2017 Colorado Behavioral Risk Factor Surveillance System (BRFSS)

Colorado Department of Public Health and Environment

Center for Health and Environmental Data, Health Surveys and Evaluation Branch

Adults ages 18 and older (unless otherwise noted)

Table of Contents

Core Questions

Alcohol Consumption

Cholesterol Awareness

Chronic Health Conditions

Health Care Access

Health Status

HIV Testing

Hypertension Awareness

Immunization

Injury Control

Physical Activity

Tobacco & Electronic Vapor Product Use

Weight Status & Nutrition

State-Added Questions

Active Transportation

Alcohol Screening & Brief Intervention (ASBI)

Diabetes Management

Health Care Access

Marijuana Use

Medication Disposal (Sustainability)

Mental Health Stigma

Oral Health Referral

<u>Pre-Diabetes</u>

Provider Advice about Weight

Sexual Orientation

Social Determinants of Health

Sugar-Sweetened Beverages (SSB)

Suicidal Ideation and Behavior

Water Consumption

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Alcohol Consumption

Back to the Table of Contents

Table of HEAVY ALCOHOL CONSUMPTION					
HEAVY ALCOHOL	Frequency	Percent	95% Confidence Limits		
CONSUMPTION			for Pe	ercent	
Yes	533	6.6941	6.0242	7.364	
No	8177	93.3059	92.636	93.9758	
Total	8710	100			
Frequency Missing = 1092					

Table of BINGE DRINKING					
BINGE DRINKING	Percent	95% Confidence Limits			
	for Percent				
Yes	1252	18.9195	17.8343	20.0047	
No	7480	81.0805	79.9953	82.1657	
Total	8732	100			
Frequency Missing = 1070					

Heavy drinking defined as 15+ drinks for males and 8+ drinks for females per week Binge drinking defined as 5+ drinks for males and 4+ drinks for females on an occasion Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Cholesterol Awareness

Back to the Table of Contents

Table of CHOLESTEROL CHECKED IN PAST 5 YEARS					
CHOLESTEROL	Frequency	Percent		dence Limits	
CHECKED IN			for P	ercent	
PAST 5 YEARS					
Yes	8292	85.971	85.0027	86.9393	
No	928	14.029	13.0607	14.9973	
Total	9220	100			
Frequency Missing = 582					

Table of EVER TOLD BLOOD CHOLESTEROL HIGH					
EVER TOLD BLOOD CHOLESTEROL HIGH	Frequency	Percent		dence Limits ercent	
Yes	3127	30.2714	29.1358	31.407	
No No	5427	69.7286			
Total	8554	100	00.000	70.0012	
Frequency Missing = 1248					

High cholesterol is among those who have ever had it checked

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch
Colorado Behavioral Risk Factor
Surveillance System, 2017
Chronic Health Conditions

Table of EVER DIAGNOSED WITH HEART ATTACK					
EVER DIAGNOSED WITH HEART ATTACK	Frequency	Percent	95% Confidence Limits for Percent		
Yes	384	2.825	2.4789	3.1711	
No	9373	97.175	96.8289	97.5211	
Total	9757	100			
Frequency Missing = 45					

Table of EVER	DIAGNOSED WITH AN HEART DISEASI		OITANI	
EVER DIAGNOSED WITH ANGINA OR CORONARY HEART DISEASE	Frequency	Percent	95% Confid for Pe	
Yes	379	2.694	2.3703	3.0177
No	9351	97.306	96.9823	97.6297
Total	9730	100		
	Frequency Missing	= 72		

Table of EVER DIAGNOSED WITH A STROKE					
EVER DIAGNOSED	Frequency	Percent	95% Confid	ence Limits	
WITH A STROKE			for Pe	ercent	
Yes	266	2.1692	1.8408	2.4975	
No	9501	97.8308	97.5025	98.1592	
Total	9767	100			
Frequency Missing = 35					

Table of EVER TOLD HAVE DIABETES					
EVER TOLD	Frequency	Percent	95% Confid	ence Limits	
HAVE DIABETES			for Pe	rcent	
Yes	895	7.4044	6.8265	7.9823	
No	8894	92.5956	92.0177	93.1735	
Total	9789	100			
Frequency Missing = 13					

Table	Table of AGE TOLD HAVE DIABETES				
AGE TOLD HAVE DIABETES	Frequency	Percent	95% Confid	ence Limits	
			for Pe	rcent	
17 years or younger	23	3.2648	1.6389	4.8907	
18 to 44 years	203	30.7059	26.7324	34.6794	
45 to 54 years	223	23.5337	20.2547	26.8127	
55 to 64 years	211	21.5645	18.3874	24.7416	
65 years or older	147	11.6874	9.5507	13.8241	
Don't know/Not sure	79	9.2437	6.7406	11.7468	
Total	886	100			
-	Frequency Missing = 8916				

Table of (EVER TOLD) YOU HAD SKIN CANCER?					
(EVER TOLD) YOU HAD SKIN CANCER?	Frequency	Frequency Percent 95% Confidence for Percen			
Yes	1049	6.868	6.3765	7.3595	
No	8726	93.132	92.6405	93.6235	
Total	9775	100			
Frequency Missing = 27					

Table of (EVER TOLD) YOU HAD ANY OTHER TYPES					
OF CANCER?					
(EVER TOLD) YOU HAD ANY OTHER TYPES OF CANCER?	Frequency	Percent	95% Confid for Pe		
Yes	849	6.0445	5.552	6.537	
No	8919	93.9555	93.463	94.448	
Total	9768	100			
Fre	Frequency Missing = 34				

Table of TOLD HAVE ARTHRITIS					
TOLD HAVE	TOLD HAVE Frequency Percent 95% (
ARTHRITIS			for Percent		
Yes	2826	21.3609	20.4715	22.2503	
No	6900	78.6391	77.7497	79.5285	
Total	9726	100			
Frequency Missing = 76					

•	/ER TOLD) YOU HAVE			
(EVER TOLD) YOU HAVE KIDNEY DISEASE?	Frequency	Percent	95% Confidence Limits for Percent	
Yes	274	2.2012	1.8756	2.5268
No	9508	97.7988	97.4732	98.1244
Total	9782	100		

Fable of (EVER TOLD) YOU HAVE (COPD) CH CH	RONIC OBSTRUC RONIC BRONCHI		ARY DISEASE, EN	VIPHYSEMA OR
(EVER TOLD) YOU HAVE (COPD) CHRONIC OBSTRUCTIVE PULMONARY DISEASE,	Frequency	Percent	95% Confid	ence Limits
EMPHYSEMA OR CHRONIC BRONCHITIS?			for Pe	rcent
Yes	550	4.368	3.9205	4.8156
No	9174	95.632	95.1844	96.0795
Total	9724	100		

Table of EVER TOLD HAD ASTHMA					
EVER TOLD	Frequency	Percent	95% Confid	ence Limits	
HAD ASTHMA			for Pe	ercent	
Yes	1350	14.462	13.5653	15.3586	
No	8418	85.538	84.6414	86.4347	
Total	9768	100			
Frequency Missing = 34					

Table of CURRENT ASTHMA					
CURRENT ASTHMA	Frequency	Percent	95% Confid	ence Limits	
			for Pe	rcent	
Yes	894	9.3032	8.572	10.0344	
No	8811	90.6968	89.9656	91.428	
Total	9705	100			
Frequency Missing = 97					

Table of EVER TOLD	Table of EVER TOLD YOU HAD A DEPRESSIVE DISORDER					
EVER TOLD YOU HAD A DEPRESSIVE	Frequency	Percent	95% Confid for Pe			
DISORDER						
Yes	1606	17.3867	16.4366	18.3368		
No	8132	82.6133	81.6632	83.5634		
Total	9738	100				
Fre	Frequency Missing = 64					

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Health Care Access

Table of HAVE ANY HEALTH CARE COVERAGE					
HAVE ANY HEALTH	Frequency	Percent	95% Confidence Limits		
CARE COVERAGE			for Percent		
Yes	9013	89.0268	88.1781	89.8755	
No	741	10.9732	10.1245	11.8219	
Total	9754	100			
Frequency Missing = 48					

Table of ADULTS AGED 18-64 WHO HAVE ANY HEALTH					
	CARE COVERAG	E .			
ADULTS AGED	ADULTS AGED Frequency Percent 95% Confidence Limit				
18-64 WHO	for Percent			ercent	
HAVE ANY HEALTH					
CARE COVERAGE					
Yes	5721	86.702	85.6641	87.7399	
No	703	13.298	12.2601	14.3359	
Total	6424	100		_	
Fre	quency Missing =	3378			

Table of HAVE 1+ REGULAR HEALTH CARE PROVIDERS					
HAVE 1+ REGULAR HEALTH CARE PROVIDERS	Frequency	Percent		lence Limits ercent	
Yes	7879	73.883	72.7384	75.0277	
No	1873	26.117	24.9723	27.2616	
Total	9752	100			
Frequency Missing = 50					

Table of COULD NOT SEE DR. BECAUSE OF COST					
COULD NOT	Frequency	Percent	95% Confid	lence Limits	
SEE DR. BECAUSE			for Pe	ercent	
OF COST					
Yes	995	12.8556	11.9736	13.7376	
No	8759	87.1444	86.2624	88.0264	
Total	9754	100			
Frequency Missing = 48					

Table of HAD ROUTINE CHECKUP WITHIN PAST YEAR				
HAD ROUTINE CHECKUP WITHIN PAST YEAR	Frequency	Percent		lence Limits ercent
Yes	6413	62.1131	60.8941	63.3321
No	3236	37.8869	36.6679	39.1059
Total	9649	100		
Frequency Missing = 153				

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Health Status

Table of SELF-REPORTED HEALTH STATUS					
SELF-REPORTED HEALTH Frequency Percent 95% Confidence Lin				lence Limits	
STATUS			for Po	ercent	
Good or better	8339	85.4915	84.6257	86.3572	
Fair or poor	1429	14.5085	13.6428	15.3743	
Total	9768	100			
Frequency Missing = 34					

Table of NUMBER OF DAYS MENTAL HEALTH NOT GOOD						
IN PAST 30 DAYS						
NUMBER OF DAYS	Frequency	Percent	95% Confid	lence Limits		
MENTAL HEALTH			for Po	ercent		
NOT GOOD IN PAST						
30 DAYS						
0 days	6278	61.0423	59.8175	62.2672		
1-7 days	2074	23.1163	22.0547	24.178		
8-13 days	344	4.2433	3.7202	4.7663		
14+ days	955	11.5981	10.7532	12.4429		
Total	9651	100				
Fre	Frequency Missing = 151					

Table of NUMBER OF DAYS PHYSICAL HEALTH NOT GOOD						
IN PAST 30 DAYS						
NUMBER OF DAYS	Frequency	Frequency Percent 95% Confidence Limits				
PHYSICAL HEALTH	for Percent			ercent		
NOT GOOD IN PAST						
30 DAYS						
0 days	6130	63.5577	62.3596	64.7558		
1-7 days	2124	23.5443	22.4671	24.6215		
8-13 days	261	2.5184	2.1473	2.8896		
14+ days	1079	10.3796	9.6531	11.106		
Total	9594	100	`			
Fre	quency Missing	= 208				

Table of NUMBER OF DAYS WITH ACTIVITY LIMITATIONS IN PAST 30 DAYS DUE TO POOR MENTAL OR PHYSICAL HEALTH					
NUMBER OF DAYS WITH ACTIVITY Frequency Percent 95% Confidence Limits					
LIMITATIONS IN PAST 30 DAYS DUE TO					
POOR MENTAL OR PHYSICAL HEALTH			for Percent		
0 days	7435	75.8338	74.7657	76.9018	
1-7 days	1340	14.8662	13.9604	15.772	
8-13 days	226	2.3603	1.9858	2.7348	
14+ days	711	6.9398	6.3327	7.5468	
Total	9712	100			
Fre	quency Missing	= 90			

Table of CALCULATED DISABILITY STATUS						
CALCULATED DISABILITY	Frequency	Percent	95% Confidence Limits for Percent			
STATUS						
Yes	2041	21.2541	20.2154	22.2929		
No	6814	78.7459	77.7071	79.7846		
Total	8855	100				
Frequency Missing = 947						

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 HIV/AIDS

Table of EVER TESTED FOR HIV						
EVER TESTED	Frequency	Percent	95% Con	95% Confidence Limits		
FOR HIV			for Percent			
Yes	2733	38.7509	37.4308	40.071		
No	5482	61.2491	59.929	62.5692		
Total	8215	100				
Frequency Missing = 1587						

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Hypertension Awareness

Table of EVER TOLD BLOOD PRESSURE HIGH					
EVER TOLD	Frequency	Percent	95% Confid	lence Limits	
BLOOD PRESSURE			for Percent		
HIGH					
Yes	3189	25.9123	24.9177	26.9068	
No	6562	74.0877	73.0932	75.0823	
Total	9751	100			
Frequency Missing = 51					

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Immunization

Table of ADULT FLU SHOT/SPRAY PAST 12 MOS					
ADULT FLU	Frequency	Percent	95% Confid	lence Limits	
SHOT/SPRAY			for Percent		
PAST 12 MOS					
Yes	4211	43.8795	42.5884	45.1706	
No	4364	56.1205	54.8294	57.4116	
Total	8575	100			
Frequency Missing = 1227					

Table of PNEUMONIA SHOT EVER					
PNEUMONIA	Frequency	Percent	95% Confidence Limits		
SHOT EVER			for Percent		
Yes	3551	40.0468	38.6857	41.408	
No	3742	59.9532	58.592	61.3143	
Total	7293	100			
Frequency Missing = 2509					

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Injury Control

Back to the Table of Contents

Table of ALWAYS WEAR SEAT BELTS					
ALWAYS WEAR	Frequency	Percent	95% Confidence Limits for Percent		
SEAT BELTS					
Yes	7640	87.4025	86.5002	88.3049	
No	977	12.5975	11.6951	13.4998	
Total	8617	100			
Frequency Missing = 1185					

Seatbelt use excludes those who never drive or ride in a car

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Physical Activity

Back to the Table of Contents

Table of ANY LEISURE TIME PHYSICAL ACTIVITY					
IN PAST 30 DAYS					
ANY LEISURE Frequency Percent 95% Confidence Limits					
TIME PHYSICAL for Percent					
ACTIVITY IN					
PAST 30 DAYS					
Yes	7041	80.5473	79.498	81.5966	
No	1630	19.4527	18.4034	20.502	
Total	8671	100			
Fred	uency Missing =	1131			

Table of MEET AEROBIC PHYSICAL ACTIVITY RECOMMENDATIONS					
MEET AEROBIC	Frequency	Percent	95% Confi	dence Limits	
PHYSICAL ACTIVITY			for Percent		
RECOMMENDATIONS					
Yes	5132	58.6173	57.2987	59.9359	
No	3245	41.3827	40.0641	42.7013	
Total	8377	100			
Frequency Missing = 1425					

Current recommendations are 150+ minutes of moderate intensity (or 75+ minutes of vigorous intensity) aerobic physical activity per week Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Tobacco and Electronic Vapor Product Use

Table of CURRENT SMOKING					
CURRENT SMOKING	Frequency	Percent	95% Confidence Limits		
for Percent					
Yes	1113	14.6295	13.6731	15.5859	
No	7817	85.3705	84.4141	86.3269	
Total	8930	100			
Frequency Missing = 872					

Table of CIGARETTE SMOKERS AND FORMER SMOKERS ABSTINENT <365 DAYS WHO QUIT SMOKING FOR 1+ DAYS IN PAST 12 MONTHS					
CIGARETTE SMOKERS AND FORMER Frequency Percent 95% Confidence Limits					
SMOKERS ABSTINENT <365 DAYS WHO					
QUIT SMOKING FOR 1+ DAYS IN PAST 12			for Percent		
Yes	885	68.1676	65.224	71.1112	
No	476	31.8324	28.8888	34.776	
Total	Total 1361 100				
Frea	uency Missing =	8441			

Table of CURRENT SMOKELESS TOBACCO USE					
CURRENT SMOKELESS Frequency Percent 95% Confidence Limit					
TOBACCO USE			for Percent		
Yes	289	4.0298	3.4854	4.5742	
No	8695	95.9702	95.4258	96.5146	
Total	8984	100			
Frequency Missing = 818					

Table of HAVE EVER USED ELECTRONIC VAPOR PRODUCT					
HAVE EVER Frequency Percent 95% Confidence Li USED ELECTRONIC for Percent VAPOR PRODUCT					
Yes	1498	23.3595	22.1781	24.5409	
No	7409	76.6405	75.4591	77.8219	
Total	8907	100			
Frequency Missing = 895					

Table of CURRENT ELECTRONIC VAPOR PRODUCT USE					
CURRENT ELECTRONIC Frequency Percent 95% Confidence Limits VAPOR PRODUCT for Percent USE					
Yes	325	5.3348	4.6713		
No	8581	94.6652	94.0017	95.3287	
Total	8906	100	·		
Fred	Frequency Missing = 896				

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Weight Status and Nutrition

Table of CALCULATED WEIGHT STATUS (BMI)					
CALCULATED WEIGHT STATUS	Frequency	Percent	95% Confidence Limits		
(BMI)			for Percent		
Underweight	182	2.251	1.8265	2.6755	
Healthy weight	3463	39.0184	37.7667	40.2701	
Overweight	3348	36.0906	34.8744	37.3067	
Obese	2070	22.6401	21.5736	23.7065	
Total	9063	100			
Freque	Frequency Missing = 739				

Table of OVERWEIGHT OR OBESE					
OVERWEIGHT	OVERWEIGHT Frequency Percent 95% Confidence Limit				
OR OBESE			for Percent		
Yes	5418	58.7306	57.4656	59.9957	
No	3645	41.2694	40.0043	42.5344	
Total	9063	100			
Frequency Missing = 739					

Table of CONSUME FRUIT 1+ TIMES/DAY					
CONSUME FRUIT	Frequency	Percent	95% Confidence Limits		
1+ TIMES/DAY			for Perce	ent	
Yes	5903	66.9814	65.734	68.2288	
No	2641	33.0186	31.7712	34.266	
Total	8544	100			
Frequency Missing = 1258					

Table of CONSUME VEGETABLES 1+ TIMES/DAY					
CONSUME VEGETABLES	Frequency	Percent	95% Confiden	ce Limits	
1+ TIMES/DAY			for Perc	ent	
Yes	7038	82.6003	81.5495	83.6512	
No	1312	17.3997	16.3488	18.4505	
Total	8350	100			
Frequency Missing = 1452					

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Active Transportation and Physical Activity

Back to the Table of Contents

Table of PARTICIPATE IN 150+ MIN OF ACTIVE TRANSPORTATION PER WEEK					
PARTICIPATE Frequency Percent 95% Confidence Limit IN 150+ MIN OF ACTIVE TRANSPORTATION PER WEEK					
Yes	716	19.6982	18.0852	21.3111	
No	3250	80.3018	78.6889	81.9148	
Total	3966	100			
Fre	quency Missing	= 647		-	

Note: Responses of <10min/day were

recoded to 0.

Note: Responses of >10hrs/day were

excluded.

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Alcohol Screening & Brief Intervention (ASBI)

Table of ASKED DURING CHECKUP IF YOU DRINK ALCHOHOL					
ASKED DURING CHECKUP IF	Frequency	Percent	95% Confidence Limits		
YOU DRINK ALCHOHOL	YOU DRINK ALCHOHOL for Percent				
Yes	2584	82.9023	81.3523	84.4523	
No	421	10.8327	9.5389	12.1266	
Don't know/Not sure	257	6.2649	5.294	7.2359	
Total	3262	100			
Fre	Frequency Missing = 1351				

Table of ASKED IN PERSON OR BY FORM HOW MUCH YOU DRINK?					
ASKED IN PERSON OR BY FORM HOW MUCH YOU DRINK?	' '				
Yes	2314	73.6628	71.7882	75.5374	
No	659	18.501	16.8395	20.1625	
Don't know/Not sure	284	7.8362	6.7168	8.9557	
Total	3257	100			
Free	Frequency Missing = 1356				

Table of ASKED WHETHER YOU DRANK [5 FOR MEN /4 FOR WOMEN] OR MORE ALCOHOLIC DRINKS ON					
AN OCCASION?					
ASKED WHETHER YOU DRANK [5 FOR MEN	Frequency	Percent	95% Confid	ence Limits	
/4 FOR WOMEN] OR MORE ALCOHOLIC					
DRINKS ON AN OCCASION?			for Pe	ercent	
Yes	822	29.5262	27.4943	31.5581	
No	1692	47.4176	45.2634	49.5718	
Don't know/Not sure	741	23.0561	21.2414	24.8709	
Total	3255	100			
Frequency Missing = 1358					

Table of OFFERED ADVICE ABOUT WHAT LEVEL OF DRINKING IS HARMFUL OR RISKY?					
OFFERED ADVICE ABOUT WHAT	Frequency	Percent	95% Confid	ence Limits	
LEVEL OF DRINKING IS HARMFUL			for Percent		
OR RISKY?					
Yes	608	21.7321	19.8909	23.5733	
No	2499	73.5269	71.5714	75.4824	
Don't know/Not sure	141	4.741	3.8077	5.6744	
Total	3248	100			
Frequency Missing = 1365					

Table of WERE YOU ADVISED TO REDUCE OR QUIT YOUR DRINKING?					
WERE YOU ADVISED TO REDUCE	Frequency	Percent	95% Confid	95% Confidence Limits	
OR QUIT YOUR DRINKING? for Percent				ercent	
Yes	175	8.0268	6.6379	9.4156	
No	2456	91.1691	89.7159	92.6224	
Don't know/Not sure	15	0.8041	0.3295	1.2788	
Total	2646	100			
Frequency Missing = 1967					

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Diabetes Management

Table of NOW TAKING INSULIN					
NOW TAKING Frequency Percent 95% Confidence Limit				ence Limits	
INSULIN			for Percent		
Yes	277	32.4186	28.5541	36.2832	
No	594	67.5814	63.7168	71.4459	
Total	871	100			
Frequency Missing = 8931					

Table of CHECK BLOOD GLUCOSE 1+ TIMES/DAY					
CHECK BLOOD	Frequency	Percent	95% Confidence Limits		
GLUCOSE 1+			for Percent		
TIMES/DAY					
Yes	478	56.4685	52.3746	60.5624	
No	382	43.5315	39.4376	47.6254	
Total	860	100			
Frequency Missing = 8942					

Table of NUMBER OF VISITS TO DOCTOR FOR DIABETES					
IN PAST YEAR					
NUMBER OF VISITS	NUMBER OF VISITS Frequency Percent 95% Confidence Limit				
TO DOCTOR FOR	for Percent			ercent	
DIABETES IN PAST					
YEAR					
One visit	177	22.3762	18.8212	25.9311	
2+ visits	562	65.7498	61.7656	69.734	
None	102	11.874	9.203	14.5451	
Total	841	100			
Fred	quency Missing =	8961			

Table of NUMBER OF A1C CHECKS IN PAST YEAR					
NUMBER OF A1C CHECKS IN PAST YEAR	Frequency	Percent	95% Confid	ence Limits	
			for Percent		
Once	142	18.3402	14.9765	21.7039	
2+ times	643	75.0364	71.3243	78.7485	
None	44	5.811	3.8551	7.7669	
Never heard of "A one C" test	5	0.8124	0.0327	1.5921	
Total	834	100			
Fred	quency Missing =	8968			

Table of HAD FOOT EXAM BY HEALTH PROFESSIONAL					
	IN PAST YEAR				
HAD FOOT EXAM	HAD FOOT EXAM Frequency Percent 95% Confidence Limits				
BY HEALTH	BY HEALTH for Percent				
PROFESSIONAL					
IN PAST YEAR					
Yes	665	77.7606	74.2447	81.2765	
No	172	22.2394	18.7235	25.7553	
Total	837	100			
Frequency Missing = 8965					

Table of HAD EYE EXAM IN PAST YEAR					
HAD EYE EXAM Frequency Percent 95% Confidence Limit					
IN PAST YEAR			for Percent		
Yes	576	64.0396	59.9789	68.1002	
No	279	35.9604	31.8998	40.0211	
Total	855	100			
Frequency Missing = 8947					

Table of EVER TOLD DIABETES AFFECTED EYES					
OF	OR HAD RETINOPATHY				
EVER TOLD	EVER TOLD Frequency Percent 95% Confidence Limits				
DIABETES AFFECTED	for Percent			ercent	
EYES OR HAD					
RETINOPATHY					
Yes	119	14.7985	11.8788	17.7182	
No	740	85.2015	82.2818	88.1212	
Total	859	100			
Fred	uency Missing =	8943			

Table of EVER TAKEN A CLASS IN DIABETES SELF-MANAGEMENT					
EVER TAKEN	Frequency	Percent	95% Confidence Limits		
A CLASS IN			for Percent		
DIABETES SELF-MANAGEMENT					
Yes	522	58.8991	54.8826	62.9157	
No	348	41.1009	37.0843	45.1174	
Total	870	100			
Free	quency Missing =	8932	<u> </u>	<u> </u>	

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Health Care Access

Back to the Table of Contents

Table of PRIMARY S	OURCE OF HEA	LTH CARE CO\	/ERAGE		
PRIMARY SOURCE OF HEALTH CARE	Frequency	Percent	95% Confid	95% Confidence Limits	
COVERAGE			for Po	ercent	
A plan purchased through an employer or	3726	51.348	50.0165	52.6796	
union					
A plan that you or another family member	844	10.8656	10.0092	11.722	
buys on your own					
Medicare	2507	19.2311	18.3599	20.1023	
Medicaid or other state program	720	12.2559	11.2604	13.2513	
TRICARE (formerly CHAMPUS), VA, or	350	4.7673	4.192	5.3425	
Military					
Alaska Native, Indian Health Service, Tribal	8	0.0809	0.0083	0.1534	
Health Services					
Some other source	123	1.4513	1.1336	1.7689	
Total	8278	100			
Freq	uency Missing =	1524			

Type of health insurance is among those who reported having any type of health care coverage

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Marijuana Use

Back to the Table of Contents

Table of THINKS ADULTS WHO USE MARIJU	JANA DAILY/NE	AR DAILY HAV	/E MODERATE/	GREAT RISK OF	
НА	RMING THEMSE	LVES			
THINKS ADULTS WHO USE MARIJUANA	Frequency	Percent	95% Confid	ence Limits	
DAILY/NEAR DAILY HAVE					
MODERATE/GREAT RISK OF HARMING			for Pe	ercent	
Moderate/Great risk	4007	53.8228	52.3438	55.3019	
Slight/No risk	2830	46.1772	44.6981	47.6562	
Total	6837	100			
Frequency Missing = 2965					

Table of USED MARIJUANA ON 1+ DAYS IN PAST 30 DAYS				
Yes	952	15.4563	14.391	16.5215
No	6958	84.5437	83.4785	85.609
Total	7910	100		
Freq	uency Missing =	1892		

Table of DAYS USED MARIJUANA (AMONG PAST 30 DAY USERS)					
DAYS USED MARIJUANA (AMONG PAST 30	Frequency	Percent	95% Confid	lence Limits	
DAY USERS)			for Pe	ercent	
Monthly (1-3 days)	248	24.1384	20.9333	27.3435	
Weekly (4-19 days)	268	26.4201	23.1096	29.7305	
Daily/near daily (20-30 days)	436	49.4415	45.6193	53.2638	
Total	952	100			
Frequency Missing = 8850					

Table of NUMBER (Table of NUMBER OF TIMES USED MARIJUANA PER DAY USED				
NUMBER OF TIMES USED MARIJUANA PER DAY	Frequency	Percent	95% Confid	ence Limits ercent	
USED					
1 time/day	537	54.2719	50.4276	58.1162	
2 times/day	189	21.2929	18.1004	24.4854	
3 times/day	102	11.4543	9.0234	13.8851	
4+ times/day	106	12.981	10.3117	15.6503	
Total	934	100			
F	Frequency Missing = 8868				

Table of TOTAL NUMBER OF TIMES USED MARIJUANA PAST 30 DAYS					
TOTAL NUMBER OF TIMES USED	Frequency	Percent	95% Confid	ence Limits	
MARIJUANA PAST 30 DAYS			for Pe	ercent	
1-10 times	405	40.1375	36.3892	43.8858	
11-20 times	107	10.89	8.513	13.267	
21-30 times	114	12.6275	10.1066	15.1485	
31-60 times	128	14.595	11.8205	17.3695	
61-90 times	86	10.3938	8.0309	12.7568	
More than 90 times	94	11.3562	8.8156	13.8967	
Total	934	100			
Fre	Frequency Missing = 8868				

Table of USE	D MARIJUANA IN P SMOKED IT	AST 30 DAYS	AND	
USED MARIJUANA IN PAST 30 DAYS AND SMOKED IT	Frequency	Percent	95% Confid for Pe	
Yes	754	84.2671	81.6958	86.8384
No	198	15.7329	13.1616	18.3042
Total	952	100		
F	requency Missing =	8850		

Table of USED MARIJUANA IN PAST 30 DAYS AND ATE IT						
					USED MARIJUANA	Frequency
IN PAST 30			for Pe	ercent		
DAYS AND ATE IT						
Yes	372	39.3388	35.6239	43.0537		
No	580	60.6612	56.9463	64.3761		
Total	952	100				
Freq	Frequency Missing = 8850					

Table of USE	Table of USED MARIJUANA IN PAST 30 DAYS AND DRANK IT				
USED MARIJUANA IN PAST 30 DAYS AND DRANK IT	Frequency	Percent	95% Confid for Pe	ence Limits ercent	
Yes	62	7.7443	5.5686	9.9201	
No	890	92.2557	90.0799	94.4314	
Total	952	100			
	Frequency Missing =	= 8850			

Table of USED	MARIJUANA IN P	AST 30 DAYS A	AND			
	VAPORIZED IT					
USED MARIJUANA IN PAST 30 DAYS AND VAPORIZED IT	Frequency	Percent	95% Confide for Per			
Yes	263	29.1221	25.6263	32.618		
No	689	70.8779	67.382	74.3737		
Total	952	100				
Fr	Frequency Missing = 8850					

Table of U	JSED MARIJUANA PAS DABBED IT	ST 30 DAYS AN	D	
USED MARIJUANA PAST 30 DAYS AND DABBED IT	Frequency	Percent	95% Confid for Pe	
Yes	152	21.0574	17.7557	24.359
No	800	78.9426	75.641	82.2443
Total	952	100		

Frequency Missing = 8850

	D MARIJUANA PA		ND		
USE	D IT IN SOME OTH	ER WAY			
USED MARIJUANA	Frequency	Percent	95% Confid	ence Limits	
PAST 30 DAYS			for Pe	for Percent	
AND USED IT					
IN SOME OTHER					
WAY					
Yes	87	7.5354	5.6485	9.4223	
No	865	92.4646	90.5777	94.3515	
Total	952	100			
Fi	equency Missing =	= 8850			

Table of DROVE AFTER USING MARIJUANA 1+ TIMES IN PAST 30 DAYS					
DROVE AFTER USING MARIJUANA 1+ TIMES IN PAST 30 DAYS	Frequency	Percent	95% Confid for Pe	ence Limits ercent	
Yes	167	19.6503	16.5317	22.769	
No	763	80.3497	77.231	83.4683	
Total	930	100			
Freq	Frequency Missing = 8872				

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Medication Disposal

Table of HOW DO YOU DISPOSE OF EXPIRED OR UNUSED MEDICATIONS				
HOW DO YOU DISPOSE OF EXPIRED OR	Frequency	Percent	95% Confid	ence Limits
UNUSED MEDICATIONS			for Pe	ercent
Flush them down toilet	73	8.5861	6.2765	10.8957
Throw them in trash	207	23.5833	20.1727	26.9939
Take to special medication disposal site	314	28.9676	25.4324	32.5028
Don't take medicine	116	15.1568	12.0548	18.2589
Take them all	153	14.7873	12.0571	17.5176
Other	95	8.9188	6.7465	11.0911
Total	958	100		
Freq	uency Missing =	3655		

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Mental Health Stigma

Table of IF HAD MENTAL HEALTH CONDITION OR EMOTIONAL PROBLEM, WOULD YOU FEEL SAFE SHARING WITH YOUR DOCTOR							
IF HAD MENTAL HEALTH CONDITION OR Frequency Percent 95% Confidence Limits							
EMOTIONAL PROBLEM, WOULD YOU FEEL							
SAFE SHARING WITH YOUR DOCTOR			for Pe	ercent			
Yes	3677	94.1046	93.2109	94.9984			
No	142	3.6618	2.9311	4.3926			
Don't know/Not sure	71	1.5918	1.1214	2.0622			
Not applicable	30	0.6417	0.3849	0.8986			
Total	3920	100					
Fred	quency Missing	= 656	Frequency Missing = 656				

Table of IF HAD MENTAL HEALTH CONDITION OR EMOTIONAL PROBLEM, WOULD YOU FEEL SAFE						
SHARING WITH YOUR FRIENDS						
IF HAD MENTAL HEALTH CONDITION OR Frequency Percent 95% Confidence Limits						
EMOTIONAL PROBLEM, WOULD YOU FEEL						
SAFE SHARING WITH YOUR FRIENDS			for Pe	for Percent		
Yes	2840	74.9323	73.2542	76.6105		
No	715	16.9437	15.4997	18.3877		
Don't know/Not sure	323	7.461	6.4325	8.4895		
Not applicable	40	0.663	0.4302	0.8957		
Total	3918	100				
Fred	quency Missing =	= 658				

Table of IF HAD MENTAL HEALTH CONDITION OR EMOTIONAL PROBLEM, WOULD YOU FEEL SAFE					
SHARING WITH YOUR FAMILY					
IF HAD MENTAL HEALTH CONDITION OR Frequency Percent 95% Confidence Limits					
EMOTIONAL PROBLEM, WOULD YOU FEEL					
SAFE SHARING WITH YOUR FAMILY			for Percent		
Yes	3378	87.6157	86.3577	88.8737	
No	367	9.0697	7.945	10.1945	
Don't know/Not sure	139	2.9249	2.3207	3.529	
Not applicable	32	0.3897	0.2257	0.5538	
Total	3916	100			
Fred	uency Missing	= 660			

Table of IF HAD MENTAL HEALTH CONDITION OR EMOTIONAL PROBLEM, WOULD YOU FEEL SAFE						
SHARING WITH YOUR PASTOR OR FAITH LEADER						
IF HAD MENTAL HEALTH CONDITION OR	Frequency	Percent	95% Confid	95% Confidence Limits		
EMOTIONAL PROBLEM, WOULD YOU FEEL						
SAFE SHARING WITH YOUR PASTOR OR						
FAITH LEADER			for Pe	for Percent		
Yes	2475	62.4023	60.4686	64.3359		
No	644	16.4278	14.9645	17.891		
Don't know/Not sure	86	1.6862	1.2493	2.123		
Not applicable	712	19.4838	17.846	21.1216		
Total	3917	100				
Frec	Frequency Missing = 659					

Table of RECEIVING MEDICINE/TREATMENT FOR MENTAL HEALTH CONDITION OR EMOTIONAL					
RECEIVING MEDICINE/TREATMENT FOR MENTAL HEALTH CONDITION OR EMOTIONAL PROBLEM	Frequency	Percent	95% Confid for Pe		
Yes	520	12.8251	11.5227	14.1275	
No	3390	87.1749	85.8725	88.4773	
Total	3910	100			
Free	Frequency Missing = 666				

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Oral Health Referral

Table of HAS HCP EVER REFERRED YOU OR ADVISED YOU GO TO DENTIST/DENTAL HYGIENIST				
HAS HCP EVER REFERRED YOU OR ADVISED YOU GO TO DENTIST/DENTAL HYGIENIST	Frequency	Percent	95% Confid for Pe	
Yes	185	26.7108	22.6883	30.7334
No	565	73.2892	69.2666	77.3117
Total	750	100		
Fred	quency Missing =	9052		

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Pre-Diabetes

Back to the Table of Contents

Table of HAD A TEST FOR HIGH BLOOD SUGAR				
IN PAST THREE YEARS				
HAD A TEST	HAD A TEST Frequency Percent 95% Confidence Limits			
FOR HIGH BLOOD	BLOOD for Percent			
SUGAR IN PAST				
THREE YEARS				
Yes	2442	57.1522	55.1471	59.1573
No	1363	42.8478	40.8427	44.8529
Total	3805	100		
Fred	quency Missing	= 808		

Table of HAVE EVER BEEN TOLD HAVE PRE-DIABETES					
OR BORDERLINE DIABETES					
HAVE EVER	HAVE EVER Frequency Percent 95% Confidence Limits				
BEEN TOLD	BEEN TOLD for Percent				
HAVE PRE-DIABETES					
OR BORDERLINE					
DIABETES					
Yes	555	11.0705	9.9654	12.1757	
No	3557	88.9295	87.8243	90.0346	
Total	4112	100			
Free	quency Missing	= 501			

Pre-diabetes excludes gestational diabetes

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Provider Advice on Weight

Table of HAS HCP GIVEN ADVICE ABOUT YOUR WEIGHT					
HAS HCP GIVEN Frequency Percent 95% Confidence Limits					
ADVICE ABOUT YOUR WEIGHT	rrequency	rereent	for Percent		
Yes	920	21.6043	20.0514	23.1572	
No	3039	78.3957	76.8428	79.9486	
Total	3959	100			
Free	Frequency Missing = 654				

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Sexual Orientation

Table of SEXUAL ORIENTATION					
SEXUAL ORIENTATION Frequency Percent 95% Confidence Lim				lence Limits	
	for Percent				
Straight	7419	94.7201	94.0309	95.4093	
Lesbian, gay, bisexual, other	315	5.2799	4.5907	5.9691	
Total	7734	100			
Frequency Missing = 2068					

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Social Determinants of Health

Table of WERE YOU NOT ABLE TO PAY YOUR BILLS?					
WERE YOU NOT	Frequency	Percent	95% Confid	ence Limits	
ABLE TO PAY			for Percent		
YOUR BILLS?					
Yes	253	8.3592	7.1919	9.5266	
No	3704	91.6408	90.4734	92.8081	
Total	3957	100			
Frequency Missing = 619					

Table of HOW MANY TIMES HAVE YOU MOVED FROM ONE HOME TO ANOTHER IN PAST YEAR					
HOW MANY TIMES HAVE YOU MOVED FROM ONE HOME	Frequency	Percent	95% Confide for Pe		
TO ANOTHER IN PAST YEAR		1			
0 times	3441	80.0992	78.3614	81.837	
1 time	391	14.5918	13.0478	16.1357	
2 or more times	127	5.309	4.2805	6.3376	
Total	3959	100		1	
Fre	equency Missing =	= 617	\ <u></u>		

Table of HOW SAFE FROM CRIME DO YOU CONSIDER YOUR NEIGHBORHOOD TO BE					
HOW SAFE FROM CRIME DO YOU	Frequency	Percent	ercent 95% Confidence Limits		
YOUR NEIGHBORHOOD TO BE			for Pe	ercent	
Safe/Extremely Safe	3768	95.2871	94.3916	96.1827	
Unsafe/Extremely Unsafe	154	4.7129	3.8173	5.6084	
Total 3922 100					
Frequency Missing = 654					

Table of THE FOOD THAT I BOUGHT JUST DIDN'T LAST, AND I DIDN'T HAVE MONEY TO GET MORE (HOW					
OFTEN TRUE IN PAST YEAR)					
THE FOOD THAT I BOUGHT JUST DIDN'T Frequency Percent 95% Confidence Limits					
LAST, AND I DIDN'T HAVE MONEY TO GET					
MORE (HOW OFTEN TRUE IN PAST YEAR)	ST YEAR) for Percent				
Often true/Sometimes true	473	16.3122	14.7237	17.9008	
Never true	3466	83.6878	82.0992	85.2763	
Total 3939 100					
Free	quency Missing :	= 637			

Table of I COULDN'T AFFORD TO EAT BALANCED MEALS (HOW OFTEN TRUE IN PAST YEAR)						
I COULDN'T AFFORD TO EAT BALANCED	Frequency Percent 95% Confidence Limits					
MEALS (HOW OFTEN TRUE IN PAST		for Percent				
YEAR)						
Often true/Sometimes true	537	18.2205	16.5833	19.8578		
Never true	3405	81.7795	80.1422	83.4167		
Total 3942 100						
Frequency Missing = 634						

Table of HOW DO YOUR FINANCES USUALLY WORK OUT AT THE END OF THE MONTH?						
HOW DO YOUR FINANCES USUALLY WORK	Frequency	Percent	95% Confid	95% Confidence Limits		
OUT AT THE END OF THE MONTH?			for Pe	for Percent		
End up with some money left over	2273	54.483	52.4915	56.4744		
Have just enough money to make ends	1324	37.5276	35.5683	39.487		
Do not have enough money to make ends	265	7.9894	6.8753	9.1036		
meet						
Total	3862	100				
Free	Frequency Missing = 714					

Table of HOW OFTEN FELT STRESS IN PAST 30 DAYS						
HOW OFTEN FELT STRESS IN PAST 30 DAYS Frequency Percent 95% Confidence Limits						
for Percent						
None of the time	1637	37.2047	35.3321	39.0773		
A little of the time/Some of the time	1908	50.2384	48.2603	52.2164		
Most of the time/All of the time	386	12.5569	11.1084	14.0054		
Total	3931	100				
Frequency Missing = 645						

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Sugar-sweetened Beverages

Table of DRINK 1+ SUGAR-SWEETENED BEVERAGES PER DAY					
DRINK 1+ SUGAR-SWEETENED Frequency Percent 95% Confidence Limits BEVERAGES for Percent PER DAY					
Yes	853	25.7264	23.9346	27.5182	
No	3109	74.2736	72.4818	76.0654	
Total	3962	100			
Fre	Frequency Missing = 651				

Table of NUMBER OF SUGAR-SWEETENED BEVERAGES CONSUMED PER DAY					
NUMBER OF SUGAR-SWEETENED BEVERAGES CONSUMED PER DAY	Frequency	Percent	95% Confidence Limits for Percent		
None	1844	38.0972	36.2703	39.9242	
<1 per day	1265	36.1763	34.2514	38.1012	
1 per day	511	14.8792	13.4199	16.3386	
2+ per day	342	10.8472	9.5288	12.1656	
Total	3962	100			
Fre	Frequency Missing = 651				

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Suicial Ideation and Behavior

Back to the Table of Contents

Table of SERIOUSLY THOUGHT ABOUT TRYING TO HURT SELF IN A WAY THAT MIGHT HAVE RESULTED IN						
Di	DEATH IN PAST YEAR					
SERIOUSLY THOUGHT ABOUT TRYING TO	SERIOUSLY THOUGHT ABOUT TRYING TO Frequency Percent 95% Confidence Limits					
HURT SELF IN A WAY THAT MIGHT HAVE						
RESULTED IN DEATH IN PAST YEAR	RESULTED IN DEATH IN PAST YEAR for Percent					
Yes	157	5.7262	4.6849	6.7676		
No	3770	94.2738	93.2324	95.3151		
Total 3927 100						
Frequency Missing = 649						

Table of ACTUALLY TRIED HURTING SELF IN A WAY THAT MIGHT HAVE RESULTED IN DEATH IN PAST					
ACTUALLY TRIED HURTING SELF IN A WAY	Frequency Percent 95% Confidence Limits				
THAT MIGHT HAVE RESULTED IN DEATH IN					
PAST YEAR			for Pe	rcent	
Yes	30	24.4273	16.0772	32.7773	
No	126	75.5727	67.2227	83.9228	
Total 156 100					
Frequency Missing = 4420					

Table of DID ANY SUICIDE ATTEMPT RESULT IN AN INJURY, POISONING, OR OVERDOSE THAT HAD TO BE						
TREATED BY A DOCTOR OR NURSE*						
DID ANY SUICIDE ATTEMPT RESULT IN AN Frequency Percent 95% Confidence Limits						
INJURY, POISONING, OR OVERDOSE THAT						
HAD TO BE TREATED BY A DOCTOR OR	HAD TO BE TREATED BY A DOCTOR OR for Percent					
Yes						
No	No					
Total 30						
Frequency Missing = 4546						

^{*}BRFSS follows a rule of not reporting or interpreting data for less than 50 respondents.

Suicide attempt is out of those who reponded Yes to suicide ideation
Suicide attempt resulting in injury is out of those who responded Yes to suicide attempt

Colorado Department of Public Health and Environment, Health Surveys and Evaluation Branch Colorado Behavioral Risk Factor Surveillance System, 2017 Water Consumption

Table of DRINK WATER 1+ TIMES PER DAY						
DRINK WATER	DRINK WATER Frequency Percent 95% Confidence Limits					
1+ TIMES PER			for Pe	ercent		
DAY						
Yes	3598	93.4837	92.5472	94.4202		
No	265	6.5163	5.5798	7.4528		
Total	3863	100				
Frequency Missing = 750						

Table of NUMBER OF GLASSES/BOTTLES/CANS OF WATER CONSUMED PER DAY					
NUMBER OF GLASSES/BOTTLES/CANS	Frequency	Percent	95% Confid	ence Limits	
OF WATER CONSUMED			for Percent		
PER DAY					
None	98	2.4747	1.8623	3.087	
<1 per day	167	4.0416	3.3157	4.7676	
1 per day	360	8.8489	7.7217	9.9761	
2+ per day	3238	84.6348	83.2285	86.0412	
Total	3863	100			
Fre	quency Missing =	= 750			