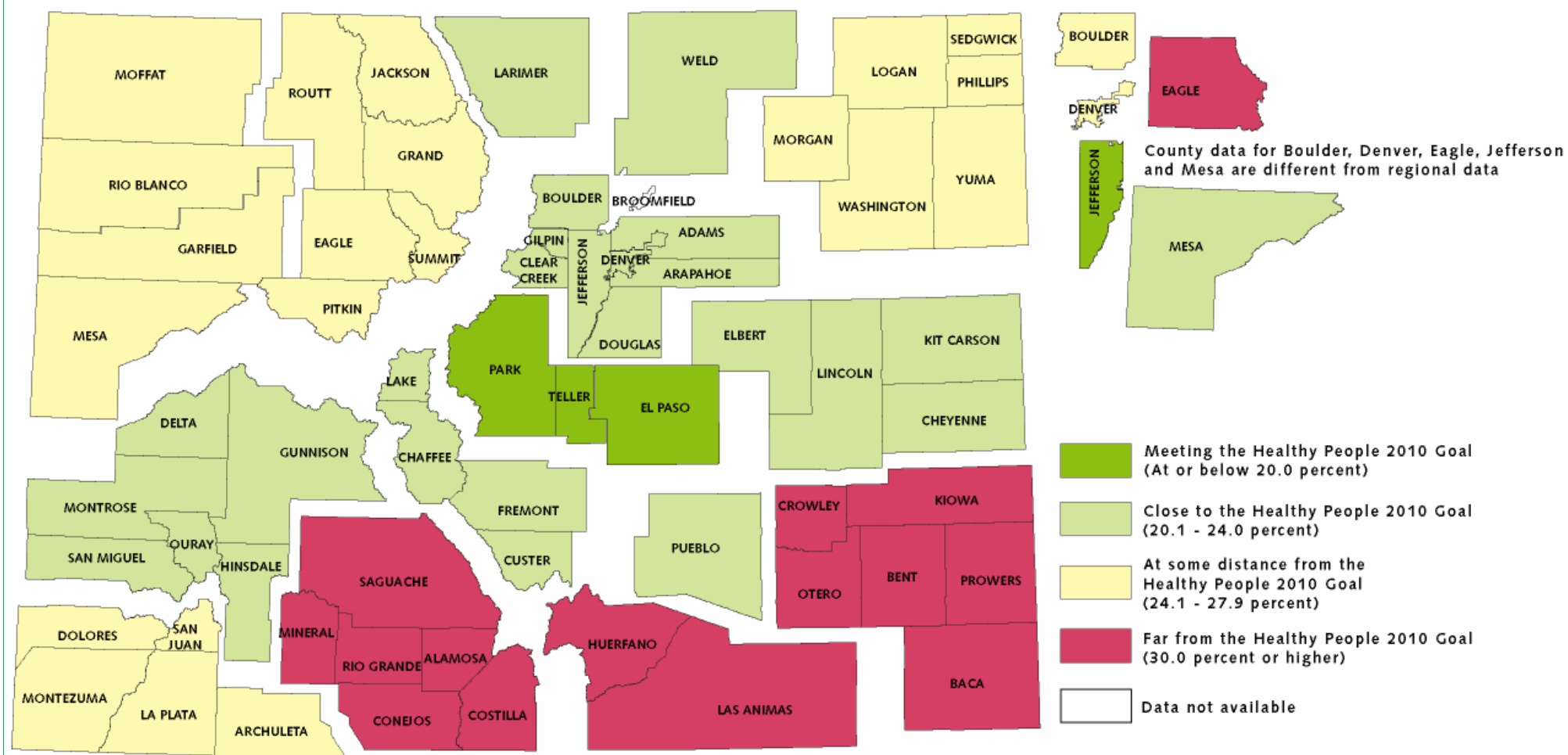


## Inadequate Weight Gain Rate State Performance Measure 13

**Healthy People 2010 Goal:** *Reduce the percentage of women with inadequate weight gain during pregnancy to 20.0 percent.*

*Data are survey data for 1998-2002, available for large counties; otherwise, only data for regions are available. The state rate is 23.3 percent.*

*Counties or regions categorized as close to the goal are within 20 percent of the goal; counties or regions at some distance from the goal are more than 20 percent away but less than double the goal; and counties or regions far from the goal are at least double the desired goal.*



## **Inadequate Weight Gain Rate**

### **State Performance Measure 13**

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#### **Counties or Regions Meeting the Healthy People 2010 Goal (at or below 20.0%)**

El Paso  
El Paso/Park/Teller  
Jefferson

#### **Counties or Regions Close to the Healthy People 2010 Goal (20.1%-24.0%)**

Adams  
Adams/Arapahoe/Boulder/Clear Creek/Denver/Douglas/Gilpin/Jefferson  
Arapahoe  
Chaffee/Custer/Fremont/Lake  
Cheyenne/Elbert/Kit Carson/Lincoln  
Delta/Gunnison/Hinsdale/Montrose/Ouray/San Miguel  
Douglas  
Larimer  
Mesa  
Pueblo  
Weld

#### **Counties or Regions At Some Distance from the Healthy People 2010 Goal (24.1%-27.9%):**

Archuleta/Dolores/La Plata/Montezuma/San Juan  
Boulder  
Denver  
Eagle/Grand/Jackson/Pitkin/Routt/Summit  
Garfield  
Garfield/Mesa/Moffat/Rio Blanco  
Logan/Morgan/Phillips/Sedgwick/Washington/Yuma

#### **Counties or Regions Far from the Healthy People 2010 Goal (30.0% or higher):**

Alamosa/Conejos/Costilla/Mineral/Rio Grande/Saguache  
Baca/Bent/Crowley/Kiowa/Otero/Prowers  
Eagle  
Huerfano/Las Animas

#### **Data not Available:**

Broomfield