

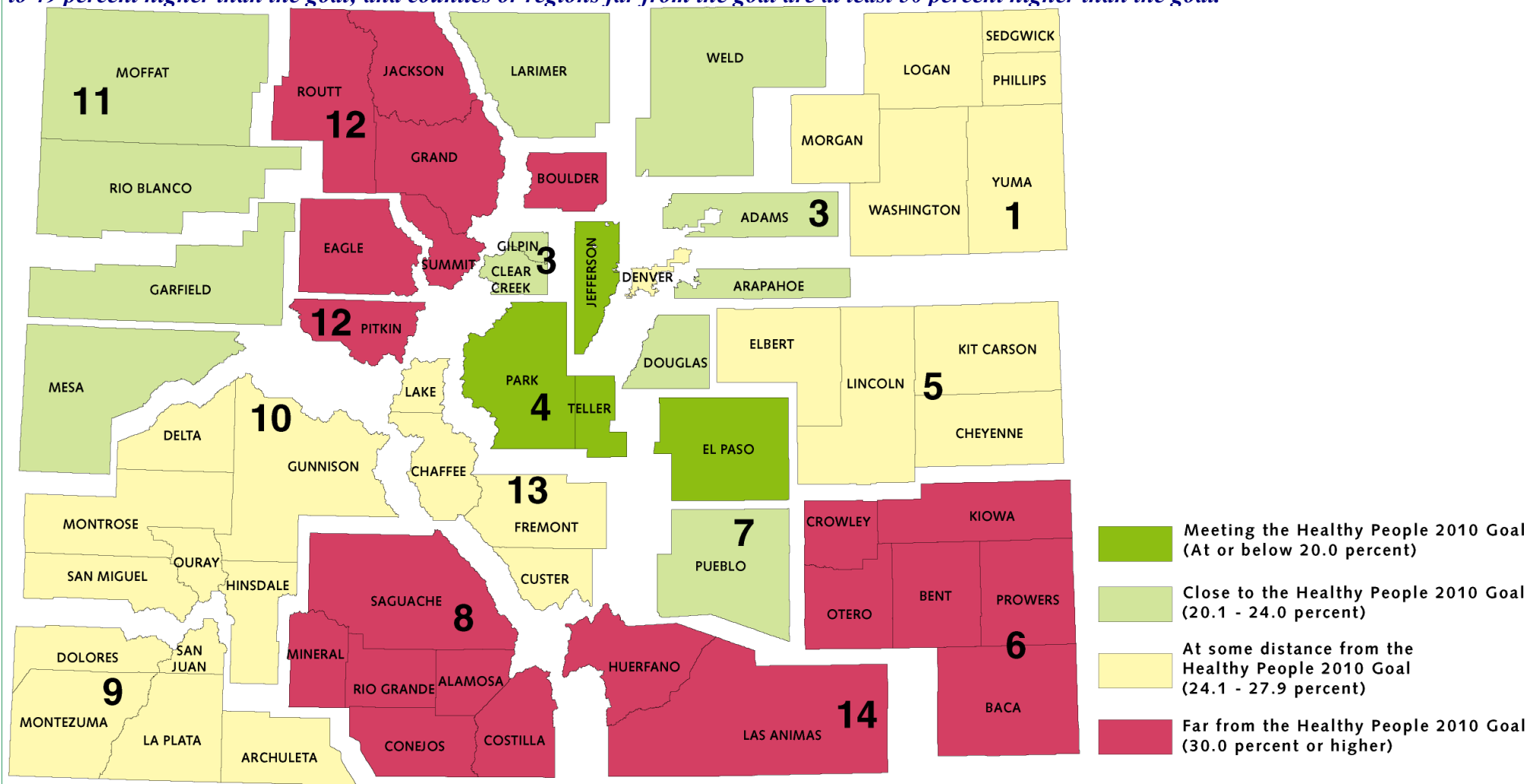
## Inadequate Weight Gain Rate

### State Performance Measure 13

**Healthy People 2010 Goal:** *Reduce the percentage of women with inadequate weight gain during pregnancy to 20.0 percent.*

*Comparisons are based on the Healthy People 2010 goal. Survey data for 1997-2001 are shown for regions and some large counties. The state rate is 23.5 percent.*

*Counties or regions categorized as close to the goal are within 20 percent of the goal; Counties or regions at some distance from the goal are 21 percent to 49 percent higher than the goal; and counties or regions far from the goal are at least 50 percent higher than the goal.*



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#### **Counties Meeting the Healthy People 2010 Goal (at or below 20.0%):**

Jefferson	Teller
Park	El Paso

#### **Counties Close to the Healthy People 2010 Goal (20.1% - 24.0%):**

Adams	Garfield	Moffat
Arapahoe	Gilpin	Pueblo
Clear Creek	Larimer	Rio Blanco
Douglas	Mesa	Weld

#### **Counties At Some Distance from the Healthy People 2010 Goal (24.1% - 27.9%):**

Archuleta	Gunnison	Morgan
Chaffee	Hinsdale	Ouray
Cheyenne	Kit Carson	Phillips
Custer	La Plata	San Juan
Delta	Lake	San Miguel
Denver	Lincoln	Sedgwick
Dolores	Logan	Washington
Elbert	Montezuma	Yuma
Fremont	Montrose	

#### **Counties Far from the Healthy People 2010 Goal (30.0% or higher):**

Alamosa	Otero
Baca	Pitkin
Bent	Prowers
Boulder	Rio Grande
Conejos	Routt
Costilla	Saguache
Crowley	Summit
Eagle	
Grand	
Huerfano	
Jackson	
Kiowa	
Las Animas	
Mineral	