Legislative Report

A Report to Colorado House and Senate Education and Judiciary Committees

Colorado School Safety Resource Center Department of Public Safety

C.R.S. 24-33.5-1801, et seq.

Submitted to Executive Director of Colorado Department of Public Safety December 31, 2011

Submitted to Colorado House and Senate Education and Judiciary Committees
January 2012



Colorado



School Safety Resource Center

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EXECUTIVE SUMMARY

Mission

The Colorado School Safety Resource Center (CSSRC – also referred to as the "Center") in the Department of Public Safety was created by Senate Bill 08-001 (C.R.S. 24-33.5-1801, et seq.). The mission of the Colorado School Safety Resource Center is to collaboratively assist local schools and communities to create safe and positive school environments for Colorado students, pre-k through higher education.

The CSSRC has four staff members and provides free consultation, resources, training, and technical assistance to foster safe and secure learning environments, positive school climates, and early intervention to prevent crisis situations. Information and resources from the CSSRC are available to all schools, school officials, and community partners throughout the State of Colorado. The Center supports schools and local agencies in the four phases of school safety planning: prevention, preparedness, response and recovery.

The Center has a seventeen-member advisory board from various state agencies and others with a stake in school safety issues in Colorado.

Key Accomplishments in 2011

The Center provides a central and readily available repository of resources for school safety related issues. Consistent with its legislative mandate, the Center has worked to deliver services and foster collaborations on these issues across agencies and community partners. The following are highlights of key accomplishments for 2011.

- 1. Enhancing Electronic Communication Capability The CSSRC website continues to be a dynamic hub of current and topical information for schools, emergency responders, community partners and parents (http://www.safeschools.state.co.us). Website visits have increased 37% during the past year. The website is currently undergoing a redesign which should also make use and searchability easier for our consumers. Additionally, a monthly E-Update Newsletter is sent by the CSSRC with school safety news, resources, and trainings to a listserv which now includes over 4,182 members representing various stakeholder groups around the state. The CSSRC listserv membership has seen a 30% increase from 2010 as we continue to reach new stakeholders each month. The Center now has an email list of designated safety contacts for each school district and BOCES (Boards of Cooperative Educational Services) in the state, updated yearly, further increasing the ability to electronically communicate directly with schools about important safety resources and issues.
- 2. Advancing School Emergency Preparedness The Colorado School Emergency Operations Plan Exercise Toolkit was developed with collaboration from the Governor's Office of Homeland Security, the Colorado Division of Emergency Management, Colorado School Districts Self-Insurance Pool (CSDSIP) and CSSRC, through the efforts of the Center's the Emergency Planning Work Group. This toolkit was distributed to schools electronically and by mail in March-April, 2011 with funding support from the Citizen's Corps Program Grant administered by the Governor's Office of Homeland Security. The Emergency Planning Work Group has recommended guidelines for K-12 schools that include having pre-specified actions for five conditions: Lockdown, Lockout (Secure Building), Shelter-in-Place, Evacuation and Reunification of Students and Parents. These guidelines were distributed along with the toolkits, both electronically and by mail. These resources and others are available on the CSSRC website.

- 3. Providing Grant Resources to Advance School Safety The Colorado School Safety Resource Center entered into an Interagency Agreement with the Colorado Division of Behavioral Health to use existing funding to increase the technology, on-line learning delivery, and website capability of the Center. The funds were also used by the pilot site schools created under C.R.S. 24-33.5-1803 to address their safety planning, school climate and training needs. In addition, \$419,045.00 in funds was offered to Colorado school districts and BOCES as the Promotion of School Safety and Substance Abuse Prevention Grants in March 2011 to promote or enhance school safety or substance abuse prevention. The grant funding also served to promote or enhance bullying prevention, violence prevention and positive school climates. The CSSRC administered thirty seven grants with this funding between June and September 2011. (Please see Promotion of School Safety and Substance Abuse Prevention Grants, page 34, and Appendix C.)
- 4. Providing Training, Consultation and Resources Since the creation of the CSSRC, seven Colorado Safe Schools Regional Trainings have been co-hosted with the Center for the Study and Prevention of Violence (CSPV-CU Boulder), at various locations around the state. These trainings bring national and state experts to Colorado schools and communities. During 2011, Colorado Safe Schools Regional Trainings were held in Vail (May) and Fort Collins (October). The two Colorado Safe Schools Regional Trainings in 2011 were attended by approximately 400 people, representing the various disciplines and professions involved in school safety. The CSSRC also co-hosted three topic-focused trainings during 2011 in three locations throughout the state.
 - The third regional Youth Suicide Prevention and Intervention Symposium was held in Montrose (March 2011), in cooperation with the Office of Suicide Prevention, Colorado Department of Public Health and Environment (CDPHE) and the Colorado Department of Education (CDE). This final Symposium of the series raises the total to over 530 people trained about youth suicide prevention, assessment and postvention practices for schools during 2010-2011. A list including programs and resources for suicide prevention and intervention in schools has been created and distributed. Suicide prevention is seen as relevant and essential for the safety and well-being of schools and communities, and helps to address the high level of concern about suicide statistics in our state.
 - Two Bullying Prevention Institutes were held in Montrose (October 2011) and Pueblo (December 2011), co-hosted with the Colorado Department of Education and the Colorado Legacy Foundation to further awareness and knowledge of HB 11-1254. A total of 378 participants have attended this series of trainings to provide strategies and resources to reduce bullying in Colorado schools.

The CSSRC has been providing various staff development, topic-focused trainings and consultations in school districts and charter schools in the state. In 2011, 55 trainings or workshops were provided or co-hosted on a variety of school safety topics. This is a 53% increase from 2010 in the number of trainings provided by existing staff.

Finally, during 2011 the CSSRC received and responded to approximately **795 requests for resources, trainings, consultations and technical assistance** on a variety of school safety related issues. This is also an increase of 32% over 2010, showing the growing awareness about the Center as a Colorado resource.

5. Continuing Collaboration with Pilot Sites – Per the creating legislation, there are five active pilot site schools around the state which are receiving a third year of enhanced school safety services and technical assistance as part of the creating legislation: Adams City High School (Adams 14 School District), Cortez Middle School, Kemper Elementary School and Montezuma-Cortez High School (Montezuma-Cortez School District), and Durango High School (Durango 9-

- R). These schools have received on-site consultation, have attended trainings, have conducted school climate surveys, and are receiving ongoing technical assistance, as requested. The Center for the Study and Prevention of Violence (CSPV-CU Boulder) is collaborating on the pilot site projects which will conclude this coming year.
- 6. Responding to the Changing Needs of Stakeholders As part of the Colorado School Safety Resource Center's efforts to provide current, relevant, and needed services, resources and training, a survey in 2009-2010 helped to assess and prioritize the needs of schools, school personnel, and other stakeholder groups as they relate to all four phases of school safety and emergency planning. In addition, the Center asks participants to complete evaluations and suggestions for future training at every event or training it sponsors or provides. The results from the needs survey and responses from all workshop participants continue to guide training and resource provision.

Current Initiatives

The Center's role is expanding and evolving as school safety efforts in Colorado progress. The following are initiatives on which the CSSRC is focusing at this time and collaborating with various stakeholders statewide.

- Bullying and Harassment in Schools Over thirty participants from various organizations, schools or agencies have attended the Bullying and Harassment Prevention Working Group meetings facilitated by the Center and co-hosted by the Gill Foundation. The CSSRC has developed a Bullying and Harassment Prevention and Education: School Resource Guide from the various organizations that offer resources to Colorado schools. The CSSRC, the Colorado Department of Education and the Colorado Legacy Foundation are collaborating to offer regional Bullying Prevention Institutes and provide resources in three locations across the state to further awareness and knowledge of HB 11-1254 to reduce bullying in Colorado schools.
- Continuing Training to Conduct Emergency Planning and Preparedness Exercises The
 creation of the Colorado School Emergency Operation Plan Exercise Toolkit enhanced the
 emergency planning and preparedness exercises that the Center facilitated at safe schools
 regional trainings as well as delivered to individual schools and districts in cooperation with their
 emergency responders. The Center received a number of requests to facilitate exercises with
 school crisis teams from metro Denver to mountain school districts.
- Creation of and Delivery of On-Line Learning Use of funding provided through an Interagency Agreement with the Division of Behavioral Health has allowed the School Safety Resource Center to increase technology and website capability and to acquire resources and training to begin to develop on-line learning modules in school safety issues to reach stakeholders who may not be able to attend off-site trainings. Some identified priorities for on-line learning include school administrator training about the provisions of the Colorado Safe Schools Act (C.R.S. 24-33.5-1801, et seq.) and other relevant legislation, and using on-line learning modules for training delivered in the Suicide Prevention and Intervention Symposiums and follow-up training to address participant needs. These training sessions will be created, piloted and released in 2012. Website development included an update to format and inclusion of searchability functions for the site to increase ease of use by our consumers. Contractor work has been completed and website transfer should be completed in early 2012.
- Youth Substance Abuse Prevention The CSSRC is collaborating with the Colorado Department of Education (CDE) and the Division of Behavioral Health (DBH) to develop training and resources to be delivered related to youth substance use and abuse. This work began in FY 2010 with the Building State Capacity for Preventing Youth Substance Use and Violence Grant from the U.S. Department of Education, Office of Safe and Drug Free Schools. Due to the initiative of the CSSRC, collaborative efforts now include development of regional trainings to

bring youth substance abuse awareness, prevention and intervention training to Colorado stakeholders. At least two regional trainings focused on these topics are in the planning stages for 2012.

Looking Forward

All available data indicates that use of school safety related resources, trainings, consultation and technical assistance provided by the Colorado School Safety Resource Center has continued to increase during 2011. In addition, the CSSRC has enhanced the knowledge about school safety practices, legislation and resources through the website, informational newsletters, and training provided across the state.

Cuts to school districts, higher education institutions, and some law enforcement agencies across the state have caused continuing concern about the ability of local districts and schools to maintain a focus on school safety and the components of the Colorado Safe Schools Act (C.R.S. 24-33.5-1801, et seq.) and other related legislation. As a result, the CSSRC has also focused some resources and efforts on accessing technology and training to begin to provide on-line learning and enhanced electronic delivery of resources to Colorado stakeholders.

There continues to be a need for bullying and harassment awareness, knowledge of effective school-wide strategies, and evidence based strategies to address these and other school climate issues. The Center has collaborated with others and will continue to be at the forefront in 2012, bringing resources, training and experts to help Colorado schools comply with HB 11-1254. Bullying prevention is important to the safety and well-being of our children and schools. Evidence has also shown that school violence, bullying and harassment, or the perception thereof, can have negative impacts on student achievement and teacher performance.

Recent data also suggests a need for training in youth substance use and abuse issues, as Colorado schools reported an increase of over 33% in disciplinary offenses for drug use during the 2009-10 year over the previous year. Expulsions and out-of-school suspensions for drug related offenses were also up that year. Fewer resources are available to address changing social norms and continuing concerns related to youth and substance abuse, particularly for school personnel. The School Safety Resource Center will address some of the need by prioritizing resources and training on these topics.

Continued collaborations between state agencies and community partnerships are essential to coordinated efforts toward school safety in our state. The CSSRC will continue evaluation of statewide needs and services provided and work collaboratively to be responsive to changing needs of schools and youth. The CSSRC will continue to foster collaborations and gather and distribute resources to assist schools in their efforts to improve school climate and overall safety.

For additional information please view the CSSRC website at www.safeschools.state.co.us
Or contact:
Colorado School Safety Resource Center
Department of Public Safety
303-239-4435
SchoolSafetyCenter@cdps.state.co.us



LEGISLATIVE REPORT 2011

The attached report outlines the activities, efficacy, and value of the Colorado School Safety Resource Center (CSSRC – also referred to as the "Center"), as created by C.R.S. 24-33.5-1801, et seq. The report will provide details as to the Center's operation, including the Advisory Board, pilot sites, training and resources available to schools, the important issues being studied by work groups created through the Center and the significant outreach and collaborations that have been created to enhance school safety in Colorado. Additional information may be obtained through the CSSRC website: http://www.safeschools.state.co.us.

Operation of the Center

The creating legislation (C.R.S. 24-33.5-1801, et seq.) outlined formation of an Advisory Board for the School Safety Resource Center to recommend policies for the Center. The legislation also identified the membership and terms of office. The Advisory Board began with thirteen members, as outlined in statute, who were appointed during 2008. Four additional members have been added at the recommendation of the Board and approved by the Executive Director of the Department of Public Safety. At the time of this report, the seventeen current members of the Advisory Board are as follows:

Advisory Board

NAME	REPRESENTING	POSITION	ORGANIZATION	APPOINTED BY
Beverly Blagg	Behavioral Health Treatment expert	Special Education Coordinator	East Central BOCES	Commissioner of Education
Larry Borland	School District Administrators Responsible for Safety and Security at a School District	Chief of Security	Academy School District 20	Executive Director, Colorado Department of Public Safety
Steven Fast	Colorado School Districts Self Insurance Pool	Director	Colorado School Districts Self Insurance Pool	Executive Director, Colorado Department of Public Safety
Officer James A. Glasmann	Professional Expert in School Security	School Resource Officer	Arvada Police Department	Executive Director, Colorado Department of Public Safety
Colleen Heinz	Classroom Level Teacher	Vice President	Colorado Education Association	Executive Director, Colorado Department of Public Safety
Jarrod Hindman	Colorado Department of Public Health and Environment (CDPHE)	Program Director	Office of Suicide Prevention, CDPHE	Executive Director, Colorado Department of Public Health and Environment
Bob Kraus	Community Colleges	Police Chief	Red Rocks Community College	Executive Director, Colorado Community College System

Janelle Krueger	Department of Education	Principal Consultant	Office of Federal Programs Administration, CDE	Commissioner of Education
Marta Murray	Parents' Organization	Vice President for Field Service	Colorado PTA	Governor
Stan Paprocki	Division of Mental Health	Director	Community Prevention Programs	Executive Director, Colorado Department of Human Services
Susan Payne	Department of Law	Executive Director	Safe2Tell, Colorado Department of Law	Attorney General
Don Quick	District Attorney	District Attorney	District Attorney's Office, 17th Judicial District	Governor
Joe Roy	State Universities	Chief	University Police, University of Colorado	Executive Director, Commission on Higher Education
Jennifer Sanchez Mason	Building Level Administrator Responsible for Safety and Administration	Principal	Trinidad High School	Executive Director, Colorado Department of Public Safety
Jeanne Smith	Department of Public Safety	Director	Division of Criminal Justice, Colorado Department of Public Safety	Executive Director, Colorado Department of Public Safety
Rob Urbach	Law Enforcement Professional	Sheriff	Phillips County	Executive Director, Colorado Department of Public Safety
George Welsh	School Administrator	Superintendent	Center School District 26JT, Colorado Association of School Executives	Commissioner of Education

CSSRC Advisory Board Liaison

NAME	POSITION	ORGANIZATION
Marge Rinaldi	CASB Board of Directors	Colorado Association of School Boards
		(Adams 50 School District)

The board now meets bi-monthly, and will meet six times during each year. The board receives regular updates on the activities of the Center and board members have provided significant input and advice about the Center's activities, its mission and vision. The Advisory Board approved operating By-Laws on June 1, 2010. All Advisory Board meeting agendas, notes and Advisory Board By-Laws are posted on the CSSRC website: http://www.safeschools.state.co.us.

Vision and Mission of the School Safety Resource Center

The vision and mission of the School Safety Resource Center aligns with the legislative directive and was confirmed by the Advisory Board in March 2009. The three part vision of the School Safety Resource

Center is to support safe and secure learning environments, positive school climates, and early intervention services for youth in Colorado.

The mission of the Colorado School Safety Resource Center is to collaboratively assist educators, students, parents, emergency responders, and community organizations to create safe, positive and successful school environments for all Colorado students in pre-K-12 and higher education schools. The Center assists schools in preventing, preparing for, responding to, and recovering from all types of emergencies and crisis situations. The Center provides resources, training, consultation, and technical assistance to foster safe, positive, and successful learning environments where early intervention occurs to prevent crisis situations.

The mission of the Colorado School Safety Resource Center, as defined in legislation, is significant and wide-reaching. There are almost 850,000 students enrolled in K-12 schools in our state, from 176 school districts. The state has approximately 1,792 total schools K-12 and 158 charter schools. The Colorado Department of Education has identified 133 of the school districts (75.6%) as being located in outlying town or rural settings. The CSSRC is also of particular assistance to these smaller districts and charter schools by providing needed services and resources. In the Colorado higher education system, there are over 470 institutions educating approximately 400,000 students. Because of necessary budget cuts, the Center's staff size has been reduced from what was contemplated in the original fiscal note. Thus, the Advisory Board has prioritized the K-12 mission of the Center during this phase of operation, while understanding the need to expand to pre-K and higher education when there is available capacity within the Center.

Staff of the Colorado School Safety Resource Center

The CSSRC is staffed with a Director and three staff members. Linda M. Kanan, Ph.D., the first Center Director, supervised and directed activities, programs, budget and personnel of the Center from its creation in 2008 until November 30, 2011. Dr. Kanan retired from her position effective December 1, 2011. A recruitment for her replacement has been initiated, with the goal of selecting the new director by mid-January. The Center has an Outreach Consultant, Christine R. Harms, MS, (GPIII) who provides management of the pilot site projects and grants, phone and direct consultation with schools and other stakeholders, training and workshops on topics of high interest and need, establishment and maintenance of networks and ongoing collaborations for the CSSRC work. The Center also has a School Safety Resource Specialist (GPII) who provides for the identification and acquisition of resources, provides consultation about those resources, and assists with planning and delivery of school safety trainings and workshops. While a recruitment process has been established, this position is currently vacant. Alice Huyler, the Administrative Assistant (AAIII) provides a wide variety of general support for the Center and staff, including identification and ordering of resources, planning for meetings and trainings, creating materials, maintaining communication with the listserv members, and supporting the Center's fiscal accountability through budgetary management. All staff members bring excellent credentials to support the mission of the Center and have engaged in on-going professional development to respond to requests for resources and consultation.

Funding

The School Safety Resource Center's FY 12 appropriation is \$341,410 (General Fund). Reductions have occurred since FY 09 that eliminated a 1.0 FTE position and reduced available funds for research and evaluation and for general operating of the Center. Legislation during 2010 (House Bill 10-1336) created a school safety center cash fund and authorized the Department to solicit and accept gifts, grants, and donations and charge fees to attendees of training programs. To this date, only mimimal training fees have been collected from out-of-state attendees at trainings. The Center has actively sought collaboration with a variety of partnering agencies and organizations supporting school safety to provide resources and trainings at no cost to Colorado stakeholders.

Additional Personal Services

Interagency Agreement with Center for the Study and Prevention of Violence – University of Colorado-Boulder

An Interagency Agreement has existed since the Center's creation between the Colorado School Safety Resource Center and the Center for the Study and Prevention of Violence, Safe Communities ~ Safe Schools Project, University of Colorado at Boulder (CSPV-CU). Under the Interagency Agreement, the two entities (CSSRC and CSPV-CU) have agreed to work in a cooperative and coordinated effort for joint responsibilities and resources for the benefit of Colorado schools, including, but not limited to: publication of the Colorado Safe Schools Newsletter, planning of regional school safety trainings, and research and development services to the CSSRC for the Pilot Site Projects. Budget reductions have impacted research and development services since 2008. CSPV-CU's consultation and evaluation services, as well as its involvement with the pilot sites over the past two years, have been scaled back due to funding restrictions.

Research and development services provided to the Colorado School Safety Resource Center from the Center for the Study and Prevention of Violence, Safe Schools ~ Safe Communities Project, University of Colorado at Boulder (CSPV-CU) have included:

- Development of an evaluation plan for pilot site projects as directed in C.R.S. 24-33.5-1801, et seq.
- Provision of services related to the Pilot Site Project, and under the direction of the CSSRC, including assistance with pilot site selection and readiness, phone conferences, site visits, and ongoing consultation and planning services to the sites and to CSSRC.
- Conducting the research and assessment phase of three pilot site district projects and their designated schools, including:
 - Assistance with administration of school climate surveys.
 - Provision of reports of survey results to pilot sites and CSSRC.
 - Assistance with strategic planning and research of programs and strategies for pilot sites.
 - Assistance in development of evaluation tools to measure project progress and outcomes and to compile data for review by CSSRC at the end of the contract term.

Activities of the Center

During 2011, the Center has maintained fidelity to its mission by providing consultation, technical assistance, resources, and trainings to school safety partners. Topic-specific work groups, facilitated by CSSRC staff, continue to address issues of need and concern. The Center's collaborations and outreach efforts have grown, and the Center has responded to an identified need by serving as the granting agency for federal funds that had been issued to the Colorado Division of Behavioral Health. The details of the Center's 2011 activities follow:

Interagency Agreement and Use of School Safety and Substance Abuse Funds

In April, 2011, the Colorado Division of Behavioral Health (DBH), Department of Human Services entered into an Interagency Agreement with the Colorado School Safety Resource Center for the purposes of promoting school safety and substance abuse prevention through a grant program. The expenditure of these federal funds included the following three priorities:

- 1. Award funds to public schools, school districts, or Boards of Cooperative Services (BOCES) for use toward the promotion or enhancement of school safety or substance abuse prevention, also including promotion of suicide prevention, bullying prevention, violence prevention and positive school climate.
- 2. Provide support to the Center's five pilot site schools to address their school safety planning and training needs and/or needs identified from their school climate surveys and other data.
- 3. Increase the technology, on-line learning delivery, and website capability of the Colorado School Safety Resource Center (CSSRC) to enhance the ability to reach all schools and communities in the state with school safety and substance abuse prevention trainings and resources.

Proposals were received by May 13, 2011. Parameters of the grants included awards based on the number of students served by the district, BOCES or pilot site school. The Center received fifty-three grant proposals. The committee awarded \$419,045 to thirty-seven grant recipients. Over 92% of the total funds were awarded to twenty-nine school districts, three BOCES and CSSRC's five pilot sites, providing benefit to sixty-five school districts across the state. Grant management was completed by CSSRC staff and funds were expended by the deadline of September 30, 2011. Grant recipients submitted a final grant report to the CSSRC (due October 31, 2011).

Projects varied among recipients of the grants, with twenty-six of the awardees using grant funds to pay staff stipends for curriculum development and training (36% of the funds). These trainings for staff included training in the National Incident Management System and Incident Command Structure (NIMS-ICS, related to CRS 22-32-109.1) and school emergency response training; training in restorative justice approaches to discipline; a variety of suicide prevention trainings such as ASIST, SOS and QPR; an online module for compliance with Title IX training developed and used by one BOCES and now available across the state; social emotional learning workshops; as well as Positive Behavior Intervention Supports (PBIS) training. Also, four districts conducted PREPaRE trainings - a crisis response training offered by the National Association of School Psychologists.

Training costs and purchased services, including hiring expert trainers, accounted for 18% of the funds.

Forty-five percent of the funds were used for equipment, supplies and materials. Equipment included radios, intercom & door monitoring systems, security cameras and evacuation chairs.

A wide range of materials were purchased and utilized, including substance abuse curricula such as Project Toward No Drug Abuse; Check-In/Check-out, a school engagement program; Signs of Suicide kits; and PBIS materials.

The Center used its portion of the funds to improve the website and purchase training and software to obtain an online learning management system to deliver modules on school safety and substance abuse prevention. The new website includes a site searchability function, which should make the website more useful to consumers. This upgrade is expected to be completed during January, 2012. A number of online learning options were reviewed leading to the decision to use the state's CO-TRAIN system as the platform and Lectora as the software which is specifically designed for this type of application.

Colorado schools and the Colorado School Safety Resource Center will continue to benefit from the projects funded by this Interagency Agreement and the close working relationships that have been established between DBH and CSSRC.

Outreach

Outreach by the CSSRC to various stakeholder groups has continued and increased during 2011 including providing regional trainings, suicide and bullying symposiums, a range of conference presentations and displays, participating in various agency meetings and committees, monthly E-Updates to listsery members, direct mailings, on-site visits, and contacts through phone and email.

Direct mailings were sent to superintendents and administrators in all K-12 schools across the state at the beginning of the 2011-2012 school year. This direct mail outreach is still seen as part of the ongoing strategy to increase knowledge across the state about the relatively new School Safety Resource Center and the services it can offer to schools. An important function of the Center is to inform schools of legislative changes. This year, the mailing included a letter from the Division of Fire Safety regarding compliance with SB 11-173 related to interoperability of communications and schools' use of the National Incident Management System - Incident Command Structure (NIMS-ICS) in school safety planning. The Center's direct mailings for 2011 included:

- Letters sent to 178 superintendents including the new CSSRC brochure with a request for designation of a school safety contact for the district and updates from the 2011 legislative session (August 29, 2011).
- Letters sent to 2,214 administrators of all K-12 Colorado schools regarding CSSRC services and availability and including the new CSSRC brochure and updates from the 2011 legislative session (August 30, 2011).

The CSSRC has also increased contact with the Boards of Cooperative Services (BOCES) across Colorado. These activities for 2011 included a meeting with Dr. Dale McCall, Executive Director, of the Colorado BOCES Association (4/27/11); a training day co-sponsored by the CSSRC and the San Juan BOCES (4/18/11); and in-person visits by the Outreach Consultant to the South East, Santa Fe, and South Central BOCES in August.

The Center was established to serve Pre-K through higher education schools. In 2010, connections were made in higher education through communication and presentations at the Department of Higher Education and with campus safety representatives. In 2011, the CSSRC has provided some outreach to early childhood education, as well. In particular, the Center co-sponsored and helped plan a two day conference with the Sewall Child Development Center. The CSSRC's Director was a keynote speaker and presented a workshop on raising resilient children, and the Outreach Consultant presented a workshop on cyberbullying at this event.

In 2011 the CSSRC also strengthened its ties to a number of state organizations, forming collaborations and working on projects with the Colorado Children & Youth Information Sharing Collaborative (CCYIS), the Colorado Department of Education (CDE), the Colorado Department of Public Health and Environment (CDPHE), Office of Suicide Prevention (OSP), the Division of Behavioral Health (DBH), the Division of Emergency Management (DEM), the Governor's Office of Homeland Security (GOHS) and the Governor's Office of Information Technology (OIT).

Colorado Safe Schools Newsletter

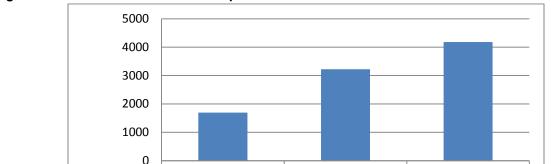
The CSSRC continues to provide the Colorado Safe Schools Newsletter in cooperation with CSPV-CU. Four issues were published (February, May, August, and November 2011), bringing the total to 13 newsletters since 2008. Newsletters have previously been distributed through direct mail, and are now sent electronically to the CSSRC listserv members.

Newsletter topics have included:

- Spotlight on Youth Suicide Prevention and Intervention (February 2011).
- Substance Abuse Prevention: Links to the Future (May 2011).
- Colorado School Safety Legislation 2011 (August 2011).
- School-Based Prevention for a Lifetime (November 2011).

CSSRC E-Update

A listsery for the CSSRC was created in August 2009 and has a current database containing over 4,182 email addresses from various stakeholder groups and school safety partners. The membership of the CSSRC listserv has continued to increase 30% over the past year from 3,220 in 2010 to 4,182 in December 2011. The listsery group receives monthly electronic newsletter updates (E-Update) from the School Safety Resource Center that include important announcements, upcoming training opportunities, and new resources related to prevention, preparedness, response and recovery efforts in schools, including potential grant funding resources.



Dec 09

1696

Figure 1. CSSRC Listserv Membership 2009-2011



Members



Dec 10

3220

Dec 11

4182

Collaboration

The CSSRC now participates in regular meetings and collaborations as a participant, active member, and a school safety voice with the following statewide groups.

1. Colorado Association of School Safety and Law Enforcement Officers (CASSLEO) The Colorado Association of School Safety and Law Enforcement Officers is comprised of school safety and security directors from many of the larger Front Range school districts (monthly

meetings).

2. Colorado Connections for Healthy Schools Initiative

This initiative encourages the enhancement and growth of Coordinated School Health (and Safety) in Colorado. CSSRC staff also participates on the CDE/CDPHE Interagency School Health Team (ISHT) sharing expertise and coordinating services. ISHT is a collaborative for supporting the Colorado Connections for Healthy (and Safe) Schools.

3. Colorado Crisis Education and Response Network (CoCERN)

CoCERN is a statewide asset-based community partnership formed to deliver effective, efficient and professional disaster behavioral health services. CSSRC staff attends meetings held quarterly, and the Center's first Director, Dr. Kanan, was involved with CoCERN since its inception.

4. Colorado Department of Education

The CSSRC has collaborated with CDE in a variety of ways. The FY 2010 Building State Capacity for Preventing Youth Substance Use and Violence Grant from the U.S. Department of Education, Office of Safe and Drug Free Schools provided for efforts between the CSSRC, CDE and the Division of Behavioral Health. During 2011, grant monies provided copies of youth substance abuse information resources to the CSSRC to provide to school districts at various events. In addition, three webinars were sponsored on the topics of "Substance Use and the Teen Brain," "The Addicted Brain," and the "Effects of Tobacco on the Teen Brain" with Christian Thurstone, MD, an adolescent and pediatric and addiction psychiatrist affiliated with Denver Health. The CSSRC has also collaborated with CDE to provide the Youth Suicide Symposium in Montrose (3/3/11) and to co-sponsor two Bullying Prevention and Intervention Institutes in Montrose (9/30/11) and Pueblo (12/8/11).

5. Division of Behavioral Health (Colorado Department of Human Services)

The Colorado School Safety Resource Center entered into an Interagency Agreement with the Division of Behavioral Health to offer \$418,045.00 in funds for the Promotion of School Safety and Substance Abuse Prevention Grants to Colorado school districts and BOCES in June 2011. The CSSRC administered thirty seven grants with this funding between June and September 2011. (Please see Promotion of School Safety & Substance Abuse Prevention Project Grants, page 34, and Appendix C.)

6. Community Preparedness Advisory Council (CPAC)

CPAC has been a collaborative body for government and non-government entities to participate in community preparedness planning and program development that was facilitated by the Governor's Office of Homeland Security. The Governor's Office of Homeland Security was abolished by an executive order and the responsibilities were realigned with the new Office of Preparedness within the Division of Homeland Security at the Colorado Department of Public Safety as of October 18, 2011. The council has been made up of more than 20 state, regional, and local government and non-governmental organizations. It is unclear whether CPAC will continue to function under the new organization. The CSSRC will continue to be an active member of this group in 2012 if the group continues meeting. Through partnership efforts, Citizen

Corps Program Grant funds were made available to support mail distribution of the Colorado School Emergency Operations Plan Exercise Toolkits to all school districts in April, 2011.

7. Division of Fire Safety

The CSSRC joined with the Division of Fire Safety, the Office of Preparedness and Security, and the Colorado Information Analysis Center (CIAC) to produce the "School Safety Assistance Guide" brochure for schools. The CSSRC continues to collaborate with these Department of Public Safety colleagues; the August 2011 letter to superintendents and principals included a letter from the Division of Fire Safety. This letter highlighted the changes to the School Maintenance Inspection procedures (SB 11-173), and provided information about school safety plans, NIMS/ICS compliance, and communication equipment including interoperable communications.

8. Safe Routes to Schools (SRTS)

Safe Routes to Schools programs enable community leaders, schools and parents across the United States to improve safety and encourage more children, including children with disabilities, to safely walk and bicycle to school. In the process, programs are working to reduce traffic congestion and improve health and the environment, making communities more livable for everyone. A CSSRC staff member sits on the Safe Routes to Schools, Colorado State Network and has taken the lead on the Crime/Personal Safety goal as the committee moves forward on the State Action Plan. The Colorado Department of Transportation's SRTS coordinator also presented a workshop at the Regional Safe Schools Training in Ft. Collins on October 20, 2011.

9. School/Community Resource Networking Collaborative (now the Bullying and Harassment Prevention Working Group)

Since its creation, the Center staff had been meeting periodically with non-profit organizations from the metro Denver area that provide prevention services in the schools. An outgrowth of that group became the beginning of a collaboration with the Gill Foundation and thirty-five stakeholders from the metro area on the topic of bullying/harassment prevention. Please see the "Bullying/Harassment Prevention Work Group" on page 25 for the accomplishments of this group.

10. State All Hazards Advisory Committee (SAHAC)

SAHAC was formed in 2004 to provide advice to the Colorado Department of Local Affairs, the Colorado Department of Public Health and Environment, the Colorado Department of Public Safety, and other public safety agencies on all matters related to all-hazards emergency management. This committee also provided input to the Senior Advisory Council (SAC) on matters pertaining to emergency management statewide. The CSSRC Director, or the Outreach Consultant attended the State All Hazards Advisory Committee (SAHAC) meetings six times per year, and the CSSRC was made an official member representing schools at the November 13, 2009 meeting. Changes to the structure of these advisory groups are pending with the consolidation of homeland security services within the state.

New Collaborations in 2011:

11. The Colorado Children and Youth Information Sharing Collaborative (CCYIS)

This collaborative includes the Department of Education, Department of Human Services, Department of Public Health & Environment; Department of Public Safety, Colorado Judicial Department and the Governor's Office of Information Technology. The committee chair, Jose Esquibel from CDPHE attends the CSSRC Information Sharing Work Group and invited the CSSRC Director to participate in the CCYIS initiative to develop strategies for sharing information to optimize services available and delivered to children, youth and families in Colorado, including those offered in schools.

12. The Colorado Legacy Foundation (CLF)

The Colorado Legacy Foundation is an independent 501(c)(3) that serves as a partner to the Colorado Department of Education in the effective implementation of public policy related to education. The CSSRC was invited to read and score bullying prevention/intervention grants for the CLF this school year. The Center is also working closely with CLF and the Colorado Department of Education to deliver statewide training on bullying/harassment prevention (Bullying Preventions Institutes) and fulfill CSSRC's responsibilities under HB 11-1254 regarding "Bullying in Schools."

Additional Collaborations

The Center has engaged in additional collaborations during 2011. The CSSRC worked closely with the Governor's Office of Homeland Security, the Division of Emergency Management, the Colorado School District Self Insurance Pool and a safety/security representative from the Cherry Creek School District to produce the Colorado School Emergency Operations Plan Exercise Toolkit. Please see the "Emergency Planning for K-12 Schools Work Group" on page 26.

Consultation

Since its creation, the Center has continued to receive many calls and requests from various stakeholders around the state, as well as nationally and internationally. Specifically, more than 795 direct consultation calls and emails have been received during the 2011 calendar year regarding a wide range of school safety issues and requests for information. This represents a 32% increase from 2010. Figure 3 below illustrates the number of consultation calls in comparison with 2009 and 2010. These calls are primarily a direct result of multiple outreach and marketing efforts of all staff, the trainings, newsletters, mailings, E-Updates, website, and through referrals from board members and others knowledgeable about the CSSRC's resources and expertise.

Over 65% of the consultation calls have been from school or school district personnel (Figure 5), with many of the remaining calls from law enforcement personnel, community mental health prevention or mental health personnel, or parents. Figure 4 summarizes the consultation issues and question topics, demonstrating the need for the variety of resources offered. These data also demonstrate the increased outreach by the Center staff and the increased knowledge of our consumers about the services that can be provided. Colorado schools and communities are clearly using the services the Center offers.

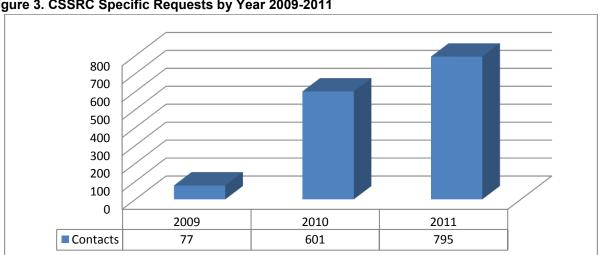
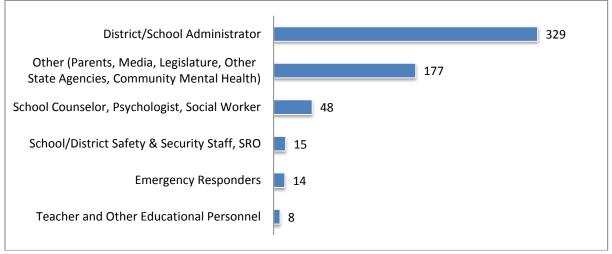


Figure 3. CSSRC Specific Requests by Year 2009-2011

450 400 350 300 250 200 150 100 50 0 Technical Consultation Resources **Training** Assistance Requests 388 219 109 74 Percentage of Total 49% 28% 14% 9%

Figure 4. Number of Requests by Type





Resources

Website

The CSSRC website has been designed as a state and national information and resource collective, offering a variety of support to a wide audience of pre-K-12 schools and higher education institutions and the communities and organizations that support safe and positive school environments. The website's professional offerings include current best practices, evidence-based resources, practical applications, trainings, and educational opportunities, organized using the U.S. Department of Education, FEMA and other agencies' four-phase model of emergency planning. These phases are: Prevention/Mitigation, Preparedness, Response, and Recovery.

Continual updating of current resources and trainings occurs several times per month through the Center's internal research and information management. Highlights of the website include:

- Colorado state and federal links to resources
- CSSRC Listserv sign-up
- Resources outlined according to the four-phase model of emergency planning
- Links to collaborative agencies related to school safety efforts
- Links to Colorado school safety legislation

- Current research and statistics
- New highlighted topics and features updated weekly

Website Use Data

A website tracking and analysis program provides historical data and evaluation of the site's usability. Monthly website use tracking and analysis profiles are collected. The software provides tracking of visits to the website, pages viewed, and information about downloaded materials. This report includes information about website usage from January - November, 2011.

Website usage has increased significantly from 2009 to 2011. The total number of pages viewed by website users has increased by 123% over 2009. The increased usage can be attributed to the ongoing outreach efforts and knowledge of other stakeholder groups about the website, the offering of resources, and the increase in training across the state. In addition to state and national users, the CSSRC website has been visited by 40 different countries (+343 country non-identifiable visits). The top five countries using the website outside the U.S.A. include China, Germany, Canada, the Russian Federation, and the United Kingdom.

The five most viewed pages of the website beyond the home page for 2011 were:

- 1. Resource Index
- 2. School Safety Trainings
- 3. Advisory Board
- 4. Parent Resources
- 5. Grant Announcements

CSSRC Website Visits per Year 2009-2011				
	2009 Website Visits (Jan Dec.)	2010 Website Visits (Jan Nov.)	2011 Website Visits (Jan Nov.)	Percentage Change from 2010-2011
Total Number of Annual Visits	26,789	43,540	59,676	+37%
Average Visits Per Day	80	130	179	+37%

Top 5 Most Viewed Documents from the CSSRC Website	
File Name	Number of Views
Monitoring the Future: National Survey Results on Drug Use, 1975-2010	6793
Colorado Safe Schools Regional Training October 2011 flyer	1894
Colorado Safe Schools Regional Training February 2010 Program	1889
CSSRC Legislative Report, January 2010	1652
A Guide to School Vulnerability Assessments: Key Principles for Safe Schools	1497

Top 5 Countries Outside of U.S. Visiting the CSSRC Website 2010-2011				
(*Not including 343 visits that were not identifiable by country)				
2010 Top 2010 Number of 2011 Top 2011 Number of				
Country	Unique Visitors	Country	Unique Visitors	
United Kingdom	468	China	603	
Canada	97	Germany	251	
China	57	Canada	192	
South Africa	47	Russian Federation	169	
Germany	45	United Kingdom	167	

Resource Acquisition and Distribution Highlights

The CSSRC staff continues to spend considerable time in research, review, and evaluation of available materials and resources for distribution to stakeholders and to support school safety efforts. The types of media and methods of distribution are critically considered when researching materials to support safe and positive schools. In addition, evaluation includes the source of the material, the date of publication, and the quality of the information.

An important part of the CSSRC mission is to provide resources to various groups about school safety related issues and best practices. During 2011, the CSSRC researched, acquired, and then distributed various school safety related resources to stakeholder groups and training participants. These materials were created by the CSSRC or were obtained from different state and national agencies or organizations. Materials have been distributed through the E-Update, at conferences, in displays, or at trainings and at meetings across the state.

Sample of Topics of Distributed Materials

- Bomb Threat Response
- Bullying and Harassment Prevention
- Conducting Emergency Drills and Exercises
- Grief and Loss
- Internet Safety
- Parent Resources for Bullying, Cyber-safety, Suicide Awareness and Prevention, Substance Abuse Awareness, Grief and Loss Support
- Recovery Planning and Best Practice
- School Crisis Planning and Response
- Substance Abuse Awareness and Prevention
- Trauma in Children
- Youth Suicide Prevention and Postvention

Resources Created and Compiled by CSSRC in 2011

- Bullying and Cyber-Bullying Resource Links for Parents
- Bullying and Harassment Prevention and Education: Colorado School Resource Guide
- Bullying and Harassment Resource Links for Schools
- Colorado School Emergency Operations Plan Exercise Toolkit
- Essentials of School Threat Assessment: Preventing Targeted School Violence
- Incident Command Structure Tools for Schools
- Response: Emergency Actions for K-12 Schools
- Safety Planning Team Roster Templates
- School Response Framework School Safety, Readiness Incident Management Plan Outline

Response to the provision of all materials and resources has been extremely positive, as rated on conference feedback forms.

Training

Regional Trainings

In an effort to provide training opportunities on school safety issues across the state in accordance with its legislative directive, the Colorado School Safety Resource Center has collaborated with the Center for the Study and Prevention of Violence at the University of Colorado, Boulder (CSPV-CU) to plan and provide seven large regional trainings since October 2008. A major objective of the regional trainings has been to disseminate current and updated information on school safety and crisis planning, using the fourphase model of crisis planning, to school administrators, school staff, first responders, other community members who serve youth or schools and other agency personnel.

The 2011 Colorado Safe Schools Regional Trainings took place in Vail (May) and Fort Collins (October). The Colorado School Safety Resource Center provided organization and planning services for both of these trainings and continued the expanded 1½ day format used in the fall of 2009. National experts were again brought to Colorado on topics of school safety, emergency preparedness, school climate, bullying and substance abuse to help advance statewide knowledge and capacity with more than a dozen breakout sessions offered at both venues.

Participant feedback and evaluation is obtained from all trainings. Training evaluation data from the conference participants was scored on a 1-4 scale (1=not helpful – 4=very helpful). Overall, the Regional Training & Resource Expo in Vail was rated 3.57, and materials provided were rated 3.59. Feedback from Colorado Safe Schools Regional Training participants in Fort Collins rated the information presented as 3.53, and the resources distributed as 3.55.

Additional Topic Centered Trainings

Youth Suicide Prevention and Intervention Symposiums – March 3, 2011 (Montrose)

Continuing the work from last year, the CSSRC, the Colorado Department of Education and the Office of Suicide Prevention (CDPHE) partnered again this year, offering the third Youth Suicide Prevention and Intervention Symposium on March 3, 2011 in Montrose. Eighty one people were registered from 40 schools/districts/agencies and organizations covering nine counties and 15 cities across the state. This final Symposium of the series raises the total to over **530 people trained about youth suicide prevention, assessment and postvention practices for schools during 2010-2011**. One hundred percent of the participants agreed or strongly agreed that the information presented was helpful, with the average overall rating of the training scored as 3.87 on a 4.0 scale. Comments included: "Loved all the resources made available! Thank you for coming to the Western Slope." "This is one of the most applicable, important conferences I have attended. I wish my entire admin team could be present."

As part of the resources provided by the CSSRC and distributed at these trainings, *A Guide for Schools, Resources for Suicide Prevention and Intervention* was given to all participants. The guide is also available on-line at http://safeschools.state.co.us/Resources2.html#p4.

The CSSRC, the Colorado Department of Education and the Office of Suicide Prevention at CDPHE are planning the next steps to continue and expand this important work. The strategy includes writing online suicide prevention and intervention training that will be made available to all school personnel across the state.

Bullying/Harassment Prevention Institute – September 21 (Montrose), December 8, 2011 (Pueblo)

Colorado school concerns expressed to the CSSRC, as well as increased national attention focused on bullying incidents across the country, led the Center to facilitate a working group of stakeholders to address this issue, beginning in December, 2010. (Please see the Bullying/Harassment Prevention Work Group on page 25.) With the passage of Colorado HB 11-1254, the CSSRC and the Colorado Department of Education (CDE) were tasked with providing evidence-based information for schools via the web, along with additional responsibilities assigned to CDE. This led to a new collaboration of the CSSRC, CDE and the Colorado Legacy Foundation in order to educate school staff on the elements of the new law, best practices in bullying prevention and building a positive school climate, as well as best practices in intervention strategies. A one day training institute was developed to cover those topics. Afternoon workshops focused on biased-based bullying, with invited presenters from One Colorado and the Anti-Defamation League, and an additional workshop focused on cyberbullying presented by the CSSRC staff.

The three agencies provided the first training in Montrose on September 21, 2011. Seventy people attended that training from 43 schools/districts/agencies and organizations across fourteen (14) counties and seventeen (17) cities. Of those who submitted an evaluation, 100% of the respondents agreed or strongly agreed that the information and resources were helpful, that they now know where to access support and resources, that their students will benefit from what they learned, and that the training was beneficial.

Another training was held in Pueblo on December 8, 2011 with 144 attending. Attendees represented 56 schools/districts/agencies and organizations from eighteen (18) counties and thirty (30) cities throughout the state. Of those who submitted an evaluation, 93% of the respondents agreed or strongly agreed that the information and resources were helpful. Ninety-seven percent of respondents agreed or strongly agreed that they now know where to access support and resources. Eighty-eight percent agreed or strongly agreed that their students will benefit from what they learned. Ninety-one percent agreed or strongly agreed that the training was beneficial. A result of these two events is that 378 people have now been trained to date and have received important information on how to prevent and appropriately respond to bullying in schools. Plans for 2012 include presentation of this in the metro Denver area at the Aurora Public Schools Professional Learning & Conference Center on January 25, 2012 and at the Adams 12 Five Star Schools Conference Center on March 1, 2012.

Included as part of the resources provided and distributed by the CSSRC at these trainings is the Bullying and Harassment Prevention and Education - Colorado School Resource Guide. This guide is also available on-line at http://www.safeschools.state.co.us/docs/SCHOOL%20RESOURCE%20GUIDE%20-%20BULLYING%2010.17.pdf

The total attendees at the various trainings in 2011 are summarized below:

TRAINING	# ATTENDED
Youth Suicide Prevention and Intervention Symposium, Montrose (3.3.11)	86
Colorado Safe Schools Regional Training, Vail (5.5-5.6.11)	173
Bullying Prevention Institute, Montrose (9.21.11)	70
Colorado Safe Schools Regional Training, Fort Collins (10.19-10.20.11)	234
Bullying Prevention Institute, Pueblo (12.8.11)	144
Total	707

Workshops Developed and Presented by CSSRC Staff

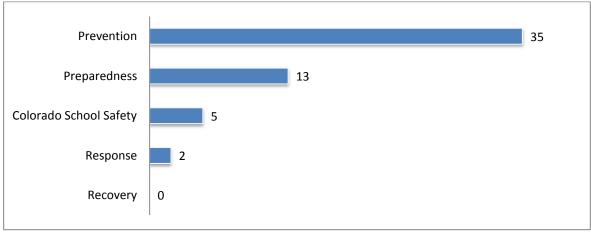
In an effort to provide information about school safety related issues to schools and youth servicing agencies, the CSSRC has continued presenting keynote addresses and workshops on selected topics. The numbers and types of workshops or presentations offered by CSSRC staff are summarized below. Future workshops will be developed based upon request, priority of needs, and available funding.

The data indicate a 53% increase in the number of trainings provided from 2010 to 2011. Clearly, the offerings for training have been well-attended and there has been an increase in requests for training by various stakeholder groups.

60 50 40 30 20 10 0 2011 2008 2009 2010 ■ Trainings 2 18 36 55

Figure 6. Number of CSSRC Trainings (hosted and presented) 2008-2011

Figure 7. Breakdown of CSSRC Trainings by Focus



Topics of Trainings/Presentations Provided by CSSRC staff in 2011

Prevention:

- Bullying, Cyberbullying and Harassment (20)
- Psychological Safety (4)
- Suicide (3)
- Threat Assessment (3)
- Other Topics (5)

Preparedness:

- Crisis Preparedness (2)
- Emergency Planning (1)
- Planning & Conducting Table Top Drills (8)
- School Safety (2)

Response:

- Crisis Intervention (1)
- Self-Injury (1)

Colorado School Safety (covering all 4 phases):

School Safety and New Legislation (5)

Technical Assistance

Technical Assistance to Colorado Schools

The CSSRC has adapted the U.S. Department of Education-Office of Safe and Drug Free Schools' four phase model of school crisis planning as the template for all work in the schools beginning with the pilot sites (see below). This four phase model includes: Prevention/Mitigation; Preparedness; Response and Recovery, with specific Colorado components added such as support of Interagency Information Sharing Agreements; implementation of Safe2Tell; training in NIMS/ICS; and development of multi-hazard district and school-based emergency plans using the Incident Command Structure (ICS) as outlined in CRS 22-32-109.1.

The school safety regional trainings, special topic symposiums and institutes; visits to BOCES directors; the monthly E-Updates; and collaborations with many partners across the state have further raised the profile of the CSSRC and promoted its resources this past year. This increased awareness has resulted in increased numbers of school personnel and other community members contacting the Center for specific technical assistance and/or training at their sites. In-depth consultations/technical assistance was conducted on-site seven times over the course of 2011 related to emergency operations planning. Additional phone technical assistance has been provided related to crisis planning, crisis and threat assessment team training; bullying prevention & strategies, suicide postvention, self-injury of students, as well as on a variety of issues related to social networking and electronic bullying or harassment; bullying reports/next steps; child abuse reporting; fire safety codes; and others. It may be anticipated that requests for training and technical assistance will continue to increase as more schools and districts are aware of available services.

Pilot Site Projects

The pilot site projects were established under HB 08-001 and have been managed by Christine R. Harms, MS, Outreach Consultant, CSSRC, with assessment and planning assistance from the Center for the Study and Prevention of Violence – University of Colorado, Boulder (CSPV-CU). This school year (2010-2011) was the second year of a proposed three year project with these sites.

Five main pilot sites have received enhanced school safety consultation and technical assistance. Others on the list below received the support of the electronic school mapping project as provided in HB 08-1267. As part of the pilot project, all of the schools also have their maps and other information now loaded into the Colorado version of the federal Automated Critical Assets Management System (C-ACAMS).

Pilot Sites - List of Districts and Schools

SCHOOL DISTRICT	SCHOOL NAME
Adams County School District 14	Adams City High School
	Adams City Middle School (HB 08-1267 only)
	Hanson PreK-8 School (HB 08-1267 only)
Durango School District 9-R	Durango High School
	Miller Middle School (HB 08-1267 only)
	Escalante Middle School (HB 08-1267 only)
Hayden School District RE-1	Hayden High School (HB 08-1267 only)
	Hayden Middle School (HB 08-1267 only)
	Hayden Elementary School (HB 08-1267 only)
Lewis – Palmer School District 38	Lewis-Palmer High School (HB 08-1267 only)
	Palmer Ridge High School (HB 08-1267 only)
	Lewis-Palmer Middle School (HB 08-1267 only)
Montezuma - Cortez School District RE-1	Montezuma-Cortez High School
	Cortez Middle School
	Kemper Elementary School

Technical Assistance Provided to Pilot Sites

This past year, the CSSRC had eight meetings or trainings with district and school leadership and with school staff at the five main pilot sites. Additional phone calls, video conferences and 100+ emails with the pilot sites included discussions about the work of the pilot sites, climate survey results and provided information about trainings and grant opportunities to the sites. The pilot sites have received technical assistance in all four phases of crisis planning. Materials have been developed and/or piloted at these sites. Materials have included templates for compliance with SB 08-181, known as the NIMS legislation; templates for school resource mapping of safety programs; information on conducting tabletop exercises; a template for district/school crisis planning with an accompanying checklist; and information on emergency action guidelines for schools as well as the Colorado School Emergency Operations Plan Exercise Toolkit.

At the request of the San Juan BOCES, the CSSRC conducted a one-day training for BOCES members on April 18, 2011 on best practices in threat assessment and bullying/harassment prevention. Fifty three people attended the training with twenty-seven from pilot site schools. The average combined rating for the trainings was 3.32 on a 4.0 scale.

The pilot sites continue to administer the CSPV School Climate Surveys and Staff Climate Surveys to gather data and use the information for specific school safety planning at each site. Upon completion of the surveys, CSPV-CU and CSSRC assist the schools in identifying strengths and challenges for each of the site's school safety efforts, along with evidenced-based programs and strategies to address the identified issues.

Grant Funding to Pilot Sites for Additional Projects

This year, with grant funding made available from the Colorado School Safety Resource Center in conjunction with the Division of Behavioral Health, all five pilot sites submitted proposals that were accepted and awarded funding. The pilot sites used their funding in a variety of ways to expand and enhance their school safety efforts. Projects were varied, but included restorative justice and emergency response training, purchasing radios for interoperability with community partners, and tabletop exercises with local law enforcement and first responders.

In addition, at the request of the Colorado Legacy Foundation (CLF), the CSSRC was asked to recommend a southwestern Colorado school that could benefit from additional grant funds to address bullying/harassment prevention and intervention. Cortez Middle School was selected to receive a grant from Vectra Bank. CSSRC will continue to work with Cortez Middle School and the CLF in any way necessary to support this important work over the remainder of the 2011-2012 school year.

Progress of Pilot Sites Projects

The five main pilot site schools have completed the Colorado Safe Schools Site Visit Checklist to assess their levels of school safety using the four-phase model in 2009, October 2010 and October 2011. Schools have been asked to self-report on components which were completed, in-progress, or not completed at their school sites.

The time and complexity of the pilot site project, administering the school climate surveys to all students and staff in a building, adding the parent component of the surveys, establishing regularly scheduled safety team meetings, and completing evaluation of the overall school safety efforts have been challenging for some of the sites and not for others. The schools have reported that, although school safety is a very high priority, with staff reductions, increased pressures on staff time and increased focus on achievement, finding time to fulfill the components of the pilot project has been and will continue to be a challenge for the sites. During the past two years, the schools have been asked to set their own priorities for next steps. The CSSRC continues to support and offer assistance to the pilot sites in a variety of ways that may help to address their challenges and priorities.

The Pilot Site Checklist has now been administered four times to each of the five sites. The October 31, 2011 results revealed that 40% to 69% of the components measured with regard to safety teams and in all four phases of emergency preparedness have been completed.

The pilot sites continued to improve with regard to safety teams and all four phases in the average number of items on the checklist adopted: safety teams (63%); prevention (69%); preparedness (49%); response (75%); and recovery (40%) this compares to baseline scores from the first checklist completion of: safety teams (10%); prevention (50%); preparedness (5%); response (55%); and recovery (10%).

CSSRC Work Groups

The Colorado School Safety Resource Center has gathered input from an array of stakeholder groups on various topics related to school safety. One responsibility the Center has adopted since its inception is to facilitate four work groups on topics of identified high need in order to develop and distribute resources to be used by Colorado schools.

Bullying/Harassment Prevention Work Group

The Bullying/Harassment Prevention Work Group has been a cooperative effort initially brought together by the CSSRC and the Gill Foundation in December 2010. The work group has continued in 2011 and now includes participation of thirty-five stakeholders from the metro area who have resources or expertise related to the topic of bullying/harassment prevention. The larger work group met four times in 2011 (January, February, May and October), and committees have met numerous other times. The group provides a network for information sharing on the topic of bullying prevention and resources, and will continue to meet in 2012.

While all stakeholders support schools across the state in some way with bullying/harassment prevention and intervention work, the group agreed in early meetings that an approach with common messages utilizing the experience and expertise of all would be helpful to school personnel. The larger working group formed four committees to tackle specific issues related to bullying/harassment prevention:

- 1. Awareness & Key Messages This group met a number of times and outlined ten key messages reflecting the US Department of Education's Stop Bullying campaign that the group agreed to share when educating school personnel.
- 2. Policy/Legislative Advocacy This group never formally met but provided consultation and updates regarding HB 11-1254 as it worked through the Colorado Legislature.
- 3. Needs & Resources This group used data from a survey completed by 237 respondents representing 49 school districts administered by the Colorado Legacy Foundation in April 2011. The survey identified needs such as: more training with consistent definitions and interventions; more educational resources and strategies for engaging parents; and classroom resources. This led to the group reviewing, making constructive improvements to, and supporting the Bullying & Harassment Prevention and Education: Colorado School Resource Guide developed by the Colorado School Safety Resource Center. This guide consists of Key Messages; Best Practices; Misdirections and Questions to Ask when choosing a bullying intervention. Also listed are the stakeholder agencies and their available services for schools. This resource guide is available at: http://www.safeschools.state.co.us/docs/SCHOOL%20RESOURCE%20GUIDE%20-%20BULLYING%2010.17.pdf

This work group also edited the School Resource Mapping Tools created by the CSSRC to assist schools in identifying programs already in place, evaluating their effectiveness, and recognizing gaps in school programming necessary to foster positive school climates and bullying prevention and intervention. This committee will continue to identify stakeholders supporting schools in

bullying prevention work, as well as identify resources available for non-English speaking audiences.

4. Use of Climate and Bullying Surveys - This group has worked to organize the elements necessary to choose, administer, and analyze surveys and report information related to school climate and bullying behaviors. The committee is in the process of developing a toolkit for schools on these topics.

The various products of this work group are also informing the statewide bullying prevention institutes that are being delivered around the state by the Center, the Colorado Legacy Foundation and the Colorado Department of Education. These institutes have been and will continue to be an excellent vehicle for educating schools about HB 11-1254 "Bullying in Schools"; sharing common messages and best practices about bullying prevention and intervention; and informing schools about available resources.

Emergency Planning for K-12 Schools Work Group

As part of the CSSRC work to improve school emergency planning, an Emergency Planning and Response for K-12 Schools Work Group was created at the direction of the Advisory Board of the CSSRC. The group's work began in June. 2009. The purpose has been to provide emergency planning and response best practice guidelines to Colorado schools, allowing them to customize these recommendations and guidelines to their local needs. That group and additional sub-groups have met numerous times. Representation on the work group has included the Division of Fire Safety, the Division of Emergency Management (DOLA), and the Governor's Office of Homeland Security, Office of Preparedness and Security (CDPS), as well as representation from various school districts and the Colorado School District Self-Insurance Pool.

Outcomes to Date:

Two significant resources have been created by the work group or a subcommittee, and have been distributed by the CSSRC.

- 1. The Response: Emergency Actions for K-12 Schools document was created with review and input from the work group, recommending that schools have protocols for five emergency actions. The most current version is available on the CSSRC website. http://www.safeschools. state.co.us/docs/Response%20Emergency%20Actions%203%2030%2011.pdf
 - a. This document recommends that K-12 schools have protocols for five basic emergency actions to help ensure safety of all individuals at a school site in the event of an actual emergency, including various crisis situations: Lockdown, Lockout (Secured Building), Shelter-in-Place (including weather shelter), Evacuation, and a protocol for Release and Reunification of students to reunite them with parents/caregivers after an event.
 - b. The document was developed as part of a collaborative work group effort, and approved by the CSSRC Advisory Board. It is intended to provide guidance to Colorado schools and recommends consultation and development of protocols with community emergency responders, customizing procedures as needed for individual school sites and developing plans for students and staff with special needs. Key messages include that all staff and students be trained through drill and practice, parents/guardians should be informed of protocols, and that schools review plans after all drills and actual events.
- 2. The Colorado School Emergency Operations Plan Exercise Toolkit was developed by a subcommittee of the Emergency Planning for K-12 Schools Working Group.
 - This Toolkit provides schools and school districts a tool for a discussion-based (tabletop) test and review of emergency preparedness and response plans for a variety of disasters or emergency situations.
 - The Toolkit can be used as a beginning step to test and review a school or school district's Emergency Operations Plan. It will help schools establish an all-hazards

approach plan for almost any event that would cause a school to lockdown, lockout (secure building), shelter-in-place (including weather shelter), or evacuate a building. Further steps will then use a building block approach of exercise scope and complexity.

- A sample exercise and associated documentation is provided and additional sample scenarios are included. Information is provided in PowerPoint and Word format for local customization, as needed.
- The School Emergency Operations Plan Toolkit is available on the CSSRC website: http://www.safeschools.state.co.us/Preparedness%20Resources.htm#e42.

The two documents mentioned above were distributed electronically by the School Safety Resource Center to all designated School Safety Contacts or Superintendents on March 31, 2011, have been distributed through three notifications in CSSRC E-Updates, and have been posted on the CSSRC website with a cover, welcome letter that describes the document, with each section of the Toolkit listed separately. A hard copy of the CO School EOP Exercise Toolkit and the Response Emergency Actions for K-12 Schools was also mailed to each designated school district representative on April 22, 2011 with funding support from the Citizen's Corps Program Grant administered by the Governor's Office of Homeland Security (\$3,337.50).

Committee members have facilitated three workshops using the toolkit at the School Safety Regional Trainings in Pueblo (October, 2010), Vail (May, 2011) and in Ft. Collins (October, 2011) during half day pre-conference sessions specifically on Planning & Conducting Table Top Exercises. The workshop responses have been very positive with a 3.92 overall out of 4.00 rating in Vail and a 3.94 rating in Ft. Collins.

The toolkit was also presented at the Colorado Emergency Managers Conference in Ft. Collins on March 1, 2011 and at the US Department of Education and FEMA - Leveraging Homeland Security Resource for Schools meeting at National Harbor, MD on August 8, 2011. At the time of this report, over 450 toolkits in total have been distributed.

Additional Efforts to Enhance School Emergency Planning

In 2011, Interoperable Communication in Schools legislation (SB 11-173) made additions to the existing Colorado Safe Schools Act (CRS 22-32-109.1) to include, to the extent possible, emergency communications that coordinate between schools and state and local emergency personnel. The legislation specifies the role of the Division of Fire Safety (DFS) in the Department of Public Safety in assessing and inquiring about a schools' all hazard drills conducted in addition to fire drills. The bill encouraged collaboration between the CSSRC, DFS and the Governor's Office of Information Technology to collect and disseminate training, best practices and funding opportunities information to schools related to emergency preparedness.

The School Safety Resource Center (CSSRC), the Division of Fire Safety and representatives from the Governor's Office of OIT met on May 31, 2011 to discuss collaboration. The group will use CSSRC resources (website, listserv) to continue to promote relevant training, resources, and key messages related to school emergency planning and preparedness, including provisions of this legislation. On May 13, 2011, Clint Goldenstein from OIT and Linda Kanan, CSSRC, informed the State All-Hazards Advisory Council (SAHAC) about the new legislation related to interoperability of emergency communications (SB 11-173) and the toolkit resources. The three agencies worked together in the summer, 2011 to update the School Response Framework - School Safety, Readiness and Incident Management Plan Outline (CRS 22-32-109.1 including SB 08-181 & SB 11-173) for the CSSRC to use in consultation and technical assistance. This outline is available on the CSSRC website at http://www.safeschools.state. co.us/docs/CSSRC%20NIMS%208%20components%20revised%208.2.11.doc.

A letter was mailed from the CSSRC to all superintendents and principals in August 2011 that included a letter from the Division of Fire Safety outlining how schools will report on drills; who has the responsibility for tracking school drills and a draft template for recording such drills entitled: Interoperable

Communications Inspection Report. Schools were also made aware of the Division of Fire Safety's administrative policy, allowing schools (at their discretion) to substitute up to two all-hazards drills for up to two fire evacuation drills per school year.

Interagency Information Sharing Work Group

The purpose of this work group has been to determine the barriers to implementation of Interagency Information Sharing between local jurisdictions and school districts as outlined in HB 00-1119 and SB 00-133. This work group has maintained a meeting schedule during 2011 to continue discussion and the work begun since 2009. The group has been co-facilitated by the CSSRC staff and the Chief Deputy Attorney General. The group has a participant list from over thirteen various departments, agencies and school districts including: the Office of the Attorney General; the Colorado Department of Education; the Center for Network Development; the Center for the Study and Prevention of Violence; the Colorado Association of School Boards (CASB); the Colorado Department of Public Health & Environment (CDPHE); the Division of Criminal Justice; the District Attorney for the 17th Judicial District; attorneys representing various school districts; and school district personnel.

Outcomes to Date:

- A superintendent survey was developed and distributed in 2010 by CSPV-CU, the Attorney General's Office and CSSRC, with the assistance of the Colorado Association of School Executives (CASE). Results of that survey provided additional information about the knowledge and existence of Information Sharing or other Interagency Agreements in communities.
- Ongoing training in information sharing and knowledge of Colorado law and the federal Family Educational Rights and Privacy Act (FERPA) related to this topic has been provided at every Safe Schools Regional Training around the state.
- 3. As a result of ongoing participation by CDPHE in the Information Sharing Work Group, the Director of the CSSRC has been an active participant in the monthly Colorado Children and Youth Information Sharing Collaborative (CCYIS) meetings. The CSSRC has helped to inform the work of the CCYIS by sharing school-based use case scenarios. The Center brought together participants of this work group and the Threat Assessment Work Group with the CCYIS in November 2011. The work group participants will continue to collaborate with CCYIS during 2012 as requested.

Threat Assessment Work Group

The Threat Assessment Work Group has focused efforts on further clarification of some of the U.S. Department of Education/U.S. Secret Service's recommendations for threat assessment in schools and to incorporate other efforts of best practice. The work group has met ten times since 2009 with a participant list of nineteen professionals, averaging ten at each meeting. The group has included school personnel from seven different school districts; Center for the Study and Prevention of Violence staff; Safe2Tell Executive Director; law enforcement personnel; mental health practitioners; BOCES representatives, Juvenile Assessment Center representatives, as well as staff from the Department of Corrections.

The November 2011 meeting of this work group was held in conjunction with the Interagency Information Sharing Work Group to discuss information sharing related to assessment and management of threats in schools and related FERPA and Colorado law issues. The next meeting in 2012 will provide the Colorado Collaboration for Children and Youth Information Sharing Committee (CCYIS) with case examples from schools.

Outcome to Date:

- Review and completion of "Essentials of School Threat Assessment: Preventing Targeted School Violence" Guide for Colorado schools distributed at trainings and posted on website at http://www.safeschools.state.co.us/docs/ESSENTIALS%20of%20School%20Threat%20Assessment%20November%202011%20merged.pdf. The guide includes:
 - Elements of a School Threat Assessment Process
 - The Cycle of Threat Assessment
 - Threat Assessment Inquiry Steps
 - U.S. Secret Service, Eleven Key Questions
 - Selected Threat Assessment Resources

Summary and Conclusion

All available data indicate that awareness of school safety related resources, training, consultation and technical assistance provided by the Colorado School Safety Resource Center has continued to increase during 2011. In addition, the CSSRC has enhanced delivery of information about school safety practices, legislation and resources through the website, informational newsletters, and training provided across the state.

Cuts to school districts, higher education institutions, and some law enforcement agencies have caused continuing concern about the ability of local districts and schools to maintain a focus on school safety and the components of the Colorado Safe Schools Act (C.R.S. 24-33.5-1801, et seq.) and other related legislation. As a result, the CSSRC has also focused some resources and efforts on accessing technology and training to begin to provide on-line learning and electronic delivery of resources to Colorado stakeholders.

There continues to be a need for bullying and harassment awareness, knowledge of effective school-wide and evidence-based strategies to address these and other school climate issues. The Center has collaborated with others and will continue to lead in 2012 to bring resources, training and experts to help Colorado schools comply with HB 11-1254. Bullying prevention is important to the safety and well-being of our children and schools. Evidence has also shown that school violence, bullying and harassment, or the perception thereof, can also have negative impacts on student achievement and teacher performance.

Recent data also suggest a need for training in youth substance use and abuse issues, as Colorado schools reported an increase of over 33% in disciplinary offenses for drug use during the 2009-10 year over the previous year. Expulsions and out-of-school suspensions for drug related offenses were also up that year. Fewer resources are available to address changing social norms and continuing concerns related to youth and substance abuse, particularly for school personnel. The School Safety Resource Center will address some of the need through resources and training.

There has been and will continue to be an emphasis on enhancing school emergency planning and preparedness. Resources have been developed and are being distributed through direct communication with designated school safety contacts in Colorado. In addition, the Center has been providing consultation and technical assistance to schools and will continue to provide on-going training using the resources and partnerships it has developed and the best practice resources available from around the country.

Continued collaborations between state agencies and community partnerships are essential to coordinated efforts toward school safety in our state. The CSSRC will continue evaluation of statewide needs and services provided and work collaboratively to be responsive to changing needs of schools and youth. The CSSRC will continue to foster partnerships, and gather and distribute resources to assist schools in their efforts to improve school climate and safety. Much has been accomplished by the four members of the Center's staff. As new staff members are hired, the Center will continue to meet the needs and provide the services that have come to be relied upon by our schools, their administrators and staff, parents, law enforcement, emergency service providers and all other customers of the Center.

Appendix A: Letter to Superintendents Dated August 29, 2011

DEPARTMENT OF PUBLIC SAFETY

School Safety Resource Center Linda M. Kanan, Ph.D. Director

> 700 Kipling St. Suite 1000 Denver, CO 80215-5897 (303) 239-4435 Fax: (303) 239-4510

August 29, 2011

Dear School Superintendent:

We would like to take this opportunity to wish you a safe, successful school year and again offer the no cost services of the Colorado School Safety Resource Center. We have also enclosed a letter and information from the Division of Fire Safety that highlights changes to the School Maintenance Inspection procedure related to SB 11-173 that now includes questions related to school safety plans, NIMS/ICS compliance, and communication equipment, including interoperable communications. You can find additional information on our website, or we are available for auestions.

We are asking that you provide this year's current school safety contact designee as the administrator responsible for safety and security at your school district. From time to time, we may be providing specific information to that designee. Your district's information can be downloaded in a matter of minutes by answering five questions at the following link:

http://www.surveymonkey.com/s/safety_contact

October 16-22, 2011 has been designated Colorado Safe Schools Week by Govenor Hickenlooper. We encourage your district to use this opportunity to highlight some of your school safety to your community. More information can be found on our website www.safeschools.state.co.us.

We have several no-cost trainings in school safety issues for you and your staff this fall.

- 1. Bullying/Harassment Prevention Institutes in four separate locations around the state beginning on September 21, 2011 in Montrose. More information about these no-cost Institutes can be obtained on our website at www.safeschools.state.co.us.
- 2. We will co-host our sixth *Colorado Safe Schools Regional Training* in Ft. Collins on October 19th-20th in cooperation with the Center for the Study and Prevention of Violence (CU-Boulder). Workshops are available on a variety of school safety topics. We encourage you to send a team to this no-cost training.

We invite you to visit our website which is a link to varied resources that can support your school safety efforts. We also encourage you to join/update our Listserv and receive monthly updates about various trainings and resources for your schools and staff. Our staff is also available to answer questions or customize training needed for your schools.

Thank you for your efforts to support safe, positive, and successful schools in Colorado. We look forward to collaborating with your staff.

Sincerely,

Colorado

John W. Hickenlooper GOVERNOR James H. Davis

EXECUTIVE DIRECTOR

Colorado State

Patrol

Colorado Bureau of Investigation Division of

Criminal Justice

Office of Preparedness, Security, and Fire Safety



Linda M. Kanan, Ph.D. Director, Colorado School Safety Resource Center

Division of Fire Safety Kevin R. Klein, Director

COLORADO DEPARTMENT OF PUBLIC SAFETY

690 Kipling Street, Suite 2000 Lakewood, CO 80215 http://dfs.state.co.us TEL (303) 239-4600 FAX (303) 239-5887

August 25, 2011

Beginning on July 01, 2011 DFS (the Division of Fire Safety) will assist the Colorado School Safety Resource Center by insuring that inquiries are made to school personnel about Interoperable Communications and the associated requirements during yearly fire maintenance school inspections.

DFS will ensure that questions regarding Interoperable Communications are incorporated into the school maintenance inspection program by the following procedures:

- Concerning the schools in which DFS is the AHJ (Authority Having Jurisdiction),
 DFS shall add the questions in the Interoperable Communications Inspection Report
 to the school maintenance inspection procedure, the responses shall be recorded and
 included with the inspection reports, and this information shall be compiled and
 tracked by DFS.
- Concerning the schools in which the local fire department is the AHJ, DFS shall
 outreach to the schools and/or local fire department having jurisdiction and request
 for them to add the questions in the Interoperable Communications Inspection Report
 to their school maintenance inspections. DFS shall request for them to submit this
 information to DFS along with their school maintenance inspection reports, and the
 information that is received by DFS shall be compiled and tracked by DFS.

Additionally, as an administrative policy DFS will allow for the schools at their discretion to have the opportunity to substitute up to two all-hazards drills for up to two fire evacuation drills per school year.

Regards,

Steven Stokes

Chief Building Official

John Hickenlooper GOVERNOR James Davis EXECUTIVE DIRECTOR Colorado State

Colorado State Patrol

Colorado Bureau of Investigation Division of

Criminal Justice Office of Preparedness, Security, and Fire Safety





DEPARTMENT OF PUBLIC SAFETY- Division of Fire Safety

Public School Section 690 Kipling Street, Suite 2000 Lakewood, Colorado 80215 303-239-4600; Fax: 303-239-5887 http://dfs.state.co.us

INTEROPERABLE COMMUNICATIONS INSPECTION REPORT

Inspector's Name:	Inspector's	Phone Number:
Inspector's Dept., District, or Division:	•	
School C.D.E. (Colorado Department of Education)	Number:	
School Name:		
Address:		
Check the box next to each question to verify that		
1. How many and what type of all-hazard drills	•	
List the quantities and types of drills tha	•	the regular fire drills (if any).
Quantity:	Type:	
Quantity:	Type:	<u> </u>
Quantity:	Type:	
Yes □ No Comments:3. □ Has the school progressed towards imple	ementing NIMS and the Incide	ent Command System pursuant to Section 22-32-
109.1, C.R.S., and in achieving Communica		
☐ Yes ☐ No Comments:		
equipment (if any)?	location of the school's emerg	gency equipment, including communications
☐ Yes ☐ No Comments:		
5. \square Has the communications equipment's int separately or as part of an all-hazard drill?	teroperability with state and lo	ocal emergency personnel has been tested
Separately ☐ Part of All-Hazard Drill	☐ Not Tested or No Equipmen	nt to Test Comments:
Goparatory Part of Air Hazara Dim		it to 1001 Comments.
LEAVE A COPY OF THIS REPORT WITH THE SCHOOL, S	SUBMIT ONE COPY TO DFS, AN	D RETAIN ONE COPY FOR YOUR RECORDS.
Inspector's Signature		Date
School Representative (please pr	rint name and title)	School Representative (Initials)

E-mail a copy to DFS at: school.inspection@cdps.state.co.us Call 303-239-4600 if you have any questions.

Appendix B: Letter to School Administrators Dated August 30, 2011

OF PUBLIC SAFETY

School Safety Resource Center Linda M. Kanan, Ph.D. Director

700 Kipling St. Suite 1000 Denver, CO 80215-5897 (303) 239-4435 Fax: (303) 239-4510

August 30, 2011

Dear School Administrator:

We would like to take this opportunity to wish you a safe, successful school year and again offer the no cost services of the Colorado School Safety Resource Center. We have also enclosed a letter and information from the Division of Fire Safety that highlights changes to the School Maintenance Inspection procedure related to SB 11-173. Per that legislation last year, school maintenance inspections now include questions related to school safety plans, NIMS/ICS compliance, and communication equipment, including interoperable communications. You can find additional information on our website, or we are available to assist in answering your questions.

October 16-22, 2011 has been designated Colorado Safe Schools Week by Govenor Hickenlooper. We encourage your district to use this opportunity to highlight some of your school safety to your community. More information can be found on our website www.safeschools.state.co.us.

We have several no-cost trainings in school safety issues for you and your staff this fall.

- 1. Bullying/Harassment Prevention Institutes in four separate locations around the state beginning on September 21, 2011 in Montrose. More information about these no-cost Institutes can be obtained on our website at www.safeschools.state.co.us.
- 2. We will co-host our sixth Colorado Safe Schools Regional Training in Ft. Collins on October 19th-20th in cooperation with the Center for the Study and Prevention of Violence (CU-Boulder). Workshops are available on a variety of school safety topics. We encourage you to send a team to this no-cost training.

We invite you to visit our website which is a link to varied resources that can support your school safety efforts. You can also find more information on that site about additional school safety legislation passed last year. We encourage you to join/update our Listserv and receive monthly updates about important trainings and resources for your schools and staff. Our staff is also available to answer questions, provide resources or consultation, or customize training needed for your school.

Thank you for your efforts to support safe, positive, and successful schools in Colorado. We look

Sincerely,

forward to collaborating with your staff.

Colorada

John W. Hickenlooper **GOVERNOR**

James H. Davis

EXECUTIVE DIRECTOR Colorado State Patrol

> Colorado Bureau of Investigation Division of

Criminal Justice Office of Preparedness, Security, and Fire Safety

Linda M. Kanan, Ph.D. Director, Colorado School Safety Resource Center

Enclosures

Division of Fire Safety Kevin R. Klein, Director

COLORADO DEPARTMENT OF PUBLIC SAFETY

690 Kipling Street, Suite 2000 Lakewood, CO 80215 http://dfs.state.co.us TEL (303) 239-4600 FAX (303) 239-5887

August 25, 2011

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DFS will ensure that questions regarding Interoperable Communications are incorporated into the school maintenance inspection program by the following procedures:

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 outreach to the schools and/or local fire department having jurisdiction and request
 for them to add the questions in the Interoperable Communications Inspection Report
 to their school maintenance inspections. DFS shall request for them to submit this
 information to DFS along with their school maintenance inspection reports, and the
 information that is received by DFS shall be compiled and tracked by DFS.

Additionally, as an administrative policy DFS will allow for the schools at their discretion to have the opportunity to substitute up to two all-hazards drills for up to two fire evacuation drills per school year.

Regards,

Steven Stokes

Chief Building Official

GOVERNOR

James Davis

EXECUTIVE DIRECTOR

Colorado State

Patrol

John Hickenlooper

Colorado Bureau of Investigation Division of

Criminal Justice
Office of Preparedness,
Security, and Fire Safety





DEPARTMENT OF PUBLIC SAFETY- Division of Fire Safety

Public School Section 690 Kipling Street, Suite 2000 Lakewood, Colorado 80215 303-239-4600; Fax: 303-239-5887 http://dfs.state.co.us

INTEROPERABLE COMMUNICATIONS INSPECTION REPORT

Inspector's Name:	Inspector's	Phone Number:
Inspector's Dept., District, or Division:	•	
School C.D.E. (Colorado Department of Education)	Number:	
School Name:		
Address:		
Check the box next to each question to verify that		
1. How many and what type of all-hazard drills	•	
List the quantities and types of drills tha	•	the regular fire drills (if any).
Quantity:	Type:	
Quantity:	Type:	<u> </u>
Quantity:	Type:	
Yes □ No Comments:3. □ Has the school progressed towards imple	ementing NIMS and the Incide	ent Command System pursuant to Section 22-32-
109.1, C.R.S., and in achieving Communica		
☐ Yes ☐ No Comments:		
equipment (if any)?	location of the school's emerg	gency equipment, including communications
☐ Yes ☐ No Comments:		
5. \square Has the communications equipment's int separately or as part of an all-hazard drill?	teroperability with state and lo	ocal emergency personnel has been tested
Separately ☐ Part of All-Hazard Drill	☐ Not Tested or No Equipmen	nt to Test Comments:
Goparatory Part of Air Hazara Dim		it to 1001 Comments.
LEAVE A COPY OF THIS REPORT WITH THE SCHOOL, S	SUBMIT ONE COPY TO DFS, AN	D RETAIN ONE COPY FOR YOUR RECORDS.
Inspector's Signature		Date
School Representative (please pr	rint name and title)	School Representative (Initials)

E-mail a copy to DFS at: school.inspection@cdps.state.co.us Call 303-239-4600 if you have any questions.

Appendix C: Request for Proposals: Promotion of School Safety & Substance Abuse Prevention Project Grants

REQUEST FOR PROPOSALS

SCHOOL SAFETY PROMOTION OR SUBSTANCE ABUSE PREVENTION PROJECT GRANTS

REQUEST FOR PROPOSALS FROM INDIVIDUAL SCHOOLS, SCHOOL DISTRICTS, OR BOARDS OF COOPERATIVE EDUCATIONAL SERVICES (BOCES)

DUE: Friday, May 13, 2011 or, Postmarked No Later Than: Wednesday, May 11, 2011



Issued by the
Colorado School Safety Resource Center,
Department of Public Safety
in conjunction with
Colorado Department of Human Services,
Division of Behavioral Health

700 Kipling Street-Suite 1000 Denver, Colorado 80215-5897 303-239-4435 schoolsafetycenter@cdps.state.co.us

Purpose of Grant

The purpose of these funds is to provide grants to public schools, school districts (LEA) or Boards of Cooperative Educational Services (BOCES) to assist in making systematic and sustainable changes to improve school safety planning, school climate, or prevention efforts for students.

Eligibility

Any individual public school, school district, or BOCES may apply.

Grant Preferences

Preference will be given to proposals that address the following priorities. The grant will improve student safety by:

- Furthering school safety efforts in prevention/mitigation, preparedness, response, or recovery.
- Providing training for school safety planning, crisis response, threat assessment and/or suicide assessment teams within a school or district.
- Support the implementation of an evidence-based prevention program to address violence prevention, bullying prevention, suicide prevention, substance abuse prevention and/or social-emotional learning.
- Enhancing school crisis preparedness or response efforts.

Available Funding

The Colorado School Safety Colorado (CSSRC), Department of Public Safety in conjunction with the Colorado Department of Human Services, Division of Behavioral Health will award Federal funds to Colorado schools.

Funding Levels

Grants range from \$2,000 to \$24,000 depending upon the student population that the funds will be serving.

- School District (LEA) or BOCES Grants:
 - Up to \$12,000 for LEA or BOCES with less than 1,200 students
 - Up to \$16,000 for LEA or BOCES with over 1,200 but less than 6.000
 - Up to \$20,000 for LEA or BOCES with over 6,000 but less than 25,000 students
 - o Up to \$24,000 for LEA or BOCES with over 25,000 students
- Individual school grants:
 - Up to \$3,000 for schools with less than 500 students
 - Up to \$5,000 for schools with over 500 but less than 1,000
 - Up to \$7,000 for schools with over 1,000 students but less than 1,500
 - o Up to \$9,000 for school with over 1,500 students

Duration of Funding

Grants are only for the period from June 15, 2011 until September 30, 2011. All proposed activities, including any purchase of materials or training of staff must take place before the September 30th date. **No carryover funds will be approved**. No funding is available for additional years.

Evaluation and Reporting Requirement

Schools, districts or BOCES that are granted the grants will be expected to provide a brief performance report as to how the proposal was implemented and outcomes of the proposal goals.

The final performance report will be due by October 31, 2011.

Application Due Date

Applications are due to the Colorado School Safety Resource Center by Friday, May 13, 2011 by 5:00 p.m. or postmarked by Wednesday, May 11, 2011. Applications will NOT be accepted electronically.

Announcement of Grants

Awards will be announced by e-mail no later than **Friday, May 27, 2011** by 5:00 p.m. All applications must provide at least two contacts to ensure notification. Funds will be distributed through electronic transfer, upon receipt of the school, school district, BOCES bank EFT information, no later than June 15, 2011.

APPLICATION INSTRUCTIONS

- An original and 5 copies must be mailed (Postmarked by, Wednesday, May 11, 2011) or hand-delivered to the address listed below by Friday, May 13, 2011 before 5:00 p.m.
- All pages must be standard letter size (8 ½ x 11) WHITE paper with 12 point font and single spaced.
- Staple pages. NO paper clips, folders, plastic covers, or spiral binding.
- Use the headings from "FORMAT" in the listed order for your **7-page (or less) narrative.** Address each section clearly and concisely.
- Number all pages of the written narrative including budget application page and timeline. Total application, including cover sheet and budget application may not exceed 9 pages.
- Submit applications in the following order: 1) the application cover page with a signature of agency administrator, 2) the written narrative, 3) project budget application page.

Electronic applications WILL NOT BE ACCEPTED
Mail or hand-deliver to:
Colorado School Safety Resource Center
Colorado Department of Public Safety
700 Kipling Street, Suite 1000
Denver, Colorado 80215-5897

schoolsafetycenter@cdps.state.co.us or 303.239.4435

NOTE: 1) Products developed with these Federal funds may NOT be marketed and/or sold in the state of Colorado. 2) **NO CARRYOVER FUNDS WILL BE APPROVED**. 3) Due to time considerations, incomplete applications **will not be eligible** for consideration.

WRITTEN NARRATIVE

The written narrative must follow the format listed below and include all sections. A <u>concisely</u> written narrative that is well thought out is preferred.

FORMAT

I. Project Description

In <u>one or two</u> paragraphs, explain what you will be striving to <u>accomplish</u> and <u>why</u>. Help the review committee understand the significance of this project and how it is tied to your overall plan for physical or psychological school safety and/or substance abuse prevention.

II. Area of Need and Evidence-Based Solution

- **A.** Explain why your project is needed for school safety planning in prevention/ mitigation, preparedness, response and/or recovery and **how the need was determined.**
 - Remember a project should not supplant your normal obligations such as hiring adequate staff.
- **B.** Explain the actions proposed to address the need and supporting research or other evidence indicates actions would best address this need. Provide 2-3 evidence-based citations that support the efficacy of your project.

III. Outcomes

Project outcomes must benefit student safety. Projects may also include staff training in physical or psychological school safety, prevention/mitigation, preparedness, response or recovery and/or prevention of substance abuse that can be demonstrated to benefit student safety.

Outcomes tell what will be different/changed/altered as a result of this project. When resources/materials are distributed and/or products are developed, the outcomes should address their use. When professional development or training is part of the proposed project, then outcomes should address implementation or usage by participants.

These outcomes should address your identified needs and be a direct result of the project (e.g., "In order to improve the substance use prevention and social emotional skills of students in grades 3, 4 and 5 the school will implement the Life Skills Program including acquisition of materials and training of staff for the upcoming school year.)

IV. Project Activities

- **A.** Give a concise overview of your planned activities related to outcomes and the number of staff, students, or families impacted. For easier readability, use bullet points or numbers whenever possible.
- **B.** Use a table, chart to outline the timeline when activities will be accomplished and the person responsible for the activity.

Things to Remember:

- Including multiple stakeholders (i.e. administrators, various staff groups, multiple agencies, joint initiatives, and families) in school safety planning, implementation, or training builds a community's capacity to better meet the safety needs of students.
- When outside experts are used for training or professional development, consider the plan to train local personnel to assume training/coaching responsibilities after project ceases.
- When there is a professional development component to the proposal, remember that best practice ensures mastery through: mentoring, follow-up trainings, jobembedded staff development, coaching, positive proactive supervision, professional learning communities, etc.

V. Budget Narrative and Budget Report

Briefly explain the need for each cost, why it is cost-effective, and how costs relate to the numbers impacted. For example, explain the numbers of people that will benefit for the cost. Explain why purchased materials relate directly to the project.

Generally, these grants are NOT intended to solely purchase materials or equipment. Explain how materials requested directly relate to project outcomes.

For each activity, chart the expenses on the budget report. If some costs cut across several activities, then list them separately and identify the multiple activities associated with the costs in the description.

Break down **ALL** costs in detail, using the budget report page (e.g. \$10,000 stipends for staff summer training cost = 50 teachers X \$100 per day X 2 days of training; \$900 coaching costs = 9 days (3 day in each feeder area) X \$100 per day; \$500 for handouts and folders = \$5 packet X 100 participants). **List titles of books and other resource materials and numbers purchased.**

Eligible Expenses

- Staff tuition or stipend (out of contract time)
- Professional development expenses
- Speaker's fee and travel
- Substitute teacher costs or teacher stipends (but both cannot be applied to the same teacher time)
- Childcare costs for parent trainings
- Training Support
- Travel (In-State)
- Workshop hosting expenses
- Printing and postage
- Program development and delivery
- Specialized training for future trainers
- Consultants, coaches, and other contractors
- Instructional resources, materials, or equipment
- Costs associated with student/staff learning experiences
- Limited office staff or technical staff, if need is justified
- Limited administrative staff for project coordination
- Stipend for staff responsible for project development and implementation (if outside contract duties)

Ineligible Expenses

- Expenses not directly related to the project
- Typical and/or ongoing costs
- Furniture such as desks and chairs
- Office facilities such as space and rent
- Office-based utilities, such as electricity, gas, and telephone
- Capital construction or improvement expenses
- Out-of-state conferences (neither as a presenter nor a participant)
- Basic computer hardware and software
- Excessive salaries or stipends
- Benefits
- Any equipment or materials not clearly necessitated

VI. Evaluation

Restate your specific, measurable outcomes and describe how you will know you have achieved each outcome. Due to the brief nature of this project, the required Final Performance Report includes a brief activity and project accomplishment summary in addition to an expenditure report.

VII. Sustainability/Maintenance of Effort

Describe how this project will continue to improve the safety of students and schools <u>AFTER</u> short-term funding ceases. **Please include a description of how efforts will impact the coming school year**.

School, School District or BOCES Name	
If applicant is a school, Name of School District	



Application for School Safety and Substance Abuse Prevention Project Proposal Grant Period June 15, 2011 – September 30, 2011

COVER PAGE

Agency (School, School District, BOCES)		
If applicant is a school, name of School Distri	ict	
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Name of Authorized Representative (Principa	al, Superintendent, or BOCES Director)	
Number and Street Address		
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Telephone Number (REQUIRED)	Fax Number	Email Address (REQUIRED)
Project Coordinator or second contact (REQ	UIRED)	
Telephone Number (REQUIRED)	Fax Number	Email Address (REQUIRED)
CERTIFICATION BY AUTHORIZE	<u>D AGENCY ADMINISTRATOR AN</u>	ID PROJECT COORDINATOR
act as the agency's representative, to co	onduct or supervise all business relate	viewed this project application and am authorized to d to the planning, implementation, budget, to submit the administration of the funds received from this
Signature of Administrator		Date
Typed Name and Title		
Signature of Project Coordinator		
Typed Name and Title		

Submit with initial application as cover page. Colorado School Safety Resource Center Colorado Department of Public Safety

School, School District or BOCES Name	
If applicant is a school, Name of School District	



Application for School Safety and Substance Abuse Prevention Project Grant Grant Period June 15, 2011 – September 30, 2011

APPLICATION BUDGET REPORT

Section	Description	Application Budget
		Budget Dollars (\$)
Staff Costs		
Tuelista a Octob		
Training Costs		
Purchased Services		
Supplies and Materials		
Travel		
Total Costs		

Complete the "Application Budget" for this proposal, and submit this form **with application**. Include breakdown of costs in description (see Section V: Budget Narrative and Report). Funds must be expended between June 15, 2011 and September 30, 2011. **NO CARRYOVER WILL BE APPROVED**.

School, School District or BOCES Name	
If applicant is a school, Name of School District	

Application for School Safety and Substance Abuse Prevention Project Grant Grant Period June 15, 2011 – September 30, 2011

FINAL EXPENDITURE REPORT

Section	Application Budget	Expenditures
	Dollars (\$)	Dollars (\$)
Staff Costs		
Training Costs		
Purchased Services		
Supplies and Materials		
Travel		
TOTAL EXPENDITURES		

Complete the "Application Budget" for the proposal, and submit this form documenting "Final Expenditures" **NO LATER than October 31, 2011.** Funds must be expended between June 15, 2011 and September 30, 2011. **NO CARRYOVER FUNDS WILL BE APPROVED**.

Return this form with Performance Report **NO LATER THAN OCTOBER 31, 2011**:
Colorado School Safety Resource Center
700 Kipling Street, Suite 1000, Denver, Colorado 80215-5897
schoolsafetycenter@cdps.state.co.us

Certification by Authorized Administrator	
I certify that funds have only been expended as indicated and that the amou	unts listed on the
expenditure report are complete and accurate.	
Signature	Date
Title	

School, School District or BOCES Name
If applicant is a school, Name of School District



School Safety and Substance Abuse Prevention Project Grant Grant Period June 15, 2011 – September 30, 2011

FINAL PERFORMANCE REPORT

(1-3 PAGES ONLY)

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BRIEF DESCRIPTION OF PROJECT:	
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DESCRIPTION OF COMPLETED ACTIVITIES:	
DESCRIPTION OF COMPLETED ACTIVITIES.	
PROJECT ACCOMPLISHMENTS:	
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Submit with Final Expenditure Report by October 31, 2011.
Send to the Colorado School Safety Resource Center, 700 Kipling St., Suite 1000, Denver, CO 80215-5897 or schoolsafetycenter@cdps.state.co.us.

Appendix D: Colorado Safe Schools Newsletters

Colorado Safe Schools

Prevent Prepare Respond

A joint publication of the Colorado School Safety Resource Center, Colorado Department of Public Safety and The Center for the Study and Prevention of Violence, University of Colorado-Boulder

Volume 3, Issue 3 February 2011

Youth Suicide Prevention and Intervention Symposium, March 3, 2011, Montrose, CO

The Colorado School Safety Resource Center (CDPS), the Colorado Department of Education (CDE) and the Colorado Office of Suicide Prevention (CDPHE) have partnered to co-host training symposiums for school professionals on the topics of youth suicide prevention, intervention and postvention. These symposiums were held May 2010 in Wheat Ridge and October 2010 in Highlands Ranch with over 450 participants last year.

Panels of experts, including personnel from front range school districts, presented best practice information and answered questions form participants on these most important topics. A Resource Guide for Colorado schools was distributed at the trainings and can be found on the CSSRC website at http://safeschools.state.co.us.Resources2.html#z41.

Thank you to Adams 12 Five Star Schools, Cherry Creek Schools, Denver Public Schools, Douglas County Schools, Colorado Society of School Psychologists (Statewide Crisis Response Team) and the Douglas County Sheriff's Office for their participation and sharing of resources with others.

The next symposium is scheduled for March 3rd in Montrose, using a similar format, with participation to include several local agencies from the Western Slope.

Registration is now open.

For more information or to register, please go to the CSSRC website at www. safeschools.state.co.us.

Spotlight on Youth Suicide Prevention and Intervention

A September 2010 press release from the Colorado Department of Public Health and Environment* declared that 2009 marked Colorado's highest suicide rate in more than twenty years across all age groups. Colorado has an annual suicide rate than is 40% higher that the US average. More people die in Colorado by suicide than are killed in motor vehicle accidents. The Safe2Tell reporting line has also seen an increase in calls regarding suicide concerns and requests for training after a suicide of a youth in Colorado communities.

The 2009 Healthy Kids Colorado Survey**, completed by a representative sample of high school students grades 9-12, revealed that approximately 25% of high school students reported feeling so sad or hopeless, almost every day for two or more consecutive weeks, that they stopped doing some of their usual activities during the past 12 months. Almost 14% of these Colorado students indicated they had seriously considered attempting suicide in the past 12 months. Approximately 7.6% reported attempting suicide one or more times during the past 12 months. In addition, recent news stories have highlighted incidents from other parts of the country where bullying and harassment have been associated with suicide in K-12 schools and higher education institutions.

All school personnel who work with youth should be familiar with risk factors and warning signs for youth suicide, and know how to best get help for a student who may be in crisis.

Risk factors for young peope include:

- Mental health disorders
- Family history of suicide
- Previous suicide attempt
- History of trauma or abuse
- Relationship or social lossEasy access to lethal means
- Lack of social support and sense of isolation
- Exposure to, including through the media, and influence of others who have died by suicide
- · Barriers to health care

"IS PATH WARM" warning signs mnemonic created by the American Association of Suicidology, <u>www.suicidology.org</u>:

- Ideation
- Substance abuse
- Purposelessness
- Anxiety
- Trapped
- Hopelessness
- Withdrawal
- Anger
- Recklessness
- Mood change

In addition to those signs mentioned above, additional concerns about the impulsivity of youth, possible substance use/abuse, uncertainty about the future, and the challenges and conflicts common with adolescence can increase the risk.

What adults can do:

Schools, communities, and parents must all work together to respond to this concern for our youth. All school staff can benefit from training in the recognition of warning signs and the need to report concerns in a timely manner. In addition,

awareness training for middle and high school age youth can also lead to increased recognition of warning signs. It can also be effective in breaking the code of silence by encouraging youth to seek help for their friends. Parents should also be given information to help recognize signs of depressed or suicidal behavior to help their own children. Some helpful programs exist to assist with these types of training. Refer to the Resources for Suicide Prevention and Intervention-A Guide for Schools (compiled by CSSRC and located at http://safeschools.state.co.us/Resources2.html#z41).

We all can:

- Listen to youth
- Ask about suicidal thoughts, if concerns warrant
- Take concerns seriously
- Seek appropriate help for youth in crisis

What schools can do:

- Review existing policies, procedures and training for suicide prevention.
- Additional training for staff can help to ensure use of best practices for risk assessment, for partnering with parents to provide supportive intervention plans, and for postvention following a student or staff suicide.
- Use best practice responses and interventions for youth who may be in a mental health crisis or be at-risk for suicide.
- Collaborate with community agencies and providers to determine the best available resources for crisis intervention outside of the school.

Written in collaboration with the Office of Suicide Prevention (CDPHE).

- * Office of Suicide Prevention, Colorado Department of Public Health and Environment
- ** 2009 Healthy Kids Colorado Survey http://www.cde.state.co.us/cdeprevention/CSH_home.htm

Youth Suicide Prevention Resources

National Suicide Prevention Lifeline www.suicidepreventionlifeline.org 1-800-273-TALK

Office of Suicide Prevention (CDPHE) www.coosp.org 303-692-2539

Safe2 Fell

http://safe2tell.org

/19-520-7435

Second Wind Fund, Inc.

303-988-5870

Society for the Prevention of Teen Suicide http://sptsni.org

Suicide Prevention Resource Center www.sprc.org

The Trevor Project www.thetrevorproject.org

University of Colorado at Boulder Center for the Study and Prevention of Violence Campus Box 483 Boulder, CO 80309

Colorado Safe Schools is produced by the Center for the Study and Prevention of Violence at the University of Colorado-Boulder in collaboration with the Colorado School Safety Resource Center.



Contact CSPV: 303-492-1032 or 1-866-SAFE790 safeschools@colorado.edu www.colorado.edu/cspv/safeschools



Contact CSSRC: 303-239-4435 schoolsafetycenter@cdps.state.co.us www.safeschools.state.co.us

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Colorado Safe Schools Regional Training: Resource Expo May 5-6, 2011 Vail Cascade Resort

CSPV and CSSRC invite you to a one and a half day training on the elements of safe, positive learning environments. Please join us in Vail to learn more about evidence-based practices and the resources available to your school.

Featured Presenters Include:

- Clay Yeager, Evidence-Based Associates
- Bill Woodward, CSPV
- Randy Borum, University of South Florida
- John-Michael Keyes, I Love U Guys Foundation

Presentations and Exhibits:

- Program Development
- Safe2Tell
- School Climate Surveys
- LifeSkills Training
- Project Towards No Drug Abuse
- CASASTART
- The Incredible Years
- Olweus Bullying Prevention

In-depth workshops:

- Threat Assessment
- Colorado Information Sharing
- Youth Suicide & Schools
- Planning & Conducting Tabletop Exercises

Registration: Opens March 1 at www.colorado.edu/cspv

Vail Cascade Reservations: 800-282-4183 (mention Safe Schools for the conference rate of \$99/night)

Help is Always Just a Call Away

In Colorado, the Safe2Tell tipline is also available to anyone who is concerned about his or her own safety or the well-being of a friend or family member. Since 2004, Safe2Tell has fielded just under 350 calls about suicidal or self-injury behavior. The most common concerns spring from family problems, break-ups, loneliness, pressures or problems at school, bullying, and depression with self-injury behaviors (typically cutting).

Tips, taken by Colorado State Patrol professionals, are routed according to the nature and severity of the situation. Common interventions include making the connection to appropriate mental health services or counselors who can evaluate the person's status and suggest the next steps for treatment or other intervention.

One recent Safe2Tell call was made on behalf of a high school boy who seemed suicidal. The caller described the boy as being a "loner" and said that he had mentioned in a text message he had a gun and "just wants to pull the trigger and get it over with." The caller's school ID card has the Safe2Tell number on the back, so he made that call to get help. Local law enforcement responded immediately and the boy was transported to the hospital for a mental health evaluation. School counselors were also informed and they created an intervention plan to discuss resources and provide support to the young man and his family.

Please remind your students and your colleagues that it is easy to make a call on behalf of someone who may be facing challenges they cannot handle alone. Safe2Tell accepts tips by phone at 877-542-SAFE or online at safe2tell.org.



1-877-542-7233 safe2tell.org

Colorado Safe Schools



Volume 3, Issue 4 March/April 2011

Substance Abuse Prevention: Links to the Future

Substance use, abuse, addiction and the vast problems intertwined with them have an enormous impact on the most critical foundations of our modern life: safety, health, and education. Keeping young people safe and substance-free is fundamental to their ability to learn and thrive. Those who refrain from using tobacco, drugs and abusing alcohol until age 21, are "virtually certain never to do so" according to years of research conducted by the National Center on Addiction and Substance Abuse at Columbia University. Yet we know that by age 18, the majority of youth have experimented with alcohol, some of them heavily, and many of them have tried marijuana or other drugs and misused prescription drugs.

At the national level, we've seen a period of decline in the use of both alcohol and illicit drugs among high school students according to *Monitoring the Future* data published by the National Institute on Drug Abuse (NIDA) in 2010. The trend in marijuana use nationwide has remained steady, however.

The most recent Youth Risk Behavior Survey (YRBS) data (published in 2010) indicate that nationwide 72.5% of all high school students have tried alcohol at least once. However, in Colorado, 77.3% of girls and 67.8% of boys have tried alcohol at least once. Also nationally, 41.8% had consumed at least one drink within the 30 days prior to the survey. In Colorado, 44.2% of girls and 37.4% of boys had consumed alcohol at least once during the 30 days prior to taking the survey. According to the YRBS Colorado data, 25.1% of high school students in our state consumed five or more drinks in a row within a couple of hours at least one day in the 30 days prior to the survey. This documents the concern for binge drinking behavior among our youth.

The prevalence rate of having used marijuana is 36.8% nationwide for all students. In Colorado the numbers are higher: 40.8% of girls and 44.5% of boys have used it at least once. Nationwide, 20.8% of all students had used marijuana at least once during the 30 days prior to taking the survey. In Colorado, 24.2% of girls and 25.5% of boys had used it during the month prior. Finally, 22.7% of Colorado youth (22.7% nationwide) report being offered, sold or given and illegal substance by someone on school property in the prior 12 months before the survey.

The path from experimentation to abuse to addiction is one that we don't completely understand, but we know that a combination of risk factors from a person's biology, environment and his or her stage in development work together. For instance, the earlier drug use and abuse starts, the more likely an individual will become addicted. While young people may recover quickly from a single or occasional use, repeated use is particularly dangerous for them because it can bring about changes in the brain's frontal lobes, which are still developing during adolescence. This part of the brain is used in making sound decisions and understanding safety. Among young people who repeatedly use alcohol and other drugs, we see an increase in poor judgment that may put them at higher risk for accidents, violence, unplanned and unsafe sex. We also see an increase in the risk for school failure and, suicide and for serious drug use later in life.

Colorado Safe Schools Regional Training: Resource Expo

May 5-6, 2011 Vail Cascade Resort

Register now at www.colorado.edu/cspv

What schools can do

Good prevention work can make a difference! The earlier we intervene when problems arise, the better.

1. Get data to use for your planning efforts

National or statewide data provides only a general overview of the issues. It is recommended that schools obtain school site and/or district data to better understand the particular issues of their students and community. Incident data for alcohol or drug violations at schools is one indicator of trends that may be seen in your own community. However, incident data reflect only cases in which a student is caught and issued a citation. Schools may also measure self-reported drug and alcohol use through anonymous surveys.

Local options include: 1) Healthy Kids Colorado Survey (HKCS) which contains items from the YRBS (Centers for Disease Control), and asks about current attitudes, perceptions, and behaviors regarding health related domains, including risk and protective factor scales. Outreach efforts will begin in April for Fall 2011. For more information, please contact OMNI Institute at 1-800-279-2070, x.101, or vist http://hkcs.omni.org. 2) Barometers of School Safety, a set of free climate surveys that measure substance use, student health, relationships, and perceptions of safety. The surveys (student, staff and parent) are completed online, offering fast results and reliable data. For more information, please contact Sabrina Arredondo Mattson (Director of the Safe Schools project at CSPV) at 303-735-1633 or visit www.colorado.edu/cspv/safeschools.

Data will support funding requests, implementing district and school wellness policies and programs, and monitoring changes in student behavior.

2. Use evidence-based prevention education, strategies and programs

Excellent school-based programs are available for all ages and range from *universal* (all students) to *selective* (specific to an at-risk group) to *indicated* (designed for those already using alcohol or other drugs) depending on the severity of problem. All children benefit from the skills these programs target: social, emotional, communication, academic skills and as they get older, drug resistance and refusal skills.

3. Train staff and parents in signs, symptoms and warning signs of substance use

School staff, especially in secondary schools, should also be trained in reporting procedures, and strategies to use for intervention with students and families. Parent information and training is also important, as the pre-teen and teenage years can sometimes be a challenge for families facing substance use issues.

4. Know the options for community resources

School staff who are involved in intervention planning with families and students should be familiar with the best resources for referrals to provide assessment of substance use, intensive intervention, and treatment in their own local communities.





University of Colorado at Boulder Center for the Study and Prevention of Violence Campus Box 483

Boulder, CO 80309

Colorado Safe Schools is produced by the Center for the Study and Prevention of Violence at the University of Colorado-Boulder in collaboration with the Colorado School Safety Resource Center.



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Contact CSSRC: 303-239-4435 schoolsafetycenter@cdps.state.co.us www.safeschools.state.co.us

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Spotlight on Substance Abuse Prevention Resources

- Blueprints for Violence Prevention www.colorado.edu/cspv/blueprints
- **Colorado Best Practices** <u>www.colorado.gov/bestpractices</u>
- Healthy Youth Colorado www.cdphe.state.co.us/ps/adolschool/ healthyvouthcolorado/index.html
- 4. National Institute on Drug Abuse (NIDA) a part of the National Institutes of Health (NIH), a component of the U.S. Department of Health and Human Services – www.drugabuse.gov
- 5. PACT360 Police and Communities Together The Partnership for a Drug-Free America, with funding from the United States Department of Justice, Bureau of Justice Assistance – http://pact360.org
- 6. Rocky Mountain Center for Health Promotion and Education Prevention Information Center (PIC) - http://preventioncolorado.org
- Second Chance Tobacco Suspension Alternative Free Online Colorado Program - www.secondchancetobacco.org
- 8. Substance Abuse and Mental Health Services Administration (SAMHSA) - www.samhsa.gov
- 9. Tobacco-Free Schools Policy- Colorado Tobacco-Free Schools Policy Checklist Toolkit (2010) created by the Rocky Mountain Center for Health Promotion an Education, the Colorado Department of Public Health & Environment's State Tobacco Education & Prevention Partnership – http://safeschools.state.co.us/Resources2.html#e29
- 10. Too Smart to Start www.toosmarttostart.samhsa.gov
 11. Underage Drinking Enforcement Training Center established by the Office of Juvenile Justice and Delinquency Prevention (within the U.S. Department of Justice) - www.udetc.org/index.asp

Parents/Students Resources and Campaigns

- 1. Above The Influence Campaign created for the National Youth Anti-Drug Media Campaign (a program of the Office of National Drug Control Policy) - http://safeschools.state.co.us/psresources.html#w1
- 2. Underage Drinking Prevention Campaign www.underagedrinking.samhsa.gov

Higher Ed Resources

College Drinking Prevention – National Institute on Alcohol Abuse and Alcoholism (NIAA) – www.collegedrinkingprevention.gov

Please visit www.safeschools.state.co.us/Resources2.html#p3 for additional substance abuse prevention resources.



Is Your School Using Safe2Tell®?

Anonymous tip line makes it easy and safe for students or teachers to report concerns.

Colorado Safe Schools Regional Training: Resource Expo

May 5-6, 2011 Vail Cascade Resort

REGISTER NOW!!

www.colorado.edu/cspv

Make reservations at Vail Cascade by April 13 to get the guaranteed Colorado Safe Schools rate by calling 800-282-4183

Presentations and exhibits include:

- **Program Development**
- Safe2Tell
- School Climate Surveys
- LifeSkills Training
- Project Towards No Drug Abuse
- **CASASTART**
- The Incredible Years
- Olweus Bullying Prevention

Indepth workshops include:

- Threat Assessment
- Colorado Information Sharing
- Youth Suicide & Schools
- Planning & Conducting Tabletop Exercises

CSPV and CSSRC look forward to seeing you in May! Please contact either of our offices with any questions.

Contact CSPV at 303-492-1032 or 1-866-SAFE790 Contact CSSRC at 303-239-4435

Colorado Safe Schools



Volume 4, Issue 1 August 2011

Colorado School Safety Legislation 2011

The 2011 Colorado legislative session passed a number of bills into law that relate to school safety. This newsletter provides a brief synopsis of three of the eight bills. See http://www.safeschools.state.co.us/legislation.html for more.

HB 11-1254 Bullying in Schools

Sponsored by Representatives Priola and Schafer, Senator Steadman

- Changes the definition of bullying in the Colorado Safe Schools Act (C.R.S. 22-32-109.1) to any written or verbal expression, or physical or electronic act or gesture or a pattern thereof, that is intended to coerce, intimidate, or cause any physical, mental or emotional harm to any student.
- Underscores the protected classes under state and federal laws
 The Safe Schools Act encourages development of plans with prohibiting discrimination on the basis of disability, race, creed, color, sex, sexual orientation, national origin, religion, ancestry or need for special education and adds a prohibition against bullying behavior based on academic performance.
- Reminds everyone that this definition is not intended to infringe upon any right guaranteed to any person by the first amendment to the United States Constitution or to prevent the expression of any religious, political, or philosophical views.
- Establishes a grant program in the Colorado Department of Edu- The bill encourages collaboration between the CSSRC, the Dication (CDE).
- Charges CDE and the Colorado School Safety Resource Center (CSSRC) to make available evidence-based resources on the CDE website.
- Makes additions to the Conduct and Discipline Codes of districts to encourage a dress code policy, biennial climate surveys, character building and designation of a school team to address bullying. Reminds schools to enforce appropriate disciplinary consequences for students who bully AND for those who take rétaliatory action against someone who reports in good faith. Incidents of bullying are to be reported as behavior detrimental to the welfare or safety of other students or of school personnel.
- This law and its components apply to charter schools as well.

Other 2011 Colorado Legislation Concerning School Safety

HB 11-1032 - Restorative Justice

HB 11-1053 – Compelling a Minor to Attend School

HB 11-1121 – Disqualification from School Employment

SB 11-133 – Discipline in Public Schools

SB 11-266 – Background checks for School Contractors

http://www.safeschools.state.co.us/legislation.html

SB 11-173 Interoperable Communication in Schools

Sponsored by Senator Steve King; Representative Bob Gardner

- This bill makes additions to the existing Colorado Safe Schools Act (C.R.S. 22-32.109.1) framework for school safety, readiness, and incident management plans to include, to the extent possible, emergency communications that coordinate between schools and state and local emergency personnel.
- community partners, which has been expanded to include local 911 agencies, emergency management personnel, and local and regional homeland security personnel. The legislation also encourages exercises that test communications interoperability.
- Specifies the role of the Fire Safety Division in the Department of Public Safety in assessing and inquiring about a school's all hazard drills conducted in addition to fire drills and about a school's progress toward implementing NIMS and ICS (SB 08-181).
- vision of Fire Safety and the Governor's Office of Information Technology to collect and disseminate training, best practices and funding opportunities information to schools related to emergency preparedness.

HB 11-1169 Higher Education Campus Sharing Information

Sponsored by Representative Levy; Senator Heath

- This bill allows police departments at state institutions of higher education to share information concerning individuals who demonstrate behavior that may pose a risk to the campus community.
- Information may be shared with administrators for campus programs responsiblé for victims' assistance, mental health services, university housing, student affairs, a campus task force or any individual who is the focus of a specific threat.
- The bill contains limitations on information that may be shared concerning victims of sexual assault.
- It removes civil liability for individuals who provide public safety related information.

Adapted from the Colorado Department of Public Safety's 2011 Legislative Report.







Colorado Safe Schools Regional Training

October 19th and 20th, 2011

Ft. Collins Marriott

Creating a Climate for Safe Schools and Successful Students

Pre-Conference Workshops: October 19, 12:30–3:30 p.m.

- Emergency Management 101 US Department of Education
- Youth Substance Use and Issues for Schools
- Planning and Conducting Tabletop Exercises
- Creating and Sustaining Positive School Climate-Bully Prevention Lessons from the Field

Conference Workshops: October 20, 8:00 a.m.-3:45 p.m.

Sample of New Conference Sessions:

- · Bias Based Bullying
- Teen Dating Violence
- Assessing Your School Climate
- · Safe Routes to School: Grant Support
- School Emergency Planning: New Legislation and Resources

No registration fee to Colorado participants. Lunch is provided Oct. 20. Registration as a school team is encouraged and opens August 15 for teams!

More information at www.safeschools.state.co.us

Bullying Prevention Institute

Sponsored by
Colorado Department of Education,
Colorado Legacy Foundation, and the
Colorado School Safety Resource Center

When: September 21, 2011 8:30 a.m.-3:30 p.m.

Where: Montrose, CO Holiday Inn Montrose 1391 South Townsend Ave., 81401

- Designed for school administrators, PBIS teams, school safety teams, school mental health professionals.
- No charge for Colorado participants, lunch on your own.
- Space is limited and registration is required.
- Registration is now open visit safeschools.state.co.us/training.html.



Is Your School Using Safe2Tell®?

Anonymous tip line makes it easy and safe for students or teachers to report concerns.

Colorado Shakespeare Festival in the Schools presents

Twelfth Night

A show featuring comedy, mistaken identity, bullying!

Touring Colorado Sept. 20 - Oct. 14, 2011

Schedule today and receive:
• Study guide

- 50-minute performance
- · Post-show talk with actors
- · Classroom workshops on bullying

Reserve at 303-492-1973 or csfedout@colorado.edu

Cost is \$550 per school (limited subsidies may be available).

Colorado Safe Schools Week

October 16-22, 2011

Working Together for

Safe Schools and Successful Students

For more information see: www.safeschools.state.co.us

Schedule your School Climate Assessement Today!

CSPV is offering its online surveys to schools at no charge this school year. Use these surveys to collect student, staff and parent perspectives on safety, relationships, teaching & learning and the school's physical environment.

Call or email today: 303-492-1032 or safeschools@colorado.edu.

Colorado Safe Schools



Volume 4, Issue 2 November 2011

School-Based Prevention for a Lifetime of Success

"If nothing else, ask the question: 'What's the evidence?' of all intervention and prevention activities you choose."

Del Elliott, Director

Center for the Study & Prevention of Violence

The best school climates create conditions and instill habits that help students achieve academic success, feel safe and remain healthy. Schools with positive climates have teachers who are focused on teaching and students who are focused on learning.

When serious problems like drug use, bullying and aggression begin to interfere with teachers' abilities to teach and students' abilities to learn, the school environment will suffer and so will students and teachers. When we explore options in school-wide programs as an effective intervention or prevention strategy, our key consideration is to search for the evidence that the program works. Too many programs claim to be successful in changing behavior and then fail to make any long-term positive impact. Some even make the problem worse.

Social scientists have spent decades studying problem behaviors and ways to intervene or even prevent them. When they began, there was little hope of finding anything that would work. However, during the past 25 years there have been real advances in prevention knowledge and practices.

For almost 20 years, CSPV's Blueprints for Violence Prevention program has analyzed evaluation data from approximately 900 programs. This work shows that the most effective intervention and prevention programs share these four base qualities:

- A strong experimental design
- A statistically significant change in the targeted behavior(s)
- Effects that are sustained for at least one year after the end of intervention
- Successful replication(s) in other settings that achieve similar results.

In an exciting new collaboration called Evidence2Success, Blueprints staff are working to combine data on problem behaviors with data on four additional areas that are critical to successful youth development:

- Educational Skills and Attainment
- Positive Relationships
- Physical Health
- Emotional Well-being

By next summer, re-engineering of the Blueprints database will include the new categories of evidence on outcomes such as graduation rates, academic performance, obesity, anxiety, depression, suicidal behavior, among others. Data will also be available on program dissemination readiness, staffing requirements, evaluation instruments, and materials required.

Data about costs and the economic benefits over time will be included, too. This will help policy makers, communities, schools and parents to better understand the options available to them.

Partners in this project, which is being funded by the Annie E. Casey Foundation, include researchers from the University of Washington and the Social Research Unit at Dartington in the United Kingdom.

The Evidence2Success project addresses the need for well-rounded data and emphasizes a fundamental reality: Everyone must work together to tackle the problems our young people face. Collaboration between researchers, community leaders, policy-makers, service providers, educators, and families is crucial to children's lives and their chances for success in adulthood.

Both CSSRC and CSPV offer resources and technical assistance to schools on a variety of evidence-based prevention topics: program selection, school climate assessments, evaluations, and more.

CSPV also offers three new guides on safe school planning and program selection. Call or email today for your free copies: 303-492-1032 or safeschools@colorado.edu.

Bullying 101: Evidence-based Online Course

Hazelden and Clemson University present a new 2-hour course on bullying and cyber bullying

Learn more about bullying, its consequences, and best practices for intervention.

This course is appropriate for teachers, staff, parents and others who work with children.

A course for principals is also available.

hazelden.org/professionaled

\$50 per person. For 5% discount on individual orders, use Coupon Code: **BLUEPRINTS5**.

See colorado.edu/cspv for discounts on larger orders.





Bullying Prevention Institutes

Who Should Attend: Administrators, PBIS Teams, school safety teams, school mental health

professionals and teachers

Institute Topics:

Overview of new Colorado bullying prevention legislation and what it means for your school

- Best practices in bullying prevention
- On-the-spot interventions
- Building blocks for creating a positive school climate
- · Measuring school climate
- Preventing bullying based on race/ethnicity, sexual orientation, disability, and/or gender expression
- Cyberbullying

Location and Dates:

December 8, 2011 - 8:00 AM to 3:30 PM - Pueblo, Colorado

CSU, Pueblo – Room 109 Ballroom Occhiato University Center 2200 Bonforte Blvd. Pueblo. CO 81001-4901

January 25, 2012 – 8:00 AM to 3:30 PM – Metro Denver

Aurora Public Schools Professional Learning & Conference Center 15771 E. First Avenue Aurora, CO 80011

To register:

Go to **www.co.train.org** and register as a **new user**; agree to the TRAIN policies and fill out the necessary information clicking "Next" on each page. Once the learner's account is set up, click "Continue" to register for one of the Institutes. Enter the Course ID: 1028332 and select the location desired.

For questions please call the Colorado School Safety Resource Center at 303.239.4435.







For Resources on Bullying Prevention: www.safeschools.state.co.us

NEW Bullying and Harassment Prevention and Education School Resource Guide

- Download Full Guide Here (October 2011)
- This Colorado School Guide includes resources that may help to address bullying and harassment in schools. Compiled by the Colorado School Safety Resource Center.

NEW Bullying and Harassment Resource Links for Schools

• Created by the Colorado School Safety Resource Center (October 2011). Download here.

Schedule your School Climate Assessement Today!

CSPV is offering its online surveys to schools at no charge this school year. Use these surveys to collect student, staff and parent perspectives on safety, relationships, teaching & learning and the school's physical environment.

Call or email today: 303-492-1032 or safeschools@colorado.edu.