

Colorado Comparison, 2017
Progress Toward Healthy People 2020 Targets or Colorado 2020 Targets

| Maternal and Child Health Indicator | Number of Years of Data | Healthy People 2020 or Colorado 2020 Target | MCH Data by Year* |
|--|-------------------------|---|-------------------|
| | | | 2017 |
| % births low birth weight | 3 | 7.8% | 8.9% |
| % cesarean deliveries among low-risk first births | 3 | 18.5% ^a | 20.6% |
| % births preterm | 3 | 8.0% ^a | 8.5% |
| % births very low birth weight | 3 | 1.4% | 1.2% |
| % children ages 1-14 with a medical home | 3 | 63.3% | 63% |
| % children ages 6-11 physically active 60 min per day | 3 | 37.0% ^a | 50% |
| % children ages 5-14 overweight or obese | 3 | 25.0% ^a | 24% |
| % children ages 1-5 w/ parents asked by provider to fill out child q'naire | 3 | 52.0% ^a | 59% |
| % mothers discussed what to do if depressed during/after pregnancy | 2 | 85.8% ^a | N/A ^c |
| % infants who were ever breastfed | 2 | 84.5% ^a | N/A ^c |
| % infants placed to sleep on their backs | 2 | 75.8% | N/A ^c |
| % mothers gained appropriate weight during pregnancy | 1 | 38.0% ^a | 34.1% |
| % mothers overweight or obese before pregnancy | 1 | 38.0% ^a | 46.3% |
| % mothers who smoked 3 months before pregnancy | 1 | 12.2% | 7.9% |
| % mothers who smoked during pregnancy | 1 | 6.1% ^a | 6.4% |
| % teens who were bullied in past year | 1 | 22.0% ^a | 25% |
| % very low birth weight births in Level IIIs | 5 | 83.7% | 89.4% |
| Infant mortality rate | 5 | 6.0 per 1,000 | 4.9 per 1,000 |
| Injury hospitalization rate ages 10-19 | 3 | 226.9 ^a | 242.9 per 100,000 |
| Motor vehicle death rate ages 0-14 | 3 | 12.4 per 100,000 ^b | 1.9 per 100,000 |
| Neonatal mortality rate | 5 | 4.1 per 1,000 | 3.6 per 1,000 |
| Perinatal mortality rate | 5 | 5.9 per 1,000 | 5.7 per 1,000 |
| Postneonatal mortality rate | 5 | 2.0 per 1,000 | 1.3 per 1,000 |
| Teen birth rate ages 15-17 | 3 | 10.0 per 1,000 ^a | 9.3 per 1,000 |
| Teen motor vehicle death rate ages 15-19 | 3 | 12.4 per 100,000 ^b | 10.3 per 100,000 |
| Teen suicide death rate ages 15-19 | 5 | 10.2 per 100,000 ^b | 14.1 per 100,000 |

^a Colorado 2020 target.

^b Healthy People targets are for all ages and are not specific to the age group shown.

^c 2015 PRAMS data were not available at the time the Colorado Comparison was created.

N/A denotes data not available or applicable.

Cells shaded in light blue represent survey data results which require greater change over time to be considered "Improved" or "Worse" compared to non-survey data.

* Refer to the accompanying data years table to determine the exact years for each value.

Additional Notes

Maternal and Child Health Indicator

Data are shown for indicators that have been included in the MCH County Data Sets for a number of years, or for new national or state MCH performance measures. Eight indicators are based on survey data available from the Pregnancy Risk Assessment Monitoring System, the Colorado Child Health Survey, and the Healthy Kids Colorado Survey: ever breastfed, infants placed to sleep on their backs, pregnancy depression, child development questionnaire, medical home, overweight or obese children, physically active children, and bullied teens. Data for these indicators are lightly shaded. Most other indicators come from birth and death data, although some indicators (injury hospitalization) are derived from special registries or data sets. Refer to the *Definitions for Data in 2017 County Trend Analysis* handout for further explanation of each indicator.

Number of Years of Data

Indicators use one, two, three, or five years of data. For example, the 2017 teen motor vehicle death rate for ages 15-19 is based on three years of data (2013, 2014, and 2015).

Healthy People 2020 or Colorado 2020 Target

Every ten years, Healthy People sets targets for numerous public health objectives. For 2010 there were 467 separate objectives; for 2020, the number increased to nearly 600. While many 2010 objectives were retained for 2020, the targets for nearly all of them have changed, and the new targets are virtually all more modest than those set for 2010. For more information, visit: <http://www.healthypeople.gov/2020/default.aspx>. Colorado 2020 targets are used in place of Healthy People 2020 targets where available.

MCH Data by Year

Each year when a county trend analysis is released the most recent available data are presented. The years of data that are available differ among indicators. For example, the most recent data available for the teen motor vehicle death rate for ages 15-19 is from 2015. Because this measure is a three-year rate, data from 2013, 2014, and 2015 are presented under the 2017 heading. As a general rule, the values shown beneath a column heading reflect data from at least two years earlier. Refer to the accompanying data years table to determine the exact years for each value.

**Colorado Comparison, 2017
Data Years**

| Maternal and Child Health Indicator | Number of Years of Data | MCH Data by Year |
|--|-------------------------|------------------|
| | | 2017 |
| % births low birth weight | 3 | 2013-2015 |
| % cesarean deliveries among low-risk first births | 3 | 2013-2015 |
| % births preterm | 3 | 2013-2015 |
| % births very low birth weight | 3 | 2013-2015 |
| % children ages 1-14 with a medical home | 3 | 2013-2015 |
| % children ages 6-11 physically active 60 min per day | 3 | 2013-2015 |
| % children ages 5-14 overweight or obese | 3 | 2013-2015 |
| % children ages 1-5 w/ parents asked by provider to fill out child q'naire | 3 | 2013-2015 |
| % mothers discussed what to do if depressed during/after pregnancy | 2 | N/A |
| % infants who were ever breastfed | 2 | N/A |
| % infants placed to sleep on their backs | 2 | N/A |
| % mothers with appropriate weight gain during pregnancy | 1 | 2015 |
| % mothers overweight or obese before pregnancy | 1 | 2015 |
| % mothers who smoked 3 months before pregnancy | 1 | 2015 |
| % mothers who smoked during pregnancy | 1 | 2015 |
| % teens who were bullied in past year | 1 | 2015 |
| % very low birth weight births in Level IIIs | 5 | 2011-2015 |
| Infant mortality rate | 5 | 2011-2015 |
| Injury hospitalization rate ages 10-19 | 3 | 2013-2015 |
| Motor vehicle death rate ages 0-14 | 3 | 2013-2015 |
| Neonatal mortality rate | 5 | 2011-2015 |
| Perinatal mortality rate | 5 | 2011-2015 |
| Postneonatal mortality rate | 5 | 2011-2015 |
| Teen birth rate ages 15-17 | 3 | 2013-2015 |
| Teen motor vehicle death rate ages 15-19 | 3 | 2013-2015 |
| Teen suicide death rate ages 15-19 | 5 | 2011-2015 |