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Eighth bi-annual report.

State Insane Asylum

1883-1884

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EIGHTH BI-ENNIAL REPORT

—OF THE—

Commissioners and Superintendent

—OF THE—

COLORADO

INSANE ASYLUM

To the Governor of Colorado,

FOR THE YEARS 1893-1894.

PUEBLO, COLO.

NOV. 30, 1894.

Chieftain, Printers and Binders, Pueblo.



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EIGHTH BI-ENNIAL REPORT

—OF THE—

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COLORADO

INSANE ASYLUM

To the Governor of Colorado,

FOR THE YEARS 1893-1894.

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OFFICERS.

BOARD OF COMMISSIONERS.

L. E. LEMEN, PRESIDENT.

L. W. WALKER, SECRETARY.

JOSE B. ROMERO.

SUPERINTERDENT, P. R. THOMBS.

SUPERVISOR, T. J. BURROWS.

CLERK, L. B. FURMAN.



Commissioners' Report.

To the Hon. Davis H. Waite, Governor of the State of Colorado ;

SIR :—Under our official duty as defined by law, we herewith submit for your consideration the Eighth Biennial Report of the Colorado State Insane Asylum, the same being for the bi-ennial period ending November 30, 1894. To our report is appended the reports of the Superintendent, Steward and Matron, which set out in detail the work of the Asylum for the years 1893 and 1894, with statements of expenditures and disbursements for its support and maintenance, and its needs for the ensuing two years.

It is with satisfaction that we are able to report that the Institution under our charge has been free from mishaps and disasters of all kinds during the two years, and that the general health of the inmates has been good.

The number of inmates has increased in spite of deaths naturally occurring, and discharge of those recovered. We have made every effort in our power, consistent with the capacity of our buildings and appropriations made by the legislature, to care for all the insane of the State.

At the session of the General Assembly of 1893 an appropriation of \$25,000 was made for the erection of a cottage for males. Immediately after the approval of the bill, we had full, complete and minute plans drawn for the erection of such a building as was required by

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July 27/12

the Act. On May 5th bids were advertised for, and on June 15th from the several bids that were received, those of O. E. Caffery for stone and brick work, Frank Taylor for carpenter work and roofing, F. M. Reese for plastering, T. J. Morgan & Co. for plumbing and iron work, and that of Florman & Co. for painting, were selected as the best and the lowest, and the contracts duly let to them.

The contractors immediately commenced work, and faithfully continued same until there was no money in the treasury to meet the expenses incurred; the Auditor of State having ruled that he could not lawfully issue warrants when there was no money in the treasury wherewith to meet them, the work necessarily came to a standstill for want of funds.

The attention of your Excellency is called to the fact that a point has been reached in regard to the insane of this State when, if the Legislature fails to make provision for their care and support, disastrous results must necessarily ensue.

The attention of your Excellency is also called to the fact that the cost of maintaining and running the Asylum has been considerably reduced during the past year without detriment to its interests, which fact is conclusive as to the careful and economic management of those in charge.

The property of the State here is insured for \$165,000.00; as the policies will all expire December 1st, 1894, we respectfully ask an appropriation of \$5,000.00 to enable us to renew and increase the insurance.

The Board would respectfully call attention to the several recommendations made by the Superintendent, and cordially endorse the same.

In closing this report we deem it proper to say that to the skill and ability displayed by the Physician in

charge in the performance of his duties, and to the efficiency of his subordinates, this Institution owes its usefulness and success.

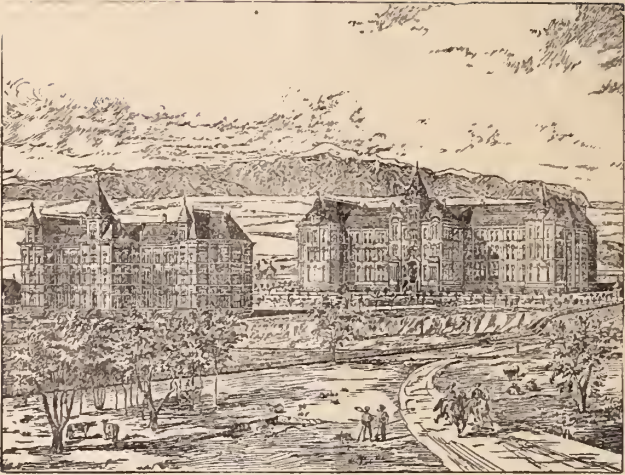
Respectfully submitted,

L. E. LEMEN, *President.*

L. W. WALKER, *Secretary.*

J. B. ROMERO.

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Superintendent's Report.

To the Commissioners of the Colorado State Insane Asylum :

GENTLEMEN:—In compliance with the statutes I have the honor to present herewith the following report of this asylum for the bi-ennial period ending November 30th, 1894, to be transmitted with your report to the General Assembly. The financial statement of expenditures and the medical statistics, as well as the report of the steward, are appended in tabulated form. The more essential points in the statistical tables, together with the requirements, and recommendations for the ensuing two years are summarized as follows :

There were remaining in Asylum at date of last bi-ennial report 194 males and 102 females ; total, 296.

There were admitted during the last two years 206 men and 108 women ; total, 314.

There were treated in the Asylum during the last two years 400 males and 210 females ; total, 610.

There were discharged during the two years, including deaths and elopements, 169 males and 75 females ; total, 244.

There were discharged recovered during the two years 99 males and 42 females ; total, 141.

There were discharged improved during the two years 17 males and 8 females ; total, 25.

There died during the two years 44 males and 25 females ; total, 69.

There eloped during the two years 9 males.

Remaining in Asylum November 30th, 1894, 231 males and 135 females; total, 366.

Capacity of Asylum, 361.

Number of vacancies, none.

Although the mortality has been considerable, the general health has been good; with the exception of a number of cases of grippé during the past winter, which proved fatal in two cases of infirm patients, we have been exempt from epidemic diseases. Nine deaths were due to epilepsy, ten to paralysis, and eight to old age, and the greater part of the remainder to diseases of an incurable nature.

As a great number of our patients have been in the Asylum for years, and are considered incurable: In computing the percentage of recoveries we follow the plan commonly adopted and base the computation on the number of admissions, during the bi-ennial period; on this basis the percentage of recoveries was forty-four and nine-tenths per cent.

There have been no casualties, and it is a matter of congratulation that when there are so many suicidal cases received, none have effected their purpose.

The per diem cost per capita for 1893, exclusive of improvements and repairs, was 45 9-10 cents; inclusive of improvements and repairs it was 49 1-3 cents; and for 1894, exclusive of improvements and repairs, it was 40 cents; inclusive it was 43 2-5 cents.

Our improvements and repairs during the bi-ennial period have amounted to considerable. The minor repairs to the buildings have been continued as required; within doors constant work is demanded through increased wear and tear occasioned by excessive numbers of the insane; the permanent and more important improvements and repairs made have been as follows: A ventilator at the female department, replacing of metal-

lic roof on east wing of male department, the taking up and replacing with new of three hundred feet of old water supply pipe which had rusted out, and putting in two new fire hydrants, and adding twelve hundred feet of rubber hose for use in case of fire.

Repairs on the foundation of the east wing of the mail department, and repairs to and resetting of boilers at male department.

During the two years much work has been done upon the grounds by the voluntary aid of patients, securing to themselves by this means increased physical health and mental improvement, as well as beautifying and protecting the Asylum property and increasing its value; additional ground has been brought under cultivation in this manner, trees have been set and fences repaired, irrigating ditches cleaned and repaired. A large number of patients have found beneficial employment in excavating and grading the grounds. We estimate that over 20,000 yards of earth has been moved by them in grading and in the construction of drives and roadways about the premises.

The new cottage building for males, and for which the General Assembly of 1893 appropriated \$25,000, has not been completed by reason of lack of funds to carry on the work; the building is under roof and remains unfinished. The room it would afford completed, is very much needed. The architect estimates that to complete it will cost \$9,120.00.

In view of the great increase in the number of insane in the State, owing to the shipment of many cases from abroad to Colorado, and to the financial stringency which has spread over the entire country, considerable additions to the present capacity of the Asylum buildings are absolutely necessary. Many insane patients are now confined in jails and almshouses of the various

counties of the State, in most cases in places totally unfit for the purpose, and receiving little or no proper care and treatment. This unfortunate condition of affairs has been commented upon by the press of the State, and discussed at the meetings of the State Board of Charities and Corrections, the management of the Asylum being in some instances unfairly censured because no more patients could be received in buildings already filled to overflowing. Under these circumstances, and in order that adequate accommodations may be furnished to supply the present needs of the institution, I would respectfully recommend that the coming General Assembly be requested to make the following appropriations :

To complete cottage for males.....	\$ 9,120 00
To build a new wing to female department.....	62,700 00
For building boiler house, smoke stack and for one boiler and connections, complete, female department.....	11,300 00
For a new boiler and annex to old boiler house, male department, and raising smoke stack.	4,500 00
Estimate for stable, complete.....	8,700 00

MAINTENANCE.

The financial statement for 1894 is very gratifying, showing a reduction in the per capita cost. Heretofore, in addition to the 1-5 mill tax for maintenance, we have had an appropriation of \$10,000 a year for that purpose. On account of the lack of funds in the treasury we have been deprived of this sum for 1894, and we are in debt that amount for supplies. If this sum is not paid to us, which I am informed it will not be, it will be necessary to have a re-appropriation of a like amount for our indebtedness for 1894, and an appropriation of \$10,000 for 1895 and \$10,000 for 1896, as our numbers will increase as soon as there is additional room; this is, without doubt, a modest sum.

STEAM HEATING.

I desire to remind you of the fact that the necessity for addition to our heating capacity is imperative. In our last biennial report an appropriation for additional room to our boiler house and for a new boiler was asked for, but no appropriation was made. If we are expected to properly care for the unfortunates entrusted to our care, these demands will have to be supplied. A plan for the extension, and an estimate of its cost, has been prepared by the architect, the expense of which appears in our column of wants.

STABLE.

As we have never had an appropriation for a stable, and as the old barn we use is not only badly located but unsightly and unsanitary, and as much additional room is required to accommodate our increased live stock, it will be economy to demolish the old affair and build according to our requirements in the proper location.

FARM AND GARDEN.

The past two years have been unfavorable for crops here. We have suffered from floods and hail both seasons to such a degree as to very materially decrease our usual bountiful supply of vegetables, which has been a great deprivation. The dairy has proved very profitable, the milk furnished having been sufficient for the use of the institution.

In conclusion, I am pleased to express to you my most hearty thanks for the judicious counsel and cordial support I have constantly received from your Board. Also to express to my assistants in the various departments my appreciation for the faithful performance of their duties.

P. R. THOMBS,
Superintendent

GENERAL STATISTICS

1893-1894.

TABLE NO. 1

	Men	Women	Total
Patients in Asylum at date of last report.....	194	102	296
Admitted during the term.....	206	108	314
Whole number treated during the term.....	400	210	610
Discharged during the term as follows :			
Recovered	99	42	141
Improved	17	8	25
Deaths.....	44	25	69
Eloped.....	9		9
	169	75	244
Patients Remaining.....	231	135	366

TABLE NO. 2

Showing assigned cause of insanity in persons admitted during bi-ennial period :

	Men	Women	Total
Adversity in business	5		5
Age and ill health	2	2	4
Apoplexy	1		1
Bereavement		2	2
Congenital defects.....	3	2	5
Choria	1		1
Cerebral embolus.....	2		2
Childbirth		2	2
Domestic trouble	3	8	11
Diabetes	3		3
Desertion		1	1
Deaf mute	1		1
Epilepsy	13	5	18
Excessive smoking	1		1
Exposure	5		5
Fright		1	1
Fever	5	2	7
Heridity	40	27	67
Heart disease	2	3	5
Ill health.....	10	7	17
Injury to head.....	7	1	8
Imprisonment	1		1
Intemperance	42	3	45
La grippe	1	1	2
Lead poisoning.....	2		2
Lactation		1	1
Masturbation.....	4	1	5
Menstrual irregularities.....		5	5
Meningitis	1		1
Menopanse.....		10	10
Nostalgia	3	1	4
Opium habit	4	1	5
Overwork	3		3
Puerperal		7	7
Religious excitement	5	3	8
Spiritualism	2	1	3
Syphilis	20	3	23
Senility	8	3	11
Tuberculosis	1	2	3
Unknown	5	3	8
	206	108	314

TABLE NO. 3

Showing the form of mental disorder in cases admitted during the bi-ennial period :

	Men	Women	Total
Mania, acute	19	12	31
“ sub-acute	31	13	44
“ recurrent	18	8	26
“ chronic	30	15	45
Melancholia, acute	15	10	25
“ sub-acute	18	14	32
“ chronic	12	5	17
Epilepsy	19	8	27
General paralysis	18	3	21
Dementia, primary	3	2	5
“ terminal	14	9	23
Typho mania	3	4	7
Idiocy	6	5	11
	206	108	314

TABLE NO. 4

Showing cause of death of those who died during the bi-ennial period :

	Men	Women	Total
Brights Disease.....	1		1
Cerebral Apoplexy.....	2	1	3
Consumption	1	2	3
Diabetes Mellitus	2		2
Disease of heart, fatty degeneration	1		1
“ “ “ valvular	1	2	3
Epilepsy	6	3	9
Exhaustion of acute mania	1	1	2
“ “ chronic mania	6	3	9
“ “ acute melancholia	1	1	2
“ “ chronic melancholia	3	2	5
“ “ dementia	4	1	5
General Paralysis	7	3	10
Influenza		2	2
Locomotor Ataxia.....	1		1
Organic disease of brain	1		1
Paralysis	1		1
Pneumonia		1	1
Senility	5	3	8
	44	25	69

TABLE NO. 5

Showing occupation of persons admitted during the bi-ennial period :

	Men	Women	Total
Actors.....	1		1
Agents.....	1		1
Butchers.....	3		3
Bartenders.....	4		4
Blacksmiths.....	3		3
Book-keepers.....	5		5
Carpenters.....	4		4
Conductors.....	1		1
Clerks.....	7		7
Cooks.....	1	1	2
Domestics.....		18	18
Dressmakers.....		3	3
Dentists.....	1		1
Druggists.....	1		1
Expressmen.....	1		1
Engineers.....	2		2
Farmers.....	28		28
Glass blowers.....	1		1
House keepers.....		66	66
Hotel keepers.....	2		2
Laborers.....	61		61
Merchants.....	3		3
Milliners.....		2	2
Miners.....	27		27
Musicians.....	2		2
Machinists.....	3		3
Painters.....	3		3
Printers.....	2		2
Physicians.....	1		1
Plasterers.....	1		1
Switchmen.....	3		3
Stockmen.....	9		9
Surveyors.....	1		1
Seamstresses.....		3	3
Servants.....	3		3
Salesmen.....	2		2
Tailors.....	2		2
Teachers.....	1	3	4
Woodworkers.....	1		1
No occupation.....	14	12	26
	206	108	314

TABLE NO. 6

Showing the nativity of persons admitted during the
bi-ennial period :

	Men	Women	Total
Alabama	3	1	4
Arkansas	2	2	4
Colorado	12	6	18
Connecticut	3	2	5
California		1	1
Georgia	4	2	6
Iowa	3	3	6
Illinois	7	6	13
Indiana	4	2	6
Kansas	2	2	4
Kentucky	5	1	6
Louisiana	1		1
Maryland	1		1
Massachusetts	1	2	3
Minnesota	2		2
Michigan	7	1	8
Missouri	13	11	24
Nebraska	1	1	2
New Hampshire	2	1	3
New Jersey	1	1	2
North Carolina		1	1
New York	19	6	25
New Mexico	7	3	10
Ohio	10	9	19
Pennsylvania	9	6	15
Tennessee	2	2	4
Vermont	4		4
Virginia	1	2	3
Wisconsin	2		2
Austria	2	1	3
Bavaria	1		1
Belgium	1		1
Canada	3		3
Denmark	3		3
England	7	5	12
France	1	2	3
Germany	16	7	23
Ireland	14	6	20
Italy	7	2	9
Norway	5	2	7
Poland	4		4
Scotland	3	1	4
Sweden	8	6	14
Switzerland	1	2	3
Wales	2		2
	206	108	314

TABLE NO. 7

Showing residence by counties of cases admitted during the bi-ennial period :

	Men	Women	Total
Arapahoe	55	34	89
Boulder	8	4	12
Bent	2		2
Clear Creek.....	4	1	5
Custer	1		1
Chaffee	3	2	5
Conejos	2	3	5
Costillo	2		2
Cheyenne			
Douglas.....	1		1
Dolores	1		1
El Paso	8	4	12
Eagle	1	1	2
Elbert		1	1
Fremont	7	4	11
Grand	1		1
Garfield.....	3	2	5
Gunnison	4	1	5
Gilpin.....	4	1	5
Hinsdale.....	2		2
Huerfano	9	2	11
Jefferson.....	2	2	4
Kiowa	1		1
Larimer.....	2	5	7
Logan		1	1
Lake	16	5	21
Las Animas	7	9	16
La Plata	5	2	7
Lincoln	3		3
Morgan		1	1
Montrose.....	1		1
Mesa	2		2
Montezuma		1	1
Mineral.....	1		1
Otero	3	1	4
Ouray.....	1		1
Pueblo.....	24	10	34
Pitkin.....	8	3	11
Park	1	1	2
Prowers.....	2		2
Phillips		1	1
Routt.....	2		2
Rio Grande	3	1	4
Rio Blanco.....	1		1
San Miguel	2	1	3
Saguache	3	3	6
Weld	5	1	6
Yuma.....	1		1
	206	108	314

TABLE NO. 8

Showing residence of patients now in Asylum.

	Men	Women	Total
Arapahoe	65	46	111
Archuleta	1	1	2
Bent	1	1	2
Boulder	12	6	18
Clear Creek.....	4	2	6
Chaffee	8	4	12
Conejos		3	3
Costillo	1		1
Cheyenne		1	1
Douglas.....		1	1
Dolores	2		2
El Paso	5	8	13
Elbert		1	1
Eagle			
Fremont	3	3	6
Gilpin.....	8	4	12
Gunnison	7	1	8
Garfield.....	6	1	7
Hinsdale.....	2		2
Huerfano	4	1	5
Jefferson	3	2	5
Kiowa.....	1	1	2
Larimer.....	2	3	5
Logan		1	1
Las Animas	3	9	12
La Plata	4	2	6
Lake.....	19	5	24
Lincoln	1		1
Morgan		1	1
Montrose.....	3		3
Mesa	4		4
Montezuma	1		1
Mineral.....	1		1
Otero	1	1	2
Ouray	3		3
Pitkin.....	4	1	5
Pueblo.....	23	15	38
Park.....	1	2	3
Phillips		3	3
Rio Blanco.....	1		1
Rio Grande	4	1	5
Summit		1	1
Saguache	6	3	9
San Miguel	1	1	2
Weld	6	2	8
Washington	1		1
Yuma.....	3		3
Penitentiary	5		5
	231	135	366

TABLE NO. 9

Showing the ages at the time of admission of the cases during the bi-ennial period :

	Men	Women	Total
Less than fifteen.....	5		5
From fifteen to twenty.....	7	3	10
“ twenty to twenty-five.....	16	10	26
“ twenty-five to thirty.....	19	13	32
“ thirty to thirty-five.....	32	9	41
“ thirty-five to forty.....	41	16	57
“ forty to forty-five.....	30	19	49
“ forty-five to fifty.....	23	15	38
“ fifty to sixty.....	14	13	27
“ sixty to seventy.....	5	4	9
“ seventy to eighty.....	12	5	17
Over eighty.....	2	1	3
	206	108	314

TABLE NO. 10

Showing civil condition of persons admitted during the bi-ennial period :

	Men	Women	Total
Married.....	53	59	112
Single.....	126	28	154
Widows.....		17	17
Widowed.....	15		15
Unkown.....	12	4	16
	206	108	314

ARTICLES MADE IN SEWING ROOM,

1893-1894.

Sheets	1430
Pillow cases.....	720
Towels, Bath.....	150
" Roller	300
" Hand.....	62
" Tea.....	372
Table Cloths.....	52
Napkins.....	66
Bed Spreads	84
Bed Ticks.....	24
Pillow Ticks	30
Dresses	316
Aprons	328
Night Gowns.....	41
Skirts, under.....	210
Chemise	204
Drawers	147
Dress Waists.....	43
Jackets	24
Quilts.....	30
Stockings, knitted (pair)	287

PRODUCTS OF FARM AND GARDEN, 1893.

	lbs.
Onions	10,400
Beets	7,300
Spinach	3,000
Turnips	11,700
Cauliflower	1,500
Peas	2,700
Cabbage.....	20,000
Tomatoes.....	2,000
Beans	3,260
Parsnips.....	8,000
Squash	6,850
Pop Corn.....	1,000
Horse Radish.....	500
Corn fodder.....	20,000
Veal butchered	900
Hogs butchered and pork produced.....	2,600
	doz.
Bunch Onions	500
Asparagus	375
Rhubarb	730
Radishes.....	400
Lettuce	500
Celery	2200
Cucumbers	500
Corn.....	2500
Parsley	200
Eggs produced.....	253
Citron melons.....	900
Water melons.....	600
Cows on hand.....	12
Heifers	2
Bulls.	1
Hogs on hand	7
Pigs " "	14
Shoats on hand.....	11
Chickens on hand	100
" raised.....	150
Turkeys raised.....	15
Horses on hand.....	2
Mules " "	2

PRODUCTS OF FARM AND GARDEN, 1894.

	lbs.
Onions	7,000
Tomatoes.....	400
Turnips	30,000
Spinach	6,000
Carrots	2,500
Cauliflower	800
Cabbage.....	20,000
Beets	30,000
Beans	800
Peas	900
Squash	10,000
Corn fodder.....	30,000
Horse Radish.....	300
Pork and veal produced in year 1894 :	
Pork	5,400
Veal.....	800
	doz.
Asparagus	400
Lettuce	400
Radishes.....	500
Rhubarb	300
Celery	1800
Corn.....	2000
Bunch Onions	800
Eggs produced.....	360
Milk (gals.)	13,140
Cows on hand.....	13
Young Heifers	6
" Bulls	1
One bull 5 years old.	
Hogs on hand	41
8 of which are ready for the slaughter.	
Chickens raised	310
Turkeys raised	125

FINANCIAL STATISTICS

1893-1894.

MAINTENANCE FUND, 1893.

	Total	Per Capita
Table	\$10,490.12	\$ 61.48
Wages	10,034.00	31.34
Salaries	6,510.00	20.57
Improvements and repairs	3,836.93	12.10
Fuel	3,153.47	9.95
Clothing	3,680.67	11.30
Stable, farm and garden	2,086.78	6.58
Kitchen and laundry	2,099.43	6.62
Light	1,093.20	3.45
Bedding	1,274.09	4.02
Medical supplies	830.80	2.62
Water	800.00	2.20
Contingent	858.20	2.70
Furniture and fixtures	1,036.30	3.27
Telephone	80.00	
Mechanical means of restraint	68.00	
Totals	\$56,932.89	\$ 176.44
Exc. Imp. and Rep.	53,095.96	167.49
Sundries	\$56,932.89	
To Auditor of State		\$56,739.89
To paying patients		193.00
	\$56,932.89	\$56,932.89

MAINTENANCE FUND, 1894.

	Total	Per Capita
Table	\$19,651.73	\$ 55.35
Wages	10,421.98	29.36
Salaries	6,500.00	18.32
Improvements and repairs	4,129.97	11.63
Fuel	3,435.52	9.67
Clothing	3,101.12	8.73
Stable, farm and garden	1,994.97	5.62
Kitchen and laundry	1,831.60	5.16
Light	1,317.65	3.72
Bedding	1,219.37	3.43
Medical supplies	846.00	2.38
Water	600.00	1.69
Contigent	574.87	1.62
Furniture and fixtures	489.15	1.38
Telephone	80.00	.23
Totals	\$56,193.93	\$ 158.29
Exc. Imp. and Rep.....	52,063.06	146.66
Sundries	\$56,193.93	
To Auditor of State.....		\$55,977.93
To paying patients.....		216.00
	\$56,193.93	\$56,193.93

COTTAGE BUILDING FUND STATEMENT.

Sundries		
To Auditor of State.....		\$21,210
Masonry	\$11,097	
Carpentering	6,400	
Cornice work.....	1,325	
Plastering	682	
Window guards and locks, etc.....	525	
Cement work.....	69	
Architect and engineer	1,112	
	\$21,210	\$21,210

GAYLORD BROS.
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