COLORADO DEPARTMENT OF CORRECTIONS

Tony Carochi, Interim Executive Director



Overview of Substance Abuse Treatment Services Fiscal Year 2011-2012

Prepared by Kim Muhlhauser Laura Engleman Kasey Weber March 2013

DEPARTMENT OF CORRECTIONS

OFFICE OF PLANNING AND ANALYSIS

2862 SOUTH CIRCLE DRIVE

COLORADO SPRINGS, CO 80906

www.doc.state.co.us

TONY CAROCHI Interim Executive Director

DANA BUSTOS Alcohol & Drug Services Administrator

MAUREEN O'KEEFE Director of Research

Table of Contents

Introduction	1
Standardized Assessment	1
Standardized Treatment System	2
Level 1: No Treatment	2
Level 2: Drug and Alcohol Education and Increased Urinalyses	2
Level 3: Weekly Outpatient (WOP)	2
Level 4a: Enhanced Outpatient (EOP)	2
Level 4b: Intensive Outpatient (IOP)	3
Level 4c: Intensive Residential Treatment (IRT)	3
Level 4d: Therapeutic Community (TC)	3
Level 5: Medical/Mental Health Referral	4
Sanctions	
Program Licensing	4
Therapeutic Community Program Accreditation	4
Certified Addiction Counselor Licensure	5
Evaluation of Treatment Needs	7
Prevalence Rates	7
Substance Abuse Profile	8
Service Delivery	12
Alcohol and Drug Services Counselor Profile	20
Overview of Prison-Based Services	22
Program Descriptions	22
Alcohol and Drug Education	22
Relapse Prevention	22
Strategies for Self-Improvement and Change (SSC)	22
Therapeutic Community (TC)	23
Elective Programs	24
Voluntary Programs	25
Facilities and Programs	

Overview of Community-Based Services	
TASC	71
Level 4C: Intensive Residential Treatment (IRT)	74
San Luis Valley	74
Larimer County Community Corrections	74
Intervention Community Corrections Services-Weld	74
CMI Fox	75
Mesa County Community Corrections	75
Short-Term Intensive Residential Remedial Treatment (STIRRT)	76
Level 4d: Therapeutic Community (TC)	
Independence House Pecos	77
Peer I	77
Sisterhood Teaching Alternatives for Recovery (STAR) TC	
Therapeutic Community for Southern Colorado	
The Haven Modified TC	78
Residential Dual Diagnosis Treatment Programs	80
Residential Dual Diagnosis Treatment (RDDT) Providers and Programs	80
Denver Homeless Transition Program	
eferences	83
ppendix	84

Introduction

Substance abuse is known to have a high occurrence rate among incarcerated populations; Colorado is no exception. This report evaluates the substance abuse needs of offenders and the availability of treatment services within the Colorado Department of Corrections (CDOC).

Substance abuse programs operate under the CDOC Behavioral Health Services as the division of Alcohol and Drug Services. The mission of this division is "to assess substance-abusing offenders and provide them a continuum of interventions for ongoing self-change." Assessment information is used as a guide for making treatment placements into available treatment services, which vary in duration and intensity.

The delivery of substance abuse services within Colorado's criminal justice system dramatically changed with the passage of Colorado Revised Statute (C.R.S.) 16-11.5 and 18-1.3-209. This legislation mandated three important components for felons and misdemeanants: (1) a standardized procedure for assessment of substance abuse, including chemical testing, (2) a system of education and treatment programs for substance abusers, and (3) a system of punitive sanctions for offenders who test positive after the initial test. The CDOC, the State Judicial Department, the Division of Criminal Justice of the Department of Public Safety, and the Department of Human Services launched a cooperative effort to fulfill these legislative mandates.

STANDARDIZED ASSESSMENT

The Standardized Offender Assessment-Revised (SOA-R) comprises four instruments: the Simple Screening Instrument-Revised (SSI-R), a substance abuse screening measure; the Level of Supervision Inventory-Revised (LSI-R), a recidivism risk measure; the Adult Substance Use Survey-Revised (ASUS-R), a substance abuse severity measure; and the Treatment Recommendation Worksheet (TxRW) that assists the assessor in making a treatment recommendation. During intake to the CDOC, the SSI-R and the LSI-R are administered to all offenders. The combined score of the SSI-R and number of alcohol/drug-related arrests over the previous 5 years generate the offender's diagnostic substance abuse needs level. This needs level ranges from 1 through 5. Anyone with a needs level of 3 or higher is identified for further assessment with the ASUS-R and the TxRW. Offenders are recommended for alcohol and drug treatment based on the combined information from this battery of assessment instruments.

STANDARDIZED TREATMENT SYSTEM

In conjunction with the SOA-R, a treatment system was formulated. The treatment system, consisting of eight categorical levels, is tied to the assessment battery. Scores on the standardized assessment drive placement into one of the treatment levels. The treatment system provides education and therapy services of varying intensity and duration.

Level 1: No Treatment

Offenders assigned to the first level include those who require no substance abuse treatment. Individuals assessed as level 1 have no current clinical diagnosis of substance abuse or dependence.

Level 2: Drug and Alcohol Education and Increased Urinalyses

The second treatment level is prescribed for individuals with no clinical diagnosis of substance abuse or dependence and no withdrawal symptoms. Level 2 drug and alcohol education is structured and curriculum based; however, content may vary. These programs incorporate urinalyses and substance abuse education designed to increase awareness of the effects of drug and alcohol usage. The required hours for this level are generally open to the facilities' own guidelines.

Level 3: Weekly Outpatient (WOP)

Weekly outpatient treatment, level 3, is intended for individuals who may have a clinical diagnosis of substance abuse or dependence. Level 3 programs are designed for individuals who experience up to two of the following consequences of substance abuse: employment difficulties, legal difficulties, or damaged personal relationships. Individuals may be appropriate for weekly outpatient treatment if they completed a more intensive program and need continuing support. It is recommended that participants at this level are voluntary, motivated, and have positive support systems outside of treatment. The general parameters of weekly outpatient treatment are 1 to 3 hours per week within a 3- to 12-month duration.

Level 4a: Enhanced Outpatient (EOP)

Enhanced outpatient treatment, level 4a, is also intended for individuals who may have a clinical diagnosis of substance abuse or dependence. Individuals may have an emotional, behavioral, or cognitive disorder requiring intensive monitoring to minimize distractions from treatment. Individuals also may have performed poorly in weekly outpatient therapy while under supervision and may have a poor support system, which necessitates more intensive treatment services. Enhanced outpatient treatment may be appropriate for individuals who have a more intensive program and need continuing support. It is recommended, although not required, that participants at this level are voluntary and motivated. Level 4a programs are typically less than 12 weeks in

length, 2 to 4 sessions per week, and between 3 and 9 hours per week. Level 4a treatment should be followed by level 3 treatment.

Level 4b: Intensive Outpatient (IOP)

Level 4b, intensive outpatient treatment, is designed for individuals who require more structured therapy than is provided through weekly or enhanced outpatient treatment. Individuals may be assigned to level 4b treatment if their histories indicate unsuccessful treatment attempts, prolonged intoxication or lengthy withdrawal, and serious behavioral changes (e.g., legal or family problems) due to substance abuse. Intensive outpatient programs are best suited for individuals who realize the seriousness of their substance abuse problems but have negative or nonexistent support systems and are at a high risk for continued drug use. This level may be appropriate for individuals who have a dual diagnosis, present a risk to themselves or others, or have successfully completed an intensive residential program. There is some difficulty in distinguishing levels 4b, 4a, and 3. Treatment programs at these levels differ primarily in intensity, since no clear guidelines exist regarding content. Levels 4a, 4b, and 3 vary across length of stay, number of sessions per week, number of hours per week, or total program hours. Level 4b programs are typically 4 to 6 weeks in length, 3 to 7 sessions per week, 9 to 21 hours per week, or 36 to 126 total hours. Level 4b treatment should be followed by continuing care of level 4a or level 3 treatment.

Level 4c: Intensive Residential Treatment (IRT)

Level 4c is an intensive residential program for individuals with serious substance abuse problems. Intensive residential programs typically last 90 days; however, some programs may be as short as 14 days. The purpose of level 4c treatment is to provide a brief, intensive treatment intervention. Level 4c treatment programs accommodate individuals experiencing recent acute intoxication or withdrawal symptoms (e.g., hallucinations, disorientation, and delirium tremens). They are also structured to accommodate persons requiring medical attention—particularly for disorders related to prolonged substance abuse. Level 4c programs are most appropriate for individuals diagnosed with a chronic psychiatric disorder or who are a danger to themselves or others. Additionally, level 4c programs treat individuals who lack a positive support system, experience substantial denial, or exhibit inability to sustain independent functioning outside of a controlled environment. Level 4c treatment is designed to be followed by a progressively decreased level of treatment from level 4b to 4a to 3.

Level 4d: Therapeutic Community (TC)

Level 4d programs are similar to level 4c in that they are residential in nature, but 4d programs have longer treatment stays and are more structured than the lower levels. Typically, TCs have a 6to 12-month length of stay. TCs are designed for individuals with extensive criminal histories, antisocial behavior, limited social support, and multiple unsuccessful treatment attempts. Level 4d programs use the "community as method" model, which views substance abuse as a disorder of

Introduction

the whole person and focuses on completely changing an offender's thinking, lifestyle, and identity. These programs place a high level of responsibility on the individual participants for their treatment.

Level 5: Medical/Mental Health Referral

The final level of treatment, level 5, is intended for individuals with the most serious cognitive, emotional, and/or behavioral problems. Typically, individuals have a psychiatric disorder or a severe medical need that warrants suspension of substance abuse treatment until the issue can be addressed. Due to the extreme severity of their psychological or physical problems, treatment may be considered inappropriate for individuals in this category so they may be referred for a medical and/or mental health evaluation by a licensed professional.

SANCTIONS

A system of punitive sanctions for continued substance use is another mandate under C.R.S. 16-11.5. The system of sanctions is related to the SOA-R and takes the following factors into consideration: (1) level of criminal risk, (2) severity of substance abuse, (3) compliance in supervision, and (4) treatment participation and compliance. Recognizing that each agency must develop its own policies and procedures to respond to offender substance use, specific sanctions (e.g., SOA-R reassessment, increased supervision, loss of privileges) based on the four factors are suggested.

PROGRAM LICENSING

The Colorado Division of Behavioral Health (DBH; within the Colorado Department of Human Services, Office of Behavioral Health) is responsible for the administration, licensing, and regulation of substance use disorder treatment in the state. By statute, DBH is authorized to license and routinely monitor treatment programs. Licenses remain in effect for 3 consecutive years, at which time a renewal application must be filed. Among several requirements, licensed programs must meet DBH regulations for staff qualifications and competencies, evidence-based treatment, client record content, and client/counselor ratios. In accordance with C.R.S. 16-11.5, offenders must be assessed and placed within treatment levels according to the SOA-R. Regular audits of licensed programs occur once every 3 years; however discretionary audits may be requested at any time. Currently, each individual CDOC and private facility is responsible for applying for and maintaining a DBH license to provide substance abuse treatment. Depending on the facility, it may hold licenses to provide SOA-R level 2, 3, 4a, 4b, and 4d treatment programs as well as DUI level II education.

THERAPEUTIC COMMUNITY PROGRAM ACCREDITATION

The American Correctional Association (ACA) administers national accreditation for adult and juvenile corrections. The goal of this voluntary program is to improve the management of correctional agencies by issuing standards that provide an opportunity to evaluate and remedy the

quality of programs and services offered. Under this accreditation process there are certain performance-based standards for TCs. Accreditation of the TC itself is achieved by complying with these standards, such as protecting offenders from injury and illness, offering a secure environment, providing opportunity to return to the community, fair treatment and protection of rights, documenting performance duties of staff, employing professional and ethical staff, and administering the program in an efficient and responsible manner. For each standard, a file must be prepared documenting compliance. To meet compliance, the TC must achieve 100% of the standards/expected practices designated as mandatory and 90% of the non-mandatory standards/expected practices. Self-audits are conducted as well as national audits conducted by visiting committees. There is a 3-year accreditation period, but TC programs are required to submit annual certification statements confirming continued compliance.

CERTIFIED ADDICTION COUNSELOR LICENSURE

The Colorado Department of Human Services, DBH, sets the education, training, and supervision standards for the addiction counseling workforce. These standards are enforced by the Colorado Department of Regulatory Agencies (DORA). Licensing for Certified Addiction Counselors (CAC) is specific to the field of addiction treatment and requires education, training, and clinically supervised work experience. Individuals working to gain their CAC level I or II certification must have a high school degree or its equivalent. Counselors seeking CAC level III certification must have a bachelor's degree. In addition, CAC II and CAC III counselors must pass a national examination to receive these certifications. CAC classes and examinations focus on four sets of competencies: (1) understanding addiction, (2) treatment knowledge, (3) application to practice, and (4) professional readiness. Through these classes individuals learn the required skills in clinical evaluation, intake and discharge, treatment planning, service coordination, counseling, case management, documentation, professional and ethical responsibilities, and clinical supervision. Once level I, II, or III certification is achieved, active certification requires payment of fees and 40 hours of professional development every 2 years. Counselor licensure consists of three levels of certification: CAC II, CAC II, and CAC III.

CAC I

This is the entry-level certification; individuals at this level are not permitted to conduct counseling services alone but may co-facilitate individual or group sessions with oversight from a CAC II or CAC III. They may also complete required paperwork when co-signed by a CAC II or CAC III. To achieve this level of certification, counselors in training must accumulate 1,000 clinically supervised work hours.

CAC II

Counselors with this level of certification may conduct addiction treatment services independently for individuals and groups. CAC II counselors are certified to complete the full range of duties and

Introduction

requirements with the exception of providing clinical supervision. Achievement of this certification level requires accumulation of 2,000 clinically supervised work hours.

CAC III

Counselors achieving this level of certification are able to perform all duties related to individual and group counseling services. These individuals have also completed the required clinical supervision training to fully assume supervision duties as well.

Evaluation of Treatment Needs

The CDOC provides a wide array of substance abuse treatment services. It is important for programs to identify the treatment needs of the clientele and to determine whether the services are meeting those needs.

The first evaluation section of this report profiles substance abusers by comparing them to nonabusers across demographics, criminal histories, and other treatment need areas. Next, the need for specific treatment levels, as identified by the SOA-R, is explored. Finally, staffing patterns and actual services rendered are analyzed.

The CDOC offender and parole population excluding youthful offenders, jail backlog, and parolees supervised out of state was used to profile substance abusers. On June 30, 2011, this population totaled 30,688 and on June 30, 2012, it was 30,046. Substance abusers are identified during the diagnostic assessment and classification process at the Denver Diagnostic and Reception Center (DRDC) and Denver Women's Correctional Facility (DWCF). All prison admissions are evaluated and screened for various programmatic needs, such as substance abuse, mental health, and vocational needs. A 5-point severity index is used, with higher scores denoting a greater priority for services. Offenders scoring 3 or higher are considered to have a need in that area.

PREVALENCE RATES

The prevalence of substance abuse across the offender and parole population as of June 30, 2011, and June 30, 2012, was analyzed. Substance abusers were defined as having a diagnostic substance abuse needs level of 3 through 5, while non-abusers included offenders with a diagnostic level of 1 or 2. The substance abuse needs level was calculated from offenders' SSI-R scores and number of alcohol/drug-related arrests within the last 5 years, using an algorithm that accounted for both self-report (SSI-R score) and a behavioral indicator (number of arrests). Thus, offenders who under-report substance use on the SSI-R but have substance-related arrests were still identified as substance abusers.

In fiscal year 2011 (FY11), there were 595 offenders with missing substance abuse needs levels, reducing the population size to 30,093. Overall, 79% of the population was identified as having substance abuse needs. Prevalence rates were examined by offenders' location (see Figure 1). In fiscal year 2012 (FY12) there were 915 offenders with missing substance abuse needs levels, reducing the population size to 29,131. Overall, 77% of the population was identified as having substance abuse needs. Prevalence rates were examined by offenders' location (see Figure 2). Rates were fairly similar across state and private facilities but were slightly higher among parolees and community-based offenders (i.e., community corrections and Intensive Supervision Program [ISP] inmates).

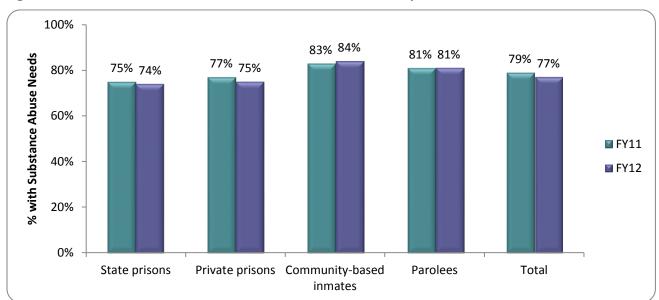


Figure 1. Substance Abuse Needs across the CDOC Jurisdictional Population*

*Excludes youthful offenders, jail backlog, fugitives, and parolees supervised out of state

SUBSTANCE ABUSE PROFILE

The demographic and criminal history of substance abusers was compared to non-abusers for FY11 and FY12 (see Table 1). The groups were similar on gender and ethnicity, with some exceptions. More Latino/Latina offenders were substance abusers and slightly more African Americans were non-abusers compared to substance abusers. Substance abusers also tended to be a few years younger than the non-abuser group. Overall, non-abusers were more likely to obtain their high school diploma than substance abusers, while substance abusers tended to receive their GED more often.

Criminal history data showed that substance abusers were at a higher recidivism risk as measured by the LSI-R, likely due to an accumulation of more crimes in their past than the non-abusers. However, non-abusers had more serious felony offenses.

Needs levels were examined for both substance abusers and non-abusers (see Figures 2 and 3). Missing data in FY11 ranged from 2 cases in vocational and academic needs levels to 301 cases in self-destructive needs levels. In FY12, missing data ranged from 1 case in sex offender needs levels to 290 cases in self-destructive needs levels.

	FY11		FY1	2
	Substance Abusers	Non-Abusers	Substance Abusers	Non-Abusers
	(<i>n</i> = 23,452)	(<i>n</i> = 6,641)	(<i>n</i> = 22,508)	(<i>n</i> = 6,623)
Gender				
Male	88.94%	89.23%	89.04%	89.92%
Female	11.06%	10.77%	10.95%	10.07%
Ethnicity				
Caucasian	44.95%	47.99%	45.10%	48.39%
Latino/Latina	33.23%	28.14%	32.91%	27.27%
African American	18.37%	19.97%	18.35%	20.59%
Other*	3.45%	3.90%	3.64%	3.74%
Mean age (SD)				
	36.59 (10.14)	39.19 (12.49)	37.44 (10.32)	40.21 (12.73)
High school certificate***				
Diploma	17.43%	29.47%	16.97%	30.51%
GED	51.79%	42.31%	51.50%	41.94%
Neither	22.85%	22.66%	19.31%	18.57%
Missing	7.75%	6.08%	12.22%	8.97%
Felony class****				
1	1.67%	3.95%	1.84%	4.03%
2	6.02%	8.34%	6.54%	8.50%
3	27.67%	30.52%	28.58%	32.37%
4	41.49%	37.09%	40.38%	36.12%
5	17.24%	16.08%	16.95%	15.31%
6	5.67%	3.33%	5.47%	2.97%
Missing	.24%	.69%	.22%	.69%
Mean LSI-R (SD)*****				
	30.00 (8.74)	23.53 (8.63)	30.01 (8.75)	23.60 (8.69)

Table 1. Comparison across Demographic and Criminal History Data

*Other includes Native American and Asian ethnic groups

** SD=standard deviation

***2,319 offenders in FY11 and 3,344 offenders in FY12 were missing high school certificate information

****102 offenders in FY11 and 95 offenders in FY12 were missing felony class information

*****969 offenders in FY11 and 538 offenders in FY12 were missing LSI-R assessment information

Although substance abusers and non-abusers had similar needs in most areas, there was a notable difference between the two groups on the sex offender needs level, where the percentage of non-abusers was double that of substance abusers. This may explain why the group of non-abusers, whose crimes are in a higher felony class (as noted above), nevertheless have lower LSI-R scores. The LSI-R does not assess sex offending risk. Substance abusers had only slightly lower medical, self-destructive, and assaultiveness needs than non-abusers. More substance abusers had both non-qualifying mental illness and serious mental illness, although the gap between the groups was smaller for the latter. Groups were most similar on developmental disabilities, academic, and vocational needs.

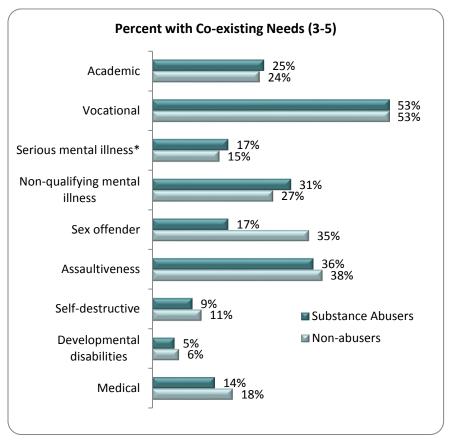
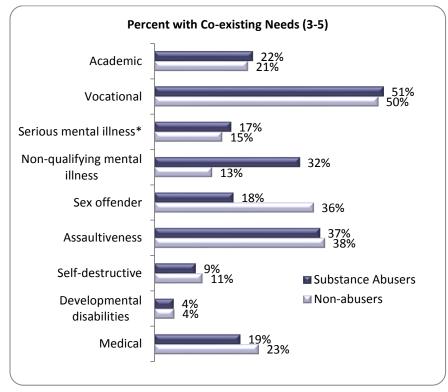


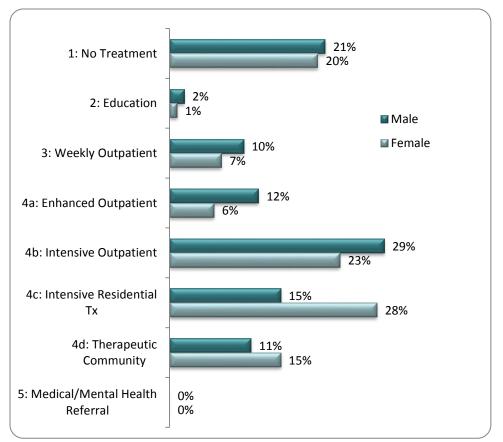


Figure 3. FY12 Needs among Substance Abusers and Non-Abusers (N = 29,131)



*Serious mental illness had a (C)hronic or (O)rganic qualifier on the psychological level; non-qualifying mental illness included all mental health needs level 3-5 ratings

There were 4,329 SOA-R assessments administered by DRDC assessors, counselors in the facilities, and Treatment Accountability for Safer Communities (TASC) case managers in FY11. In FY12, 4,024 SOA-R assessments were administered. Offenders were identified for further SOA-R assessment based on the elevated diagnostic substance abuse needs level. As of June 30, 2011, there were 20,051 offenders in the CDOC population who had current SOA-R assessments—17,797 male offenders and 2,254 female offenders. See Figure 4 for estimates of the substance abuse treatment recommendation data across SOA-R level and gender. As of June 30, 2012, there were 19,725 offenders in the CDOC population who had current SOA-R assessments—17,383 male offenders and 2,342 female offenders. See Figure 5 for estimates of the substance abuse treatment recommendation data across SOA-R level and gender.





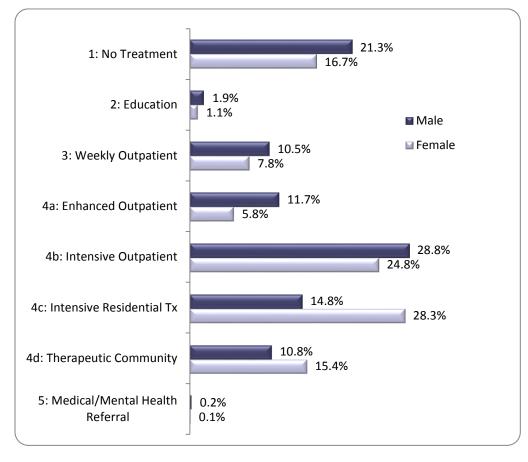


Figure 5. FY12 Estimated Offender Substance Abuse Treatment Recommendations

The greatest treatment needs of offenders were levels 4b (intensive outpatient treatment) and 4c (IRT). The generally high treatment needs demonstrated in this sample would be expected among incarcerated offenders because they represent the extreme end of the criminal justice population. It would not be expected that a large percentage of offenders would require level 2 treatment, which consists of only substance abuse education. The higher treatment levels incorporate the psychoeducational components as well as therapy. An interesting finding revealed that female offenders had higher treatment needs overall than males—approximately 43% of the assessed female population was identified as needing a residential treatment program compared to approximately 26% of males.

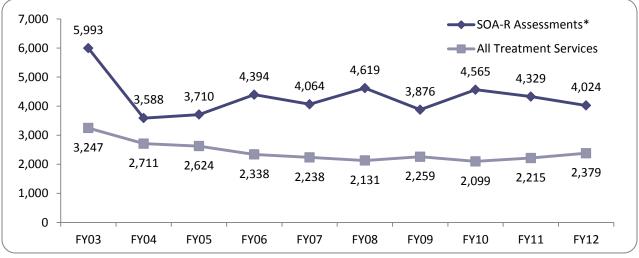
SERVICE DELIVERY

Beginning in March 2003 and continuing through June 2003, state agencies were informed that the state was suffering from a shortfall of anticipated income and budgets would be reduced. The CDOC budgets for FY03 and FY04 were revised and CDOC was forced to cut positions, which resulted in significant cuts in offender programs.

The Alcohol and Drug Services subprogram was among those that received the largest cuts. The FY04 budget was 40% smaller than previous years. The result was a dramatic decrease in the

substance abuse treatment services provided to offenders. Because TCs have been federally funded and have empirically demonstrated their effectiveness at both the local and national level, Alcohol and Drug Services prioritized funds to keep those programs at full capacity. Outpatient treatment services were reduced at some facilities and totally eliminated at others.

Figure 6 displays the assessment and treatment services across a 10-year span. SOA-R assessments in particular declined from FY03 to FY04, as did treatment delivery, although the decline was not as dramatic. With the addition of one TC in FY09 and two more in FY10, Alcohol and Drug Services has been working to increase staffing and program availability across all facilities in order to approach pre-budget-cut service delivery rates. Beginning in FY11, participation in DUI programs was included.





*Total number of SOA-R assessments completed by DRDC assessment specialists, facility counselors, and TASC case managers

The availability of services was examined using termination summary data because enrollment data was not uniformly available and discharge data provided a more complete picture of offenders' involvement in treatment. Figures 7 and 8 break down the program terminations for each treatment modality by gender in FY11 and FY12 respectively. Level 4b Intensive Outpatient treatment was the predominant modality available within CDOC during FY11 and FY12 followed by Level 4d Therapeutic Community treatment.



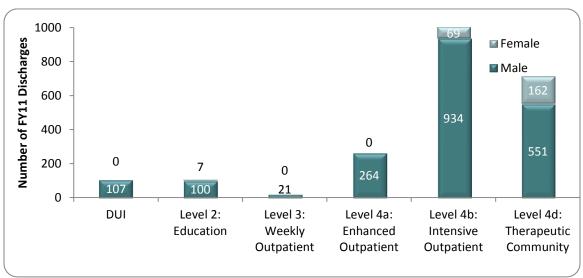
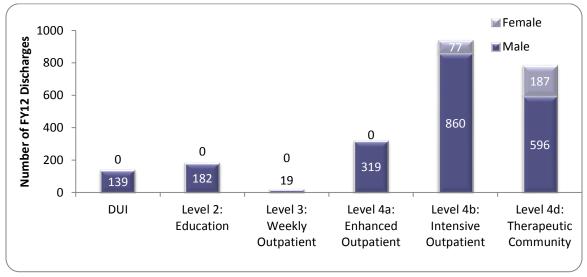


Figure 8. FY12 Discharges by Treatment Program (N = 2,379)



Note: Level 4c (IRT) is not offered in any CDOC facility

Termination reasons for FY11 and FY12 program terminations were examined by treatment level (see Tables 2 and 3). Transfers noted in the table are usually due to offender movements between facilities or release to a community center or parole. Most treatment participants successfully completed treatment; however, level 4d participants quit or were expelled at a higher rate than those in other treatment levels. This finding was consistent with the intensity of the TC modality. Because participation in TC was voluntary, offenders who struggled with the challenges and structure of the program tended to drop out, regardless of the sanctions imposed. Participants who did not comply with the program rules were subject to termination by staff in order to maintain the required positive peer culture.

	2: Educ <i>n = 107</i>	3: WOP n = 21	4a: EOP n = 264	4b: IOP <i>n = 1,003</i>	4d:TC <i>n = 713</i>	Total	
Finished	87%	67%	83%	86%	50%	73%	
Transferred	8%	5%	9%	7%	15%	10%	
Quit	0%	0%	0%	0%	6%	2%	
Expelled	0%	0%	3%	1%	23%	9%	
Other*	5%	28%	5%	6%	65	6%	

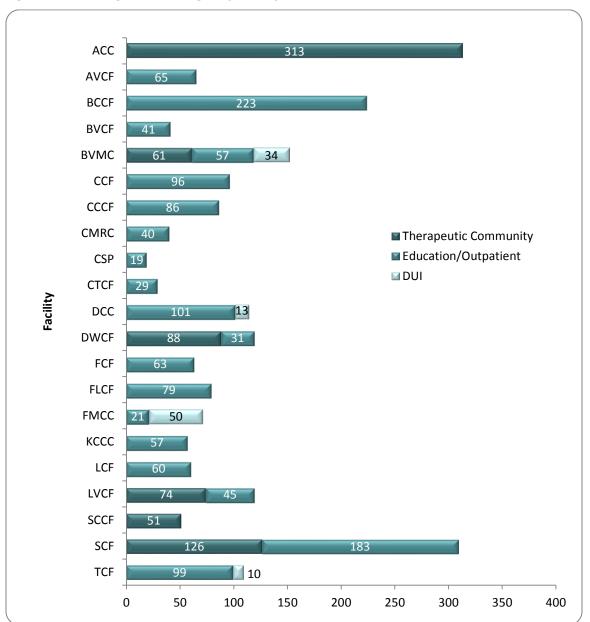
Table 2. FY11 Termination Reasons for FY11 Treatment Discharges (N = 2,108)

Table 3. FY12 Termination Reasons for FY12 Treatment Discharges (N = 2,240)

	2: Educ	3: WOP	4a: EOP	4b: IOP	4d:TC		
	<i>n</i> = 182	<i>n</i> = 19	<i>n</i> = 319	n = 937	n = 783	Total	
Finished	66%	53%	76%	78%	45%	65%	
Transferred	5%	26%	11%	10%	21%	14%	
Quit	4%	0%	1%	1%	5%	2%	
Expelled	0%	5%	3%	2%	24%	10%	
Other*	25%	16%	9%	9%	5%	9%	

*Includes administrative termination; does not include Level 4c (which is not offered in CDOC facilities) or DUI discharges

Treatment program discharges (all types) were separated into two groups—therapeutic community and education/outpatient—and further divided by CDOC facility (see Figures 9 and 10). Although offender assessment services were provided at DRDC, treatment services were not because facility resources were dedicated to processing prison admissions.





^{*}No discharge data for CCC, DRDC, RCC, and SCC

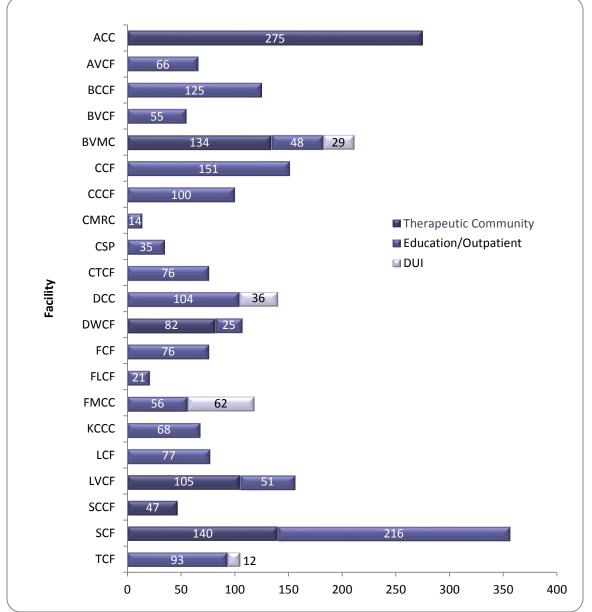


Figure 10. FY12 Program Discharges by Facility (N = 2,379)

*No discharge data for CCC, DRDC, RCC, and SCC

Following are the mean number of treatment hours for each level of treatment: level 2, 20 hours; level 3, 30 hours; level 4a, 66 hours; and level 4b, 65 hours. There were no level 4c programs offered within CDOC facilities. Level 4d programs were much longer in duration, with a mean length of stay between 220 and 221 days.

National research on TC treatment has shown that the greatest predictor of TC outcomes is the length of time in treatment (Burdon, Messina, & Prendergast, 2004), with the optimal treatment length between 9 and 12 months (Wexler, 1995). Research identified motivation and readiness to change as contributing factors to treatment engagement, retention, and length of stay (Burdon et al., 2004). The counselor-client relationship has also been shown to impact treatment duration

(Knight, Hiller, Broome, & Simpson, 2000). Client factors including better physical health, no previous incarcerations, and previous completion of a TC were significantly associated with treatment retention (Darke, Campbell, & Popple, 2012). Programmatic factors influence retention as well, including counselor and peer support, program structure (Welsh & McGrain, 2008), accessibility of services (Simpson, 2001) and clients' comfort level with large groups (Condelli & De Leon, 1993). Participation in a continuum of care significantly reduces relapse and recidivism compared to no-treatment and in-prison-treatment-only groups (Knight, Simpson, & Hiller, 1999).

Retention in a TC program has always been a challenge due to the intensity and demands of the program, coupled with its overall length. The time requirement to complete the program in the CDOC prison setting ranges from 6 to 12 months. As shown in Figures 11 and 12, a higher number of TC clients at Buena Vista Correctional Facility (BVCF) and La Vista Correctional Facility (LVCF) stayed in treatment at least 9 to 12 months. These programs are also the newest TC programs within the CDOC. At DWCF, more TC clients participated for longer than 12 months compared to shorter lengths of stay, and more clients in the Arrowhead Correctional Center (ACC) TC program participated for 6-9 months. The majority of Sterling Correctional Facility (SCF) and San Carlos Correctional Facility (SCCF) TC clients either terminated the program within the first 90 days of treatment or participated for 9 to 12 months.

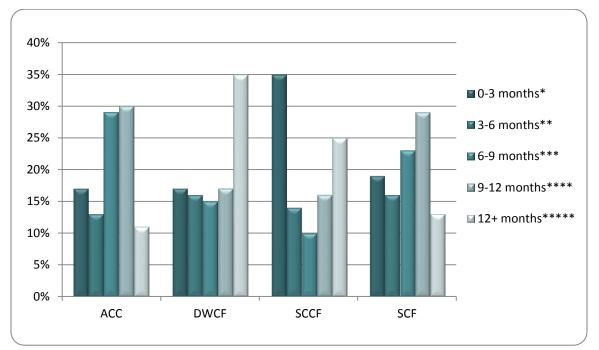


Figure 11. FY11 Therapeutic Community Length of Stay by Facility

*0-3 months: 0-90 days

**3-6 months: 91-180 days

*** 6-9 months: 181-270 days

****9-12 months: 271-365 days

*****12+months: 366+ days

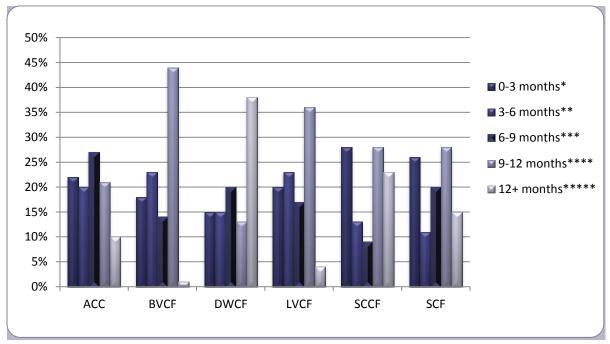


Figure 12. FY12 Therapeutic Community Length of Stay by Facility

*0-3 months: 0-90 days

**3-6 months: 91-180 days

*** 6-9 months: 181-270 days

****9-12 months: 271-365 days

*****12+months: 366+ days

The concept of treatment matching suggests that positive outcomes can be maximized by tailoring programs to an individual's characteristics and needs (De Leon, Melnick, & Cleland, 2008). Offender characteristics (e.g., criminal history, age, previous treatment) as well as program characteristics (e.g., duration and intensity) have all been identified as potential factors affecting program success. Yet research on this topic is divided. Appropriately matched clients may have an increased likelihood of completing or staying in treatment longer (Melnick, De Leon, Thomas, & Kressel, 2001); however, matching itself can be extremely difficult due to the overwhelming number of potential factors and therefore becomes less realistic in an applied setting (Ball, 1994). Other research has suggested that undertreating offenders results in less successful outcomes compared to overtreating (De Leon et al., 2008).

CDOC offender needs-to-modality matching patterns were examined to determine how often offenders accessed programs that met their recommended treatment needs. Of the 2,108 treatment discharges in FY11, 186 offenders had multiple treatment episodes and were only counted once in the analyses, and 173 cases were excluded due to missing assessment data. Of the 2,240 treatment discharges in FY12, 204 offenders had multiple treatment episodes and were only counted once in the analyses, and 99 cases were excluded due to missing assessment data.

Table 4 shows matching patterns for FY11 treatment participants. Percentages on the diagonal represent accurate matching of need to modality (70%); those below the diagonal represent

offenders who received more intense services than required (24%), as level 4c programs are not designed for in-prison treatment so offenders are automatically referred to 4d programs; and those above the diagonal received less intense services than needed (3%).

Rendered Services			Assess	ed Need		
	2	3	4a	4b	4c	4d
2: Education/increased UAs	0%	0%	0%	1%	1%	1%
3: Weekly outpatient	0%	0%	0%	0%	0%	0%
4a: Enhanced outpatient	0%	0%	10%	0%	0%	0%
4b: Intensive outpatient	0%	0%	3%	43%	0%	0%
4c: Intensive residential	0%	0%	0%	0%	0%	0%
4d: Therapeutic community	0%	0%	0%	0%	21%	17%

 Table 4. FY11 Comparison of Offender-to-Modality Matching Patterns (N = 1,819)

Note: Numbers do not add up to 100% due to rounding error

Table 5 shows matching patterns for FY12 treatment participants. Percentages on the diagonal represent accurate matching of need to modality (67%); those below the diagonal represent offenders who received more intense services than required (25%), as level 4c programs are not designed for in-prison treatment so offenders are automatically referred to 4d programs; and those above the diagonal received less intense services than needed (7%).

 Table 5. FY12 Comparison of Offender-to-Modality Matching Patterns (N = 1,926)

Rendered Services			Assess	ed Need		
	2	3	4a	4b	4c	4d
2: Education/increased UAs	0%	0%	0%	2%	2%	1%
3: Weekly outpatient	0%	1%	0%	0%	0%	0%
4a: Enhanced outpatient	0%	0%	13%	1%	0%	0%
4b: Intensive outpatient	0%	0%	1%	38%	1%	0%
4c: Intensive residential	0%	0%	0%	0%	0%	0%
4d: Therapeutic community	0%	0%	0%	0%	24%	15%

Note: Numbers do not add up to 100% due to rounding error

ALCOHOL AND DRUG SERVICES COUNSELOR PROFILE

As of October 31, 2011, there were 57 Alcohol and Drug counselors (including contract positions) employed by the CDOC and an additional 17 counselor vacancies. As of June 30, 2012, there were 76 Alcohol and Drug counselors (including contract positions) employed by the CDOC and an additional 11 counselor vacancies. Table 6 summarizes CDOC counselor demographic information as well as employee information related to addiction counselor certification and staff titles. Counselor data were not available for the private prisons or for contract staff.

	FY11	FY12
Ethnicity		
Caucasian	71%	72%
Latino/Latina	23%	16%
African American	4%	10%
Other**	2%	2%
Gender		
Male	36%	43%
Female	64%	57%
Age		
21-29	2%	3%
30-39	15%	20%
40-49	23%	23%
50-59	45%	41%
60+	15%	13%
Title***		
Health Care Services Trainee I	2%	3%
Health Care Services Trainee II	27%	8%
Health Care Services Trainee III	63%	18%
Health Professional II	2%	59%
Health Professional IV	6%	2%
Health Professional V	0%	2%
Social Work/Counselor III	0%	2%
Social Work/Counselor IV	0%	5%
Clinical Therapist I	0%	2%
Years of Service		
0-5	90%	74%
6-10	2%	10%
11+	8%	16%
CAC Levels		
None	19%	30%
I	0%	3%
II	10%	13%
III	71%	54%
*Does not include private prisons or contract staff		

Table 6. Alcohol and Drug Counselor Demographics and Employee Information*

*Does not include private prisons or contract staff

**Other includes Native American and Asian ethnic groups

***Numbers do not add up to 100% due to rounding error

Prison-Based Services

Overview of Prison-Based Services

Substance abuse treatment programs are offered at most CDOC facilities. Since July 1, 2008, all alcohol and drug services have been provided by CDOC state employees, with the exception of the DWCF TC staff. The offender population, administrators, mental health coordinators, and treatment providers influence the drug and alcohol programs available at each facility. However, one commonality across facilities is that treatment is generally offered on a group basis.

This program guide describes substance abuse services provided by Alcohol and Drug Services staff in CDOC and private prison facilities as of June 30, 2012. Each treatment program is briefly described below. These curricula may be offered at different levels of intensity and licensed program levels.

PROGRAM DESCRIPTIONS

Alcohol and Drug Education

A basic substance abuse education program is offered to assist offenders in their return to society by providing basic relapse prevention skills. This educational program is offered in two formats. It can be presented in the classroom or presented individually (e.g., at the cell door), with the counselor monitoring the offender's weekly progress.

Relapse Prevention

The relapse prevention program is designed for offenders who have suffered substance abuse relapse, usually indicated by a positive urinalysis, while incarcerated or on parole. Within the program, offenders develop their own plan to remain abstinent while incarcerated as well as following their release to the community. This group focuses on connecting offenders to some other form of treatment such as Alcoholics Anonymous (AA) or individual counseling.

Strategies for Self-Improvement and Change (SSC)

The SSC curriculum comprises three phases. Which phases are offered depends on the counselor and the facility. Groups also may include substance abuse education and relapse prevention. SSC is a cognitive-behavioral-based approach designed specifically for substance-abusing offenders. Most facilities offer Phase I and some offer Phase II, but typically Phase III is available in the community.

Phase I

Offenders are challenged to alter their thinking patterns by developing self-awareness. They are taught that altering their thoughts and behaviors are necessary to make positive changes.

Phase II

Offenders are encouraged to focus on developing and implementing action plans.

Phase III

Offenders are assisted with developing the critical thinking skills necessary to resolve conflict and begin to deal with their issues.

Therapeutic Community (TC)

There are six TC programs offered in CDOC state facilities. Four are TC programs for male offenders, one of which is a modified TC for offenders with dual diagnoses of substance abuse and mental illness, and two are TCs for female offenders. In order for an offender to be eligible for TC treatment, he or she must be recommended for treatment at either a 4c (IRT) or 4d (TC) treatment level. Offenders must also be past or within 5 years of their parole eligibility date and must be within 9 months, but not more than 8 years, from their mandatory release date. Mental health needs and custody levels are also considered as part of the eligibility criteria. The CDOC TC programs are described in further detail below.

Breaking the Chains of Our Past TC

The Breaking the Chains of Our Past TC is located at LVCF and opened in July 2010. This program earned its ACA accreditation on July 23, 2012. The community has a total of 80 assigned beds and is a long-term residential behavior modification program for substance dependent/abusing adult female offenders. The program offers affective and cognitive components and is divided into three phases, including an Orientation phase, Family Phase, and Live-in Reentry phase. Each phase should take from 3 to 6 months to complete, depending on the ability and motivation of the offenders.

Challenge to Change TC

The Challenge to Change TC is housed at DWCF and earned its ACA accreditation in June 2009. The program is a long-term residential behavior modification program for substance dependent/abusing female adults. It offers affective and cognitive components and is divided into five phases: Orientation lasts 21 days; Phases I, II, and III each last approximately 2 months; and the Phase III transitional period lasts an additional 2 months. Completion of the program is primarily determined by the motivation of the individual client. The program contains an earned privilege system in which the residents progress through the phases as a reward for taking ownership of past and present behaviors. The Phase III transitional segment includes an aftercare period in which offenders who have completed the program may stay in the unit for an additional 30 days to continue to attend groups and gain support before transitioning out of the TC unit.

Crossroad to Freedom House TC

Crossroad to Freedom House TC is located at ACC and has been ACA accredited since August 2003. This TC operates from a cognitive-behavioral perspective, providing a highly structured, intensive treatment opportunity for incarcerated offenders entrenched in an addictive, criminal lifestyle. The program places high demands and expectations on community members, yet also provides them a prospect for recovery. The rules of the TC model those within society, and responsibility within the community is stressed to residents. This program has 25 beds reserved for dually diagnosed

Prison-Based Services

offenders and incorporates a reach-in transition component with the community-based Peer I and Independence House TC programs.

O.U.R. House TC

The O.U.R. House TC is located at SCF and has been ACA accredited since January 2007. This TC is based on a cognitive-behavioral model and uses intensive group therapy that is highly structured and confrontational. Therapeutic tools such as recognizing and correcting thinking errors, journaling, rational emotive behavioral therapy, group therapy, encounter groups, and intensive relapse prevention programs are featured. Offenders with mental illness have a part-time staff person who addresses co-occurring needs. Treatment staff collaborate with case managers, other key facility providers, and community service providers to assist offenders in reintegration to the community.

Personal Reflections TC

The Personal Reflections TC is located at SCCF and has been ACA accredited since May 2009. This modified TC is designed for offenders who have a dual diagnosis, indicating both a serious mental illness and a substance abuse problem. The TC model is based on the idea that drug abuse manifests itself globally within individuals, thereby affecting social and psychological management. This particular program operates from a cognitive-behavioral orientation in which offenders address problem behavior in the forum of the community. Both SSC and Dialectical Behavior Therapy groups are offered within the TC. The program stresses individual accountability and responsibility to the community. The substance abuse staff interfaces with other CDOC staff for anger management and sex offender treatment. Counselors from SCCF also participate in staffing and provide aftercare groups for offenders who have transitioned from SCCF to the Independence House community corrections centers.

The Freedom Project/The New Beginning TC

The Freedom Project/The New Beginning TC is located at BVMC and began July 15, 2010. This TC operates from a cognitive-behavioral perspective, providing a highly structured, intensive treatment opportunity for offenders. Included are relapse prevention, journaling, and educational and encounter groups. The Beckley Responsibility and Values Enhancement (BRAVE) program also introduces participants to TC in a prison setting, addressing topics such as orientation to treatment, adjustment to incarceration, criminal lifestyles, lifestyle balance, living with others, and success strategies. The goal is to help participants replace old thinking and strategies with new ones that are more realistic and sustainable.

Elective Programs

Elective programs are voluntary and do not meet the requirements to be an SOA-R level program, nor do they fulfill offenders' SOA-R treatment requirements. Elective programs are different from voluntary programs (e.g., 12-step AA) in that they are led exclusively by alcohol and drug counselors and follow an approved substance abuse curriculum. Discharge from these groups is

recorded and successful completion can be applied to qualifying for Hepatitis C Interferon treatment.

Aftercare

This support group is a volunteer meeting for offenders who have completed a substance abuse program or who have treatment needs for services not available at the facility. In this group, offenders discuss personal issues they have not coped with well in the past and identify ways to develop new skills for dealing with future relapse and recidivism challenges. This is an open and ongoing group for all offenders who attend.

Driving with Care: DUI Level II Education

This program was implemented in facilities in 2009. This is a 24-hour education program for persons who have been convicted of driving while their blood alcohol level was beyond legal limits or while they were under the influence of a drug other than alcohol. While this group does not fall under the SOA-R level treatment system, it does require that the offender meet eligibility criteria established by the Department of Motor Vehicles. Offenders must attend every group session, led by trained counselors, to receive participant credit. The main purpose of this program is to help the individual make informed choices to prevent impaired driving in the future. This program is licensed by DBH, and all treatment information is placed in the Treatment Management System (statewide). Offenders can receive credit for this program while incarcerated and apply it toward regaining their driver's license.

Victim Impact

This is a 13-week program designed to assist offenders in identifying the impact of their crimes on their victims as well as the widespread effect on others. This group is available to all offenders, whose crimes range from property crimes to homicide. The class utilizes both a booklet and videos and is offered weekly for 2.5 hours.

Voluntary Programs

These are programs that offenders can choose to attend but do not fulfill their SOA-R treatment requirements. These programs do not fit within the standardized treatment level system but provide valuable services to offenders. Groups are facilitated by community volunteers or facility staff.

Challenge to Change I & II

These programs were developed primarily for offenders with TC treatment needs and are geared toward introducing these offenders to cognitive behavioral programming until they can be moved to a facility that offers a TC program. Even though this introductory program is voluntary, it is run as a closed group due to a high volume of offenders with TC treatment needs. Throughout this program offenders are able to share, in safety, their fears and concerns about the changes they need to make and what they will experience in the TC program.

Prison-Based Services

Relapse Prevention

This program follows the Relapse Prevention curriculum designed to help offenders develop their own plan to remain abstinent while incarcerated as well as in the community. It seeks to connect offenders with treatment and other support groups. This curriculum follows the pace of the group and is open to anyone interested in participating.

Alcoholics Anonymous (AA)

The AA program is a 12-step self-help group. These groups are available to all offenders at all facilities except DRDC on a voluntary basis. Volunteers from the community usually oversee the groups. Some facilities offer the Al-Anon program, an adapted 12-step self-help group for offenders who have family members or friends who are alcoholics.

Alcohol and Drug Education: Special Needs & Special Needs Administrative Segregation

This program follows the curriculum for Alcohol and Drug Education, seeking to provide female offenders in administrative segregation an opportunity to gain basic substance abuse education around relapse prevention. It is offered in a classroom format and is an open, ongoing group that offenders attend voluntarily.

Anger Management

This program teaches offenders relaxation techniques, cognitive restructuring, problem solving, and other strategies to control or reduce triggers that lead to uncontrollable anger and aggression.

Christian 12-Step Ministry

The program is a teaching ministry presenting the message of recovery and freedom from addiction through a Christian perspective.

HIV 101 Workshop

The program is co-facilitated by counselors, teachers, and medical staff at Colorado Territorial Correctional Facility (CTCF) under a grant from the Department of Health and emphasizes educating the offenders with prevention methods for Hepatitis-C, HIV, and other sexually transmitted diseases. This 3-hour workshop is offered approximately six times per year at CTCF and each class has approximately 80 attendees.

Narcotics Anonymous (NA)

The NA program is a 12-step, self-help group for offenders experiencing problems with drugs other than alcohol. The group offers recovering addicts peer support.

White Bison

This program uses the Medicine Wheel and 12-step program to provide a culturally appropriate recovery support program for Native American offenders. Participants learn about Medicine Wheel teachings and how to apply them to the steps. In addition, participants share their insights and experiences in talking circle. They also learn how to mind map their own innate knowledge around

Prison-Based Services

these teachings and then apply that knowledge to their daily lives and decision-making processes. The goal of the program is to create strong social and emotional bonds between the individuals who participate to develop trust, autonomy, and other healthy feelings and thought patterns that will help them grow emotionally, mentally, physically, and spiritually.

Facilities and Programs

The following pages provide detailed facility information pertaining to the alcohol and drug services available throughout the state. (See the Appendix for a list of facility acronyms.) Below is a description of some of the information available on the individual facility pages.

Program Information

Treatment capacity was determined using a basic formula factoring in annual leave, sick leave, and holiday time, estimating that counselors offer groups approximately 45 weeks per year. The formula also accounts for 2 weeks between groups to allow counselors time to finalize files and discharge paperwork, conduct SOA-R assessments, and identify offenders for their upcoming group. Combining the maximum group capacity of 12 participants and the number of groups available at one time yielded the annual treatment capacity for each facility. Several factors can impact this estimate, however. It is not uncommon for fewer than 12 offenders to be in a group at one time. This is largely due to scheduling conflicts with inmates' jobs and other programming needs (e.g., education). Security reasons (e.g., facility lockdowns) or availability of group space might also influence the number of groups offered. Conversely, treatment capacity might also be higher than reported due to counselors allowing less time between groups and fluctuating group and personnel schedules.

Offenders Awaiting A & D Services

The first figure on each page provides a summary of the types of services offenders were waiting to receive at the end of FY11 and FY12. Offenders who had an elevated substance abuse needs level (i.e., 3 - 5) require further assessment on the SOA-R and are identified under "Need Assessment." Other offenders awaiting services include those who *have* received an SOA-R assessment and are recommended to receive outpatient (level 3, 4a, 4b) or TC (level 4c or 4d) services.

FY11 and FY12 Treatment Discharges

The second figure provides information regarding the reasons offenders were discharged from the facility-based alcohol and drug programs during FY11 and FY12. (This figure was omitted if programs were not offered at the facility during FY11 or FY12.) This treatment discharge information includes offenders who participated in outpatient and TC programs as well as those who finished DUI level II education. The discharge reasons are defined below:

Finished

Offender has achieved all treatment planning goals and the counselor/treatment team agrees with the decision to discharge the offender.

Transferred

The offender has not met the requirements to finish, although satisfactory process has been made. Further participation is prohibited as a result of a move to another facility or release to community.

Quit/Dropped

Offender has chosen to withdraw from participation prior to completion of treatment goals. The decision to drop out of the program is against professional advice and is not due to an extenuating circumstance (medical issue or transfer).

Expelled

Client has been terminated from the program as determined by the counselor/treatment team as a result of the client's behavior that was in direct conflict with the treatment program or facility policy.

Other- Administrative Termination

Discharge from treatment is due to an overriding medical or mental health issue preventing treatment participation. This is supported by medical or mental health services.

Program Schedule

Included in these pages is information regarding the groups that are offered at each facility for each level of treatment. Treatment group descriptions include the duration of each group, hours per week, and counselor names. However, it is important to note that not all these groups are available at one time; counselors often alternate between offering certain curricula and levels of care based on offender need.

Alcohol and Drug Services Management Team

Dana Bustos, Alcohol and Drug Services Administrator

Dennis O'Neill, Outpatient Clinical Supervisor

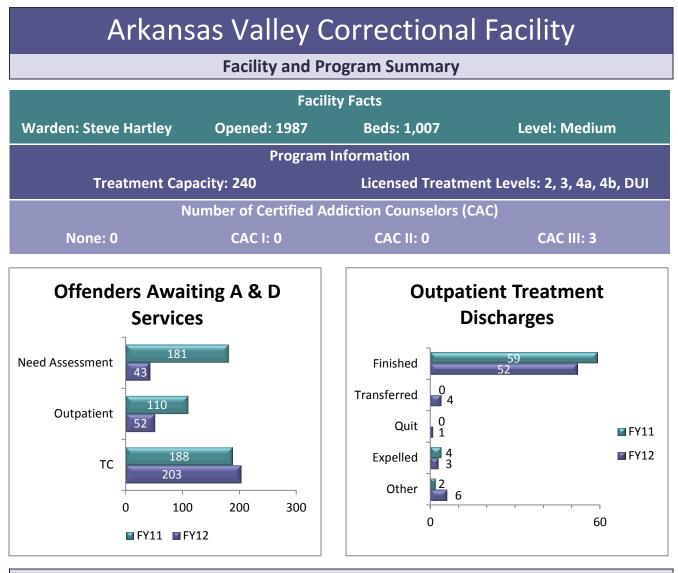
David Booth, Therapeutic Community Clinical Supervisor

Ro Block, Program Assistant

Tammie Craddock, Data Specialist

Kim Muhlhauser, Researcher

Prison-Based Services



Program Schedule

Alcohol and Drug Education

	-			
Level:	2			
Duration:	15 weeks	_		
Schedule:	8:30 – 11:00 AM Thursdays	_		
Counselors:	Sandra Ybarra	_		
Relapse Prevention				
Level:	3			
Duration:	13 weeks	_		
Schedule:	8:30 – 11:00 AM Monday through Wednesday	_		
		_		

Counselors: Sandra Ybarra

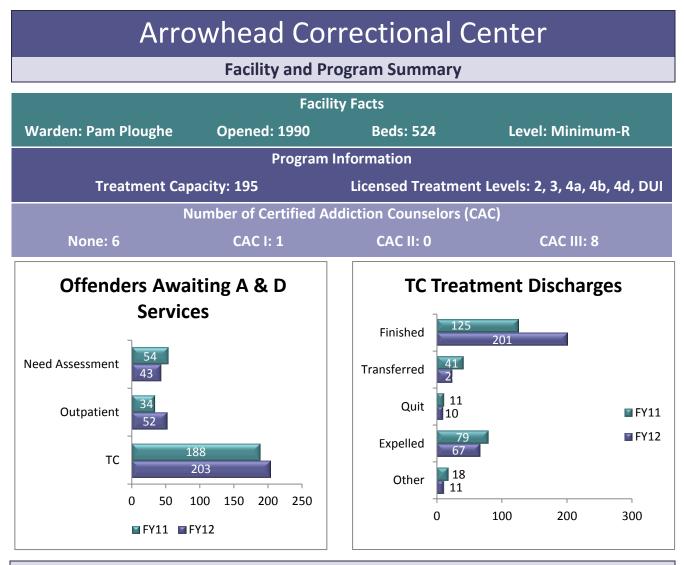
SSC Phase I	
Level:	4b
Duration:	8 weeks
Schedule:	12 hours per week
Counselor:	Michelle Howard
Level:	4b
Duration :	8 weeks
Schedule:	10 hours per week
Counselor:	Michelle Howard
Level:	4b (alternates with 16 week 4a)
Duration :	16 weeks
Schedule:	10-12 hours per week
Counselor:	James Gribble

SSC Phase II

Level:	4a
Duration:	6-8 weeks
Schedule:	9 hours per week
Counselor:	James Gribble

Elective and Voluntary Programs

AA, NA, Victim Impact, and Aftercare



Program Schedule

Crossroad to Freedom House Therapeutic Community

Level:	4d: Therapeutic Community	
Duration:	9 - 12 months	
Capacity: 195		
Schedule:	Participants are required to work and attend groups. Work schedules vary by	
	work assignment. Participants spend on average 3 hours per day,	
	approximately 4 days per week, in groups.	
Supervisor: Vincent Romero		
Manager:	Shane Martin	
Counselors:	Andres Abalos, Benetta Cruz, Marianne Fahey, Andrea Hutchens, Malgorzata	
	Nussbaum, Rachel Hollyfield, Deborah Gonzales, William Bailey, Connie Palm,	
	Daniel Brown, Kathleen Gilbert, Marcia Jackson, and Mary Jackson.	

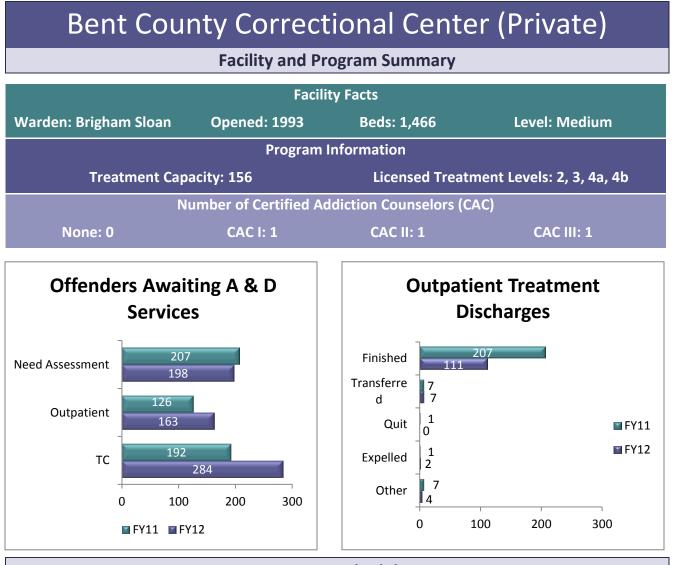
Assessment Specialist: Marvel Wolken

Crossroad to Freedom House Therapeutic Community (continued)

There is one counselor vacancy at this facility.

Peer Transition:	2 days per month at ACC
Staff:	Michael Dent
Independence House Transition:	As needed (phone or face-to-face interviews)
Staff:	Erin Marie Coloroso and Ann Elizabeth Faragher
Southern Colorado TC	2 days per month at ACC
(Crossroads Turning Points, Inc.):	
Staff:	Mark Fleming and Rose Aguilar
Elective and Voluntary Programs	

AA, Anger Management, and Parenting



Program Schedule

SSC Phase I

Level:	4a: Enhanced Outpatient	
Duration:	12 weeks	
Schedule:	9 hours per week	
Counselor:	Raquel Lucero	
Level:	4b: Intensive Outpatient	
Duration:	7 weeks	
Schedule:	12 hours per week	
Counselor:	Steven Valdez	

SSC Phase II

Level:	4a: Enhanced Outpatient	
Duration:	6 weeks	
Schedule:	6 hours per week	
Counselor:	Raquel Lucero	
Elective and Voluntary Programs ¹		

AA, NA, and Relapse Prevention

¹ Several programs are offered in Spanish.



Duration: 7 weeks

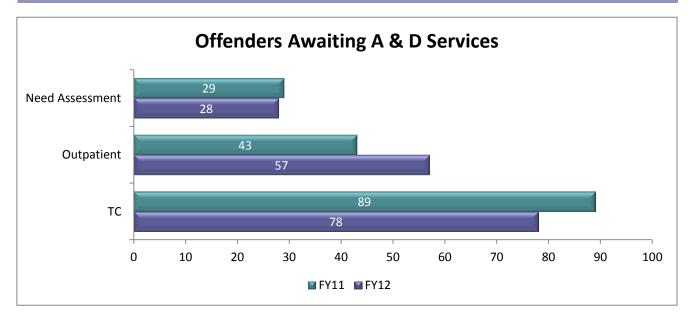
Schedule: 20 hours per week

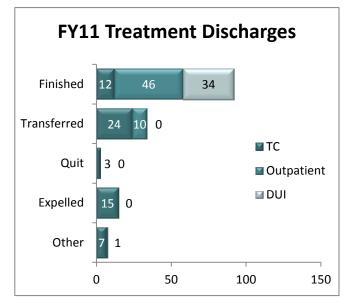
Counselor: Edward Snead

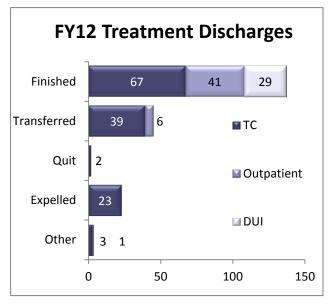
Elective and Voluntary Programs

AA

Buena Vista Minimum Center					
Facility and Program Summary					
Facility Facts					
Warden: John Davis	Opened: 1984	Beds: 304	Level: Min R		
	Program Information				
Treatment Capacity: 232Licensed Treatment Levels: 2, 3, 4a, 4b, 4d, DUI					
Number of Certified Addiction Counselors (CAC)					
None: 3	CAC I: 1	CAC II: 2	CAC III: 3		







Program Schedule

The Freedom Project/ The New Beginning Therapeutic Community

Level:	4d: Therapeutic Community		
Duration :	9 - 12 months		
Capacity:	100		
Schedule:	Participants attend groups about 3 days per week for a total of 10 hours per week.		
Supervisor:	Garrett Gebhart		
Counselors:	Marcelle England, Joy Sorrell, Scott Simpson, Penny Grant, David Palermo,		
	Christopher Teipel, and Deborah Papp		

SSC Phase I

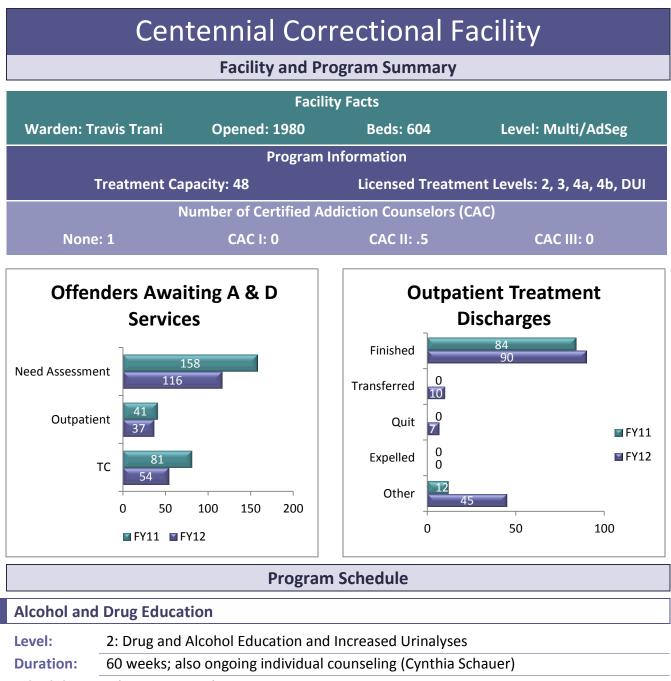
Level:	4b/paid: Intensive Outpatient (alternates with 8-10-week 4a/paid)		
Duration :	8 - 10 weeks		
Schedule:	12 hours per week		
Counselor:	Himant Ellis		

Elective and Voluntary Programs

AA

Driving with Care

Level:	DUI Level II Education	
Duration:	12 weeks	
Schedule:	2 hours per week	
Counselor:	Himant Ellis	

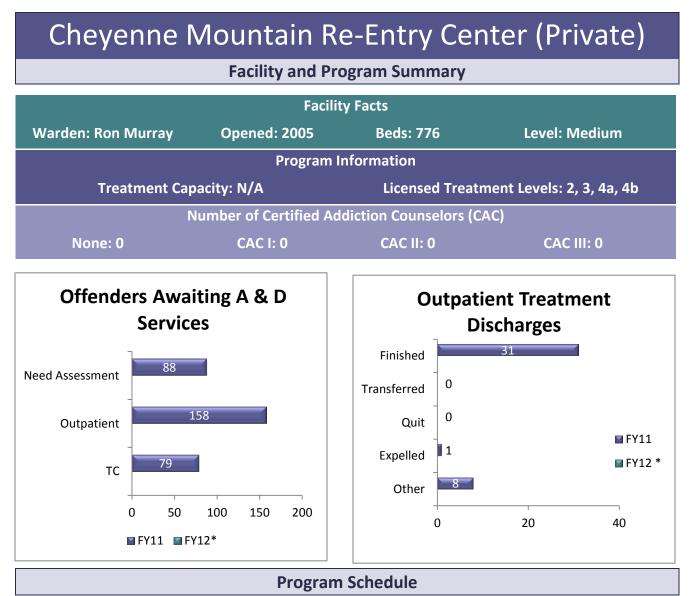


Schedule: 8 hours per week; varies

Counselors: Cynthia Schauer and Robert Mack

Elective and Voluntary Programs

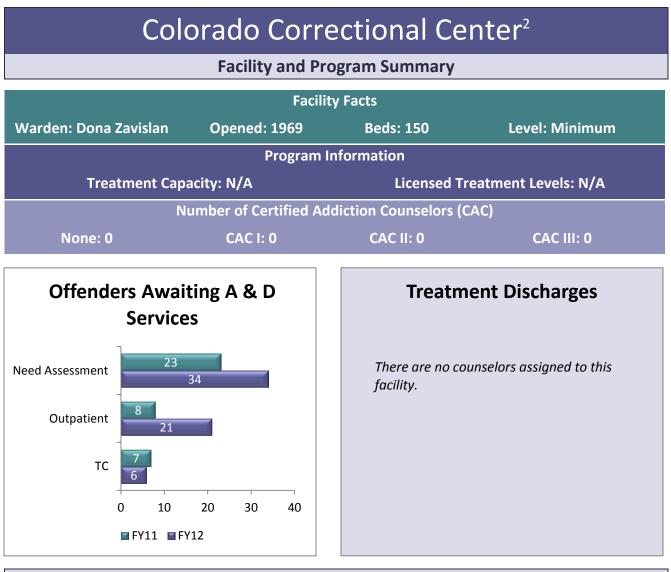
AA



*During FY12 there were no drug and alcohol programs offered at this facility.

Elective and Voluntary Programs

AA and NA



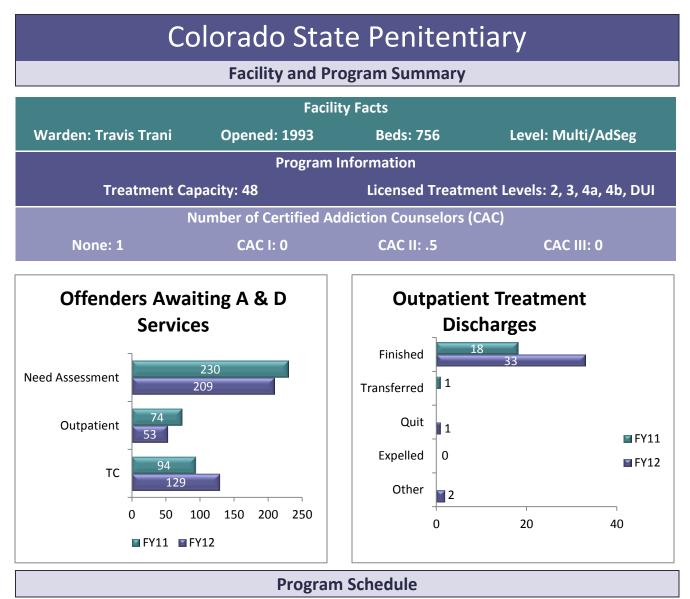
Program Schedule

There are no alcohol and drug programs offered at this facility in FY11 or FY12.

Elective and Voluntary Programs

AA

² Also known as "Camp George West."



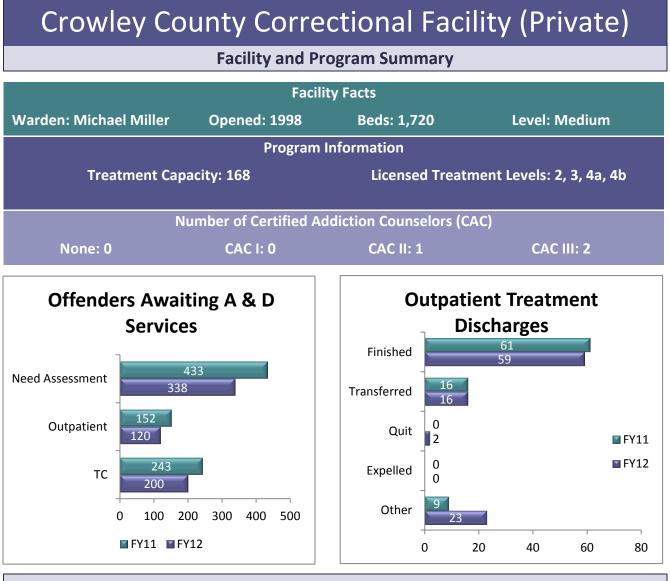
Alcohol and Drug Education

Elective and Voluntary Programs		
Counselor:	Cynthia Schauer and Robert Mack	
Schedule:	Varies	
Duration:	Ongoing individual counseling	
Level:	2: Drug and Alcohol Education and Increased Urinalyses	

AA

Colorado Territorial Correctional Facility Facility and Program Summary Facility Facts Level: Medium Warden: Rae Timme **Opened: 1871** Beds: 925 **Program Information Treatment Capacity: 84** Licensed Treatment Levels: 2, 3, 4a, 4b, DUI Number of Certified Addiction Counselors (CAC) CAC II: 1 None: 0 **CAC I: 0** CAC III: 0 **Offenders Awaiting A & D Treatment Discharges Services** 29 Finished 159 Need Assessment 0 Transferred 143 12 105 0 Outpatient Quit FY11 0 FY12 0 Expelled 158 TC 166 0 Other 8 0 50 100 150 200 20 40 60 0 FY11 FY12 **Program Schedule SSC Phase I** Level: 4b: Intensive Outpatient **Duration:** 12 weeks Schedule: 9 hours per week Counselor: James DeWolfe **SSC Phase II** Level: 4b: Intensive Outpatient **Duration:** 9 weeks Schedule: 9 hours per week per group **Counselor:** James DeWolfe **Elective and Voluntary Programs**

AA and HIV 101 Workshop



Program Schedule

SSC Phase I

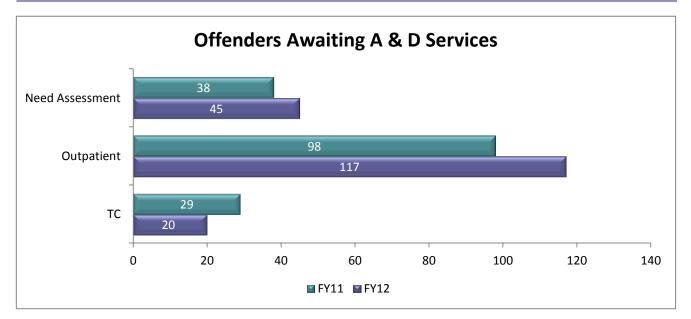
Level:	4a: Intensive Outpatient	
Duration:	13 weeks	
Schedule:	9 hours per week	
Counselor:	Alice Montoya, Matthew Valdez, and Wanona Wiker	
Level:	4b: Enhanced Outpatient	
Duration:	13 weeks	
Schedule:	8 hours per week	
Counselor:	Alice Montoya, Matthew Valdez, and Wanona Wiker	

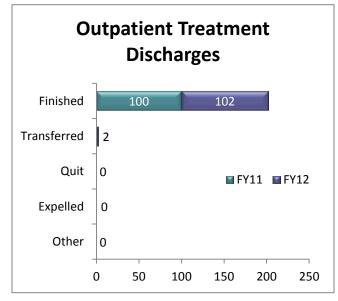
Level:	4b: Intensive Outpatient	
Duration:	20 weeks	
Schedule:	2 hours per week	
Counselors:	Alice Montoya, Matthew Valdez, and Wanona Wiker	
Relapse Prevention		
Level:	3: Weekly Outpatient	
Duration:	12 weeks	
Schedule:	1.5 hours per week per group (AM and PM)	
Counselors:	Alice Montoya, Matthew Valdez, and Wanona Wiker	
Level:	4a: Enhanced Outpatient	
Duration	12 weeks	
Schedule:	6 hours per week	
Counselors:	Alice Montoya, Matthew Valdez, and Wanona Wiker	

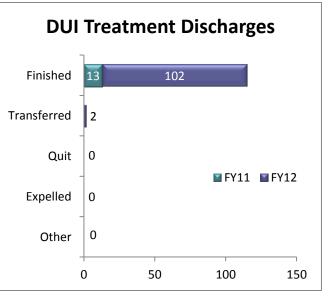
AA, NA, Challenge to Change I and II, and White Bison

³ Several programs are offered in Spanish.

Delta Correctional Center					
Facility and Program Summary					
Facility Facts					
Warden: Steven Green	Opened: 1964	Beds: 484	Level: Minimum		
	Program Information				
Treatment Capacity: 288 Licensed Treatment Levels: 2, 3, 4a, 4b, DUI					
Number of Certified Addiction Counselors (CAC)					
None: 0	CAC I: 0	CAC II: 0	CAC III: 1		







Program Schedule

SSC Phase I

Level:	4b/paid: Intensive Outpatient

Duration: 4 weeks

Schedule: 21 hours per week

Counselor: Glenda Major

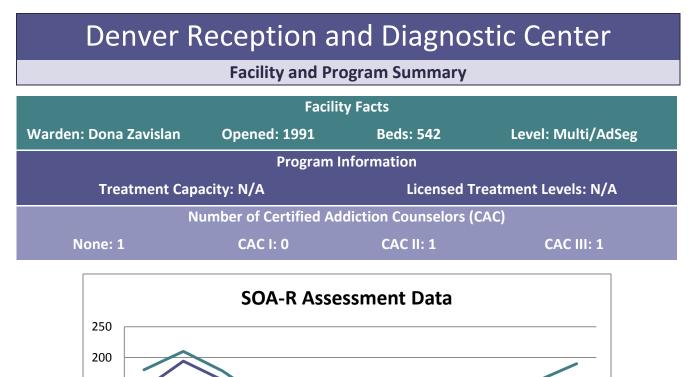
SSC Phase II

Level:	4b/paid: Intensive Outpatient	
Duration :	4 weeks	
Schedule:	21 hours per week	
Counselor:	Glenda Major	

Relapse Prevention

Level:	4a/paid: Enhanced Outpatient	
Duration :	4 weeks	
Schedule:	21 hours per week	
Counselor:	Glenda Major	

Elective an	Elective and Voluntary Programs	
AA and NA		
Driving wit	h Care	
Level:	DUI Level II Education	
Duration:	12 weeks	
Schedule:	2 hours per week	
Counselor:	Glenda Major	



Program Schedule

•FY11 ----- FY12

Dec

Feb

Jan

Mar

Apr

May

Jun

The purpose of this Substance Abuse Assessment Program is to conduct standardized offender assessments with incoming CDOC offenders at the DRDC diagnostic intake. The assessment team augments diagnostic programmers' assessments by completing the ASUS-R and the TxRW.

Assessment Specialists

150

100

50

0

Jul

Sept

Aug

Oct

Nov

Danita St. Vrain and Marguerite Taylor

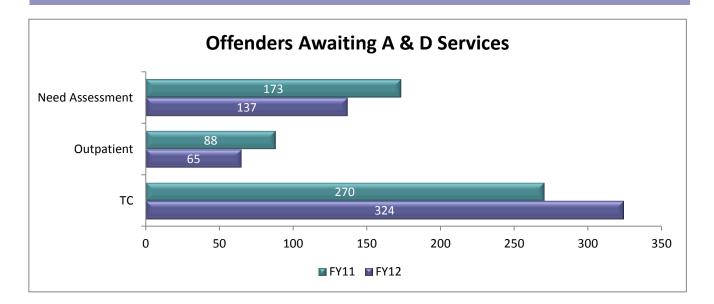
Elective and Voluntary Programs

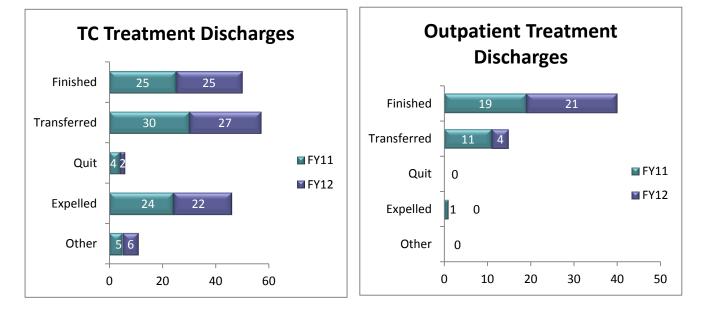
In FY11, AA was offered at this facility. In FY12, there were no elective and voluntary programs offered at this facility.

CAC III: 2

Denver Women's Correctional Facility Facility and Program Summary Facility Facts Opened: 1998 Level: Multi/AdSeg Warden: Dona Zavislan Beds: 976 **Program Information**

Treatment Capacity: 113 Licensed Treatment Levels: 2, 3, 4a, 4b, 4d, DUI Number of Certified Addiction Counselors (CAC) None: 1 CAC I: 0 CAC II: 1

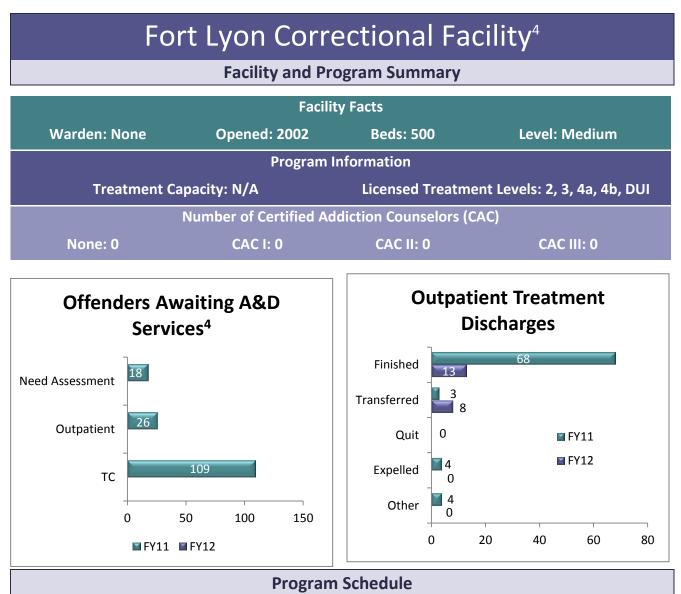




49

Program Schedule				
Challenge to Change Therapeutic Community				
Level:	4d: Therapeutic Community, ACA accredited since 2009			
Duration:	9 - 12 months			
Capacity:	65			
Schedule:	Orientation: Participants attend 8 hours of group per day.			
-	Phases I, II, & III: Participants work 20 hours per week and attend at least 4			
	hours of group per day.			
Supervisor:	Patricia Koren			
Counselors:	Regina Davis and Diane Donaldson			
Mental Health	Candice Bernard			
Clinician:				
Alcohol and Dru	g Education (Special Needs Unit)			
Level:	2: Drug and Alcohol Education and Increased Urinalyses			
Duration:	54 - 60 weeks			
Schedule:	1 hour per week			
Counselor:	Sandra Ewing (volunteer)			
SSC Phase I				
Level:	4b: Intensive Outpatient			
Duration:	12 weeks			
Schedule:	6 hours per week			
Counselor:	Brenda Noble			
Elective and Voluntary Programs				

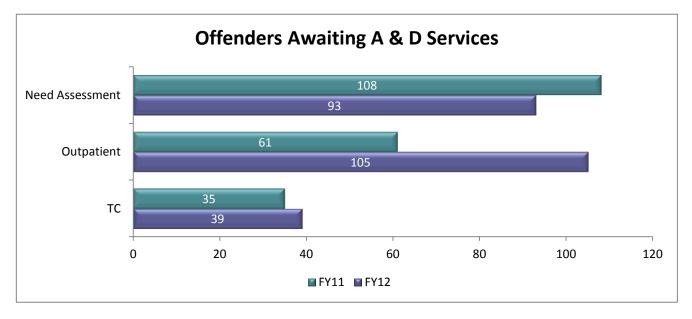
Alcohol and Drug Education: Special Needs Unit & Special Needs Unit Administrative Segregation, AA, Al-Anon, NA, and Christian 12-Step Ministry

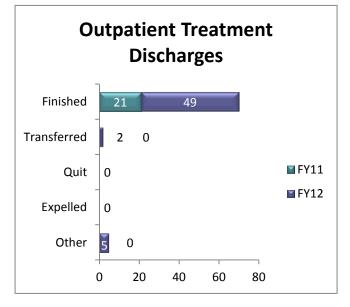


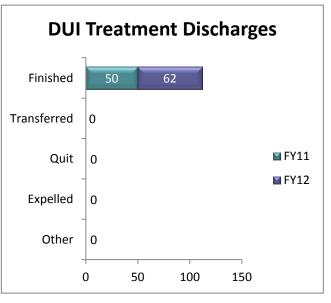
There are no alcohol and drug programs offered at this facility Due to facility closure, all counselors were transferred to AVCF.

⁴ This facility closed in 2012. There are no offenders awaiting services in 2012.

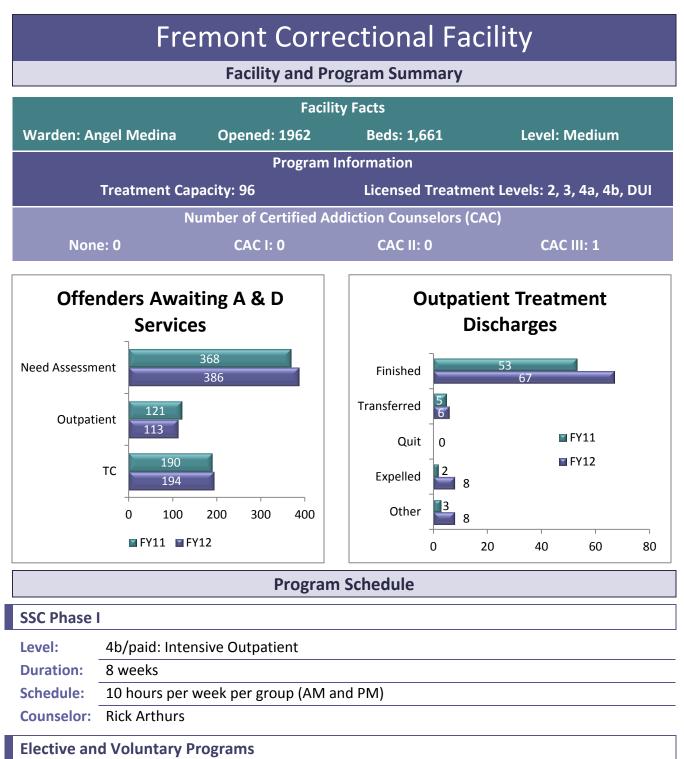
Four Mile Correctional Center			
	Facility and Program Summary		
	Facility Facts		
Warden: Pam Ploughe	Opened: 1983	Beds: 525	Level: Minimum-R
	Program I	nformation	
Treatment Capacity: 84 Licensed Treatment Levels: 2, 3, 4a, 4b, DUI			ent Levels: 2, 3, 4a, 4b, DUI
Number of Certified Addiction Counselors (CAC)			
None: 0	CAC I: 0	CAC II: 0	CAC III: 1







Program Schedule SSC Phase I 4a: Intensive Outpatient (alternates with 10-week 4a) Level: 10 weeks **Duration**: 6 hours per week Schedule: **Counselor:** Howard Stumpf **Elective and Voluntary Programs** AA **Driving with Care** Level: **DUI Level II Education Duration**: 12 weeks 2 hours per week per group (2 groups) Schedule: Counselor: Howard Stumpf

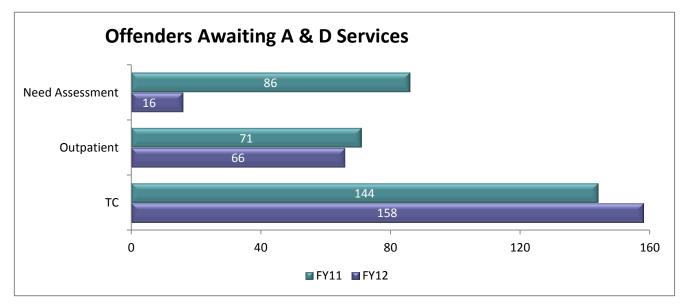


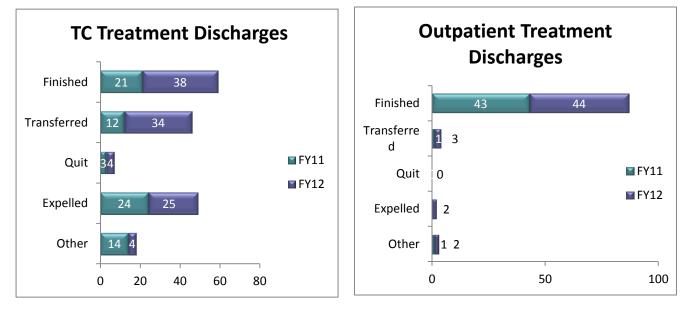
AA and Relapse Prevention

Kit Carson Correctional Facility (Private) **Facility and Program Summary Facility Facts** Warden: Vance Everett **Opened: 1998** Level: Medium Beds: 1,562 **Program Information** Treatment Capacity: 120 Licensed Treatment Levels: 2, 3, 4a, 4b Number of Certified Addiction Counselors (CAC) None: 0 **CAC I: 0** CAC II: 0 CAC III: 1 **Offenders Awaiting A & D Treatment Discharges Services** 33 Finished 215 Need Assessment 16 203 Transferred 28 60 2 2 Outpatient Quit 78 FY11 FY12 96 Expelled TC 80 Other 50 100 150 200 250 0 1 🖬 FY11 🖬 FY12 0 10 20 30 40 **Program Schedule SSC Phase I** Level: 4b: Intensive Outpatient **Duration:** 6 weeks Schedule: 8 hours per week Counselor: LuAnn Morton-Earl **SSC Phase II** Level: 4b: Intensive Outpatient **Duration:** 6 weeks Schedule: 6 hours per week Counselor: LuAnn Morton-Farl

Elective and Voluntary Programs

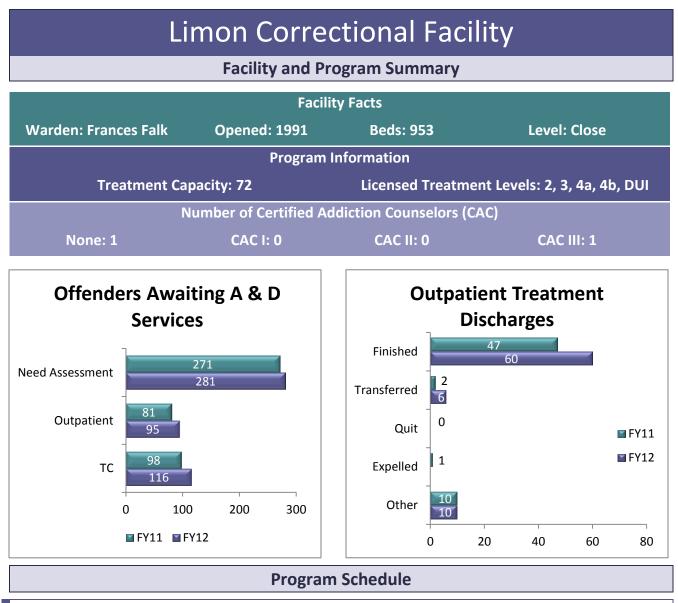
La Vista Correctional Facility			
	Facility and Program Summary		
	Facility Facts		
Warden: David Zupan	Opened: 1994	Beds: 589	Level: Medium
	Program	Information	
Treatment Capacity: 236 Licensed Treatment Levels: 2, 3, 4a, 4b, 4		t Levels: 2, 3, 4a, 4b, 4d, DUI	
N	umber of Certified Ad	diction Counselors (C	CAC)
None: 1	CAC I: 1	CAC II: 1	CAC III: 5





	Program Schedule		
Breaking th	e Chains of Our Past Therapeutic Community		
Level:	4d: Therapeutic Community, ACA accredited since July 23, 2012		
Duration :	9 - 18 months		
Capacity:	68		
Schedule:	Participants attend groups about 10 hours per day, approximately 5 days per week.		
	Participants attend groups for 4 hours per day on Saturday and Sunday.		
	Groups can be led by staff or peers.		
Supervisor:	William Mead		
Counselors:	Michelle Madrid, Andrea Hernandez, Peggy Gallegos, Michael Valdez, and Arnold		
	Harris		
SSC Phase I			
Level:	4b: Enhanced Outpatient		
Duration:	4 weeks		
Schedule:	22 hours per week		
Counselor:	Norma Warner		
SSC Phase I	I		
Level:	4b: Enhanced Outpatient		
Duration:	4 weeks		
Schedule:	12 hours per week		
Counselor:	Linda Thrall		
Elective and	Elective and Voluntary Programs		
	5		

AA and NA



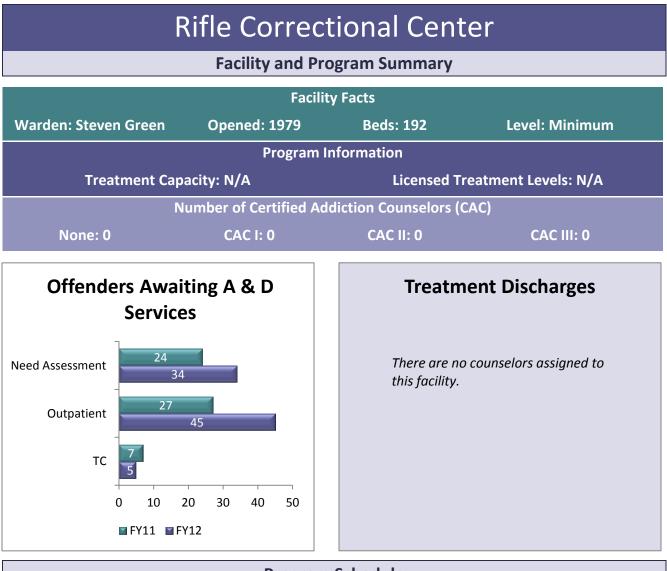
SSC Phase I

Level:	4b/paid: Enhanced Outpatient (alternates with 13-week 4a/paid)			
Duration:	13 weeks			
Schedule:	8 hours per week			
Counselor:	Wayne Driver and Robert Carter			
SSC Phase	ase II			
Level:	4b/paid: Enhanced Outpatient (alternates with 10-week 4a/paid)			
Duration:	10 weeks			

Schedule: 8 hours per week

Counselor: Wayne Driver and Robert Carter

Elective and Voluntary Programs

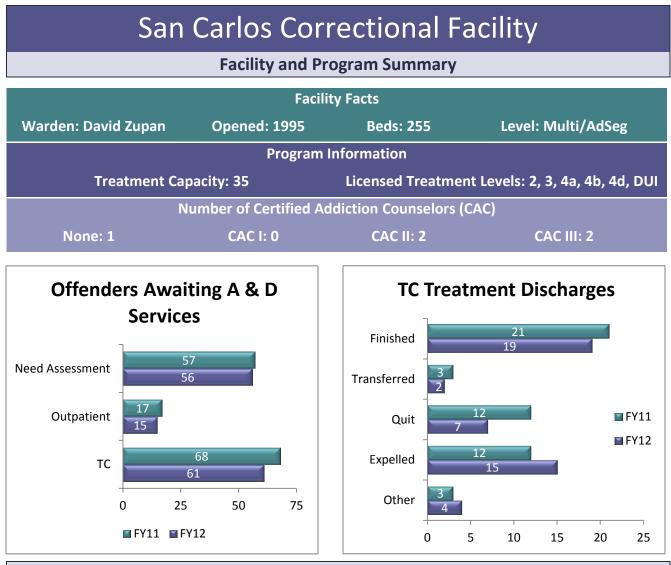


Program Schedule

There are no alcohol and drug programs offered at this facility.

Elective and Voluntary Programs

AA

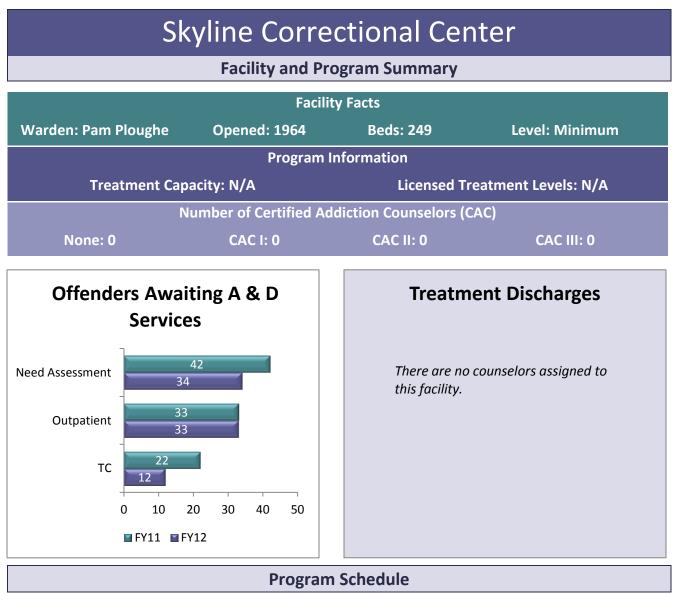


Program Schedule

Personal Reflections Therapeutic Community

Level:	4d: Therapeutic Community, ACA accredited since 2009			
Duration :	9 - 18 months			
Capacity:	35	35		
Schedule:	Participants attend groups from 7:00 AM - 6:00 PM, except when working.			
	Participants work 3.5 hours per day, 5 days per week.			
Supervisor:	William E. Mead			
Counselors:	Art Ducharme, John Dilorio, Virginia Mollica, and Heather Maestas			
Independence House Transition:		Once every 3 months at SCCF		
Independence House Director:		Jenny Remack		
Independence House Staff:		Laurie Lucero		

Elective and Voluntary Programs

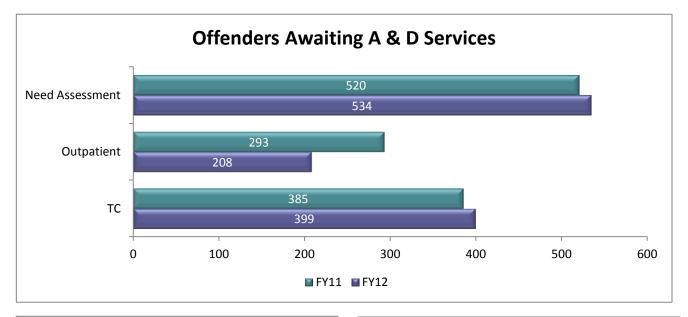


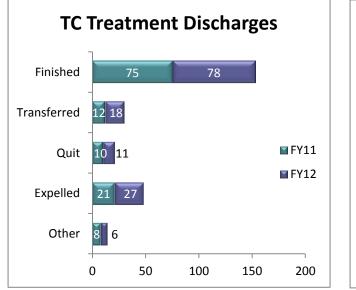
There are no alcohol and drug programs offered at this facility

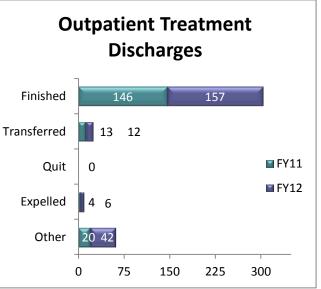
Elective and Voluntary Programs

AA

Sterling Correctional Facility			
	Facility and Pr	ogram Summary	
	Facility Facts		
Warden: James Falk	Opened: 1998	Beds: 2,485	Level: Multi/AdSeg
	Program	Information	
Treatment Capacity: 336 Licensed Treatment Levels: 2, 3, 4a, 4b		nt Levels: 2, 3, 4a, 4b, 4d, DUI	
Number of Certified Addiction Counselors (CAC)			
None: 2	CAC I: 0	CAC II: 1	CAC III: 4







	Prison-based Services		
	Program Schedule		
O.U.R. Hou	se Thera	peutic Community	
Level:	4d: Therapeutic Community, ACA accredited since 2007		
Duration:	9-12 months		
Capacity:	96		
Schedule:	Part	ticipants work or attend GED classes 4 hours in the morning and spend the	
	rem	nainder of the day attending at least 3 hours of group.	
Supervisor:	Dav	e Booth	
Counselors:	Jane	et Kipp, Elizabeth Pelner-Ehrmann, BreAnn Steele, and Timmarie Ballard	
Mental Hea	th Bret	ton Willson	
Clinician:			
SSC Phase I			
Level:	4a/paid:	Enhanced Outpatient	
Duration:	9 weeks		
Schedule:	8 hours	per week	
Counselor:	Mindy E	strada	
Level:	4a/paid:	Enhanced Outpatient	
Duration:	9 weeks		
Schedule:	8 hours	per week	
Counselor:	Mindy E	strada	
Level:	4b/paid:	: Intensive Outpatient	
Duration:	12 week	S	
Schedule:	8 hours	per week	
Counselor:	Mindy E	strada	
Level:	4b/paid:	: Intensive Outpatient	
Duration:	12 weeks		
Schedule:	8 hours per week		
Counselor:	Mindy Estrada		
Level	4b/paid:	: Enhanced Outpatient	
Duration:	9 weeks		
Schedule:	8 hours per week		
Counselor:	Michael Hotz		
Level:	4b/paid: Intensive Outpatient		

Duration: 14 weeks

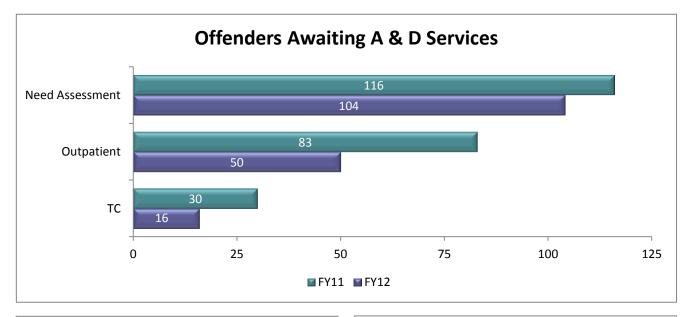
Schedule: 8 hours per week

Counselor: Michael Hotz

Elective and Voluntary Programs

AA, NA, and Relapse Prevention

Trinidad Correctional Facility												
Facility and Program Summary												
Facility Facts												
Warden: David Zupan	Opened: 2001	Beds: 404	Level: Min R									
	Program I	nformation										
Treatment Capacity: 96 Licensed Treatment Levels: 2, 3, 4a, 4b, DUI												
N	Number of Certified Addiction Counselors (CAC)											
None: 0	CAC I: 0	CAC II: 0	CAC III: 1									

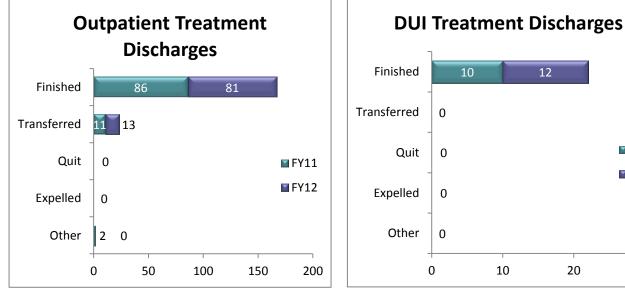


📓 FY11

FY12

30

20



Program Schedule										
SSC Phase										
Level:	4a: Enhanced Outpatient									
Duration:	12 weeks									
Schedule:	7 hours per week									
Counselor:	Anita Archibeque									
Level:	4b/paid: Intensive Outpatient									
Duration:	6 weeks									
Schedule:	21 hour per week									
Counselor:	Anita Archibeque									
Elective an	d Voluntary Programs									
AA										
Driving wit	h Care									
Level:	DUI Level II Education									
Duration:	12 weeks									
Schedule:	2 hours per week									
Counselor:	Anita Archibeque									

FY11 Facilities by Treatment Level and Curriculum

	TCF	SCF	SCCF	LVCF	LCF	КССС	FMCC	FLCF	FCF	DWCF	DCC	CTCF	CSP	CMRC	CCF	CCCF	BVMC	BVCF	BCCF	AVCF	ACC
2: Educ	E			E			E			E	E		E		E		E				
3: WOP						R										R					
4a: EOP	1	1			1	1 2	1	R			R					1	1		1 2	1	
4b: IOP	1	1		1	1 2	1 2	1	1 2	1	1	1 2	1 2		1		1 2	1	1	1 2	1	
4d: TC		т	т	т						т							т				т
	See individual facility pages for detailed program information. The following facilities are not listed because they do not offer groups: CCC, DRDC, RCC, & SCC																				

Curriculum	Symbol	Curriculum	Symbol
Alcohol and Drug Education	E	SSC I	1
Relapse Prevention	R	SSC II	2
Therapeutic Community	Т		

		1	1	1	1	1	1	-	1	Í		101	l.	•	-	1	1	Í	1	1	1	1	Í	1	
	TCF	SCF	SCCF	SCC	RCC	LVCF	LCF	KCCC	FMCC	FLCF	FCF	DWCF	DRDC	DCC	CTCF	CSP	CMRC	CCF	CCCF	ccc	BVMC	BVCF	BCCF	AVCF	ACC
AA Sponsorship												x													
Aftercare										х															
Alcohol and Drug Education												x													
Anger Management																									x
Alcoholics Anonymous	x	х	x	х	х	х	х	х	х	х	x	х	х	х	х	х	х	х	х	х	х	х	х	х	x
Celebrate Recovery												x													
Challenge to Change I & II*																			х						
Christian 12-Step Ministry																							x		
HIV 101 Workshop															х										
Narcotics Anonymous		x	x			х		x				x		x			x		х				x	х	
Parenting																									x
Relapse Prevention*		х				х					x												x		
Victim Impact*																								х	
White Bison						х													х				x		
			Ful	ll prog	ram a	lescrip	otions	are lis			orogra Overvi		Priso	n-Bas	ed Sei	rvices	sectio	n							

FY11 Facilities by Elective and Voluntary Programs

FY12 Facilities by Treatment Level and Curriculum

	TCF	SCF	SCCF	LVCF	LCF	КССС	FMCC	FCF	DWCF	DCC	CTCF	CSP	CCF	CCCF	BVMC	BVCF	BCCF	AVCF	ACC
2: Educ	E						E		E	E		E	E		E			E	
3: WOP														R				R	
4a: EOP	1	1			1 2		1			R				1 R	1		1 2	2	
4b: IOP	1	1		1 2	1 2	1 2		1	1	1 2	1 2			1 2	1	1	1	1	
4d: TC		т	т	т					т						т				т

Curriculum	Symbol	Curriculum	Symbol
Alcohol and Drug Education	E	SSC I	1
Relapse Prevention	R	SSC II	2
Therapeutic Community	т		

	TCF	SCF	SCCF	scc	RCC	LVCF	LCF	КССС	FMCC	FLCF	FCF	DWCF	DRDC	DCC	CTCF	CSP	CMRC	CCF	CCCF	ccc	BVMC	BVCF	BCCF	AVCF	ACC
Aftercare*																								×	
Al-Anon												Х													
Alcohol and Drug Education												x													
Anger Management																									х
Alcoholics Anonymous	x	х	x	x	x	x	х	х	x	х	x	Х		х	х	x	Х	х	х	х	х	x	x	x	x
Challenge to Change I & II																			х						
Christian 12-Step Ministry												х													
Driving With Care*	х								х					х							х				
HIV 101 Workshop															x										
Narcotics Anonymous		x	х			x						Х		x			х		х				x	х	
Parenting																									х
Relapse Prevention		х									х												х		
Victim Impact*																								х	
White Bison																			х						
			Ful	l prog	iram a	lescrip	otions	are li		ctive p n the C			Priso	n-Bas	ed Sei	vices	sectio	n							

FY12 Facilities by Elective and Voluntary Programs

Overview of Community-Based Services

Through TASC, a case management program within parole, offenders who have paroled and are living in the community are referred to substance abuse treatment. Treatment in the community is delivered by approved treatment providers (ATPs) who have applied to the CDOC to gain approved status; ATP counselors must meet the same background requirements as CDOC prison-based employees.

IRT and TC programs are offered in some community corrections centers. Oversight of these specialized programs is done through the Division of Criminal Justice of the Department of Public Safety and DBH in the Department of Human Services. Available IRT and TC programs in Colorado are listed in this overview. Due to frequently changing ATPs and group schedules, outpatient services are not detailed here.

TASC

Agency Facts						
Regional Director: Melissa Ippolito	Contracting Agency: Peer Assistance Services, Inc.					

Colorado TASC is a state-wide community-based case management program for parolees. Parolees are referred to TASC for substance abuse assessment, treatment referral, and monitoring services. Identified substance-abusing offenders are referred to ATPs for treatment, and their attendance is monitored by TASC case managers. TASC further monitors parolees' substance abuse through urinalyses, breathalyzers, and oral swabs. Most of the TASC regions incorporate a Co-Occurring Service (COS) team that works exclusively with offenders who have been dually diagnosed with serious mental illness and chemical addiction. There were 4,938 offenders admitted to TASC during FY11. Of those parolees who went to TASC, 18% were identified as having a serious mental illness (i.e., mental health needs level of 3-5 with a [C]hronic or [O]rganic qualifier). There were 5,638 offenders admitted to TASC during FY12. Of those parolees who went to TASC, 17% were identified as having a serious mental illness (i.e., mental health needs level of 3-5 with a [C]hronic or [O]rganic qualifier). There were 5,638 offenders admitted to TASC during FY12. Of those parolees who went to TASC, 17% were identified as having a serious mental illness (i.e., mental health needs level of 3-5 with a [C]hronic or [O]rganic qualifier). All TASC services are provided through Peer Assistance Services, Inc. Office hours are listed below, but random urinalysis testing may be done 7 days per week.

Mile High TASC Denver

Phone:	(303) 595-4194
Schedule:	8:00 AM – 12:30 PM and 1:30 PM – 5:30 PM Monday through Friday
Staff:	Anita Hoffman, Program Director
	Esther Kaiser, Team Lead, Case Manager
	Matt Bustos, COS Case Manager
	Thomas Chatfield, COS Case Manager
	Meredith Donner, Case Manager
	Melissa Woods, Case Manager
	Mekka Banks, Intake Coordinator
	Vacancy: Case Manager
	Vacant: Colorado TASC Director

Mile High TASC Englewood

Phone:	(303) 761-7554
Schedule:	8:30 AM – 12:30 PM and 1:30 PM – 5:30 PM Monday through Friday
Staff:	Matthew Plumb, Case Manager
	Jill Peterson, COS Case Manager
	Lynn Koenck, Intake Coordinator

Northeast TASC Westminster

Phone:	(303) 428-5264
Schedule:	8:30 AM – 12:00 PM and 1:00 PM – 5:30 PM Monday through Friday
Staff:	Anthony Wash, Program Director
	Kevin Beyerlein, Case Manager
	Dorinda Robinson, Case Manager
	Karen Wagner, Case Manager
	Jason Arb, Intake Coordinator
	Vacancy: Case Manager

Northeast TASC Greeley

Phone:	(970) 336-9034
Schedule:	8:00 AM – 12:00 PM and 1:00 PM – 5:00 PM Monday, Thursday, and Friday
	9:00 AM – 12:00 PM and 1:00 PM – 6:00 PM Tuesday and Wednesday
Staff:	Chris Kesterson, Program Director
	Christina Ochoa, COS Case Manager
	Langston Jacobs, Case Manager

Northeast TASC Fort Collins

Phone:	(970) 530-3009
Schedule:	8:00 AM – 12:00 PM and 1:00 PM – 5:00 PM Monday, Tuesday, Thursday, and Friday
	9:00 AM – 12:00 PM and 1:00 PM – 6:00 PM Wednesday
Staff:	Chris Kesterson, Program Director
	Brian Ferrans, Case Manager
	Makenzie Molitor, Case Manager

Northeast TASC Longmont

Phone:	(303) 532-3462
Schedule:	8:00 AM – 12:00 PM and 1:00 PM – 5:00 PM Monday through Wednesday, Friday
	9:00 AM – 12:00 PM and 1:00 PM – 6:00 PM Thursday
Staff:	Chris Kesterson, Program Director
	Megan Bland, Case Manager
	Kevin Hughes, Case Manager

Southeast TASC Colorado Springs

Phone:	(719) 444-0882
Schedule:	7:30 AM – 12:30 PM and 1:30 PM – 6:30 PM Monday through Friday
Staff:	Nanette Biggers, Program Director
	Myron Byles, Case Manager
	Dominica Reinhard, Case Manager
	Jason Humphrey, Case Manager
	Jonathan Teisher, Case Manager
	Dustin Robinson, Case Manager
	Lisa Anderson, Intake Coordinator

Scott Nuismer, Intake Coordinator
Vacancy: Case Manager

Southeast TASC Pueblo

Phone:	(719) 543-0690
Schedule:	8:00 AM – 1:00 PM and 2:00 PM – 6:00 PM Monday through Friday
Staff:	Tiffany Esquibel, Case Manager
	Stephen Maes, Case Manager
	Jacob Alfonso, Case Manager
	Richard Gomez, Intake Coordinator

Western TASC Grand Junction

Phone:	(970) 242-2800
Schedule:	8:00 AM – 1:00 PM and 2:00 PM – 6:00 PM Monday through Friday
Staff:	Luxie Gannon, Program Director
	David Joslyn, Team Lead, Case Manager
	Justin Arnold, Case Manager
	Bryn Brocklesby, COS Case Manager
	Timothy Rison, Case Manager
	Vacant: Intake Coordinator

Western TASC Durango

Phone:	(970) 385-8561
Schedule:	8:00 AM – 12:00 PM and 1:00 PM – 5:00 PM Monday through Friday
Staff:	Mary Blevins, Case Manager
	Travis Furnari, Case Manager

Level 4C: Intensive Residential Treatment (IRT)

San Luis Valley

San Luis Valley is a 24-bed program for male offenders. The program is based on the first two phases of the SSC curriculum and other cognitive-behavioral curricula. The goal of this approach is to prevent criminal recidivism and substance abuse relapse within community-based and correctional settings. Clients are provided with knowledge about addictive substances and abuse through journaling and structured exercises. Clients learn techniques to change their irrational beliefs and criminal thinking patterns. Other approaches to treatment are also incorporated, such as 12-step, interpersonal relationships, life skills, and leisure activities.

Provider:	San Luis Valley Community Corrections	(719) 589-7514	
Location:	Alamosa		
Schedule:	20 hours of counselor-led therapeutic activities		
Scheuule.	20 hours of other structured activities		
Duration:	90 days		

Larimer County Community Corrections

This program provides treatment services to 24 male and female offenders. The program incorporates SSC, Relapse Prevention, and a broad range of cognitive and life skills classes that concentrate on communication, management of emotions, healthy relationships, nutrition, prosocial activities, budgeting/finances, résumé writing, and job searching. Individual counseling is also available for clients with co-occurring mental health disorders. Each offender successfully completing the program transitions to the aftercare program or to another aftercare setting.

Provider:	Larimer County Community Corrections	(970) 498-7554
Location:	Fort Collins	
Schedule:	20 hours of counselor-led therapeutic activities 20 hours of other structured activities	
Duration:	90 days	

Intervention Community Corrections Services (ICCS)-Weld

ICCS Weld is a 12-bed program for male offenders. The program is based on the SSC curriculum and other cognitive-behavioral curricula. The goal of this approach is to prevent criminal recidivism

Community-Based Services

and substance abuse relapse within community-based and correctional settings. Clients learn techniques to change their irrational beliefs and criminal thinking patterns. Other approaches to treatment are also incorporated, such as 12-step, interpersonal relationships, life skills, marriage/family counseling, and leisure activities. Clients must have been convicted in or have a parole plan for Weld County.

Provider:	Intervention Community Corrections Services	(970) 584-2526	
Location:	Greeley		
Schedule:	20 hours of counselor-led therapeutic activities		
Schedule:	20 hours of other structured activities		
Duration:	90 days		

CMI Fox

CMI Fox is a 32-bed program for male offenders. The program is based on the SSC curriculum and other cognitive-behavioral curricula. The goal of this approach is to prevent criminal recidivism and substance abuse relapse within community-based and correctional settings. Clients learn techniques to change their irrational beliefs and criminal thinking patterns. Other approaches to treatment are also incorporated, such as 12-step, interpersonal relationships, life skills, and leisure activities. This program does not accept clients with prior arson charges.

Provider:	CMI Fox	(720) 854-0264
Location:	Denver	
Schedule:	20 hours of counselor-led thera	peutic activities
Schedule:	20 hours of other structured ac	tivities
Duration:	90 days	

Mesa County Community Corrections

Mesa County Community Corrections is a 12-bed program for male offenders. The program is based on the SSC curriculum and other cognitive-behavioral curricula. The goal of this approach is to prevent criminal recidivism and substance abuse relapse within community-based and correctional settings. Clients learn techniques to change their irrational beliefs and criminal thinking patterns. Other approaches to treatment are also incorporated, such as 12-step, interpersonal relationships, life skills, and leisure activities. Clients must arrive with 90 days of medication.

Provider:	Mesa County Community	(970) 244-3340
riovidei.	Corrections	(370) 244 3340

Community-Based Services

Location:	Grand Junction
Schedule:	20 hours of counselor-led therapeutic activities
	20 hours of other structured activities
Duration:	90 days

Short-Term Intensive Residential Remedial Treatment (STIRRT)

STIRRT is a highly structured and compact drug and alcohol treatment program for offenders at high risk of re-offending. It is a 9-month program that begins with 2 weeks of residential treatment and then 8-9 months of continuing care services. The primary goal of STIRRT is to initiate a change in clients' substance use and criminal involvement. The program aims to temporarily remove clients from society and subsequently return them with the skills to reduce criminal involvement and substance abuse so they avoid further incarceration or jail time. The program has a largely cognitive-behavioral emphasis, utilizing Phase I of the SSC curriculum. The cognitive-behavioral approach is integrated in the educational and employment skills groups. A full schedule of groups is held each day, Sunday through Saturday, for the 2-week program duration.

Provider:	Arapahoe House	(303) 412-3928 (female) (303) 412-3961 (male)
Location:	Commerce City (male) Littleton (female)	
Schedule:	Minimum of 112 therapeutic hours before transition to an outpatient program	
Duration:	14 days	
Provider:	Crossroads' Turning Points, Inc.	(719) 545-1181 (female) (719) 566-0234 (male)
Location:	Pueblo	
Schedule:	Minimum 112 therapeutic hours before transition to an outpatient program	
Duration:	14 days	
Provider:	Larimer County Community Corrections	(970) 498-7530
Location:	Fort Collins	
Schedule:	Minimum 112 therapeutic hours before transition to an outpatient program	
Duration:	14 days	

Level 4d: Therapeutic Community (TC)

Independence House Pecos

This program is a community-based TC designed to transition general population male offenders, sex offenders, mentally ill chemical abusing offenders, and male offenders from special populations or programs including the Vocational Heavy Construction Technology Program and those who learn construction trades while in BVCC and SCF. The overall goal of this TC is to assist residents to use their training in the construction field. Residents learn how to maintain a positive lifestyle free of drugs and crime by receiving education about resources available at the community, state, and federal levels. Each resident may earn the privilege of working based on progress in treatment. Graduation is dependent upon progress in treatment.

Provider:	Independence House, Inc.
Location:	Denver
Beds:	75
Duration:	6 - 12 months residential

Peer I

Residential TC activities are divided among intensive and transitional services for male offenders. Intensive services are aimed at changing attitudes, values, and behaviors as well as increasing motivation, readiness for treatment, and ownership of change. The goal of transitional services is reintegration into the community, with specific emphasis on employment, budgeting, family support groups, and appropriate leisure activities. Clients who transition to non-residential services learn independent living skills while engaging in weekly treatment groups. Graduation depends on progress in treatment. Graduates may remain under Peer I monitoring for the duration of their sentence. In addition, Peer I has a reach-in component that visits CDOC facilities at ACC TC, SCF TC, CMRC, and Buena Vista Correctional Complex on a regular basis.

Provider:	Addiction Research and Treatment Services (ARTS)
-----------	--

Location:	Denver
Beds:	121 ⁵
Duration:	9 – 12 months residential

⁵ Includes probation, diversion, and drug court.

Community-Based Services

Sisterhood Teaching Alternatives for Recovery (STAR) TC

This modified TC treats females with complex substance abuse needs. Women with co-occurring substance abuse and mental health needs, as well as women who have level 5 treatment needs, are accepted into the program on an individual basis. The program includes group and individualized treatment, cognitive-behavioral therapy, relapse prevention groups, and gender specific/trauma informed women's treatment services.

Provider:	Crossroads' Turning Points, Inc.
Location:	Pueblo
Beds:	24
Duration:	6 - 9 months residential

Therapeutic Community for Southern Colorado

This TC is a male-only program that treats offenders from the southern region of Colorado who have demonstrated severe and chronic substance abuse issues. This is a very rigorous and confrontational program that demands a high standard. The participants are held accountable for their thoughts and actions. After completing the residential phase of the program, clients move into a non-residential phase that can last up to 12 months.

Provider:	Crossroads' Turning Points, Inc.
Location:	Pueblo
Beds:	60
Duration:	9 – 12 months residential and 12 months outpatient

The Haven Modified TC

The Haven is a unique long-term residential substance abuse treatment center for women and their children and has the ability to serve pregnant and postpartum women. The Haven houses 38 women and The Haven Mother's House serves an additional 26 women with their infant children who reside with their mothers in treatment. The Haven serves women with chronic substance abuse disorders. The program offers group treatment, individualized treatment, psychiatric services, cognitive-behavioral therapy, parenting education, infant developmental evaluations and services, on-site childcare, medication monitoring, on-site medical services, supervised children's visitation, exercise and recreational activities, relapse prevention groups, gender specific/trauma informed women's treatment services, transitional housing, and day treatment. Graduation depends on progress in treatment.

Provider:	Addiction Research and Treatment Services (ARTS)
Location:	Denver
Beds:	91 ⁶
Duration:	12 – 18 months residential

⁶ Treatment beds are for pregnant mothers and mothers with their infants in residence; pregnant women are prioritized first (includes probation, diversion, drug court, Department of Human Services, and self-referral).

Residential Dual Diagnosis Treatment Programs

Residential Dual Diagnosis Treatment (RDDT) Providers and Programs

RDDT serves male and female offenders who are dually diagnosed with substance abuse and serious mental illness. The purpose of RDDT is to provide an intense treatment intervention with continuing care after completion of the residential component. The program is coordinated with local mental health centers to provide a range of services including individual therapy, group therapy, and psychiatric services. The program also uses structured motivational enhancement. Providers use standardized curricula to treat offenders and include psycho-educational, support, and other wrap-around services to support the therapeutic activities.

Provider:	Larimer County Community Corrections	(970) 498-1518	
Location:	Fort Collins		
Schedule:	5 hours weekly of direct therapeutic contact 1 hour weekly of individual psychotherapy 3 hours weekly of other treatment activities		
Duration:	Open-Ended – approximately 150 days		
Provider:	COMCOR, Inc.	(719) 473-4460 ext. 50	
Location:	Colorado Springs		
	5 hours weekly of direct therapeutic contact		
Schedule:	1 hour weekly of individual psychotherapy		
[3 hours weekly of other treatment activities		
Duration:	180 days		
Provider:	Mesa County Community Corrections	(970) 244-3340	
Location:	Grand Junction		
Schedule:	 5 hours weekly of direct therapeutic contact 1 hour weekly of individual psychotherapy 3 hours weekly of other treatment activities 		
Duration:	Open ended – approximately 120 days		
Provider:	Intervention Community Corrections Services	(303) 232-4002 ext. 5529	
Location:	Lakewood		
Schedule:	5 hours weekly of direct therapeutic contact 1 hour weekly of individual psychotherapy 3 hours weekly of other treatment activities		
Duration:	Open ended – approximately 120 days		

Location:Denver5 hours weekly of direct therapeutic contactSchedule:1 hour weekly of individual psychotherapy 3 hours weekly of other treatment activitiesDuration:9 months minimumProvider:The DOOR Program(303) 232-4002 ext.		
Schedule:1 hour weekly of individual psychotherapy 3 hours weekly of other treatment activitiesDuration:9 months minimum		
Provider: The DOOP Program (202) 222 4002 ovt		
Provider:The DOOR Program(303) 232-4002 ext.	5529	
Location: Lakewood	Lakewood	
 5 hours weekly of direct therapeutic contact Schedule: 1 hour weekly of individual psychotherapy 3 hours weekly of other treatment activities 	1 hour weekly of individual psychotherapy	
Duration: Open ended – approximately 120 days	Open ended – approximately 120 days	
Provider: John Eachon Reentry Program (303) 232-4002 ext.	5529	
Location: Lakewood		
5 hours weekly of direct therapeutic contactSchedule:1 hour weekly of individual psychotherapy 3 hours weekly of other treatment activities	1 hour weekly of individual psychotherapy	
Duration: Open ended – approximately 120 days	Open ended – approximately 120 days	
Provider: Arapahoe Community Residential Center (303) 795-6975 ext.	207	
Location: Littleton		
 5 hours weekly of direct therapeutic contact Schedule: 1 hour weekly of individual psychotherapy 3 hours weekly of other treatment activities 	1 hour weekly of individual psychotherapy	
Duration: Open ended		

Denver Homeless Transition Program

The Denver Homeless Transition Program (DHTP) identifies male and female parolees who are 12 months from their mandatory release date and would otherwise be homeless in the City and County of Denver once released. DHTP is a 25-bed program that provides parolees with transitional housing and employment resources.

Provider:	Denver Homeless Transition Program	(303) 763-2489 (720) 913-3665
Location:	Denver	
Schedule:	Placement is 9 months to mandatory release date	
Duration:	6 - 9 months	

References

- Ball, J. C. (1994). What I would most like to know: Why has it proved so difficult to match drug abuse patients to appropriate treatment? *Addiction, 89*, 263-265. doi: 10.1111/j.1360-0443.1994.tb00888x
- Burdon, W. M., Messina, N. P., & Prendergast, M. L. (2004). The California treatment expansion initiative: After-care participation, recidivism, and predictors of outcomes. *Prison Journal*, 84, 61-80. doi: 10.1177/0032885503262455
- Condelli, W. S., & De Leon, C. (1993). Fixed and dynamic predictors of client retention in therapeutic communities. *Journal of Substance Abuse Treatment, 10,* 11-16. doi: 10.1016/0740-5472(93)90093-H
- Darke, S., Campbell, G., & Popple, G. (2012). Retention, early dropout and treatment completion among therapeutic community admissions. *Drug and Alcohol Review*, 31, 64-71. doi: 10.1111/j.1465-3362.2011.00298
- De Leon, G., Melnick, G., & Cleland, C. (2008). Client matching: A severity-treatment intensity paradigm. *Journal of Addictive Diseases, 27,* 99-113. doi:10.1080/10550880802122703
- Knight, K., Hiller, M. L., Broome, K. M., & Simpson, D. D. (2000). Legal pressure, treatment readiness, and engagement in long-term residential programs. *Journal of Offender Rehabilitation*, 31, 101-115. doi: 10.1177/0093854802029001004
- Knight, K., Simpson, D. D., & Hiller, M. L. (1999). Three-year reincarceration outcomes for in-prison therapeutic community treatment in Texas. *Prison Journal*, 79, 337-351. doi: 10.1177/0032885599079003004
- Melnick, G., De Leon, G., Thomas, G., & Kressel, D. (2001). A client-treatment matching protocol for therapeutic communities: First report. *Journal of Substance Abuse Treatment, 21*, 119-128. doi: 10.1081/ADA-100107660
- Simpson, D. D. (2001). Modeling treatment process and outcomes. *Addiction, 96*, 207-211. doi: 10.1080/09652140020020937

Welsh, W., & McGrain, P. N. (2008). Predictors of therapeutic engagement in prison-based drug treatment. *Drug and Alcohol Dependence , 96 (3),* 271-280. doi: 10.1016/j.drugalcdep.2008

Wexler, H. K. (1995). The success of therapeutic communities for substance abusers in American prison. *Journal of Psychoactive Drugs, 27*, 57-66.

Appendix

Facility
Arrowhead Correctional Center
Arkansas Valley Correctional Facility
Bent County Correctional Center
Buena Vista Correctional Facility
Buena Vista Minimum Center
Colorado Correctional Center (Camp George West)
Crowley County Correctional Facility
Centennial Correctional Facility
Cheyenne Mountain Re-entry Center
Colorado State Penitentiary
Colorado Territorial Correctional Facility
Delta Correctional Center
Denver Reception and Diagnostic Center
Denver Women's Correctional Facility
Fremont Correctional Facility
Fort Lyon Correctional Facility**
Four Mile Correctional Center
Kit Carson Correctional Facility
Limon Correctional Facility
La Vista Correctional Facility
Rifle Correctional Center
Skyline Correctional Center
San Carlos Correctional Facility
Sterling Correctional Facility
Trinidad Correctional Facility

*Indicates a private facility

** Closed in 2012

Colorado Department of Corrections Office of Planning and Analysis

2862 South Circle Drive Colorado Springs, CO 80906 www.doc.state.co.us