Overview of Substance Abuse Treatment Services: Fiscal Year 2010



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Introduction

Substance abuse is known to have a high occurrence rate among incarcerated populations; Colorado is no exception. The present study evaluates the needs of offenders and the availability of treatment services within the Colorado Department of Corrections (CDOC).

Substance abuse programs operate under CDOC Behavioral Health Services as the division of Alcohol and Drug Services. The mission of this division is "to assess substance-abusing offenders and provide them a continuum of interventions for ongoing self-change." Assessment information is used as a guide for making treatment placements into available treatment services, which vary in duration and intensity.

The delivery of substance abuse services within Colorado's criminal justice system was dramatically changed with the passage of Colorado Revised Statute (C.R.S.) 16-11.5. This legislation mandated three important components for felons: (1) a standardized procedure for assessment of substance abuse, including chemical testing, (2) a system of education and treatment programs for substance abusers, and (3) a system of punitive sanctions for offenders who test positive after the initial test. The CDOC, the State Judicial Department, the Division of Criminal Justice of the Department of Public Safety, and the Department of Human Services launched a cooperative effort to fulfill these legislative mandates.

STANDARDIZED ASSESSMENT

The Standardized Offender Assessment-Revised (SOA-R) comprises four instruments. The primary assessment includes the Level of Supervision Inventory-Revised (LSI-R) as a recidivism risk measure and the Simple Screening Instrument-Revised (SSI-R) as a substance abuse screening measure. The Adult Substance Use Survey-Revised (ASUS-R) and the Treatment Recommendation Worksheet (TxRW) are administered as the secondary assessments. All offenders need to be assessed on the primary assessment. Only those identified with an alcohol or drug problem by the SSI-R require a secondary assessment.

Introduction

STANDARDIZED TREATMENT SYSTEM

In conjunction with the SOA-R, a treatment system was formulated. The treatment system, consisting of eight categorical levels, is tied to the assessment battery. Scores on the standardized assessment drive placement into one of the treatment levels. The treatment system provides education and therapy services of varying intensity and duration.

Level 1: No Treatment

Offenders assigned to the first level include those who require no substance abuse treatment. Individuals assessed as Level 1 have no current clinical diagnosis of substance abuse or dependence.

Level 2: Drug and Alcohol Education and Increased Urinalyses

The second treatment level is prescribed for individuals with no clinical diagnosis of substance abuse or dependence and no withdrawal symptoms. Participants must be mentally, physically, and cognitively capable of participation. Level 2 education should be structured and curriculum-based; however, content may vary. These programs must incorporate urinalyses and substance abuse education that strives to increase awareness of the effects of drug and alcohol usage. The hours for this level are generally open to the facilities' own guidelines.

Level 3: Weekly Outpatient (WOP)

Weekly outpatient treatment, level 3, is structured for individuals who may have a clinical diagnosis of substance abuse or dependence. Level 3 programs are designed for individuals who experience up to two of the following consequences of substance abuse: employment difficulties, legal difficulties, or damaged personal relationships. Individuals may be appropriate for weekly outpatient treatment if they completed a more intensive program and need continuing support. It is recommended that participants at this level are voluntary, motivated, and have positive support systems outside of treatment. The general parameters of weekly outpatient treatment are 1 to 3 hours per week within a 3- to 12-month duration.

Level 4a: Enhanced Outpatient (EOP)

Enhanced outpatient treatment, level 4a, is also structured for individuals who may have a clinical diagnosis of substance abuse or dependence. Individuals may have an emotional, behavioral, or cognitive disorder requiring intensive monitoring to minimize distractions from treatment. Individuals also may have performed poorly in weekly outpatient therapy while under supervision and may have a poor support system, which necessitates more intensive treatment services. Individuals may be appropriate for enhanced outpatient treatment if they completed a more intensive program and need continuing support. It is recommended, although not required, that participants at this level are voluntary and motivated. Level 4a programs typically involve 3 to

8 hours of treatment services each week for a period of 4 to 12 weeks. Level 4a treatment should be followed by level 3 treatment.

Level 4b: Intensive Outpatient (IOP)

Level 4b, intensive outpatient treatment, is designed for individuals who require more structured therapy than is provided through weekly or enhanced outpatient treatment. Individuals may be assigned to level 4b treatment if their histories indicate unsuccessful treatment attempts, prolonged intoxication or lengthy withdrawal, and serious behavioral changes (e.g., legal or family problems) due to substance abuse. Intensive outpatient programs are best suited to individuals who realize the seriousness of their substance abuse problems, but have negative or non-existent support systems and are a high risk for continued drug use. This level may be appropriate for individuals who have a dual diagnosis, present a risk to self or others, or have successfully completed an intensive residential program. Level 4b differs from levels 3 and 4a primarily in intensity; level 4b programs are typically 9 to 19 treatment hours per week for 4 to 6 weeks with continuing care and should be followed by level 4a or level 3 treatment.

Level 4c: Intensive Residential Treatment (IRT)

Level 4c is an intensive residential program for individuals presenting with serious substance abuse problems. Intensive residential programs typically last 30 days; however, some programs may be as short as 14 days or as long as 120 days. The purpose of level 4c treatment is to provide a brief, intense treatment intervention. IRTs are structured to accommodate persons requiring medical attention — particularly for disorders related to prolonged substance abuse. Individuals who are diagnosed with a chronic psychiatric disorder or present a danger to self or others are appropriate for placement in a level 4c program. Additionally, level 4c programs treat individuals who lack a positive support system, experience substantial denial, or exhibit inability to sustain independent functioning outside of a controlled environment. Level 4c treatment should be followed by a progressive continuum of level 4b, 4a, and 3 treatments.

Level 4d: Therapeutic Community (TC)

Level 4d programs are similar to level 4c in that they are residential in nature, but 4d programs have longer treatment stays and are more structured than the lower levels. Typically, TCs have a 6- to 12-month length of stay. TCs are designed for individuals with extensive criminal histories, antisocial behavior, limited social support, and multiple unsuccessful treatment attempts. Level 4d programs use the "community as method" model, which views substance abuse as a disorder of the whole person and focuses on strategies that aim for a complete change in offenders' thinking, lifestyle, and identity.

Introduction

Level 5: Medical/Mental Health Referral

The final level of treatment, level 5, characterizes individuals with the most serious cognitive, emotional, and/or behavioral problems. Typically, individuals have a psychiatric disorder or a severe medical issue that warrants suspension of substance abuse treatment until the issue can be addressed. Due to the extreme severity of their psychological or physical problems, individuals in this category may be considered inappropriate for treatment and should be referred for a medical and/or mental health evaluation by a licensed professional.

SANCTIONS

A system of punitive sanctions for continued substance use is another mandate under C.R.S. 16-11.5. The system of sanctions is related to the SOA-R and takes the following factors into consideration: (1) level of criminal risk, (2) severity of substance abuse, (3) compliance in supervision, and (4) treatment participation and compliance. Recognizing that each agency must develop its own policies and procedures to respond to offender substance use, specific sanctions (e.g., SOA-R reassessment, increased supervision, loss of privileges) based on the four factors are suggested.

Overview of Prison-Based Services

Substance abuse treatment programs are offered at most CDOC facilities. Since July 1, 2008, all alcohol and drug services have been provided by CDOC state employees, with the exception of the Denver Women's Correctional Facility (DWCF) therapeutic community (TC) staff. The offender population, administrators, mental health coordinators, and treatment providers influence the drug and alcohol programs available at each facility. However, one commonality across facilities is that treatment is generally offered on a group basis.

This program guide describes substance abuse services provided by Alcohol and Drug Services staff in CDOC facilities as of September 30, 2010. Each treatment program is briefly described below. These curricula may be offered at different levels of intensity based on the offender's assessed need and licensed program level.

PROGRAM DESCRIPTIONS

Alcohol and Drug Education

Due to limited access to alcohol and drug treatment services in some facilities, a basic substance abuse education program is offered to assist offenders in their return to society by providing basic relapse prevention skills. This educational program is designed in two ways. It can be presented in the classroom or it can be presented individually (e.g., at the cell door), with the counselor monitoring the offender's weekly progress.

Relapse Prevention

The relapse prevention program is designed for offenders who have suffered substance abuse relapse, usually indicated by a positive urinalysis, while incarcerated or on parole. Within the program, offenders develop their own plan to remain abstinent while incarcerated as well as following their release to the community. In particular, this group focuses on connecting offenders to some other form of treatment such as AA or individual counseling.

Strategies for Self-Improvement and Change (SSC)

The SSC curriculum comprises three phases. Which phases are offered depends on the counselor and the facility. Groups also may include substance abuse education and relapse prevention. SSC is a cognitive-behavioral-based approach designed specifically for substance-abusing offenders. Most facilities offer Phase I and some offer Phase II, but typically Phase III is available in the community.

Phase I

Offenders are challenged to alter their thinking patterns by developing self- awareness. They are taught that altering their thoughts and behaviors are necessary to make positive changes.

Phase II

Offenders are encouraged to focus on developing and implementing action plans.

Phase III

This phase helps offenders develop the critical thinking necessary to resolve conflict and begin to deal with their issues.

Therapeutic Community (TC)

There are six TC programs offered in CDOC state facilities. Four are TC programs for male offenders, one of which is a modified TC for offenders with mental illness, and two are TCs for female offenders. In order for an offender to be eligible for TC treatment, he or she must be recommended for treatment at either a 4c (IRT) or 4d (TC) treatment level. Offenders must also be past or within 5 years of their parole eligibility date and must be within 9 months, but not more than 8 years, from their mandatory release date. Mental health needs and custody levels are also considered as part of the eligibility criteria. The six TC programs are described in further detail below.

Breaking the Chains of Our Past TC

The Breaking the Chains of Our Past TC is located at La Vista Correctional Facility (LVCF) and opened in July 2010. This TC was started with 18 offenders who had been involved in treatment in the past and were able to assist the staff in developing the culture and operations of this new program. The community has a total of 72 assigned beds and is a long-term residential behavior modification program for substance dependent/abusing adult female offenders. The program offers affective and cognitive components and is divided into three phases, including an Orientation phase, Family Phase, and Live-in Re-entry phase. Each phase should take from 3 to 6 months to complete, depending on the ability and motivation of the offenders.

Challenge to Change TC

The Challenge to Change TC is housed at DWCF and earned its American Correctional Association (ACA) accreditation in June 2009. The program is a long-term residential behavior modification program for substance dependent/abusing female adults. The program offers affective and cognitive components and is divided into five units: Orientation lasts 21 days; Phases I, II, and III each last approximately 2 months; and the Phase III transitional period lasts an additional 2 months. Completion of the program is primarily determined by the motivation of the individual client. The program contains an earned privilege system in which the residents progress through the phases as a reward for taking ownership for past and present behaviors. The Phase III transitional segment includes an aftercare period in which offenders who have completed the program may stay in the unit for an additional 30 days to continue to attend groups and gain support before transitioning out of the TC unit.

Crossroad to Freedom House TC

Crossroad to Freedom House TC is located at the Arrowhead Correctional Center (ACC) and has been ACA accredited since August 2003. This TC operates from a cognitive-behavioral perspective, providing a highly structured, intensive treatment opportunity for incarcerated offenders entrenched in an addictive, criminal lifestyle. The program places high demands and expectations on community members, yet also provides them a prospect for recovery. The rules of the TC model those within society. This program has 25 beds reserved for dually diagnosed offenders. Responsibility within the community is stressed to residents. For senior members of the TC, there is a leadership class that meets bi-weekly for approximately 2.5 hours. This program also has a reach-in transition component with the community-based Peer I and Independence House TC programs.

O.U.R. House TC

The O.U.R. House TC is located at the Sterling Correctional Facility (SCF) and has been ACA accredited since January 2007. This TC is based on a cognitive-behavioral model and uses intensive group therapy that is highly structured and confrontational. Therapeutic tools such as recognizing and correcting thinking errors, journaling, rational emotive behavioral therapy, group therapy, encounter groups, and intensive relapse prevention programs are featured. Offenders with mental illness have a part-time staff person who addresses co-occurring needs. Treatment staff team up with case managers, other key facility providers, and community service providers to assist offenders in reintegration to the community.

Personal Reflections TC

The Personal Reflections TC is located at the San Carlos Correctional Facility (SCCF) and has been ACA accredited since May 2009. This modified TC is designed for offenders who have a dual diagnosis, indicating both a serious mental illness and a substance abuse problem. The TC model is based on the idea that drug abuse manifests itself globally within individuals, thereby affecting social and psychological management. This particular program operates from a cognitive-behavioral orientation in which offenders address problem behavior in the forum of the community. Both SSC and Dialectical Behavior Therapy groups are offered within the TC. The program stresses individual accountability and responsibility to the community. The substance abuse staff interfaces with other CDOC staff for anger management and sex offender treatment. Counselors from SCCF also participate in staffing and provide aftercare groups for offenders who have transitioned from SCCF to the Independence House community corrections centers.

The Freedom Project/The New Beginning TC

The Freedom Project/The New Beginning TC is located at the Buena Vista Minimum Center (BVMC) and began July 15, 2010. This TC operates from a cognitive-behavioral perspective, providing a highly structured, intense treatment opportunity for offenders. Included are relapse prevention, journaling, and educational and encounter groups. The Beckley Responsibility and Values Enhancement (BRAVE) Program also introduces participants to TC in a prison setting, addressing topics such as orientation to treatment, adjustment to incarceration, criminal lifestyles, lifestyle balance, living with others, and success strategies. The goal is to help participants replace old thinking and strategies with new ones that are more realistic and sustainable.

Voluntary Programs

These are programs that offenders can choose to attend but do not fulfill their SOA-R treatment requirements. These programs do not fit within the standardized treatment level system but provide valuable services to offenders. Groups are facilitated by community volunteers or facility staff.

Aftercare

This support group is a volunteer meeting for those offenders who have completed a substance abuse program, those waiting to enroll in a treatment program, or those who have treatment needs for services not available at the facility. In this group, offenders discuss personal issues they have not coped with well in the past and they identify ways to develop new skills for dealing with future relapse and recidivism challenges. This is an open and ongoing group for all offenders who attend.

Alcoholics Anonymous (AA)

The AA program is a 12-step self-help group. These groups are available to all offenders at all facilities on a voluntary basis. Volunteers from the community usually oversee the groups. Some facilities offer an AA sponsorship program in which a community volunteer comes to the facility a few times a month for private one-on-one meetings with a participating offender.

Alcohol and Drug Education: Female Administrative Segregation

This program follows the curriculum for Alcohol and Drug Education, seeking to provide female offenders in administrative segregation an opportunity to gain basic substance abuse education around relapse prevention. It is offered in a classroom format and is an open, ongoing group that offenders attend voluntarily.

Challenge to Change I & II

These programs were developed primarily for offenders with TC treatment needs and are geared towards introducing these offenders to cognitive behavioral programming until they can be moved to a facility that offers a TC program. Even though this introductory program is voluntary, it is run as a closed group with a waitlist due to a high volume of offenders with TC treatment needs. Throughout this program offenders are able to share, in safety, their fears and concerns about the changes they need to make and what they will experience in the TC program.

Christian 12-Step Ministry

The program is a teaching ministry presenting the message of recovery and freedom from addiction through a Christian perspective.

Driving with Care: Level II Education

This is a 24-hour education program for persons who have been convicted of driving while their blood level was beyond legal limits or while they were under the influence of a drug other than alcohol. This group does not fall under the SOA-R level treatment system, but does require that the offender meet eligibility criteria established by the Department of Motor Vehicles. Offenders must attend every group session to gain participant credit. The main purpose of this program is to help the individual make informed choices to prevent impaired driving in the future. This program is licensed by the Division of Behavioral Health, and all treatment information is placed in the Treatment Management System (statewide). Offenders can receive credit for this program while incarcerated and apply it toward regaining their driver's license.

HIV 101 Workshop

The program is co-facilitated by counselors, teachers, and medical staff at Colorado Territorial Correctional Facility (CTCF) under a grant from the Department of Health and emphasizes educating the offenders with prevention methods for Hepatitis-C, HIV, and other

sexually transmitted diseases. This 3-hour workshop is offered approximately six times a year at CTCF and each class has approximately 80 attendees.

Narcotics Anonymous (NA)

The NA program is a 12-step, self-help group for offenders experiencing problems with drugs other than alcohol. The group offers recovering addicts peer support.

Relapse Prevention

This program follows the Relapse Prevention curriculum designed to help offenders develop their own plan to remain abstinent while incarcerated as well as in the community. It seeks to connect offenders with treatment and other support groups. This curriculum follows the pace of the group and is open to anyone interested in participating.

White Bison

This program uses the Medicine Wheel and 12-Step program to provide a culturally appropriate recovery support program for Native American offenders. Participants watch a video that explains Medicine Wheel teachings and how to apply them to the steps. In addition, participants share their insights and experiences in talking circle. They also learn how to mind map their own innate knowledge around these teachings and then apply that knowledge to their daily lives and decision-making processes. The goal of the program is to create strong social and emotional bonds between the individuals who participate to develop trust, autonomy, and other healthy feelings and thought patterns that will help them grow emotionally, mentally, physically, and spiritually.

Facilities and Programs

The following pages provide detailed facility information pertaining to the alcohol and drug services available throughout the state. (See Appendix A for a list of facility acronyms.) The first figure on each page, "FY10 SOA-R Program Needs," provides a summary of the offenders who need to be assessed on the SOA-R (i.e., substance abuse needs levels 3 to 5) as well as those who have been recommended for placement in outpatient or TC treatment. The second figure, "FY10 Discharges," provides information regarding the reasons offenders were discharged from the facility-based alcohol and drug programs during FY10. (This figure is omitted if programs were not offered at the facility during FY10.) Also included in these pages is information regarding the duration of each treatment group, the treatment level, meeting times, and counselor names.

It is important to note that the annualized treatment slots for each facility are an estimate that was calculated for a 12-month time period by accounting for the types of groups offered at the facility, their duration, the number of counselors, and group capacity. This estimate does not account for staff turnover and scheduling changes. The annualized treatment slots were calculated using the current counselor schedules; the FY10 program discharges may differ from annualized treatment slots, as some facilities have experienced vacancies or expansions. Also, it should be noted that schedules frequently change; however, the present schedules provide a general framework of what is offered in these facilities.

Alcohol and Drug Services Management Team

Dana Bustos, Alcohol and Drug Services Administrator

Dennis O'Neill, Outpatient Clinical Supervisor

Michael Mitchell, Quality Assurance Manager

Ro Block, Program Assistant

Tammie Craddock, Data Specialist

Kasey Weber, Senior Researcher

Arkansas Valley Correctional Facility

Facility and Program Summary

Facility Facts

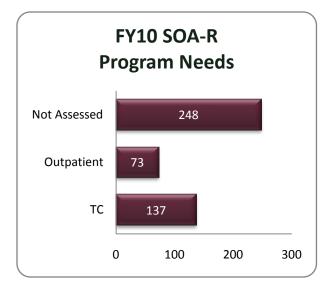
Warden: Steve Hartley Opened: 1987 Beds: 1,007 Level: Medium

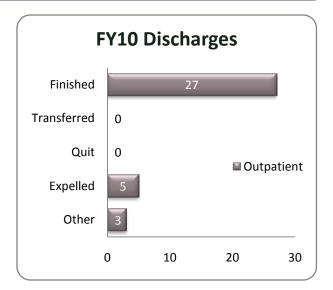
Treatment Capacity

Annualized Treatment Slots: 96 FY10 Program Discharges: 35

Counselors

CAC¹ III: 1 CAC II: 0 CAC I: 0 None: 1





Program Schedule

SSC PHASE I

Level: 4b

Duration: 8 weeks

Schedule: 8:00 – 11:00 AM Monday through Thursday

Counselors: Michelle Howard and Brianna Bourne

Level: 4b

Duration: 8 weeks

Schedule: 1:30 – 4:00 PM Monday through Thursday

Counselor: Michelle Howard

VOLUNTARY PROGRAMS

Alcoholics Anonymous and Narcotics Anonymous

¹ Certified Addiction Counselor

Arrowhead Correctional Center

Facility and Program Summary

Facility Facts

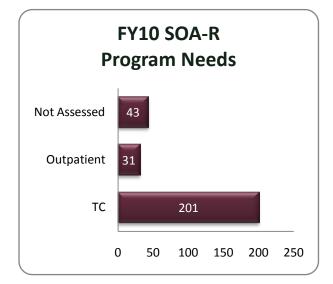
Warden: Travis L. Trani Opened: 1990 Beds: 494 Level: Min R

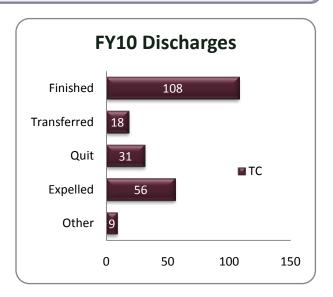
Treatment Capacity

Annualized Treatment Slots: 195 FY10 Program Discharges: 222

Counselors

CAC III: 3 CAC II: 2 CAC I: 0 None: 4





Program Schedule

CROSSROAD TO FREEDOM HOUSE THERAPEUTIC COMMUNITY

Level: 4d

Duration: 9 – 12 months

Capacity: 195

Schedule: Participants are required to work and attend groups. Work schedules vary by work

assignment. Participants spend on average 3 hours per day, approximately 4 days per

week, in groups.

Supervisor: Vincent Romero

Counselors: Andres Abalos, Paula Appleton-Garcia, Benetta Cruz, Deborah Gonzales, Gail Hegler,

Heather Maestas, Connie Palm, Tracy Wilson, and four counselor vacancies

CROSSROAD TO FREEDOM HOUSE THERAPEUTIC COMMUNITY (CONTINUED)

Peer I Transition: 2 days per month at ACC

Staff: Michael Dent

Independence House Transition: As needed (primarily phone interviews)

Staff: Erin Marie Coloroso and Ann Elizabeth Faragher

Southern Colorado TC

(Crossroads Turning Points, Inc.):

2 days per month at ACC

Staff: Terry Krow

VOLUNTARY PROGRAMS

Alcoholics Anonymous, Anger Management, and Parenting

Bent County Correctional Facility (Private)

Facility and Program Summary

Facility Facts

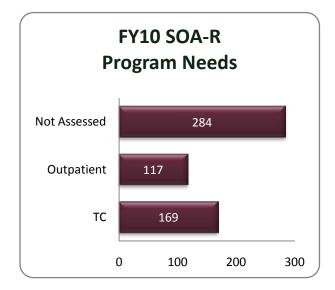
Warden: Brigham Sloan Opened: 1993 Beds: 1,402 Level: Medium

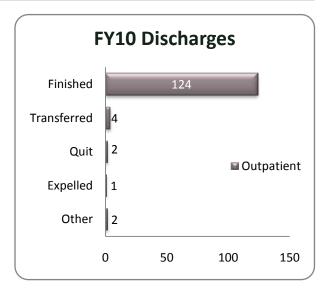
Treatment Capacity

Annualized Treatment Slots: 96 FY10 Program Discharges: 133

Counselors

CAC III: 1 CAC II: 1 CAC I: 0 None: 0





Program Schedule

SSC PHASE I

Level: 4a

Duration: 12 weeks

Schedule: 8:00 – 11:00 AM Monday, Wednesday, and Thursday

Counselor: Raquel Lucero

Level: 4b

Duration: 7 weeks

Schedule: 8:00 – 11:00 AM Monday through Thursday

Counselor: Steven Valdez

SSC PHASE II

Level: 4a

Duration: 6 weeks

1:15 – 4:15 PM Tuesdays and Thursdays Schedule:

Counselor: Raquel Lucero

SSC PHASE III

Level: 4a

Duration: 4 weeks

Schedule: 1:15 – 4:15 PM Tuesdays and Thursdays

Counselor: Raquel Lucero

There is one counselor vacancy at this facility.

VOLUNTARY PROGRAMS²

Alcoholics Anonymous, Narcotics Anonymous, White Bison, Christian 12-Step Ministry, and Relapse Prevention

² Several programs are offered in Spanish

Buena Vista Correctional Facility

Facility and Program Summary

Facility Facts

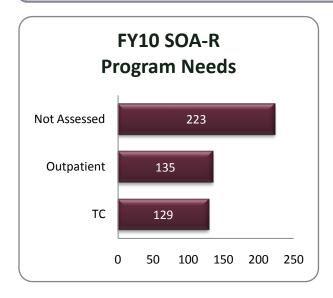
Warden: John Davis Opened: 1892 Beds: 920 Level: Medium

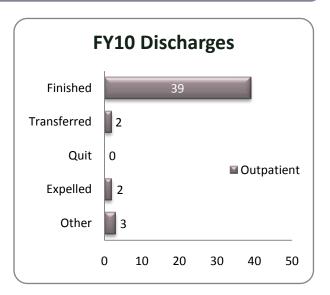
Treatment Capacity

Annualized Treatment Slots: 72 FY10 Program Discharges: 46

Counselors

CAC III: 1 CAC II: 0 CAC I: 0 None: 0





Program Schedule

SSC PHASE I

Level: 4b/paid

Duration: 5 weeks

Schedule: 7:30 – 10:30 AM and 1:30 – 3:30 PM Monday through Thursday

Counselor: Ed Snead

VOLUNTARY PROGRAMS

Alcoholics Anonymous

Buena Vista Minimum Center

Facility and Program Summary

Facility Facts

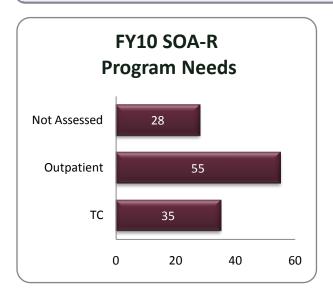
Warden: John Davis Opened: 1984 Beds: 292 Level: Min R

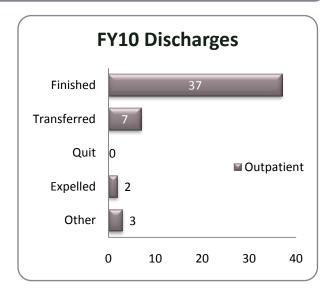
Treatment Capacity

Annualized Treatment Slots: 144 FY10 Program Discharges: 49

Counselors

CAC III: 2 CAC II: 1 CAC I: 1 None: 4





Program Schedule

THE FREEDOM PROJECT/THE NEW BEGINNING THERAPEUTIC COMMUNITY

Level: 4d

Duration: 9 – 12 months

Capacity: 96

Schedule: Participants attend groups about 3 hours per day, 4 days per week.

Supervisor: Elizabeth LaMont

Counselors: Marcelle England, Garrett Gebhart, Shawna Martinez, Deborah Papp, Joy Sorrell, and

Christopher Teipel

SSC PHASE I

Level: 4b/paid

Duration: 8 weeks

Schedule: 9:00 – 10:30 AM and 1:00 – 2:30 PM Monday through Thursday

Counselor: Himant Ellis

There are four counselor vacancies at this facility.

VOLUNTARY PROGRAMS

Alcoholics Anonymous, Driving with Care: Level II Education

Centennial Correctional Facility

Facility and Program Summary

Facility Facts

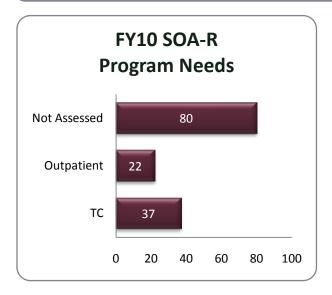
Warden: Susan Jones Opened: 1980 Beds: 652 Level: Multi/AdSeg

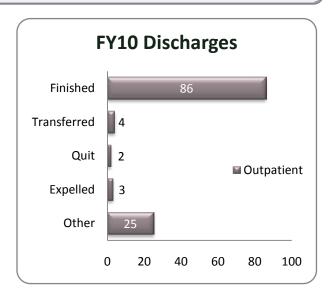
Treatment Capacity

Annualized Treatment Slots: 18 FY10 Program Discharges: 120

Counselors

CAC III: .5 CAC II: 1 CAC I: 0 None: 0





Program Schedule

ALCOHOL AND DRUG EDUCATION

Level: 2

Duration: 60 weeks; also ongoing individual counseling (Cynthia Schauer) 7:30 – 8:30 AM, 8:30 – 9:30 AM, and 9:30 – 10:30 AM Monday

Counselors: Richard Martinez and Cynthia Schauer

VOLUNTARY PROGRAMS

Alcoholics Anonymous

Cheyenne Mountain Re-Entry Center (Private)

Facility and Program Summary

Facility Facts

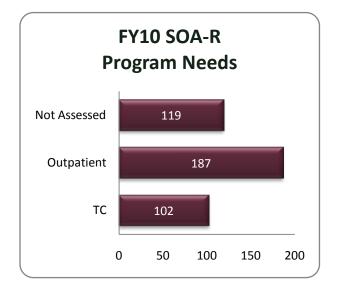
Warden: Emily Bond Opened: 2005 Beds: 718 Level: Medium

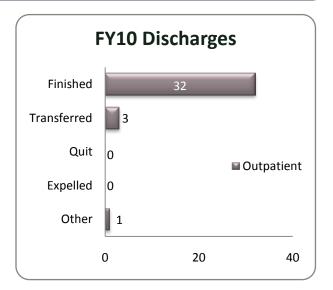
Treatment Capacity

Annualized Treatment Slots: 48 FY10 Program Discharges: 36

Counselors

CAC III: 1 CAC II: 0 CAC I: 0 None: 0





Program Schedule

MATRIX MODEL

Level: 4b

Duration: 8 weeks

Schedule: 8:40 – 11:10 AM and 1:50 – 4:20 PM Tuesday through Friday

Counselor: Florence Gurule

VOLUNTARY PROGRAMS

Alcoholics Anonymous and Narcotics Anonymous

Colorado Correctional Center³

Facility and Program Summary

Facility Facts

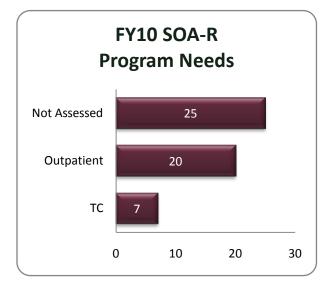
Warden: Dona Zavislan Opened: 1969 Beds: 150 Level: Minimum

Treatment Capacity

Annualized Treatment Slots: N/A FY10 Program Discharges: N/A

Counselors

CAC III: 0 CAC II: 0 CAC I: 0 None: 0



FY10 Discharges

There are no counselors assigned to this facility.

Program Schedule

There are no alcohol and drug programs offered at this facility.

VOLUNTARY PROGRAMS

Alcoholics Anonymous

22

³ Also known as "Camp George West"

Colorado State Penitentiary

Facility and Program Summary

Facility Facts

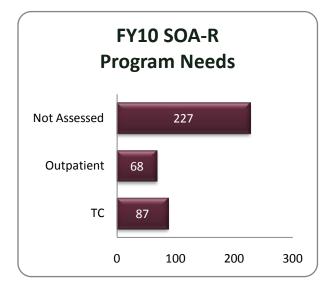
Warden: Susan Jones Opened: 1993 Beds: 756 Level: Multi/AdSeg

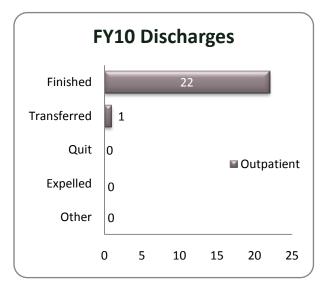
Treatment Capacity

Annualized Treatment Slots: N/A FY10 Program Discharges: 23

Counselors

CAC III: .5 CAC II: 0 CAC I: 0 None: 0





Program Schedule

ALCOHOL AND DRUG EDUCATION

Level: 2

Duration: Ongoing individual counseling

Schedule: Varies

Counselor: Richard Martinez

VOLUNTARY PROGRAMS

Alcoholics Anonymous

Colorado Territorial Correctional Facility

Facility and Program Summary

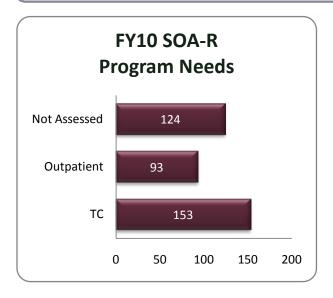
Facility Facts

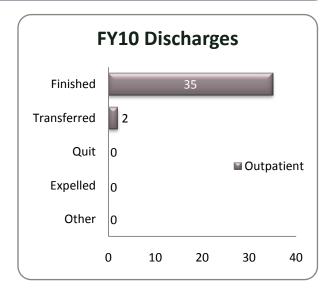
Warden: Pamela J. Ploughe Opened: 1871 Beds: 936 Level: Medium

Treatment Capacity

Annualized Treatment Slots: 48 FY10 Program Discharges: 37

Counselors





Program Schedule

SSC PHASE I

Level: 4b

Duration: 9 weeks

Schedule: 8:00 – 11:00 AM Monday, Thursday, and Friday

Counselor: James DeWolfe

Level: 4b

Duration: 9 weeks

Schedule: 2:45 – 5:00 PM Monday through Thursday

Counselor: James DeWolfe

VOLUNTARY PROGRAMS

Alcoholics Anonymous and HIV 101 Workshop

Crowley County Correctional Facility (Private)

Facility and Program Summary

Facility Facts

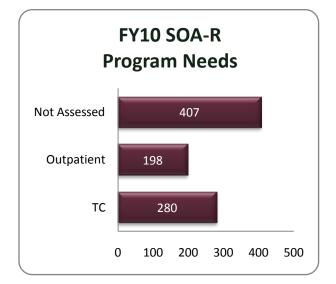
Warden: Dick Smelser Opened: 1998 Beds: 1,660 Level: Medium

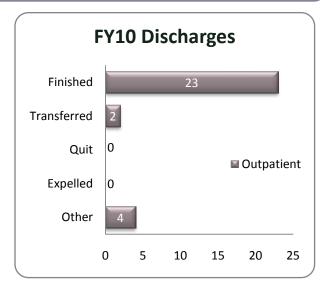
Treatment Capacity

Annualized Treatment Slots: 315 FY10 Program Discharges: 29

Counselors

CAC III: 1 CAC II: 2 CAC I: 0 None: 0





Program Schedule

SSC PHASE I

Level: 4a

Duration: 13 weeks

Schedule: 7:00 – 10:00 AM Monday and Wednesday

Counselors: Alice Montoya, Matthew Valdez, and Wanona Wiker

Level: 4b

Duration: 13 weeks

Schedule: 7:00 – 11:00 AM Tuesday and Thursday

Counselors: Alice Montoya, Matthew Valdez, and Wanona Wiker

SSC PHASE I (CONTINUED)

Level: 4b

Duration: 13 weeks

Schedule: 1:00 – 4:30 PM Tuesday and Thursday

Counselors: Alice Montoya, Matthew Valdez, and Wanona Wiker

SSC PHASE II

Level: 4b

Duration: 12 weeks

Schedule: 7:00 – 9:00 PM Monday

Counselors: Alice Montoya, Matthew Valdez, and Wanona Wiker

Level: 4b

Duration: 12 weeks

Schedule: 7:00 – 9:00 PM Wednesday

Counselors: Alice Montoya, Matthew Valdez, and Wanona Wiker

RELAPSE PREVENTION

Level:

Duration: 12 weeks

Schedule: 1:00 – 3:00 PM Monday

Counselors: Alice Montoya, Matthew Valdez, and Wanona Wiker

Level: 3

Duration: 12 weeks

Schedule: 1:00 – 3:00 PM Wednesday

Counselors: Alice Montoya, Matthew Valdez, and Wanona Wiker

Level: 4a

Duration: 12 weeks

Schedule: 7:00 – 10:00 AM Monday and Wednesday

Counselors: Alice Montoya, Matthew Valdez, and Wanona Wiker

VOLUNTARY PROGRAMS⁴

Alcoholics Anonymous, Challenge to Change I and II, Narcotics Anonymous, and White Bison

26

⁴ Several programs are offered in Spanish

Delta Correctional Center

Facility and Program Summary

Facility Facts

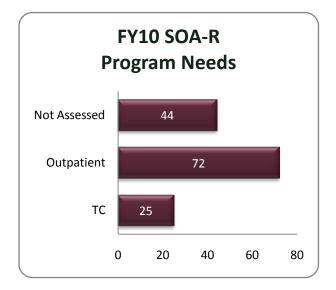
Warden: Steven R. Green Opened: 1964 Beds: 484 Level: Minimum

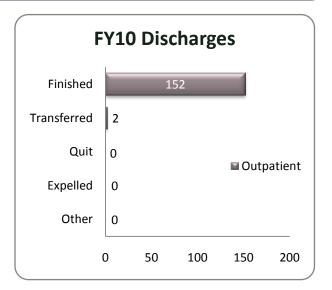
Treatment Capacity

Annualized Treatment Slots: 120 FY10 Program Discharges: 154

Counselors

CAC III: 1 CAC II: 0 CAC I: 0 None: 0





Program Schedule

SSC PHASE I

Level: 4b/paid

Duration: 4 weeks

Schedule: 8:30 – 3:30 PM Monday, Tuesday, and Thursday

Counselor: Glenda Major

SSC PHASE II

Level: 4b/paid

Duration: 3 weeks

Schedule: 8:30 – 3:30 PM Monday, Tuesday, and Thursday

Counselor: Glenda Major

RELAPSE PREVENTION

Level: 4a/paid

Duration: 4 weeks

Schedule: 8:30 – 3:30 PM Monday, Tuesday, and Thursday

Counselor: Glenda Major

VOLUNTARY PROGRAMS

Alcoholics Anonymous, Narcotics Anonymous, and Driving with Care: Level II Education

Denver Reception and Diagnostic Center

Facility and Program Summary

Facility Facts

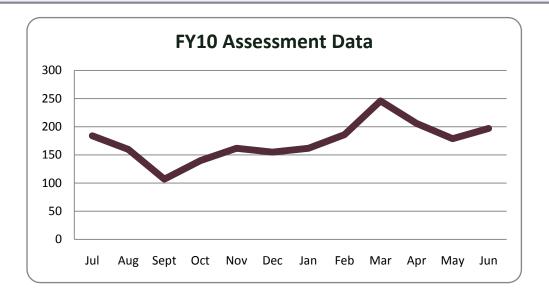
Warden: Dona Zavislan Opened: 1991 Beds: 480 Level: Multi/AdSeg

Treatment Capacity

Annualized Treatment Slots: N/A FY10 Assessments: 2,084

Counselors

CAC III: 1 CAC II: 2 CAC I: 0 None: 0



Assessment Program

The purpose of the Substance Abuse Assessment Program is to conduct standardized offender assessments with incoming CDOC offenders at the Denver Reception and Diagnostic Center (DRDC) diagnostic intake. The assessment team augments diagnostic programmers' assessments by completing the ASUS-R and the TxRW.

ASSESSMENT SPECIALISTS

George Sikes, Danita St. Vrain, and Marguerite Taylor

VOLUNTARY PROGRAMS

Alcoholics Anonymous

Denver Women's Correctional Facility

Facility and Program Summary

Facility Facts

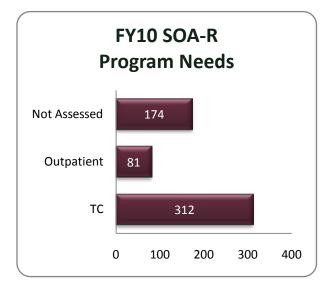
Warden: Dona Zavislan **Opened: 1998** Level: Multi/AdSeg Beds: 976

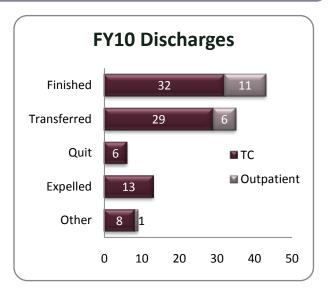
Treatment Capacity

Annualized Treatment Slots: 113 FY10 Program Discharges: 106

Counselors

CAC III: 4 CAC II: 0 CAC I: 0 None: 2





Program Schedule

CHALLENGE TO CHANGE THERAPEUTIC COMMUNITY

Level: 4d

9 - 12 months **Duration:**

Capacity:

65

Schedule: Orientation: Participants attend 8 hours of group per day.

Participants work 20 hours per week and attend at least 4 hours of

Phases I, II & III: group per day.

Supervisor: Cheri Goodwin

Counselors: Agnieszka Baklazec, Candice Bernard, Regina Davis, and Diane Donaldson

ALCOHOL AND DRUG EDUCATION (SPECIAL NEEDS UNIT)

Level: 2

Duration: 54 – 60 weeks

Schedule: 1:00 – 2:00 PM Tuesday
Counselor: Sandra Ewing (volunteer)

SSC PHASE I

Level: 4b

Duration: 12 weeks

Schedule: 12:30 – 3:30 PM Monday, Tuesday, and Thursday

Counselor: Brenda Noble

VOLUNTARY PROGRAMS

Alcohol and Drug Education: Administrative Segregation, Alcoholics Anonymous, Narcotics Anonymous, Christian 12-Step Ministry, and Relapse Prevention

Fort Lyon Correctional Facility

Facility and Program Summary

Facility Facts

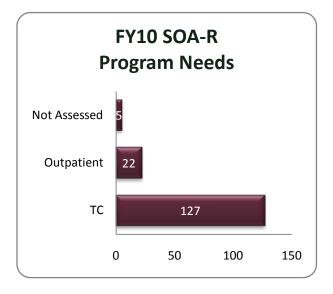
Warden: David Zupan Opened: 2002 Beds: 500 Level: Medium

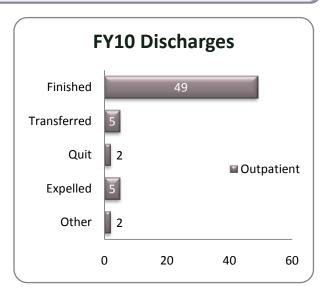
Treatment Capacity

Annualized Treatment Slots: 168 FY10 Program Discharges: 63

Counselors

CAC III: 2 CAC II: 0 CAC I: 0 None: 0





Program Schedule

SSC PHASE I

Level: 4b

Duration: 8 weeks

Schedule: 1:00 – 3:45 PM Monday through Thursday

Counselor: James Gribble

SSC PHASE II

Level: 4b

Duration: 4 weeks

Schedule: 1:00 – 3:45 PM Monday through Thursday

Counselor: James Gribble

Prison-Based Services

RELAPSE PREVENTION

Level: 4a

Duration: 12 weeks

Schedule: 8:00 – 10:45 AM Monday and Tuesday; 8:00 – 10:00 AM Wednesday

Counselor: Sandra Ybarra

VOLUNTARY PROGRAMS

Alcoholics Anonymous and Aftercare

Four Mile Correctional Center

Facility and Program Summary

Facility Facts

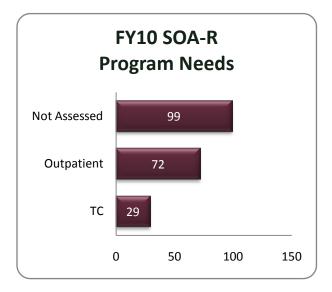
Warden: Travis L. Trani Opened: 1983 Beds: 499 Level: Min R

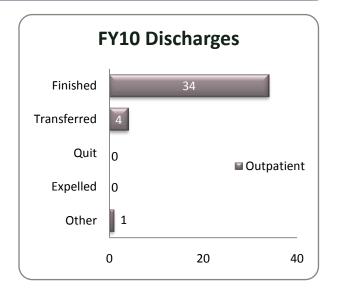
Treatment Capacity

Annualized Treatment Slots: 48 FY10 Program Discharges: 39

Counselors

CAC III: 1 CAC II: 0 CAC I: 0 None: 0





Program Schedule

SSC PHASE I

Level: 4b

Duration: 8 weeks

Schedule: 8:30 – 11:00 AM Monday through Thursday

Counselor: Howard Stumpf

VOLUNTARY PROGRAMS

Alcoholics Anonymous, Driving with Care: Level II Education

Fremont Correctional Facility

Facility and Program Summary

Facility Facts

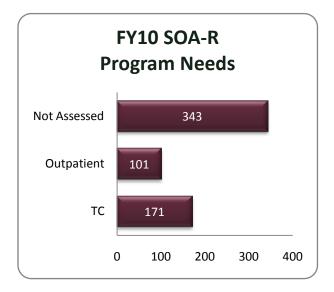
Warden: Rae Timme Opened: 1962 Beds: 1,661 Level: Medium

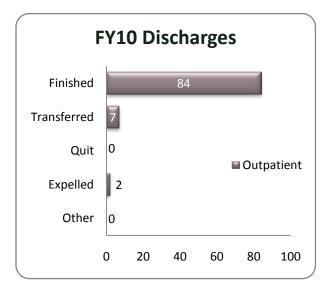
Treatment Capacity

Annualized Treatment Slots: 96 FY10 Program Discharges: 93

Counselors

CAC III: 1 CAC II: 0 CAC I: 0 None: 0





Program Schedule

SSC PHASE I

Level: 4b/paid

Duration: 8 weeks

Schedule: 8:00 – 10:30 AM Monday through Thursday

Counselor: Rick Arthurs

Level: 4b/paid 8 weeks

Schedule: 1:00 – 3:30 PM Monday through Thursday

Counselor: Rick Arthurs

VOLUNTARY PROGRAMS

Alcoholics Anonymous and Relapse Prevention

Kit Carson Correctional Facility (Private)

Facility and Program Summary

Facility Facts

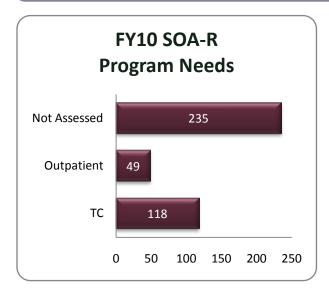
Warden: Arvil Chapman Opened: 1998 Beds: 1,015 Level: Medium

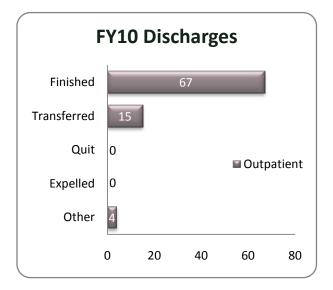
Treatment Capacity

Annualized Treatment Slots: 108 FY10 Program Discharges: 86

Counselors

CAC III: 1 CAC II: 0 CAC I: 0 None: 0





Program Schedule

SSC PHASE I

Level: 4a

Duration: 12 weeks

Schedule: 1:30 – 4:00 PM Tuesday, Thursday, and Friday

Counselor: LuAnn Morton-Earl

Level: 4b

Duration: 9 weeks

Schedule: 7:30 – 10:00 AM and 1:30 – 4:00 PM Monday and Wednesday

Counselor: LuAnn Morton-Earl

Prison-Based Services

RELAPSE PREVENTION

Level: 3

Duration: 16 weeks

Schedule: 7:30 – 10:00 AM Thursday

Counselor: LuAnn Morton-Earl

VOLUNTARY PROGRAMS

Alcoholics Anonymous, Narcotics Anonymous, and White Bison

La Vista Correctional Facility

Facility and Program Summary

Facility Facts

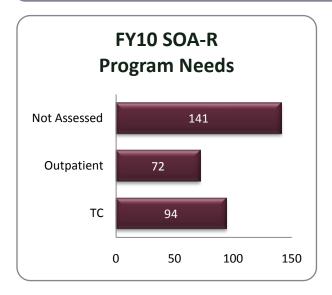
Warden: Kellie Wasko Opened: 1994 Beds: 519 Level: Medium

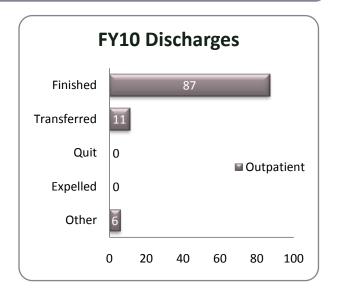
Treatment Capacity

Annualized Treatment Slots: 156 FY10 Program Discharges: 104

Counselors

CAC III: 6 CAC II: 1 CAC I: 0 None: 1.5





Program Schedule

BREAKING THE CHAINS OF OUR PAST THERAPEUTIC COMMUNITY

Level: 4d

Duration: 9 – 18 months

Capacity: 72

Schedule: Participants attend groups about 4 hours per day, approximately 4 days per week.

Supervisor: William E. Mead

Counselors: Peggy Gallegos, Kathleen Gilbert, Arnold Harris, Michelle Madrid, Julie Reyes, and

Linda Thrall

SSC PHASE I

Level: 4b

Duration: 4 weeks

Schedule: 7:30 – 10:30 AM and 1:00 – 3:30 PM Monday through Friday

Counselor: Norma Warner and Andrea Hernandez

There is one counselor vacancy at this facility.

VOLUNTARY PROGRAMS

Alcoholics Anonymous and Narcotics Anonymous

Limon Correctional Facility

Facility and Program Summary

Facility Facts

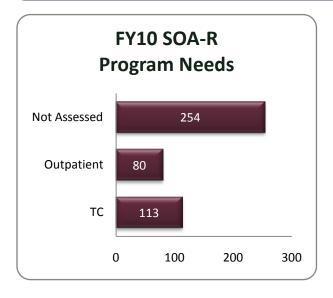
Warden: Angel Medina Opened: 1991 Beds: 951 Level: Close

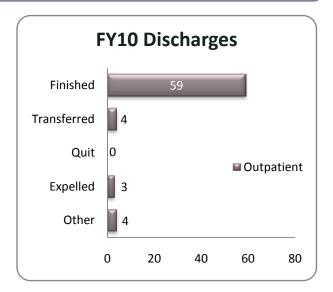
Treatment Capacity

Annualized Treatment Slots: 72 FY10 Program Discharges: 70

Counselors

CAC III: 1 CAC II: 0 CAC I: 0 None: 0





Program Schedule

SSC PHASE I

Level: 4b/paid
Duration: 10 weeks

Schedule: 8:30 – 11:00 AM Monday through Thursday

Counselor: Wayne Driver

Level: 4b

Duration: 10 weeks

Schedule: 2:30 – 5:00 PM Monday through Thursday

Counselor: Wayne Driver

VOLUNTARY PROGRAMS

Alcoholics Anonymous

Rifle Correctional Center

Facility and Program Summary

Facility Facts

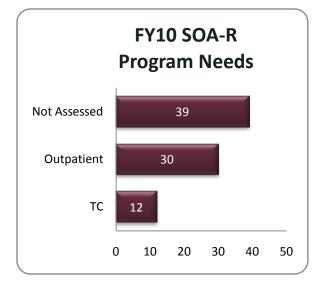
Warden: Steven R. Green Opened: 1979 Beds: 192 Level: Minimum

Treatment Capacity

Annualized Treatment Slots: N/A FY10 Program Discharges: N/A

Counselors

CAC III: 0 CAC II: 0 CAC I: 0 None: 0



FY10 Discharges

There are no counselors assigned to this facility.

Program Schedule

There are no alcohol and drug programs offered at this facility.

VOLUNTARY PROGRAMS

Alcoholics Anonymous

San Carlos Correctional Facility

Facility and Program Summary

Facility Facts

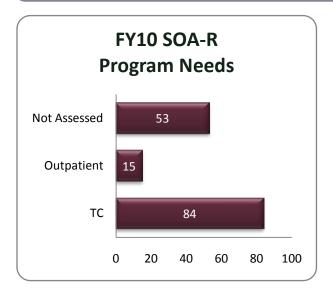
Warden: Kellie Wasko Opened: 1995 Beds: 255 Level: Multi/AdSeg

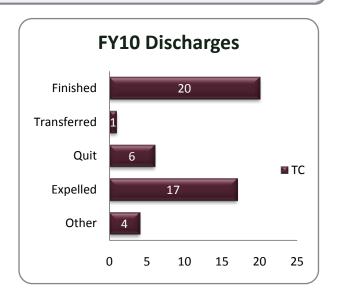
Treatment Capacity

Annualized Treatment Slots: 35 FY10 Program Discharges: 48

Counselors

CAC III: 3 CAC II: 1 CAC I: 0 None: .5





Program Schedule

PERSONAL REFLECTIONS THERAPEUTIC COMMUNITY

Level: 4d

Duration: 9 – 18 months

Capacity: 35

Schedule: Participants attend groups from 7:00 AM – 6:30 PM, except when working. Participants

work 3.5 hours per day, 5 days per week.

Supervisor: William E. Mead

Counselors: Art Ducharme, John Dilorio, Virginia Mollica, and Deseree Palacio

Independence House Transition: Once every 3 months at SCCF

Staff: Laurie Lucero

VOLUNTARY PROGRAMS

Alcoholics Anonymous and Narcotics Anonymous

Skyline Correctional Center

Facility and Program Summary

Facility Facts

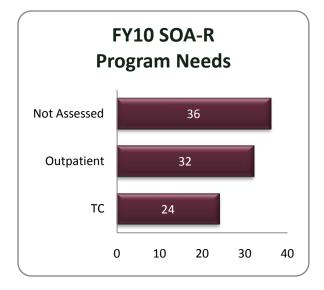
Warden: Travis L. Trani Opened: 1964 Beds: 249 Level: Minimum

Treatment Capacity

Annualized Treatment Slots: N/A FY10 Program Discharges: N/A

Counselors

CAC III: 1 CAC II: 0 CAC I: 0 None: 0



FY10 Discharges

There are no counselors assigned to this facility.

Program Schedule

There are no alcohol and drug programs offered at this facility.

Assessment Program

Assessment Specialist: Marvel Wolken

VOLUNTARY PROGRAMS

Alcoholics Anonymous

Sterling Correctional Facility

Facility and Program Summary

Facility Facts

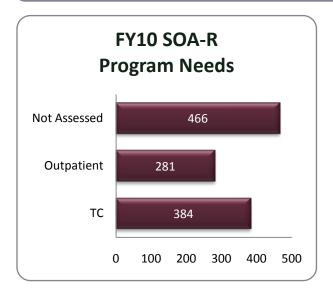
Warden: Kevin Milyard Opened: 1998 Beds: 2,545 Level: Multi/AdSeg

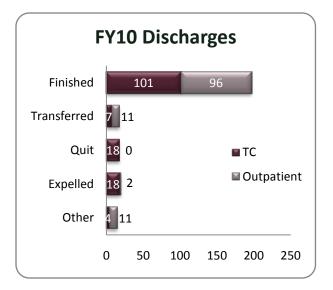
Treatment Capacity

Annualized Treatment Slots: 336 FY10 Program Discharges: 268

Counselors

CAC III: 6 CAC II: 0 CAC I: 0 None: 4





Program Schedule

O.U.R. HOUSE THERAPEUTIC COMMUNITY

Level: 4d

Duration: 9 - 12 months

Capacity: 96

Schedule: Participants work or attend GED classes 4 hours in the morning and spend the

remainder of the day attending at least 3 hours of group.

Supervisor: Dave Booth

Counselors: Hallie Beard, Elizabeth King, Janet Kipp, Elizabeth Pelner-Ehrmann, and Breeann

Steele

Mental Health

Clinician: Breton Willson

SSC PHASE I Level: 4a/paid 9 weeks **Duration:** Schedule: 8:30 – 10:30 AM Monday through Thursday Counselor: Mindy Estrada Level: 4a/paid **Duration:** 9 weeks Schedule: 8:30 – 10:30 AM Monday through Thursday **Counselor:** Rachael Miles Level: 4b/paid **Duration:** 12 weeks Schedule: 1:30 – 3:30 PM Monday through Thursday **Counselor:** Mindy Estrada Level: 4b/paid **Duration:** 12 weeks 1:30 – 3:30 PM Monday through Thursday Schedule: **Counselor:** Rachael Miles Level: 4b/paid **Duration:** 12 weeks Schedule: 8:15 - 10:30 AM Monday through Thursday **Counselor:** Michael Hotz Level: 4b/paid 12 weeks **Duration:** Schedule: 1:30 – 3:45 PM Monday through Thursday Counselor: Michael Hotz

There are four counselor vacancies at this facility.

VOLUNTARY PROGRAMS

Alcoholics Anonymous, Narcotics Anonymous, and Relapse Prevention

Trinidad Correctional Facility

Facility and Program Summary

Facility Facts

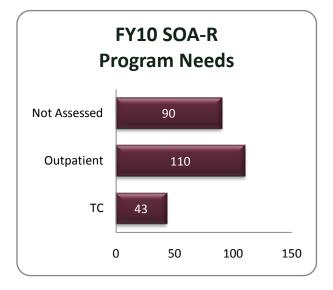
Warden: David Zupan Opened: 2001 Beds: 484 Level: Min R

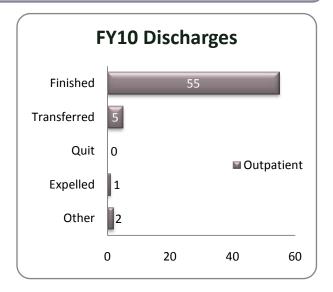
Treatment Capacity

Annualized Treatment Slots: 144 FY10 Program Discharges: 63

Counselors

CAC III: 1 CAC II: 0 CAC I: 0 None: 0





Program Schedule

SSC PHASE I

Level: 4a

Duration: 12 weeks

Schedule: 8:55 AM – 2:55 PM Monday

Counselor: Anita Archibeque

Level: 4b/paid

Duration: 6 weeks

Schedule: 8:55 AM – 2:55 PM Tuesday through Thursday

Counselor: Anita Archibeque

VOLUNTARY PROGRAMS

Alcoholics Anonymous and Driving with Care: Level II Education

Facilities by Treatment Level and Curriculum

	TCF	SCF	SCCF	LVCF	[CF	KCCF	FMCC	FLCF	FCF	DWCF	DCC	CTCF	CSP	CMRC	CCF	CCCF	BVMC	BVCF	ВССЕ	AVCF	ACC
							.,				. ,			.,			.,				
2: Educ										E			E		E						
3: WOP																R					
4a: EOP	1	1				1		R			R					1 R			1 3		
4b: IOP	1 2	1		1	1	1 2 3 R	1	1 2	1	1	1 2	1		1		1 2	1	1	1 2 3 R	1	
4d: TC		т	Т	Т						Т							Т				

Curriculum	Symbol	Curriculum	Symbol
Alcohol and Drug Education	Е	SSC I	1
Relapse Prevention	R	SSC II	2
Therapeutic Community	Т	SSC III	3

Facilities by Voluntary Programs

	_	S	SC	S	_Z D	2	-CF	ξ.	FM	P	F	DWCF	DRDC	D	CTCF	C	CM	CCF	23	C	BVI	BVCF	вссғ	AVCF	Þ
	TCF	SCF	Ĝ	23	RCC	ĆF	CF	Ĉ	22	FLCF	FCF	CF	DC	22	CF	CSP	RC	ĈĦ	ĈF	23	NC	ĈF	ĈĦ	CF	ACC
Aftercare										х															
Alcohol & Drug Education												х													
Anger Management																									х
Alcoholics Anonymous	х	Х	х	х	х	х	х	х	х	х	Х	х	х	х	х	х	Х	х	х	х	х	х	х	Х	Х
hallenge to Change I & II																			х						
hristian 12-Step Iinistry												Х											х		
riving with Care: evel II Education									х												х				
V 101 Workshop															х										
arcotics Anonymous		Х	х			х		х				х		х			х		х				х	Х	
arenting																									Х
elapse Prevention		х									х	х											х		
Vhite Bison								х											Х				х		

Overview of Community-Based Services

Through Treatment Accountability for Safer Communities (TASC), a case management program within parole, offenders who have paroled and are living in the community are referred to substance abuse treatment. Treatment in the community is delivered by approved treatment providers (ATPs) who have applied to the CDOC to gain approved status; ATP counselors must meet the same background requirements as CDOC prison-based employees.

IRT and TC programs are offered in some community corrections centers. Oversight of these specialized programs is done through the Division of Criminal Justice of the Department of Public Safety and the Division of Behavioral Health of the Department of Human Services. Available IRT and TC programs in Colorado are listed in this overview. Due to frequently changing ATPs and group schedules, outpatient services are not detailed here.

TASC

Agency Facts

Regional Director: Melissa Ippolito

Contracting Agency: Peer Assistance Services, Inc.

Colorado TASC is a state-wide community-based case management program for parolees. Parolees are referred to TASC for substance abuse assessment, treatment referral, and monitoring services. Identified substance abusing offenders are referred to ATPs for treatment, and their attendance is monitored by TASC case managers. TASC further monitors parolees' substance abuse through urinalyses, breathalyzers, and oral swabs. Most of the TASC regions incorporate a Co-Occurring Service (COS) team that works exclusively with offenders who have been dually diagnosed with serious mental illness and chemical addiction. There were 5,476 TASC admissions during FY10. Of those parolees who went to TASC, 18% were identified as having a serious mental illness (i.e., mental health needs level of 3-5 with a [C]hronic or [O]rganic qualifier). All TASC services are provided through Peer Assistance Services, Inc. Office hours are listed below, but random urinalysis testing may be done 7 days per week.

TAILIC THEIL LAGE DELIVER	Mi	le Hi	igh	TASC	C Denver
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Phone: (303) 595-4194

Schedule: 9:00 AM - 12:30 PM and 1:30 PM - 6:00 PM Monday through Friday

Staff: Anita Hoffman , Program Director

Lynn Koenck, Intake Coordinator

Esther Kaiser, Team Lead, Case Manager

Chad Edson, COS Coordinator

Thomas Chatfield, COS Case Manager Katherine Garcia, COS Case Manager Francisco Hinojosa, Case Manager

Mile High TASC Englewood

Phone: (303) 595-4194

Schedule: 8:30 AM – 12:30 PM and 1:30 PM – 5:30 PM Monday through Friday

Staff: Matthew Plumb, Case Manager

Lindsay Marshall, COS Case Manager

Vacancy: Intake Coordinator

Northeast TASC Westminster

Phone: (303) 428-5264

Schedule: 8:30 AM – 12:00 PM and 1:00 PM – 5:30 PM Monday through Friday

Staff: Karen Wagner, Program Director

David Cline, Intake Coordinator

Anthony Wash, Team Lead, Case Manager

Community-Based Services

Dorinda Robinson, COS Case Manager

Jill Peterson, Case Manager Vacancy: Case Manager

Northeast TASC Greeley

Phone: (970) 336-9034

8:00 AM - 12:00 PM and 1:00 PM - 5:00 PM Monday through Friday Schedule:

Staff: Christina Ochoa, COS Case Manager

Vacancy: Case Manager

Northeast TASC Ft. Collins

Phone: (970) 530-3009

Schedule: 8:00 AM - 12:00 PM and 1:00 PM - 5:00 PM Monday, Tuesday, Thursday, and Friday;

9:00 AM - 12:00 PM and 1:00 PM - 6:00 PM Wednesday

Staff: Gina Van Ort, Case Manager

Chris Kesterson, Team Lead, Case Manager

Northeast TASC Longmont

Phone: (303) 678-9941

Schedule: 8:00 AM - 5:00 PM Monday through Wednesday, Friday; 9:00 AM - 6:00 PM Thursday

Staff: Kristofor Catch, Case Manager

Vacancy: Case Manager

Southeast TASC Colorado Springs

Phone: (719) 444-0882

Schedule: 8:00 AM - 12:30 PM and 1:30 PM - 5:00 PM Monday through Friday

Staff: David Robinson, Program Director

> Lisa Anderson, Intake Coordinator William Bailey, Case Manager

Matthew Bustos, COS Case Manager Jason Humphrey, Case Manager Jonathan Teisher, Case Manager Trisha Taulbee, COS Case Manager Dustin Robinson, Case Manager

Vacancy: Intake Coordinator

Southeast TASC Pueblo

Phone: (719) 543-0690

Schedule: 8:00 AM - 1:00 PM and 2:00 PM - 5:00 PM Monday through Friday

Brendan De Lao, Case Manager Staff:

Tiffany Esquibel, COS Case Manager

Vacancy: Intake Coordinator

Community-Based Services

Western TASC Grand Junction

Phone: (970) 242-2800

Schedule: 8:00 AM – 1:00 PM and 2:00 PM – 6:00 PM Monday through Friday

Staff: Melissa Ippolito, Colorado TASC Director

Luxie Gannon, Program Director Terry Liddell, Intake Coordinator David Joslyn, Case Manager Justin Arnold, Case Manager

Bryn Brocklesby, COS Case Manager

Vacancy: Case Manager

Western TASC Durango

Phone: (970) 385-8561

Schedule: 8:00 AM – 1:00 PM and 2:00 PM – 5:00 PM Monday through Friday

Staff: Russell Fontenot, Case Manager

Vacancy: Intake Coordinator

Level 4c: Intensive Residential Treatment (IRT)

San Luis Valley

San Luis Valley is a 56-bed program for male offenders. The program is based on the first two phases of the SSC curriculum and other manualized, cognitive-behavioral curricula. The goal of their approach is to prevent criminal recidivism and substance abuse relapse within community-based and correctional settings. Clients are provided with knowledge about addictive substances and abuse through journaling and structured exercises. Clients learn techniques to change their irrational beliefs and criminal thinking patterns. Other approaches to treatment are also incorporated, such as 12-step, interpersonal relationships, life skills, and leisure activities.

Provider: San Luis Valley Community (719) 589-5134

Corrections

Location: Alamosa

Schedule: 20 hrs of counselor-led therapeutic activities

20 hrs of other structured activities

Duration: 90 days

Larimer County Community Corrections

This program provides treatment services to 20 male and female offenders. The program incorporates SSC, Relapse Prevention, and a broad range of cognitive and life skills classes which concentrate on communication, management of emotions, healthy relationships, nutrition, prosocial activities, budgeting/finances, résumé writing, and job searching. Individual counseling is also available for clients with co-occurring mental health disorders. Each offender successfully completing the program transitions to the aftercare program or to another aftercare setting.

Provider: Larimer County Corrections (970) 498-7527

Location: Fort Collins

20 hrs of counselor-led therapeutic activities

20 hrs of other structured activities

Duration: 90 days

Schedule:

Community-Based Services

Short-Term Intensive Residential Remedial Treatment (STIRRT)

STIRRT is a highly structured and compacted drug and alcohol treatment program for offenders at high risk of re-offending. It is a 9-month program which begins with 2 weeks of residential treatment and then 8-9 months of continuing care services. The primary goal of STIRRT is to initiate a change in clients' substance use and criminal involvement. The program aims to temporarily remove clients from society and subsequently return them with the skills to reduce criminal involvement and substance abuse so they avoid further incarceration or jail time. The program has a largely cognitive-behavioral emphasis, utilizing Phase I of the SSC curriculum. The cognitive-behavioral approach is integrated in the educational and employment skills groups. A full schedule of groups is held each day, Sunday through Saturday, for the 2-week program duration.

Provider:	Arapahoe House	(303) 412-3844 (female) (303) 412-3961 (male)							
Location:	Commerce City								
Schedule:	Minimum of 112 therapeutic hrs	Minimum of 112 therapeutic hrs before transition to an outpatient program							
Duration:	14 days	14 days							
Provider:	Crossroads' Turning Points, Inc.	(719) 545-1811 (female) (719) 566-0234 (male)							
Location:	Pueblo								
Schedule:	Minimum of 112 therapeutic hrs before transition to an outpatient program								
Duration:	14 days								
Provider:	Mesa County Criminal Justice Services	(970) 244-3336							
Location:	Grand Junction								
Schedule:	Minimum of 112 therapeutic hrs	before transition to an outpatient program							
Duration:	14 days								
Provider:	Larimer County Corrections	(970) 498-7527							
Location:	Fort Collins								
Schedule:	Minimum of 112 therapeutic hrs	before transition to an outpatient program							
Duration:	14 days								

Level 4d: Therapeutic Community (TC)

Independence House TC

This program is a modified community-based TC designed to transition male offenders who are dually diagnosed from the prison-based Crossroad to Freedom House, Personal Reflections, O.U.R. House, and The Freedom Project/The New Beginning TC programs. The overall goal of this TC is to assist residents in making choices in their lifestyles that enhance and foster personal growth and responsibility. Residents learn how to maintain a positive lifestyle free of drugs and crime by receiving education about resources available at the community, state, and federal levels. Each resident may earn the privilege of working based on progress in treatment. Graduation is dependent upon progress in treatment.

Provider: Independence House & Colorado Assessment and Treatment Center

Location: Denver

Beds: 40

Duration: 9 months residential

Peer I TC

Residential TC activities are divided among intensive and transitional services for male offenders. Intensive services are aimed at changing attitudes, values, and behaviors as well as increasing motivation, readiness for treatment, and ownership of change. The goal of transitional services is reintegration into the community, with specific emphasis on employment, budgeting, family support groups, and appropriate leisure activities. Clients who transition to non-residential services learn independent living skills while engaging in weekly treatment groups. Graduation depends on progress in treatment. Graduates may remain under Peer I monitoring for the duration of their sentence. In addition, Peer I has a reach-in component that visits CDOC facilities at ACC TC, SCF TC, CMRC, and Buena Vista Correctional Complex on a regular basis.

Provider: Addiction Research and Treatment Services (ARTS)

Location: Denver 127⁵

Duration: 9 – 12 months residential

55

 $^{^{5}}$ Includes probation, diversion, and drug court

Community-Based Services

Sisterhood Teaching Alternatives for Recovery (STAR) TC

This modified TC treats females with complex substance abuse needs. Women with cooccurring substance abuse and mental health needs, as well as some who have level 5 treatment needs, are accepted into the program on an individual basis. The program includes group and individualized treatment, cognitive-behavioral therapy, relapse prevention groups, and gender specific/trauma informed women's treatment services.

Provider: Crossroads Turning Point, Inc.

Location: Pueblo Beds: 24

Duration: 4 - 5 months residential

Therapeutic Community for Southern Colorado (TCSC)

This TC is a male-only program that treats offenders from the southern region of Colorado who have demonstrated severe and chronic substance abuse issues. This is a very rigorous and confrontational program that demands a high standard. The participants are held accountable for their thoughts and actions. After completing the residential phase of the program, clients move into a non-residential phase that can last up to 12 months.

Provider: Crossroads Turning Point, Inc.

Location: Pueblo **Beds:** 60

9 – 12 months residential **Duration:**

The Haven Modified TC

The Haven is a unique long-term residential substance abuse treatment center for women and their children and has the ability to serve pregnant and postpartum women. The Haven houses 38 women and The Haven Mother's House serves an additional 26 women with their infant children who reside with their mothers in treatment. The Haven serves women with chronic substance abuse disorders. The program offers group treatment, individualized treatment, psychiatric services, cognitive-behavioral therapy, parenting education, infant developmental evaluations and services, on-site childcare, medication monitoring, on-site medical services, supervised children's visitation, exercise and recreational activities, relapse prevention groups, gender specific/trauma informed women's treatment services, transitional housing, and day treatment. Graduation depends on progress in treatment.

Provider: ARTS Location: Denver 91⁶ **Beds:**

12 – 18 months residential **Duration:**

⁶Treatment beds for pregnant mothers and mothers with their infants in residence; pregnant women are prioritized first (includes probation, diversion, drug court, Department of Human Services, and self-referral)

Residential Dual Diagnosis Treatment Programs (RDDT)

Residential Dual Diagnosis Treatment (RDDT) Providers and Programs

RDDT serves male and female offenders who are dually diagnosed with substance abuse and serious mental illness. The purpose of RDDT is to provide an intense treatment intervention with the intention of providing continuing care after completion of the residential component. The program is coordinated with local mental health centers to provide a range of services including individual therapy, group therapy, and psychiatric services. The program also uses structured motivational enhancement. Providers use standardized curricula to treat offenders and include psycho-educational, support, and other wrap-around services to support the therapeutic activities.

Larimer County Community Corrections	(970) 498-7554					
Fort Collins						
5 hrs weekly of direct therapeutic contact 1 hr weekly of individual psychotherapy 3 hrs weekly of other treatment activities						
Open ended – approximately 120 days						
COMCOR, Inc.	(719) 473-4460 ext. 50					
Colorado Springs						
5 hrs weekly of direct therapeutic contact 1 hr weekly of individual psychotherapy 3 hrs weekly of other treatment activities						
180 days						
Mesa County Criminal Justice Services (970) 244-3340						
Grand Junction						
5 hrs weekly of direct therapeutic contact 1 hr weekly of individual psychotherapy 3 hrs weekly of other treatment activities						
Open ended – approximately 120) days					
	Corrections Fort Collins 5 hrs weekly of direct therapeutic 1 hr weekly of individual psychot 3 hrs weekly of other treatment at 120 COMCOR, Inc. Colorado Springs 5 hrs weekly of direct therapeutic 1 hr weekly of individual psychot 3 hrs weekly of other treatment at 180 days Mesa County Criminal Justice Services Grand Junction 5 hrs weekly of direct therapeutic 1 hr weekly of individual psychot 3 hrs weekly of other treatment at 180 days					

Community-Based Services

Provider: Intervention Community (303) 232-4002 ext. 5529

Corrections Services

Location: Lakewood

5 hrs weekly of direct therapeutic contact

Schedule: 1 hr weekly of individual psychotherapy

3 hrs weekly of other treatment activities

Duration: Open ended – approximately 120 days

Evaluation of Offender Treatment Needs

The CDOC provides a large array of substance abuse treatment services. It is important for programs to identify the treatment needs of the clientele and to determine whether the services are meeting that need.

This section first profiles substance abusers by comparing them to non-abusers across demographic, criminal history, and other treatment needs. Next, the need for specific treatment modalities, as measured by the SOA-R, is explored. Finally, staffing patterns and actual services rendered are analyzed.

The June 30, 2010, CDOC offender and parole population (31,089), excluding youthful offenders, jail backlog, and parolees supervised out of state, was used to profile substance abusers. Substance abusers are identified during the assessment and classification process at DRDC and DWCF. All prison admissions are evaluated and screened for various programmatic needs, such as substance abuse, mental health, and vocational needs. A 5-point severity index is used, with higher scores denoting a greater priority for services. Offenders scoring 3 or higher are considered to have a need in that area.

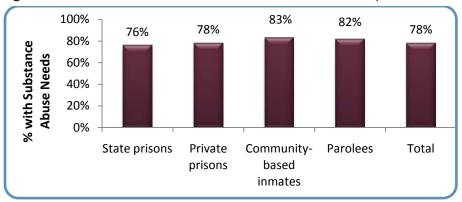
PREVALENCE RATES

The prevalence of substance abuse across the offender and parole population as of June 30, 2010, was analyzed. Substance abusers were defined as having a diagnostic need level of 3 through 5, while non-abusers included offenders with a diagnostic level of 1 or 2. The substance abuse needs level is calculated from offenders' SSI-R scores and number of alcohol/drug-related arrests within the last 5 years, using an algorithm that takes into account both self-report (SSI-R score) and a behavioral indicator (number of arrests). Thus, offenders who under-report substance use on the SSI-R but have substance-related arrests are still identified as substance abusers.

There were 645 offenders with missing substance abuse needs levels, reducing the population size to 30,444. Overall, 78% of the population was identified as having substance abuse needs. Prevalence rates were examined by offenders' location (see Figure 1). Rates were fairly similar across state and private facilities, but they were slightly higher among parolees and community-based offenders (i.e., community corrections, Intensive Supervision Program [ISP]-inmates).

Evaluation

Figure 1 Substance Abuse Needs across CDOC Jurisdictional Population*



^{*} Excludes youthful offenders, jail backlog, and parolees supervised out of state

SUBSTANCE ABUSE PROFILE

Demographic and criminal history data were compared for substance abusers (see Table 1). The groups are similar on gender and ethnicity, with the exception of the slightly higher percentage of Latino/Latina offenders who are substance abusers. It also appears that the substance abusers

Table 1 Comparison Across Demographic and Criminal History Data

	Substance Abusers	Non-Abusers
	(n = 23,861)	(n = 6,583)
Gender		
Male	89%	88%
Female	11%	12%
Ethnicity		
Caucasian	45%	48%
Latino/Latina	33%	28%
African American	19%	20%
Other*	3%	4%
Mean age (st. dev.)	36.3 (10.0)	38.7 (12.4)
High school certificate**		
Diploma	19%	31%
GED	55%	45%
Neither	26%	24%
Felony class***		
1	2%	4%
2	6%	8%
3	26%	30%
4	42%	37%
5	18%	17%
6	6%	4%
Mean LSI-R (st.dev.) ****	31.6 (6.8)	24.4 (7.9)

^{*}Other includes Native American and Asian ethnic groups

^{**1,045} offenders were missing high school certificate information

^{***94} offenders were missing felony class information

^{****1,921} offenders were missing LSI-R assessment information

tend to be a couple of years younger than the non-abuser group. Overall, non-abusers were more likely to obtain their high school diploma than substance abusers, while substance abusers tended to receive their GED more often.

Criminal history data showed that substance abusers were of greater recidivism risk as measured by the LSI-R, likely due to an accumulation of more crimes in their past than the non-abusers. However, non-abusers had more serious felony offenses.

Needs levels were examined for both substance abusers and non-abusers (see Figure 2). Missing data ranged from 6 cases in vocational and medical needs levels to 367 cases in assaultiveness needs levels.

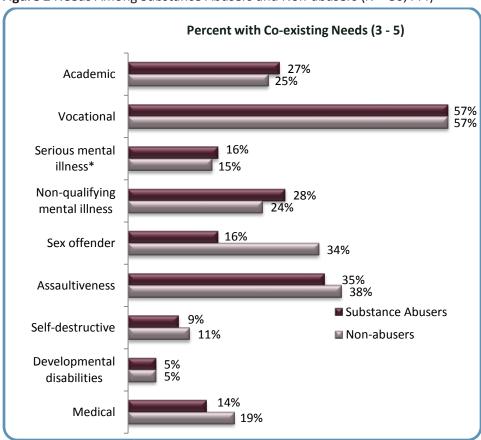


Figure 2 Needs Among Substance Abusers and Non-abusers (N = 30,444)

Although the two groups had similar needs in most areas, there were several differences between them in needs areas. The greatest difference between these two groups was the sex offender needs level, where the percentage of non-abusers was more than double that of substance abusers. This may explain why the group of non-abusers, whose crimes are in a higher felony class (as noted above), nevertheless have lower LSI-R scores. The LSI-R does not assess risk among sex

^{*} Serious mental illness had a (C)hronic or (O)rganic qualifier on the psychological level; non-qualifying mental illness included all other psychological 3 – 5 ratings.

Evaluation

offenders. Substance abusers also had slightly lower medical and assaultiveness needs than the non-abusers. Groups were similar on developmental disabilities and vocational needs.

There were 4,565 SOA-R assessments administered in FY10 and on June 30, 2010, there were 19,812 offenders in the CDOC population who had active assessments—17,624 male offenders and 2,188 female offenders. See Figure 3 for estimates of the substance abuse needs calculated from this data across treatment modalities and gender.

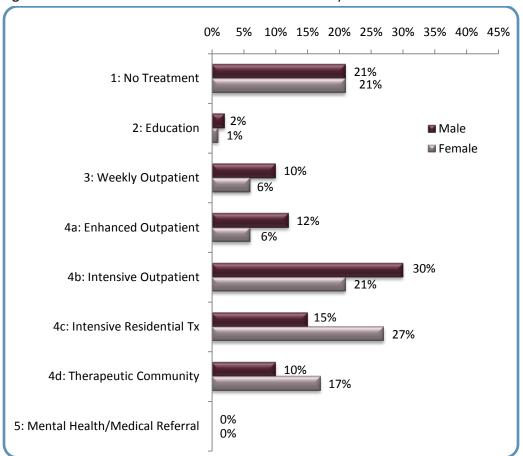


Figure 3 Estimated Substance Abuse Treatment Needs by Gender for Offenders

The greatest treatment needs of offenders were levels 4b (intensive outpatient treatment) and 4c (IRT). The generally high treatment needs demonstrated in this sample would be expected among incarcerated offenders because they represent the extreme end of the criminal justice population. It would not be expected that a large percentage of offenders would require level 2 treatment, which consists of only substance abuse education. The higher treatment levels incorporate the psycho-educational components as well as therapy. An interesting finding revealed that female offenders are identified with higher treatment needs overall than males—44% of the assessed female population was identified as needing a residential treatment program compared to 25% of males.

SERVICE DELIVERY

Beginning in March 2003 and continuing through June 2003, state agencies were informed that the state was suffering from a shortfall of anticipated income and budgets would be reduced. The CDOC budgets for FY03 and FY04 were revised and CDOC was forced to cut positions, which resulted in significant cuts in offender programs.

The Alcohol and Drug Services subprogram was among those that received the largest cuts. The FY04 budget was 40% smaller than previous years. The result was a dramatic decrease in the substance abuse treatment services provided to offenders. Because TCs have been federally funded and have empirically demonstrated their effectiveness at both the local and national level, Alcohol and Drug Services prioritized funds to keep those programs at full capacity. Outpatient treatment services were reduced at some facilities and totally eliminated at others.

Figure 4 displays the assessment and treatment services across an 8-year span. Assessments in particular declined from FY03 to FY04, as did treatment delivery, although the decline was not as dramatic. With the addition of one TC in FY09 and two more in FY10, Alcohol and Drug Services is working to increase staffing and program availability across all facilities in order to approach prebudget-cut service delivery rates.

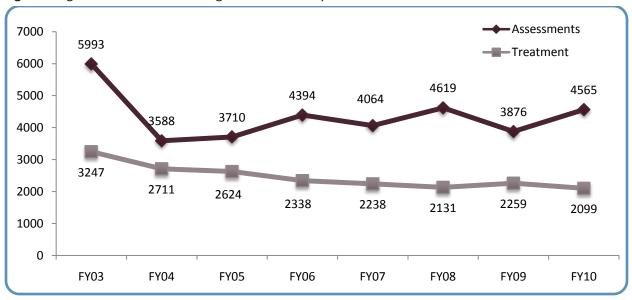
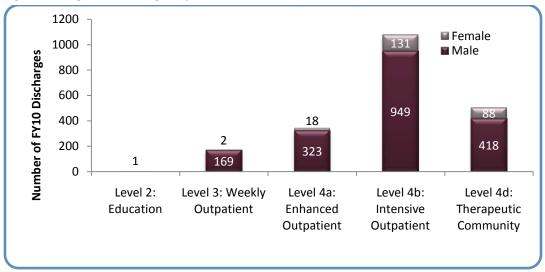


Figure 4 Eight-Year Alcohol and Drug Services Delivery Rates

The availability of services was examined using discharge summary data because enrollment data is not uniformly available and discharge data gives a more complete depiction of offenders' involvement in treatment. Figure 5 breaks down program terminations for each treatment modality by gender. Level 4b treatment was the predominant modality available within CDOC during FY10.

Evaluation

Figure 5 Program Discharges by Treatment Level (N = 2,099)



Note: Level 4c: Intensive Residential Treatment (IRT) is not offered in any CDOC facility.

Termination reasons for FY10 program discharges were examined by treatment level (see Table 2). Transfers noted in the table are usually due to offender movements between facilities or release to a community center or parole. Most treatment participants successfully completed treatment; however, level 4d participants quit or were expelled at a higher rate than those in other treatment levels. This finding is consistent with the intensity of the TC modality. Because participation in TC is voluntary, offenders struggling with the challenges and structure of the program tend to drop out, regardless of the sanctions that might ensue. Participants who do not comply with the program rules are subject to termination by staff in order to maintain the required positive peer culture.

Table 2 Termination Reasons for FY10 Treatment Discharges (*N* = 2,099)

	2: Educ	3: WOP	4a: EOP	4b: IOP	4c: IRT	4d: TC	
	n = 2	n = 170	n = 341	n = 1,080	n = 0	n = 506	Total
Finished	50%	75%	83%	86%	0%	52%	77%
Transferred	0%	6%	0%	8%	0%	11%	7%
Quit	0%	1%	1%	0%	0%	12%	3%
Expelled	0%	3%	1%	2%	0%	20%	6%
Other*	50%	15%	15%	4%	0%	5%	7%

 $^{^*}$ At level 2 this termination type accounted for offenders who were removed from the CCAP program.

Treatment program discharges (all types) were separated into two groups—therapeutic community and education/outpatient—and further divided by CDOC facility (see Figure 6). Although offender assessment services were provided at DRDC, treatment services were not because facility resources are dedicated to processing prison admissions.

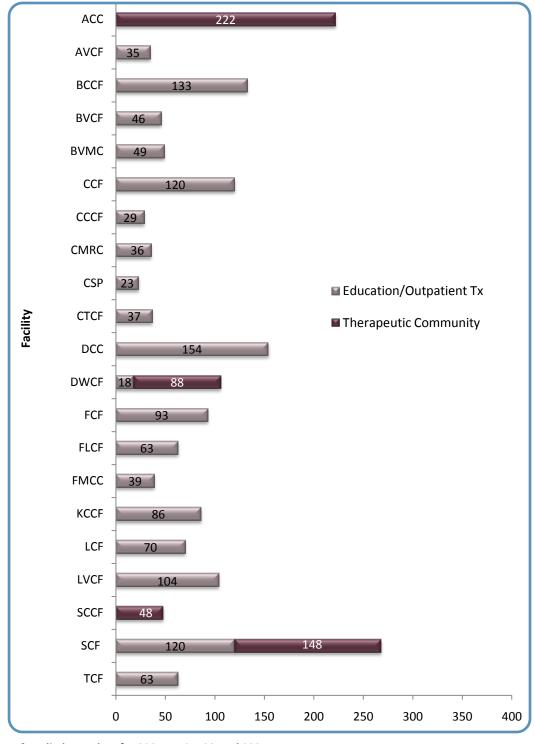


Figure 6 Treatment Program Discharges by Facility (N = 1,824)*

*No discharge data for CCC, DRDC, RCC, and SCC

The following are the mean number of treatment hours for each level of treatment: level 3, 56 hours; level 4a, 74 hours; and level 4b, 76 hours. There were no level 4c programs offered within CDOC facilities. Level 4d programs are much longer in duration, with a mean length of stay of 207 days.

Evaluation

Retention in a TC program has always been a challenge due to the intensity and demands of the program, coupled with its overall length. The time requirement to complete the program ranges from 6 to 12 months in the CDOC prison setting. As shown in Figure 7, a higher number of ACC and SCCF TC clients terminated from the program within their first 90 days of participation, while clients in the DWCF and SCF TCs participated for 6 to 12 months.

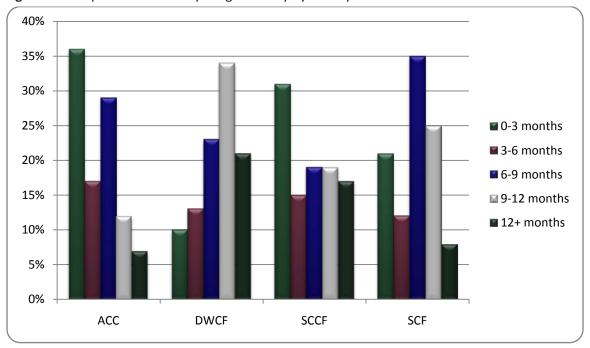


Figure 7 Therapeutic Community Length of Stay by Facility

Offender needs-to-modality matching patterns were examined to determine how often offenders accessed programs that met their recommended treatment needs. Of the 2,099 treatment discharges in FY10, 143 offenders had multiple treatment episodes and were only counted once in the analyses, and 138 cases were excluded due to missing assessment data.

Table 3 shows matching patterns for FY10 treatment participants. Percentages on the diagonal represent accurate matching of need to modality (54%); those below the diagonal represent offenders who received more intense services than required (31%), while those above received less intense services than needed (16%).

Table 3 Comparison of Offender-to-Modality Matching Patterns (N = 1,818)

Rendered Services	Assessed Need									
	2	3	4a	4b	4с	4d				
2: Education/increased UAs	0%	0%	0%	0%	0%	0%				
3: Weekly outpatient	0%	0%	0%	2%	2%	2%				
4a: Enhanced outpatient	0%	3%	7%	5%	2%	1%				
4b: Intensive outpatient	0%	2%	12%	35%	1%	1%				
4c: Intensive residential	0%	0%	0%	0%	0%	0%				
4d: Therapeutic community	0%	0%	0%	0%	14%	12%				

ALCOHOL AND DRUG SERVICES COUNSELOR PROFILE

As of June 30, 2010, there were 52 Alcohol and Drug Counselors (including contract positions) employed by the CDOC, and an additional 14 counselor vacancies. Table 4 summarizes CDOC counselor demographic information as well as employee information related to addiction counselor certification and staff titles. Eight counselors work in the private facilities providing substance abuse treatment, at CAC levels II (three counselors) and III (four counselors), and one uncertified. There is one counselor vacancy in a private facility. Other counselor data were not available for the private prisons.

Evaluation

Table 4 Alcohol and Drug Counselor Demographics and Employee Information*

Table 4 Alcohol and Drug Counselor Demo	grapines and Employee information				
Ethnicity					
Caucasian	71%				
Latino/Latina	25%				
African American	2%				
Other**	2%				
Gender					
Male	36%				
Female	64%				
Age					
21 – 29	7%				
30 – 39	16%				
40 – 49	18%				
50 – 59	43%				
60+	16%				
Title					
Health Care Services Trainee I	5%				
Health Care Services Trainee II	7%				
Health Care Services Trainee III	19%				
Health Professional I	2%				
Health Professional II	60%				
Social Work/Counselor III	2%				
Social Work/Counselor IV	5%				
Years of Service					
0 – 5	90%				
6 – 10	5%				
11+	5%				
CAC Levels					
None	14%				
l I	14%				
l II	21%				
III	51%				
*Description of the standard and and a substance of the stands	About would be welled as it is a down a work				

^{*}Does not include private prisons or contract staff; there were 4 counselors missing demographic data (N = 44) and 11 missing CAC levels.

^{**} Other includes Native American and Asian ethnic groups

Appendix A

Acronym	Facility
ACC	Arrowhead Correctional Center
AVCF	Arkansas Valley Correctional Facility
BCCF*	Bent County Correctional Facility
BVCF	Buena Vista Correctional Facility
BVMC	Buena Vista Minimum Center
CCC	Colorado Correctional Center (Camp George West)
CCCF*	Crowley County Correctional Facility
CCF	Centennial Correctional Facility
CMRC*	Cheyenne Mountain Re-entry Center
CSP	Colorado State Penitentiary
CTCF	Colorado Territorial Correctional Facility
DCC	Delta Correctional Center
DRDC	Denver Reception and Diagnostic Center
DWCF	Denver Women's Correctional Facility
FCF	Fremont Correctional Facility
FLCF	Fort Lyon Correctional Facility
FMCC	Four Mile Correctional Center
KCCF*	Kit Carson Correctional Facility
LCF	Limon Correctional Facility
LVCF	La Vista Correctional Facility
RCC	Rifle Correctional Center
SCC	Skyline Correctional Center
SCCF	San Carlos Correctional Facility
SCF	Sterling Correctional Facility
TCF	Trinidad Correctional Facility

^{*}Indicates a private facility

Colorado Department of Corrections Office of Planning and Analysis 2862 South Circle Drive Colorado Springs, CO 80906 www.doc.state.co.us