### Inadequate Weight Gain Rate State Performance Measure 13

Healthy People 2010 Goal: Reduce the percentage of women with inadequate weight gain during pregnancy to 20.0 percent.

Comparisons are based on the Healthy People 2010 goal. Survey data for 1997-2001 are shown for regions and some large counties. The state rate is 23.5 percent.

Counties or regions categorized as close to the goal are within 20 percent of the goal; Counties or regions at some distance from the goal are 21 percent to 49 percent higher than the goal; and counties or regions far from the goal are at least 50 percent higher than the goal.

**SEDGWICK** WELD **JACKSON** LARIMER LOGAN **MOFFAT PHILLIPS ROUTT** 12 MORGAN **GRAND BOULDER** YUMA **RIO BLANCO** WASHINGTON ADAMS CLEAR 3 **EAGLE** ŜUMMIT DENVER CREEK **ARAPAHOE GARFIELD** 12 PITKIN **ELBERT** KIT CARSON **DOUGLAS PARK** 5 LINCOLN MESA LAKE 4 TELLER 10 DELTA CHEYENNE **EL PASO GUNNISON** CHAFFEE 13 **KIOWA** CROWLEY MONTROSE **FREMONT** Meeting the Healthy People 2010 Goal (At or below 20.0 percent) OURAY **PUEBLO** SAN MIGUEL **CUSTER** HINSDALE Close to the Healthy People 2010 Goal **BENT** SAGUACHE **PROWERS** (20.1 - 24.0 percent) **OTERO** 6 At some distance from the SAN **DOLORES** MINERAL **HUERFANO** JUAN Healthy People 2010 Goal RIO GRANDE ALAMOSA (24.1 - 27.9 percent) **BACA** 14 **MONTEZUMA** Far from the Healthy People 2010 Goal LAS ANIMAS LA PLATA **COSTILLA CONEJOS** (30.0 percent or higher) **ARCHULETA** 

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# Counties Meeting the Healthy People 2010 Goal (at or below 20.0%):

Jefferson Teller Park El Paso

## Counties Close to the Healthy People 2010 Goal (20.1% - 24.0%):

Adams Garfield Moffat
Arapahoe Gilpin Pueblo
Clear Creek Larimer Rio Blanco
Douglas Mesa Weld

#### Counties At Some Distance from the Healthy People 2010 Goal (24.1% - 27.9%):

Archuleta Gunnison Morgan Chaffee Hinsdale Ouray Kit Carson Chevenne **Phillips** Custer La Plata San Juan Delta Lake San Miguel Denver Lincoln Sedgwick Washington Dolores Logan Elbert Montezuma Yuma

Fremont Montrose

#### Counties Far from the Healthy People 2010 Goal (30.0% or higher):

Alamosa Otero
Baca Pitkin
Bent Prowers
Boulder Rio Grande
Conejos Routt
Costilla Saguache
Crowley Summit

Eagle Grand Huerfano Jackson Kiowa Las Animas Mineral