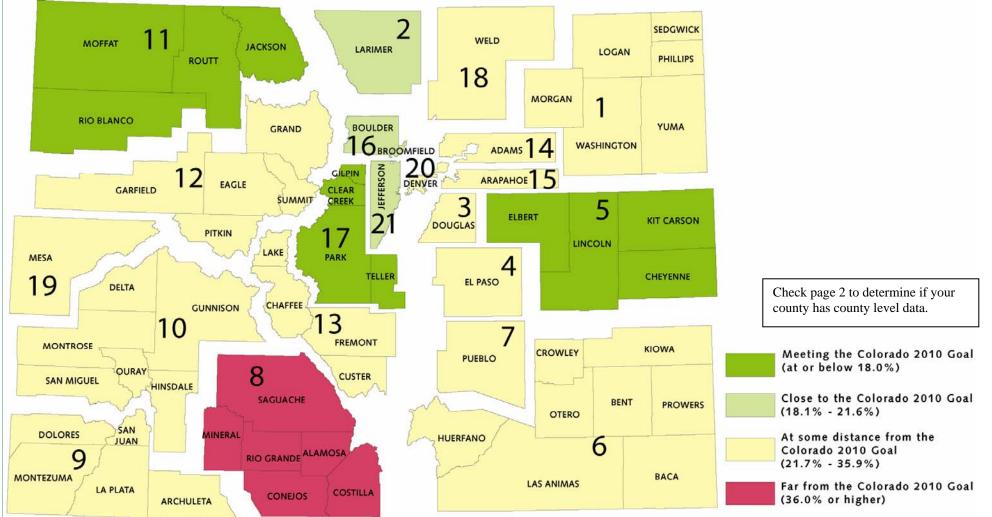
## Inadequate Weight Gain (Percent)

State Performance Measure 3

Colorado 2010 Goal: Reduce the percentage of women with inadequate weight gain during pregnancy to 18.0 percent.

Data are survey data for 2003-2007, available for large counties; otherwise, only data for regions are available. The state rate is 24.2 percent.



Counties or regions categorized as close to the goal are within 80 percent of the goal; counties or regions at some distance from the goal are between 51 and 79 percent of the goal; and counties or regions far from the goal 50 percent or less of the desired goal.

Source: Pregnancy Risk Assessment Monitoring System (PRAMS) survey data, Health Statistics and Vital Records, Colorado Department of Public Health and Environment.

Colorado Inadequate Weight Gain Rates State Performance Measure 3 Page 1 of 2

### Inadequate Weight Gain

(Percent) State Performance Measure 3

# Colorado 2010 Goal: Reduce the percentage of women with inadequate weight gain during pregnancy to 18.0 percent.

Data are survey data for 2003-2007, available for large counties; otherwise, only data for regions are available. The state rate is 24.2 percent.

Category Definition	Percentile Range	Percent (%)
Meeting the Colorado 2010 Goal	100% of the goal	18.0
Close to the Colorado 2010 Goal	80% - 99% of the goal	18.1 – 21.6
At Some Distance from the Colorado 2010 Goal	51% - 79% of the goal	21.7 – 35.9
Far From the Colorado 2010 Goal	$\leq$ 50% of the goal	36.0

#### Regions Meeting the Colorado 2010 Goal (at or below 18.0%)

Region 5: Cheyenne, Elbert<sup>e</sup>, Lincoln, Kit Carson Region 11: Jackson, Moffat<sup>c</sup>, Rio Blanco, Routt<sup>e</sup> Region 17: Clear Creek, Gilpin, Park<sup>e</sup>, Teller<sup>e</sup>

#### Regions Close to the Colorado 2010 Goal (18.1%-21.6%)

Region 2: Larimer Region 16: Boulder<sup>e</sup>, Broomfield Region 21: Jefferson

#### Regions At Some Distance from the Colorado 2010 Goal (21.7%-35.9%):

Region 1: Logan<sup>e</sup>, Morgan<sup>e</sup>, Phillips, Sedgwick, Washington, Yuma<sup>a</sup> Region 3: Douglas Region 4: El Paso Region 6: Baca, Bent, Crowley, Huerfano, Kiowa, Las Animas, Otero<sup>e</sup>, Prowers<sup>d</sup> Region 7: Pueblo Region 9: Archuleta<sup>e</sup>, Dolores, La Plata<sup>e</sup>, Montezuma<sup>a</sup>, San Juan Region 10: Delta<sup>e</sup>, Gunnison<sup>e</sup>, Hinsdale, Montrose<sup>e</sup>, Ouray, San Miguel Region 12: Eagle<sup>e</sup>, Garfield<sup>e</sup>, Grand<sup>e</sup>, Pitkin<sup>e</sup>, Summit<sup>b</sup> Region 13: Chaffee<sup>e</sup>, Custer, Fremont<sup>b</sup>, Lake<sup>e</sup> Region 14: Adams Region 15: Arapahoe Region 18: Weld Region 19: Mesa Region 20: Denver

#### Regions Far from the Colorado 2010 Goal (36.0% or higher):

Region 8: Alamosa<sup>c</sup>, Conejos, Costilla, Mineral, Rio Grande<sup>e</sup>, Saguache

<sup>a</sup>County level data are available; county percent category differs from regional percent category; county percent category meets the Colorado 2010 goal.

<sup>b</sup>County level data are available; county percent category differs from regional percent category; county percent category is close to the Colorado 2010 goal.

<sup>c</sup>County level data are available; county percent category differs from regional percent category; county percent category is at some distance to the Colorado 2010 goal.

<sup>d</sup>County level data are available; county percent category differs from regional percent category; county percent category is far from the Colorado 2010 goal.

<sup>e</sup>County level data are available; county percent category is the same as regional percent category.

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