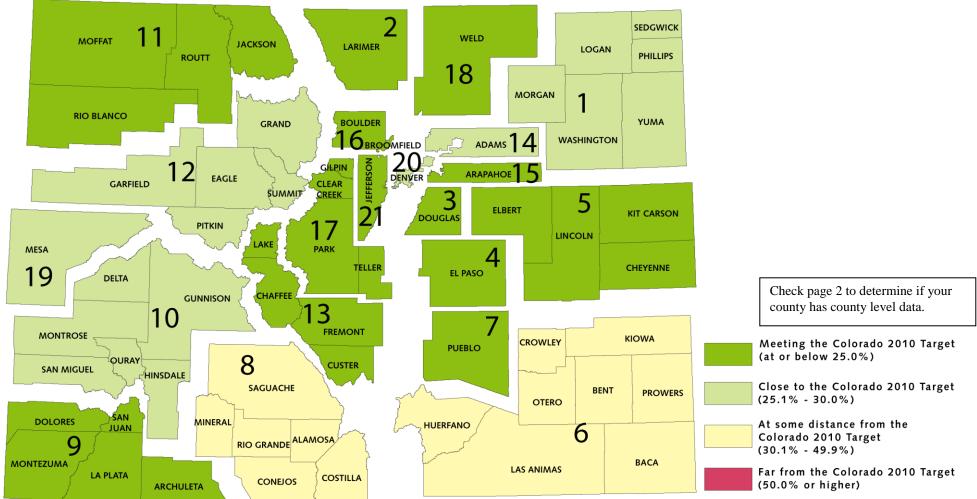
## **Inadequate Weight Gain**

(Prevalence (%))
State Performance Measure 3

Colorado 2010 Objective: Reduce the prevalence of women with inadequate weight gain during pregnancy to 25.0 percent.

Data are survey data for 2004-2008, available for large counties; otherwise, only data for regions are available. The Colorado prevalence is 24.2 percent.



Counties or regions categorized as close to the target are within 80 percent of the target; counties or regions at some distance from the target are between 51 and 79 percent of the target; and counties or regions far from the target 50 percent or less of the desired target.

Source: Pregnancy Risk Assessment Monitoring System (PRAMS) survey data, Health Statistics Section, Colorado Department of Public Health and Environment.

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Category Definition	Percentile Range	Prevalence (%)
Meeting the Colorado 2010 Target	100% of the target	≤ 25.0
Close to the Colorado 2010 Target	80% - 99% of the target	25.1 - 30.0
At Some Distance from the Colorado 2010 Target	51% - 79% of the target	30.1 - 49.9
Far From the Colorado 2010 Target	≤ 50% of the target	≥ 50.0

### Regions Meeting the Colorado 2010 Target (at or below 25.0%)

Region 2: Larimer Region 3: Douglas Region 4: El Paso

Region 5: Cheyenne, Elbert<sup>e</sup>, Kit Carson, Lincoln

Region 7: Pueblo

Region 9: Archuleta<sup>c</sup>, Dolores, La Plata<sup>e</sup>, Montezuma<sup>e</sup>, San Juan

Region 11: Jackson, Moffat<sup>e</sup>, Rio Blanco, Routt<sup>e</sup> Region 13: Chaffee<sup>e</sup>, Custer, Fremont<sup>e</sup>, Lake<sup>c</sup>

Region 15: Arapahoe

Region 16: Boulder<sup>e</sup>, Broomfield

Region 17: Clear Creek, Gilpin, Parke, Tellere

Region 18: Weld Region 21: Jefferson

#### Regions Close to the Colorado 2010 Target (25.1% - 30.0%)

Region 1: Logan<sup>a</sup>, Morgan<sup>c</sup>, Phillips, Sedgwick, Washington, Yuma<sup>a</sup>

Region 10: Delta<sup>c</sup>, Gunnison<sup>e</sup>, Hinsdale, Montrose<sup>a</sup>, Ouray, San Miguel

Region 12: Eagle<sup>e</sup>, Garfield<sup>e</sup>, Grand<sup>a</sup>, Pitkin<sup>e</sup>, Summit<sup>a</sup>

Region 14: Adams Region 19: Mesa Region 20: Denver

#### Regions At Some Distance from the Colorado 2010 Target (30.1% - 49.9%):

Region 6: Baca, Bent, Crowley, Huerfano, Kiowa, Las Animas, Otero<sup>a</sup>, Prowers<sup>e</sup>

Region 8: Alamosa<sup>e</sup>, Conejos<sup>d</sup>, Costilla, Mineral, Rio Grande<sup>e</sup>, Saguache

### Regions Far from the Colorado 2010 Target (50.0% or higher):

None

<sup>a</sup>County level data are available; county percent category differs from regional percent category; county percent category meets the Colorado 2010 Target.

<sup>b</sup>County level data are available; county percent category differs from regional percent category; county percent category is close to the Colorado 2010 Target.

<sup>c</sup>County level data are available; county percent category differs from regional percent category; county percent category is at some distance to the Colorado 2010 Target.

<sup>d</sup>County level data are available; county percent category differs from regional percent category; county percent category is far from the Colorado 2010 Target.

<sup>e</sup>County level data are available; county percent category is the same as regional percent category.

Colorado Inadequate Weight Gain, State Performance Measure 3 MCH County Data Sets 2010