

2023 Colorado Behavioral Risk Factor Surveillance System (BRFSS)	
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<small>Adults ages 18 and older (unless otherwise noted)</small>	
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**Colorado Department of Public Health and Environment, Health Statistics and Evaluation Branch
Colorado Behavioral Risk Factor Surveillance System, 2023**

Alcohol Consumption

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Table of HEAVY ALCOHOL CONSUMPTION

HEAVY ALCOHOL CONSUMPTION	Frequency	Percent	Confidence	Confidence
Yes	562	6.7272	6.0661	7.3883
No	7592	93.2728	92.6117	93.9339
Total	8154	100		

Frequency Missing = 629

Table of BINGE DRINKING

BINGE DRINKING	Frequency	Percent	Confidence	Confidence
Yes	1359	17.9902	16.9399	19.0406
No	6791	82.0098	80.9594	83.0601
Total	8150	100		

Frequency Missing = 633

Heavy drinking defined as 15+ drinks for males and 8+ drinks for females per week

Binge drinking defined as 5+ drinks for males and 4+ drinks for females on an occasion

[Accessibility statement and support: https://cdphe.colorado.gov/accessibility](https://cdphe.colorado.gov/accessibility)

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Cholesterol Awareness

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Table of CHOLESTEROL CHECKED IN PAST 5 YEARS

YEARS	Frequency	Percent	Confidence	Confidence
Yes	7333	86.0332	84.9835	87.0829
No	916	13.9668	12.9171	15.0165
Total	8249	100		

Frequency Missing = 534

Table of EVER TOLD BLOOD CHOLESTEROL HIGH

HIGH	Frequency	Percent	Confidence	Confidence
Yes	2741	32.492	31.1917	33.7922
No	4869	67.508	66.2078	68.8083
Total	7610	100		

Frequency Missing = 1173

Table of CURRENTLY TAKING MEDICINE FOR HIGH CHOLESTEROL

HIGH CHOLESTEROL	Frequency	Percent	Confidence	Confidence
Yes	1797	19.681	18.6032	20.7589
No	5849	80.319	79.2411	81.3968
Total	7646	100		

Frequency Missing = 1137

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Chronic Health Conditions

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Table of EVER DIAGNOSED WITH HEART ATTACK

ATTACK	Frequency	Percent	Confidence	Confidence
Yes	337	2.8659	2.4779	3.254
No	8414	97.1341	96.746	97.5221
Total	8751	100		

Frequency Missing = 32

Table of EVER DIAGNOSED WITH ANGINA OR CORONARY HEART DISEASE

CORONARY HEART DISEASE	Frequency	Percent	Confidence	Confidence
Yes	341	3.1449	2.7213	3.5686
No	8388	96.8551	96.4314	97.2787
Total	8729	100		

Frequency Missing = 54

Table of EVER DIAGNOSED WITH A STROKE

EVER DIAGNOSED WITH A STROKE	Frequency	Percent	Confidence	Confidence
Yes	265	2.5252	2.1162	2.9343
No	8491	97.4748	97.0657	97.8838
Total	8756	100		

Frequency Missing = 27

Table of EVER TOLD HAVE DIABETES

EVER TOLD HAVE DIABETES	Frequency	Percent	Confidence	Confidence
Yes	817	8.6162	7.8641	9.3683
No	7955	91.3838	90.6317	92.1359
Total	8772	100		

Frequency Missing = 11

Table of AGE TOLD HAVE DIABETES

AGE TOLD HAVE DIABETES	Frequency	Percent	Confidence	Confidence
17 years or younger	30	4.5903	2.5512	6.6295
18 to 44 years	224	29.9172	25.7436	34.0909
45 to 54 years	225	28.695	24.597	32.793
55 to 64 years	164	18.6397	15.2151	22.0642
65 years or older	132	12.2796	9.845	14.7142
Don't know/Not sure	37	5.8782	3.2032	8.5532
Total	812	100		

Frequency Missing = 7971

Table of (EVER TOLD) (YOU HAD) SKIN CANCER THAT IS NOT MELANOMA?

(EVER TOLD) (YOU HAD) SKIN CANCER THAT IS NOT MELANOMA?	Frequency	Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval
Yes	758	6.3553	5.7795	6.9311
No	7956	93.6447	93.0689	94.2205
Total	8714	100		

Frequency Missing = 69

Table of (EVER TOLD) (YOU HAD) MELANOMA OR ANY OTHER TYPES OF CANCER?

(EVER TOLD) (YOU HAD) MELANOMA OR ANY OTHER TYPES OF CANCER?	Frequency	Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval
Yes	940	8.057	7.4054	8.7085
No	7788	91.943	91.2915	92.5946
Total	8728	100		

Frequency Missing = 55

Table of TOLD HAVE ARTHRITIS

TOLD HAVE ARTHRITIS	Frequency	Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval
Yes	2396	22.4697	21.4221	23.5172
No	6349	77.5303	76.4828	78.5779
Total	8745	100		

Frequency Missing = 38

Table of EVER TOLD YOU HAVE KIDNEY DISEASE?

EVER TOLD YOU HAVE KIDNEY DISEASE?	Frequency	Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval
Yes	337	3.3907	2.9067	3.8747
No	8413	96.6093	96.1253	97.0933
Total	8750	100		

Frequency Missing = 33

Table of EVER TOLD YOU HAD C.O.P.D. EMPHYSEMA OR CHRONIC BRONCHITIS?

EVER TOLD YOU HAD C.O.P.D. EMPHYSEMA OR CHRONIC BRONCHITIS?	Frequency	Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval
Yes	494	4.6582	4.1262	5.1902
No	8262	95.3418	94.8098	95.8738
Total	8756	100		

Frequency Missing = 27

Table of EVER TOLD HAD ASTHMA

EVER TOLD HAD ASTHMA	Frequency	Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval
Yes	1432	16.9205	15.9085	17.9325

No	7334	83.0795	82.0675	84.0915
Total	8766	100		

Frequency Missing = 17

Table of CURRENT ASTHMA

CURRENT ASTHMA	Frequency	Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval
Yes	955	11.265	10.397	12.1329
No	7758	88.735	87.8671	89.603
Total	8713	100		

Frequency Missing = 70

Table of (EVER TOLD) YOU HAD A DEPRESSIVE DISORDER

(EVER TOLD) YOU HAD A DEPRESSIVE DISORDER	Frequency	Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval
Yes	1856	21.4466	20.3515	22.5416
No	6871	78.5534	77.4584	79.6485
Total	8727	100		

Frequency Missing = 56

[Accessibility statement and support: https://cdphe.colorado.gov/accessibility](https://cdphe.colorado.gov/accessibility)

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 Colorado Behavioral Risk Factor Surveillance System, 2023

Health Care Access

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Table of HAVE ANY HEALTH INSURANCE

HAVE ANY HEALTH INSURANCE	Frequency	Percent	Confidence	Confidence
Yes	7733	90.8229	90.0394	91.6064
No	686	9.1771	8.3936	9.9606
Total	8419	100		

Frequency Missing = 364

Table of RESPONDENTS AGED 18-64 WITH HEALTH INSURANCE

HEALTH INSURANCE	Frequency	Percent	Confidence	Confidence
Yes	5071	88.3721	87.3757	89.3685
No	654	11.6279	10.6315	12.6243
Total	5725	100		

Frequency Missing = 3058

Table of WHAT IS CURRENT PRIMARY SOURCE OF HEALTH INSURANCE?

OF HEALTH INSURANCE?	Frequency	Percent	Confidence	Confidence
employer or union	3267	42.0787	40.7613	43.3961
you or another family member buys	718	9.3391	8.5054	10.1728
Medicare	2157	18.5105	17.564	19.457
Medigap	8	0.0784	0.011	0.1457
Medicaid	859	11.9012	10.939	12.8633
(CHIP)	2	0.0325	0	0.0775
(CHAMPUS) / VA health care /	364	4.5754	4.0095	5.1412
Indian Health Service	3	0.0367	0	0.086
State sponsored health plan	164	1.883	1.5232	2.2427
Other government program	191	2.3875	1.9672	2.8078
No coverage of any type	686	9.1771	8.3936	9.9606
Total	8419	100		

Frequency Missing = 364

Table of HAVE 1+ REGULAR HEALTH CARE PROVIDERS

PROVIDERS	Frequency	Percent	Confidence	Confidence
Yes	7264	81.0247	79.9281	82.1213
No	1430	18.9753	17.8787	20.0719
Total	8694	100		

Frequency Missing = 89

Table of COULD NOT AFFORD TO SEE DOCTOR

COULD NOT AFFORD TO SEE DOCTOR	Frequency	Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval

Yes	919	12.0626	11.1608	12.9644
No	7825	87.9374	87.0356	88.8392
Total	8744	100		

Frequency Missing = 39

Table of HAD ROUTINE CHECKUP WITHIN PAST YEAR

HAD ROUTINE CHECKUP WITHIN PAST YEAR	Frequency	Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval
Yes	6493	72.3243	71.1035	73.5451
No	2174	27.6757	26.4549	28.8965
Total	8667	100		

Frequency Missing = 116

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 Health Status
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Table of ADULTS WITH GOOD OR BETTER HEALTH

HEALTH	Frequency	Percent	Confidence	Confidence
Good or better	7421	84.7956	83.8159	85.7753
Fair or poor	1333	15.2044	14.2247	16.1841
Total	8754	100		

Frequency Missing = 29

Table of NUMBER OF DAYS MENTAL HEALTH NOT GOOD IN PAST 30 DAYS

NOT GOOD IN PAST 30 DAYS	Frequency	Percent	Confidence	Confidence
0 days	4682	51.6561	50.3163	52.9959
1-7 days	2280	26.8032	25.6199	27.9866
8-13 days	463	6.0327	5.3459	6.7195
14+ days	1219	15.5079	14.5177	16.4982
Total	8644	100		

Frequency Missing = 139

Table of NUMBER OF DAYS PHYSICAL HEALTH NOT GOOD IN PAST 30 DAYS

NOT GOOD IN PAST 30 DAYS	Frequency	Percent	Confidence	Confidence
0 days	5161	59.919	58.5971	61.241
1-7 days	2085	24.5775	23.4297	25.7254
8-13 days	293	3.6382	3.1052	4.1713
14+ days	1053	11.8652	10.9535	12.7769
Total	8592	100		

Frequency Missing = 191

Table of NUMBER OF DAYS WITH ACTIVITY LIMITATIONS IN PAST 30 DAYS DUE TO POOR MENTAL OR PHYSICAL HEALTH

LIMITATIONS IN PAST 30 DAYS DUE	Frequency	Percent	Confidence	Confidence
0 days	6016	68.7296	67.4883	69.9709
1-7 days	1547	18.1914	17.1561	19.2267
8-13 days	290	3.3723	2.8991	3.8455
14+ days	837	9.7067	8.906	10.5075
Total	8690	100		

Frequency Missing = 93

Table of CALCULATED DISABILITY STATUS

CALCULATED DISABILITY STATUS	Frequency	Percent	Confidence	Confidence
Yes	2308	26.8654	25.6482	28.0826
No	6046	73.1346	71.9174	74.3518
Total	8354	100		

Frequency Missing = 429

Disability status includes cognitive, mobility, vision, hearing, self-care, or independent living difficulties
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Colorado Behavioral Risk Factor Surveillance System, 2023

Hypertension Awareness

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Table of EVER TOLD BLOOD PRESSURE HIGH

EVER TOLD BLOOD PRESSURE HIGH	Frequency	Percent	Confidence	Confidence
Yes	2720	27.3367	26.1869	28.4865
No	6024	72.6633	71.5135	73.8131
Total	8744	100		

Frequency Missing = 39

Table of CURRENTLY TAKING PRESCRIPTION BLOOD PRESSURE MEDICATION

BLOOD PRESSURE MEDICATION	Frequency	Percent	Confidence	Confidence
Yes	1981	69.0916	66.8085	71.3747
No	729	30.9084	28.6253	33.1915
Total	2710	100		

Frequency Missing = 6073

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Immunization

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Table of ADULT FLU SHOT/SPRAY PAST 12 MOS

MOS	Frequency	Percent	Confidence	Confidence
Yes	4208	47.6348	46.2756	48.994
No	3961	52.3652	51.006	53.7244
Total	8169	100		

Frequency Missing = 614

Table of PNEUMONIA SHOT EVER

PNEUMONIA SHOT EVER	Frequency	Percent	Confidence	Confidence
Yes	3022	36.729	35.34	38.118
No	4246	63.271	61.882	64.66
Total	7268	100		

Frequency Missing = 1515

Table of HAVE YOU EVER HAD THE SHINGLES OR ZOSTER VACCINE?

OR ZOSTER VACCINE?	Frequency	Percent	Confidence	Confidence
Yes	2465	52.9219	51.0158	54.8281
No	1984	47.0781	45.1719	48.9842
Total	4449	100		

Frequency Missing = 4334

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Colorado Department of Public Health and Environment, Health Statistics and Evaluation Branch
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Injury Control

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Table of ALWAYS WEAR SEAT BELTS

ALWAYS WEAR SEAT BELTS	Frequency	Percent	Confidence	Confidence
Yes	7243	86.8968	85.8969	87.8966
No	943	13.1032	12.1034	14.1031
Total	8186	100		

Frequency Missing = 597

Table of ADULTS AGED 65+ WHO FELL 1+ TIMES IN PAST 12 MONTHS

TIMES IN PAST 12 MONTHS	Frequency	Percent	Confidence	Confidence
Yes	776	29.5503	27.2138	31.8868
No	1759	70.4497	68.1132	72.7862
Total	2535	100		

Frequency Missing = 6248

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 Marijuana use
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Table of USED MARIJUANA ON 1+ DAYS IN PAST 30 DAYS

PAST 30 DAYS	Frequency	Percent	Confidence	Confidence
Yes	1400	19.6915	18.5469	20.8362
No	6118	80.3085	79.1638	81.4531
Total	7518	100		

Frequency Missing = 1265

Table of THINKS ADULTS WHO USE MARIJUANA DAILY/NEAR DAILY HAVE MODERATE/GREAT RISK OF HARMING THEMSELVES

MARIJUANA DAILY/NEAR DAILY HAVE	Frequency	Percent	Confidence	Confidence
Moderate/Great risk	3305	49.0395	47.512	50.5669
Slight/No risk	3347	50.9605	49.4331	52.488
Total	6652	100		

Frequency Missing = 2131

Table of DAYS USED MARIJUANA (AMONG PAST 30 DAY USERS)

PAST 30 DAY USERS)	Frequency	Percent	Confidence	Confidence
Monthly (1-3 days)	325	21.6711	19.1667	24.1755
Weekly (4-19 days)	413	29.5615	26.6194	32.5036
Daily/near daily (20-30 days)	662	48.7674	45.5404	51.9944
Total	1400	100		

Frequency Missing = 7383

Table of USED MARIJUANA IN PAST 30 DAYS AND SMOKED IT

AND SMOKED IT	Frequency	Percent	Confidence	Confidence
Yes	934	67.8427	64.9029	70.7825
No	466	32.1573	29.2175	35.0971
Total	1400	100		

Frequency Missing = 7383

Table of USED MARIJUANA IN PAST 30 DAYS AND ATE IT

AND ATE IT	Frequency	Percent	Confidence	Confidence
Yes	704	48.976	45.756	52.196
No	696	51.024	47.804	54.244
Total	1400	100		

Frequency Missing = 7383

Table of USED MARIJUANA IN PAST 30 DAYS AND DRANK IT

USED MARIJUANA IN PAST 30 DAYS AND DRANK IT	Frequency	Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval
Yes	78	6.1968	4.5213	7.8723
No	1322	93.8032	92.1277	95.4787
Total	1400	100		

Frequency Missing = 7383

Table of USED MARIJUANA IN PAST 30 DAYS AND VAPORIZED IT

USED MARIJUANA IN PAST 30 DAYS AND VAPORIZED IT	Frequency	Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval
Yes	370	28.4471	25.5203	31.3738
No	1030	71.5529	68.6262	74.4797
Total	1400	100		

Frequency Missing = 7383

Table of USED MARIJUANA PAST 30 DAYS AND DABBED IT

USED MARIJUANA PAST 30 DAYS AND DABBED IT	Frequency	Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval
Yes	185	16.2426	13.7365	18.7487
No	1215	83.7574	81.2513	86.2635
Total	1400	100		

Frequency Missing = 7383

Table of USED MARIJUANA PAST 30 DAYS AND USED IT IN SOME OTHER WAY

USED MARIJUANA PAST 30 DAYS AND USED IT IN SOME OTHER WAY	Frequency	Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval
Yes	58	5.0661	3.5566	6.5755
No	1342	94.9339	93.4245	96.4434
Total	1400	100		

Frequency Missing = 7383

Table of DROVE AFTER USING MARIJUANA 1+ TIMES IN PAST 30 DAYS

DROVE AFTER USING MARIJUANA 1+ TIMES IN PAST 30 DAYS	Frequency	Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval
Yes	234	18.4171	15.8082	21.026
No	1140	81.5829	78.974	84.1918
Total	1374	100		

Frequency Missing = 7409

Table of REASON FOR CURRENT MARIJUANA USE

REASON FOR CURRENT MARIJUANA USE	Frequency	Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval
For medical reasons (like to treat or decrease symptoms of a health condition)	312	21.1742	18.4957	23.8526
For non-medical reasons (like to have fun or fit in)	592	42.589	39.421	45.757
For both medical and non-medical reasons	479	36.2368	33.0671	39.4066
Total	1383	100		

Frequency Missing = 7400

Accessibility statement and support: <https://cdphe.colorado.gov/accessibility>

Colorado Department of Public Health and Environment, Health Statistics and Evaluation Branch
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Physical Activity

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Table of EXERCISE IN PAST 30 DAYS

EXERCISE IN PAST 30 DAYS	Frequency	Percent	Confidence	Confidence
Yes	7246	82.5215	81.5037	83.5393
No	1510	17.4785	16.4607	18.4963
Total	8756	100		

Frequency Missing = 27

Table of MET AEROBIC PHYSICAL ACTIVITY RECOMMENDATIONS

RECOMMENDATIONS	Frequency	Percent	Confidence	Confidence
Yes	5284	67.0445	65.7003	68.3887
No	2397	32.9555	31.6113	34.2997
Total	7681	100		

Frequency Missing = 1102

Current recommendations are 150+ minutes of moderate intensity (or 75+ minutes of vigorous intensity) aerobic physical activity per week

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Colorado Department of Public Health and Environment, Health Statistics and Evaluation Branch
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Tobacco Use

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Table of CURRENT SMOKING

CURRENT SMOKING	Frequency	Percent	Confidence	Confidence
Yes	793	10.1728	9.3074	11.0383
No	7545	89.8272	88.9617	90.6926
Total	8338	100		

Frequency Missing = 445

Table of CIGARETTE SMOKERS AND FORMER SMOKERS ABSTINENT <365 DAYS WHO QUIT SMOKING FOR 1+ DAYS IN PAST 12 MONTHS

SMOKERS ABSTINENT <365 DAYS	Frequency	Percent	Confidence	Confidence
Yes	634	64.5482	60.6688	68.4276
No	339	35.4518	31.5724	39.3312
Total	973	100		

Frequency Missing = 7810

Table of CURRENT SMOKELESS TOBACCO USE

CURRENT SMOKELESS TOBACCO USE	Frequency	Percent	Confidence	Confidence
Yes	247	3.2071	2.7263	3.6879
No	8119	96.7929	96.3121	97.2737
Total	8366	100		

Frequency Missing = 417

Table of EVER USED ELECTRONIC VAPING PRODUCT

EVER USED ELECTRONIC VAPING PROD	Frequency	Percent	Confidence	Confidence
Yes	2115	28.8437	27.577	30.1104
No	6214	71.1563	69.8896	72.423
Total	8329	100		

Frequency Missing = 454

Table of CURRENT ELECTRONIC VAPOR PRODUCT USE

PRODUCT USE	Frequency	Percent	Confidence	Confidence
Yes	569	8.2782	7.4951	9.0614
No	7760	91.7218	90.9386	92.5049
Total	8329	100		

Frequency Missing = 454

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Weight Status

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Table of COMPUTED BODY MASS INDEX CATEGORIES

CATEGORIES	Frequency	Percent	Confidence	Confidence
Underweight	176	2.6851	2.1397	3.2305
Healthy weight	2965	37.4875	36.1301	38.8448
Overweight	2822	34.9765	33.6771	36.276
Obese	1995	24.8509	23.6529	26.0488
Total	7958	100		

Frequency Missing = 825

Table of OVERWEIGHT OR OBESE

OVERWEIGHT OR OBESE	Frequency	Percent	Confidence	Confidence
Yes	4817	59.8274	58.4488	61.2061
No	3141	40.1726	38.7939	41.5512
Total	7958	100		

Frequency Missing = 825

[Accessibility statement and support: https://cdphe.colorado.gov/accessibility](https://cdphe.colorado.gov/accessibility)

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 Colorado Behavioral Risk Factor Surveillance System, 2023

Active Transportation

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Table of WALK OR BIKE FROM PLACE TO PLACE IN A TYPICAL WEEK

PLACE IN A TYPICAL WEEK	Frequency	Percent	Confidence	Confidence
Yes	2456	33.4767	32.0872	34.8662
No	4752	66.5233	65.1338	67.9128
Total	7208	100		

Frequency Missing = 1575

Table of DAYS WALK OR BIKE AT LEAST 30 MINUTES PER WEEK

MINUTES PER WEEK	Frequency	Percent	Confidence	Confidence
1 day per week	203	8.3949	7.022	9.7677
2 days per week	320	13.1331	11.4554	14.8108
3 days per week	396	16.7316	14.8349	18.6284
4 days per week	266	11.5778	9.8743	13.2813
5 days per week	431	18.4311	16.539	20.3231
6 days per week	157	6.1361	4.9226	7.3497
7 days per week	669	25.5954	23.4881	27.7026
Total	2442	100		

Frequency Missing = 6341

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Cardiac Rehabilitation

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Table of EVER REFERRED TO OUTPATIENT CARDIAC REHAB FOLLOWING HEART ATTACK

CARDIAC REHAB FOLLOWING HEART	Frequency	Percent	Confidence	Confidence
Yes	76	55.6378	45.236	66.0396
No	71	44.3622	33.9604	54.764
Total	147	100		

Frequency Missing = 3974

Table of COMPLETED CARDIAC REHAB PROGRAM

PROGRAM	Frequency	Percent	Confidence	Confidence
Yes, I completed the program	58	74.8918	62.2107	87.573
Yes, I'm currently in a program	7	13.1507	1.5251	24.7764
No, I was only able to attend part of it	5	6.5129	1.1319	11.894
No, I was unable to attend any of it	5	5.4445	0	10.9845
Total	75	100		

Frequency Missing = 4046

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Colorado Department of Public Health and Environment, Health Statistics and Evaluation Branch
 Colorado Behavioral Risk Factor Surveillance System, 2023
 Cognitive Decline (adults ages 45 and older)
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Table of HAVE YOU EXPERIENCED DIFFICULTIES WITH THINKING OR MEMORY THAT IS HAPPENING MORE OFTEN OR IS GETTING

DIFFICULTIES WITH THINKING OR	Frequency	Percent	Confidence	Confidence
Yes	435	16.7156	14.9379	18.4933
No	1994	83.2844	81.5067	85.0621
Total	2429	100		

Frequency Missing = 1651

Table of GIVEN UP DAY-TO-DAY CHORES DUE TO DIFFICULTIES WITH THINKING OR MEMORY

TO DIFFICULTIES WITH THINKING OR	Frequency	Percent	Confidence	Confidence
Yes	149	35.2157	29.8014	40.63
No	284	64.7843	59.37	70.1986
Total	433	100		

Frequency Missing = 3647

Table of DOES DIFFICULTIES WITH THINKING OR MEMORY INTERFERE WITH WORK OR SOCIAL ACTIVITIES

OR MEMORY INTERFERE WITH WORK	Frequency	Percent	Confidence	Confidence
Yes	81	19.8116	15.2419	24.3814
No	351	80.1884	75.6186	84.7581
Total	432	100		

Frequency Missing = 3648

Table of HAVE YOU DISCUSSED YOUR DIFFICULTIES WITH THINKING WITH A HEALTH CARE PROVIDER?

DIFFICULTIES WITH THINKING WITH A	Frequency	Percent	Confidence	Confidence
Yes	215	51.3679	45.7881	56.9477
No	218	48.6321	43.0523	54.2119
Total	433	100		

Frequency Missing = 3647

Table of ARE YOU WORRIED ABOUT THESE DIFFICULTIES WITH THINKING OR MEMORY?

DIFFICULTIES WITH THINKING OR	Frequency	Percent	Confidence	Confidence
Yes	237	54.8336	49.2762	60.3911
No	192	45.1664	39.6089	50.7238
Total	429	100		

Frequency Missing = 3651

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Colorado Department of Public Health and Environment, Health Statistics and Evaluation Branch
 Colorado Behavioral Risk Factor Surveillance System, 2023
 Actionas to Control High Blood Pressure
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Table of A HEALTHCARE PROFESSIONAL RECOMMENDED YOU CHECK YOUR BP AT HOME OR OUTSIDE OF THE DR.'S OFFICE

RECOMMENDED YOU CHECK YOUR BP	Frequency	Percent	Confidence	Confidence
Yes	668	55.6722	52.053	59.2914
No	521	44.3278	40.7086	47.947
Total	1189	100		

Frequency Missing = 2932

Table of YOU REGULARLY CHECK YOUR BP AT HOME OR OUTSIDE OF THE DR.'S OFFICE

HOME OR OUTSIDE OF THE DR.'S	Frequency	Percent	Confidence	Confidence
Yes	587	47.7115	44.0848	51.3381
No	601	52.2885	48.6619	55.9152
Total	1188	100		

Frequency Missing = 2933

Table of TAKE BP AT HOME OR AT PHARMACY/GROCERY/SIMILAR LOCATION

PHARMACY/GROCERY/SIMILAR	Frequency	Percent	Confidence	Confidence
At home	563	94.5135	91.6202	97.4067
On a machine at a pharmacy, grocery c	19	4.6856	1.9391	7.4321
Do not check it	3	0.8009	0	1.8004
Total	585	100		

Frequency Missing = 3536

Table of HOW YOU TELL YOUR HEALTHCARE PROFESSIONAL WHAT YOUR BP NUMBERS ARE

PROFESSIONAL WHAT YOUR BP	Frequency	Percent	Confidence	Confidence
Telephone	40	6.6337	4.274	8.9935
or fax)	114	19.4205	15.2084	23.6326
In person	393	68.6537	63.8551	73.4523
Do not share info	33	5.2921	2.9784	7.6057
Total	580	100		

Frequency Missing = 3541

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Colorado Department of Public Health and Environment, Health Statistics and Evaluation Branch
Colorado Behavioral Risk Factor Surveillance System, 2023

Diabetes Management

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Table of HOW LONG AGO YOU TOOK A COURSE ON HOW TO MANAGE DIABETES

HOW LONG AGO YOU TOOK A COURSE	Frequency	Percent	Confidence	Confidence
Within the past year	96	12.182	9.1978	15.1662
Between 1-3 years ago	58	8.1147	5.6228	10.6065
3+ years ago	310	43.7932	39.2237	48.3627
Never	295	35.9102	31.5147	40.3057
Total	759	100		

Frequency Missing = 8024

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Colorado Department of Public Health and Environment, Health Statistics and Evaluation Branch
 Colorado Behavioral Risk Factor Surveillance System, 2023
 Family Planning
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Table of SEXUALLY ACTIVE (ages 18-44)

SEXUALLY ACTIVE (ages 18-44)	Frequency	Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval
Yes	1956	80.2459	78.3414	82.1504
No	477	19.7541	17.8496	21.6586
Total	2433	100		

Frequency Missing = 6350

Table of SEXUALLY ACTIVE AND USING AN EFFECTIVE BIRTH CONTROL METHOD TO PREVENT PREGNANCY (ages 18-44)

SEXUALLY ACTIVE AND USING AN EFFECTIVE BIRTH CONTROL METHOD TO PREVENT PREGNANCY (ages 18-44)	Frequency	Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval
Yes	1024	58.6419	55.9289	61.3549
No	710	41.3581	38.6451	44.0711
Total	1734	100		

Frequency Missing = 7049

Table of CALCULATED SEX VARIABLE by SEXUALLY ACTIVE AND USING AN EFFECTIVE BIRTH CONTROL METHOD TO PREVENT PREGNANCY (ages 18-44)

CALCULATED SEX VARIABLE	SEXUALLY ACTIVE AND USING AN EFFECTIVE BIRTH CONTROL METHOD TO PREVENT PREGNANCY (ages 18-44)	Frequency	Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval	Row Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval
Male	Yes	429	23.856	21.5352	26.1769	51.9119	47.8743	55.9496
	No	388	22.0988	19.8009	24.3967	48.0881	44.0504	52.1257
	Total	817	45.9548	43.2044	48.7053	100		
Female	Yes	595	34.7859	32.1566	37.4151	64.3645	60.728	68.001
	No	322	19.2593	17.0526	21.466	35.6355	31.999	39.272
	Total	917	54.0452	51.2947	56.7956	100		
Total	Yes	1024	58.6419	55.9289	61.3549			
	No	710	41.3581	38.6451	44.0711			
	Total	1734	100					

Frequency Missing = 7049

Table of BIRTH CONTROL METHOD AMONG SEXUALLY ACTIVE CONTRACEPTING ADULTS (ages 18-44)

BIRTH CONTROL METHOD AMONG SEXUALLY ACTIVE CONTRACEPTING ADULTS (ages 18-44)	Frequency	Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval
Sterilization	395	28.3774	25.6075	31.1473
Pill, patch, ring, shot	246	19.4309	16.8738	21.9879
LARC	383	29.2554	26.3768	32.1339
Condoms	200	16.0547	13.6967	18.4127
Less effective methods	96	6.8817	5.4006	8.3628
Total	1320	100		

Frequency Missing = 7463

Table of CALCULATED SEX VARIABLE by BIRTH CONTROL METHOD AMONG SEXUALLY ACTIVE CONTRACEPTING ADULTS (ages 18-44)

CALCULATED SEX VARIABLE	BIRTH CONTROL METHOD AMONG SEXUALLY ACTIVE CONTRACEPTING ADULTS (ages 18-44)	Frequency	Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval	Row Percent	Lower 95% Confidence Interval	Upper 95% Confidence Interval
Male	Sterilization	160	11.374	9.432	13.3161	26.3603	22.2596	30.4611
	Pill, patch, ring, shot	118	8.7157	6.9945	10.4369	20.1994	16.47	23.9288
	LARC	151	11.2604	9.2399	13.2808	26.0969	21.868	30.3258
	Condoms	116	8.9727	7.1971	10.7484	20.7951	16.9652	24.6249
	Less effective methods	42	2.8255	1.8813	3.7696	6.5482	4.3942	8.7023
	Total	587	43.1483	40.048	46.2486	100		
Female	Sterilization	235	17.0033	14.7237	19.283	29.9082	26.1651	33.6514
	Pill, patch, ring, shot	128	10.7151	8.6177	12.8126	18.8475	15.3559	22.3391
	LARC	232	17.995	15.568	20.422	31.6525	27.7364	35.5686
	Condoms	84	7.082	5.3568	8.8072	12.457	9.5193	15.3947
	Less effective methods	54	4.0562	2.8892	5.2232	7.1347	5.1087	9.1607
	Total	733	56.8517	53.7514	59.952	100		
Total	Sterilization	395	28.3774	25.6075	31.1473			
	Pill, patch, ring, shot	246	19.4309	16.8738	21.9879			
	LARC	383	29.2554	26.3768	32.1339			
	Condoms	200	16.0547	13.6967	18.4127			
	Less effective methods	96	6.8817	5.4006	8.3628			
	Total	1320	100					

Frequency Missing = 7463

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Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch
 Colorado Behavioral Risk Factor Surveillance System, 2023

Firearm Safety

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Table of ANY FIREARMS NOW KEPT IN OR AROUND YOUR HOME

AROUND YOUR HOME	Frequency	Percent	Confidence	Confidence
Yes	2488	36.6184	35.1833	38.0535
No	4475	63.3816	61.9465	64.8167
Total	6963	100		

Frequency Missing = 1820

Table of ANY OF THE FIREARMS KEPT IN OR AROUND YOUR HOME ARE NOW LOADED

AROUND YOUR HOME ARE NOW	Frequency	Percent	Confidence	Confidence
Yes	645	27.2007	24.9762	29.4252
No	1764	72.7993	70.5748	75.0238
Total	2409	100		

Frequency Missing = 6374

Table of ANY OF THE FIREARMS KEPT IN OR AROUND YOUR HOME ARE NOW LOADED AND UNLOCKED

AROUND YOUR HOME ARE NOW	Frequency	Percent	Confidence	Confidence
Yes	345	53.5896	48.7786	58.4006
No	288	46.4104	41.5994	51.2214
Total	633	100		

Frequency Missing = 8150

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Colorado Department of Public Health and Environment, Health Statistics and Evaluation Branch
Colorado Behavioral Risk Factor Surveillance System, 2023

Housing and Nutrition Insecurity

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Table of ALWAYS/USUALLY/SOMETIMES WORRY ABOUT AFFORDING RENT/MORTGAGE

WORRY ABOUT AFFORDING	Frequency	Percent	Confidence	Confidence
Yes	1919	28.6213	27.2507	29.9919
No	5273	71.3787	70.0081	72.7493
Total	7192	100		

Frequency Missing = 1591

Table of ALWAYS/USUALLY/SOMETIMES WORRY ABOUT AFFORDING NUTRITIOUS MEALS

WORRY ABOUT AFFORDING	Frequency	Percent	Confidence	Confidence
Yes	1588	23.1392	21.8924	24.3859
No	5913	76.8608	75.6141	78.1076
Total	7501	100		

Frequency Missing = 1282

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Colorado Department of Public Health and Environment, Health Statistics and Evaluation Branch
Colorado Behavioral Risk Factor Surveillance System, 2023

Other Tobacco Use

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Table of DO YOU USUALLY SMOKE MENTHOL CIGARETTES?

CIGARETTES?	Frequency	Percent	Confidence	Confidence
Yes	164	24.6569	20.3316	28.9821
No	538	75.3431	71.0179	79.6684
Total	702	100		

Frequency Missing = 8081

Table of DO YOU USUALLY USE MENTHOL E-CIGARETTES?

CIGARETTES?	Frequency	Percent	Confidence	Confidence
Yes	103	25.2466	20.3558	30.1374
No	365	74.7534	69.8626	79.6442
Total	468	100		

Frequency Missing = 8315

Table of HAVE YOU HEARD OF HEATED TOBACCO PRODUCTS?

TOBACCO PRODUCTS?	Frequency	Percent	Confidence	Confidence
Yes	723	9.1457	8.3269	9.9646
No	6825	90.8543	90.0354	91.6731
Total	7548	100		

Frequency Missing = 1235

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**Colorado Department of Public Health and Environment, Health Statistics and Evaluation Branch
Colorado Behavioral Risk Factor Surveillance System, 2023**

Pre-Diabetes

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Table of HAD TEST FOR HIGH BLOOD SUGAR OR DIABETES WITHIN THE PAST 3 YEARS

OR DIABETES WITHIN THE PAST 3	Frequency	Percent	Confidence	Confidence
Yes	1750	50.4514	48.3094	52.5935
No	1475	49.5486	47.4065	51.6906
Total	3225	100		

Frequency Missing = 896

Table of HAVE EVER BEEN TOLD HAVE PRE-DIABETES OR BORDERLINE DIABETES

DIABETES OR BORDERLINE DIABETES	Frequency	Percent	Confidence	Confidence
Yes	408	10.2401	9.007	11.4733
No	2827	89.7599	88.5267	90.993
Total	3235	100		

Frequency Missing = 886

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Colorado Department of Public Health and Environment, Health Statistics and Evaluation Branch
 Colorado Behavioral Risk Factor Surveillance System, 2023

Sexual Orientation/Gender Identity

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Table of SEXUAL ORIENTATION

SEXUAL ORIENTATION	Frequency	Percent	Confidence	Confidence
Gay or Lesbian	188	2.5436	2.0496	3.0376
Heterosexual	6912	89.8881	88.9881	90.7881
Bisexual or Pansexual	309	4.9749	4.3424	5.6074
Queer	42	0.6486	0.3942	0.903
Questioning	27	0.4281	0.2348	0.6213
Asexual	48	0.672	0.4109	0.9332
You use a different term	56	0.7879	0.5346	1.0411
Two-Spirit/Indigiqueer	3	0.0569	0	0.1274
Total	7585	100		

Frequency Missing = 1198

Table of TRANSGENDER

TRANSGENDER	Frequency	Percent	Confidence	Confidence
Yes	80	1.2382	0.9033	1.5731
No	7978	98.7618	98.4269	99.0967
Total	8058	100		

Frequency Missing = 725

Table of GENDER IDENTITY

GENDER IDENTITY	Frequency	Percent	Confidence	Confidence
Female	4047	49.4434	48.0614	50.8255
Male	3976	49.3356	47.953	50.7182
You use a different term	80	1.2209	0.8858	1.5561
Total	8103	100		

Frequency Missing = 680

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Colorado Department of Public Health and Environment, Health Statistics and Evaluation Branch
Colorado Behavioral Risk Factor Surveillance System, 2023

Substance Use Recovery

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Table of HAD PROBLEM WITH ALCOHOL OR DRUGS IN THE PAST YEAR

DRUGS IN THE PAST YEAR	Frequency	Percent	Confidence	Confidence
Yes	243	3.5242	2.9724	4.076
No	7113	96.4758	95.924	97.0276
Total	7356	100		

Frequency Missing = 1427

Table of USED ANY KIND OF ALCOHOL OR DRUG RECOVERY SUPOPRT SERVICE IN AN EFFORT TO RESOLVE A SUBSTANCE USE PROBLEM IN THE PAST YEAR

DRUG RECOVERY SUPOPRT SERVICE	Frequency	Percent	Confidence	Confidence
Yes	74	29.6791	23.2566	36.1017
No	168	70.3209	63.8983	76.7434
Total	242	100		

Frequency Missing = 8541

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Colorado Department of Public Health and Environment, Health Statistics and Evaluation Branch
Colorado Behavioral Risk Factor Surveillance System, 2023

Sugar-sweetened Beverages

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Table of DRINK 1+ SUGAR-SWEETENED BEVERAGES PER DAY

BEVERAGES PER DAY	Frequency	Percent	Confidence	Confidence
Yes	943	28.8903	26.9992	30.7814
No	2680	71.1097	69.2186	73.0008
Total	3623	100		

Frequency Missing = 457

Table of NUMBER OF SUGAR-SWEETENED BEVERAGES CONSUMED PER DAY

BEVERAGES CONSUMED PER DAY	Frequency	Percent	Confidence	Confidence
None	1554	37.3079	35.4241	39.1917
<1 per day	1126	33.8018	31.8601	35.7435
1 per day	512	15.4352	13.9523	16.918
2+ per day	431	13.4551	11.9577	14.9526
Total	3623	100		

Frequency Missing = 457

[Accessibility statement and support: https://cdphe.colorado.gov/accessibility](https://cdphe.colorado.gov/accessibility)

Colorado Department of Public Health and Environment, Health Statistics and Evaluation Branch
Colorado Behavioral Risk Factor Surveillance System, 2023

Suicidal Ideation

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Table of EVER SERIOUSLY THOUGHT ABOUT ATTEMPTING SUICIDE IN THE PAST YEAR

ATTEMPTING SUICIDE IN THE PAST	Frequency	Percent	Confidence	Confidence
Yes	400	6.1697	5.4117	6.9277
No	7053	93.8303	93.0723	94.5883
Total	7453	100		

Frequency Missing = 1330

Table of EVER HAD SUICIDAL IDEATION AND ATTEMPTED SUICIDE IN THE PAST YEAR

ATTEMPTED SUICIDE IN THE PAST	Frequency	Percent	Confidence	Confidence
Yes	58	15.1602	10.9212	19.3992
No	340	84.8398	80.6008	89.0788
Total	398	100		

Frequency Missing = 8385

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