state.co.us/somb//JUVENILE/2014JUVENILESTANDARDSworking102014FINAL4.pdf>

V. STATEWIDE RESOURCES AND COALITIONS

A. Colorado Coalition Against Domestic Violence

<http://ccadv.org/>

1330 Fox Street, Suite 3

P.O. Box 40328

Denver, CO 80204

888.778.7091

Mission: By 2020, to be the trusted and valued leader in expanding the capacity of Colorado’s domestic violence programs, allied professionals, policymakers, and the public, to dramatically reduce domestic violence in Colorado.

Description: The Colorado Coalition Against Domestic Violence (CCADV) works with a diverse network of rural and urban Colorado domestic violence victim service programs to encourage appropriate and comprehensive responses to family violence, domestic violence, and dating violence against adults or youth within Colorado. CCADV provides a strong statewide voice to improve the safety and options for victims of domestic abuse by engaging in strong systems advocacy, public policy development, public awareness and education, and capacity building for Colorado domestic violence programs and allied programs and individuals.

B. Colorado Coalition Against Sexual Assault

<http://www.ccasa.org/>

1330 Fox Street, Suite 2

P.O. Box 40350

Denver, CO 80204

(303) 839-9999

Mission: A membership organization promoting safety, justice, and healing for survivors while working toward the elimination of sexual violence.

Description: CCASA is a membership of government and nonprofit agencies, law enforcement, health practitioners, mental health providers, educators, advocates, and private citizens working for its common mission.

C. Colorado Organization for Victim Assistance (COVA)

Nancy Lewis, Executive Director

1325 S. Colorado Blvd., Suite 508-B

Denver, CO 80222

303.861.1160

coloradocrimevictims.org

Mission: COVA is committed to fairness and healing for crime victims, their families and communities through leadership, education, and advocacy. By operating in an inclusive and compassionate manner, COVA creates solutions and positive change.

Description: COVA offers a variety of programs to promote public understanding of victimization, to create awareness of human trafficking, to provide training for provide quality



services to victims, and to publish lists of service providers for victims statewide. Additionally, COVA has developed a Crisis Response Team to assist communities in need.

D. Colorado Youth Matter

Holly Ponton, Capacity Building Manager
1650 Franklin Street, Lower Level
Denver, CO 80218
303-225-8870

<http://coloradoyouthmatter.org/>

Mission: Colorado Youth Matter (CYM) actively engages Colorado communities to promote the healthy sexual development of all young people.

Description: CYM offers training, educational programs, professional development and research to promote healthy sexuality, from comprehensive sex education to pregnancy prevention. The agency works statewide to educate the educator—teachers and parents—in order to provide the most medically accurate, age appropriate, and positive information to youth. Programs are targeted to school-aged children and young adults, from “Playground to Prom”. Diverse populations are served. CYM is a direct provider of the F.L.A.S.H. Program profiled above on p. 15.

E. Illuminate Colorado

<http://www.illuminatecolorado.org/>

1520 W. 13th Avenue Suite 118, Denver, CO 80204
(303) 413-3460

Mission: Illuminate Colorado is a united network of three established organizations partnering to build brighter childhoods through education, advocacy, and family support. Governed by a single Board of Directors, agency programs are fully integrated to leverage resources and increase overall capacity to implement powerful programs to keep kids safe.

Description: Illuminate Colorado provides strategic guidance, operational support, and a collective voice for child and family-focused organizations working in partnership to promote child well-being and prevent child maltreatment. The agency is presently partnering with the Department of Human Services to conduct an environmental scan of school-based sexual abuse prevention programs. A link to that resource will be added here when it becomes available.

F. The Kempe Center for the Prevention and Treatment of Child Abuse and Neglect®

<http://www.kempe.org/>

The Gary Pavilion at Children’s Hospital Colorado
Anschutz Medical Campus
13123 E. 16th Avenue, B390
Aurora, CO 80045
Regional sites
303.864.5300

Mission: The Kempe Center improves the care and well-being of all children by strengthening



families, communities, and the systems that serve them. The Center serves families across the Rocky Mountain West, in multiple states, and consults across the globe.

Description: The Kempe Center provides clinical care, advocacy, research, and education, partnering with policy makers, human service agencies, child advocacy groups and nonprofits to prevent child abuse and neglect and to treat victims of abuse and neglect. The Center is affiliated with The Children’s Hospital and a program at the Department of Pediatrics, School of Medicine, University of Colorado at the Anschutz Medical Campus, where it has its home. See Kempe’s website for a full listing of services and resources. The following prevention programs are currently available:

- **Kempe CARES:** See best practice programs profiled above.
- **Fostering Healthy Futures®:** an evidence-based program in Phase II (implementation, expansion and dissemination), which targets pre-adolescents (9-11) who have a history with the foster care system. FHF uses a combination of screening assessments, individual mentoring, and group-based skills training to promote healthy development and reduce risk factors for adverse outcomes.
- **SafeCare®** (also profiled above)
- **Perpetration Prevention Program:** Reduces the risk of children being abusive as children, as adolescents, and ultimately, as the next generation of adults by promoting primary, secondary, and tertiary perpetration prevention strategies. In partnership with Kempe, the Colorado School Safety Resource Center (CSSRC) will be available to offer the PPP training free of charge starting in September 2016. (The program charges \$450 to attend a “train the trainer” class.)
- **Strong Communities for Children:** A unique, community-based approach to child protection. This evidence-based program is presently being replicated in Colorado Springs.

<http://www.ucdenver.edu/academics/colleges/medicalschool/departments/pediatrics/subs/can/StrongCommforChildren/Pages/default.aspx>

G. Prevent Child Abuse Colorado

<http://www.preventchildabusecolorado.org>

P.O. Box 2333 Denver, CO 80201

(303) 339-0780

Mission: Prevent Child Abuse Colorado (PCAC) educates, connects, and mobilizes Colorado communities and families so children can grow and develop free from abuse and neglect.

Description: PCA serves as a clearinghouse for information and resources regarding child abuse and helps organizations facilitate activities in April for Child Abuse Prevention Month. PCA is conducting an environmental scan of child sexual abuse prevention initiatives in Colorado and recommendations for improving prevention and support efforts.

H. Sexual Abuse Forever Ending (S.A.F.E.)

<http://www.wersafe.org>

(303) 725-6711

Mission: To educate and empower children and adults to reduce stigma and prevention child sexual abuse

Description: S.A.F.E is a statewide collaborator for community members and organizations interested in child sexual abuse prevention or advocacy work. S.A.F.E. is dedicated to facilitating and supporting the Stewards of Children Program by Darkness to Light. See above, p. 11.



VI. Children's Advocacy Centers

Children's Advocacy Centers are multi-disciplinary, child-focused agencies in which representatives from law enforcement, child protection, prosecution, mental health, medical and victim advocacy, and child advocacy work together to make decisions about investigation, treatment, management, and prosecution of child abuse cases. The Centers below are accredited members of the National Children's Alliance®. Many of the Centers in Colorado have suggestions for educational curricula for parents, schools, and children in their geographic regions. Some have even created their own programs. Please consult the best practice listing above in selecting a program for your school or district.

Colorado Children's Alliance (CCA)

303 S. Broadway, Suite 200-329, Denver, CO 80209

303.727.0409

coloradocac.org

The CCA is a Membership Organization and accredited chapter of the National Children's Alliance®. It provides support, technical assistance and leadership on a statewide level to the 14 Child Advocacy Centers it serves. The CCA can help you find a child advocacy center in your region.

ACCREDITED MEMBERS:

- **Ralston House** (1st Judicial District and 17th Judicial District) (free awareness/prevention workshops for parents, children, teens, caretakers with children in youth sports, and communities)

10795 W. 58th Avenue, Arvada, CO 80002; 1875 Wadsworth Blvd, Lakewood, CO 80214

720.898.6745

303.432.7992

ralstonhouse.net

- **Denver Children's Advocacy Center** (2nd Judicial District) (*Denver Safe from the Start* independent and free materials available on-line)

2149 Federal Blvd., Denver, CO 80211

303.825.3850

303.825.6087

denvercac.org

- **Safe Passage** (4th Judicial District)

423 S. Cascade Avenue, Colorado Springs, CO 80903

713.636.2460 phone

888.273.8796 fax

<http://www.safepassagecac.org/>

- **Dolphin House** (7th Judicial District) (independent web-based training and workshops for adults and children)

735 South 1st Street, Montrose, CO 81401

970.240.8655 phone

970.240.8656 fax



dolphinhousecolorado.com

- **Voices Carry CAC** (8th Judicial District) (*Stewards of Children* for adults, *Safety Smarts* for children)

5529 S. Timberline Rd., Ft. Collins, CO 80528

970.407.9739

970.407.9743

voicescarrycac.org

- **River Bridge Regional Center** (9th Judicial District) (independent free prevention workshops for parents)

520 21st Street, Glenwood, Springs, CO 81601

970.945.5195

970.947.9187

riverbridgerc.org

- **Pueblo Child Advocacy Center** (10th Judicial District) (*Stewards of Children* and church-based workshops for adults; training for school staff; *Good Touch, Bad Touch* classes for K-5)

301 W. 13th Street, Pueblo, CO 81003

719.583.6332

719.583.4545

pueblcac.org

- **Tu Casa** (12th Judicial District) (Multiple trainings for children to adults and professionals, including *My Body Belongs to Me*, *Safe Dates*, *Bystander Intervention*, *What is Consent?*, *College Prep: What to Expect as a College Freshman*, *From Playground to Prom Training*, *Signs of and Responding to Intimate Partner Abuse*, *Domestic Violence and Sexual Assault: Skills for Nurses*)

202 Carson Avenue/P.O. Box 473, Alamosa, CO 81101

719.589.2465

719.589.1465

slvtucasa.net

- **SARA House** (13th Judicial District) (*Stewards of Children* for adults, *Safe Dates* for teens, *RAD [Rape Aggression Defense]* for middle school girls and women, *Stop Bullying Now!* for grades 3-6)

418 Ensign Street, Ft. Morgan, CO 80701

970.867.2121

sarainc.org

- **SungateKids** (17th and 18th Judicial Districts) (*SK²*)

P.O. Box 3554, Englewood, CO 80155

303.368.1065

303.368.1089

sungatekids.org

- **A Kid's Place** (19th Judicial District) (*Stewards of Children*)

1610 29th Avenue Place, Suite 201, Greeley, CO 80634

970.353.5970 phone



970.353.9577 fax

<http://akidsplace.org/>

- **Blue Sky Bridge** (20th Judicial District) (*Stewards of Children* for adults, independent program for children, see pp. 13-14 above)

P.O. Box 19122, Boulder, CO 80308

303.444.1388

303.444.2045 fax

<http://blueskybridge.org/>

- **Western Slope Center for Children** (21st Judicial District) (*Stewards of Children* for adults)

P.O. Box 3978, Grand Junction, CO 81502

970.245.3788

970.245.7550

wscchildren.org

- **Four Corners Child Advocacy Center** (22nd Judicial District)

140 N. Linden Street, Cortez, CO 81321

970.565.8155

970.565.8279

nestcac.org

VII. GUIDELINES & PROTOCOLS

A. Reference Guide for School Personnel Concerning Juveniles Who Have Committed Sexually Abusive and Offending Behavior

Provides guidelines and informational resources for schools on best practices with providing a Public education for juveniles who have committed sexually abusive and offending behavior and the support provided to survivors of peer sexual assault and abuse. See p. 26 above. Available at: <https://cdpsdocs.state.co.us/somb//JUVENILE/2014JUVENILESTANDARDSworking102014FINAL4.pdf>

B. Comprehensive Health Standards by Grade (Colorado Department of Education)

<https://www.cde.state.co.us/cohealth/statestandards>

High School Comprehensive Health Standards: Concepts and Skills Students Master:

Standard 3: Emotional and Social Wellness

- 3.1 Analyze the interrelationship of physical, mental, emotional, and social health
- 3.3 Advocate to improve or maintain positive mental and emotional health for self and others

Standard 4: Prevention and Risk Management

- 4.5 Analyze factors that influence community and societal beliefs that underlie violence, and describe relationships, attitudes, behavior, and vulnerability to violence
- 4.7 Identify the emotional and physical consequences of violence, and find strategies to deal with, prevent, and report them
- 4.8 Access valid information and resources that provide information about sexual assault and violence



- 4.9 Demonstrate verbal and nonverbal communication skills and strategies to prevent violence
- 4.10 Advocate for changes in the home, school, or community that would increase safety

Eighth Grade Comprehensive Health Standards: Concepts and Skills Students Master:

Standard 3: Emotional and Social Wellness

- 3.1 Access valid school and community resources to help with mental and emotional health concerns
- 3.2 Internal and external factors influence mental and emotional health

Standard 4: Prevention and Risk Management

- 4.4 Analyze the factors that influence violent and non-violent behavior
- 4.5 Demonstrate ways to advocate for positive, respectful school and community environment that supports pro-social behavior

Seventh Grade Comprehensive Health Standards: Concepts and Skills Students Master:

Standard 2: Physical and Personal Wellness

- 2.3 Compare and contrast healthy and unhealthy relationships

Standard 3: Emotional and Social Wellness

- 3.1 Demonstrate effective communication skills to express feelings appropriately
- 3.2 Develop self-management skills to prevent and manage stress

Standard 4: Prevention and Risk Management

- 4.2 Demonstrate safety procedures for a variety of situations

Sixth Grade Comprehensive Health Standards: Concepts and Skills Students Master:

Standard 2: Physical and Personal Wellness

- 2.2 Access valid and reliable information regarding qualities of healthy family and peer relationships
- 2.3 Comprehend the relationships between feelings and actions

Standard 3: Emotional and Social Wellness

- 3.1 Understand how to be mentally and emotionally healthy

Standard 4: Prevention and Risk Management

- 4.3 Demonstrate self-management skills to reduce violence and actively participate in violence prevention
- 4.4 Demonstrate ways to advocate for safety and prevent unintentional injuries

Fifth Grade Comprehensive Health Standards: Concepts and Skills Students Master:

Standard 2: Physical and Personal Wellness

- 2.4 Demonstrate interpersonal communication skills needed to discuss personal health problems to establish and maintain personal health and wellness

Standard 3: Emotional and Social Wellness

- 3.1 Analyze internal and external factors that influence mental and emotional health

Standard 4: Prevention and Risk Management

- 4.2 Demonstrate the pro-social behaviors that reduce the likelihood of physical fighting, violence, and bullying
- 4.3 Demonstrate basic first aid and safety procedures

Fourth Grade Comprehensive Health Standards: Concepts and Skills Students Master:

Standard 2: Physical and Personal Wellness

- 2.3 Explain that the dimensions of wellness are interrelated and impact personal health

Standard 3: Emotional and Social Wellness

- 3.1 Identify the positive behaviors that support relationships
- 3.2 Comprehend concepts related to stress and stress management

Standard 4: Prevention and Risk Management

- 4.3 Demonstrate skills necessary to prevent a conflict from escalating to violence

Third Grade Comprehensive Health Standards: Concepts and Skills Students Master:

Standard 3: Emotional and Social Wellness

- 3.1 Utilize knowledge and skills to treat self and others with care and respect
- 3.2 Demonstrate interpersonal communication skills to support positive interactions with families, peers, and others

Standard 4: Prevention and Risk Management

- 4.2 Describe pro-social behaviors that enhance healthy interactions with others
- 4.3 Identify ways to prevent injuries at home, in school, and in the community

Second Grade Comprehensive Health Standards: Concepts and Skills Students Master:

Standard 4: Prevention and Risk Management

- 4.4 Demonstrate interpersonal communication skills to prevent injury or to ask for help in an emergency or unsafe situation

First Grade Comprehensive Health Standards: Concepts and Skills Students Master:

Standard 3: Emotional and Social Wellness

- 3.2 Identify parents, guardians, and other trusted adults as resources for information about health

Standard 4: Prevention and Risk Management

- 4.1 Demonstrate strategies to avoid hazards in the home and community

Kindergarten Comprehensive Health Standards : Concepts and Skills Students Master:

Standard 3: Emotional and Social Wellness

- 3.1 Exhibit understanding that one's actions impact others

Standard 4: Prevention and Risk Management

- 4.1 Identify the importance of respecting personal space and boundaries of self and others
- 4.3 Demonstrate effective communication skills in unsafe situations

Preschool Comprehensive Health Standards : Concepts and Skills Students Master:

Standard 4: Prevention and Risk Management

- 4.1 Identify ways to be safe while at play

C. The Colorado Statewide Child Abuse Hotline

Borrowed from <https://sites.google.com/a/state.co.us/cdhs-dcw/home/programs/colorado-child-abuse-and-neglect-reporting-system>

About the Colorado Child Abuse and Neglect Hotline System:



The Colorado Child Abuse and Neglect Hotline, **1-844-CO-4-Kids** or **1-844-264-5437** became operational on Jan. 1, 2015. The hotline is designed to provide one, easy-to-remember toll-free phone number for individuals to use statewide to report suspected child abuse and neglect. It serves as a direct, immediate

and efficient route to the counties which are responsible for accepting and responding to child abuse and neglect inquiries and reports. All hotline calls will be routed to the county where a child resides.

The system enables the Colorado Department of Human Services to capture critical information that it has not previously been able to track on a statewide basis, such as number of calls, duration, speed of answer and wait time on the line, call transfers, and abandonment rate. This data is critical to ensuring that calls across the state are handled quickly and appropriately.

Counties will maintain their current practices of receiving reports of abuse and neglect, but to ensure proper routing, each county must have a dedicated line for child abuse and neglect reporting. Calls made directly to a county's dedicated line will also be routed through the hotline system for data collection purposes. This process is automated and seamless and does not require putting a caller on hold or cause any delay in answering calls.

How the Hotline System Works

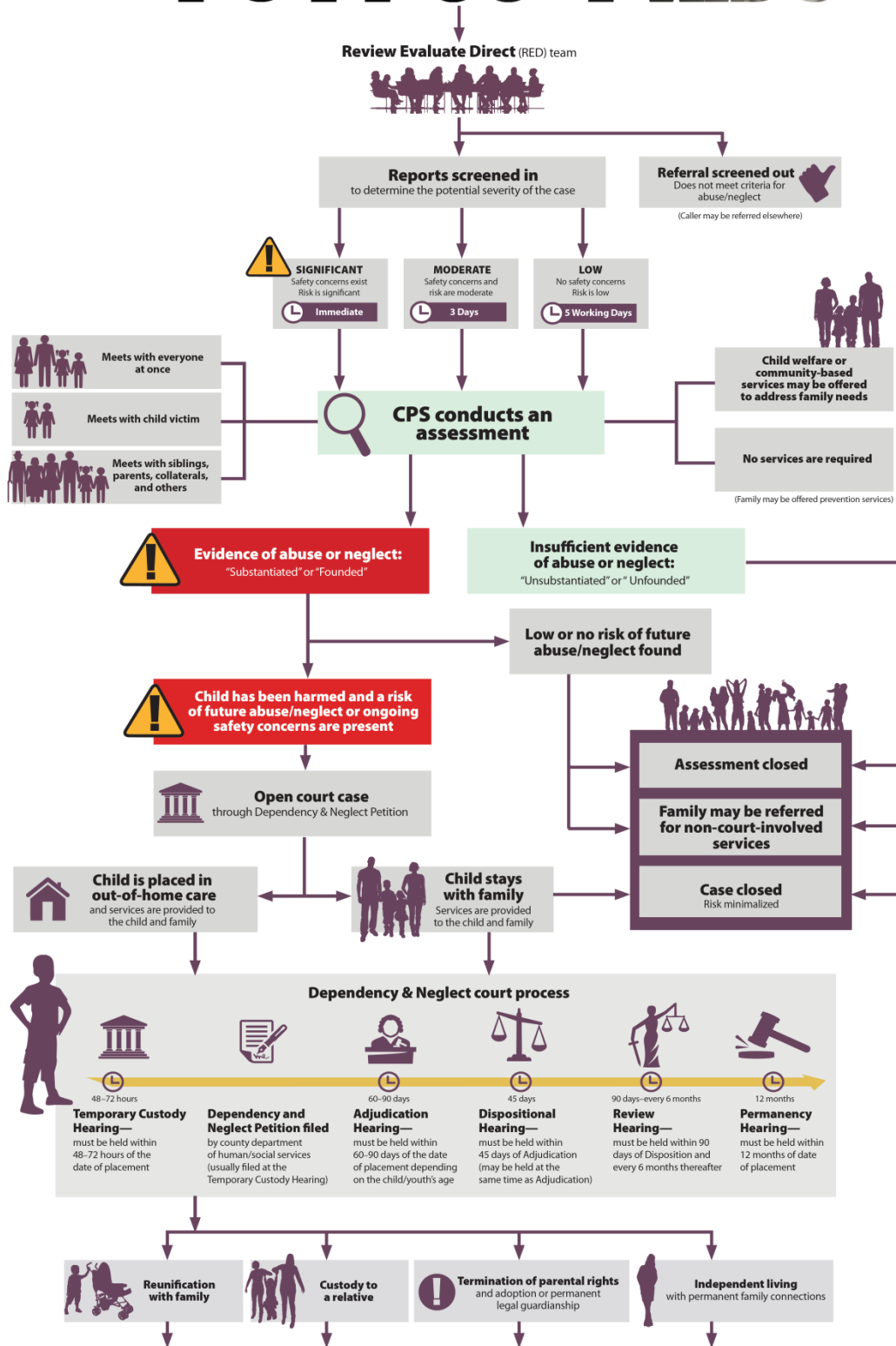
- The main purpose of the hotline is to quickly route callers to the appropriate county. Callers will be asked to speak the name of the county where the child resides and then will be connected to that county.
- Callers who are not sure of the county, speak a language other than English or Spanish, or are deaf or hard of hearing will be directed to a Hotline County Connection Center representative who will assist them in identifying the appropriate county.
- The Hotline County Connection Center is located in Prowers County and will be staffed 24/7, 365 days/year by trained call-takers, certified annually through the Colorado Child Welfare Training System.
- All callers will speak with a call-taker who is trained and certified to use a screening guide designed to drive a structured process for interviewing callers who are reporting concerns of child abuse and neglect.



Overview of the Child Protection System in Colorado:



1-844-CO-4-KIDS



VIII. CAMPAIGNS

A. Blue Campaign

The Blue Campaign is the unified voice for the U.S. Department of Homeland Security's (DHS) efforts to combat human trafficking. Working in collaboration with law enforcement, government, non-governmental and private organizations, the Blue Campaign strives to protect the basic right of freedom and to bring those who exploit human lives to justice. <https://www.dhs.gov/blue-campaign/about-blue-campaign>

B. Blue Ribbon Project

Established in 1983 by a Virginia grandmother who lost her grandson to child abuse, the blue ribbon was used to bring attention to the tragedy of child abuse. Near that time, President Ronald Reagan established April as National Child Abuse Prevention Month, and the blue ribbon gained ground as a symbol in the effort to end abuse. <http://blueribbonproject.org/?gclid=CNDP0NDSh80CFQUMaQodwpUOzQ>

C. Enough Abuse Campaign

The Enough Abuse Campaign is predicated on the belief that communities can prevent individuals from sexually abusing children in the first place and that communities can prevent children from developing sexually abusive behaviors in the future. Based on this belief, the Campaign implemented a plan of action. Through a comprehensive approach that focuses on individuals, relationships, communities, and the larger society and culture, the Enough Abuse Campaign has established authentic community collaborations engaged in ongoing planning, implementation and evaluation of a range of child sexual abuse prevention strategies. <http://www.enoughabuse.org/the-campaign.html>

D. Pinwheels for Prevention

In 2008, Prevent Child Abuse America introduced the pinwheel as the national symbol for child abuse prevention through Pinwheels for Prevention®. By its nature, the pinwheel connotes whimsy and childlike notions. In essence, it has come to serve as the physical embodiment, or reminder, of the great childhoods we want for all children. Prevent Child Abuse Colorado is the local chapter that organizes the abuse prevention campaign for child-serving agencies throughout Colorado during Child Abuse Prevention Month each April. <http://preventchildabuse.org/resource/pinwheels-for-prevention/>

E. Stop Abuse Campaign

The Stop Abuse Campaign prevents Adverse Childhood Experiences through public policy and public education. The campaign seeks to educate adults and protect children, hold offenders responsible, prevent domestic violence, and empower families. <http://stopabusecampaign.com/>